



OHR SHALOM SYNAGOGUE STANDS WITH ISRAEL

PARKING LOT: St. Paul's Community Care Center parking lot may **ONLY** be used **during services on Fridays and Saturdays** and at no other time. The entrance is on Third Ave. between Maple and Nutmeg Streets.



DAVAR MEGILLAH

MARCH 2026 • MONTHLY NEWSLETTER • ADAR/NISAN 5786



Purim
Purim Celebration including Shooshical Purim Spiel & Megillah Reading
Monday, March 2, 5:30pm

MEN'S DISCUSSION GROUP

Thursday, March 19
7:00pm

Shabbat Kehillatit

Friday, March 20

Family-Friendly Service: 6:15pm

Community Dinner: 7:15pm

DR. JENNIFER TUTEUR

Sunday, March 22, 10:00am

Ohr Shalom's very own Dr. Jennifer Tuteur will be our guest speaker helping us to separate fact from fiction in the quickly changing world of science/health information.



Pesach

Second Seder Community Dinner

Thursday, April 2, 6:00pm

See details in page 4



Rabbi Scott Meltzer

I hope your Purim was wonderful. Or, if you are reading this right before Purim ... I look forward to seeing you Monday night!

I want to talk about today, the present, now. Culturally over the past few decades, living in the now has become quite the thing – being present, mindfulness, carpe diem, and others. And I am a big fan.

But you know what defines the now? Now is the space between a minute ago, and what comes next. Or, today is smack in between yesterday and tomorrow. So we live in the now, but doing so is very much dependent on what came before and what we think or hope will come after.

We have a name for the seven weeks from the start of Pesach to Shavuot – the Omer. We have a name for the days, including Rosh HaShanah and running through Yom Kippur – Yamim Noraim (Days of Awe) or Aseret Yemei Teshuvah (The Ten Days of Repentance).

But what do we call the month from Purim to Pesach? If that was a trick question or a funny one-liner, I would say half of them are called Adar and half of them are called Nisan.

Seriously, I am unaware of a name to refer to this month. Three of the Shabbatot have names (Shabbat Parah, Shabbat HaChodesh, Shabbat HaGadol) but the 4-weeks themselves are unnamed.

We should give them a name. Let's have a synagogue contest to try to

name this period. To name it, we must understand it. There is an easy explanation for why the Omer is called the Omer, and why the Ten Days have the two names they do.

So what is the nature of this month between Purim and Pesach? What is the characteristic of this now in which we find ourselves for thirty days?

At Purim we celebrate the redemption that comes to us in a world that we know: living outside of Israel, as a vulnerable minority, sometimes finding it necessary to closet our Jewishness, a world in which we oft-times thrive without ever losing our sense of vulnerability, a world in which God does not save us with an outstretched hand and a mighty arm, no frogs, or locusts, or sea splitting.

Looking ahead, we know that in a month, God will again save us. This time with great signs and miracles. God will redeem us from slavery, and bring us to the holy mountain where we will hear the Divine Voice. God will lead us, with a pillar of fire and pillar of smoke, and feed us from heaven.

But Purim is only a day, and Pesach is just over the horizon. And we are in the in-between. And we will be here for a month.

I have homework for you, to add to your Pesach prep. I hope you are mindful of how much good we have, of how much the past few generations, especially here in the United States, have been a wonderful moment for the Jewish people. I know that you see clouds on

Continued on page 8



WORDS FROM THE PRESIDENT

Marvin Yudkovitz
President

Join the Ohr Shalom Retreat, April 24-26

Save the date! Ohr Shalom's Third Annual Retreat at the YMCA's Camp Marston is nearly upon us!

Retreat Committee Chairs **Rebecca Wollner** and **Becky Zipp** are hard at work developing a theme, readings, and family-friendly activities. Camp Marston boasts a pond, hiking trails, a climbing wall, gaga pit, sports fields, and much more.

Commencing with Shabbat dinner, our weekend will include plenty of options centered around our theme: **Am Yisrael Chai**. Family-friendly crafts, jigsaw puzzles, nature hikes, study sessions, a book club, story time, a campfire, and live entertainment will each incorporate a love of Israel. We will also have information about group travel to Israel.

Want to support this community event, but unable to attend? Become a Retreat Sponsor! Sponsor a madrich, sponsor Shabbat dinner, or book club.

For those of you who have attended an Ohr Shalom retreat in the past, I don't need to tell you what an enjoyable, and meaningful, experience you will have.

Friday night – after arrival at Camp Marston, in Julian, each person/family will check in, get their ID, and lodge assignments. Please arrive between 4-5pm, because we

will have Kabbalat Shabbat singing and then eat a wonderful Shabbat dinner (prepared at Ohr Shalom and transported to Camp Marston). This will be followed by other introductory/get to know each other activities and more singing, prior to settling into your lodge and bunks.

The **lodges** are set up with shared community space, toilets and showers. The shared community space is a wonderful opportunity for families and individuals to get to know each other better, share in communal activities (arts and crafts, puzzles, singing, telling stories, etc.), and if desired, enjoy a wood burning fire.

Throughout the weekend (after Friday night), we will enjoy the very delicious food prepared by the Camp Marston team. To accommodate our diet, they will serve us only vegetarian food, offering us a separate line and food options. Here is more information on the camp:

<https://www.ymcasd.org/camps/camp-marston/group-retreats-and-family-camps-marston>

Saturday will be a full day of activity, exploration, prayer, community, and fun. There will be both structured and individualized activities all day long, all within this bucolic nature setting. Perhaps some Israeli dancing, would

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Bulletin: Please e-mail all submissions to: davar@ohrshalom.org

Deadlines: March 5 for April edition • April 5 for May edition



be of interest, a guided nature walk, or more quiet programs in some of the lodges. At the conclusion of the day we will have Havdalah, a bonfire and singing.

Sunday will end with candle making and other activities, such as fishing, rock wall climbing, or a hike to a farm, and a *l'hitraot*.

This year, as a special treat after check-out, add on an optional visit to

Continued on page 4

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OHR SHALOM'S SHABBAT SERVICE SCHEDULE

Services are in person and on [Zoom](#)

Friday	March 6	6:15pm	Kabbalat Shabbat Service "Ask the Rabbi"
Saturday	March 7	9:30am	Shabbat Morning Service
Friday	March 13	6:15pm	Kabbalat Shabbat Service
Saturday	March 14	9:30am	Shabbat Morning Service
		10:30am	Tot Shabbat with Jennifer Meltzer
		12:30pm	Lunch & Learn
Friday	March 20	6:15pm	Shabbat Kehillatit Service/Dinner
Saturday	March 21	9:30am	Shabbat Morning Service
Friday	March 27	6:15pm	Kabbalat Shabbat Service with Choir
Saturday	March 28	9:30am	Shabbat Morning Service

NO Shabbat Morning Babysitting Available



PARSHIYOT & CANDLE LIGHTING March 2026

PARSHAT TI KISA SHABBAT PARAH

18 Adar - Candle Lighting: 5:32pm
Fri: March 6
Sat: March 7
Torah: Exodus 30:11-34:35;
Numbers 19:1-22
Haft: Ezekiel 36:16-38

PARSHAT VAYAKHEL-PEKUDEI SHABBAT HACHODESH MEVARCHIM CHODESH

25 Adar - Candle Lighting: 6:37pm
Fri: March 13
Sat: March 14
Torah: Exodus 35:1-40:38;
Exodus 12:1-20
Haft: Ezekiel 45:16-46:18

PARSHAT VAYIKRA

3 Nisan - Candle Lighting: 6:42pm
Fri: March 20
Sat: March 21
Torah: Leviticus 1:1-5:26
Haft: Isaiah 43:21-44:23

PARSHAT TZAV SHABBAT HAGADOL

10 Nisan - Candle Lighting: 6:47pm
Fri: March 27
Sat: March 28
Torah: Leviticus 6:1-8:36
Haft: Malachi 3:4-24



Kabbalat Shabbat Service "Ask the Rabbi"

Friday, March 6 at 6:15pm

Your chance to ask the questions
you've always wanted to!

FAMILY TOT SHABBAT



**Saturday,
March 14, 10:30am**

with
Jennifer Meltzer

SHABBAT KEHILLATIT SERVICE AND COMMUNITY DINNER

Friday, March 20

Family-friendly service: 6:15pm
Community Dinner: 7:15pm

MEMBERS*

Adults: \$20

Children: \$12

(3-13 years old. Children under 2 FREE)

NON-MEMBERS*

Adults: \$30

Children: \$15



RSVP by March 16 Please contact office or scan QR Code.

Reservations after March 16 will pay nonmember price.

Help those with food insecurity - Bring a nonperishable item
for the JFS Food Bank bins in the Ohr Shalom lobby!



Kabbalat Shabbat

with the *Ohr Shalom Choir*

Friday, March 27, 6:15pm



Ohr Shalom Choir

Join us in welcoming Shabbat with the
Ohr Shalom Choir through beautiful, uplifting music.



Ohr Shalom Choir

Ohr Shalom Choir Practice

Mondays, 6:45pm
Ohr Shalom and ZOOM

March 9, 16, 23, 30

Pesach

April 1-April 9

Second Seder Community Dinner

Community Seder led by Rabbi Scott Meltzer

Thursday, April 2, 5:30pm

Event Pricing:

\$65/Member \$40/child 12 & Under

\$90/Nonmember \$50/nonmember child 12 & Under

Children 4 and under FREE

***Any reservation received after
March 23rd will pay nonmember rates.***



Scan to
register
for 2nd
Seder



FROM PRESIDENT (CONT.)

the **California Wolf Center** (<https://www.californiawolfcenter.org>), San Diego County's only wolf reserve. More information to follow.

Our goal is to have as many congregants as possible attend the weekend. Therefore, we are keeping the costs as low as possible.

Here are the **costs for the 2026 weekend per person:**

Adult (age 21 and over) - **\$275** (by April 1); **\$300** (after April 1)
Children over the age of 4 - **\$115** (by April 1); **\$125** (after April 1)
Private Rooms: We will allow families and individuals to request a private room (available on a first-come, first-serve basis) for an additional **\$225**.

This year you will also have the option to assist us in helping to subsidize the retreat by **becoming a sponsor**, whether you are attending the retreat, or unable to join us. You can sponsor a Madrich, sponsor an activity, sponsor swag, or sponsor a meal. Please contact the office, or designate on your registration that you would like to be a sponsor.

Reservation cutoff date is April 10.

See the reservation form QR code/link below.

Talk to your family and friends, and sign up. Looking forward to seeing you at the retreat.



To make reservations,
Scan or click QR code.

Our Weekend at the Ohr Shalom 2025 Family Retreat

Fred & Denise Bercovitch
Guest Contributor

The weather was cold, with off-and-on rain, but the atmosphere among Ohr Shalom retreat participants was warm and inviting.

The weekend was packed with choices of activities and we had loads of fun. Among the highlights were watching the children make candles and perform at the 'talent show!' We especially enjoyed hiking and archery. It was a ton of fun teaching our granddaughter how to shoot a bow-and-arrow. The accommodations were rustic, but pleasant. Our family slept on bunkbeds in one of the rooms in a cabin.

Bathrooms were down the hallway. Meals were good 'kosher camp food,' coffee was readily available early in the morning (before breakfast), with schmoozing and kibbutzing while eating fostering the 'make new friends' atmosphere. One of the best aspects of the retreat was that the Rabbi knew exactly how to blend religion, social events, and outdoor activities into a fun-filled, meaningful family weekend. We're looking forward to returning this year...and enjoying another Ohr Shalom family weekend retreat!



FROM OUR EXECUTIVE DIRECTOR

Gillian Argoff-Treseder
Executive Director

Jewish Disability Awareness, Acceptance, and Inclusion Month (JDAIM) 2026 Thank you.

Each year the JDAIM committee starts planning about a year in advance of our February programs with discussions on which books, movies, and speakers will be engaging and thought provoking in our quest to bring more awareness and inclusion to our community. Additionally, sharing our programs with the wider San Diego Jewish community has always been a goal. This year we were able to continue our partnership with Deaf Community Services to provide ASL interpreters for Shabbat Kehillatit and our keynote and create new community partnerships with Congregation Beth Am and American Friends of ELEM. Through these connections, we were able to share our programs with more people throughout San Diego and the Jewish community. For the first time, we had over 70 people at a Sunday morning keynote event!

Thank you to the Ohr Shalom JDAIM committee chairs, Shoshanah Sternlieb and Jeanne Argoff, for their never-ending pursuit of making each year surpass the last in thought-provoking programming.



American Sign Language Thank you

After they both attended a workshop at UCSD last year featuring Riva Lehrer, they set their sights on bringing her to Ohr Shalom for this year's programs. Riva checked all the boxes: she embraces her Jewish identity, has written a book, is an artist and disability rights activist through her art, and is an incredible speaker. Through their hard work, we were able to host Riva as our Keynote speaker and feature her book, Golem Girl for last month's JDAIM. Kol HaKavod and Yasher Koach to both Shoshanah and Jeanne for their guidance and foresight to bring Riva to all of us—and, of course to Riva for sharing her art, her process, and her life with us.

Thank you to Rabbi Meltzer and Rabbi Caplan for fully embracing JDAIM into their Drashot and



Israeli Sign Language Todah

Lunch and Learn sessions to show how the words of Torah are relevant to the work of inclusion. (Another quick thank you to Shoshanah for her JDAIM drash.) Thank you to Maggy Dujowich, Religious School Principal, for empowering the teachers and students to incorporate JDAIM into their lessons throughout the month of February and the entire year. The learning, conversations, and experiences created through these JDAIM efforts help deepen our community's understanding and commitment to being a place where every person is valued, included, and able to participate fully in Jewish life.

Finally, thank you to the Ohr Shalom staff for making sure this all happens, Rene, Melanie, and Andrea - Todah Rabah!



LEGACY

Jared Solomon
Legacy Committee Member

Planned Giving, Much Easier Than You Think

Many of us have heard about the Ohr Shalom Legacy Society, but for those who haven't it's an opportunity to create a legacy that supports Ohr Shalom after one passes away. While several options exist, including updating estate planning documents, a very simple option is to designate Ohr Shalom as a beneficiary to your existing retirement account. This straightforward option avoids having to update estate planning documents and allows the money to flow tax free to Ohr Shalom.

Simply log onto your retirement account, navigate to your profile, select 'beneficiaries' and update accordingly.

*Create a
Jewish Legacy*



SISTERHOOD

Eti Chall
Sisterhood Chair

Loosening Up (Just a Little)

Adar arrives with its own kind of instruction: “*Mishenichnas Adar, marbin b’simchah.*” When Adar comes in, we increase joy. It’s a commandment that always makes me pause — and smile. How do you command happiness? And yet, in true Jewish fashion, joy isn’t left to chance. It’s scheduled, structured, and, somehow, holy.

For most of the year, Jewish life moves in a familiar rhythm. There’s a blessing for waking up, for eating, for seeing lightning, for hearing good news, even for bad news. Prayer has its appointed hours, holidays arrive in their precise order, and we follow a calendar that keeps us tethered to time and tradition. There’s deep comfort in that kind of structure. It gives life texture and steadiness, like the heartbeat of a community that never misses a beat.

But when Adar comes, something changes. This month doesn’t ask us to hold the reins tighter — it invites us to let them slip a bit. It says: laugh more, worry less, lighten your grip on certainty. Joy becomes not just an emotion, but a kind of spiritual practice.

And then Purim pushes it even further. We’re told to drink *ad lo yada* — until we can’t tell the difference between “blessed Mordechai” and “cursed Haman.” At first glance, it sounds wild, almost un-Jewish. But beneath the surface, it’s deeply wise. Most of the time, we live with rules, rituals, and boundaries that keep us mindful and grounded. Purim gives us one day to blur the lines — to remember that life is not meant to be all control, all the time.

There’s a kind of holiness in loosening up. It doesn’t mean chaos. It means letting go of the idea that we can always get it right — that order and precision are the only paths to meaning. Sometimes wisdom shows up in laughter. Sometimes the soul needs music, costumes, silliness, and yes, even a touch of confusion, to remind us that joy is also a form of prayer.

And it’s not just personal joy we’re after. Purim teaches us generosity — *mishloach manot* to friends, *matanot la’evyonim* to those in need. Giving connects us, expands us. When we share what we have, we stop focusing so much on control and open ourselves to community. Maybe that’s what true joy looks like — not the big dramatic moments, but the small, ordinary gestures of giving and gratitude that make life feel whole.

In Sisterhood, we understand this rhythm. We hold structure — meetings, plans, responsibilities — but we also hold laughter, creativity, and friendship. We know how to get things done and how to find joy in the process. This month, Adar reminds us that both are sacred.

So maybe that’s the real practice of Adar — not to lose ourselves entirely, but to let go just enough to remember who we really are. To let joy rise like steam from a simmering pot, to breathe, to laugh, and to know that this too is part of Jewish wisdom.



CHESED

Aviva Rosenberg
Chesed Committee Chair

The Chesed Committee March Update

The Chesed Committee had a wonderful meeting last month and we were so happy to welcome several new committee members. It was inspiring to come together with fresh energy and ideas as we continue strengthening the culture of care in our synagogue.

We are planning to expand our efforts by organizing meals for meal trains, shivas, and other times when members of our community could use extra support. Providing a warm meal is a simple but meaningful way to show that no one in our community is alone.

We would love for you to join the Chesed Committee — the more the merrier! Whether you can cook, coordinate, deliver, or help organize, there is a place for you.

If you’re interested in getting involved, please contact Aviva at chesed@ohrshalom.org.

Together, we can continue building a caring and compassionate community.



Ohr Shalom Synagogue Nominations Committee Announcement

We will be electing a new Board of Directors for Ohr Shalom Synagogue for the period of July 1, 2026-June 30, 2028.

If you wish to be considered for a position on the Nominations Committee, please contact Marvin Yudkovitz, President, Ohr Shalom Synagogue at president@ohrshalom.org or (240) 506-3042 by March 10.

Call for nominees for Board positions will be listed in the April Davar and via congregation emails once the Nomination Committee membership is approved by the Board.



Sponsorship Opportunities for the Centennial Celebration of the Ohr Shalom Synagogue Building

The Rededication Ceremony – followed by a Gala Dinner Celebration (aka Lights of Ohr Shalom) celebrating the 100th birthday of our building – is only two months away:

May 3, 2026

At this time, Ohr Shalom is extending to everyone interested in supporting our synagogue, and in making the May 3rd event as festive as possible, an opportunity to provide sponsorship funding. Sponsorship categories – and the advantages of each – are listed below.

L'Dor V'Dor

Centennial Gala Sponsor \$18,000

- Two reserved tables of 8 (16 tickets)
- Back Cover Centennial History Journal
- Top-tier recognition on digital & print materials
- Permanent recognition on a Centennial Plaque
- Tax deductible minus the FMV of tickets

Centennial Platinum Legacy \$10,000

- Two reserved tables of 8 (16 tickets)
- Full page Centennial History Journal
- Top-tier recognition on digital & print materials
- Permanent recognition on a Centennial Plaque
- Tax deductible minus the FMV of tickets

Fair Market Value (FMV) \$125

Centennial Legacy \$5,000

- One reserved table of 8 (8 tickets)
- Full page Centennial History Journal
- Top-tier recognition on digital & print materials
- Permanent recognition on a Centennial Plaque
- Tax deductible minus the FMV of tickets

Centennial Supporter \$1,800

- Two Gala tickets
- Half page Centennial History Journal
- Recognition on event acknowledgments
- Permanent recognition on Centennial Plaque
- Tax deductible minus the FMV of tickets

Centennial Friend \$613

- Two Gala tickets
- Business Card size Centennial History Journal
- Recognition on event acknowledgments
- Tax deductible minus the FMV of tickets

Standard Gala ticket

\$250 per ticket

Sponsor a Gala Ticket

\$250 per ticket – Sponsor a ticket for a Member of our Beloved Community

Purchase a Table

\$2,500 table of 8 (reserved)

If you decide to sponsor – Thank you!

Please let Gillian know: (619) 231-1456 office@ohrshalom.org.



MEN'S CLUB

Aaron Lipner
Men's Club President



Shalom from the Men's Club

We're off to a fantastic start for the Men's Club. We had our first big outing, the Seven Bridges hike in early February. It was a great morning of walking and talking, and we were even joined by two guests visiting from Seattle. We braved the San Diego winter outside and continued building connections beyond the synagogue walls.

Another meaningful event in February was World Wide Wrap, where members came together to learn and wrap tefillin and traditions behind wrapping. It was a special opportunity to share knowledge, ask questions, and connect through learning and practice.

We also helped make hamantashen for Purim; be sure to get yours! We were baking side by side and filling up trays and trays. We had strict quality control making sure to test as we went...

Looking ahead, Passover is around the corner, and we are

starting to think about ways Men's Club can gather and support holiday activities in our community. Ideas are still forming, and we welcome suggestions about what people would enjoy doing together at any time of year. Lawn bowling anyone?

If you have been thinking about checking out Men's Club, now is a great time to jump in. The easiest way to get connected is by emailing mensclub@ohrshalom.org.

Come to an event, meet a few people, and see if it feels like a good fit.

Thank you to everyone who has helped get things moving this year. The ideas and participation from across the community are what make Men's Club work.

Looking forward to seeing you at an upcoming event in March!

MEN'S DISCUSSION GROUP

Thursday, March 19, 7:00pm



Location: Ohr Shalom Synagogue

For more information contact:

Robert McNeese (robertmneese50@gmail.com)

Robert Houston (bayfruitandherb@gmail.com)

WORDS FROM THE RABBI (CONT.)

the horizon and have a great deal of concern for the future.

So pre-Pesach homework: what can we learn from the past 75 years of Jewish advancement, relative comfort, integration? Where have we found communal strength to rebuild? To celebrate? To create Jewish life and community? What are the lessons that we take from these yesterdays to strengthen us for our tomorrows? How can we come together in our small community? Be connected to the larger Jewish community? Contribute to, and be a force of good, in the larger non-Jewish community?

Join me in spending a month studying, reflecting, and deliberating what we think the path to redemption and freedom ahead of us looks like, and let's work on it together.

BLOOD DRIVE

Ohr Shalom Synagogue

Future Blood Drive Dates:

Sundays at 9:00am-2:30pm

April 19

October 11

December 13

In front of synagogue



FAMILY TOT SHABBAT with Jennifer Meltzer



2025-2026 / 5785-5786



MARCH 14

**10:30AM START
KID-FRIENDLY SERVICE
STORYTIME
LUNCH PROVIDED**

APRIL 11

MAY 9



JUNE 20

**KIDS ARE WELCOME TO BRING
THEIR MUSICAL INSTRUMENTS
(NON ELECTRIC)**

AUGUST 8



SECURITY

Alain Avigdor
Security Committee Chair

Strengthening Sanctuary Safety: Board-Approved Security Measures

The Security Committee has been working diligently to enhance the safety of our congregants and visitors once they are inside the building. Our focus in this phase is the Sanctuary—our central gathering space for prayer, celebration, and reflection. The proposal approved by the Board reflects months of careful review, incorporating guidance from the San Diego Fire Marshal as well as experts from the Secure Community Network (SCN), the national safety organization serving Jewish institutions.

These measures are designed to ensure that the Sanctuary can function as a protected space during shelter-in-place situations while fully maintaining required fire-safety egress.

Key Elements of the Security Motion

1. Securing the Western Section of the Sanctuary

All doors in the western portion of the Sanctuary will remain closed and locked during services. This includes:

- The doors from the northern hallway into the Sanctuary
- The door leading onto the Bima
- The exterior doors opening onto Laurel Street

Each of these doors will always open freely from the inside, ensuring safe and immediate exit if needed. When locked, however, they cannot be opened from the outside, reducing the risk of unauthorized entry.

2. Volunteer Usher at the Northern Leather Doors

A trained volunteer usher will be stationed at the northern set of leather doors leading into the eastern section of the

Sanctuary. This individual will:

- Greet and welcome those entering the Sanctuary
- Provide assistance to families, visitors, and latecomers
- Close the double set of locked doors into the hallway if circumstances require

This approach balances warmth and hospitality with the practical need to control access to the Sanctuary during services.

3. Coordinated Communication Throughout Services

To ensure real-time awareness and rapid response capability, the volunteer usher—along with one or two additional volunteers—will monitor the walkie-talkie connected to the on-site Security Guard for the duration of the service. This communication link strengthens coordination and ensures that any developing situation can be addressed promptly and effectively.

A Community-Centered Approach to Safety

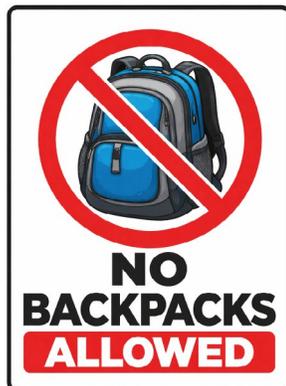
These measures reflect a thoughtful, collaborative effort to enhance our security posture while preserving the welcoming spirit that defines Ohr Shalom. By combining expert guidance with the dedication of our volunteers, we are taking meaningful steps to ensure that everyone who enters our Sanctuary can pray, learn, and celebrate with confidence and peace of mind.

The Security Committee extends its gratitude to the Board, staff, clergy, and volunteers whose partnership makes this work possible. Together, we continue to build a resilient and caring community.

NEW BACKPACK POLICY

Visitors may not bring backpacks or large bags past the gate. If they have one, we will ask them to leave it in their car or place it in the designated area outside the gate. We're not responsible for items left there. Tallit bags are fully permitted.

Members may bring backpacks or large bags onto campus if they allow bags to be wanded/searched by Security and then locked in the office. *This policy does not apply to children attending Religious School or to diaper bags.*



Founded 1948 San Diego

House of Israel showcases Israeli culture, history, and innovation, and provides a welcoming environment for locals and visitors alike.

Open every Saturday & Sunday from 11am-4pm!

Todah Rabah

To **Mark and Elaine Smith** and their Hamantashen baking crew:

The volunteers were:
Aaron Lipner, Linda Mostel, Samy & Sarita Zands and Jane Zeer.



RABBINIC INTERN

Brianah Caplan
 Rabbinic Intern

Pesach arrives this year just as the world is beginning to soften. The days stretch a little longer. The light lingers. And suddenly, in kitchens everywhere, there is the unmistakable rustle of aluminum foil and the annual debate over how many boxes of matzah is “reasonable.”

There is something wonderfully dramatic about Passover. We don’t simply remember that our ancestors left Egypt; we relive it. We recline like royalty. We spill wine like plagues. We eat the bread of affliction and call it freedom. We turn our dining rooms into stages and our children into narrators.

And in the middle of the Seder, after the story crescendos through miracles and splitting seas, we break into song: *Dayenu*.

It would have been enough.

If God had taken us out of Egypt and not executed judgments - *dayenu*.

If God had split the sea and not brought us through on dry land - *dayenu*.

If God had given us the Torah and not brought us into the land - *dayenu*.

It’s a strange song, if you think about it. Most of the “it would have been enough” moments do not actually sound like enough. Freedom without safety? Revelation without community? A sea split but no dry path?

And yet we sing it with gusto, often at a tempo that suggests we are racing the brisket to the table.

Dayenu is not a logical checklist. It is a spiritual posture. It teaches us to pause at every stage and say: this, too, is a gift.

In a world that constantly pushes us toward what’s next - the next achievement, the next milestone, the next worry - *Dayenu* invites us to practice sufficiency. Not complacency, but gratitude. Imagine

what would shift if we paused more often to say: this would have been enough.

If we had gathered around the table with family or friends - *dayenu*.

If we had asked one good question - *dayenu*.

If we had felt even one moment of genuine freedom this year - *dayenu*.

Pesach does not deny that we still live in an unfinished world. The Exodus was only the beginning of a long, complicated journey. Freedom came in stages. It still does. But *Dayenu* trains our hearts to notice redemption as it unfolds, not only when it is complete.

There is also something deeply communal about *Dayenu*. We sing it together. Gratitude, like freedom, expands when shared. Around the Seder table, we lean into memory not as isolated individuals, but as part of a story much larger than ourselves.

So as April approaches and preparations begin - whether you are deep-cleaning your pantry or simply locating that one Haggadah you like best - consider carrying *Dayenu* with you. Not just as a catchy Seder interlude, but as a mantra.

The house doesn’t have to be spotless - *dayenu*.

The charoset doesn’t have to look Instagram-ready - *dayenu*.

The silver doesn’t have to be perfectly polished - *dayenu*.

What matters is that we show up. That we tell the story. That we taste both bitterness and sweetness and remember that we have moved, and can still move, from narrow places toward something wider.

May this Pesach bring you moments of laughter, honest conversation, and the steady, grounding rhythm of gratitude. And when you find one small moment of enoughness in the midst of it all, let yourself sing it - *dayenu*.



Allyson Darroch
Davar Editor

Eco Warrior Dad

Mr. Slivowitz volunteered to talk to his son’s scout troop about the environment.

He browsed the material on the internet and he asked ChatGPT.

Then he put his head in his hands and sighed. He knew he would never reach the kids with a stream of sad animal stories. But Mr. S is a Dad. What he needed was dad jokes.

Here is what he told them.

Eco Fact of the Day: Irrigation of the land with seawater desalinated by fusion power is ancient. It’s called rain.

Q. What is a solar energy spill called? A. A nice day.

Q. Why are wind turbines terrible baseball players? A. Because they just swing at air.

Q. Why do crabs never give to charity? A. Because they’re shellfish.

Q. What did the ocean say to the beach? A. Nothing, it just waved.

Q. Why didn’t the seagull fly over the bay? A. Because then it’d be a baygull!

Environmental scientists have recently calculated that taking a five minute shower uses 2/3 less water than a 15 minute shower does.

An ecologist is giving a speech and says, “If we continue on our current course all life on earth will be gone in 50 years.” A man in the audience stands up and hysterically asks, “What?! What did you say?!” He repeats, “If humanity stays on its current course every living thing on earth will be gone in 50 years.”

The man is relieved and sits down saying, “Whew. I thought you said FIFTEEN years.”

They groaned, his son rolled his eyes and made a vow to never ever ask his dad to do this again. But they laughed, and they remembered. It’s like Purim, there are noise makers, silly games, goofy costumes, fake beards and plastic tiaras, but we remember.

CROSSWORD PUZZLE

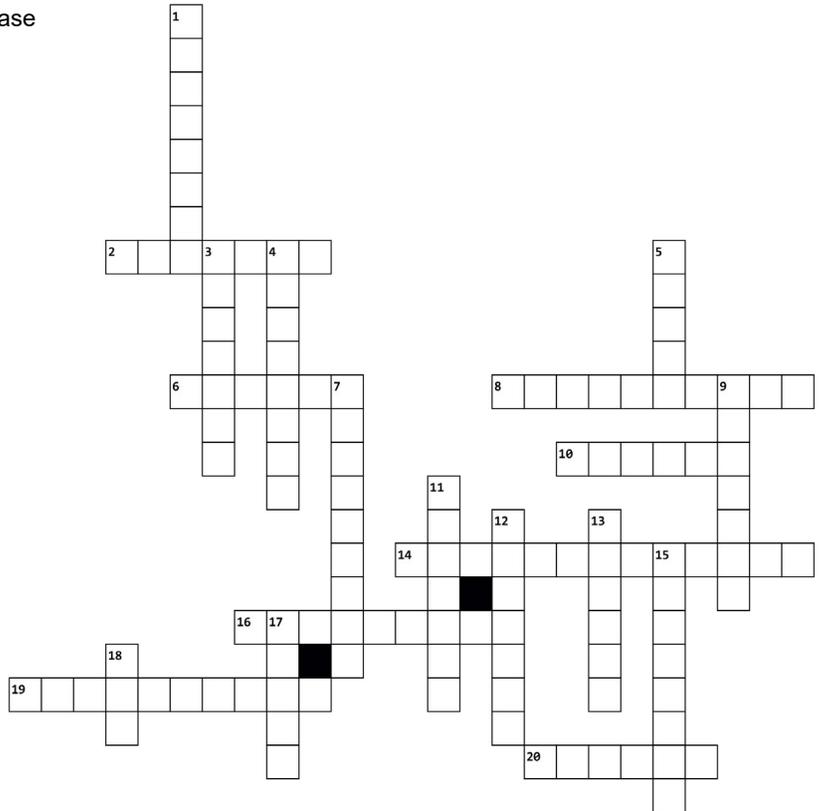
Eco Dad Jokes

Across

- 2. A scientist who carries around an umbrella, just in case
- 6. A bee who always keeps secrets
- 8. The musician’s favorite weather
- 10. A rabbit’s favorite music
- 14. A fish with a bowtie
- 16. A bear who loves cleaning
- 19. A vampire’s favorite fruit
- 20. The best place to grow flowers

Down

- 1. A reptile who always tells the truth
- 3. The act of stealing someone’s coffee
- 4. An astronaut’s favorite part of the computer
- 5. What you call a bear with no teeth
- 7. A dinosaur with an extensive vocabulary
- 9. What do you call fake spaghetti?
- 11. Where cows go on vacation
- 12. The tallest building in town
- 13. The horse’s favorite place to hang out
- 15. A dog who knows how to use the internet
- 17. The friendliest vegetable
- 18. The opposite of progress





CALENDAR STORIES 2025-26

Lynn Mendelsohn

Imm. Past President/Special Projects

Ohr Shalom's 2025-26 calendar devotes its pages facing both March and April to desserts for Passover. We feel justified in offering this double dose for Pesach because, with the first Seder slated for April 1st, the holiday will fit into a "cusp" between the two months. What is more, desserts for Passover are fun and delicious, and, when they are well-prepared, we almost can pretend that they are hametz.

The March calendar page contains four recipes, all submitted by Evette Weiss: Flourless Fudgy Brownies, Lemon Cheese Kugel with Dried Cranberries, Coconut Chocolate Chip Macaroons, and Passover Sponge Cake. There also is a very nice photo of Evette's husband Nathan.

Along with her recipes, Evette sent us comments on the cooking that went on in her mother's kitchen for Pesach:

Passover was the one time of the year that my mother, Laura B. Friedman, and I cooked together. When I was young, I cracked walnuts and hand-chopped them in my Nana's large wooden bowl for the Charoses. I was allowed to smooth the dimples off the soup's matzo balls that had been frozen in golf ball ice cube molds. I would grate the lemon rinds that were added to the Manischewitz sponge cake mix.

But I knew I was truly my mother's partner, not just her sous chef, when I was old enough to help make the gefilte fish.

Three days before Seder, Daddy would pick up pounds of whitefish and pike fillets (never carp as it turned the fish balls yellow) along with a giant bag of bones and skin (no eyes please) to make the stock. Carrots, celery, onions, bones and skin boiled away in the large soup pot, smelling up the entire house. Meanwhile, I carefully examined the fillets to remove the bones, and then I hand-chopped the fish to a medium fine texture: These were the days before Cuisinart. Once my chopping met my mother's high standards, we added a small amount of matzo meal, salt, white pepper and eggs. We formed half of the mixture into balls resembling large eggs and carefully slipped them into the boiling broth. We covered the pot, lowered the light and started working on fish patties we assembled from a part of the fish mixture that we had set aside.

To make the fish patties, we added more matzo meal to the gefilte fish mixture and formed the result into patties. These we would fry low and slow to make sure they were cooked throughout yet golden brown outside. Also served at the Seder, the fish patties were my Nana's favorites –



Laura B. Friedman and Evette Friedman Weiss mid 1980's

a recipe she brought with her from England. Because the patties could be frozen, they would last beyond Passover if, that is, we were lucky enough to have any left to freeze.

Both the gefilte fish and the fried patties were served on a lettuce leaf with red horseradish sauce. After Nana died, my mother and I persisted in the tradition of preparing the Pesach fish dishes. After my mother died, Daddy and I made them together in what was still her kitchen. Our grief returned each year as we chopped away.

The gefilte fish and patties I prepared every year with my dad tasted just as good as we remembered. However, the amount of work, the escalating cost and difficulty of getting fresh fish, and the sadness the process evoked, finally convinced us one year that we were making our last batch of those dishes.

Daddy also has since died, but my wonderful memories of our Seder meals -- chicken soup with matzo balls, chopped liver and gefilte fish, followed by the main course and veggies and kugels, with sponge cake, macaroons and jelly candies – still make Passover my favorite holiday.

Rabbi Caplan Ordination Celebrations May 15-18

Ohr Shalom Celebrations:

Friday, May 15 - Shabbat Kehillatit - Graduation Shabbat for Rabbi Caplan and Ohr Shalom Religious School

Saturday, May 16 - Shabbat Kiddush and Lunch & Learn in honor of Rabbi Caplan's Ordination

Ziegler School of Rabbinic Studies Ordination

Monday, May 18, 5:00pm

Sinai Temple in Los Angeles (10400 Wilshire Blvd)

An RSVP link from AJU will come eventually and will be required for security purposes... so even if you have an RSVP through Ohr Shalom for logistic purposes, people will still have to RSVP through the AJU link.

If you are interested in carpooling to LA to attend the Ordination ceremony, please contact the office and let us know if you are willing to drive or if you would like a ride. Please email Melanie, assistant@ohrshalom.org.





ADULT EDUCATION

Evette Weiss
Adult Education

DR. JENNIFER TUTEUR

Sunday, March 22, 10:00am

In Ohr Shalom's Social Hall

Ohr Shalom's very own Dr. Jennifer Tuteur will be our guest speaker helping us to separate fact from fiction in the quickly changing world of science/health information. Dr. Tuteur will discuss vaccinations for young children, adults and our golden oldies. She will speak about how we can help maintain good health throughout our lives. Dr. Tuteur serves as the Chief Medical Officer for the County of San Diego's Health and Human Services Agency and was instrumental in keeping all of us safe and informed with the latest scientific information during the COVID epidemic. Mark your calendars now and plan on joining us for what should be an extremely informative lecture.



CLASSES WITH RABBI MELTZER ON ZOOM

Daf Yomi

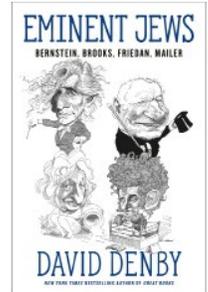
Wednesdays, 9:30am This weekly class discusses the pages of Talmud most recently covered.



Slow Read Book Club

Fridays, 12:00-1:00pm

Eminent Jews: Bernstein, Brooks, Friedan, Mailer by David Denby



Mar 6: "Norman Mailer" (1st half)

pp. 169-216

Mar 13: "Norman Mailer" (2nd half)

pp. 216 -260

Mar 20: "Leonard Bernstein" (1st half)

pp. 261-305

Mar 27: "Leonard Bernstein" (2nd half)

and "Epilogue" pp. 305-351

עברית דרך המקורות עם המורה רותי לוי DEEPENING OUR MASTERY OF HEBREW LANGUAGE AND TEXTS

Lomdim BeYachad

Extended thru June
\$250 (March-June)

"לומדים ביחד": קבוצה שלומדת באנגלית על ואת השפה העברית
בעזרת מקורות: תנ"ך, סידור, משנה ועוד
מעוניינים להצטרף?

Interested? Contact Ruti ruth77@gmail.com
or call 619-647-6096 about joining the class

נפגשים פעם בשבוע בבית הכנסת
ביום שני אחרי המניין

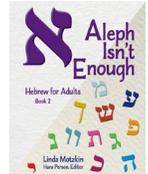
*The class meets once a week at Ohr Shalom Synagogue on
Mondays after minyan*

ADULT HEBREW LEARNING OPPORTUNITY ON ZOOM

**Have you ever wanted to follow a synagogue service or
Torah reading with more understanding?
Seeking adult learners who can decode Hebrew
but wish they knew more.**

Sunday afternoons, from 2:45-4:00pm on Zoom

The Adult Hebrew Program begins Book 2 of "Aleph isn't Enough," part of a four-book adult Biblical Hebrew program. Twenty weeks in length [about 5 months], the program emphasizes the following:



- Reading common Hebrew texts from the prayer book and Bible
- Studying key vocabulary and 3 letter roots
- Studying basic grammar to help with comprehension and translation
- Discussing enrichment materials provided

This is an exciting program with weekly classes and assignments, where regular attendance is key. [Class recordings are also provided.] However, the rewards are profound in terms of increased understanding and ability to more fully participate in the liturgical life of the synagogue.

So what are you waiting for?
This is a perfect New Year's Resolution.

Please contact Sue Brown, instructor, at 619 993-4154 or email shalomsue3@gmail.com if you have any questions and/or are interested in the program.

OHR SHALOM WELLNESS

Meditation with Alex van Frank

Tuesday Evenings, 7:00-7:30pm
Alex van Frank, C-IAYT, is holding a post-minyan meditation group.



Ask Alex about her **Italy Yoga Retreat!** Registration open NOW! Space very limited.

- Lower blood pressure • Less anxiety
- Lower stress levels • Deeper relaxation
- More feelings of well-being

Zoom: <https://us02web.zoom.us/j/82805583843>

Meeting ID: 828 0558 3843





RELIGIOUS SCHOOL

Maggy Dujowich
Religious School Principal



March Is a Month That Lives In Between

March is a month that **lives in between**: between winter and spring, between ordinary days and joyful celebration. As we head into **Purim**, we're reminded that not all miracles are obvious. In the Purim story, G-d's name is hidden, and courage shows up in quiet, everyday choices. Purim teaches us that joy itself can be powerful and that even when things feel uncertain, *our actions matter*. Whether it's kindness, bravery, or simply showing up for one another, every small moment can bring light.

Pay attention this month.

Unusual joy might be hiding in plain sight.

Remember: even small people can do big things.

If you're wondering where the miracle is...

Maybe it's you. 😊

Chag Purim Sameach! 🎉 ✨



Religious School at House of Israel



Program for 4-year-olds at Ohr Shalom
Monthly until April 2026
with Jennifer Meltzer

A TASTE OF TORAH

Sessions will include:
music, movement, holiday preparation, art, stories, t'fillah and **LOTS OF FUN!**

Contact office or use QR code to register



Sundays
9:30-10:30am:
March 15
April 19
Cost: \$35:
Individual session



YOUTH GROUPS

Michelle Gurr-Barbour
USY Youth Director



Jewish Moments

There is something powerful about Jewish immersive experiences. They take us out of our routines and place us fully inside Jewish time, community, and meaning. Whether it's a weekend away, a convention filled with ruach, or a retreat surrounded by friends and mentors, these moments become core memories. They are the stories our teens and families tell years later — the Shabbat singing that gave them chills, the late-night conversations that deepened friendships, the laughter that made Jewish life feel joyful and alive. Immersive experiences don't just teach Judaism; they allow us to truly live it.

This April, our community has two meaningful opportunities to create those kinds of memories.

First, we are thrilled that the **Far West USY Spring Convention** will be hosted right here in San Diego from **April 17-19**. Teens from across the region will gather for a high-energy, meaningful weekend filled with spirited tefillah, engaging programs, social action, leadership development, and unforgettable fun. Conventions are where Jewish

friendships are strengthened, confidence grows, and teens feel part of something bigger than themselves. Hosting this experience in our own city makes it even more special. Scholarships are available to help ensure every teen who wants to attend can do so; please reach out to Michelle at usy@ohrshalom.org for more information.

The following weekend, **April 24-26**, our congregation will hold its **Annual Congregational Retreat**. This Shabbat getaway offers community members of all ages the opportunity to step away from the busyness of daily life and reconnect with one another. Through shared meals, meaningful services, learning sessions, and relaxed social time, the retreat creates space for authentic connection across generations in a warm and welcoming environment.

April promises to be filled with powerful Jewish moments. We encourage you to take advantage of these immersive opportunities and say yes to experiences that strengthen identity, deepen relationships, and create lasting Jewish memories for years to come.



JEWTOPIA
APRIL 17-19
SPRING CONVENTION
SAN DIEGO, CA

GRADES 8-12
\$399 until 3/1
\$434 until 3/31

USY FAR WEST **USY LOWER MAINLAND**

March Community Events

by Jane Zeer



Various locations.
Tickets or RSVP for the
events below:
[https://www.lfjcc.org/about/
upcoming_events.aspx](https://www.lfjcc.org/about/upcoming_events.aspx)

Into The Woods

Presented by JCompany Youth Theatre

March 7-15

Garfield Theatre, Lawrence Family JCC

James Lapine and Stephen Sondheim weave beloved storybook characters into a Tony Award-winning modern classic. The enchanting tale follows a Baker and his wife, Cinderella, and Jack as they pursue their deepest wishes. But when a Witch's curse is broken and everyone's dreams come true, the consequences soon return with disastrous results. (Prices vary)

Jewish Poets—Jewish Voices: Student Evening

Tuesday, March 10, 7:00pm

*Astor Judaica Library
Lawrence Family JCC*

Celebrate the creativity and voices of young poets in this special student-focused program. Participating schools TBA. The evening will also feature an open mic, inviting attendees to share their own work and join the conversation. (Free event)

Professor Jacob Goldberg Lecture Series

Monday, March 16 - Wednesday, 18, 2026 | 7:00pm

*Garfield Theatre
Lawrence Family JCC*

Join us for a captivating lecture series on Israeli and Middle Eastern politics with Professor Jacob Goldberg, Harvard-educated expert and former advisor to Prime Minister Ehud Barak. Explore Arab-Israeli and American-Israeli relations, global diplomacy, and regional challenges. Gain rare insights into Israel's strategic landscape from one of its leading political thinkers. (Prices vary)

Brunch & Briefing with Professor Goldberg

Friday, March 20, 10:00am

Lawrence Family JCC

Join us for an exclusive brunch and intimate conversation with Professor Jacob Goldberg, a foremost expert on Middle Eastern politics and former advisor to Israeli Prime Minister Ehud Barak. Building on his recent lecture series, Professor Goldberg will offer timely insights into Israel's political landscape and international dynamics. Come with your questions for a thought-provoking debrief and engaging dialogue in a relaxed setting. Brunch will be provided. (Prices vary)

MANDELBAUM FAMILY LECTURE SERIES:

Letters to My Father: Excavating a Jewish Identity in Poland and Belarus

Professor Kathleen Balgley, Speaker
Wednesday, March 18, 10:30am
*Coronado Public Library | Winn Room
640 Orange Avenue, Coronado*

Author and professor Kathleen Balgley, PhD, will present her book, *Letters to My Father: Excavating a Jewish Identity in Poland and Belarus*. Seeking to uncover her veiled Jewish background - and researching Polish antisemitism before, during, and after WWII - Dr. Balgley's book chronicles her two-year Fulbright in the then communist Poland. The author travels from Poland to Israel to meet relatives she had not known existed, and later journeys to her father's birthplace in Brest, Belarus where further revelations about her family come to light. Recently invited by Belarus' Jewish "The Together Plan," Dr. Balgley will report on her July 2025 visit back to Brest where she presents her story at the opening of "The Embrace of Memory," a memorial to Brest's annihilated Jewish community. (Event free)

Shalomland: A Walking Tour of San Diego's Jewish History

With Dr. Joellyn Zollman

**Ohr Shalom Synagogue and Banker's Hill
Thursday, March 19, 10:30am-12:00pm**

Journey to key Jewish sites across San Diego as Dr. Zollman reveals the resonant, layered history of Jewish life in San Diego, this month featuring Ohr Shalom Synagogue. Along the way, explore the Banker's Hill neighborhood and understand what life was like for downtown San Diego's Jewish community on the other side of World War II. (Prices vary)

NORTH COUNTY FILM SCREENING: Once Upon My Mother

Monday, March 23, 5:00-7:00pm

*Carlsbad City Library
Ruby G. Schulman Auditorium
1775 Dove Ln, Carlsbad*

Director Ken Scott delivers a big-hearted, colorful, and witty film based on a true story, celebrating the unparalleled love between a mother and her child. Leila Bekhti shines as Esther, a larger-than-life Moroccan-Jewish mother who refuses to take no for an answer. When her youngest son, Roland, is born with a club foot in 1963 and told he will never walk, Esther dedicates the next forty years to ensuring he not only walks but thrives. Featuring a vibrant soundtrack of French classics by Sylvie Vartan, this touching and humorous tribute captures a mother's fierce devotion in all its endearing—and infuriating—glory. (Prices vary)

Winner of the Best Narrative Feature Audience Choice Award at the 36th Annual San Diego International Jewish Film Festival!



COMBATING ANTISEMITISM

Stephanie Wells
Guest Contributor

Have You Heard About JewBelong?

What if I told you there is a safe, powerful, and affordable way for us to reclaim our story and shine Jewish pride to the WORLD this summer during Comic-Con?



And what if I told you this isn't just symbolic — it's protective? Because when our children and families can stand in front of something visible, positive, and proud and say, we were part of this, it builds real safety.

I want to bring JewBelong to San Diego this July 2026, and I know that once you read on, you will want to join me.

JewBelong, based in NYC, was founded by Archie Gottesman, who previously ran the extraordinary ad agency behind the iconic Manhattan Mini Storage billboard campaign — bold, funny, culturally resonant messages that today are NYC icons.

In 2017, she started JewBelong to fight antisemitism through visibility. They place billboards in highly visible locations in their signature hot pink, featuring bold, thought-provoking messages. Sometimes funny. Always honest.

"It does not take a Jew to protect a Jew."
"People on the right side of history never hide their faces."
"I need to be able to tell my children I did not stay silent."
They are designed to be impossible to ignore and easy to understand.

We all know we cannot afford to be silent. Silence has never protected us.

Neuroscience shows that repeated public messaging shapes perception and normalizes what people see. That's how billboards work. A bold, unapologetic message of Jewish pride at Comic-Con changes understanding. And when

understanding changes, belief and behavior follow. This is neuroscience, and it works.

I need your help. I am building an alliance of community leaders, Jewish organizations, and allies — and I want you to be part of it. Through collective effort and donations of \$18 or more, we can send a message on a billboard that the whole world will see.

I call this a movement made up of moments. There will be gatherings, conversations, and then the collective moment when the billboard goes up. Families drive by. Phones come out. Pride replaces fear.

This isn't about protest.

It's about presence.

Comic-Con is the Super Bowl of pop culture — and our message must be seen.

Let's bring JewBelong to Comic-Con and send a message to the world. Help make it happen - email us for more information: jewbelonginsd@gmail.com.

QR Code here:



THANK YOU

Todah Rabah to our February Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Minyan Minute and Minyan Leaders

- | | | |
|------------------|------------------|---------------------|
| LeAnne Adams | Arik Legman | Rachel Millstone |
| Jeanne Argoff | Jessica Lemoine | Amy Morris |
| Ilan Awerbuch | Natan Lemoine | Rocky Reid |
| Sue Brown | Ruth Levy | Al Shelden |
| Eti Chall | Rachel Lipowsky | Shoshanah Sternlieb |
| Allyson Darroch | Nevo Magnezi | Jonah Weinberg |
| Elisheva Edelson | Jennifer Meltzer | Davin Widgerow |
| Mendy Fink | Eli Meltzer | Margalit Wollner |
| Lou Green | Susie Meltzer | Rebecca Wollner |
| Lily Gross | Bryce Mendelsohn | Marvin Yudkovitz |
| Maria Laurens | Ivan Mendelsohn | Jane Zeer |
| Morris Lazard | Lynn Mendelsohn | |

Thank You To Our Volunteer Help in February

Jim Lewis, Debbie Suissa,
Ezra Shachar, office volunteering.

Sharon Talerman, Shabbat Kehillatit Dinner

Continued on next page

THANK YOU FOR YOUR GENEROUS DONATIONS IN FEBRUARY

SYNAGOGUE FUND

In memory of George Kaplan

Rebecca Ben-Atar
Robert Berton
Mark and Carol Breier
Louise Chandler
Sherri and Michael Cohn
Carol Urbach Herson
W. Kenneth Horwitz
Sandi and Mark James
Christopher Kane
Joanne and Stanley Kay
Cody McDavis
Irene McAleer
Mark McKenna
Susie and Eli Meltzer
Rachel Millstone
Jody Moore
Deborah Musher and Joe Menashe
Sharon Nissim
Ellen Ottenstein
Lynn and Armand Shapiro
Al Shelden
The Shpall Family
Mark and Phyllis Strauss
Carol Urbach Herson
Rosalie Ulrich
Eileen Wingard
Samy and Sarita Zands

In memory of Jaime Fainstein

In memory of Roberto Najmias

Allyson Darroch

In memory of Rose and Louise Schiff

In memory of Betty Markin

Eileen Wingard

In memory of Judith Lindenfeld

Vivien Ressler

In honor of Isaac Miller's Bris

Geoffrey Graham

In honor of Dean and Maria Gomez-Laurens' 25th Anniversary

Morris Lazard and Elizabeth Green

RABBI'S DISCRETIONARY FUND

In memory of George Kaplan

Marilyn and Dick Rowen

In honor of Isaac Miller's Bris

Stuart Rubenstein

SOCIAL ACTION

JFS Safe Parking

Stephanie Wells

RETREAT ACTIVITIES

In honor of Isaac Miller's Bris

Becky and Daniel Zipp

CAMP SCHOLARSHIP FUND

In honor of Dean and Maria Gomez-Laurens' Wedding

Al Shelden and Judi Gottschalk

KIDDUSH SPONSORS

Rita Cohen
Greyson Cripps Family
Alice Cupples
Jodi and Doug Galen
Jerry and Linda Goldberg
Dean and Maria Gomez Laurens
David and Julie Meltzer
Rabbi Scott and Jennifer Meltzer
Brett and Jill Meltzer
Susie and Eli Meltzer

We apologize for any omissions.

Mazal Tov To:

Dana Curland on the Bar Mitzvah of **Greyson Cripps.**

Maria Gomez and **Dean Laurens** on their Chuppah.

Aviva Rosenberg for being recognized for her volunteer service with the **Kindness Initiative.**

Condolences To:

Sara Fainstein on the passing of her beloved husband, **Jaime Fainstein Z"L**, brother of **Victor (Deborah)** and **Jane Konigsberg Z"L**, father of **David Fainstein** and **Aileen (Rafael) Fainstein Huth** and grandfather of **Aharon Huth, Gila Huth** and **Ariela Fainstein**

Sara Arntstein on the passing of her beloved brother, **Roberto Najmias Z"L**

Craig Smith (Mark Zangrando) on the passing of his beloved mother, **Evelyn Smith Z"L.**

ADAR/NISAN YAHRZEITS AT OHR SHALOM



*Isaac Cohen	Rashel Galicot's Father	1-Mar/12 Adar
Albert Sportes	Remembered by Vida Sportes	1-Mar/12 Adar
Pauline Jaret Schechter	Janet Tiger's Mother	2-Mar/13 Adar
Malvina Rosenberg	Ruth Fastag's Grandmother	2-Mar/13 Adar
Frank Marco	Love Zubiller's Grandfather	3-Mar/14 Adar
Anna Salzmänn	Tito Salzmänn's Grandmother	3-Mar/14 Adar
Jonas Salzmänn	Tito Salzmänn's Grandfather	3-Mar/14 Adar
Yvette Sportes Vogel	Remembered by Vida Sportes	3-Mar/14 Adar
Melvin Goldberg	Susie Meltzer's Uncle	4-Mar/15 Adar
William (Bill) Schechter	Janet Tiger's Father	4-Mar/15 Adar
Jeff Cohn	Becky Zipp and Melanie Davidson's Uncle	5-Mar/16 Adar
Doris Glickman	Harriet Wolpoff's Aunt	5-Mar/16 Adar
Benjamin Goldberg	Lina Gorinstein's Father	5-Mar/16 Adar
Eleanor Straling	Elizabeth Green's Grandmother	5-Mar/16 Adar
David Maizel	Luis Maizel's Father	6-Mar/17 Adar
Lisa Clerici	Evelyn Schwimmer's Daughter	7-Mar/18 Adar
Agatha Ehrenfried	Judi Gottschalk's Mother	7-Mar/18 Adar
Fila Rechtman	Sara Fainstein's Aunt	7-Mar/18 Adar
Bernice Tiger	Stan Tiger's Mother	7-Mar/18 Adar
*Hy Zipp	Elaine Smith and Janice Zipp Cannizzaro's Father	7-Mar/18 Adar
Esther Zouari	Remembered by the Bunton Family	7-Mar/18 Adar
Alvin Friedman	Evette Weiss' Father	8-Mar/19 Adar
*Sheine Masha Goldberg	Lilian Deicas and Rosa Ratniewski's Grandmother	8-Mar/19 Adar



	Szali Grun	Elizabeth Green's Great Grandmother	8-Mar/19 Adar
	*Isaac Zachs	Reina Shteremberg's Father	8-Mar/19 Adar
	Leonora Cohn	Jennifer Tuteur's Grandmother	9-Mar/20 Adar
Eileen Sondra	Hudgins Menachem	Dean Laurens' Mother	9-Mar/20 Adar
	*John Nobel	Melissa Galicot's Father	9-Mar/20 Adar
	Juliet Green	Remembered by Elizabeth Green	10-Mar/21 Adar
*Hyman Joseph	Kaplan	Remembered by Susan Kaplan	11-Mar/22 Adar
Edward Mayer	Argoff	Remembered by Jeanne Argoff	12-Mar/23 Adar
Eleanor Braun		Gary Brown's Mother	12-Mar/23 Adar
Leonardo Kobisher		Aida Kobisher's Father	12-Mar/23 Adar
Doris Broudy	Goodman	Alice Broudy Cupples' Aunt	13-Mar/24 Adar
David Palmer		Remembered by Sara Zands	13-Mar/24 Adar
*Rabbi Aaron	Gottesman	Elaine Gottesman's Husband	14-Mar/25 Adar
	*Leah Lazard	Morris Lazard's Mother	14-Mar/25 Adar
	Bernie Moss	Remembered by Gillian Moss	14-Mar/25 Adar
*Maurice Polichar		Raulf Polichar's Father	14-Mar/25 Adar
*Julia Winsberg		Susan Kaplan's Grandmother	14-Mar/25 Adar
David Goldstein		Don Goldstein's Father	15-Mar/26 Adar
Gladys Marco		Love Zubiller's Grandmother	15-Mar/26 Adar
*Blanche Goldstein		Ellen Statman's Mother	16-Mar/27 Adar
Sari Rose		Elaine Smith and Janice Zipp Cannizzaro's Aunt	16-Mar/27 Adar
Richard Fordham		Jeanne Argoff's Father, Gillian Argoff-Treseder's Grandfather	17-Mar/28 Adar
Michael Frank		Jeremy van Frank's Father	17-Mar/28 Adar
Dotty Madwatkins		Al Madwatkin's Mother, Allison Madwatkin's Grandmother	17-Mar/28 Adar
*Nissim Capelluto		Stella Salzmann's Father	18-Mar/29 Adar
Nathan Epstein		Remembered by Marda Rose	18-Mar/29 Adar
*Gloria French		Remembered by Reyna Forman	19-Mar/1 Nisan
Iris Moss		Remembered by Gillian Moss	19-Mar/1 Nisan
Eve Pollack		Remembered by Ivan and Lynn Mendelsohn	19-Mar/1 Nisan
Joan Leslie Gross		Dale Gross' Mother	21-Mar/3 Nisan
Mane Katz de	Schwarzblat	Dan Schwarzblat's Grandmother	21-Mar/3 Nisan
*Laura Casuto		Loren Casuto's Grandmother	22-Mar/4 Nisan
*Yuriy Glzman		Golda Slutskaaya's Father	22-Mar/4 Nisan
Marcus Broudy		Alice Broudy Cupples' Great Uncle	23-Mar/5 Nisan
*Herbert Kay		Koba's Father	24-Mar/6 Nisan
Hayim Levine		Ana Galicot's Father	24-Mar/6 Nisan
*Ruth Okin		Michael Okin's Mother	24-Mar/6 Nisan
Tony Pascal		Jeanne Argoff's Uncle	24-Mar/6 Nisan
Moises Strimling		Yahel Yanofsky's Father	25-Mar/7 Nisan
Annette Greene		Richard Greene's Mother	26-Mar/8 Nisan
Ana Rosental		Ruben Rosental's Mother	26-Mar/8 Nisan
Theodore Schiffman		Judie Dresser's Father	26-Mar/8 Nisan
Harold Haber		Ellen Haber's Father	27-Mar/9 Nisan
Shoshana Bielas	Kababie	Efrain Bielas's Sister, Wolf Bielas, Simon Bielas & Mina Cohen's Aunt	27-Mar/9 Nisan
*Joseph Schor		Renee Schor's Grandfather	27-Mar/9 Nisan
Sara Slutskaaya		Golda Slutskaaya's Grandmother	27-Mar/9 Nisan
Min R. Tarlov		Norman Greene's Aunt	27-Mar/9 Nisan
Raquel Grinberg		Ruben Rosental's Grandmother	28-Mar/10 Nisan
Norma Weinshanker		Stuart Weinshanker's Mother	28-Mar/10 Nisan
*Caroline Ornstein		Remembered by Sisterhood	29-Mar/11 Nisan
Gertrude Weinstein		Sheldon Wolpoff's Mother	29-Mar/11 Nisan
Henry Green		Barbara Haislip's Father	30-Mar/12 Nisan
*Rosa Antokolsky	de Maya	Wolf Bielas, Simon Bielas and Mina Cohen's Grandmother, Remembered by Efrain Bielas	31-Mar/13 Nisan
Mildred Green		Barbara Haislip's Mother	31-Mar/13 Nisan
*Ruth Ressler		Remembered by Vivien Ressler	31-Mar/13 Nisan

* Denotes a memorial plaque was purchased in memory of a loved one. Contact office@ohrshalom.org to order a memorial plaque.



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CALENDAR OF EVENTS

MARCH-APRIL 2026 / ADAR-NISAN 5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 12 Adar 9:30am - Religious School 11:00am - Purim Carnival 6:15pm - Minyan	2 13 Adar Fast of Esther Erev Purim 5:30pm - Dinner 6:30pm - Services 8:00pm - Full Megillah Reading	3 14 Adar Purim 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank	4 15 Adar Sushan Purim 9:30am - Daf Yomi 6:15pm - Minyan	5 16 Adar 4:30pm - Religious School 6:15pm - Minyan	6 17 Adar 12:00pm - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi"  5:32pm	7 18 Adar Parshat Ki Tisa Shabbat Parah 9:30am - Shabbat Service  6:33pm
8 19 Adar TURN CLOCKS AHEAD ONE HOUR 9:30am - Religious School 6:15pm - Minyan	9 20 Adar 6:15pm - Minyan 6:45pm - Choir Practice 7:00pm - Lomdim BeYachad	10 21 Adar 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank	11 22 Adar 9:30am - Daf Yomi 6:15pm - Minyan	12 23 Adar 4:30pm - Religious School 6:15pm - Minyan	13 24 Adar 12:00pm - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  6:37pm	14 25 Adar Parshat Vayakhel-Pekudei Shabbat HaChodesh Mevarchim Chodesh 9:30am - Shabbat Service 10:30am - Tot Shabbat 12:30pm - Lunch & Learn  7:38pm
15 26 Adar 9:30am - Religious School 9:30am - Ta'am Torah 9:30am - L.D.I. #4 6:15pm - Minyan	16 27 Adar 6:15pm - Minyan 6:45pm - Choir Practice 7:00pm - Lomdim BeYachad	17 28 Adar 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank	18 29 Adar 9:30am - Daf Yomi 6:15pm - Minyan	19 1 Nisan Rosh Chodesh Nisan 4:30pm - Religious School 6:15pm - Minyan 7:00pm - Men's Discussion Group	20 2 Nisan 12:00pm - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Shabbat Kehillatit Service with Community Dinner  6:42pm	21 3 Nisan Parshat Vayikra 9:30am - Shabbat Service  7:34pm
22 4 Nisan 9:30am - Religious School 10:00am - Adult Ed: Dr. Jennifer Tuteur 6:15pm - Minyan	23 5 Nisan 6:15pm - Minyan 6:45pm - Choir Practice 7:00pm - Lomdim BeYachad	24 6 Nisan 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank	25 7 Nisan 9:30am - Daf Yomi 6:15pm - Minyan	26 8 Nisan 4:30pm - Religious School 6:15pm - Minyan	27 9 Nisan 12:00pm - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service with Choir  6:47pm	28 10 Nisan Parshat Tzav Shabbat HaGadol 9:30am - Shabbat Service  7:48pm
29 11 Nisan No Religious School 6:15pm - Minyan	30 12 Nisan 6:15pm - Minyan 6:45pm - Choir Practice	31 13 Nisan 6:15pm - Minyan 7:00pm - Meditation w/ Alex van Frank	1 14 Nisan Fast of the First Born Erev Pesach 2:00pm - Office Closes First Seder  6:50pm	2 15 Nisan Pesach 1 Office Closed 9:30am - Pesach Morning Service 6:00pm - Community Seder	3 16 Nisan Pesach 2 Office Closed 9:30am - Pesach Morning Service 6:15pm - Shabbat Pesach Service  6:52pm	4 17 Nisan Pesach 3 9:30am - Shabbat Pesach Service  7:53pm