



PARKING LOT: St. Paul's Community Care Center parking lot may **ONLY** be used **during services on Fridays and Saturdays and at no other time.** The entrance is on Third Ave. between Maple and Nutmeg Streets.



DAVAR MEGILLAH

AUGUST 2024 • MONTHLY NEWSLETTER • TAMUZ 5784 / AV 5784



CPR Training Sunday, August 11

12:30pm

Cost: \$60

RSVP to Gillian
office@ohrshalom.org

BLOOD DRIVE

Ohr Shalom Synagogue
Blood Mobile

**Sunday, September 15
from 9:00 - 2:00pm**

We strongly encourage appointments.
sandiegobloodbank.org/donate
(619) 400-8251



Shabbat at the Bay

**Friday,
August 16**

6:45pm | Kabbalat Shabbat
Service

*Come early and bring your own dairy/
pareve dinner*

Playa 2 at Mission Bay

Two Very Different Summers

By Rabbi Scott Meltzer



We find ourselves in the midst of the summer – and it's a beautiful summer. Jennifer just commented

that we have spent more time in the pool already this summer than we remember doing in summers past.

The American side of my psyche loves summer. It's Memorial Day, to the 4th of July, to Labor Day. It's vacation and no school. It's the swimming pool and the beach. It's Padre games and long walks. It includes evenings sitting outside, eating dinner fresh off the grill, with sunset well after 8:00 PM. This summer makes me feel happy, peaceful, calm and rested.

The Jewish side of my psyche lives in a very different summer. It is the 17th of Tamuz to the 9th of Av – two fast days when the sun doesn't set until very late. It is marking ten weeks tinged with sadness, introspection, and concern: the Three Weeks from the 17th of Tamuz to the 9th of Av, and the Seven Weeks from the 9th of Av to Rosh HaShanah.

Some years my joyful American summer dominates and some years not. This definitely feels like the other kind of summer. As opposed to the carefree summers, where the Jewish season only creeps in on two long hungry days, I found myself living in Jewish summer all summer long.

Beyond our history of sadness, suffering, and destruction, that we remember through these Ten Weeks, this year the war against Hamas, the hostages still in captivity, the incredible anxieties around the upcoming elections in the US, and a loss of feeling hopeful, make this feel very much like a Jewish summer of fear and sadness.

I feel confident that I am not alone.

Suffering, this year, the sadness, in tune with the Fast Days, the happenings around us, not to mention our increased awareness of the global devastation we are bringing upon ourselves through Climate Change, we need to act courageously and decisively to take care of ourselves, those around us, do what we can for the larger issues.

To be able to be okay during this incredibly stressful time, and to be an influence for good in this frightening moment, I encourage everybody to look towards the tradition.

Our connection and involvement with the tradition and community is even more essential when we have greater anxieties. These are exactly the days when attendance at minyan makes a wonderful time-out from all the rest and to be together with community for a few minutes of sharing, reflection, and prayer. Attending services Friday night and Shabbat morning are even more powerful as a way to be connected and grounded. Celebrating Shabbat at home also allows us to tap into the good that is in the world, and our good fortune to understand it and live in it as Jews.

Summer is also a wonderful time to develop other practices that many people find to be meaningful.

Summer is an excellent time to reflect on our eating habits and make changes as it relates to kashrut, health or environmental sustainability.

Summer is a great time to begin a daily practice of taking a few minutes every day, as a routine, to breathe, to reflect, to pray.

Summer is a wonderful time to begin a daily discipline of journaling. Spend a few quiet

Rabbi continued on Page 6



WORDS FROM THE PRESIDENT

Marvin Yudkovitz
President

It's Summer, and There Are a Lot of Ways to Participate at Ohr Shalom

For some organizations, Summer means a scaling back of activities and opportunities. But not at Ohr Shalom. Yes, some programming is on a well-deserved "vacation," but not the majority. As you read through the Davar, you'll see what's happening this month. Here is a quick summary.

Minyan – Daily evening minyan occurs every Sunday-Thursday night. Beginning with our "minyan minute" at 6:05, and then seamlessly segueing into the minchah service beginning at 6:15. On most evenings, the service, conducted on Zoom, will be concluded by 6:50. If you don't know, here are the specifics, and the opportunities available to each of you. The minyan minute (which is actually 10 minutes long) is a time when a congregant presents a reading, a poem, a story, or even an art talk or music. Then the service leader conducts the minchah (afternoon) service. Towards the conclusion of the service, those people with a yahrzeit (annual date of a person's death) tell those in attendance something about their loved one who has passed away. I find these snapshots very meaningful, helping me to better know my fellow Ohr Shalom members. In order to conduct the full service, we need ten Jewish adults to be logged on. In addition to being an attendee, you can also sign up to be a reader or leader. Contact Jonah Weinberg at jonahbw@gmail.com or text at 619 846-9733.

Friday evening Shabbat Service – Friday evening service is held every week. Usually the starting time is 6:15 pm, but there are some variations to that based on the program. While the Friday night service is basically the same every week, this past year we instituted a monthly schedule featuring a different focus weekly. In August, save your questions for our monthly Ask the Rabbi on Aug 2, join our Choir in song on Aug 9, go to the Bay on August 16 (starting at 6:45), and attend our regular service on Aug 30. We would like to see you in person, but you can also attend on Zoom.

Saturday morning Shabbat Service – The Saturday morning service begins at 9:30 am. Each week different individuals join Rabbi Meltzer and Rabbinical Intern Caplan in conducting various parts of the service. If you are interested in participating in the Saturday morning service in a specific role as a service leader or torah reader, please contact Ivan Mendelsohn at mendbi44@gmail.com or text at 619 787-1802.

Tish'a B'Av service – On the evening of August 12, at 7:30pm we will hold the special service marking the fast. Tish'a B'Av is the second 25-hour fast day of the year (Yom Kippur is the first).

Scott Meltzer, Rabbi rabbi@ohrshalom.org

Gillian Argoff-Treseder - Executive Director office@ohrshalom.org
Brianah Caplan - Rabbinic Intern intern-rabbi@ohrshalom.org
Maggy Dujowich - Religious School Principal principal@ohrshalom.org
Michelle Gurr-Barbour - USY Youth Director usy@ohrshalom.org
Andrea Luck - Graphic Designer graphics2@ohrshalom.org
Rene Beiza - Custodian



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OHR SHALOM SYNAGOGUE

2512 Third Avenue | San Diego, CA 92103 | (619) 231-1456
office@ohrshalom.org | www.ohrshalom.org

DAVAR



DAVAR PUBLISHED MONTHLY

Editor - ALLYSON DARROCH davar@ohrshalom.org
Consultant and Editor Emeritus - JANE ZEER
Consultants - JOY HEITZMANN, MARK SIPRUT, GILLIAN ARGOFF-TRESEDER
Graphic Designer - ANDREA LUCK graphics2@ohrshalom.org

Bulletin: Please e-mail all submissions to: davar@ohrshalom.org

Deadlines: August 5 for September issue • September 5 for October issue

We will read from the Book of Lamentations in a semi-darkened room, sitting on the floor or low to the ground, and reflect on the meanings behind this spiritual, thought provoking, and introspective fast day. If you've never attended one of these (or if you have) I encourage you to participate in this experience.

Classes with Rabbi Meltzer:

a) Daf Yomi, Wednesdays at 9:30am. This weekly class discusses the pages of Talmud most recently covered. All are welcome to participate, on Zoom.

b) Psalms, Wednesdays, 11:00am, resuming in September. The class is discussing the Book of Psalms, usually one psalm per week, viewing them as sources of prayer, and discovering their various translations and interpretations.

c) Readings with the Rabbi – On Aug 11 at 10 am, in person and on Zoom, interested congregants will meet with Rabbi Meltzer to discuss the 2017 novel by recently deceased Jewish author Paul Auster, 4 3 2 1: a novel. If you wish to participate in this or future book discussions, feel free to join us..

Meditation with Alex van Frank – weekly (except Aug 20) Alex conducts a 30-minute meditation session. Known to reduce blood pressure, lower anxiety and stress, and improve feelings of well-being and relaxation, give it a try. On Zoom at: <https://us02web.zoom.us/j/82805583843>; Meeting ID: 828 0558 3843.

Sisterhood Rosh Chodesh gathering – To celebrate the start of the month of Av on August 4th, 1-4 pm, the Sisterhood will again be holding a Rosh Chodesh celebration. Contact Eti Chall for information at sisterhood@ohrshalom.org or text at (619) 772-5001.

CPR Training, Sunday, August 11, 12:30pm, Cost: \$60 , Learn (or refresh your training) this important lifesaving skill. RSVP to Gillian office@ohrshalom.org

Summer Movie Series – Our summer movie program continues beginning at 7 pm on August 4 and 18. First, Goodbye, Columbus (1969), and then Crossing Delancey (1988) will be shown at Ohr Shalom. Refreshments will be served; Zoom is not available.

Words from the President continued on Page 4

OHR SHALOM BOARD OF DIRECTORS

President - MARVIN YUDKOVITZ president@ohrshalom.org
VP Administration - AL SHELDEN vpadmin@ohrshalom.org
VP Finance - RAY SACHS 3raymar@gmail.com
VP Long Range Planning - RUBEN ROSENAL planning@ohrshalom.org
Secretary - NAIMA SOLOMON secretary@ohrshalom.org
Treasurer - JOY HEITZMANN office@ohrshalom.org
Imm. Past President/Special Projects - LYNN MENDELSON mendelynn0511@gmail.com

OHR SHALOM SERVICE SCHEDULE

SHABBAT SERVICE SCHEDULE in person and [Ohr Shalom Zoom Room](#)

| | | | |
|----------|-----------|--------|--|
| Friday | August 2 | 6:15pm | Kabbalat Shabbat Service "Ask the Rabbi" |
| Saturday | August 3 | 9:30am | Shabbat Service |
| Friday | August 9 | 6:15pm | Kabbalat Shabbat Service |
| Saturday | August 10 | 9:30am | Shabbat Service |
| | | | Afternoon Bar Mitzvah: Isaac Vargas |
| Friday | August 16 | 6:00pm | Shabbat at the Bay |
| Saturday | August 17 | 9:30am | Shabbat Service |
| Friday | August 23 | 6:15pm | Kabbalat Shabbat Service |
| Saturday | August 24 | 9:30am | Shabbat Service |
| Friday | August 30 | 6:15pm | Kabbalat Shabbat Service |
| Saturday | August 31 | 9:30am | Shabbat Service |
| | | | Bnai Mitzvah: Koba |

NO Shabbat Morning Babysitting

Shabbat at the Bay

August 16

6:45pm | Kabbalat Shabbat Service

Come early and bring your own dairy/pareve dinner

PLAYA PACIFICA - MISSION BAY PARK Playa Pacifica Park in Mission Bay Park: 1-5 to Exit 22: Clairemont Drive/Mission Bay Drive. Drive west towards the bay. Turn left (south) on East Mission Bay Drive. Drive 0.2 miles and turn right into parking lot. We will be near the blue-roofed gazebo. (The Hilton Hotel is south of our gathering.)

Don't forget your folding chairs & blankets!



[Ohr Shalom Zoom Room](#)

Sundays through Thursday 6:05pm

Daily Minyan Minute

Before each evening minyan, join us for a short reading by a congregant - a poem, quotation, song, insight into a Torah portion, etc. (does not need to be an original piece). To volunteer to do a reading, contact Jonah Weinberg at jonahbw@gmail.com

Sunday through Thursday 6:15pm **Ohr Shalom Daily Minyan**



Daily Minyan
Tzedakah

NOTICE:

No outside food is allowed in Ohr Shalom.

Please see Gillian or the Rabbi if you have any questions.



PARSHIYOT & CANDLELIGHTING

August 2024

PARSHAT MATOT-MASEI MEVARCHIM CHODESH

Fri: August 2 | 27 Tamuz  7:27pm

Sat: August 3 | 28 Tamuz

Torah: Numbers 30:2-36:13

Haft: Jeremiah 2:4-28, 3:4, 4:1-2

PARSHAT DEVARIM SHABBAT CHAZON

Fri: August 9 | 5 Av  7:21pm

Sat: August 10 | 6 Av

Torah: Deuteronomy 1:1-3:22

Haft: Isaiah 1:1-27

PARSHAT VAETCHANAN SHABBAT NACHAMU

Fri: August 16 | 12 Av  7:13pm

Sat: August 17 | 13 Av

Torah: Deuteronomy 3:23-7:11

Haft: Isaiah 40:1-26

PARSHAT EIKEV

Fri: August 23 | 19 Av  7:05pm

Sat: August 24 | 20 Av

Torah: Deuteronomy 7:12-11:25

Haft: Isaiah 49:14-51:3

PARSHAT RE'EH MEVARCHIM CHODESH

Fri: August 30 | 26 Av  6:57pm

Sat: August 31 | 27 Av

Torah: Deuteronomy 11:26-16:17

Haft: Isaiah 54:11-55:5

Ohr Shalom Virtual Programming [Ohr Shalom Zoom Room](#)

Zoom link for Shabbat services and most adult programs

(Passcode: myshul)

us02web.zoom.us/j/83107501072

Here is the information to join by phone:

Phone number: 1 669 900 9128

Meeting ID: 831 0750 1072

Passcode: 632432

COMMITTEE CHAIRS

Adult Education - EVETTE WEISS evetteweiss@aol.com

Building & Grounds - STEVE ROSE steverose@san.rr.com

Chesed/Community Caring - AVIVA ROSENBERG chesed@ohrshalom.org

Community Connect - JESSICA LEMOINE jessicasontag.lemoine@gmail.com

Development/Dor L'Dor - JONAH WEINBERG jonahbw@gmail.com

Membership - ALEX VAN FRANK membership@ohrshalom.org

Religious School - SPRINGSONG COOPER WEINER parent-rep@ohrshalom.org

This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue.

We regret any omissions and would appreciate being notified in order to amend any involuntary error.

Ritual - PHIL MILLER ritual@ohrshalom.org

Security - ALAIN AVIGDOR security@ohrshalom.org

Social Action - STUART WEINSHANKER socialaction@ohrshalom.org

Special Programs - SHOSHANAH FEHER STERNLIEB shoshanahFS@gmail.com

Youth Programs - ALLISON WOLPOFF awolpoff@gmail.com

Men's Club - JOE HARTMAN mensclub@ohrshalom.org

Sisterhood President - ETI CHALL sisterhood@ohrshalom.org



SOCIAL ACTION & SUSTAINABILITY

Stuart Weinshanker
Social Action Chair

As Brad mentioned in last month's column, I am the Chairman of the new, merged Social Action and Sustainability Committee, successor to the former Social Action and Environmental Committees. As a relatively new member of Ohr Shalom, I will rely heavily on previous leaders and committee members in this important role.

Ohr Shalom has a rich history of Community service, my initial goal is to continue support of recent successes, while exploring opportunities for the Congregation to play a more meaningful role; where appropriate, facilitate collaboration with the Religious School and Youth Department, other arms of the Congregation. To help set goals and an initial agenda for 5785, an Organizational Meeting is being planned for Tuesday, August 20 at 7:30pm on zoom. All are welcome and encouraged to participate. If you are unable to attend the meeting, please feel free to submit any thoughts and suggestions to share with the committee, as well as any specific efforts you might be particularly passionate about.

I recently had the opportunity to meet with the Director of Volunteer Engagement at the Jewish Family Service, to better understand possible roles for Ohr Shalom. While I have been personally supportive of their Safe Parking Program, we discussed a wide range of engagement opportunities, as well as those of greatest need for the committee to consider.

In the coming months, I plan to share more on the rationale for the focus on sustainability; while programs like recycling remain essential, reducing waste and our carbon footprint should be an important goal for not only the Synagogue, but also in our personal lives.

High on my list will be opportunities where Social Action and Sustainability connect: JFS' Nutrition Program recently produced a video describing how donated produce and other perishables which are about to expire (become waste) are flash frozen, made available in their Corner Market to help address the growing food insecurity challenge in San Diego; please contact me for a link. This program currently has a great need for adult, teenage and family volunteers.

Thank you in advance for your passion and participation in this important endeavor, I look forward to working with you. Please do not hesitate to contact me with any questions, comments or concerns.

Sincerely,
Stuart Weinshanker
socialaction@ohrshalom.org

Social Action Committee Meeting

August 20, 7:30pm Zoom

RSVP to Socialaction@ohrshalom.org

WORDS FROM PRESIDENT CONT.

Spanish speaking CHAVURAH - And we're starting a NEW opportunity for Spanish speaking members to get together. The first meeting will be held at 4:30 on Sunday, Aug 18th (people can then walk to movie night at OS) at Wet Stone Wine Bar and Cafe, on 4th Ave. Contact Aviva Rosenberg, 619 621-7212, chesed@ohrshalom.org or Alex van Frank, 619 307-9516 membership@ohrshalom.org for more information about this very exciting new Chavurah.

Choir - Perhaps you have been considering joining our Choir? If so, contact Choir Director Elisheva Edelson at elishevaedelson@gmail.com. It's perfect timing - practice resumes in August.

Join a Synagogue Committee - We have a number of new committee chairpersons, as well as several continuing. All are looking for new committee members to develop and run programs. They are all listed on the bottom of pages 2 and 3 of this Davar, as well as on the website.

Complete your Financial Commitments - Have you already paid your annual dues or set up your monthly dues' payments yet? How about making changes to your will and arranging a Legacy gift for Ohr Shalom? Do you have children in the Religious School? Have you registered and paid the tuition? August is a great time to take care of all of this and assist in ensuring the financial well-being of Ohr Shalom. If needed, contact Gillian to arrange payments.

Are you interested in joining the committee for the Beit Midrash Relocation and Design Committee.

We want to thank Alain Avigdor who was the first to volunteer, and spent one afternoon and early evening helping to remove all of the books and furniture. Next our thanks go to Steve Rose for two afternoons and early evenings taking apart and moving the beautiful ark. Stuart Weinshanker, helped on the second day with the moving of the ark where it is now located (in many parts) on the second floor of the Ohr Shalom Synagogue building. Of course Rene Beiza and Marvin Yudkovitz were both involved in each of these three days of effort.

Please let Marvin Yudkovitz know if you would like to be a member of a committee to determine where our new Beit Midrash will be located, and what it will look like.

Our old room now is part of the lease with the Museum School.

Please contact Marvin at
president@ohrshalom.org.

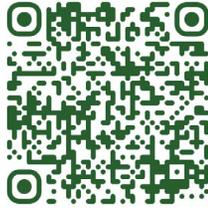


RELIGIOUS SCHOOL

Maggy Dujowich
Religious School Principal



**Religious
School**



**Madrichim
Registration**



**Madrichim
Parent
Application**

OHR SHALOM SYNAGOGUE

Religious School

Hebrew • Tradition • History • Prayer
Ages 5-13 Years Old



REGISTRATION IS NOW OPEN!
email principal@ohrshalom.org
or click link in the weekly eKol

School Starts Sunday, August 25



YOUTH GROUP

Michelle Gurr-Barbour
USY Youth Director



Sunday, September 1st: SD USY Disneyland

7:00am - 12:00midnight

Where: Disneyland

Cost: \$210

Why: Experience the magic like never before! Join USY for an unforgettable trip to Disneyland, where dreams come true. Immerse yourself in thrilling rides, enchanting parades, and dazzling fireworks with your friends. It's not just about the attractions – it's about creating lifelong memories and bonds with fellow Jewish teens. Don't miss out on this once-in-a-lifetime adventure filled with laughter, fun, and excitement. Spaces are limited, so sign up now and get ready to make the happiest place on Earth even happier! Your Disneyland adventure awaits!

**SDUSY
GOES TO
DISNEYLAND**

Participating Synagogues:
Beth Am
Beth El
Ner Tamid
Ohr Shalom
Tifereth Israel

SEPTEMBER 1, 2024
7:00 am-12:00 midnight
7th-12th graders
\$210 for USY Members
Transportation is included!

Bus pick up and drop off is a Congregation Beth Am.
Please reach out to your youth director with any questions.



Adult B'nai Mitzvah class prepared and served dinner at the JFS Safe Parking Lot. Andrea Luck, Lou Green & Nanette Sable, Grace Cassidy, Not pictured: Jeanne Argoff, Koba, Maria Gomez Laurens, Judi Gottschalk, Allison Madwatkins, Eti Chall, Jenna Zamohi, Jeanne Peters



MEMBERSHIP COMMITTEE

Alex van Frank
Membership Chair

The Power of Gatherings

A Sanctuary of Support

Jewish community gatherings offer a sanctuary where individuals can find support and understanding. Whether it's a kehillatit dinner, a synagogue service, or a community event, these gatherings create safe spaces for people to share their experiences and emotions. In times of political hostility, knowing that others share your concerns and values can be incredibly reassuring. This sense of solidarity not only alleviates stress but also strengthens communal bonds, making individuals feel less alone in their struggles.

Building Resilience

Facing a hostile political climate requires resilience, and our gatherings are key in building this resilience. By coming together, we can pool resources, share knowledge, and devise strategies to cope with and counteract negative political influences. This collective strength enables us to advocate for rights, supporting vulnerable members, and to effect positive change. Shared experiences and collective actions taken during these gatherings can empower individuals, transforming fear and frustration into constructive energy.

Promoting Inclusivity and Understanding

In a time when political forces often seek to divide, our community gatherings can promote inclusivity and understanding. They provide opportunities for people from diverse backgrounds to connect, learn from each other, and celebrate their differences. This fosters a culture of empathy and mutual respect, counteracting the divisive narratives that pervade the political landscape and media. Inclusive communities are better equipped to stand against discrimination and injustice, advocating for a more equitable society.

Enhancing Mental Health

The mental health benefits of our community gatherings are profound. Human beings are inherently social creatures, and meaningful connections are vital for our well-being. Regular participation in community activities can reduce feelings of depression, anxiety, and loneliness. In a hostile political climate, where stress levels are often heightened, these gatherings provide a necessary outlet for emotional expression and support. They remind us that we are not alone in our concerns and that collective efforts can lead to positive change.

Inspiring Hope and Action

Gatherings inspire hope and action. They serve as a reminder that despite the challenges posed by a hostile political climate, we as individuals have the power to make a difference. Through collaboration and mutual support, we can drive social change, advocate for justice, and build a more inclusive and compassionate society. These gatherings

are a testament to the strength and resilience of the human spirit, proving that together, we can overcome even the most daunting obstacles and times.

Conclusion

In light of the current political climate, gathering within our community is more important than ever. These gatherings offer a refuge of support, build resilience, promote inclusivity, enhance mental health, and inspire hope and action. By coming together, we can navigate the challenges of a hostile political environment and work towards a brighter, more unified future. Let's embrace the power of our community and stand strong together. It is in unity that we find our greatest strength. The story of the Great Synagogue of Rome during World War II serves as a powerful reminder of the indomitable spirit of our community, faith, and resilience, inspiring us to hold on to these values in our own times of trial.

Action!

How can YOU participate in making us a greater community? I'm glad you asked!

- Join daily minyan on zoom Sunday to Thursday and in person Friday & Saturday
- Join Meditation every Tuesday at 7:00pm on zoom
- Join Sisterhood or the Men's Club
- Keep an eye out in the E-Kol and the Davar for more gatherings as they happen

Would you like to head up a special interest Chavurah? Let's chat about it and contact me at membership@ohrshalom.org

WORDS FROM THE RABBI CONT.

moments each evening or morning, with a pen in hand, and reflect on the day behind and the one ahead. Try to articulate the fears and anxieties that you feel, and perhaps the pen can help express them, contextualize them, and free you from their power.

I hope that you are okay, and that your summer offers time for rest and joy. And I hope that the tradition and your Ohr Shalom community are helpful to you as you navigate through these weeks.

Let me know.



SAFETY

Alain Avigdor
Safety Chair

Strengthening Our Safety: Disaster Scenario Preparedness

As part of our commitment to safety and well-being, the Security Committee has been diligently working on disaster preparedness plans. We met on May 30. We want to keep you informed about our efforts and provide guidance on what to do in critical situations. Below, we outline our work on fire evacuation to be used for other situations such as bomb threat preparedness. Plans are still being refined.

Fire Evacuation Plan

1. Awareness and Prevention:

- Regularly review fire safety guidelines.
- Identify evacuation routes within our premises.
- Install smoke detectors and fire extinguishers.

2. Emergency Response:

- In case of fire:
 - Remain calm and alert.
 - Follow exit signs to evacuate.
 - Assist others if possible.
 - Assemble at the designated meeting point.

3. Communication:

- We will use loudspeakers, text messages, and word of mouth to communicate during emergencies.
- Stay tuned for updates.

Immediate Action for Medical Emergency

1. Assess the Situation:

- Remain calm and evaluate the severity of the medical emergency.
- Call for help if needed (dial 911 or your local emergency number).

2. First Aid Basics:

- If someone is unconscious:

- Check for breathing and pulse.
- Begin CPR if necessary.
- For bleeding:
 - Apply pressure to the wound with a clean cloth.
 - Elevate the injured area if possible.
- For choking:
 - Encourage coughing.
 - Perform the Heimlich maneuver if necessary.

Communication

1. Notify Others:

- Alert nearby individuals about the emergency.
- Designate someone to meet emergency responders at the entrance.

2. Provide Information:

- When calling 911, provide details:
 - Nature of the emergency (e.g., heart attack, allergic reaction).
 - Location and any relevant information (e.g., allergies, existing medical conditions).

Evacuation

1. Evacuate Safely:

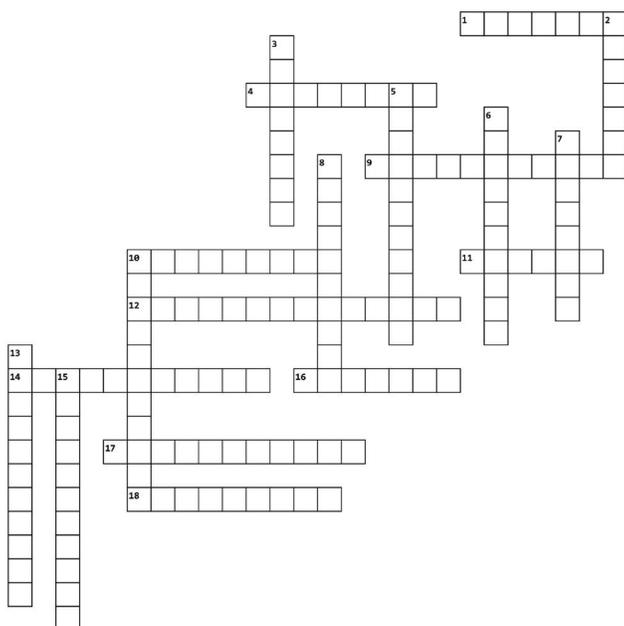
- Follow evacuation routes.
- Assist those who need help (elderly, disabled, etc.).

2. Medical Supplies:

- Keep a basic first aid kit on-site.
- Train designated personnel in first aid and CPR.

Remember, staying informed and prepared can make a significant difference during emergencies. If you have any questions or need further guidance, don't hesitate to reach out to the Security Committee. Stay safe and vigilant!

CROSSWORD PUZZLE



Across

- Petroleum Product
- A river or other body of water serving as a route or way of transport
- Movies, television based on or re-creating an actual event
- Spread throughout
- The remains of anything broken down or destroyed
- The management of any organization
- When so many fish are caught that the population can't reproduce enough to replace them.
- To alter or adapt for new use
- An act of working or acting together
- The introduction of harmful substances into the environment

Down

- Generous actions or donations to aid the poor
- A part broken off or detached
- The gaseous envelope surrounding the earth
- A fact, occurrence or circumstance
- Systematic course of activities for a specific purpose
- To decay and become absorbed by the environment
- Pollution in the ocean
- A person responsible for making policy
- The aggregate of surrounding things



ISRAEL DESK

Susie Meltzer
Israel Desk

Israeli Olympians Face Unique Challenges in Paris

The 2024 Summer Olympics kick off on July 26th and the 87 elite athletes on the Israeli team arrive in Paris ready for the biggest sporting competition of their lives. The Olympic Committee of Israel (OCI) has set impressive goals for its team's appearance at the 2024 Games. Israel's athletes have won a total of 13 Olympic medals in the country's history and officials say their goal in Paris is to bring home four or five more medals.

Unfortunately, non-sporting concerns loom over the event with the Israeli delegation arriving in Paris on high alert for the possibility of threats to its athletes. Against the backdrop of the Gaza war, the Israeli team is prepared for the possibility of citizen protests, animosity from other athletes and even potential terror attacks.

According to Yael Arad, president of the Olympic Committee of Israel, Israel has worked around the clock to ensure that the athletes competing at these games will be able to keep their focus entirely on sport. Arad noted that in the hundreds of international competitions that Israeli athletes have attended since the start of the war, "the number of provocations we encountered was relatively very low." She believes the complicated ongoing situation at home also gives the athletes a lot of strength to represent the people of Israel and the Jewish people everywhere. She wants the team, this year more than ever, "to go and represent Israel and to show the beautiful face of Israel."

Overseeing the athletes' security is the Culture and Sports Minister Miki Zohar. He reported that safety is a top priority for the delegation: "We all understand the complexity of the threats facing Israel and its citizens, which is even more problematic for the very public athletes who represent Israel around the world."



Since the 1972 Olympics in Munich, when 11 Israeli athletes and coaches were murdered in a brutal attack by Palestinian terrorists, competitors from Israel have received



heightened security from the host country and an official Shin Bet (Israel's security agency) escort. "The security budget this year has been doubled," said Zohar. He and Israeli Olympic officials are working in close coordination with the Shin Bet and the security establishment as well as with French security officials. Speaking in March, IOC president Thomas Bach said the safety of the Israeli athletes was a top concern. Among world leaders expected, President Isaac Herzog is also slated to attend the games, the first time an Israeli president will travel to the Olympics since 2008.

During a recent press conference, Zohar avowed, "Every time we succeed in hearing the Israeli anthem play in the background while our flag flies overhead, is, in my eyes worth everything. The reason we're doing this, despite the economic difficulties, despite the enormous costs of the war... is because it has a value that is directly tied to national morale, which is in such need of a boost."

It is clear this Olympic team is charged with challenges from many opponents. I pray they return triumphant carrying more Israeli medals.





OUR EXECUTIVE DIRECTOR

Gillian Argoff-Treseder
Executive Director

Balagan - A disorderly, confusing situation; a mess.

I've always loved this word. It's another expressive and colorful Yiddish/Hebrew word that embodies more than its English translation can truly convey. At first, I chose **balagan** as my word of the month because we are having a bit of construction done at our house. My house is full of boxes and dust and is in quite a bit of messy disarray...a definite balagan every time I walk into my house. But, this is a first world problem that I am content to deal with, especially since we will have a beautiful new bathroom when the chaos is over.

Globally and locally, I feel like the world is a balagan right now. Every day the news highlights a new mess in Ukraine, Israel and here in the US. I often feel helpless in the face of the chaos I hear and see. Then I remember that it's our job as Jews to do Tikkun Olam, to repair the world. Each day, I try to take baby steps to help the world. I wear my Freedom Tag and answer questions when people ask what it means; I recycle, I stop to help a neighbor; and try to remember to give tzedakah where I can. While these small, daily efforts won't have a global impact, they can have a multiplier effect when added to the similar small deeds of others across the world.

As we get closer to the High Holy Days, my wish for 5785 is to move from balagan to balance, in my own life and hopefully the world.



RABBINIC INTERN

Brianah Caplan
Rabbinic Intern

Last weekend, I had the blessing to be able to spend Pride weekend in San Diego. On Friday night, we had a beautiful Kabbalat Shabbat with our friends from Temple Emanuel and Congregation Dor Hadash. Rabbis Meltzer, Marcus, and Fried all shared profound words of Torah, and I had the honor of being able to join them and other musicians in leading what was a beautiful davening experience.



On Saturday, I was able to attend the Pride Parade – one of my favorite events of the year. Admittedly, I always get emotional as the Parade begins. As the world feels increasingly divided and fragmented every passing day, it is this one day of the year where the beauty of the entire San Diego community coming together to celebrate love in all forms is on full display. It was especially poignant for me to see representation from the Jewish community in the Parade.

As I have gone through my years of Rabbinical School at Ziegler, My teachers have given me the gift of looking at texts through all sorts of lenses. Last fall, I took a class called “Queer Torah” taught by Rabbi Kerry Chaplin, a fabulous queer rabbi in Los Angeles as well as a friend of mine. The class was rooted in looking at our traditional texts through a queer lens. Of course, we looked at stories like that of David and Jonathan, or the story of Joseph. But we also looked at some stories that are not so common.

My favorite story comes from tractate Bava Metzia:

The Talmud tells the story of Reish Lakish, a formidable bandit known for his strength and wild ways, and Rabbi Yochanan, a prominent scholar renowned for his beauty and wisdom. One day, while crossing the Jordan River, Rabbi Yochanan catches the eye of Reish Lakish, who is struck by his appearance and drawn to him. The initial attraction is immediate and profound, suggesting a deep, personal connection.

Rabbi Yochanan, recognizing the potential within Reish Lakish, offers him an opportunity for transformation and acceptance. He proposes that if Reish Lakish turns his life around and dedicates himself to Torah study, he will be rewarded with a “loving partnership.” While technically this meant that Reish Lakish would take Rabbi Yochanan’s sister’s hand in marriage, it is clear that Rabbi Yochanan meant something much more than that.

Reish Lakish, after marrying Rabbi Yochanan’s sister, becomes an earnest student and eventually a great Torah scholar, forming a close and intimate bond with Rabbi Yochanan. Their relationship is characterized by deep mutual respect, love, and scholarly collaboration. They spend their days studying together, their hearts and minds intertwined in a union that transcends their pasts.

It's clear from context that Rabbi Yochanan and Reish Lakish had a special kind of love between them, but we also know historically that they probably were not so forthcoming with their community about it and kept it quite hidden. I thought about this story a lot over the course of Pride weekend, about what Rabbi Yochanan and Reish Lakish would have thought to hear words of Torah about celebrating queerness, and I just couldn't help but feel grateful for how our world has evolved in the direction of queer liberation, and empowered to make it a central part of my rabbinate.

Membership Renewals are in the mail!

Renew today to guarantee your High Holy Day Tickets!



OHR SHALOM SUMMER MOVIE SERIES:

HOW JEWS ARE PORTRAYED IN (SOME) AMERICAN MOVIES

How are Jews portrayed in American movies? Sometimes as very Jewish, sometimes not. Sometimes in ways some Jews don't like and sometimes in ways we like. We've chosen 4 "Jewish" movies to show this Summer. But since it's summer, while all of the movies deal with realistic situations, there are no murders, violent fights or robberies in any of the movies we're showing. But they all have something to say. We're showing movies from 1969, 1982, 1988 and 2023. We will show the movies at 7:00 pm on the following Sunday nights: **August 4, August 18 and September 8**. There will be refreshments.

"GOODBYE, COLUMBUS" (1969) --- Sunday, August 4, 7:00pm

Vincent Canby of the NY Times in his review of the movie, said, "GOODBYE, COLUMBUS," Philip Roth's novella about ... a decent, edgy Jewish boy from Newark who falls in love with a rich, tennis-playing Jewish princess from Short Hills, has been made into a very funny, immensely appealing movie of suburban romance [The] screenplay, . . . follows the original almost paragraph by paragraph. The movie] is set against the background of upward mobility... [but has] switched the locale to the Bronx and Westchester. The time is early summer and Neil (Richard Benjamin), a young Bronx librarian who doesn't know yet what he wants from life, meets, and falls in love with Brenda (Ali McGraw), a girl... who, is well on her way to becoming a willful, blue-haired witch. The summer becomes one, long, ecstatic ride to disaster for Neil, who is both fascinated and repelled by Brenda's nouveau venu family. They accept him without seeing him ("Oh," says her mother, "You're in the library business?"). Brenda herself, a mixture of the commonplace and the exotic, is the aggressor, bringing Neil into her over-decorated Westchester house, sleeping with him in her bedroom, and, in a final, irrevocable act ..., ends the affair as abruptly as she allowed it to commence. Richard Benjamin's curiously adolescent physique and odd mannerisms . . . project the essence of the abrasive, uncertain' sensitive young man who would rather work in a library than in ... [Brenda's father's business]. Ali McGraw, ...is ...exactly the right mixture of innocence and guile. ... "Goodbye, Columbus" is sharp and honest ...It is so rich with understanding in... important ways that it is a thing of real and unusual pleasure."



"CROSSING DELANCEY" (1988) --- Sunday, August 18, 7:00pm

The NY Times review said: Isabelle (Izzy) Grossman's grandmother lives a life steeped in old-world Jewish culture on the Lower East Side of New York. Her parents live, ... in Florida.

Izzy herself ... has a small, not terribly hospitable apartment on the Upper West Side and doesn't seem to spend much time there. She pays frequent visits to her grandmother, fitting determinedly but a little uncomfortably into the life of the Lower East Side. She works at a fashionable bookstore, an elite place that particularly prides itself on the small soirees that draw celebrated authors. In this world, Izzy is, among other things, a potential party favor.

The film is about the process whereby 33-year-old Izzy, played ... by Amy Irving, finally figures out where she stands. Her past catches up with her in the form of a pickle merchant named Sam Posner (Peter Riegert). Sam is single. He's responsible. He loves old ladies, particularly Isabelle's grandmother, and he's generous almost to a fault. He's also understanding, hardworking, athletic and very patient about Izzy's identity problems.

The film's scene-stealer is 74-year-old Reizl Bozyk, a star of the Yiddish theater who plays Izzy's Bubbie as a perfect Everygranny, loving, teasing and pestering at the same time. Miss Bozyk also has the film's best lines, like, "Get off your high horse, Miss Universe" (to a matchmaker-resisting Izzy) and, "She lives alone in a room like a dog" (by way of explaining her granddaughter's apartment). "You want to catch the wild monkey, you got to climb the tree," she finally advises, when at long last Izzy realizes she may have condescended to Mr. Right one time too many. The film's ending... nicely affirms Miss Bozyk's efficacy as a grandmotherly Bubbie.



"YOU ARE SO NOT INVITED TO MY BAT MITZVAH" (2023) --- Sunday, September 8, 7:00pm

This Jewish family comedy is set in the quiet, non-nervous time before a daughter's Bat Mitzvah. Stacy and Lydia are BFFs who've always dreamed about having epic Bat Mitzvahs. However, things start to go comically awry when a popular boy and middle school drama threatens their friendship. The movie is based on the 2005 young adult novel of the same name and features Adam Sandler (who has a very small part) and his entire family, Samantha Lorraine, Idina Menzel, Dylan Hoffman, Sarah Sherman, Dan Bulla, Ido Mosseri, Jackie Hoffman, and Luis Guzmán. The entire cast has received excellent reviews.

One reviewer said "Adam Sandler just gave us the best bat mitzvah movie of all time. . . [t]his movie really stands out for how deep its Jewish representation goes — from Jewish bubbes, to a dad who calls his daughter tateleh, to a lot of great Jewish dad jokes, ... to biblical references ... and explorations of Jewish values. It also stands out as a celebration of Jewish joy . . . her Jewish faith is not a source of bewilderment or discomfort, but something she takes for granted. . . . [T]here's a general Jewish spirit to it that ties it all together. This movie has a Jewish soul. [The Bat Mitzvah girl] learns how to be a good friend, how to value meaning over appearances, and what doing a mitzvah really is. And if any non-Jewish viewers out there learn those same lessons, and can now equate them with being Jewish, then isn't that ultimately a little bit of tikkun olam . . . in action? . . . Probably the best line in the movie is when Adam Sandler. . . tells his daughter, "Welcome to being Jewish, we don't get any breaks." It's so true — except that this movie really felt like we were getting a break, time to bond with our families, with our children, with our friends, about all the wonderful parts of being Jewish. It offers a moment to feel seen as a Jew in America." The movie got a 91% rating on the Rotten Tomatoes Tomatometer.





CHESED/COMMUNITY CARING

Aviva Ilanit Rosenberg
Chesed/Community Caring Chair

Chesed Committee is Looking for Members.

Hope everyone is staying cool and having a great summer! The High Holidays are right around the corner and the Chesed committee is looking for committee members.

Among other things, in the past four years, Ohr Shalom's newest committee has extended a hand to someone who is ill, organized meal trains for shivas, and assisted our members in celebrating milestones.

I am honored to be the second Chairperson of the Chesed Committee.

We have all come together to foster an even more caring, compassionate, and supportive Ohr Shalom Community. This is especially true recently with COVID cases rising.

If you would like to join the Committee or a new member looking for a committee to join please don't hesitate to contact me: chesed@ohrshalom.org or call (619) 621-7212



ADULT EDUCATION

Evette Weiss
Adult Education Chair

Adult Hebrew Learning Program on Zoom

Starting Sunday morning September 15th

Seeking adult learners who can decode Hebrew but wish they knew more.

Starting in September, the Adult Hebrew Program begins Book 2, called "Aleph isn't Enough", of a four-book adult Biblical Hebrew Program. Twenty-three weeks in length [about 6 months], we will practice the following:

- Reading common Hebrew texts from the prayer book and Bible
- Studying key vocabulary and 3 letter roots
- Studying basic grammar to help with comprehension and translation
- Discussing enrichment materials provided

This is an exciting program with weekly homework, where regular attendance is key. [Class recordings are also provided]. However, the rewards are profound in terms of increased understanding and ability to more fully participate in the liturgical life of the synagogue.

Please contact Sue Brown, instructor at (619) 993-4154 or email shalomsue3@gmail.com, if you have any questions and/or are interested in the program.

CROSSWORD ANSWERS

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CLASSES with Rabbi Meltzer

Ohr Shalom Zoom Room

Daf Yomi - Wednesdays, 9:30am

This weekly class discusses the pages of Talmud most recently covered.



Psalms - Wednesdays, 11:00am

Psalms class will have a hiatus in August

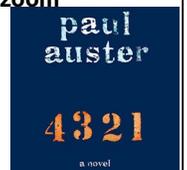
The class is discussing the Book of Psalms, usually one psalm per week, viewing them as sources of prayer, and discovering their various translations and interpretations.

Readings with the Rabbi

Sunday, August 11 10:00am in person and zoom

4321 by Paul Auster

Paul Auster's greatest, most heartbreaking and satisfying novel—a sweeping and surprising story of birthright and possibility, of love and of life itself: a masterpiece.



Ohr Shalom Calendar 2024-2025 – An Ohr Shalom Scrapbook

To celebrate the 25th Anniversary of Ohr Shalom Synagogue, our new calendar will be a souvenir **collage of photographs** supplied by YOU, the Ohr Shalom community. Each month's facing page will feature a particular era, event, family simcha, or other happening, tracing Ohr Shalom's quarter-century of history. To make the 5785 calendar into the keepsake it promises to be, YOU must send, bring, email or text your PHOTOS to us. Please ask yourselves:

Please send – by whatever means you choose -- your photographs, with dates (if you know them), names of those in the pictures, and a short **caption**, to Gillian in the Ohr Shalom office (office@ohrshalom.org), or to Lynn Mendelsohn (mendelynn0511@gmail.com).

| # | Item | Price |
|-----|---------------------------------------|--------------------|
| ___ | Line Greetings | \$25 |
| ___ | 2.25" x 2.25" | \$50 |
| ___ | 4.5" x 2.25" | \$75 |
| ___ | Month Sponsor (10" x 0.75") | \$250 |
| ___ | Calendar Sponsor | Call Office |

Sponsorship and advertising opportunities.

Celebrate

- Rosh Hashanah • Chanukah • Birthdays
- Anniversaries • B'nai Mitzvot • Weddings
- Advertise your business

Create a Jewish Legacy
A PROGRAM OF THE JEWISH COMMUNITY FOUNDATION, SAN DIEGO

What will be your *Legacy to Ohr Shalom?*



Your legacy secures the future of Ohr Shalom.

To support our Synagogue, School, and Programs.

To strengthen Jewish identity

To preserve our culture, heritage and Historic Building

To make a difference in the lives of future Jewish generations at Ohr Shalom



Everyone has a **unique family** and financial situation.

Your legacy commitment of any size can be designed to match your personal circumstances.

Options include:

- ✓ Simple bequest in will or trust
- ✓ IRA or retirement plan
- ✓ Life Insurance Policy
- ✓ Charitable Gift Annuity and more

Consult with your financial or legal advisor to determine the best option for you.

Ohr Shalom will cover the cost of creating your legacy plan if established by August 1, 2024.

What is a legacy plan?

The beauty of a Jewish legacy is that it's yours to create. You can leave a bequest to any program that's close to your heart.

Honor your lifetime of giving by including Ohr Shalom Synagogue in your estate plans.

To learn more about making a planned gift to Ohr Shalom Synagogue, please contact Gillian Argoff-Treseder, (619) 231-1456 or office@ohrshalom.org.



OHR SHALOM SYNAGOGUE



SISTERHOOD CORNER

Eti Chall
Sisterhood President

Rosh Chodesh Av: A Time of Contrasts and Reflection

Our monthly gathering for Rosh Chodesh on Sunday August 4th marks the beginning of the month of Av, a time that is characterized by a profound duality in its observances. This month uniquely encapsulates the spectrum of emotional experience, starting with deep mourning and transitioning into joyous celebration.

1. Tisha B'Av (The Ninth of Av)

- **Historical Significance:** Tisha B'Av is a day of mourning and fasting that commemorates the destruction of both the First and Second Temples in Jerusalem, among other tragedies in Jewish history. It marks the culmination of the Three Weeks, a period of increasing mourning beginning on the 17th of Tammuz, when the walls of Jerusalem were breached.
- **Observances:** The day is observed with fasting, the recitation of Lamentations, and various liturgical poems and kinnot, reflecting on the themes of loss, destruction, and exile. It's a time when the Jewish people reflect on what has been lost and the consequences of disunity.
- **Spiritual Focus:** Tisha B'Av serves as a collective moment of introspection, urging the community to consider the moral and spiritual failures that led to national tragedy. It's a time to contemplate the importance of unity, peace, and mutual respect within the community.

2. Tu B'Av (The Fifteenth of Av)

- **Historical Significance:** Tu B'Av is a lesser known but joyous holiday that has ancient origins, possibly as a post-harvest festival. In historical Israel, it was a day when women dressed in white garments and danced in the vineyards, where men would choose brides, symbolizing new beginnings and hope.
- **Observances:** In modern times, Tu B'Av is considered a day of love, akin to a Jewish Valentine's Day. It's celebrated with singing and dancing, and it's a popular date for Jewish weddings.
- **Spiritual Focus:** This day emphasizes healing and renewal, joy, and the establishment of new relationships. It's a testament to the Jewish spirit's resilience, the capacity to transition from mourning to celebration, reflecting the cycles of despair and hope that characterize human experience.

Understanding the dual nature of Av helps us prepare emotionally and spiritually for the drastic shifts this month presents. It's a great example of the Jewish ethos of cycles, acceptance and balance—balancing mourning with joy, and remembering that after hardship comes healing and renewal. At the time of writing this article the war is in its 277th day and the hostages have been held for over 9 months. Let us gather our Sisterhood and draw safety, strength and resilience from being together.

Please join us on Sunday, August 4th, from 1-4 pm.
Location: TBD.
Donation: \$18
please RSVP to Eti Chall at sisterhood@ohrshalom.org

BLOOD DRIVE

Ohr Shalom Synagogue

Blood Mobile

Sunday, September 15
from 9:00 - 2:00pm

We strongly encourage appointments.
sandiegobloodbank.org/donate
(619) 400-8251



TODAH RABAH AND LIFE CYCLE EVENTS

Todah Rabah to our July Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Minyan Minute and Minyan Leaders:

| | |
|------------------|--------------------------|
| Ilan Awerbuch | Eli Meltzer |
| Sue Brown | Susie Meltzer |
| Louise Chandler | Ivan Mendelsohn |
| Allyson Darroch | Lynn Mendelsohn |
| Elisheva Edelson | Rachel Millstone |
| Hudi Eshel | Amy Morris |
| Jonathan Geiger | Rocky Reid |
| Lou Green | Ruben Rosental |
| Joe Hartman | Al Shelden |
| Koba | Naima Solomon |
| Ross Kanter | Brian Stannard |
| Morris Lazard | Jonah Weinberg |
| Jessica Lemoine | Stuart Weinshanker |
| Hadarya Levy | Springsong Cooper Weiner |
| Shira Levy | Allison Wolpoff |
| Yiftach Levy | Marvin Yudkovitz |
| Jennifer Meltzer | Jane Zeer |

Office volunteers: Jim Lewis, Marci Prag & Matthew Razinsky, Jeanne Argoff

TODAH RABAH AND LIFE CYCLE EVENTS

Thank you for your generous donations in July:

SYNAGOGUE FUND

In loving memory of Marion Weisberg
Carol and Al Madwatkins

In loving memory of Louis Cy Towne
In honor of the birth of Great Grandson
Nathan Hershel Frysh
Eileen Wingard

In loving memory of Israel Vana
Al Shelden

In loving memory of Rene Sportes
Sara Artenstein
Jim Lewis
Al Shelden

In loving memory of Alan Berlin
Jim Lewis
Marcia and Ray Sachs
Al Shelden
Shoshanah and Geoffrey Sternlieb
Harriet and Sheldon Wolpoff

SHABBAT SPONSORS

Lou and Basheva Appleman
Alice and Rick Cupples
Sylvia Galicot and Family
Masha and Aaron Lipner

We apologize for any omissions

MAZAL TOV TO:

Eileen Wingard on the birth and bris of
her great-grandson **Nathan Hershel Frysh.**

Masha and Aaron Lipner
in honor of **Isabella** and **Nathan's B'nai Mitzvah**

CONDOLENCES TO:

Joel (Sara) Warsh, Angela (David), and Elwin, on the passing of their beloved father, **Jack Warsh**, beloved husband of **Gail** and grandfather of **Evan, Bennett, Zachary and Elliot.**

Daniel Waisbord on the passing of his beloved mother **Silvia Kushner de Waisbord Z"L**, beloved grandmother of **Bernardo, Manuel and Sofia Waisbord** and sister of **Moishe (Miriam) Kushner** and **Leon (Silvia) Kushner.**

Sherry Berlin on the passing of her beloved husband, **Alan Berlin Z"L**, father of **Rebekah Berlin (Jesse Jacobsen)** and **Benjamin (Jessica) Berlin**, grandfather of **Ezra, Emmett and Harrison**, brother of **Richard Berlin** and son of **Roy and Frances Berlin.**

Vida Sportes on the passing of her beloved husband **Rene Sportes z"l**; father of **Denise (David) Hanono, Mike (Maggie) Sportes**, and grandfather of **Branon (Kayla), Alex (Leah), Michael, and Rene** and great grandfather of **Jack and Lexi.**

Tamar (Joel) Weissler on the passing of her beloved father **Dr. Louis Cy Towne z"l**, beloved husband of **Ruth**, father of **Elana (Ted) Markus** and **Danielle Towne**, grandfather of **Aidin Weissler, Micah Weissler, Eliora Weissler, Ariella Markus, Philip Markus** and **Adam Markus**, and brother of **Norman Towne** and **Anita Solomon.**

Nadia (Jeff) Gumbayan on the passing of her beloved step-father **Rabbi Israel Vana z"l**, beloved father of **Sanda** and **Samuel** and former husband of **Irma Martinez.**

Yahrzeits

| | | |
|---------------------------|---|----------------|
| Karen Astrachan | Anita Nemoj's Sister and Justina Nemoj's Aunt | 1-Aug/26 Tamuz |
| Margot Fischer | Fanny Rosental's Aunt | 1-Aug/26 Tamuz |
| Paul Levy | Avigayil Levy Yochanan's Father | 1-Aug/26 Tamuz |
| Sarah Reservitz | Jackie Ander's Sister | 2-Aug/27 Tamuz |
| Gussie Stein | Jane Zeer's Aunt | 2-Aug/27 Tamuz |
| Susana Waisbord | Remembered by Esther Tishman | 2-Aug/27 Tamuz |
| *Lia Goldberg Schneeweiss | Lina Gorinstein's Mother | 3-Aug/28 Tamuz |

| | | |
|----------------------------|---|----------------|
| David Goldberg | Karen Rund's Grandfather | 4-Aug/29 Tamuz |
| *Esther Krantz | Remembered by Richard Scholten | 5-Aug/1-Av |
| Rose Menachem | Dean Laurens' Grandmother..... | 5-Aug/1-Av |
| Jack Epstein | Mark Epstein's Father | 6-Aug/2-Av |
| Jane Himelfarb | Steve Fox's Aunt | 6-Aug/2-Av |
| Becky Azuz | Vida Sportes, Miryam Slovatzki and Reyna Forman's Cousin..... | 7-Aug/3-Av |
| Mollie Ehrenwerth | Janice Zipp Cannizzaro and Elaine Smith's Grandmother..... | 7-Aug/3-Av |
| Isabel Kuriansky De Cybula | Rebeca Sod's Mother | 7-Aug/3-Av |
| Clara Magrisso | Sara Artenstein's Mother | 9-Aug/5-Av |
| Saul Gold | Jose Gold's Father | 10-Aug/6-Av |
| Laskar Schwartz | Elizabeth Schwartz's Father | 10-Aug/6-Av |
| *William Abrams | Evie Sevel's Uncle | 11-Aug/7-Av |
| Emma Esther Lellouche | Remembered by the Bunton Family..... | 11-Aug/7-Av |
| James Lewis | Jim Lewis' Father | 11-Aug/7-Av |
| Gilbert S. Berman | Remembered by Roz Berman | 12-Aug/8-Av |
| *Jane D. Young | Allyson Darroch's Mother | 12-Aug/8-Av |
| Charles Kohen | Marda Rose's Grandfather..... | 12-Aug/8-Av |
| *Augusto Muniesa | Eva Goldstein's Father | 12-Aug/8-Av |
| Irma Shaw | Peter Shaw's Mother | 13-Aug/9-Av |
| Rachel Deicas | Mauricio Deicas' Mother | 14-Aug/10-Av |
| Eulin Earl Francis | Yvonne Scarlett's Father..... | 14-Aug/10-Av |
| Gracia Molina de Pick | Daniel Pick's Mother | 14-Aug/10-Av |
| Elizabeth Rubin | Joe Rubin's Mother..... | 14-Aug/10-Av |
| David Argoff | Jeanne Argoff's Husband and Gillian Argoff-Treseder's Father..... | 15-Aug/11-Av |
| *Ruth Salzman | Tito Salzman's Mother..... | 15-Aug/11-Av |
| Eugene Agostino II | Christine Eisenberg's Brother..... | 16-Aug/12-Av |
| Agustin Cuenca | Cristy Veinbergs' Father | 16-Aug/12-Av |
| Marilyn Shelden | Al Shelden's Wife..... | 16-Aug/12-Av |
| Paul Bergman | Miriam Jane Bergman's Father | 17-Aug/13-Av |
| *Teodoro Constantiner | Remembered by the Goldstein Family..... | 17-Aug/13-Av |
| *Frida Kucinski | Robert Kucinski's Mother | 17-Aug/13-Av |
| Diane Talerma | Masha Lipner and Sharon Talerma's Mother..... | 17-Aug/13-Av |
| *Monica Veinbergs | Remembered by the Galicot and Veinbergs Families | 18-Aug/14-Av |
| Ruth Weiss | Barrett Avigdor's Grandmother | 19-Aug/15-Av |
| *Abraham Hanono | Ezra Hanono's Father | 20-Aug/16-Av |
| Jacques Kucinski | Robert Kucinski's Brother | 20-Aug/16-Av |
| Haim Hersh Rozen | Remembered by Fay Rozen..... | 20-Aug/16-Av |
| Sidney Stein | Jane Zeer's Uncle..... | 20-Aug/16-Av |
| Eliezer Suissa | Deborah Suissa's Father..... | 21-Aug/17-Av |
| Hugo van Vloten | Alex van Frank's Brother | 21-Aug/17-Av |
| Benjamin Goldman | Joshua Goldman's Brother..... | 22-Aug/18-Av |
| Sam Ehrenwerth | Janice Zipp Cannizzaro and Elaine Smith's Grandfather | 23-Aug/19-Av |
| Zelik Chaim Grinberg | Ruben Rosental's Grandfather | 23-Aug/19-Av |
| Pearl Grossman | Sherry Berlin's Mother | 24-Aug/20-Av |
| Gisa Schiffman | Judie Dresser's Mother | 24-Aug/20-Av |
| *Louise Buchwald | Leah Singer's Mother..... | 25-Aug/21-Av |
| Charles Darrow | Allyson Darroch's Father | 25-Aug/21-Av |
| Harvey Goldberg | Karen Rund and Susie Meltzer's Father, Rabbi Scott Meltzer and Brett Meltzer's Grandfather..... | 25-Aug/21-Av |
| Sidney Heller | Remembered by Allan Wolf..... | 26-Aug/22-Av |
| Betty Shteremberg | David Shteremberg's Mother and Remembered by Jose Zyman..... | 26-Aug/22-Av |
| Essie Lawton | Justina Nemoj's Grandmother | 27-Aug/23-Av |
| Alberto Alvo | Rosie Veinbergs' Father | 28-Aug/24-Av |
| Eva Gojman | Esther Tishman's Sister | 28-Aug/24-Av |
| Marysia Ratniewski | Alfredo Ratniewski's Mother..... | 28-Aug/24-Av |
| *Abe Smith | Mark Smith's Father..... | 28-Aug/24-Av |
| *Hilda Veinbergs | Jacobo Veinbergs and Sylvia Galicot's Mother..... | 28-Aug/24-Av |
| *Jacob Rubin | Fanny Hanono's Father | 30-Aug/26-Av |
| *Rubin Zeer | Jane Zeer's Father | 30-Aug/26-Av |
| *Sara Rosental | Ruben and Fanny Rosental's Daughter | 31-Aug/27-Av |
| *Herb Sevel | Evie Sevel's Husband | 31-Aug/27-Av |

** denotes a memorial plaque was purchased in memory of a loved one*



OHR SHALOM SYNAGOGUE
 2512 Third Avenue at Laurel
 San Diego, CA 92103
 (619) 231-1456

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CALENDAR OF EVENTS **AUGUST 2024**

Tamuz 5784/Av 5784

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|--|---|---|
| OHR SHALOM SUMMER MOVIE SERIES:  Sunday, August 4, 7:00pm & Sunday, August 18, 7:00pm | | | Religious School Starts Sunday, August 25 Registration NOW OPEN! | 1 26 Tamuz 6:15pm - Minyan | 2 27 Tamuz 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi"  7:27pm | 3 28 Tamuz Parshat Matot-Masei Mevarchim Chodesh 9:30am - Shabbat Service  8:26pm |
| 4 29 Tamuz 1:00pm - Sisterhood Rosh Chodesh Event 6:15pm - Minyan 7:00pm - Film | 5 1 Av Rosh Chodesh Av 6:15pm - Minyan 7:00pm - Choir Practice | 6 2 Av 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank | 7 3 Av 9:30am - Adult Ed: Daf Yomi 6:15pm - Minyan | 8 4 Av 6:15pm - Minyan | 9 5 Av 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service with Choir  7:21pm | 10 6 Av Parshat Devarim Shabbat Chazon 9:30am - Shabbat Service Afternoon Bar Mitzvah: Isaac Vargas  8:19pm |
| 11 7 Av 10:00am - Readings with the Rabbi 12:30pm - CPR Class 6:15pm - Minyan | 12 8 Av Erev Tisha B'Av 6:15pm - Minyan 7:30pm - Tisha B'Av Service | 13 9 Av Tisha B'Av 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank | 14 10 Av 9:30am - Adult Ed: Daf Yomi 6:15pm - Minyan | 15 11 Av 6:15pm - Minyan | 16 12 Av 2:00pm - Office Closes 6:45pm - Shabbat at the Bay  7:13pm | 17 13 Av Parsha Vaetchanan Shabbat Nachamu 9:30am - Shabbat Service  8:11pm |
| 18 14 Av 9:30am - Religious School Parent Open House 6:15pm - Minyan 7:00pm - Film | 19 15 Av Tu B'Av 6:15pm - Minyan 7:00pm - Choir Practice | 20 16 Av 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank 7:30pm - Social Action Meeting | 21 17 Av 9:30am - Adult Ed: Daf Yomi 6:15pm - Minyan | 22 18 Av 6:15pm - Minyan | 23 19 Av 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  7:05pm | 24 20 Av Parsha Eikev 9:30am - Shabbat Service  8:03pm |
| 25 21 Av 9:30am - 1st day Religious School 6:15pm - Minyan | 26 22 Av 6:15pm - Minyan 7:00pm - Choir Practice | 27 23 Av 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank | 28 24 Av 9:30am - Adult Ed: Daf Yomi 6:15pm - Minyan | 29 25 Av 4:30pm - Religious School 6:15pm - Minyan | 30 26 Av 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  6:57pm | 31 27 Av Parshat Re'eh Mevarchim Chodesh Bnai Mitzvah: Koba 9:30am - Shabbat Service  7:56pm |
| 1 28 Av 6:15pm - Minyan SDUSY Disneyland No Religious School | 2 29 Av Labor Day Office Closed No Minyan No Choir Practice | 3 30 Av Rosh Chodesh Elul 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank | 4 1 Elul Rosh Chodesh Elul 9:30am - Adult Ed: Daf Yomi 6:15pm - Minyan | 5 2 Elul 4:30pm - Religious School 6:15pm - Minyan | 6 3 Elul 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi"  6:47pm | 7 4 Elul Parshat Shoftim 9:30am - Shabbat Service  7:47pm |