



OHR SHALOM SYNAGOGUE STANDS WITH ISRAEL



PARKING LOT: St. Paul's Community Care Center parking lot may **ONLY** be used **during services on Friday after 6:00pm and Saturday morning.** The entrance is on Third Avenue between Maple and Nutmeg Streets.

PARKING IS NOW AVAILABLE across the street from Ohr Shalom on Third at the old US Bank lot. Now owned by St. Paul's, they have very graciously agreed to let us park there **after 5:00pm on Fridays and on Saturday & Sunday mornings.**



DAVAR MEGILLAH

OCTOBER 2026 • MONTHLY NEWSLETTER • TISHREI/CHESHVAN 5787

The Torah from the Beginning – With Commentaries

NEW CLASSES

Rabbi's classes meet in the
Ohr Shalom Zoom Room

**Parshat HaShavua
Im Meforshim** (Weekly
Torah Portion with Traditional
Commentaries with Rabbi Meltzer)
Wednesdays, 5:30pm-6:15pm

Wednesday nights beginning
October 7 with Parashat Bereishit.

**Responsa and the
Conservative Movement
Class**
Thursdays, 7:00pm once a month
Starting October 8 through April.

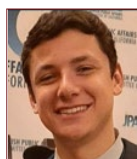
**And the Story Goes On...
Meeting the Biblical Text
with Ruti Levy**

**Thursdays, 10:00am
at Ohr Shalom**

Class starts October 8
for 13 weeks. Fee: \$250

See page 15 for full description

Adult Education: Speaker



**Sunday,
October 18,
10:30am
ADL**

Robert Hicks,
Assistant Regional Director
speaks on antisemitism

Rabbi Scott Meltzer



Having completed the Ten Days, Rosh HaShanah through Yom Kippur, and with the end of Sukkot approaching, it is time to begin again. Not the

holidays, but with Simchat Torah on Sunday, October 4, it is time to begin the Torah again from the beginning. Let's go back to the "Creation of the World" and move forward from there.

As Ben Bag-Bag says in Pirkei Avot (5:22): הָפַךְ כֶּה וְהָפַךְ כֶּה, דְּכַלֵּא כֶּה - "turn it and turn it, everything is within it." We re-roll the Torah, read it again from the beginning, and the most miraculous thing occurs: It is the same Torah. The same five books. But it doesn't say the same things that it said last year.

I know it has the same stories. It has exactly the same words. But the magic of Torah is that each time we return to the beginning, we find that it contains new things that we have never seen within the Torah before.

To help us find new things in the Torah, we are going to make it a new year, and a new cycle of readings, with a brand new study opportunity. Every Wednesday before Minyan, beginning at 5:30pm, join me on Zoom to study a piece of that week's Torah reading with some traditional commentators. As we roll the Torah each week, we are going to encounter the Torah with words from sages from centuries past. Join me each week to read with their eyes,

and to discover gems within the scroll.

And as long as we are learning together, join me on Thursday nights, once per month at 7:00pm, as we try to understand what is the nature of the Halakhah of the Conservative Movement. How does our movement determine what is the proper way to behave Jewishly on some of the most important issues of our times? These will include some of the decisions that have shaped the movement over the past century, and some of the issues that are in the fore of our concerns today.

Together we will study how the Conservative movement addresses these challenges, studies the tradition for guidance, writes contemporary responses to these challenges, and then that group votes to determine if they should become officially part of Conservative Judaism's norms.

So, the New Year is bringing lots of opportunities for you and me to sit together and study – though we will be sitting together on Zoom.

And of course, we are about to start a new book for Friday's "Slow Read Book Club" and the next "Readings with the Rabbi" is just around the corner.

Join with me, weekly, monthly, as often as you can, as we make this year of learning, of creating community by studying together, and by celebrating the gift of life by each continuing our growth.

See you in class.



WORDS FROM THE PRESIDENT

Marvin Yudkovitz
President

How Can We Build a Stronger, More Inclusive Kehilla?

Our Ohr Shalom *Kehilla* (community, assembly, or congregation) comprises many large and small kehillot. Each of these affords our members (and potential members) an avenue into experiencing a greater sense of inclusion, comradeship, and relationship building.

Those individuals who are “regulars” to one or more of these groups develop a much stronger feeling of connection with each other, Ohr Shalom, and a sense of community. And by growing each of these, and forming new ones that touch our unmet needs, Ohr Shalom will flourish. That will lead to making our synagogue even stronger; and convey to any visitors and potential new members as they visit us: this is where I want to belong.

I hope you will focus on which of these you can consider joining, and which you can encourage some of your fellow Ohr Shalom congregants (and potential members) to experience and possibly join. And good news – each of these listed below is growing in numbers and frequency. You can find out about each in the monthly Davar, or by calling the Office.

Services – Including both the lay leaders as well as regular attendees:

Our weekly Shabbat (Friday nights and Saturday mornings) and three Festival Chagim (Sukkot, Passover, and Shavuot holidays) services afford

all who attend regularly a feeling of closeness and mutual sharing. We find out about each other's families (especially on a *yahrzeit*) and well-being. All are in person and on Zoom.

Next are the Sunday-Thursday daily Zoom *minyanim*.

By helping to make the minyan (10 or more Jewish adults) those attending strengthen the spiritual, religious, and communal experience for themselves and others and form a strong bond among themselves.

Chavurot (small informal groups)

We have some *chavurot* that extend back to the founding of our Synagogue (over 27 years ago), and some quite new. Some examples include Outdoor Adventures, Ohrzennials (20-40's), Dungeons and Dragons, Rainbow (LGBTQIA+), Social Action, Chesed, Men's Club and Discussion Group, and Sisterhood. We also have some currently being formed, including the recently announced “Living with Cancer Support Group”. These small groups are wonderful opportunities to meet existing interests and stimulate new ones, while forming closer relationships.

Choir and Usher

Do you like to sing? Join our Choir. Can you assist as an usher on Friday night or Saturday morning services? Contact the office to find out about either of these opportunities.

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Small Adult Education Classes

Weekly we have one or more classes being offered, taught by Rabbi Meltzer, lay leaders such as Sue Brown and Ruti Levy, and our new Intern Rabbi Gross and Extern Rabbi Goldberg. Most classes result in attendees getting to know everyone, while gaining knowledge.

Larger Adult Education Classes

See list in Program Guide provided during High Holy Days as well as in Davar for those larger classes being coordinated throughout the year by our Adult Education Chair, Evette Weiss.

Religious Education and Services for Children

We have religious education for children of all ages. Thanks to Maggy Dujowich and staff for educating our youth (pre-K to high school) in Religious School. Thanks to Springsong Cooper Weiner for coordinating parent volunteers. And we have two different Shabbat services monthly for children (and their parents) from birth to age 12, thanks to Jennifer Meltzer.

Largest Group Events

Monthly we have our Kehillatit Friday night dinners. Thanks to our regular cooks – Marci Prag and Matthew

Continued on page 8

OHR SHALOM STAFF

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.

OHR SHALOM'S SHABBAT SERVICE SCHEDULE

Services are in person and on Zoom

Friday	October 2	6:15pm	Kabbalat Shabbat Shemini Atzeret Service w/ "Ask the Rabbi"
Saturday	October 3	9:30am	Shabbat Shemini Atzeret Morning Service with Yizkor
Friday	October 9	6:15pm	Kabbalat Shabbat Service
Saturday	October 10	9:30am	Shabbat Morning Service
		10:30am	Tot Shabbat with Jennifer Meltzer
		12:30pm	Lunch & Learn
Friday	October 16	6:15pm	Shabbat Kehillatit Service and Community Dinner
Saturday	October 17	9:30am	Shabbat Morning Service
Friday	October 23	6:15pm	Kabbalat Shabbat Service
Saturday	October 24	9:30am	Shabbat Morning Service
		12:30pm	Lunch & Learn
Friday	October 30	6:15pm	Kabbalat Shabbat Service with the Ohr Shalom Choir
Saturday	October 31	9:30am	Shabbat Morning Service
		12:30pm	Lunch & Learn with Rabbi Goldberg

NO Shabbat Morning Babysitting Available



PARSHIYOT & CANDLE LIGHTING

October 2026

SHEMINI ATZERET

22 Tishrei - Candle Lighting: 6:13pm
Fri: October 2
Sat: October 3
Torah: Deuteronomy 14:22-16:17;
Numbers 29:35-30:1
Haft: I Kings 8:54-66

PARSHAT BERESHIT

29 Tishrei- Candle Lighting: 6:04pm
Fri: October 9
Sat: October 10
Torah: Genesis 1:1-6:8
Haft: I Samuel 20:18-42

PARSHAT NOACH

6 Cheshvan - Candle Lighting: 5:56pm
Fri: October 16
Sat: October 17
Torah: Genesis 6:9-11:32
Haft: Isaiah 54:1-55:5

PARSHAT LECH-LECHA

13 Cheshvan - Candle Lighting: 5:48pm
Fri: October 23
Sat: October 24
Torah: Genesis 12:1-17:27
Haft: Isaiah 40:27-41:16

PARSHAT VAYERA

20 Cheshvan - Candle Lighting: 5:41pm
Fri: October 30
Sat: October 31
Torah: Genesis 18:1-22:24
Haft: II Kings 4:1-37

FAMILY TOT SHABBAT



Saturday, October 10, 10:30am



Lunch & Learn

Saturday,
October 10 & 24, 12:30pm
October 31 with Rabbi Goldberg

SHABBAT KEHILLATIT SERVICE AND COMMUNITY DINNER

All San Diego Shinsholim will join us to lead songs and join us for dinner.

Friday, October 16

Family-friendly service: 6:15pm
Community Dinner: 7:15pm

MEMBERS*

Adults: \$20

Children: \$12

(3-13 years old. Children under 2 FREE)

NON-MEMBERS*

Adults: \$30

Children: \$15



RSVP by Monday, October 12. Please contact office or scan QR Code.

Reservations after October 12 will pay nonmember price.



Help those with food insecurity - Bring a nonperishable item for the JFS Food Bank bins in the Ohr Shalom lobby!



NEW!



Saturdays, 10:00am

November 7
December 5
January 23
February 6
April 3
May 1

Kabbalat Shabbat With the CHOIR



Friday, October 30, 6:15pm

SIMCHAT TORAH 5787 Services & Events

Erev Shemini Atzeret Kabbalat Shabbat Service
"Ask the Rabbi" Friday, October 2, 6:15pm

Shabbat Shemini Atzeret Morning Service with Yizkor
Saturday, October 3, 9:30am

Erev Simchat Torah Saturday, October 3
Tots Simchat Torah Service 5:30pm
Children's Dinner and Activities 6:30pm
Simchat Torah Service and Celebration 7:30pm

Simchat Torah Morning Service followed by Brunch
Sunday, October 4, 9:30am



Matching Your Yom Kippur Appeal

This New Year, in order to stimulate additional Tzedakah, or charitable giving, for our Yom Kippur Appeal, one of our Congregant families has generously offered to match all new pledges as well as increases.

This is the first time Ohr Shalom has had this offer, and we hope each of you will participate.

As you know, Yom Kippur stands on three basic ideals – Teshuvah (repentance), Tefillah (prayer), and Tzedekah. Tzedekah holds special importance for this family, and by offering a match they hope to encourage each of us to kick-start the New Year by helping our Synagogue pay its bills, support those who can't afford to pay, and support our mission of helping others.

Here's how it will work: If you've made and paid a pledge in the past, the family will match any increase in your pledge. And, if you haven't made a pledge in the past two years, the family will match the amount of a new pledge, to be paid in the coming New Year.

You can drop off or mail the blue pledge card that was in your envelope with your High Holy Day tickets to designate the amount of your Tzedakah pledge. Alternatively, you can contact the Office at (619) 231-1456 or go to office@ohrshalom.org to our Kol Nidre donation page on our website.

Erev Simchat Torah
Saturday, October 3

- 5:30pm - Tots Simchat Torah Service
- 6:30pm - Children's Dinner and Activities
- 7:30pm - Simchat Torah Service and Celebration

Please RSVP to Ohr Shalom office
Scan QR Code

OHR SHALOM SYNAGOGUE						
2026 ☆ HIGH HOLY DAYS SERVICES ☆ 5787						
KOL NIDRE PLEDGE CARD						
"In the Book of Life, Blessing, Peace and Good Sustenance, may you be remembered and inscribed."						
\$18/month	\$36/month	\$54/month	\$108/month	\$216/month	\$540/month	Contact Me Increase

SIMCHAT TORAH
Sunday
BRUNCH

OCTOBER 4 after
SIMCHAT TORAH SERVICE

Good Food. Great People. Celebrate Together.

Ohr Shalom Choir Practice

Ohr Shalom Choir
Mondays, 7:00pm
In Person at Ohr Shalom
October 5, 12, 19, 26

5787 KOL NIDRE DONORS



KOL NIDRE (as of 9/28/2026)

Barrett Avigdor
Sherry Berlin
Doreen Casuto
Loren Casuto
Mina Cohen
Olga and Ilya Dumer
Ruth Fastag
Ellen Goldstein
Barry and Tanya Green
Elizabeth Green and Morris Lazard
Lou Green and Nanette Sable
Max Holston
Robert Houston
Rebecca Iden
Dean Laurens and Maria Gomez Laurens
Arik Legman
Benjamin Lowenberg
Rachel Millstone
William and Amy Morris
Linda Mostel
Deborah Pienknagura
Alfredo and Rosa Ratniewski
Maya Rich
Aviva Rosenberg
Joseph Rubin
Richard Rubin
Renee Schor
Beth Shira
Ricardo and Leah Singer
Mark and Elaine Smith
Geoffrey and Shoshanah Sternlieb
Deborah Suissa
Susan Tuttle
Evette and Nathan Weiss
Eileen Wingard
Sheldon and Harriet Wolpoff
Donald Wright and Julie Phillips
Bruce and Yahel Yanofsky
Jane Zeer
Janice Zipp Cannizzaro

Special thanks to our Sustaining Members for their continuing support of Ohr Shalom Synagogue.

Jeanne Argoff
Joy Heitzmann and Jack Cohen
Richard and Jessica Lemoine
Eli and Susie Meltzer
Ivan and Lynn Mendelsohn
Ray and Marcia Sachs
Al Shelden
Jennifer Tuteur
Marvin Yudkovitz and Judy Gaines
Pepe Zyman
Anonymous (2)

5787 SERVICE LEADERS, TORAH READERS AND DARSHANS

Jeanne Argoff
Sue Brown
Loren Casuto
Eti Chall
Springsong Cooper-Weiner
Mendy Fisch
Joshua Goldman
Rabbi Lily Gross
Eileen Katz
Koba
Morris Lazard
Arik Legman
Eli Meltzer
Jennifer Meltzer
Nadiv Meltzer
Susie Meltzer

Yael Meltzer
Ivan Mendelsohn
Phil Miller
Rachel Millstone
Amy Morris
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Valerie Polichar
Al Shelden
Naima Solomon Bercovitch
Juli West
Davin Widgerow
Rebecca Wollner
Allison Wolpoff
Marvin Yudkovitz
Jane Zeer

5787 FLOWER DONATIONS

Ray & Marcia Sachs
Morris Lazard & Elizabeth Green
Richard Scholten
Davin Widgerow

5787 BREAK FAST SPONSOR

Jan & Rashel Galicot

5787 VOLUNTEERS

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Lou Green & Nanette Sable
Koba
Marci Prag
Ezra Shachar
Debbie Suissa
Rachel Treseder

5786 USHERS AND GREETERS

Loren Casuto
Eti Chall
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David Cohen
Jenni Cohen
Alice Cupples
Allyson Darroch
Joel Davidson
Wendy Falcon
Elizabeth Green
Joy Heitzmann
Russel Kranz
Koba
David Kochman

Dean Laurens
Maria Laurens
Morris Lazard
Allison Madwatkins
Alex Murillo
Philip Miller
Linda Mostel
Marci Prag
Aviva Rosenberg
Marcia Sachs
Ray Sachs
Matthew Razinsky
Al Shelden

Naima Solomon Bercovitch
Shoshanah F. Sternlieb
Alex van Frank
Springsong Cooper Weiner
Evette Weiss
Giselle Wellman
Davin Widgerow
Margalit Wollner
Marvin Yudkovitz
Becky Zipp



YOUTH GROUPS

Michelle Gurr-Barbour
USY Youth Director



On Our Feet and in the Spotlight

October and November are bringing lots of opportunities for our Ohr Shalom kids and teens to have fun, make a difference, and connect with our wider Jewish community! We're especially excited about **Happy Feet on Sunday, October 18 from 12:00–2:00pm at Ohr Shalom**. We'll spend the afternoon decorating the bottoms of socks with puff paint for children in hospitals, helping them stay safe on their feet while adding a little fun and creativity to their day. While our socks dry, we'll relax in the youth lounge and watch Happy Feet together! The cost is \$10 per person, and all supplies will be provided.

For our teens, FarWest, **USY's Teen Leadership Training Institute (LTI)** is happening **October 16–18 in Arizona**. LTI is a great opportunity for teens to develop leadership skills, meet other Jewish teens from around the region, and become more involved in USY. If your teen is interested in additional leadership opportunities through USY, at Ohr Shalom or in the broader community, please reach out to me! I'd love to help them find ways to get involved and take on a leadership role that fits their interests.

Looking ahead to November, we have several fun events planned for all ages! On November 7, we'll head to the JCC for The Wizard of Oz, and on November 29, we'll return to see Eight. Both shows are \$20 per person and are open to all ages. These performances are especially exciting because many of our own Ohr Shalom youth and teens are part of the casts! Coming out to watch is a wonderful way to support our kids, cheer them on, and celebrate their talents. In between, on November 8, our Kadima youth will join other San Diego-area groups for San Diego Kadima Day, hosted at Beth El (\$20 per person). There's plenty happening this fall, and we hope to see your kids and teens there!



USY SAVE THE DATE 2026 CALENDAR

OCTOBER 16–18	FarWest USY Teen Leadership Training Institute (LTI) in Arizona
OCTOBER 18	Happy Feet Decorate the bottom of kids socks with puff paint for kids in the hospital to not slip while watching the movie Happy Feet! 📍 Youth Lounge at OS 🕒 12:00 – 2:00 PM 💰 \$10 per person
NOVEMBER 7	The Wizard of Oz at the JCC 💰 \$20 per person
NOVEMBER 8	San Diego Kadima Day hosted at Beth El 💰 \$20 per person
NOVEMBER 29	Eight at the JCC JCo Youth Theater Production 💰 \$20 per person

Contact Michelle (c) 619-245-7244



RELIGIOUS SCHOOL

Maggy Dujowich
Religious School Principal

A Little Hebrew Goes a Long Way

A child's voice rises above the Friday-night candles: "Shabbat Shalom!" The words may be small, and the pronunciation may not yet be perfect, but something powerful happens in that moment. Around the table, generations seem to draw closer. A familiar blessing, a song, or even a single Hebrew word can open a door to memory, belonging, and home.



Some words have a way of staying with us. Shalom. Todah. Shabbat. We may have learned them as children, heard them around a holiday table, or picked them up from someone we love. Even if we don't speak Hebrew, a few words can carry the warmth of family and the feeling of being part of something enduring.

That is one reason it matters to keep Hebrew in our children's lives. When a child learns to say Shabbat Shalom, they are sharing words spoken by Jewish families around the world. When they recognize a Hebrew word in a song or a prayer, they find a connection to Israel, to our ancestors, and to Jewish life today.

There is something special about praying in Hebrew. You can open a prayer book anywhere in the world and join voices with people you have never met. You may sing the melody a little differently or need help finding your place on the page. That is okay. The familiar words remind us that we belong to something larger than ourselves—and that, across time and distance, we are never entirely alone.

Children don't need to become fluent to feel that connection. It can begin with singing *Sh'ma* before bed, saying *todah* when someone helps, or spotting a Hebrew letter on a sign. Those small moments add up. Hebrew becomes something they hear, use, and carry with them.

So consider inviting a little more Hebrew into your life each week. Try adding a new word to your family's conversations, listening to Israeli music, watching a favorite program in Hebrew, or exploring a Hebrew-language show together. You might even invite a Hebrew-speaking guest into your home for a few months through a cultural exchange or language-learning program. There is no single right way to begin. Every word is a small step toward connection.

And sometimes, of course, the best way to learn a new word is to have a child proudly teach it to the rest of us.



Program for 4-year-olds at Ohr Shalom
with Jennifer Meltzer

Sundays, 9:30am
Cost: \$200

October 18 • December 6 •
February 7 • March 14 • May 2

Sessions will include: music, movement, holiday preparation, art, stories, t'fillah and LOTS OF FUN! This program is geared for the children, it is not a parent participatory program, although parental attendance is optional (*children must be potty-trained*)



**26-27 Ta'am Torah
Registration**

Children's Birthday Celebration at Shabbat Kehillatit Dinner!

**Does your child (18 and under)
have a birthday in October? Let us
sing and celebrate them at Shabbat
Kehillatit dinner.**

Each month we will take a moment at our Shabbat Kehillatit dinners to celebrate our children and the birthdays for that month. Let us know if you are coming and if you are celebrating a birthday in October. (We love our grown-ups too, but these birthday call outs are for our Ohr Shalom kids.)



**RSVP for
Kehillatit Dinner**



Eti Chall
Sisterhood Chair

Beginning Again

By the time we reach the end of Sukkot and Simchat Torah, we have been through quite a journey. We began with the introspection of Elul, moved through Rosh Hashanah and Yom Kippur, and then shifted almost immediately into the joy of Sukkot. We left our homes, sat in the sukkah, welcomed guests, celebrated, and were reminded that much of what we consider permanent is actually temporary.

And then, just when we think we have reached the end of the holiday season, we take out the Torah and begin again.

On Simchat Torah, we read the final words of Deuteronomy and immediately turn back to the beginning of Genesis: *Bereishit*—"In the beginning." There is no long pause between ending and beginning. We finish the Torah and start it again.

I think there is something profound in that ritual. We often think of growth as moving forward, leaving the past behind and becoming someone new. But Jewish time teaches us something different. We return to the same stories, the same holidays, and the same Torah year after year—but we return as different people.

Rabbi Jonathan Sacks wrote, "To be a Jew is to be willing to change." The Torah gives us a framework for that change, but it also gives us something to return to. Each year, we encounter familiar words with new questions, new experiences, and a different understanding of ourselves.

Rabbi Alan Lew, in *This Is Real and You Are Completely Unprepared*, describes the Jewish year as a spiritual journey through the experiences that shape a human life: change, loss, renewal, letting go, and beginning again. The holidays are not simply commemorations of something that happened long

ago. They give us opportunities to encounter these experiences in our own lives.

That feels especially appropriate as we move from Sukkot into Simchat Torah. Sukkot asks us to step outside what is familiar and acknowledge the uncertainty and impermanence of life. Simchat Torah then reminds us that an ending is also an invitation to begin again.

We carry the year with us—the joys, disappointments, changes, relationships, losses, and lessons. We return to the beginning, but we are not the same people who stood there last year.

As Sisterhood begins another year, I find myself thinking about that idea of returning. We return to our community, to our friendships, to Jewish learning, and to the traditions that connect us to generations before us. We bring with us what we have learned and make room for what is still ahead.

The Torah begins again with *Bereishit*. So do we—Judaism emphasizes that life itself moves in seasons. There are endings, beginnings, pauses, celebrations, and times when we simply need to start again.

May this new year bring us the courage to grow, the wisdom to appreciate where we have been, and the openness to begin again.



Sisterhood

Ohr Shalom Synagogue

Please complete our [membership form](#) on the OS website. Contact Eti, sisterhood@ohrshalom.org, if you have any questions or join Sisterhood WhatsApp groups.

PRESIDENT'S COLUMN CONT.

Razinsky and all of the other volunteers for making these wonderful events. Annually we have the Passover, second night Seder. Great opportunities to meet others over a delicious and spiritually uplifting dinner.

And remember, an important ingredient in strengthening our community is relationship building. When sitting next to someone, please be sure to introduce yourself and make a new friend!

See you at Ohr Shalom while each of us continues to strengthen our *Kehilla*.

BLOOD DRIVES

Ohr Shalom Synagogue

Sundays at 9:00am-2:30pm

October 11
December 13

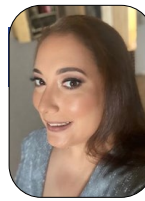


Did you know Ohr Shalom has an Instagram page?

Simply search for: Ohr Shalom Synagogue / ohrshalom (on Instagram)

If you have Instagram check out our page for pictures, posts, what's going on at the Synagogue and much more.

Stay tuned for more content on our Instagram page. If you have any content to share Contact Aviva at chesed@ohrshalom.org



CHESED

Aviva Rosenberg
Chesed Committee Chair

Carrying the Spirit of the High Holidays Forward

As the High Holidays come to a close, the spirit of reflection, compassion, and connection continues throughout our Ohr Shalom community.



The Chesed Committee is here to remind our members that caring for one another is not limited to the holidays, it is something we practice all year long. Whether it is preparing a meal for someone going through a difficult time, visiting or calling a member who could use some companionship, sending a thoughtful gesture to someone who is ill, or remembering a loved one through our *yahrzeit* candle program, every act of kindness makes a difference.

The High Holidays remind us of the importance of community. After the holidays, we have an opportunity to put those values into action by reaching out, checking in, and being there for one another.

We invite you to join us in spreading *chesed* throughout the year. If you know a member who could use some support, or if you would like to volunteer with the Chesed Committee, please reach out. Together, we can help make Ohr Shalom a community where no one feels alone.

A special **thank you to all of our wonderful volunteers** who recently helped deliver meals to members in our community, as well as those who helped deliver *challah* last month. Your time, generosity, and willingness to show up for others are what make our community so special.

L'Shana Tova, and may the year ahead be filled with kindness, connection, and compassion.

California State Ballot Measure Discussion

Jason Bercovitch

District Director/Policy Advisor to Congressman Scott Peters



Tuesday, October 13 at 7:30pm [in the Ohr Shalom Zoom Room](#)

Ohr Shalom member, Jason Bercovitch has been working with Congressman Scott Peters, San Diego District 52, since 2013.

Join us to learn about all the Ballot Measures. Jason Bercovitch will give a non-partisan, unbiased presentation.

You will also have the opportunity to ask questions.





MEN'S CLUB

Aaron Lipner
Men's Club President

The Men's Club in October

The High Holy Days are behind us, and Men's Club is moving fast into a busy fall.

Sukkah Takedown

We're taking down the sukkah on **Monday, October 5 after 3:00pm**. Bring your muscles, power tools optional. Many hands make it quick.

Safe Parking

Our turn to host a Safe Parking dinner is **Sunday, October 18, 5:30-7:30pm**. This is a JFS program that directly helps feed families by cooking and serving them dinner. We need 3-4 volunteers max. Please let me know by Oct 12th; we'll take the first 4 and plan the meal.

Steak and Scotch Recap

Big turnout for our first Steak and Scotch in the sukkah. Great steak, great scotch, and great having new members join us. Todah Rabah to Rabbi Meltzer and family for opening up their sukkah, and to Richard, Loren, and Mark for planning and making it all possible.

Fantasy Football

We are a few weeks into the season and the standings are tight. Thanks again to Loren Casuto for running things.

Happy Hour

The taps are back on. Join us **Tuesday, October 27, 5:00-7:00pm** at the Corner Drafthouse.

Looking Ahead

We're already planning Latkes in December and



starting to sketch out 2027. If you have ideas for events, now's the time to speak up.

Membership Has Its Privileges

Men's Club Membership is \$18 this year and gets you discounts on future events. If you haven't joined yet, now's the time. New members, returning members, retired guys, dads, grandfathers, poker-only guys, whoever encouraged you to read this. All are welcome.

Join Men's Club! Scan to fill out the membership form.

Join the WhatsApp group by scanning QR code:

Email anytime: mensclub@ohrshalom.org

Main things to do this month: help with sukkah takedown October 5, sign up for Safe Parking October 18, and come to Happy Hour October 27.

We'd love your feedback. Let us know what's working and what you'd like to see more of.




Ohr Shalom Synagogue

Share Your Garden's Blessings

Flowers and plants are more than decoration. They remind us of renewal, growth and the beauty of creation — perfect reflections of the High Holiday season.

INTRODUCING THE SANCTUARY GARDEN ROTATION

Share a little piece of your garden with our community by bringing:

-  Fresh-cut flowers
-  Potted plants

Let's keep our sanctuary beautiful and vibrant all year long!

HOW IT WORKS:

- 1 Choose a week that works for you.
- 2 Bring your flowers or plant before Shabbat.
- 3 Pick up the following week.

Want to participate?
Tell us what you're growing and which week or holiday you'd like to share.

membership@ohrshalom.org

MEN'S DISCUSSION GROUP

Thursday, October 15, 7:00pm

Topic: How have your beliefs evolved over the years?

This month's meeting will be at

Mazara Trattoria
2302 30th Street
San Diego, CA 92104



For more information contact:
Robert Houston
(bayfruitandherb@gmail.com)



NOTES FROM AN ECO YENTA

Allyson Darroch
Davar Editor



Is Eco Kosher a Thing?

Mr. Slivowitz was looking forward to dinner. The Shabbat table was full. There would be wine and challah and good conversation. After the candles were lit and the blessing said Tamar, his daughter, pushed her plate away. She said, in a voice a bit too loud and too edgy; “Is this dinner really KOSHER?” Mrs. S. was shocked. “Tamar, what do you mean? Of course, it’s kosher!”

No, Tamar said, “I mean is it ECO Kosher?” Her younger brother, always on the lookout for a way to annoy his sister, picked up the thread of the conversation and began chanting “Eco Eco Eco Eco.”

“Manny,” said Mr. S gently but with a no nonsense look, “be quiet. Let your sister explain.” He turned to Tamar, “Ok tell us about Eco Kosher.”

Warming to her subject, she explained that eco-kashrut is about blending ancient dietary rituals with modern environmental and social activism. Instead of focusing only on how an animal was slaughtered or if ingredients are mixed, we should look at the entire lifecycle of the

food. There is even an Eco Kosher seal from Magen Tzedek that was created to evaluate kosher food manufacturers on labor laws, animal welfare, environmental impact, and corporate integrity alongside standard kosher rules. We could join a CSA and get regular shares of seasonal produce, minimizing carbon footprints from shipping and making sure that we are eating sustainably produced produce.

“Well, that’s a quite a bit of info Tamar,” said Mr. Slivowitz “How about you make this happen? Find us a CSA, and a store that will have the Magen Tzedek seal. As for our shul, although we don’t grow our own organic produce on-site to feed congregants, we donate to local food banks, and use compostable dinnerware, serve plant-based or organic foods, and the city of San Diego strictly manages food waste.”

Mrs. S. couldn’t resist chiming in, “you know Tamar, if you went to services, you would know that, but you make a good case. Yes, we can do this.”

CROSSWORD PUZZLE CLUES

A KOSHER DIET

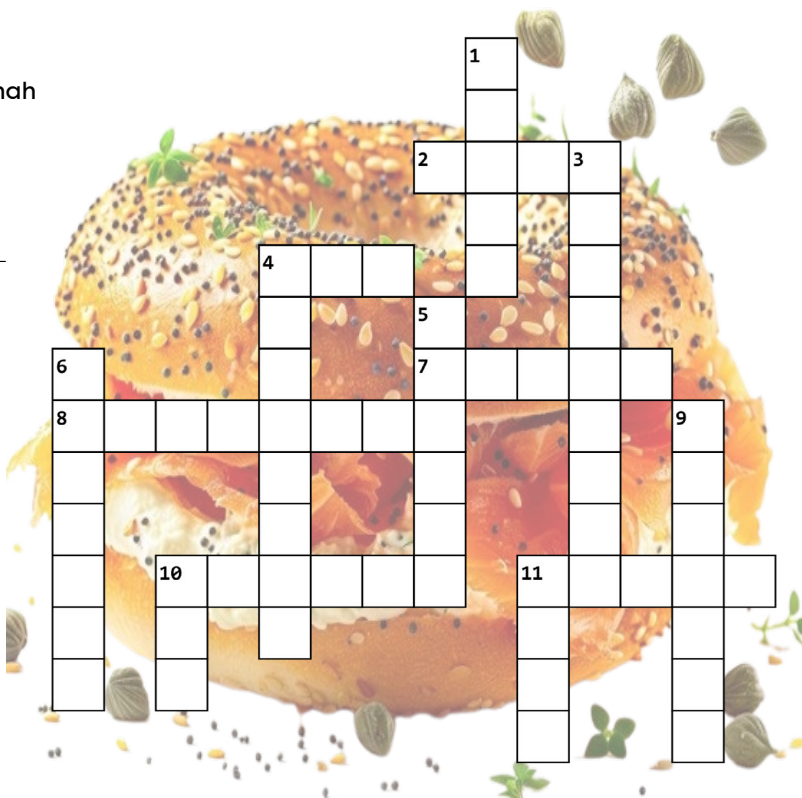
Across

2. Fish must have these to be kosher
4. An animal that is not kosher
7. This fruit is often eaten with honey on Rosh Hashanah
8. A symbol indicating kosher certification
10. This dairy product is often eaten during Shavuot
11. A common grain used in many kosher dishes

Down

1. Utensils used for meat cannot be used with _____
3. Prohibited seafood
4. This holiday requires specific dietary laws
5. Foods that are neither meat nor dairy
6. This type of bread is often eaten on holidays
9. Animal product used in medication capsules
10. The front half of this animal is considered kosher
11. Grape product that can be kosher but requires special processing

Answers on Page 13





FROM OUR EXECUTIVE DIRECTOR

Gillian Argoff-Treseder
Executive Director

Hachnasat Orchim (הכנסת אורחים) - Welcoming Guests (Welcoming the Stranger)

Hachnasat Orchim (הכנסת אורחים) or welcoming guests or strangers is a sacred practice in Judaism. It is an act of loving kindness (*gimilut chasadim*), and we are instructed to welcome people into our homes as Abraham did. On Sukkot and Pesach, it is customary to bring guests to the table, let all who are hungry come and eat. Sukkot will almost be over by the time you get this Davar, but there is always time to welcome guests into your life and into our Shul.

Creating a welcoming environment for guests is key to the work we do at Ohr Shalom, as well as maintaining that feeling of warmth and belonging once you are no longer a "stranger." Throughout the High Holy Days, I noticed that we are pretty good at this work! Not only were guests greeted by staff, but members reached out to make sure newcomers felt welcome and included by ensuring they had the correct page numbers, found the restroom and water, and encouraged them to come back to more events such as Shabbat Kehillatit and Simchat Torah. I often hear from guests that visit us on vacation that we are one of the most welcoming Shuls they've been too. *Kol HaKavod* to all of you for making that happen.

One of my goals for 5787 is to work on being even MORE



welcoming and creating a greater sense of community and belonging for both new people and for all of you. I truly love seeing all of you at High Holy Days and having the chance to catch up with you briefly. I hope that the services and programs we have in store for you this year will bring you back to Ohr Shalom again and again. If you didn't have a chance during Yom Tov to let us know which programs you are interested in by putting your name slip in the boxes, it's never too late. You can drop your name in the boxes the next time you come or just send me an email and let me know you would like to be part of Chesed, Social Action, Sisterhood, Men's Club/Discussion Group, Ohrzennials, Rainbow Chavurah, Children's activities, general volunteering, etc. I always love to hear from you.

Thank you for making Ohr Shalom a welcoming and loving community!



OHRZENNIALS

Rebecca Bucher Wollner
Ohrzennial Chair



Shanah Tovah! Thank you to Margalit's parents, Marcia, and David Wollnew, for hosting dinners for Rosh Hashanah and Sukkot.

D&D Update

Our crew has successfully vanquished some giant spiders and is now deciding on their next move. We generally holding D&D on the first and third Shabbatot of the month. In October, we will meet just on 10/17.



Want to join? It's not too late! Margalit will work with you to build a character so you can hop in.

Just want to try it out? Margalit will give you a premade

character so you can join us for just the day. No experience necessary!

D&D not your thing? We'd love to have you join for dinner and Havdalah.

Not in the Ohrzennials age group but curious? Margalit is always happy to chat about D&D.

October Ohrzennials Events

October 17 (Shabbat) - D & D

If you are in the age group, please email ohrzennials@gmail.com to be added to the WhatsApp group and email list. Not in the age group? We are always looking to be hosted for an event! Please reach out for ideas for programs you'd like to see.



SOCIAL ACTION & SUSTAINABILITY

Davin Widgerow

Social Action & Sustainability Chair



SOCIAL ACTION

The Social Action Committee is sponsoring a Yom Tov tzedakah drive to help families in Tsfat, Israel—please check out our display on the Social Hall notice board! Your dollars will go directly to needy families in Israel! Please donate at <https://www.sparkstolife.com>

SPARKS TO LIFE
ניצוצות לחיים



BEACH CLEANUP DATES

Sunday, October 25, 2026, 2:00-4:00pm

Sunday, January 24, 2027, 2:00-4:00pm

Sunday, March 14, 2027, 3:30-5:30pm

Join the Ohr Shalom Social Action Committee in cleaning up our officially adopted site, Playa Pacifica at Mission Bay!



Wear a hat and sunscreen, and bring a grabber (or long BBQ tongs). Disposable gloves and trash bags provided, courtesy of our partnership with **I Love A Clean San Diego**.

For a more sustainable clean up experience, bring your own washable gloves and compostable trash bags.

All ages welcome.

Playa Pacifica at Mission Bay, 2195 East Mission Bay
RSVP to Melanie at assistant@ohrshalom.org.

Thanksgiving Turkeys for Christie's Place

As we have done in previous years, we are asking you to please donate to the Social Action Fund to help us purchase 50 turkeys for Christie's Place, an organization that serves women and children affected by HIV/AIDS. With your help, Christie's place is able to provide all of the fixings for a Thanksgiving feast to about 150 families in need.

Please send your monetary donation to the Ohr Shalom office by Monday, November 14.

We are suggesting donations of \$40 (\$18-\$25 buys one turkey), but any amount is helpful.



Announcing Living with Cancer Support Group

Ohr Shalom Synagogue and Temple Emanu-El are starting a Cancer Support Group. Conducted once per month, each two hour session will be held on Thursdays from 4:00-6:00pm. This support group (not a therapy group) will be led by Sara Fainstein PhD. This group is open to all adult members of our two synagogues, who have a cancer diagnosis, both currently in treatment and in remission.



The schedule for the meetings is as follows:

At Ohr Shalom Synagogue

2512 Third Ave., 92103:

October 8, 2026

December 10, 2026

February 11, 2027

April 8, 2027

June 10, 2027

August 12, 2027

October 14, 2027

December 9, 2027

Parking at Ohr Shalom can be accessed in the Merrill Gardens garage on 2nd Ave.

At Temple Emanu-El

6299 Capri Drive, 92120:

November 12, 2026

January 14, 2027

March 11, 2027

May 13, 2027

July 8, 2027

October 9, 2027

November 11, 2027

Parking allowed in the Emanu-El parking lot.

For more information and to participate, please contact Sara at (619) 890-9730.

Please scan the QR code and complete the form with your information to register for the group (for security and so that you can be contacted with any changes to the schedule).



There is no cost to participate.

Space is limited and your participation must be approved prior to attending.

Note: outside food cannot be brought into the Synagogue. Tea, coffee, and water as well as cookies will be available at each session.

If you wish to stay for the Ohr Shalom Online Minyan starting at 6:15pm, a computer will be provided for you. Please let Ohr Shalom staff know ahead of time.



RABBINIC INTERN

Lily Gross
Rabbinic Intern

The Calm After the Storm

October arrives as the climax of our High Holidays begin to simmer down. We get a last taste of *z'man simchatainu* - the time of our joys - with the final few days of Sukkot and Simchat Torah. As the month with the most holy days in our Jewish calendar, Tishrei is full of energy! With the blasts of the shofar our souls are awakened, with the long days in synagogue our fellowships are renewed, and with the dwelling in our sukkot we are pushed out of the comfort of our roofs to delight in the natural world.

It makes sense that as we close out the epic and busy Tishrei we settle into the quiet month of Cheshvan. Cheshvan is one of the only months in our calendar that has no holidays at all. After the extroverted push of Tishrei, we are offered a quiet month to sit with all that the holidays brought up for us.

October feels like the real shift into fall to me. In the passing of the equinox, the days begin to get darker and we naturally begin that inward process. During Shemini Azteret we recite *Tefilat Geshem* - the prayers for rain - where we officially change the words within the Amida to "*mashiv ha-ruach u-morid ha-gashem*" asking for the winds to blow and the rain to fall. In Cheshvan we officially shift into the rainy season, just as October is our first full month of fall.

As we enter this turning of the seasons, I want to invite us into the slowness that both our Jewish and secular calendars offer to us. May we each find time to integrate all that the Tishrei holidays offered us to help make 5787 a wonderful year ahead. Shanah Tovah!



RABBINIC EXTERN

Lisa Goldberg
Rabbinic Extern

The Questions We Carry

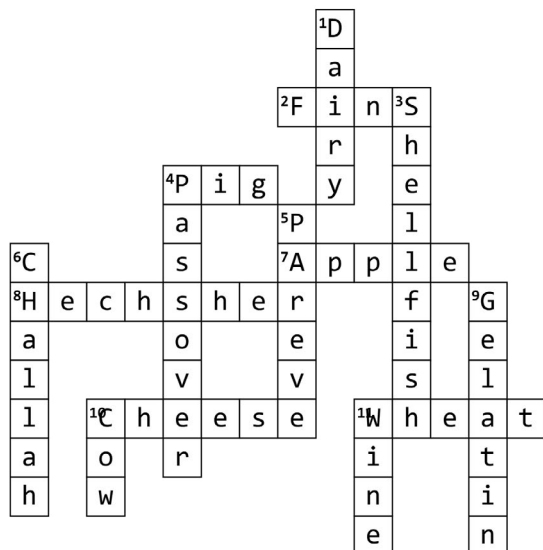
When I was a teenager in a class at my synagogue, my childhood rabbi, Z"L, gave us a simple, yet perplexing prompt. He told us to pretend he was G-d and then ask him anything we wanted. It was not done as an act of grandiose, but rather as an exercise to get us to think about the "big questions" that we had. Once we had finished laughing (!!!), the questions were deep and powerful—the meaning of life, why bad things happened in the world, what happened after death, among others. After we had all had a turn, he began a lesson and did not even bother to answer our questions. Rather confused, we asked him why he was not answering us and he said G-d did the same thing sometimes. He knew our questions but did not answer. We had to find the answers ourselves. It was brilliant. And, decades later, I still remember that lesson.

As I am on the path to becoming a rabbi myself, it is humbling to know that I will never have all the answers. Nor should any of us. We are on a great quest with the Torah, Talmud, Responsa, and Commentaries to guide us. Our tradition is so rich because we have these endless places to turn and look for answers. We just have to have the desire to go find them! A perfect holiday awaits us.

Simchat Torah reminds us that our learning is never finished. Just as soon as we complete reading the book of Devarim (Deuteronomy), we begin again with Beresheet (Genesis) and the story of creation, reminding us that our own story is continuously being written and there is still much more to read, learn, and experience. Even if we have read the same stories hundreds of times, we gain something new each and every time. I look forward to learning with you as we all seek those answers together.

CROSSWORD ANSWERS

Kosher Diet





ADULT EDUCATION

Evette Weiss
Adult Education



Adult Education: Speaker

Sunday, October 18, 10:30am
in person at Ohr Shalom



Robert Hicks, Assistant Regional Director
speaks on antisemitism



פרשת השבוע עם מפרשים

Weekly Torah Portion with Traditional Commentaries

with Rabbi Scott Meltzer On Zoom

Wednesdays, 5:30pm-6:15pm
Beninng October 7

Read the weekly Torah portion (עובשה תשרפ) through the eyes of traditional commentators (משרפמ). Prepare for minyan on Wednesday nights by being introduced to a variety of Traditional commentators and what they taught about the Torah. Ready to meet and learn from Rashi, Rambam, Ramban, Ibn Ezra and others? See you on Wednesday nights beginning with Parashat Bereishit

What is Conservative Halakhah ... and Who Decided?

with Rabbi Scott Meltzer

Thursdays, 7:00pm-8:30pm On Zoom

The coming year will be the 100th anniversary of the "Committee on Jewish Law and Standards (CJLS)." Join us one Thursday night each month to study the history of the CJLS. How does it make its decisions and how do those decisions



affect Conservative Jews, rabbis, and synagogues? And then, we will study key decisions (responsa) of the CJLS: Who "counts" as a Jew? Gender and Gender Identity and Judaism? Sexuality and Judaism? Capital punishment? Abortion? And much more. Those who attend the classes will help decide which issues and decisions we will study.

October 8
November 5
December 3
January 7

February 4
March 4
April 1



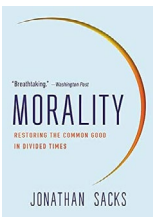
Fridays, 12:00pm

On Zoom

starting October 9

**Morality: Restoring the
Common Good in Divided
Times** by Jonathan Sacks

Rabbi Jonathan Sacks examines today's crisis of democracy, social division, family life, and rising despair, arguing that it stems from the loss of a shared moral code and the prioritization of self-interest over the common good. Tracing the history of morality from ancient Greece to the present, Sacks argues that there is no liberty without morality and no freedom without responsibility. He offers an inspiring vision for rebuilding a shared moral foundation and facing the future with hope.

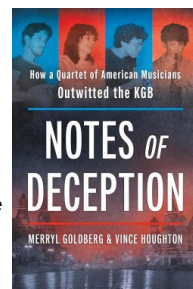


Sunday, December 6,
10:30am in person

**Notes of Deception: How a
Quartet of American Musicians
Outwitted the KGB – The Untold
Russian History of a Daring Cold
War Mission**

by Merryl Goldberg & Vince Houghton

In 1985, four musicians from the Klezmer Conservatory Band secretly smuggled intelligence in and out of Moscow by encoding information in their sheet music. Under KGB surveillance, saxophonist Merryl Goldberg devised the ingenious musical cipher. Goldberg and Vince Houghton of the National Cryptologic Museum now reveal the remarkable story of this daring Cold War mission.



ADULT EDUCATION

And the Story Goes On...

Meeting the Biblical Text with Ruti Levy

Thursdays 10:00am-12:00pm at Ohr Shalom

Class starts Thursday, October 8, 2026 for 13 weeks **Fee: \$250**

We keep reading **the Torah** year after year. We have been listening to it, wondering about it, learning, questioning, carrying thoughts and feelings about it from way back.

But have you ever wondered what happens **after** the Torah?

The Torah ends at the edge of the Promised Land. Moses is dead. The people who left Egypt have become a new generation. And then?

Yes, you probably know something about what comes next. Names, stories, and fragments are scattered through our Jewish memory: Joshua and the walls of Jericho; Samson; Samuel; Saul and David; Solomon and the Temple. We know some of the pieces. Fitting the pieces together and keeping them straight – that's a bit more difficult.

This is an invitation to explore the **rest of Tanakh**, beginning with the books traditionally called *Nevi'im Rishonim*—the Former Prophets: Joshua, Judges, Samuel, and Kings. We call them "The Historical Books". Are they?

We will read in English. I will guide you to better understand Hebrew words, roots, phrases, verses that help move the stories along. We will ask questions. Lots of questions.

Our long tradition of reading Tanakh encourages us to ask and accept different answers that may lead to more questions. The Torah does not end the story. It brings us to the Jordan..... **Let's cross it and see what happens next.**

We will read Robert Alter's translation of the TaNaKh – you should have a copy of the book, **The Hebrew Bible** in three volumes or the **Kindle Edition**.



JPS Hebrew-English TANAKH תנ"ך will be our companion in class.

Interested? Register and pay with
Ohr Shalom Office, office@ohrshalom.org.
Questions? Contact Ruti at ruth77@gmail.com

OHR SHALOM WELLNESS

Meditation

Tuesday Evenings, 7:00-7:30pm

Alex van Frank, C-IAYT, is holding a post-minyan meditation group.

- Lower blood pressure • Less anxiety • Lower stress levels
- Deeper relaxation • More feelings of well-being



Zoom: <https://us02web.zoom.us/j/82805583843>
Meeting ID: 828 0558 3843

**We will not meet
Oct. 20, 27 or Nov. 3**



Ohr Shalom Business Directory (OhrList)

Introducing the **Ohr Shalom Member-to-Member Business Directory - OhrList!** It's an opportunity for Ohr Shalom congregants to let each other know about business services they can provide. It's a way for congregants to connect without the need for advertisements or schmoozing at the shul.

OhrList - it's your list! This is only for congregants; please no outside companies. If you're looking for a CPA, attorney, computer maven, dentist, contractor, elder care, pet sitter, etc. and would like to connect with a fellow member, **take a look at the directory at bit.ly/4yMS1uP**. There will be separate pages for licensed professionals, other home and personal services, and student provided services.

No likes, upvotes, or stars - but if you've satisfactorily used the services of a fellow congregant on the list, let the business directory know and we'll add a check mark of acknowledgment.

Ohr Shalom members - if you personally own, provide, or otherwise work at a business and would like others to know about it, please provide the information below to businessdirectory@ohrshalom.org. **OhrList** will be a live GoogleSheet for view only and updated regularly.

Company name:

Specific service offered:

Website link:

Other social media link:

Ohr Shalom congregant name:

Preferred contact phone number:

Preferred contact email address:

Other contact information:

Please note: The Ohr Shalom Member Services Directory provides a listing of services for informational purposes only. Ohr Shalom does not endorse, guarantee, or take responsibility for the accuracy, reliability, or quality of the services provided by the listed entities. All listed parties are independent contractors/companies, and any engagement is solely between you and them. Ohr Shalom disclaims all liability for any damages arising from the use of this directory.

**Susie Meltzer**
Israel Desk

Weizmann Institute: A Legacy of Discovery, Innovation, and Resilience

The Weizmann Institute has been in the news lately. They have completed major re-construction of research facilities, infrastructure, and campus housing devastated during an Iranian missile attack last summer. Also, Ada Yonath, a renowned Weizmann chemistry scientist, passed away. She was the first Israeli woman to receive a Nobel prize.



I wondered, what is the Weizmann Institute, and why is it so important to Israel? For the answers, I asked my niece in Israel, Sandy Cash, a science writer at Weizmann, to help. Here are some extraordinary facts about the Institute's place in Israel.

The Weizmann Institute was founded in 1934, before the 1948 establishment of the State of Israel. Located in Rehovot, Israel, just south of Tel Aviv, its story begins with Chaim Weizmann, a brilliant organic chemist, Zionist leader, and later Israel's first president. From modest beginnings, the Weizmann Institute has grown into a multidisciplinary institution employing 3,800 researchers, postdocs, and students, focusing exclusively on postgraduate education and research in the natural and exact sciences.

It has evolved into a powerhouse of global groundbreaking contributions in physics, medicine, computer science, agriculture, and beyond. Its prestige extends far beyond academic prestige; the Institute embodies the Zionist vision of building a nation rooted in knowledge and innovation.

From the beginning, the Institute has been a trailblazer in technology. For example, in 1955, the Weizmann Institute launched the first electronic computer built in Israel, and one of the earliest in the world.

Weizmann scientists have pioneered major health breakthroughs, including being the first to discover that cancer could develop in stages, also revealing detailed information about specific cancers such as those located in the tissues of the lung, breast, and prostate.

In agriculture, scientists pioneered disease-resistant

cucumbers, high-yield wheat, and beta-carotene-producing algae, turning basic biological research into solutions for global food and health security.

The Institute for Environmental Sustainability fosters interdisciplinary collaboration in areas of climate research, biodiversity, renewable energy, marine science, environment and health, and sustainable materials. In 1989, the first solar tower in Israel was built on campus.

From its inception until 2024, around 120 startup companies based on Weizmann Institute research and technologies were founded. In 2022, products based on Institute research generated global sales of over \$23 billion.

The Institute has always seen itself as a contributor to Israel's social and scientific infrastructure. From youth science camps to mentorship programs for immigrants from the former Soviet Union, the Weizmann Institute has helped build not only the scientific community but also the fabric of Israeli society.

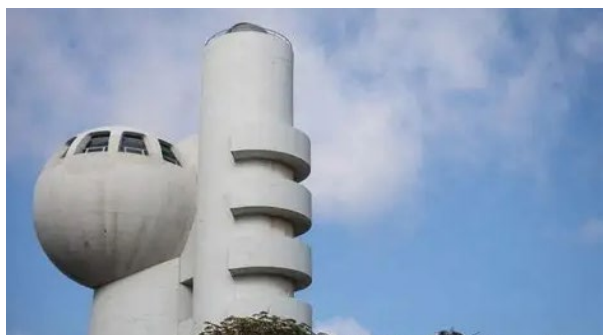
Its faculty and alumni are also deeply embedded in the nation's public life, with many serving in leading roles in defense, policy, and academia.

The Weizmann Institute's scientific excellence is recognized worldwide. It was ranked second globally for research quality by the *Nature* Index in 2019 and has consistently placed in the top 25 categories such as most cited publications and patents awarded.

The symbol of the Weizmann Institute is the multi-branched Ficus tree – an apt metaphor for an institution whose roots run deep, whose branches stretch across disciplines, and whose fruits have nurtured medicine, technology, and culture.



Chaim Weizmann, First president of the State of Israel and founder of the institute



The futuristic particle accelerator building at Weizmann Institute

**CAN YOU SPARE AN HOUR
FOR OHR SHALOM?**

VOLUNTEER TO SERVE AS AN USHER.

Contact Beth Flowers, 505-205-3843 (text, Whatsapp, phone) or usher1@ohrshalom.org.



Please re-register your Ralphs Membership Rewards and you will be donating to Ohr Shalom each time you use your Ralphs card.

Even if you have already registered in the past, you will need to re-register for the new term online or by using the scanbar letter at the register. Please, register online by going to the website: www.ralphs.com.

You will need our NPO #80745.

For more information, call the Synagogue office at (619) 231-1456.

COMMUNITY EVENT

Mark Siprut, Ohr Shalom member and photographer



(S)LIGHT OF HAND 2026

**THE PHOTOGRAPHER'S EYE
SEPTEMBER 12-OCTOBER 31**

326 EAST GRAND AVE, ESCONDIDO, CA

COMMUNITY EVENT

Joan Jacobs Signature Brunch



A conversation with

Marlee Matlin

Actor, Advocate, Trailblazer

Brunch Chairs: Elissa Davis, Daryl Gelender, Sally Shaps

**A Conversation with Marlee Matlin:
Actor, Advocate, Trailblazer**

Jewish Family Service of San Diego proudly presents the *Joan Jacobs Signature Brunch*, a meaningful gathering celebrating resilience, empowerment, and community. Named in memory of visionary philanthropist Joan Jacobs z"l, the Brunch honors her enduring commitment to strengthening and supporting the San Diego community.

Questions?

Contact Josh Lipsky, Senior Director of Development, Individual Giving

JoshL@jfsd.org or (858) 637-3034

Please state that you would like to be seated with the Ohr Shalom Synagogue group or contact Gillian at office@ohrshalom.org.

Scan QR code to purchase tickets.



Date: Sunday, November 1, 2026

Time: Brunch & Conversation
12:00-2:00pm

COMMUNITY TRAVEL OPPORTUNITY



TRIP TO ISRAEL

Pre-Trip: May 16-18, 2027

Main Journey to Israel: May 18-25, 2027

Optional Extension to Budapest: May 26-30, 2027

For more information go to: jewishinsandiego.org



LIFECYCLE EVENTS & THANK YOU FOR YOUR GENEROUS DONATIONS IN SEPTEMBER

SYNAGOGUE FUND

Allen and Toni-Diane Gruber
Eriberto and Stella Salzman
Jason and Rachel Schaperow

In memory of Michael Lazard

Gillian Argoff-Treseder
Louise Chandler

Andrea Luck

Lynn and Ivan Mendelsohn

Ray and Marcia Sachs

Mark and Elaine Smith

Marvin Yudkovitz and Judy Gaines

In memory of Cynthia Fox

In memory of Laurie Lovell

Steve Fox

In memory of Cecilia Sommer

Robert and Elena Kucinski

In memory of Abraham Horstein

Sheldon and Harriet Wolpoff

In honor of Ruth & Steven Shapiro's

60th Anniversary

Susan Kaplan

In honor of Rabbi Meltzer

"Go Padres"

Daniel Gold

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SIMCHAT TORAH

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We apologize for any omissions.

CONDOLENCES

It is with deep sadness that we inform you of the passing of **Michael Lazard Z'L** beloved brother of **Morris (Elizabeth Green) Lazard** and **Jack (Tina) Lazard**, beloved partner to **Karen Aster**.

Thank You To Our Volunteer Help in September

Ezra Shachar, Jeanne Peters,
Marci Prag and Matthew Razinsky

Today Rabah to our September Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Minyan Minute and Minyan Leaders

Jeanne Argoff	Eli Meltzer
Ilan Awerbuch	Susie Meltzer
Sherry Berlin	Ivan Mendelsohn
Steve Bernstein	Lynn Mendelsohn
Sue Brown	Phil Miller
Joe Castiglione	Rachel Millstone
Eti Chall	Amy Morris
Elisheva Edelson	Rocky Reid
Mendy Fisch	Al Shelden
Lou Green	Naima Solomon Bercovitch
Koba	Isaac Szmuiłowicz
Maria Gomez Laurens	Julio Szmuiłowicz
Rebecca Iden	Jonah Weinberg
Morris Lazard	Rabbi Cantor Cheri Weiss
Arik Legman	Dan Weiss
Jessica Lemoine	Springsong
Natan Lemoine	Cooper Weiner
Ruth Levy	Davin Widgerow
Melody Lewis	Rebecca Wollner
Rachel Lipowsky	Margalit Wollner
Nevo Magnezi	Marvin Yudkovitz
Jennifer Meltzer	Jane Zeer

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Contact Gillian
office@ohrshalom.org

TISHREI/CHESHVAN YAHREZITS AT OHR SHALOM



*Ana Kalinka	Brenda Bielas' Mother	1-Oct/20 Tishrei
David Mendelsohn	Ivan Mendelsohn's Father.....	3-Oct/22 Tishrei
Raquel Levitan	Marilyn Levitan's Sister.....	4-Oct/23 Tishrei
Ida Rosenzweig	Sherry Berlin's Grandmother	4-Oct/23 Tishrei
Dorothy Sevel	Remembered by Evelyn Sevel.....	4-Oct/23 Tishrei
Dorcas Escoffery	Yvonne Scarlett's Grandmother	4-Oct/23 Tishrei
Olga Meyers	Sara Zands' Sister.....	5-Oct/24 Tishrei
Rita Fordham	Jeanne Argoff's Mother, Gillian Argoff-Treseder's Grandmother ..	6-Oct/25 Tishrei
*Sylvia Solof Cohen	Susan Kaplan's Mother.....	6-Oct/25 Tishrei
*Emilia Groswirt	Gloria Talerma's Mother	7-Oct/26 Tishrei
Paul Schultz	Marcia Sachs' Brother	7-Oct/26 Tishrei
*Sheldon M. Golden	Remembered by Susan Kaplan.....	7-Oct/26 Tishrei
Sol Harold Levitt	Rayna Levitt's Father	8-Oct/27 Tishrei

* Denotes a memorial plaque was purchased in memory of a loved one. Contact office@ohrshalom.org to order a memorial plaque.



Fortunee Sportes	Remembered by Vida Sportes	8-Oct/27 Tishrei
Sara Limenes	Remembered by Ohr Shalom.....	8-Oct/27 Tishrei
*Hildeen Estelle Weber	Roberta Greene's Mother	9-Oct/28 Tishrei
Holly Schaffner	Jordan Schaffner's Sister	9-Oct/28 Tishrei
Harriet Weiss	Dan Weiss's Mother	9-Oct/28 Tishrei
Howard Weiss	Dan Weiss's Father	9-Oct/28 Tishrei
Susana Pro	Sara Artenstein's Sister.....	10-Oct/29 Tishrei
Charlotte Dantowitz Mostel	Linda Mostel's Grandmother.....	10-Oct/29 Tishrei
*Arthur Schor	Renee Schor's Father.....	12-Oct/1 Cheshvan
Dora Edelson	Elisheva Edelson's Mother	13-Oct/2 Cheshvan
*Ruth Sclar	Luis Maizel's Sister.....	14-Oct/3 Cheshvan
Abraham Broudy	Alice Broudy Cupples' Grandfather	14-Oct/3 Cheshvan
Laura B. Friedman	Evette Weiss' Mother	14-Oct/3 Cheshvan
*Bernard Greenberg	Laurie Slade's Uncle.....	15-Oct/4 Cheshvan
Rachelle Sittin	Carla Berg's Mother.....	15-Oct/4 Cheshvan
Robert Loevinger	Nancy Loevinger's Father.....	15-Oct/4 Cheshvan
*Martha Hartman	Remembered by Barbara Hartman	15-Oct/4 Cheshvan
*Albert Cohen	Eddy Cohen's Father, Remembered by Trudy Cohen.....	16-Oct/5 Cheshvan
Dyna Soberon	Sara Zands' Aunt.....	16-Oct/5 Cheshvan
*Lia Spivakova	Remembered by Ivan and Lynn Mendelsohn	18-Oct/7 Cheshvan
*James Swartz	Remembered by Ohr Shalom.....	18-Oct/7 Cheshvan
David Reitsky	Remembered by Al Shelden	19-Oct/8 Cheshvan
Adlyn Pick	Daniel Pick's Grandmother	19-Oct/8 Cheshvan
*Harriette Kay	Koba's Mother.....	19-Oct/8 Cheshvan
*Gizella Kluchin	Elaine Gottesman's Mother	20-Oct/9 Cheshvan
Milton Dickman	Jennifer Tuteur's Grandfather	20-Oct/9 Cheshvan
Beverly Schmier	Remembered by Ohr Shalom.....	20-Oct/9 Cheshvan
*Sara Phillips Platt	Julie Phillip's Sister	20-Oct/9 Cheshvan
Gussie Widgerow	Davin Widgerow's Grandmother	21-Oct/10 Cheshvan
Joseph Argoff	Remembered by Jeanne Argoff.....	21-Oct/10 Cheshvan
*Onelia Martinez Cochran	Ne'eman Melech's Mother	22-Oct/11 Cheshvan
*Fortunee Levy	Luna Keller's Mother.....	22-Oct/11 Cheshvan
Zelig Louis Mandel	David Mandel's Great-Grandfather	23-Oct/12 Cheshvan
Abraham Horstein	Harriet Wolpoff's Father.....	23-Oct/12 Cheshvan
*Lonnie Nesseler	Allyson Darroch's Husband.....	23-Oct/12 Cheshvan
Bella Braun	Sara Fainstein's Aunt.....	23-Oct/13 Cheshvan
Zena Mendelsohn	Ivan Mendelsohn's Mother	24-Oct/13 Cheshvan
*Roger Zouari	Remembered by the Bunton Family	24-Oct/13 Cheshvan
Aaron Starobin	Barrett Avigdor's Father	24-Oct/13 Cheshvan
*Lena Rosenfeld	Jerry Horn's Grandmother.....	25-Oct/14 Cheshvan
Louis Kaplan	Marilyn Levitan's Grandfather.....	25-Oct/14 Cheshvan
*Arnold Okin	Michael Okin's Father.....	25-Oct/14 Cheshvan
*Sarah Wright	Donald Wright's Mother	25-Oct/14 Cheshvan
Bashe Mirl Rozen	Remembered by Fay Rozen.....	26-Oct/15 Cheshvan
*George Greenberg	Laurie Slade's Uncle.....	27-Oct/16 Cheshvan
Rose Pascal	Jeanne Argoff's Grandmother.....	27-Oct/16 Cheshvan
Carol Levenstein Torelli	Catherine Spanbauer's Mother.....	27-Oct/16 Cheshvan
*Benjamin A. Weisman	Remembered by Joe Rubin	28-Oct/17 Cheshvan
*Manuel Shteremberg	David Shteremberg's Father, Remembered by Jose Zyman..	28-Oct/17 Cheshvan
*David Birnbaum	Remembered by Ohr Shalom.....	28-Oct/17 Cheshvan
Esther Penner	Barbara Hartman's Mother.....	28-Oct/17 Cheshvan
Richard Gottfried	Remembered by Ivan and Lynn Mendelsohn	29-Oct/18 Cheshvan
*Rafael Galicot	Jose Galicot's Father, Remembered by Sylvia Galicot	30-Oct/19 Cheshvan
Sanford Aaron Rose	Steve Rose's Father	30-Oct/19 Cheshvan
*Sumner Cohen	Jenni Cohen's Father.....	30-Oct/19 Cheshvan
*Alex Goldstein	Ellen Statman's Father	31-Oct/20 Cheshvan

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CALENDAR OF EVENTS OCTOBER-NOVEMBER 2026 / TISHREI-CHESHVAN 5787

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Sunday BRUNCH OCTOBER 4 after SIMCHAT TORAH SERVICE		BLOOD DRIVE Ohr Shalom Synagogue Sunday, October 11 9:00am-2:30pm 		1 20 Tishrei Sukkot 6 4:30pm - Religious School 6:15pm - Minyan	2 21 Tishrei Hoshanah Rabah 2:00pm - Office Closes 6:15pm - Shemini Atzeret Shabbat Service "Ask the Rabbi" 6:13pm	3 22 Tishrei Shemini Atzeret 9:30am - Shabbat Shemini Atzeret Service with Yizkor 5:30pm - Erev Simchat Torah 7:12pm Celebration
4 23 Tishrei Simchat Torah 9:30am - Simchat Torah Morning Service 12:00pm - Brunch 7:20pm	5 24 Tishrei 3:00pm - Men's Club Sukkah Takedown 6:15pm - Minyan 7:00pm - Choir Practice	6 25 Tishrei 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank	7 26 Tishrei 9:30am - Daf Yomi 5:30pm - Parshat HaShavua Im Meforshim (New Class) 6:15pm - Minyan	8 27 Tishrei 10:00am - Ruti's Class 4:00pm - Cancer Support Group 4:30pm - Religious School 6:15pm - Minyan 7:00pm - Responsa and the Conservative Movement	9 28 Tishrei 12:00pm - Slow Read Book Club Begins 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service 6:04pm	10 29 Tishrei Parshat Bereshit Mevarchim Chodesh 9:30am - Shabbat Service 10:30am - Tot Shabbat 12:30pm - Lunch & Learn 7:03pm
11 30 Tishrei Rosh Chodedsh Cheshvan 9:00am - Blood Drive 9:30am - Religious School 6:15pm - Minyan	12 1 Cheshvan Rosh Chodedsh Cheshvan 6:15pm - Minyan 7:00pm - Choir Practice	13 2 Cheshvan 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank 7:30pm - Ballot Measure Discussion with Jason Bercovitch	14 3 Cheshvan 9:30am - Daf Yomi 5:30pm - Parshat HaShavua Im Meforshim 6:15pm - Minyan	15 4 Cheshvan 10:00am - Ruti's Class 4:30pm - Religious School 6:15pm - Minyan 7:00pm - Men's Discussion Group	16 5 Cheshvan 12:00pm - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Shabbat Kehillatit Service & Community 5:56pm Dinner	17 6 Cheshvan Parshat Noach 9:30am - Shabbat Service 6:55pm
18 7 Cheshvan 9:30am - Religious School 9:30am - Ta'am Torah 10:30am - Adult Ed: ADL on Antisemitism 5:30pm - Men's Club Safe Parking 6:15pm - Minyan	19 8 Cheshvan 6:15pm - Minyan 7:00pm - Choir Practice	20 9 Cheshvan 6:15pm - Minyan	21 10 Cheshvan 9:30am - Daf Yomi 5:30pm - Parshat HaShavua Im Meforshim 6:15pm - Minyan	22 11 Cheshvan 10:00am - Ruti's Class 4:30pm - Religious School 6:15pm - Minyan	23 12 Cheshvan 12:00pm - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service 5:48pm	24 13 Cheshvan Parshat Lech-Lecha 9:30am - Shabbat Service 12:30pm - Lunch & Learn 6:47pm
25 14 Cheshvan 9:30am - Religious School 2:00pm - Beach Clean-Up 6:15pm - Minyan	26 15 Cheshvan 6:15pm - Minyan 7:00pm - Choir Practice	27 16 Cheshvan 5:00pm - Men's Club Happy Hour 6:15pm - Minyan	28 17 Cheshvan 9:30am - Daf Yomi 5:30pm - Parshat HaShavua Im Meforshim 6:15pm - Minyan	29 18 Cheshvan 10:00am - Ruti's Class 4:30pm - Religious School 6:15pm - Minyan	30 19 Cheshvan 12:00pm - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service with Choir 5:41pm	31 20 Cheshvan Parshat Vayera 9:30am - Shabbat Service 12:30pm - Lunch & Learn with Rabbi Goldberg 6:40pm
1 21 Cheshvan TURN CLOCKS BACK ONE HOUR 9:30am - Religious School 6:15pm - Minyan	2 22 Cheshvan 6:15pm - Minyan 7:00pm - Choir Practice	3 23 Cheshvan 6:15pm - Minyan	4 24 Cheshvan 9:30am - Daf Yomi 5:30pm - Parshat HaShavua Im Meforshim 6:15pm - Minyan	5 25 Cheshvan 10:00am - Ruti's Class 4:30pm - Religious School 6:15pm - Minyan 7:00pm - Responsa and the Conservative Movement	6 26 Cheshvan 12:00pm - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi" 4:34pm	7 27 Cheshvan Parshat Chayei Sara Mevarchim Chodesh 9:30am - Shabbat Service 10:00am - Jr. Congregation 5:35pm