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*Todah Rabah.***



DAVAR MEGILLAH

AUGUST 2023 • MONTHLY NEWSLETTER • AV/ELUL 5783

I Don't Want to Talk about Antisemitism

By Rabbi Scott Meltzer



I really don't want to. I mean really, really don't want to. But we have to. Every minute we spend talking about

antisemitism is a minute we don't spend talking about something else. We could talk about Torah. We could study today's page of Talmud (Daf Yomi). I would love to update you on summer plans and what all of my children are doing. I would like to be visiting somebody who is home-bound or in the hospital. I would so much rather sit quietly and contemplate the universe.

Every minute we discuss antisemitism is a victory for the antisemites. They have forced themselves onto our agenda. They have adversely affected how we spend our time. They have soured a minute of our day.

And I wish it wasn't so.

Tragically, we need to talk about it. We need to talk about it so that we are aware of it and we are educated about it. To ignore it, as much as I would like to, makes us vulnerable to the threat posed by antisemitism and complicit in allowing it to spread unchecked.

As the ADL reports, antisemitism is up in San Diego County and around the United States. Antisemitism takes many forms – verbal abuse, vandalism and assault. Just last week at the Human Relations Commission of San Diego County one of the commissioners claimed that Jews are taught in our synagogues to murder non-Jews. Said it as a simple statement of fact. Dreadful and frightening.

There has been a wave of antisemitic, and anti-LGBTQ+, flyers that have been placed on cars around various neighborhoods in San Diego.

I am nauseous just writing these words.

But we cannot ignore it. We need to acknowledge it when we see it. We need to make sure our elected officials are talking about it, and that they are confronting it. We need to be ever vigilant to protect ourselves and our community, and to work to lessen, weaken and hopefully eradicate this ugly evil from our world.

We need to be supporters of those who are on the front line of protecting us and fighting antisemitism. Everybody should be aware of, follow and support the ADL (<https://sandiego.adl.org/>), the American Jewish Committee (<https://www.ajc.org/sandiego>), and the Jewish Federation (<https://www.jewishinsandiego.org/security>).

Of course, it is important that we all report any hate incident that we experience or witness. The ADL has even made it possible to report an incident by text messaging: text HATEHELP to 833-448-0248.

Not by our choosing, this is an important topic and the synagogue commits many resources to keeping us all safe and participating in the larger community – working, praying and hoping for the day when everybody will sit in the shade of their trees and nobody should cause them to be afraid (Micah 4:4).

Sunday Night Movies

**GOODBYE,
COLUMBUS**

**Sunday, August 20
at 7:00pm**

See Page 4 for details.



Friday, August 25

NEW PROGRAM

6:00pm - Tots in PJs

Sing songs with Jennifer Meltzer

See page 3 for details

Kumsitz

Sunday evening, August 27

Rabbi Meltzer and Jennifer invite you to their backyard to the Minyan Minute beginning for

6:05pm Minyan Minute

6:15pm Minyan

7:00pm Kumsitz – Singing and Dessert by the Fire



Contact the office for the address.



WORDS FROM THE PRESIDENT

Marvin Yudkovitz
President

“And you shall teach them (the words of Torah) to your children (V’shinantam l’vanekha).”

(DEVARIM - DEUT. 6:7, THE SHEMA)

One of the primary cornerstones of our Synagogue is our Religious School. Teaching our children and grandchildren the history of the Jewish people, reading and writing Hebrew, learning words of Hebrew, reading prayers, learning our holidays, laws, customs, songs, rules, and responsibilities extends throughout history as a responsibility of a parent (and by extension the Synagogue and community).

We are fortunate to have religious training at Ohr Shalom beginning with pre-K and extending to high schoolers. In my column this month, I want to focus on all aspects of our religious education to our children.

For the youngest age group, we have the **Ta’am Torah** (Taste of Torah) program for children four years old. Held once a month on selected Sunday mornings it is an adjunct and not included as part of the Religious School registration.

The Religious School:

Let’s begin with staffing. Of course, **Rabbi Meltzer** has overall responsibility and direction setting for the Religious School. We have a new principal this year, **Maggy Dujowich**. If you don’t already know who Maggy is, please refer to information she shared about herself in the July Davar. In the classroom, with our students, are four different teachers – the *Morah*, *Shinshin*, *Madrich*, and music instructor. On the Ohr Shalom Board of Directors is the Religious School liaison, **Springsong Cooper Weiner**. **Gillian Argoff-Treseder**, Executive Director, is involved in oversight (and helped mightily last year with running the school).

The **Morah** is the teacher; when the school is fully staffed, we will have one per classroom. The **Shinshin** is an 18-year-old Israeli emissary who defers their army service for one year to volunteer in Jewish communities abroad with the goal of educating people of all ages about Israel and Israeli culture. The *Shinshin* program is a partnership

Scott Meltzer, Rabbi rabbi@ohrshalom.org

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Maggy Dujowich - Religious School Principal principal@ohrshalom.org
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DAVAR

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between the Jewish Agency for Israel, San Diego Jewish Federation, and Ohr Shalom and other synagogues. This coming year our *shinshinit* will be **Noam Kieselstein** from Har Adar. The **Madrich** is an Ohr Shalom teenager who has successfully completed their Religious School education and assists in the classroom as a paid aide to the Morah. Last year we had 10 *madrichim*, and hope to have even more (with incoming 8th graders) this year. Please contact **Springsong** if you want to get involved in helping to develop or participate in parent and family programs associated with the school. Springsong and her predecessor, **Love Zubiller**, began to develop these programs last year including meet and greet, walks in the neighborhood, and other activities.

We have four **classes** meeting on Sunday mornings and Thursday afternoons:

Gan/Alef - Kindergarten and Gr. 1 (Sundays only)
Bet/Gimmel - Gr. 2 and Gr. 3
Dalet/Hey - Gr. 4 and Gr. 5
Vav/Zayin - Gr. 6 and Gr. 7

Last year we had a total of 34 children enrolled in school (including Ta’am Torah).

Classes are dynamic, filled with learning, sharing, relationship building, singing, and prayer. Our students develop relationships that many will keep for life. And how wonderful is it to see our young students hugging their *madrichim* as all are on the bimah for a Friday evening service!

I want to encourage all of you with children and/or grandchildren to enroll them in our Religious School. And if you have Jewish friends (whether or not they are current Ohr Shalom members) who are looking for a wonderful religious education opportunity, please direct them to Maggy Dujowich at principal@ohrshalom.org or Executive Director Gillian Argoff-Treseder at office@ohrshalom.org.

Classes begin September 10.

OHR SHALOM BOARD OF DIRECTORS

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Imm. Past President/Adult Ed - LYNN MENDELSON mendelynn0511@gmail.com

OHR SHALOM SERVICE SCHEDULE

SHABBAT SERVICE SCHEDULE in person and [Ohr Shalom Zoom Room](#)

Friday	August 4	6:15pm	Kabbalat Shabbat Service
Saturday	August 5	9:30am	Shabbat Service
Friday	August 11	6:15pm	Kabbalat Shabbat Service
Saturday	August 12	9:30am	Shabbat Service
Friday	August 18	6:00pm	Shabbat at the Bay
Saturday	August 19	9:30am	Shabbat Service
Friday	August 25	6:00pm	New Tots in PJs NEW PROGRAM!
		6:30pm	Family Kabbalat Service NEW PROGRAM!
Saturday	August 26	9:30am	Shabbat Service

NO Shabbat Morning Babysitting until further notice.

Shabbat at the Bay
Friday, August 18, 6:00pm
Playa 2, 2195 E Mission Bay Drive
Hosted by Temple Emanu-El

Friday, August 25
NEW PROGRAMS
6:00pm - Tots in PJs
Sing songs with Jennifer Meltzer
Bring your infants and toddlers in their pajamas to welcome Shabbat in song.

6:30pm - Family Kabbalat Shabbat Service

Shabbat Morning Service & Lunch & Learn
Saturday, August 26
Shabbat Service at 9:30am followed by
Lunch and Learn with Rabbi Meltzer at 12:30pm

Ohr Shalom Zoom Room
Sundays through Thursday 6:05pm
Daily Minyan Minute
Before each evening minyan, join us for a short reading by a congregant – a poem, quotation, song, insight into a Torah portion, etc. (does not need to be an original piece). To volunteer to do a reading, contact Jonah Weinberg at jonahbw@gmail.com
Sunday through Thursday 6:15pm
Ohr Shalom Daily Minyan

Ohr Shalom’s Choir
We meet at 7:00pm on the following Mondays in August:
Mondays, August 7, 14, 21, 28.
If you’re interested in joining us, please contact Elisheva Edelson at elishevaedelson@gmail.com

PARSHIYOT & CANDLELIGHTING August 2023

PARSHAT EKEV 7:26pm
Fri: August 4 | 18 Av
Sat: August 5 | 19 Av
Torah: Deuteronomy 7:12-11:25
Haft: Isaiah 49:14-51:3

PARSHAT RE’EH MEVARCHIM CHODESH 7:19pm
Fri: August 11 | 24 Av
Sat: August 12 | 25 Av
Torah: Deuteronomy 11:26-16:17
Haft: Isaiah 54:11-55:5

PARSHAT SHOFTIM 7:12pm
Fri: August 18 | 1 Elul
Sat: August 19 | 2 Elul
Torah: Deuteronomy 16:18-21:9
Haft: Isaiah 51:12-52:12

PARSHAT KI TETZEI 7:04pm
Fri: August 26 | 8 Elul
Sat: August 26 | 9 Elul
Torah: Deuteronomy 21:10-25:19
Haft: Isaiah 54:1-10

Ohr Shalom Virtual Programming
[Ohr Shalom Zoom Room](#)
Zoom link for Shabbat services and most adult programs (Passcode: myshul)
us02web.zoom.us/j/83107501072
Here is the information to join by phone:
Phone number: 1 669 900 9128
Meeting ID: 831 0750 1072
Passcode: 632432

Listening Devices & Bimah Access Available Ask security guard or Rene. Bimah accessible via lift, as needed. We strive to host inclusive, accessible programs and services that enable all individuals, including individuals with disabilities, to engage fully. To request an accommodation or for inquiries about accessibility, please contact Gillian Argoff-Treseder.

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.

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OHR SHALOM BOARD OF DIRECTORS

Welcome to Our Newest Board Members



Joe Castiglione, Member at Large, is relatively new to the Ohr Shalom community. The Castiglione-Pollock family joined Ohr Shalom only two years ago. In this short time, Joe has become a minyan regular and an active participant in Shabbat morning services and the choir. He is an urban transportation planner for San Francisco County, and lives with his wife Mica and children Elea and Jonah in Mission Mills. Joe is working closely with Raulf Polichar on Buildings and Grounds.



Jonah Weinberg, Chair of Development/Dor L'Dor, grew up largely in San Diego, and after an almost two-decade absence, he and his husband Paul returned and have been living in Hillcrest since 2018. Jonah has spent nearly 25 years in leadership roles within the public and nonprofit sectors, with a focus on supporting underserved communities.

Jonah comes from a family with a strong Jewish identity, both religiously and culturally. Some of his prior communal involvement includes: Camp Swig summer counselor in the 1990s, inaugural class of the JFS "Jewish Big Pals" program, which launched in San Diego in 1998, completed ADL Glass Leadership Institute in 2008, ADL Board member for the Ohio-Allegheny region 2009-13, Keshet board member, Minneapolis 2015-17.



Eti Chall, Sisterhood President. See more about Eti in the July 2023 Davar.



CHESED/COMMUNITY CARING

Aviva Ilanit Rosenberg
Chesed/Community Caring Chair

Chesed Committee needs your help.

Last month I wrote about the First Yahrzeit Candle delivery. It is simple. A candle will get delivered by a volunteer on the first Yahrzeit. The Chesed Committee is looking for members to help with the delivery. You may deliver to your neighbor down the block, or maybe even connect with a member you have not had a chance to meet yet. The Chesed Committee will provide the candle for your delivery.

There is also an occasional meal train that needs volunteers.

Mark your calendars for the Chesed Meeting on Wednesday October 18th on Zoom.

Please contact me if you would like to participate in the Yahrzeit Candle delivery project.

chesed@ohrshalom.org (619)621-7212. Thank you.



MOVIE NIGHT

Al Shelden
VP Administration



Sunday Night Movies

Come join us for one last movie of the summer as we show a summertime romance, the movie version of Philip Roth's highly acclaimed novella:

GOODBYE, COLUMBUS

Sunday Night, August 20 at 7:00pm

Vincent Canby of the NY Times in his review of the movie said, "Goodbye, Columbus," Philip Roth's novella about ... a decent, edgy Jewish boy from Newark who falls in love with a rich, tennis-playing Jewish princess from Short Hills, has been made into a very funny, immensely appealing movie of suburban romance [The] screenplay, which follows the original almost

paragraph by paragraph, is so vivid that you can almost smell the aroma of swimming pool chlorine, Arpège and ripe peaches that hangs like a mist over young, summertime love. [The movie] is set against the background of upward mobility... [but has] switched the locale ... to the Bronx and Westchester. The time is early summer and Neil (Richard Benjamin), a young Bronx librarian who doesn't know yet what he wants from life, meets, and falls in love with Brenda (Ali McGraw), a girl... who, Neil vaguely understands (but dismisses), is well on her way to becoming a willful, blue-haired witch.



"The summer becomes one, long, ecstatic ride to disaster for Neil, who is both fascinated and repelled by Brenda's nouveau venu family. They accept him without seeing him ("Oh," says her mother, "You're in the library business?"). Brenda herself, a mixture of the commonplace and the exotic, is the aggressor, bringing Neil into her over-decorated Westchester house, sleeping with him in her bedroom, which is just down the hall from her parents' room, and, in a final, irrevocable act ..., ends the affair as abruptly as she allowed it to commence.

"Richard Benjamin's curiously adolescent physique and odd mannerisms . . . project the essence of the abrasive, uncertain, sensitive young man who would rather work in a library than in ... [Brenda's father's business]. Ali McGraw, ...is ...exactly the right mixture of innocence and guile. Thus, at its center, "Goodbye, Columbus" is sharp and honest. However, the further they are removed from the main situation, the more the subsidiary characters, lightly sketched in the novella, become overstuffed, blintz-shaped caricatures....

These reservations, however, become academic. "Goodbye, Columbus" is so rich with understanding in more important ways that it is a thing of real and unusual pleasure."



SOCIAL ACTION

Brad Eisenberg
Social Action Chair



A few years back, during a late-night meeting of the Social Action Committee in the Beit Midrash, two young adults—a man and woman—found their way into the Beit Midrash. The couple were not members of Ohr Shalom, nor were they interested in joining our Synagogue at 8:00pm on a Wednesday. They were seeking shelter for the night and hoped that as a religious organization we could let them stay on the property. We gave them one of our extra sandwiches to eat, water, and some chairs to sit on, while we concluded our committee meeting. The two ate with much gusto.

After concluding the meeting, our attention turned to our guests. After listening to their explanation of the causes of their temporary homelessness, the committee considered what we could do to help in real time. One committee member had a neighbor who worked with homeless teens, and she called this neighbor for advice. Back then, we

Volunteers Needed to Help Homeless Youth at TAY Academy

Ohr Shalom has partnered with the YMCA's TAY Academy to provide lunch once a month for the youth at the **TAY Academy Drop-In Center**.

The TAY Academy provides youths ages 14-25 with a safe place with supervision and trauma-informed services. TAY Academy is a one-stop center for comprehensive services to support youth on their journey to independence and self-sufficiency. They provide basic services such as food, hygiene products, showers, and laundry as well as offering a computer lab, referral services, and counseling.

If you can help by volunteering to prepare, purchase, deliver and/or provide the financial resources for a meal to feed approximately 15 TAY Academy youth on the third Thursday of the month, please contact **Stephanie Wells**, our TAY project coordinator, at TAYcoordinator@gmail.com.



Ongoing Food Drive for JFS

Drive-thru distribution and home-delivered meals programs are counting on your support to meet the urgent needs of our community. Please remember to bring non-perishable foods to donate whenever you come to Ohr Shalom. Big blue bins are in the lobby.

If you are financially able, please continue to help by giving online at <https://www.jfssd.org>.

These are some of the items that are needed most:

Canned Goods: Tuna, Chicken, Meat, Fruits, Vegetables, Broth

Boxed Items: Baking Mixes, Whole Grain Crackers, Cereal, Rice, Pasta, Other Grains

General Items: Peanut Butter, Mac 'n Cheese, Ramen, Dried Fruit/Nuts, Granola, Protein Bars



learned that there were no free shelters available at night-time – they close their doors. With Rene's help we were able to provide them with some donated warm clothing but had to send them away without an actual solution to their shelter problem.

Homelessness is a problem for many people in our community. Shelter is a basic need that seems to be an intractable problem, more so in California than many other states. One place that provides services focusing on young people is the TAY Academy. **Stephanie Wells**, our TAY Academy liaison and food delivery coordinator, has updated us on our efforts to improve the lives of homeless young people in her article in the July Davar and in her remarks below.

The Social Action Committee is also participating in Jewish Family Service's Back-to-School Backpack Drive. This effort is led by **Allison Wolpoff** along with **Springsong Cooper** and **Daniel Pick**. Please see Daniel Pick's remarks below and the flyer on this page for more information.

Backpack / School Supplies Drive

by Daniel Pick

As a former math teacher, I know the value of this assistance to a student firsthand. Allison, Springsong, and I are lending Brad a hand with this social action project. Our goal as a Synagogue is to contribute 5% of Jewish Family Service's target, or 20 fully stocked backpacks. To help with this project, you can either deposit any of the supplies listed on the flyer at the office, or call Gillian and make a donation earmarked for this drive.

Backpack/School Supplies Drive

It's summer, but the beginning of the next school year isn't that far away. Join us in helping Jewish Family Service provide fully packed backpacks with the supplies to help the children of families in need succeed in school.



Please drop off backpacks and/or school supplies at Ohr Shalom **no later than Friday, August 4**. If you can help by donating funds to this effort, please contact the Ohr Shalom office.

Many thanks to Project Coordinators **Daniel Pick**, **Springsong Cooper Weiner**, and **Allison Wolpoff**. If you have any questions, please contact Springsong @ springsongcooper@gmail.com.

A fully packed backpack includes:

- | | |
|----------------------------------|---------------------------|
| 1 new backpack | 1 pack of pencils |
| 1 2023-2024 academic planner | 1 pack of colored pencils |
| 1 three-ring binder | 1 highlighter |
| 1 pack of loose-leaf lined paper | 1 pencil case |
| 1 pack of black or blue pens | 1 pencil sharpener |



ADULT EDUCATION

Lynn Mendelsohn
Adult Education Chair

Adult Education Opportunities Coming this Fall at Ohr Shalom....

- Launch of our new Adult B’Nai Mitzvah program
- High Holy Day preparation classes with Elisheva Edelson: Thursdays, August 31 and September 7 at 7:30pm
- An On the Town outing at J*Company for the whole family
- A tour of Balboa Park’s Japanese Friendship Garden with docent Alma Geiger
- Another SOHO tour of a nearby San Diego neighborhood

... as well as our ongoing Psalms and Daf Yomi classes, and new books for our book clubs.

Watch for more online and in the September Davar!

OHR SHALOM WELLNESS

Meditation

with Alex van Frank
Tuesday Evenings, 7:00-7:30pm
Alex van Frank, C-IAYT is holding a post-minyan meditation group.



- Lower blood pressure • Less anxiety
- Lower stress levels • Deeper relaxation
- More feelings of well-being



Zoom:
<https://us02web.zoom.us/j/82805583843>
Meeting ID: 828 0558 3843

COMMUNITY EVENTS

RUTH - Remember Us The Holocaust

Ongoing exhibit at the
Rancho San Diego Public Library, 11555 Via
Rancho San Diego, El Cajon

The exhibit, created and curated by Sandy Scheller, was named for her mother, Ruth Sax, Holocaust survivor and long-time Ohr Shalom member. It features stories from San Diego Holocaust survivors. The exhibit will be on display during the library’s regular business hours. Tours will be available from 10am to 12pm on Thursdays or upon request. Contact the library at 619-660-5370.

CLASSES with Rabbi Meltzer

[Ohr Shalom Zoom Room](#)

Daf Yomi • Wednesdays, 10:00am

This weekly class discusses the pages of Talmud most recently covered.



Psalms • Wednesdays, 11:00am

This weekly class discusses the pages of Talmud most recently covered.

No class
September 2, 9 & 16

Slow Read Book Club

• Fridays, 10:00am
Returns August 25

Readings with the Rabbi

• Thursday, August 24, 7:00pm
Monthly Book Discussion

A Brilliant Novel in the Works

by Yuvi Zalkow



When Yuvi’s wife finds him in his underwear, standing on top of his desk, she isn’t particularly impressed with his writing habits. But Yuvi worries. He has a wife who wants things he can’t give her, an editor who wants a book he can’t deliver, a brother-in-law whose gastrointestinal disease may lead him to a morbid end, and dead parents who, well, they don’t really want anything, but that doesn’t stop the memory of them from haunting him.

Heartbreaking and hilarious, *A Brilliant Novel in the Works* is the utterly original debut novel from Yuvi Zalkow.

MAZAL TOY

To Elizabeth Schwartz on the publication of her book *The Sweet Fragrance of Life and Other Horror Stories* (called *Der ziser duft funem lebn* in Yiddish). According to the publisher Olmiansky Books, “This is an eery collection of new Jewish-themed horror stories from a world that was. These are thrilling and dark stories, but also political reflections about racism and misogyny.” The book of three Yiddish horror stories is illustrated by Linda Siewert and available in English and Yiddish at olmianskybooks.etsy.com.



To Yale Strom and Elizabeth Schwartz on the release of Hot Pstromi’s latest album “The Wolf and the Lamb—Live at the Shakh.” The album pays tribute to the rich cross-cultural interaction that shapes Eastern European Jewish music with a mix of traditional melodies, virtuoso instruments and modern arrangements. Recorded at the 17th century Shakh Synagogue in Holešov, Czech Republic, the CD is published by ARC MUSIC and available in multiple formats on Amazon.



RELIGIOUS SCHOOL

Maggy Dujowich
Religious School Principal



Dear Parents, Staff, Students, and Congregants,

Shalom and a warm welcome to the Ohr Shalom community! I am incredibly thrilled to be the new principal of this wonderful institution. As we embark on this journey together, I want to take a moment to share a little more about myself, my vision for our school, and a lighthearted Jewish anecdote from my childhood.

First and foremost, education has always been my passion. I firmly believe that every child deserves the opportunity to grow, thrive, and excel in a nurturing and intellectually stimulating environment. With 23 years of experience in the field of education, I am confident in my ability to guide our students toward success, while fostering an inclusive and vibrant school community.

Growing up in a close-knit Jewish family, I learned at an early age the importance of traditions, values, and the power of a good laugh. One particular anecdote stands out from my childhood, demonstrating the humor and warmth that I hope to bring into our school community.

When I was around seven years old, my family gathered for a Passover Seder, a time when we retell the story of the Jewish exodus from Egypt. As the youngest child at the table, it was my duty to ask the Four Questions, a traditional part of the Seder. However, being a mischievous and curious child, I decided to add a touch of creativity to the age-old questions.

Instead of the usual, “Why is this night different from all other nights?” I asked, “Why is this matzah different from all other matzah?” My family, initially caught off guard, burst into laughter. Though it deviated from the norm, my question became an endearing family tradition, reminding us that while we honor our heritage, there is always room for a little joy and humor.

This childhood memory reminds me that learning should be an enjoyable experience, one that encourages curiosity, creativity, and a sense of wonder. In my role as your principal, I am committed to fostering a supportive and joyful environment where our students can thrive academically, socially, and emotionally.

Together, we will embark on a journey of growth and discovery, celebrating our unique Jewish heritage while embracing the diverse perspectives within our community. I invite all of you to join me in this exciting endeavor, as we work hand in hand to provide the best possible education for our children.

Please feel free to reach out to me with any questions, ideas, or concerns you may have. My door is always open, and I am eager to connect with each and every one of you.

Wishing you all a fantastic week with joy, learning, and laughter!

Ohr Shalom Religious School Is Hiring **TEACHERS** for the Upcoming School Year

September 2023-May 2024

Sunday: 9:30am-12:00pm • Thursday: 4:30pm-6:30pm

Are you a dedicated and knowledgeable individual with a deep understanding of Jewish traditions and values? Are you eager to share your expertise with the next generation?

Contact: Maggy Dujowich, Religious School Principal
at principal@ohrshalom.org

OHR SHALOM SYNAGOGUE
Religious School
Hebrew • Tradition • History • Prayer
Ages 5-13 Years Old



REGISTRATION IS NOW OPEN!
email principal@ohrshalom.org
or click link in the weekly eKol

School Starts September 10, 2023

Welcome Our New Shinshinit – Noam Kieselstein

Ohr Shalom will again be part of the **Shinshinim Program** through Jewish Federation of San Diego. The *shinshinim* are recent high school graduates who participate in a Year of Service Program before their military service. The program allows our community to meet young Israeli ambassadors who share their love and knowledge of Israel with their host community.



We are excited to introduce you to **Noam Kieselstein**, the *shinshinit* who will spend her year of service at Ohr Shalom during the Academic Year 2023-2024. Here’s a few words of introduction from Noam:

“I’m Noam and I’m very excited to be coming to San Diego soon for the year as a shinshinit. In Israel I live in Har Adar (it’s a small town near Jerusalem) and I have three siblings: two brothers and a sister, and I’m right in the middle. I’m also very active in the scouts, in “Shevet Harel” and for the past three years I was a guide there. I’m really looking forward to being a part of your community and bringing my Israeli story and experiences with me to share with you! Can’t wait to meet all of you. See you soon!”

How can you help?

Shinshinim live with host families. Hosts may be families with children living at home, empty-nester couples, or grandparents. They are host families for the first trimester but host homes are needed from November through the balance of the school year.

What does a host family need to provide?

A private room in your home for the shinshin to stay, food for daily meals, and a nurturing home environment for a 3-4 month period. Each shinshin is provided with an insured car, a cell phone, health insurance, and a financial stipend through Federation and the Jewish Agency.

How are they a part of our community?

The Shinshinim take part in innovative Israeli education and engagement programs at more than 20 partner organizations. They live with host families.

For more information on becoming a host family call Shifra Baltinester, 858 967-3969 or email her at shifrab@jafi.org.



ISRAEL DESK

Susie Meltzer
Israel Desk

Natan Sharansky: Dissident, Prisoner, Politician and Hero

Great Jewish leaders have appeared throughout our history. **Natan Sharansky** is one who has made an indelible mark with his courage, tenacity and vision. Born Anatoly Sharansky in the Ukraine in 1948, he became Natan Sharansky on arrival in Israel in 1986. He names two things absent in his childhood: Jewish identity and freedom. There were no Jewish books, no Jewish holidays. Only antisemitism. He studied mathematics at the Moscow Institute of Physics and had a promising career. The Six-Day War became a turning point for him and many other Jews in the Soviet Union, connecting them to their Jewish identity. It motivated them to read and talk openly about the Jewish people, their past and about modern Israel.

In 1975 he applied for an exit visa to Israel and was not only refused, but discharged from his job. He became a "Refusenik" leader, and his activism led to his arrest in 1977 and consequent sentence of 13 years of forced labor. He became a global symbol of the Soviet Jewry struggle, and the movement's international reach was one of the first cracks in the foundation of Soviet authoritarian rule. In 1986, Sharansky became the first political prisoner freed by Premier Mikhail Gorbachev.

Sharansky described his emigration to Israel as being taken from hell and thrown into paradise in the space of a few hours, including celebrating his release with the Jewish people at the Kotel with his wife Avital, whom he had not seen in 12 years.

Sharansky immediately became a public figure, first in the Knesset, where he co-founded a political party Yisrael Be'aliyah to promote integration of a million Soviet Jews into Israeli society. He felt responsible to help rebuild their lives and give them a voice, and a political party was required to do that.

After leaving politics, Sharansky became head of the Jewish Agency for Israel for 9 years, making the former refusenik literally the guardian of the dream that has been the centerpiece of his life and of Israel's success: Aliyah. The organization's primary goal was to help ensure that Jews connected to Jewish life and to Israel. Sharansky's work included the promotion of Masa, a project designed to bring some 12,000 young Jews to Israel each year to study and volunteer. He also initiated the Campus Israel Fellows to bring 100 young Israelis to college campuses in North



Natan Sharansky with (L to R): Foreign Minister Yitzhak Shamir, Prime Minister Ariel Sharon and Prime Minister Shimon Peres.

America. This focused on strengthening Jewish leadership and engaging Jewish students with Israel.

Sharansky has earned many awards for his moral influence in captivity and in freedom. He has been awarded the Congressional Gold Medal and the Presidential Medal of Freedom in the US. In Israel he received the Genesis Prize, often called the "Jewish Nobel," for his contributions to humanity, his commitment to Jewish values and Israel.

During a recent interview on Russia, Ukraine, repression and freedom for the National Review, Sharansky pointed to Ukrainian President Zelensky. He said, "It is almost an irony of history that this leader is a proud Jew, who connects himself to Jewish culture and to Israel, and he is an unbelievably strong Ukrainian patriot. He sets a great example for the world."

The same can be said about Natan Sharansky. His legacy remains a shining light for Israel and Jews everywhere.



Ukraine's President Volodymyr Zelensky and Natan Sharansky in Kyiv in October 2022.

Interested in a Trip to Israel with Ohr Shalom in Spring/Early Summer 2025?

Please contact the Office if you would like to be involved in this initial planning phase and want to be notified of the first meetings.



ENVIRONMENTAL PROJECTS

Allyson Darroch
Environmental Projects Chair

A Can a Week Is All We Ask

In the latter part of the twentieth century (mid 80s if you are counting) there was an ad for a certain brand of almonds. It showed a few somewhat rough-looking gentlemen standing chest deep in almonds and saying, pleading really: "One can a week, that's all we ask." The implication was that if we don't help out they will soon be completely smothered by almonds. Their lives, they implied, were in our hands.



So.. nu? Lets change this meme a bit. One bit of plastic a week is all we ask.

Time To Take The Plastic Challenge: Stop buying one common plastic item every week.

Don't stop using soap, toothpaste, shampoo, pet food, soft drinks, bottled water, salad dressing, trash bags or the hundred other ordinary household items we purchase on a regular basis. Just switch to a product that doesn't come in an unrecusable plastic container. Maybe don't put groceries and fruits that are already bagged in another bag. Look for the "compostable" label. No suffering for the sake of the eco system is being asked for here. Look for alternatives—there must be one or two. They may even be better. Bonus point for letting the manufacturers know that that's why you have switched.

The Ocean Conservancy argues that if just five items could be effectively eliminated (such as styrofoam food containers, plastic straws, single-use plastic bags, plastic utensils, plastic beverage containers), these five plastic items would help keep oceans cleaner and safer for wildlife and help fight the battle against climate change.

Fun Fact #1: Stopping the production of these products would mean about 7 million metric tons fewer CO2 emissions would be produced every year or the equivalent of taking 1.5 million cars off the road a year, their report notes. [<https://oceanconservancy.org/news/plastic-free-july-plastic-free-beaches/>].

Not So Much Fun Fact #2: More than 30 countries, including Chile, Kenya, India and Canada, have passed national bans on some of the five single-use plastic items mentioned in the report. Please note that the U.S. isn't one of them.

Just one bag, bottle, plastic anything a week. That's all we ask... Not bad for a start, eh?

Men's Discussion & Social Group: Tuesday, August 8, 6:30pm

This is a great opportunity to get to know fellow Ohr Shalom men. To talk about sports you watch, sports you participate in, sports you'd like to start.

Pure Project Taproom and Biergarten
2865 5th Avenue, San Diego, CA 92103
For questions or to RSVP
contact Phil Miller, unmobile@gmail.com



SISTERHOOD CORNER

Eti Chall
Sisterhood President

Reviving the Ohr Shalom Synagogue Sisterhood: A New Beginning

I am thrilled to announce an exciting new chapter in our community. We are embarking on a journey to revive and invigorate our beloved Sisterhood, and I am eager to witness the passion and camaraderie that will unfold as we move forward together.

Reviving Membership: Our Sisterhood has a rich history of solidarity, support, and friendship. Together, we have celebrated joyous moments and stood by each other through challenges. Now is the time to reignite that spark and welcome back our existing members with open arms. Let us cherish the memories we've shared and embrace new possibilities as we look to the future.

Recruiting New Members: To breathe new life into our community, we must also welcome fresh faces with warmth and inclusivity. I encourage each of you to reach out to friends, family, and acquaintances who might be interested in joining us. Your personal touch can be the reason someone decides to become part of our Sisterhood. Together, we can grow stronger and brighter.

Creating a Planning Committee: A successful Sisterhood requires dedicated planning and organization. Therefore, we aim to create a dynamic planning committee that will serve as the backbone of our activities. Whether you are a seasoned member or a newcomer, your ideas and enthusiasm are invaluable. Join us in shaping meaningful experiences that will strengthen our bonds and create lasting memories.

Monthly Challah Bake, Sept. 14th, 5:00pm: Prepare your calendars, as we are introducing a delightful monthly Challah Bake on the first Thursday of every month. This special event will be a wonderful opportunity to come together at the Synagogue to make the Challah dough, and then take it home to rise and bake. We'll provide the recipe and guidance for the process. The aroma of freshly baked Challah will fill our homes, and the shared experience will nourish our hearts.

An Inclusive Invitation: Our Sisterhood warmly welcomes women and female-identifying people. Ohr Shalom's Sisterhood is an inclusive space that celebrates diversity and embraces all who wish to join us on this journey. Our strength lies in our diversity, and we can learn and grow from each other's unique perspectives.

I encourage each one of you to actively participate in this revival. Share your ideas, lend a helping hand, and extend a warm invitation to those who may be seeking a community like ours. Together, we will create a Sisterhood that is enduring, inspiring, and filled with love. Text, call or email me with your thoughts and ideas: 619-772-5001, sisterhood@ohrshalom.org



PUBLIC HEALTH CORNER

Eva Brzezinski
Ohr Shalom Board Member

Sun Safety CDC

Spending time outside is a great way to be physically active, reduce stress, and get vitamin D. You can work and play outside without raising your skin cancer risk by protecting your skin from the sun. Most skin cancers are caused by too much exposure to ultraviolet (UV) light. UV rays are an invisible kind of radiation that comes from the sun, tanning beds, and sunlamps. UV rays can damage skin cells. Protection from UV rays is important all year, not just during the summer. UV rays can reach you on cloudy and cool days, and they reflect off of surfaces like water, cement, sand, and snow. In the continental United States, UV rays tend to be strongest from 10am to 4pm daylight saving time (9am to 3pm standard time). The UV Index forecasts the strength of UV rays each day. If the UV index is 3 or higher in your area, protect your skin from too much exposure to the sun.

How to Protect Your Skin from the Sun

Shade: You can reduce your risk of sun damage and skin cancer by staying in the shade under an umbrella, tree, or other shelter. Your best bet to protect your skin is to use sunscreen or wear protective clothing when you're outside—even when you're in the shade.

Clothing: When possible, wear long-sleeved shirts and long pants and skirts, which can provide protection from UV rays. If wearing this type of clothing isn't practical, try to wear a T-shirt or a beach cover-up. Clothes made from tightly woven fabric offer the best protection. A wet T-shirt offers much less UV protection than a dry one, and darker colors may offer more protection than lighter colors. Some clothing is certified under international standards as offering UV protection.

Hat: For the most protection, wear a hat that has a brim all the way around that shades your face, ears, and the back of your neck. A tightly woven fabric, such as canvas, works best to protect your skin from UV rays. Avoid straw hats with holes that let sunlight through. A darker hat may offer more UV protection. If you wear a baseball cap, you should also protect your ears and the back of your neck by wearing clothing that covers those areas, using sunscreen, or staying in the shade.

Sunglasses: Sunglasses protect your eyes from UV rays and reduce the risk of cataracts. They also protect the tender skin around your eyes from sun exposure. Sunglasses that block both UVA and UVB rays offer the best protection. Most sunglasses sold in the United States, regardless of cost, meet this standard. Wrap-around sunglasses work best because they block UV rays from sneaking in from the side.

Sunscreen: Put on broad spectrum sunscreen that filters out both UVA and UVB rays and has an SPF of 15 or higher before you go outside. Don't forget to put a thick layer on all exposed skin. Get help for hard-to-reach places like your back. And remember, sunscreen works best when combined with other options. Sunscreen is not recommended for babies who are 6 months old or younger. The U.S. Food and Drug Administration recommends keeping infants out of the sun during midday and using protective clothing if they have to be in the sun.



FROM OUR EXECUTIVE DIRECTOR

Gillian Argoff-Treseder
Executive Director

The Value of Community

The High Holy Days are just around the corner. As a small child you go to Synagogue with your parents, play games and eat snacks. By the time you have completed your b'nai mitzvah, you go to be with friends and commiserate about the first time you try fasting for Yom Kippur. In college, it may be the first time you experience High Holy Days away from home in a new community and with new traditions. For me, the need to be with the Jewish community on Rosh HaShanah and Yom Kippur has always been strong and has been a driving force in my search to find the right Shul where I feel comfortable and safe in my Judaism. Now, not only have I found the right Synagogue for me and my family, but I have the extreme privilege to work here and hopefully HELP to provide that sense of community and belonging to all of you.

Rabbi Meltzer, the Ohr Shalom Board and our wonderful volunteers offer a welcoming home to all who walk through our doors. Through classes, services, Shabbat Kehillatit dinners, Shabbat at the Bay and many other opportunities, members have a chance to learn and grow within Judaism together. *Tikkun Olam* (repairing the world) and *Gimilit Chasadim* (acts of loving kindness) are also at the center of our community. Caring for each other by offering a *Mi Shebeirach*, a meal train, or tea through the Chesed Committee when a person is in need. Caring for the community at large through food and clothing donations, helping-hands bags and blood drives are more ways Ohr Shalom contributes to making the world a better place. Recently, we have been trying to be as "green" as possible when we serve meals and encourage all of you to read the Davar online, saving paper, postage and fuel.

All of these efforts take the work and contributions of the entire community. This year, as you think about the High Holy Days, your membership in our community, and your commitment to your own Judaism, I hope you will consider the ways in which you can contribute to our Shul. Volunteer on a committee or at an event, lead part of the service or commit to giving even just \$5 more per month. Every little bit makes a difference and makes our Synagogue stronger and more welcoming.

Todah Rabah and early L'Shana Tova.

SPF. Sunscreens are assigned a sun protection factor (SPF), which is a number that rates how well they filter out UV rays. Higher numbers indicate more protection. You should use a broad spectrum sunscreen with SPF of 15 or higher.

Reapplication. Sunscreen wears off. Put it on again if you stay out in the sun for more than 2 hours and after swimming, sweating, or toweling off.

Expiration date. Check the sunscreen's expiration date. Sunscreen without an expiration date has a shelf life of no more than 3 years. Its shelf life is shorter if it has been exposed to high temperatures.

A Very Special Trip to Eastern Europe

by Aviva Rosenberg

My Mom and I recently came back from a trip to Eastern Europe: Bulgaria, Serbia, Romania and Poland.

It was an interesting and surprising experience. These countries were all under communist rule up to the early 1990s. But seeing them now you would never have suspected that. They have shopping malls with the same stores we have here, even though the old buildings still have charm and a romantic structure. In Sofia, the Bulgarian capital, we saw Roman ruins inside one of the metro stations. But the highlight was visiting the synagogue, with the help of Julie, a contact I got through the Jewish Federation. The synagogue was beautiful and one of the largest in Europe. We also toured their Jewish community—and saw the Jewish elementary school and the plans for the new Jewish Community Center, which will contain everything in one place. Bulgaria also has many of the global IT companies, where Bulgarians work and get a good salary, although less than what it would be in Germany or the United States.

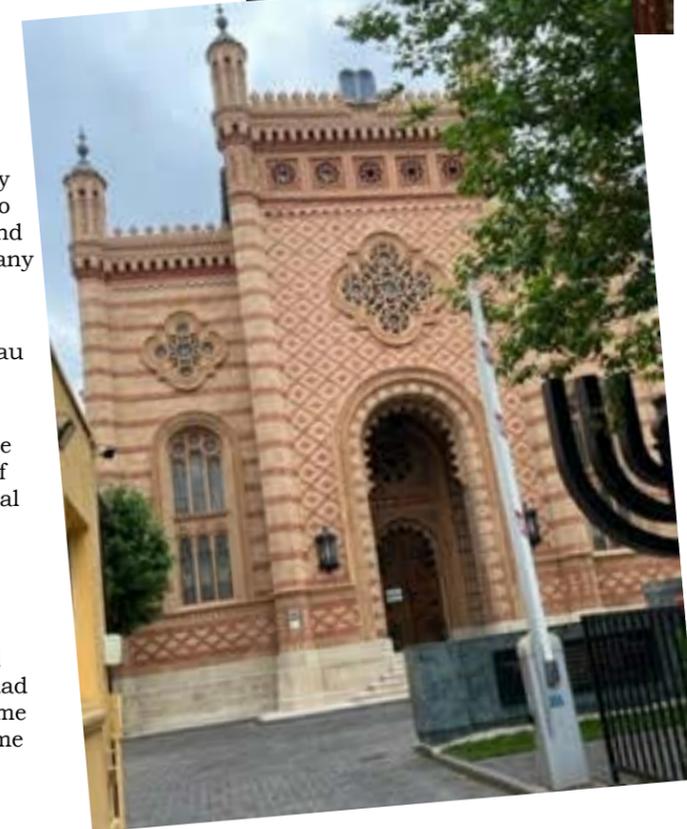
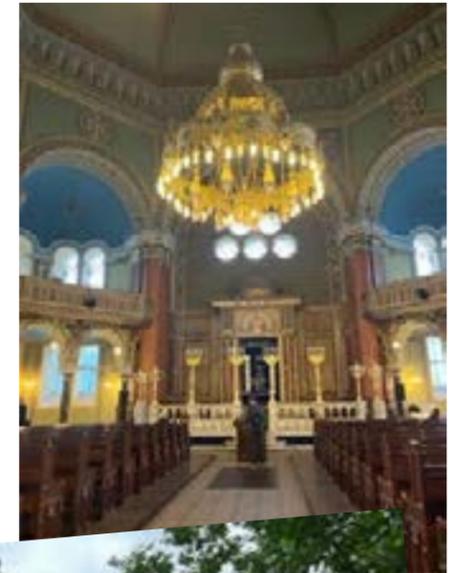
In Serbia my favorite city was Novi Sad, a city on the banks of the Danube River with a beautiful fortress and many art nouveau style buildings. We also visited the Novi Sad Synagogue which, because of its acoustics is used for concerts and events.

In Romania we visited a few castles in Transylvania. Brad Castle dated from Vlad the Impaler, the inspiration for the character of Dracula. The scenery in Transylvania was beautiful. After several other villages, the tour finished in Bucharest, once called the "Paris of the East" because of its many French-style buildings. It even has an Arc de Triomphe. I learned about the different dictators that all these countries had. We visited the huge and opulent Parliament building, once Nicolae Ceaușescu's not-so-humble abode. The city is full of gardens filled with very colorful rose bushes. Of course, we visited synagogues, most of which had Spanish Moorish architecture with red bricks. What surprised me the most about Romania is the many casinos where Israelis come to gamble. We saw a quite a few Israelis around Bucharest.

The second part of our trip was to Poland, to see where my maternal grandfather was born. There we visited the cities of Wroclaw, Krakow and Warsaw. I learned about the history of Poland and the Jewish people who live there. I had a much more emotional experience when visiting Auschwitz and Birkenau Concentration camps, and learned much about the Jewish ghettos; my grandfather's family had been in the Warsaw Ghetto. We walked along the street where they used to live. The building no longer exists—most of Warsaw was bombed and destroyed by the Nazis. My Mother and I were able to visit the graves of my great-grandfather and great-great-grandfather in the old Jewish cemetery of Warsaw and said Kaddish at their tombs.



Dracula's Castle in Transylvania



Photos, top to bottom: Sofia Synagogue, Bucharest Synagogue and Novi Sad Synagogue.

TODAH RABAH AND LIFE CYCLE EVENTS

Thank you for your generous donations in July:

SYNAGOGUE FUND

Sylvia Rosenthal
In loving memory of Julio Galicot
 Jim Lewis
 Lynn and Ivan Mendelsohn
 Ray and Marcia Sachs
 Al Shelden

In loving memory of Kaylen Ricks
 Jim Lewis

In loving memory of Michele Janene Cardosa
 Jim Lewis
 Lynn and Ivan Mendelsohn

In loving memory of Bart Feldmar
 Toni and Don Goldstein

In loving memory of Chaya Sarah bat Moshe
 Aaron Rubinstein

In loving memory of Gisa Shiffman
 Judie Dresser

RABBI'S DISCRETIONARY FUND

Thank you to Rabbi Meltzer
 Maria Gomez and Dean Laurens

In loving memory of Kaylen Ricks
 Stacy and Fred Van Goor

SOCIAL ACTION FUND

JFS Backpack Drive
 Ray and Marcia Sachs

CHOCOLATE FUND

Richard Scholten

TODAH RABAH TO OUR SHABBAT SPONSORS

Louis and Batsheva Appleman
 Naomi Ruth Eisman
 Ana and Jose Galicot
 Daniel Pick
 Harlene and David Rottenberg
 Richard Scholten
 Jonah Weinberg and Paul Jou
 Stephanie Wells

We apologize for any omissions.

CONDOLENCES

Brian Stannard on the passing of his beloved mother,
Michele Janene Cardosa z'l

Todah Rabah to our July Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Minyan Minute and Minyan Leaders:

LeAnne Adams	Alberto Hamui	Rachel Millstone
Jeanne Argoff	Ross Kanter	Amy Morris
Ilan Awerbuch	Koba	Bill Morris
Sue Brown	Morris Lazard	Rocky Reid
Joe Castiglione	Jessica Lemoine	Ruben Rosental
Louise Chandler	Yiftach Levy	Brian Stannard
Allyson Darroch	Hadarya Levy	Jonah Weinberg
Elishava Edelson	Jim Lewis	Springson
Judy Gaines	Anna Mai	Cooper Weiner
Jonathan Geiger	Eli Meltzer	Margalit Wollner
Lou Green	Jennifer Meltzer	Rebecca Wollner
Maria Gomez Laurens	Ivan Mendelsohn	Marvin Yudkovitz
Joe Hartman	Lynn Mendelsohn	Jane Zeer

Mazal Tov to Our Graduates!
(High School, College, Advanced Study)



Melia Zands	Graduated from Lakeway High School and going to University of Miami
Jonathan Cohen	Graduated from SDJA going to University of Miami
Salvador Sutton	Graduated from SDJA going to University of Indiana

Yahrzeits

*Monica Veinbergs	Remembered by the Galicot and Veinbergs Families	1-Aug/14 Av
*Ezekiel Burger	Susie and Eli Meltzer's Grandson	2-Aug/15 Av
Ruth Weiss	Barrett Avigdor's Grandmother	2-Aug/15 Av
*Abraham Hanono	David Hanono and Ezra Hanono's Father	3-Aug/16 Av
Jacques Kucinski	Robert Kucinski's Brother	3-Aug/16 Av
Haim Hersh Rozen	Remembered by Fay Rozen	3-Aug/16 Av
Sidney Stein	Jane Zeer's Uncle	3-Aug/16 Av
Eliezer Suissa	Deborah Suissa's Father	4-Aug/17 Av
Judy Geiger	Remembered by Jonathan Geiger	5-Aug/18 Av
Steffi Lauer	Remembered by Ohr Shalom	5-Aug/18 Av
Sam Ehrenwerth	Janice Zipp Cannizzaro and Elaine Smith's Grandfather	6-Aug/19 Av
Zelik Chaim Grinberg	Ruben Rosental's Grandfather	6-Aug/19 Av
Pearl Grossman	Sherry Berlin's Mother	7-Aug/20 Av
Gisa Schiffman	Judie Dresser's Mother	7-Aug/20 Av
*Louise Buchwald	Leah Singer's Mother	8-Aug/21 Av
Charles Darrow	Allyson Darroch's Father	8-Aug/21 Av

Yahrzeits

*Harvey Goldberg	Susie Meltzer & Karen Rund's Father, Rabbi Meltzer & Brett Meltzer's Grandfather.....	8-Aug/21 Av
Joyce Zeff	Dana Zeff's Mother	8-Aug/21 Av
Sidney Heller	Remembered by Allan Wolf	9-Aug/22 Av
Betty Shteremberg	David Shteremberg's Mother	9-Aug/22 Av
Essie Lawton	Justina Nemoy's Grandmother	10-Aug/23 Av
Alberto Alvo	Rosie Veinbergs' Father	11-Aug/24 Av
Eva Gojman	Esther Tishman's Sister	11-Aug/24 Av
Jenny Penhas	Sally Maizel's Mother	11-Aug/24 Av
Marysia Ratniewski	Alfredo Ratniewski's Mother	11-Aug/24 Av
*Abe Smith	Mark Smith's Father	11-Aug/24 Av
*Hilda Veinbergs	Jacobo Veinbergs and Sylvia Galicot's Mother	11-Aug/24 Av
*Jacob Rubin	Fanny Hanono's Father	13-Aug/26 Av
*Rubin Zeer	Jane Zeer's Father	13-Aug/26 Av
*Sara Rosental	Ruben and Fanny Rosental's Daughter	14-Aug/27 Av
*Herb Sevel	Evie Sevel's Husband	14-Aug/27 Av
Horace Escoffery	Yvonne Scarlett's Uncle	15-Aug/28 Av
Bea Slipock	Love Zubiller's Grandmother	15-Aug/28 Av
Liby Chazan	Silvia Gold's Daughter and Jose Gold's Sister	16-Aug/29 Av
*Sam Cohen	Susan Kaplan's Stepfather	16-Aug/29 Av
Ana Dryjansky	Celia Chazan's Mother	16-Aug/29 Av
Gertrude Jagorda	Aaron Hoskins' Grandmother	16-Aug/29 Av
Jonathan Moss	Gillian Moss' Husband	16-Aug/29 Av
Harold Rose	Marda Rose's Grandfather	16-Aug/29 Av
Ellen Bergman	Miriam Jane Bergman's Mother	17-Aug/30 Av
Benito Govezensky	Bertha Szmuilowicz' Brother	17-Aug/30 Av
Pablo Fastag	Ruth Fastag's Husband	18-Aug/1 Elul
Ruth Fuld	Remembered by Ohr Shalom	18-Aug/1 Elul
Nancy Lynn Schwartz	Elizabeth Schwartz's Sister	18-Aug/1 Elul
Isaac Stepensky	Teshy Wellman's Father	18-Aug/1 Elul
Sophia Zimlich Diehl	Allyson Darroch's Grandmother	19-Aug/2 Elul
Moshe Lisker	Remembered by Susanne Lisker	20-Aug/3 Elul
Bill Mintzer	Bonnie Tabak's Father and Jennifer Tabak-Levy's Grandfather	20-Aug/3 Elul
Linda Spurrell	Remembered by Brian Stannard	20-Aug/3 Elul
*Joanne Scholten	Richard Scholten's Wife	21-Aug/4 Elul
Mildred Sindler	Rita Cohen's Mother	21-Aug/4 Elul
Miriam Dantus	Celia Chazan's Sister	22-Aug/5 Elul
David Fainstein	Jaime Fainstein's Father	22-Aug/5 Elul
Eugenia Handelman	Sara Fainstein's mother	22-Aug/5 Elul
Shica Slutskaya	Golda Slutskaya's Grandfather	22-Aug/5 Elul
Jack Zipp	Janice Zipp Cannizzaro and Elaine Smith's Uncle	22-Aug/5 Elul
Bart Feldmar	Toni Goldstein's brother and Jennifer Meltzer's Uncle	23-Aug/6 Elul
Boaz Talerman	Diane Talerman's Husband, Sharon Talerman and Masha Lipner's Father and Myer Talerman's Brother	23-Aug/6 Elul
*Tillie Weisman	Remembered by Joe Rubin	23-Aug/6 Elul
Moshe Finkel	Tito Salzman's Grandfather	24-Aug/7 Elul
Ninette Karsenty	Rene Sportes' Aunt	24-Aug/7 Elul
Tsvi Oratowski	Jesica Oratowski Coleman's Father	24-Aug/7 Elul
Elsa Rosenvasser Feher	Shoshanah Feher Sternlieb's Mother	24-Aug/7 Elul
Anna Hollender	Jonathan Geiger's Grandmother	25-Aug/8 Elul
Adolf Braun	Gary Brown's Grandfather	26-Aug/9 Elul
Maureen Burke	Beth Vann's Mother	26-Aug/9 Elul
*Ida Abrams	Evie Sevel's Aunt	27-Aug/10 Elul
Harold Simon	Gillian Moss' Father	27-Aug/10 Elul
Sadi Sportes	Rene Sportes' Father	27-Aug/10 Elul
*Ruben Veinbergs	Miguel Veinbergs' Brother	27-Aug/10 Elul
Robert Gottschalk	Judi Gottschalk's Husband	28-Aug/11 Elul
Kalman Grun	Elizabeth Green's Great Grandfather	28-Aug/11 Elul
*Paul Weil	Remembered by Ohr Shalom	28-Aug/11 Elul
*Ketty Capelluto	Stella Salzman's Mother	29-Aug/12 Elul
Hertha Sherwood	Doreen Casuto's Mother	29-Aug/12 Elul
Sally Lombrozo	Jose Lombrozo's Mother	30-Aug/13 Elul
*Zachary Lachow	Lillian Lachow's Father	31-Aug/14 Elul
Lena Toby Spellman	Roberta Greene's Grandmother	31-Aug/14 Elul
Jessie Tabak	Mel Tabak's Mother and Jennifer Tabak-Levy's Grandmother	31-Aug/14 Elul

** denotes a memorial plaque was purchased in memory of a loved one*



CALENDAR OF EVENTS **AUGUST 2023**

Av/Elul 5783

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 14 Av 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank	2 15 Av Tu B'Av 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan	3 16 Av 6:15pm - Minyan	4 17 Av 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat 7:26pm	5 18 Av Parshat Ekev 9:30am - Shabbat Service 8:26pm
6 19 Av 6:15pm - Minyan	7 20 Av 6:15pm - Minyan 7:00pm - Choir Practice	8 21 Av 6:15pm - Minyan 6:30pm - Men's Event 7:00pm - Meditation with Alex van Frank	9 22 Av 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan	10 23 Av 6:15pm - Minyan	11 24 Av 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat 7:19pm	12 25 Av Parshat Re'eh Mevarchim Chodesh 9:30am - Shabbat Service 8:19pm
13 26 Av 6:15pm - Minyan	14 27 Av 6:15pm - Minyan 7:00pm - Choir Practice	15 28 Av 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank	16 29 Av 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan	17 30 Av Rosh Chodesh Elul 6:15pm - Minyan	18 1 Elul Rosh Chodesh Elul 2:00pm - Office Closes 6:00pm - Shabbat at the Bay 7:12pm	19 2 Elul Parshat Shoftim 9:30am - Shabbat Service 8:11pm
20 3 Elul 6:15pm - Minyan 7:00pm - Movie Night	21 4 Elul 6:15pm - Minyan 7:00pm - Choir Practice	22 5 Elul 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank	23 6 Elul 10:00am - Adult Ed: Daf Yomi 11:00am - Adult Ed: Psalms 6:15pm - Minyan	24 7 Elul 6:15pm - Minyan 7:00pm - Readings with the Rabbi	25 8 Elul 11:00am - Slow Read Book Club 2:00pm - Office Closes 6:00pm - New Tots in PJs 6:30pm - Family Kabbalat Service 7:04pm	26 9 Elul Parshat Ki Tetzei 9:30am - Shabbat Service 12:30pm - Lunch & Learn 8:03pm
27 10 Elul 6:15pm - Minyan 7:00pm - Kumsitz at Rabbi Meltzer's House	28 11 Elul 6:15pm - Minyan 7:00pm - Choir Practice	29 12 Elul 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank	30 13 Elul 10:00am - Adult Ed: Daf Yomi 11:00am - Adult Ed: Psalms 6:15pm - Minyan	31 14 Elul 6:15pm - Minyan 7:30pm - Class with Elisheva Edelson	1 15 Elul 11:00am - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi" 6:55pm	2 16 Elul Parshat Ki Tavo 9:30am - Shabbat Service 7:54pm
3 17 Elul 6:15pm - Minyan	4 18 Elul Labor Day Office Closed No Minyan	5 19 Elul 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank	6 20 Elul 10:00am - Adult Ed: Daf Yomi 11:00am - Adult Ed: Psalms 6:15pm - Minyan	7 21 Elul 6:15pm - Minyan 7:30pm - Class with Elisheva Edelson	8 22 Elul 11:00am - Slow Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service 6:46pm	9 23 Elul Parshat Nitzavim-Vayeilech 9:30am - Shabbat Service 8:00pm - Selichot Service 7:45pm