



OHR SHALOM SYNAGOGUE STANDS WITH ISRAEL

PARKING LOT: St. Paul's Community Care Center parking lot may **ONLY** be used **during services on Fridays and Saturdays** and at no other time. The entrance is on Third Ave. between Maple and Nutmeg Streets.



DAVAR MEGILLAH

JUNE 2026 • MONTHLY NEWSLETTER • SIVAN/TAMUZ 5786



Annual Congregational Meeting

Sunday, June 7, 4:30pm

Join us at **3:30pm** before the annual meeting for a talk on **Elephants with Dr. Fred Bercovitch, PhD.**



MEN'S DISCUSSION GROUP

**Thursday, June 18
7:00pm**

BALBOA PARK THE SAN DIEGO MUSEUM OF ART

Cafes and Cabarets: The Spectacular Art of Toulouse-Lautrec

Sunday, July 26, 3:30pm



Watch your mailbox for **Final invoices for membership year 2026.**



That Was So Yesterday ... Today is Here ... Tomorrow Will Yet Be

Rabbi Scott Meltzer



Last night, I threw out the first pitch at the Padres game. Oh my. That was remarkable. Between you and me, I haven't been that nervous in a long time. I was a little bit amped up, and let's just say the pitch may have been a little high.

I don't think throwing out the first pitch at Petco Park was really on my list of dreams to fulfill. There was a time that pitching at the Murph was, but that was in a previous century.

I was incredibly honored to be chosen to represent the community for Jewish American Heritage Night. Maybe that was the source of my anxiety? It was also very special that Jennifer was on the field with me. Everything good, I am beyond lucky to share with her.

Now it is the day after. Nothing stressful today. I get to look at photos from yesterday and respond to everybody who sent me well-wishes before and congratulations after. As well as a bunch of photographs and videos.

I like the day after. The excitement of the day was very special, but it seems to have flown by very quickly. The memory I will get to keep and cherish for a long time. Including sharing it with, and being razzed by family and friends.



Seems funny to juxtapose the events, but in just a little bit more than a week, we celebrated our intern's ordination, officially becoming Rabbi Brianah Caplan, the thirtieth anniversary of my ordination, and my first ever pitch in a big league ballpark — two of them major life milestones, and one just really cool.

What do all three have in common? As wonderful as the experience of each was, and each was wonderful, their significance is much greater as memories, moments that were transformative (at least two of them), and stories that will be repeated so long as anybody is interested in hearing.

I love this image of the peak moments of our lives — our wedding day, over twenty-six years ago, was a great day. You know what has been even better? The twenty-six years and five months

Continued on page 5



WORDS FROM THE PRESIDENT

Marvin Yudkovitz
President

10 Days of Fun, Heartbreak, and Celebration at Ohr Shalom

During the end of April and the first few days of May of this year, many of us at Ohr Shalom experienced a wide range of emotions, activities, and observances. I know that many of our Ohr Shalom congregants participated in one or more of these activities, and some of us, all of them. For those of you who were at the third annual weekend Marston camp retreat, or attended the funeral and/or Shiva for Alain Avigdor z"l, or attended the May 3rd centennial rededication ceremony or Lights of Ohr Shalom Gala, you know what I am talking about. For others of you, I want to share some of my experience with what occurred. As you read through this, I am hoping that what comes across is this is how Ohr Shalom continues to be the religious, spiritual, and social center of many of our lives. These three events exemplify what a sacred community is, and what a source of support it can be.

First the Fun. After months of planning, 42 of us (including 9 children) headed out to Julian to attend the **weekend retreat at YMCA Camp Marston**. Prior to arriving at the camp, I went on an optional hike with some of our Ohrzennials to Santa Isabel West. Thanks to them for putting up with me, and to Miriam Plotkin for waiting in the

car. We held our Kabbalat Shabbat services with a lot of singing and joyfulness. Those who had been on previous retreats experienced a sense of re-connecting, while those at their first experienced the joy of sharing in a new magical moment. Friday night dinner featured a wonderful fish taco spread (as a change from our previous chicken dinners) prepared at the Synagogue and transported to the Camp. The evening consisted of activities for different age groups, singles, and families. All day Saturday, and Sunday morning, rounded out the weekend with lots of time to sit and talk, various activities, religious services, study sessions and discussions, and of course the Saturday night Talent Show. During the weekend, comments I heard from the children was the fun of being together, all the games and activities, and of course the Hot Chocolate! Adults enjoyed the sense of community, serious discussions and study, and games. A little rain only enhanced the *ruach* we all felt with more singing and some dancing. Speaking for myself – I know what I most enjoyed was getting out in nature, going for walks, and getting to know some of the attendees better. Thanks to all of the participants during the weekend, and a special thanks to the co-coordinators:

Rebecca Wollner and Becky Zipp.

Now the heartbreak. Two days after the conclusion of the Retreat, on April 28, we were informed of the **passing of Alain Avigdor z"l**. Alain had gone into the hospital the previous week for a surgical procedure, developed a blood infection, and after measures were taken to return him to health, he passed away. Hopefully many of you had the opportunity to get to know Alain. With his infectious smile, always a twinkle in his eye, his caring and continuous love for his family, and his commitment to Ohr Shalom, he was a wonderful man who will be sorely missed by family and friends around the world. Alain served on our Board of Directors as the Chair of the Security Committee for the past two years. He quickly got involved in the Synagogue routines and frequently talked to me about how "included" he felt. During this short time as Security Chair, he led us in making many significant changes in our Synagogue security. He also identified future plans for increased safety for all of us. Although unfortunately he won't be with us to see those changes made, I believe his spirit will continue to live within all of us who got to know him, and these plans will come to fruition. We will miss him greatly. Many of

Continued on page 7

OHR SHALOM STAFF

Scott Meltzer, Rabbi rabbi@ohrshalom.org

Gillian Argoff-Treseder - Executive Director office@ohrshalom.org
Maggy Dujowich - Religious School Principal principal@ohrshalom.org
Michelle Gurr-Barbour - USY Youth Director usy@ohrshalom.org
Melanie Rubin - Membership Special Projects assistant@ohrshalom.org
Andrea Luck - Graphic Design graphics2@ohrshalom.org
Rene Beiza - Custodian

COMMITTEE CHAIRS

Adult Education - EVETTE WEISS evetteweis@aol.com
Building & Grounds - STEVE ROSE steverose@san.rr.com
Chesed/Community Caring - AVIVA ROSENBERG chesed@ohrshalom.org
Community Connect - JESSICA LEMOINE jessicasontag.lemoine@gmail.com
Development/Dor L'Dor - JONAH WEINBERG jonahbw@gmail.com
Membership - ALEX VAN FRANK membership@ohrshalom.org
Religious School - SPRINGSONG COOPER WEINER parent-rep@ohrshalom.org

OHR SHALOM BOARD OF DIRECTORS

President - MARVIN YUDKOVITZ president@ohrshalom.org
VP Administration - AL SHELDEN vpadmin@ohrshalom.org
VP Finance - RAY SACHS 3raymar@gmail.com
VP Long Range Planning - RUBEN ROSENAL planning@ohrshalom.org
Secretary - NAIMA SOLOMON secretary@ohrshalom.org
Treasurer - JOY HEITZMANN office@ohrshalom.org
Imm. Past President/Special Projects - LYNN MENDELSON mendelynn0511@gmail.com

Ritual - PHIL MILLER ritual@ohrshalom.org
Security - OPEN
Social Action & Sustainability - DAVIN WIDGEROW socialaction@ohrshalom.org
Special Programs - SHOSHANAH F. STERNLIEB shoshanahfs@gmail.com
Youth Programs - DAVID KOCHMAN d.kochman@gmail.com
Sisterhood President - ETI CHALL sisterhood@ohrshalom.org
Men's Club President - AARON LIPNER mensclub@ohrshalom.org



OHR SHALOM'S SHABBAT SERVICE SCHEDULE

Services are in person and on [Zoom](#)

Friday	June 5	6:15pm	Shabbat Service "Ask the Rabbi"
Saturday	June 6	9:30am	Shabbat Morning Service
		10:30am	Tot Shabbat with Jennifer Meltzer
		12:30pm	Lunch & Learn
Friday	June 12	6:15pm	Kabbalat Shabbat Service
Saturday	June 13	9:30am	Shabbat Morning Service
Friday	June 19	6:45pm	Shabbat at the Bay
Saturday	June 20	9:30am	Shabbat Morning Service
Friday	June 26	6:15pm	Kabbalat Shabbat Service with Choir
Saturday	June 27	9:30am	Shabbat Morning Service



PARSHIYOT & CANDLE LIGHTING June 2026

PARSHAT BEHA'ALOTCHA

21 Sivan - Candle Lighting: 7:36pm
Fri: June 5
Sat: June 6
Torah: Numbers 8:1-12:16
Haft: Zechariah 2:14-4:7

MEVARCHIM CHODESH PARSHAT SHELACH

28 Sivan - Candle Lighting: 7:39pm
Fri: June 12
Sat: June 13
Torah: Numbers 13:1-15:41
Haft: Joshua 2:1-24

PARSHAT KORACH

5 Tamuz - Candle Lighting: 7:41pm
Fri: June 19
Sat: June 20
Torah: Numbers 16:1-18:32
Haft: I Samuel 11:14-12:22

PARSHAT CHUKAT-BALAK

12 Tamuz - Candle Lighting: 7:42pm
Fri: June 26
Sat: June 27
Torah: Numbers 19:1-25:9
Haft: Micah 5:6-6:8

Ask the Rabbi



Friday, June 5, 6:15pm

The Questions You've Always Wanted to Ask



FAMILY TOT SHABBAT

Saturday,
June 6, 10:30am

with
Jennifer Meltzer



Kabbalat Shabbat

with the *Ohr Shalom Choir*

Friday, June 26, 6:15pm



Ohr Shalom Choir

Join us in welcoming Shabbat with the
Ohr Shalom Choir through beautiful, uplifting music.



Ohr Shalom Choir

Ohr Shalom Choir Practice

Mondays, 6:45pm
Ohr Shalom and ZOOM

June 1, 8, 15, 22, 29

This Summer..... SAVE THE DATES

Shabbat AT THE Bay

FRIDAYS, JUNE 19 | JULY 17 | AUGUST 14

6:45PM | KABBALAT SHABBAT SERVICE



Come early and bring your
own dairy/pareve dinner



PLAYA PACIFICA - MISSION BAY PARK

Playa Pacifica Park in Mission Bay Park: 1-5 to Exit 22.
Clairemont Drive/Mission Bay Drive. Drive west towards
the bay. Turn left (south) on East Mission Bay Drive.
Drive 0.2 miles and turn right into parking lot.
We will be near the blue-roofed gazebo.

(The Hilton Hotel is south of our gathering.)



Don't forget
YOUR FOLDING CHAIRS & BLANKETS!



CALENDAR STORIES 2025-26

Lynn Mendelsohn

Imm. Past President/Special Projects

The page facing the grid for June on the 2026 Ohr Shalom calendar is all about Cookies! Marvin Yudkovitz has remembered his mom with Dotty Yudkovitz's Filled Cookies and Rebecca and Margalit Wollner submitted the recipe for Marcia Wollner's Cookie Pie. Harriet Wolpoff noted that she routinely thrills her grandkids with her Bubbe Cookies.

When Aviva Rosenberg sent in her recipe for Tahini Cookies, she made a great observation:

Once you open the jar of tahini you need to use it before it dries out or separates too much. Cookies are great for using it up efficiently and not letting the tahini go to waste.

Aviva's recipe makes delicious cookies. But my own long and sorry history as a waster of tahini got me wondering what additional tahini desserts might be possible. I checked online, and here are a few ideas with links:

Chocolate Tahini Brownies.

<https://junandtonic.com/blog/tahini-brownies>

Following the lead of many food bloggers, Jun and Tonic have adapted Yotam Ottolenghi's brownie recipe, which includes Halvah (though this one leaves it out). The Halvah one can be found at <https://ottolenghi.co.uk/pages/recipes/tahini-halva-brownies>.



Tahini Coffee Cake. <https://mightysesameco.com/tahini-coffee-cake/>

A simple recipe, made with lots of honey.

Vegan Tahini Cookies with Molasses.

<https://www.allrecipes.com/recipe/260199/vegan-tahini-cookies/>

This recipe uses spelt flour, which can be purchased at Sprouts and Pavilions. The site includes a nifty video to demonstrate how to shape the cookies.

New York Times Tahini and Chocolate Chunk Cake.

<https://cooking.nytimes.com/recipes/775762235-tahini-and-chocolate-chunk-cake>

This sheet cake recipe substitutes vegetable oil and tahini for butter.

Enjoy!

Annual Congregational Meeting

Sunday, June 7, 4:30pm

Our **Annual Congregational Meeting** is a gathering for all members to connect, reflect on the past year, and look toward the future of Ohr Shalom Synagogue. During this time, we provide a clear overview of the Synagogue's financial health and share updates on our latest programs. It is your opportunity to stay informed, ask questions about the continued growth of our sacred home.

Join us at **3:30pm** before the annual meeting for a talk on **Elephants with Dr. Fred Bercovitch, PhD.** He is a wildlife conservation biologist and Executive Director of Save the Giraffes, an adjunct Professor at Kyoto University and at the University of the Free State, South Africa. He has studied baboons in Kenya, rhesus monkeys in Puerto Rico, giraffes in Zambia and South Africa, wild dogs in Zambia, elephants in Botswana, koalas in Australia, and snow monkeys in Japan, as well as cheetahs, Nile lechwe, giraffe, koalas, elephants, bushbabies, and California condors in captivity. He has published a number of scientific articles, as well as contributing to San Diego Zoo's *Zoonooz* magazine, *Mongabay* and *USA Today*.



Refreshments will be served

MEN'S DISCUSSION GROUP

Thursday, June 18, 7:00pm

Topic: What are your hobbies and what hobbies would you like to try?

This month's meeting will be at

Mazara Trattoria

2302 30th Street

San Diego, CA 92104



We have secured a private space in this restaurant where we will meet, and of course eat and drink if desired. Men can also feel free to arrive early and eat before the meeting begins, or order and have the food as the meeting starts or progresses. We are hoping to make this our "permanent" meeting location if it works out, so please come by and give it a try.

For more information contact:

Robert Houston

bayfruitandherb@gmail.com





FROM OUR EXECUTIVE DIRECTOR

Gillian Argoff-Treseder
Executive Director

Journeys Aren't Always a SCHLEP

Sitting here a few days after Rabbi Caplan's ordination and a few days before my son graduates from high school, I'm reflecting on my journey as a daughter, mother, wife, friend, mentor, and Jew as I reach the beginning of my ninth year at Ohr Shalom. Each aspect of my life has had its own path, but ultimately, it's all one long, mostly beautiful journey that has led me here to this loving community.

I bring up schlepping because so many of us chose to drive up to LA to be with Rabbi Caplan to watch her be ordained; it was not a schlep, it was a blessing. Rabbi Caplan brought her warmth, spirit, knowledge, music, and kindness to us, and Ohr Shalom returned all of that with love, mentorship, and friendship. Twice a month she traveled to San Diego to be with us and share what she had

been learning. And twice a month, we embraced her teachings and helped her learn how to work with a diverse and inclusive community. I know I will be forever grateful for being on that journey with her.

Parents often joke/complain about having to schlep (tedious or unpleasant journey or task) their children to this class and that practice or to their friend's house or to see Bubbe and Zayde. However, in reality, it's not a schlep, it's a blessing. The car rides might be long, and you all might be hangry, but then you end up having a great time discussing the best place to get fries on the way home. Every little moment paves the way for the path we follow throughout our lives and the lives we help shape through friendship, mentorship, and parenting.

When my son was about to start kindergarten, my husband and I chose to "schlep" to Kavod Charter School. Both kids were there for their entire elementary and middle school experience because we felt that was the best path for them at the time. Sometimes, it did feel like a schlep not having them at the school down the street. But being at the Hebrew Charter School provided them with experience, love, and opportunities they would not have had otherwise. Now they are at the neighborhood high school and have made new friends, kept old friends and are ready for the next step in their own journey. The schlep was definitely worth it.

I'm still reflecting on what this transition means to me and how or if it will alter how I continue down my own path. Maybe, it's the beginning of a new journey.

WORDS FROM THE RABBI (CONT.)

since then. My rabbinic ordination was a sacred moment. You know what has been even better? The first thirty years of this crazy rabbinic adventure that I continue to find challenging and rewarding. (Thirty years, twenty-three of which as the rabbi of Ohr Shalom!.)

And the first pitch, well it may not have changed my life. I did not get a new title, a new career, or a new wedding band to wear. But I did get a new baseball and a wonderful story to share, anytime you want to listen!

Mazal tov to Rabbi Caplan. May she continue to grow מחיל לחיל, from strength-to-strength, and may she always remember, cherish and tell stories from her minor league career as our intern. We love you and look forward to watching the great things you will do.





SISTERHOOD

Eti Chall
Sisterhood Chair



What Jewish Life Understands About Change

June feels like a transitional month to me. School years end, summer begins to emerge, routines loosen, and people start thinking about what they want to change, improve, or finally get around to doing. And yet, if we're honest, most change is harder than we expect it to be.

We often assume change comes from willpower or discipline alone. We give advice easily, to ourselves, to our children, to friends: wake up earlier, be more patient, exercise more, spend less time on the phone, worry less. The advice itself is usually reasonable. The challenge is that human beings rarely change simply because they've been told something wise.

I recently found myself thinking about this while reading *How to Change* by Katy Milkman. One of the book's central ideas is that people succeed at change not because they suddenly become different people, but because they learn how to work with human nature instead of against it. Small adjustments matter. Environment matters. Timing matters. Habits form more easily when they are attached to rhythms and structures that already exist.

Jewish life understood this long before modern behavioral science gave it vocabulary.

So much of Judaism is built around structure, repetition, and habit. We pray at certain times, bless before and after eating, observe Shabbat weekly, revisit the holidays yearly. The calendar itself creates cycles of reflection and return. Rather than relying on inspiration alone, Jewish life assumes that consistency shapes us more reliably than intensity.

That feels especially relevant during this season between Shavuot and summer. Shavuot celebrates the receiving of Torah, but what strikes me most is that revelation itself is only one moment. The real challenge comes afterward, living in relationship with what we have received. Jewish tradition rarely focuses only on dramatic transformation. Instead, it emphasizes practice. Repetition. Returning again and again, even imperfectly. Growth mindset is built into every day. We study, we question and we cultivate awareness.

There's also something interesting about advice itself in Jewish culture.

We are not a tradition built on blind obedience. We question constantly. We debate. We argue across generations and across pages of Talmud. Advice is rarely presented as simple instruction; it becomes part of a conversation. That process matters because meaningful change usually requires ownership. People tend to resist being told what to do, even when the advice is good. But when reflection leads to personal insight, change becomes more sustainable.

I see this often in my own life and in my work with patients. Lasting shifts usually happen gradually. Not through dramatic overhauls, but through small patterns repeated consistently over time. Sleep improves little by little. Stress softens through accumulated practices. Healing often depends less on intensity and more on rhythm.

Maybe that's one of the quieter wisdoms within Jewish life: we do not become different people overnight. We become ourselves through repetition, through structure, through the habits we return to day after day.

Sisterhood
Ohr Shalom Synagogue



Please complete our [membership form](#) or the OS website. Contact Eti, sisterhood@ohrshalom.org, if you have any questions about joining the Ohr Shalom Sisterhood!

Ohr Shalom Calendar 2026-2027

#	Item	Price
___	Line Greetings	\$36
___	2.25" x 2.25"	\$75
___	4.5" x 2.25"	\$100
___	Month Sponsor (10" x 0.75")	\$300
___	Calendar Sponsor	Call Office

Sponsorship and advertising opportunities.

Contact office@ohrshalom.org

Celebrate

- Rosh Hashanah • Chanukah • Birthdays
- Anniversaries • B'nai Mitzvot • Weddings
- Advertise your business



MEN'S CLUB

Aaron Lipner
Men's Club President

Shalom from the Men's Club

Summer is here. The days are long, the weather is perfect, and Men's Club is off to the races.

Lawn Bowling at Balboa Park was a great success! A big thank you to Nathan Weiss for organizing the whole day. It was great having couples and friends there together. We are already looking forward to next year. Send your ideas for future events to mensclub@ohrshalom.org.



Join us for **Happy Hour** on **Thursday, June 18, 5:00-7:00pm** at the **Corner Drafthouse**. Open to all Ohr Shalom men. Come grab a drink and say hi. You can even fill out the membership form there.

Are you ready for some football?? This year, you could win the Men's Club Fantasy Football league and take home the top prize.

Never played before? No problem. Autodraft takes care of the hard part. All you need is a team name. We are already hearing whispers of the Shalom Shredders and Win Ohr Else. We need a commissioner too. First timers welcome. Email me at mensclub@ohrshalom.org.

More events are coming this summer and fall, including a day at the Del Mar races and a golf outing. Stay tuned.

Not a member yet? Fill out the form online and you will be the first to hear about everything.



The 1st Annual Men's Club Lawn Bowling was a great success. We got our 10 people minimum and hope to grow the participation each year.

Men's Club is open to all Ohr Shalom adult men. New to the synagogue or been here a while. Retired or raising kids. We have a spot for you.

Membership form: <https://forms.gle/e1oqajUwA9esogP48>

WhatsApp: <https://chat.whatsapp.com/Bg6JqQtwdSk20lQFBx7gO6>

Email: mensclub@ohrshalom.org

Have a wonderful summer. Hope to see you at the Corner Drafthouse on June 18.

FROM PRESIDENT (CONT.)

us were present at the funeral to say farewell, and at the residence to support the family during the shiva. My prayers go out to his wife Barrett, his two sons Alexander (Yasmin) and Harrison (Cali), and his sister Martine.

And then the Celebration. After over one year of planning, the establishment of four committees, and countless hours of emails, meetings, discussions, and writing and rewriting of documents, on May 3rd we held the **Centennial Rededication** of our building. We also held the **21st Annual Lights of Ohr Shalom** dinner and fundraiser on that day.

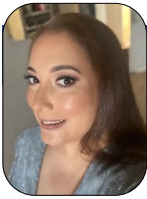
Since we could not use Zoom for the ceremony, we had it video recorded. Here is the link to access it: bit.ly/4fKwADp. If you were there, or have just looked at the video recording, I'm hoping that you can see what a deeply emotional and meaningful event it was. Starting with the San Diego Police Color Guard and Ohr Shalom Choir, then moving into acknowledgments and talks, segueing into Rabbi Meltzer's prayers and the unveiling of the new cornerstone to be installed, and ending with joyful and spirited singing it was truly magical. (Stay tuned for

notification when the new cornerstone is installed.)

After the ceremony, everyone present was invited into the courtyard for a cocktail hour. After that we held the Lights gala. The food was delicious, the paddle raiser was very successful, and the live auction brought in additional funds to the treasury. We had music during and after the dinner, and many attendees stayed to dance.

A huge thank you goes out to Lynn Mendelsohn, the overall Chair of the day's events and all four of the sub-committee members. Thanks to all of those people who contributed funds for the paddle raiser and live auction. Thanks to Neal Chazin for his generosity and wonderful clarinet playing throughout the evening. And a special thanks to Maria Laurens, Ray Sachs, and of course Rabbi Meltzer and Gillian Argoff-Treseder.

I'm hoping that this column encourages you to identify future Ohr Shalom activities and attend, participate, help arrange, or lead them as they are announced. See you there.



Aviva Rosenberg
Chesed Committee Chair

Chesed in India: Three Synagogues, One Legacy of Chesed

I recently took a trip to India and wanted to share about the three Synagogues we visited in Mumbai:



Tiphereth Israel, Magen David, and Keneseth Eliyahoo. Each synagogue is not only a special place, but also a living reminder of the values that have shaped the community, with Chesed, woven deeply into their legacy.

Tiphereth Israel Synagogue, in the Byculla neighborhood since the late 19th century, welcomes worshippers and visitors. More than simply preserving the customs of the Bene Israel Jewish tradition, this synagogue embodies Chesed through its commitment to hospitality, outreach, and support for those in need.

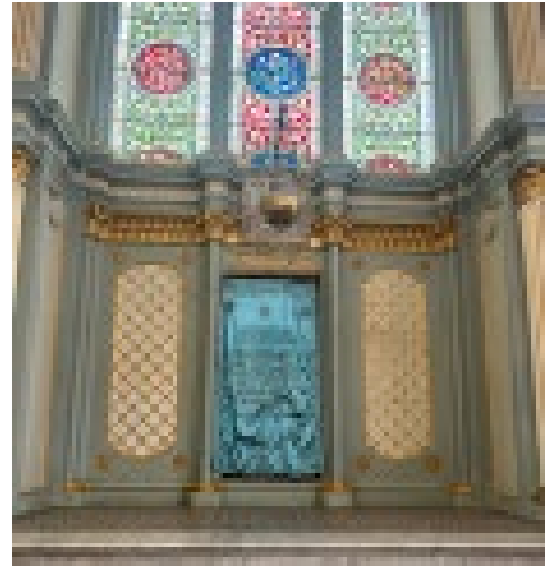
Bene Israel is one of the largest and oldest Jewish communities in India. Tracing their traditions to the Ten Lost Tribes of Israel.

Magen David Synagogue is one of the most prominent and historic synagogues in the city, located in the Byculla area. Built in 1864 by David Sassoon, a well-known Baghdadi Jewish philanthropist, the synagogue stands out with its Victorian architecture and blue exterior. The building features stained-glass windows, high ceilings, and a spacious prayer hall. It's currently under construction and a remodel. I only saw the outside and the school next door, where Jewish students attend.

Baghdadi is a distinct group of Jewish migrants and their descendants who originally fled persecution in Baghdad, Basra, and Aleppo in the late 18th century.

In Colaba area, the Keneseth Eliyahoo Synagogue established by the Sassoon Family, stands out with its turquoise walls and radiant stained glass. The second oldest Sephardic synagogue in Mumbai, the synagogue is a blend of Victorian, Indian, and Jewish architectural styles. Its recent restoration is an act of communal Chesed, bringing together people to safeguard a cherished landmark for future generations. The restoration earned a UNESCO Asia-Pacific Award for Cultural Heritage Conservation.

Ultimately, these synagogues are far more than architectural marvels or sites of worship. They invite all who enter to participate in a tradition of generosity, community service, and heartfelt hospitality.



Keneseth Eliyahoo Synagogue



Tiphereth Israel

CONGRATULATIONS GRADUATES!



Josh Treseder
Sam Eisenberg

Mira Mesa High School
UC Santa Cruz, PhD in Chemistry

San Diego State University
Seeking position in industry or academia
Going to University of Oregon

Benjamin Tzvi Rosenbaum **Point Loma High School**



NOTES FROM AN ECO YENTA

Allyson Darroch
Davar Editor

The Insurmountable Ick Factor

As a family the Slivowitzes take the bit in Genesis about keeping and protecting the garden quite seriously. They recycle, read the labels about no animal cruelty and responsible sourcing. They shop at farmers’ markets and get their vegetables from the local CSA. They avoid using plastic when they can, they go for bamboo instead of paper products. They had solar put in back when the state of California offered a tax break. There is just one aspect of all this eco-responsibility that no one in the household can really get behind. The GREEN BIN. Composting cut grass, dead leaves, even bouquets when they have wilted and turned stinky aren’t a problem. It’s the grim little bin in the kitchen, discreetly hidden under the sink for food scraps, left overs and vegetables well past the “eat by date.” The compost bin beckons, you can smell it three feet away and the contents, if you dare to look appear to be moving, the flies are having a field day. Meanwhile the black bin is filled. So what can be done? We all know that composting is very good for the planet but the process, to quote Tamar Slivowitz is “HELLA ICKY.”

But wait, Composting our organic waste ensures that the nutrients and organic matter are recycled back into our soil and does not end up in the landfill, where it would create methane, a potent greenhouse gas. According to the EPA, methane is 28 times more potent than carbon dioxide at trapping heat in the atmosphere, and an estimated 58% of methane emissions from landfills is from landfilled food waste. If you have a garden, don’t buy expensive fertilizers.



You can pick up free compost from the city.

Here are some tips that keep the “Ick Factor” down: save food scraps and food-soiled paper in a container in your refrigerator or freezer to put into your bin or dumpster on the night before or the morning of your organics pick-up day.

- Line the bottom of your container with newspaper, and wrap organics in a paper product such as a paper bag or newspaper to prevent residue and moisture in your container.
- Alternatively, layer yard trimmings together with your food scraps and food-soiled paper.
- Do not put any plastic lined paper products in your organics container. Do the tear test: if the paper tears easily, it can go in your green bin. If it sticks when you try to tear it, it contains plastic and must go in your trash.
- Do not put pet waste in your organics container; it should go in your trash.

See more information about the City of San Diego’s Organic Waste Recycling Program here: <https://organicwasterecyclesd.org/>

CROSSWORD PUZZLE

Across

4. What is the end product?
8. Process of redirecting waste from landfills.
9. Capable of being supported.
10. The planet we live on.

Down

1. Decayed organic material.
2. Gas associated with global warming.
_____ house
3. Where should you use compost dirt?
5. Place where living and non-living things interact.
6. Wiggly critters that help decompose compost waste.
7. Discarded or no longer useful material.

Icky



Answers on Page 16

CENTENNIAL CELEBRATION & LIGHTS OF OHR SHALOM





Todah Rabah for Your Centennial/Lights of Ohr Shalom Contributions

Jeanne Argoff
Gillian Argoff-Treseder & Mark Treseder
Michael & Linda Bennett
Sherry Berlin
Steven Bernstein
Geraldine Brech
Susan & Gary Brown
Doreen Casuto
Lauren Casuto
Jaysun & Eti Chall
Neal Chazin
Springsong Cooper & Daniel Weiner
Joel Davidson
Ludivine De Anda
Olga & Ilya Dumer
Fran Forman
Susan & Steve Freiman
Heidi Gantwerk & Andy Mayer
Toni & Don Goldstein
Judi Gottschalk
Alberto & Michal Hamui
Joy Heitzmann & Jack Cohen
Roberta & Norman Greene
Myrna Gurfinkel Bryant
Robert Houston
Todd Kaprielian
Russell Kranz
Koba
Dean Laurens & Maria Gomez Laurens
Morris Lazard & Elisabeth Green
Rich & Jessica Lemoine
Luis & Sally Maizel
David & Lisa Mandel
Allison Madwatkins & Walker Holland
Ivan & Lynn Mendelsohn
Jesse Mendelsohn & Anthony Porcelli
Rabbi Scott & Jennifer Meltzer
Rachel Millstone
Amy & Bill Morris

Gillian Moss
Linda Mostel
Jeremy Pearl
Daniel Pick
Raulf & Sharon Polichar
Valerie Polichar
Naen Ramos & Jason Brown
Elias & Valerie Razinsky
Vivien Ressler
Aviva Rosenberg
Ira & Diane Rubtchinsky
Nanette Sable & Lou Green
Ray & Marcia Sachs
Eriberto & Stella Salzman
Ruth & Steven Shapiro
Albert Shelden
Beth Shira
David & Reina Shteremberg
Catherine Spanbauer
Shoshanah & Geoffrey Sternlieb
Deborah Suissa
Isaac & Anita Szmilowicz
Julio Szmilowicz
Jennifer Tuteur & Frank Cairo
Stuart Weinshanker
Evette & Nathan Weiss
Stephanie Wells
Davin Widgerow
Eileen Wingard
Rebecca & Margalit Wollner
Marvin Yudkovitz & Judy Gaines
Enrique & Eva Zagursky
Samy & Sarita Zands
Jane Zeer
Rebecca & Daniel Zipp
Joellyn Zollman
Jose Zyman

We apologize for any omissions.



Thank You to Centennial Volunteers

Eti Chall
Maya Rich
Max Holston
Dean & Maria Laurens
Al Shelden
Beth Shira
Alex & Jeremy van Frank
Samy & Sarita Zands



Susie Meltzer
Israel Desk

Israel Friends: Protecting Israel Today and Rebuilding Tomorrow

Israel Friends is a successful, nonprofit network established by a few Americans with a love for Israel and a talent for delivering real-time technology. Their mission: to identify urgent needs of the defenders of Israel and produce fast, effective solutions.



Founded after October 7th, a group of experienced American entrepreneurs watched in horror as the news of the invasion in Israel unfolded. With their collective corporate backgrounds, logistics leadership, military service, and connections and relationships within the Israeli government and military, they understood what was needed to move critical aid under pressure.

They co-founded a new nonprofit, simply called “Israel Friends.” With decades of experience moving goods in high-stakes environments, including during COVID, they invested their own funds at the start to support those who defend Israel, providing life-saving aid across Israel including trauma care, protective equipment, and cutting-edge defense solutions. Like a private Amazon company, they brought unmatched speed and precision to crisis response by getting the right aid to the right people exactly when it matters most.

How? Their founding team are logistics and supply chain experts. Over time, through partnerships with trusted nonprofits, local organizations, and an expansive global network of supporters, they succeeded to deliver real-world impact by combining dynamic problem-solving with bold, out-of-the-box thinking to meet the most pressing challenges facing Israel’s heroes, first responders, and communities.

They could have simply donated to existing humanitarian organizations. However, in the early days of the war, as they witnessed soldiers’ needs changing constantly, they quickly realized that many sources lacked the agility necessary to support them effectively. Israel Friends’ ability to move quickly, remain flexible, and communicate with their colleagues and contacts in Israel allowed them to make a real difference and deliver essential aid in real-time.

In just two years, Israel Friends has achieved what many organizations take decades to build. The organization has delivered more than \$55 million and 500 tons of life-saving aid to Israel’s front lines, all while maintaining an overhead of less than 5%. *Their impact spans 25,000 cutting-edge 3D-printed pieces of equipment, 15,000 Individual First Aid Kits, 10,000 technology systems, and 36,000 hours of PTSD care.*

Today, Israel Friends is devoting more time, energy and resources to mental health initiatives – an urgent aspect of recovery that is often overlooked. One of their key partners is Healthy Mind, Israel’s leading telehealth psychiatric platform for PTSD and trauma care. Through this partnership, patients can receive treatment from licensed psychiatrists in just three days, compared to the national average wait of 6 to 9 months.

Throughout the last two years, Israel Friends has not wavered in its mission to protect, heal, and rebuild Israel. With the help of its friends throughout the United States and beyond, Israel will never stand alone. A remarkable accomplishment from a small American sector.

[Israelfriends.us/donate](https://israelfriends.us/donate)



(L-R) co-founders Amichai Gabai, Jordan Fried, David Malka

OHR SHALOM WELLNESS

Meditation with Alex van Frank

Tuesday Evenings, 7:00-7:30pm
Alex van Frank, C-IAYT, is holding a post-minyan meditation group.

- Lower blood pressure
- Less anxiety
- Lower stress levels
- Deeper relaxation
- More feelings of well-being



Zoom: <https://us02web.zoom.us/j/82805583843> Meeting ID: 828 0558 3843

Ask Alex about her Italy Yoga Retreat! Registration open NOW! Space very limited.



ADULT EDUCATION

Evette Weiss
Adult Education

CLASSES WITH RABBI MELTZER

Daf Yomi

Wednesdays, 9:30am

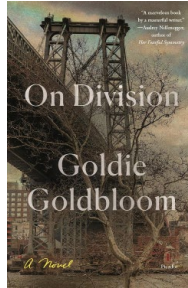
This weekly class discusses the pages of Talmud most recently covered.



Reading with the Rabbi: TBD

On Division by Goldie Goldbloom

Set in Brooklyn's Chasidic community, this powerful novel follows Surie, a grandmother whose life is shaken by a surprising pregnancy at 57. As she grapples with shame, secrecy, and change, she is drawn into a deeply personal journey of identity and self-discovery.

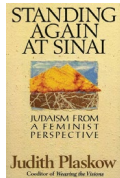


Slow Read Book Club:

Friday, June 5 at 12:00pm on Zoom

Standing Again at Sinai: Judaism from a Feminist Perspective

by Judith Plaskow



Conversational Hebrew with Elisheva Edelson

[Ohr Shalom Zoom Room Link](#)

"Hebrew, Biblical and Modern." What a privilege to be able to read the sacred texts, understand and reflect on those texts! What a privilege to embark on an adventure to speak, sing, read poetry, and understand it in modern Hebrew!

How do we pronounce it?

In many ways, depending on the language of the country where you were born and raised

Is it hard? Yes! It's a challenge.

Just one requirement: you must be able to read Hebrew. Give it a try!

**Tuesday nights at 7:30pm on Zoom
June 2 – Free Trial Class**

Registration and payment required to continue.

\$180 per person

Email Gillian to register: office@ohrshalom.org

**June 9, 16, 23, 30
July 7, 14, 21, 28
August 4**

(6 student minimum to run class)



BALBOA PARK
THE SAN DIEGO
MUSEUM OF ART

Join Marvin Yudkovitz for a tour of a very exciting art exhibition,

Cafes and Cabarets: The Spectacular Art of Toulouse-Lautrec



Sunday, July 26, 2026 3:30pm

This San Diego Museum of Art exhibition features about 50 works by Henri Toulouse-Lautrec. Learn why Toulouse-Lautrec's work is considered groundbreaking, as he immortalized the cabaret culture of *Belle Époque Paris* and revolutionized the art of the poster. Join Marvin as we view how Toulouse-Lautrec left an unforgettable image of the spectacle, people, and performers of turn-of-the-century Paris.

Let Marvin know if you want to attend by sending an email to president@ohrshalom.org specifying the number of attendees.

BALBOA PARK
THE SAN DIEGO
MUSEUM OF ART



Shanghai, Homeland Once Upon a Time Jewish Refugees and Shanghai

Sunday, July 19, 11:00am

This is actually before the museum is open, so it will really be a private tour!

Thanks to a fellow SDMA docent, Bob Stein, we have a unique opportunity to tour this special exhibition. The museum is located at 404 3rd Avenue, San Diego, CA 92101. There is a required minimum of attendees needed to conduct this tour. Once we know who wants to attend, we can consider arranging carpool for those interested.

Note: – there is an entrance fee of \$8 (\$6 for seniors).

Here is a video with Bob (and others) from the Museum website: <https://sdchm.org/current-exhibitions>

Please let Marvin Yudkovitz at president@ohrshalom.org know by July 12 if you want to join this tour, which should be very thought provoking and interesting.



RELIGIOUS SCHOOL

Maggy Dujowich
Religious School Principal



As we move into the month of June, our school doors may be closed for summer, but our hearts and minds are still very much open and active. While our students are enjoying a well-deserved break, we are busy behind the scenes preparing for another meaningful, joyful, and engaging school year ahead.

Summer is a special time, it gives us space to reflect on the past year, celebrate how much our students have grown, and begin dreaming about what's next. We are already planning new ideas, programs, and experiences to make the coming year even more exciting for our Ohr Shalom community.

One important part of our upcoming year is welcoming our new Shinshin, Shira. Shinshinim are young Israeli emissaries who bring the spirit, culture, and energy of Israel directly into our school. Hosting a Shinshin is a beautiful mitzvah and a unique opportunity to build a meaningful connection with Israel right in your home. If your family is interested in hosting Shira, we would love to hear from you. Email principal@ohrshalom.org



As you enjoy your summer whether traveling, spending time with family, or simply slowing down, we wish you days filled with rest, joy, and safety.

Have a wonderful summer, and we look forward to seeing you all again very soon.

Here is a fun game to keep you busy and learning!

SHABBAT TORAH. ISRAEL. PRAYER. HEBREW. MADRICH.
SHINSHIN. SUMMER. SUN. CAMP. FRIENDS. COMMUNITY.
LEARNING. HOLIDAY. MITZVAH. TEMPLE. SONG. DANCE FUN.
TRADITION

S U M M E R X Q F U N D A N C E Z T R
H E B R E W T O R A H S O N Y K L P A
I S R A E L P R A Y E R G C M W Q R D
N M I T Z V A H L E A R N I N G X O I
S H A B B A T C A M P O T T V S N T T
H O L I D A Y F R I E N D S B U R I I
I N O M M O C T E M P L E U X H M O O
N U S U N S O N G M A D R I C H E N N
C O M M U N I T Y A E R A O F S H D R
T R A D I T I O N R S E L N U G Q P S
L D A N C E H E B R E W R A N O T A U
E S H I N S H I N T O R A H Z M L Y M
A P R A Y E R F U N S U M M E R Q A E
R S H A B B A T I S R A E L V T D R R
N M I T Z V A H C A M P S U N B E I T
G Q W X Y Z L P O I U Y T R E W Q A S
M N B V C X Z A S D F G H J K L P O I
Q W E R T Y U I O P A S D F G H J K L



YOUTH GROUPS

Michelle Gurr-Barbour
USY Youth Director

Looking Ahead to Summer and Beyond

As we head toward summer, it's amazing to look back on another year filled with learning, laughter, friendships, and meaningful Jewish experiences for our youth and teens. While the school year may be winding down, this is actually one of the most exciting times for planning and dreaming about all that is ahead for next year's programming.



I would love to hear from you! If your children or teens have ideas for programs, social events, learning opportunities, volunteer projects, trips, or anything else they would enjoy, please send them my way. Some of our best programs have come directly from conversations with families and teens, and I always want our youth programming to reflect the interests and passions of our community.

Summer is also a wonderful time to stay connected in a more relaxed way. If a few families know they will be around the same weekends this summer, I would be happy to help organize casual hangouts, pop-up activities, park meetups, beach days, game nights, or other fun opportunities for kids and teens to spend time together. I'm very open to creative ideas and collaborations.

This season is truly a time for planning, building community, and thinking about what we want our youth experiences to look like in the coming year. Please don't hesitate to reach out by email anytime with ideas, suggestions, or if you would like to help brainstorm future programs. I'm excited for all that is ahead!

Please feel free to reach out to me at usy@ohrshalom.org.

Memorial Plaques

Memorial Plaques must be ordered by June 30

*to be installed on our Memorial Board by
Selichot on Saturday, September 5, 2026.*

*Each bronze engraved remembrance
plaque is available for **\$360.***

*Please complete the
order form located in
the eKol and email to
office@ohrshalom.org or
call (619) 231-1456 for
more information.*



The Community Trip to Israel- May 2027

In May 2023, over 220 members of our San Diego Jewish community joined Federation's inaugural **CommUNITY Trip to Israel**. From exploring historic sites to connecting with the local Jewish community and various local

leaders, the trip created lasting bonds and strengthened our collective Jewish identity.



Now, we're doing it again – but even bigger and better! We're planning another incredible journey to Israel for

May 2027, and we invite you to be part of this next chapter.

We're also offering an optional post-trip extension, with more exciting details to come.

Keep May 2027 open and get ready for an unforgettable experience with your San Diego community.

For more information, go to the Federation website at
<https://www.jewishinsandiego.org/thecommunitytrip2027/>

LIFECYCLE EVENTS & THANK YOU FOR YOUR GENEROUS DONATIONS IN MAY

SYNAGOGUE FUND

In memory of Francis Rottenberg

Stephanie Wells

In memory of Helen Horn

Jerry Horn

In memory of Rita Zemach

Marilyn Greene

In honor of Rabbi Brianah Caplan's Ordination

Sherry Berlin

Sheri Brown

Susie and Eli Meltzer

SHABBAT SPONSORS

Alice Broudy Cupples

Rabbi Ira Dounn & Shaina Ward

Aaron and Masha Lipner

Eileen Wingard

We apologize for any omissions.

Thank You To Our Volunteer Help in May

Jim Lewis, Debbie Suissa, Ezra Shachar, office volunteering.

Marci Prag and Matthew Razinsky, Shabbat Kehillatit Dinner

Today Rabah to our May Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Minyan Minute and Minyan Leaders

LeAnne Adams

Ilan Awerbuch

Steve Bernstein

Sue Brown

Rabbi Brianah Caplan

Eti Chall

Allyson Darroch

Elisheva Edelson

Mendy Fisch

Lou Green

Rabbi David Kaplinsky

Morris Lazard

Jessica Lemoine

Ruth Levy

Ariela Lipner

Rachel Lipowsky

Jennifer Meltzer

Eli Meltzer

Susie Meltzer

Ivan Mendelsohn

Lynn Mendelsohn

Phil Miller

Rachel Millstone

Rocky Reid

Al Shelden

Isaac Szmuiłowicz

Julio Szmuiłowicz

Jonah Weinberg

Springsong Cooper Weiner

Rabbi Cantor Cheri Weiss

Dan Weiss

Davin Widgerow

CONDOLENCES

Daniel (Judy) Gorinstein, Vicky (Elias) Agami and Alan (Lina) Gorinstein on the passing of their beloved mother **Thelma Gorinstein Z"L**, grandmother and great-grandmother.

Roz Berman on the passing of her beloved sister, **Shirley Soltz Z"L**.

MAZAL TOV

Aaron and Masha Lipner on the Bat Mitzvah of their daughter, **Ariela Lipner**

Rabbi Brianah Caplan on her ordination from **Ziegler School of Rabbinic Studies**.

SIVAN/TAMUZ YAHRZEITS AT OHR SHALOM

*Louis Greenberg	Laurie Slade's Grandfather.....	1-Jun/16 Sivan
Paul Pascal	Jeanne Argoff's Grandfather.....	1-Jun/16 Sivan
Stephen Jay Horrow	Remembered by Nathan Weiss.....	2-Jun/17 Sivan
*Menachem Conorte Maya	Simon Bielaz, Wolf Bielaz, Mina Cohen's Grandfather, Remembered by Fredy Bielaz.....	2-Jun/17 Sivan
Howard Mostel	Linda Mostel's Uncle	2-Jun/17 Sivan
*Jeanette Goldberg	Susie Meltzer's Mother, Rabbi Scott Meltzer and Brett Meltzer's Grandmother	3-Jun/18 Sivan
*Justin Keith Ressler	Remembered by Vivien Ressler.....	3-Jun/18 Sivan
Fernando Schottland	Debbie Pienknagura's Father.....	3-Jun/18 Sivan
Ana Grinberg de Zaidman	Aaron Zaidman's Mother	4-Jun/19 Sivan
Rita Zemach	Marilyn Greene's Mother	4-Jun/19 Sivan
Eva Zipp	Janice Zipp Cannizzaro and Elaine Smith's Aunt.....	4-Jun/19 Sivan
Bluma Chayet	Zack Chayet's Mother.....	5-Jun/20 Sivan
Moises Katz	Becky Margolis' Father.....	5-Jun/20 Sivan
Marion Pozen	Robert Pozen's Mother.....	5-Jun/20 Sivan
Nathaniel Wollman	Remembered by Alice Broudy Cupples.....	5-Jun/20 Sivan
Samuel Eichenbaum	Remembered by Joe Rubin.....	6-Jun/21 Sivan
*Ethel Sevaard	Remembered by the Polichars	6-Jun/21 Sivan
*Harold Luck	Andrea Luck's Father	7-Jun/22 Sivan
Arturo Popowski	Esther Zaidman's Father	7-Jun/22 Sivan
David Strom	Yale Strom's Father	7-Jun/22 Sivan
David Handelman	Sara Fainstein's Father	8-Jun/23 Sivan
Cecilia Munoz	Deborah Suissa's Aunt	9-Jun/24 Sivan
*Theodore Yudkovitz	Marvin Yudkovitz's Father	9-Jun/24 Sivan
Ronald Meltzer	Rabbi Scott Meltzer and Brett Meltzer's Father.....	10-Jun/25 Sivan
*Fizsel Sommer	Elena Kucinski's Father.....	11-Jun/26 Sivan
Maurice Algazi	Michel Algazi's Brother	12-Jun/27 Sivan

* Denotes a memorial plaque was purchased in memory of a loved one. Contact office@ohrshalom.org to order a memorial plaque.

SIVAN/TAMUZ YAHRZEITS AT OHR SHALOM



Elena Finkelberg	Jorge Finkelberg's Mother	12-Jun/27 Sivan
David Goldberg	Zack Chayet's Nephew	12-Jun/27 Sivan
David Kronich	Mark Chandler's Grandfather	12-Jun/27 Sivan
*Muriel Weinberg	Judy Gaines' Mother	12-Jun/27 Sivan
Frank Gross	Elaine Gottesman's Uncle	13-Jun/28 Sivan
Mollie Wachman	Janice Zipp Cannizzaro and Elaine Smith's Aunt	13-Jun/28 Sivan
Nomi Levy	Alberto Levy's Wife	14-Jun/29 Sivan
Louis Rubin	Joe Rubin's Father, Melanie Rubin's Grandfather	14-Jun/29 Sivan
Louis Cy Towne	Tamar Weissler's Father	15-Jun/30 Sivan
*Elliot Howard Feldman	Roberta Greene's Cousin	16-Jun/1 Tamuz
Bernie Miliband	Jared Solomon's Grandfather	16-Jun/1 Tamuz
*Nathan Artenstein	Sara Artenstein's Husband	17-Jun/2 Tamuz
Lena Reichler Grossman	Sherry Berlin's Grandmother	17-Jun/2 Tamuz
*Bud Phillips	Julie Phillips' Father	18-Jun/3 Tamuz
Sergio Rosental	Ruben Rosental's Brother	18-Jun/3 Tamuz
*Rene Sportes	Vida Sportes' Husband	18-Jun/3 Tamuz
Jerome Zulanch	Debra Meltzer and Jamie Meltzer's Father	18-Jun/3 Tamuz
Beckie Cutler	Amy Morris' Grandmother	19-Jun/4 Tamuz
*Diana Polichar	Raulf Polichar's Mother	19-Jun/4 Tamuz
*Reuben Shelden	Al Shelden's Father	19-Jun/4 Tamuz
Elsa Margolis	Mauricio Margolis' Mother	20-Jun/5 Tamuz
Sylvia Sternlieb	Geoffrey Sternlieb's Mother	20-Jun/5 Tamuz
Silvia Waisbord	Daniel Waisbord's Mother	20-Jun/5 Tamuz
Clyde Escoffery	Yvonne Scarlett's Grandfather	21-Jun/6 Tamuz
Herman Levin	Alice Broudy Cupples' Great Grandfather	21-Jun/6 Tamuz
Kyle E. Murray	Yvonne Scarlett's Nephew	21-Jun/6 Tamuz
Sonja Cohn	Becky Zipp's Grandmother	22-Jun/7 Tamuz
Loretta Ehrenwerth	Janice Zipp Cannizzaro and Elaine Smith's Aunt	22-Jun/7 Tamuz
*Julio Galicot	Sylvia Galicot's Husband, Jan Galicot and Karen Galicot Gross' Father, Jose Galicot's Brother	22-Jun/7 Tamuz
*Leo Safir	Doreen Casuto's Father, Loren Casuto's Grandfather	22-Jun/7 Tamuz
Marina Cuenca	Cristy Veinbergs' Mother	24-Jun/9 Tamuz
Jessica Nudelstejer	Julie Miller's Daughter	24-Jun/9 Tamuz
Frank Robinson	Norman Greene's Uncle	24-Jun/9 Tamuz
Julian Davidson	Joel Davidson's Father, Becky Zipp and Melanie Davidson's Grandfather	25-Jun/10 Tamuz
Gerald Lazard	Morris Lazard's Father	25-Jun/10 Tamuz
*Dorothy Levin Broudy	Alice Broudy Cupples' Mother	25-Jun/10 Tamuz
Helen Mintzer	Jennifer Tabak-Levy's Grandmother	25-Jun/10 Tamuz
Michele Janene Cardoso	Brian Stannard's Mother	26-Jun/11 Tamuz
Anna Razinsky	Elias Razinsky's Mother, Matthew Razinsky's Grandmother	26-Jun/11 Tamuz
Moises Smeke	Vida Sportes, Miryam Slovatzki & Reyna Forman's Cousin	26-Jun/11 Tamuz
Gyorgy Weisz	Elizabeth Green's Cousin	26-Jun/11 Tamuz
Rifka Artenstein	Remembered by Sara Artenstein	27-Jun/12 Tamuz
*Alan Berlin	Sherry Berlin's Husband	27-Jun/12 Tamuz
Fila Brauer	Sandra Finkelberg's Mother	27-Jun/12 Tamuz
Eszter Daniel	Elizabeth Green's Great Grandmother	27-Jun/12 Tamuz
William Lewis	Jim Lewis' Grandfather	27-Jun/12 Tamuz
Hanna Tuteur	Jennifer Tuteur's Grandmother	27-Jun/12 Tamuz
Liliane Algazi	Michel Algazi's Mother	28-Jun/13 Tamuz
Sam Slipock	Love Zubiller's Grandfather	28-Jun/13 Tamuz
Albert Tell	Claire Wilson and Wendy Falcon's Father	28-Jun/13 Tamuz
Jeff Schwimmer	Evelyn Schwimmer's Husband	29-Jun/14 Tamuz
*Florence Slade	Laurie Slade's Mother	29-Jun/14 Tamuz
*Arthur Weber	Roberta Greene's Father	29-Jun/14 Tamuz
Francis Rottenberg	David Rottenberg's Father, Stephanie Wells' Grandfather	30-Jun/15 Tamuz

* Denotes a memorial plaque was purchased in memory of a loved one. Contact office@ohrshalom.org to order a memorial plaque.



OHR SHALOM SYNAGOGUE
 2512 Third Avenue at Laurel
 San Diego, CA 92103
 (619) 231-1456

Non-Profit Org.
 U.S. Postage
PAID
 Permit No. 1129
 San Diego, CA

CALENDAR OF EVENTS **JUNE-JULY 2026 / SIVAN-TAMUZ 5786**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 16 Sivan 6:15pm - Minyan 6:45pm - Choir Practice 7:00pm - Lomdim BeYachad	2 17 Sivan 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank 7:30pm - Conversational Hebrew with Elisheva FREE FIRST CLASS	3 18 Sivan 9:30am - Daf Yomi 6:15pm - Minyan	4 19 Sivan 6:15pm - Minyan	5 20 Sivan 12:00pm - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi" 7:36pm	6 21 Sivan Parshat Beha'alotcha 9:30am - Shabbat Service 10:30am - Tot Shabbat 12:30pm - Lunch & Learn 8:37pm
7 22 Sivan 3:30pm - Dr. Berkovitch Talk About Elephants 4:30pm - Annual Congregational Meeting 6:15pm - Minyan	8 23 Sivan 6:15pm - Minyan 6:45pm - Choir Practice 7:00pm - Lomdim BeYachad	9 24 Sivan 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank 7:30pm - Conversational Hebrew with Elisheva	10 25 Sivan 9:30am - Daf Yomi 6:15pm - Minyan	11 26 Sivan 6:15pm - Minyan	12 27 Sivan 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service 7:39pm	13 28 Sivan Parshat Shelach Mevarchim Chodesh 9:30am - Shabbat Service 8:40pm
14 29 Sivan 6:15pm - Minyan	15 30 Sivan Rosh Chodesh Tamuz 6:15pm - Minyan 6:45pm - Choir Practice 7:00pm - Lomdim BeYachad	16 1 Tamuz Rosh Chodesh Tamuz 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank 7:30pm - Conversational Hebrew with Elisheva	17 2 Tamuz 9:30am - Daf Yomi 6:15pm - Minyan	18 3 Tamuz 6:15pm - Minyan 5:00pm - Men's Happy Hour 7:00pm - Men's Discussion Group	19 4 Sivan 2:00pm - Office Closes 6:45pm - Shabbat at the Bay 7:41pm	20 5 Tamuz Parshat Korach 9:30am - Shabbat Service 8:42pm
21 6 Tamuz Father's Day No Minyan	22 7 Tamuz 6:15pm - Minyan 6:45pm - Choir Practice 7:00pm - Lomdim BeYachad	23 8 Tamuz 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank 7:30pm - Conversational Hebrew with Elisheva	24 9 Tamuz 9:30am - Daf Yomi 6:15pm - Minyan	25 10 Tamuz 6:15pm - Minyan	26 11 Tamuz 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service with Choir 7:42pm	27 12 Tamuz Parshat Chukat-Balak 9:30am - Shabbat Service 8:43pm
28 13 Tamuz 6:15pm - Minyan	29 14 Tamuz 6:15pm - Minyan 6:45pm - Choir Practice 7:00pm - Lomdim BeYachad	30 15 Tamuz 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank 7:30pm - Conversational Hebrew with Elisheva	1 16 Tamuz 9:30am - Daf Yomi 6:15pm - Minyan	2 17 Tamuz Fast of Tamuz 6:15pm - Minyan	3 18 Tamuz Office Closed 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi" 7:42pm	4 19 Tamuz Independence Day Parshat Pinchas 9:30am - Shabbat Service 8:42pm
5 20 Tamuz 6:15pm - Minyan	6 21 Tamuz 6:15pm - Minyan 6:45pm - Choir Practice 7:00pm - Lomdim BeYachad	7 22 Tamuz 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank 7:30pm - Conversational Hebrew with Elisheva	8 23 Tamuz 9:30am - Daf Yomi 6:15pm - Minyan	9 24 Tamuz 6:15pm - Minyan	10 25 Tamuz 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service 7:41pm	11 26 Tamuz Parshat Matot-Masei Mevarchim Chodesh 9:30am - Shabbat Service 8:41pm