

Chanukah Extravaganza

Sunday, December 5th

Ice Cream Truck at Ohr Shalom
noon-2:00pm

Please bring food for JFS, Toys for Tots, warm blankets & new socks for those in need as a Chanukah donation during the Ice Cream Party. RSVP through the link in your email or call the office.



ZOOM Chanukah Lighting, Singing and Surprises

With musical performances by some of the musicians of our Ohr Shalom Calendar- 5:00pm

Chanukah Community Candlelighting Nightly

at 6:05pm during the Minyan Minute
November 28 thru December 2



DAVAR MEGILLAH

DECEMBER 2021 • MONTHLY NEWSLETTER • KISLEV 5782/TEVET 5782

TURNING THE PAGE, STARTING A NEW CHAPTER

By Rabbi Scott Meltzer

First, I hope you will join us at 9:00am on Saturday, December 11, on Zoom, when our daughter Yael Neshama will be called to the Torah as Bat Mitzvah. Jennifer and I are very excited, as is Yael.

Standing next to a thirteen-year-old child turning young adult, I usually ponder how fortunate we are, and the child is, to live at a time during which we have extended childhood for years beyond physical maturity. For most of human history, and still in many parts of the world, by the time a young person enters their teen years, they begin to enter the adult life of their society. The same used to be true for Jews.

Today, our teens grow into greater responsibility and self-reliance, but very few of them need to begin earning their own living or starting their own families. So we have the gift to look at how much our children have grown as they become teenagers, rather than

watch them enter the “adult world,” nurturing them in a much safer space for years to come.

And so our Yael will take her place as an “adult” within our community, as millions of Jews have done so before her. She will join the hundreds who have done so here at Ohr Shalom. She will be the fourth of our children to do so.

We will celebrate and be in awe of this remarkable reflection of Divinity in this world. On that morning, Jennifer and I will tell her how very special she is, and how very lucky and proud we feel.

But for now, I want to stand back and reflect that our “baby,” number four, is really growing up. Nearly twenty years of parenting, and we no longer have any babies, and now, no longer any little children.

As we look back on our lives, we organize our past years in chapters – epochs of our life, each punctuated by major events. We each remember our

Rabbi's Message continued on Page 4

YEAR-END GIVING

December is Year-End Donation Month!

If you take annual tax deductions for charitable giving, **please remember Ohr Shalom** as you write your December checks – or complete electronic transfers to your favorite beneficiaries.

If you are age 72 or older, and are obligated to take an annual distribution from your IRA or pension fund, please consider contributing to Ohr Shalom via a “qualified charitable distribution” (“QCD”). The IRS will permit you to designate an amount (up to \$100,000) to be sent directly from your IRA or fund to one or more non-profits such as a synagogue. While this amount will count as part of your total required distribution, it will not be taxed. Please consult your accountant or IRA manager about this.



Rabbi Scott and Jennifer Meltzer

cordially invite the members of
Ohr Shalom when our daughter

Yael Meltzer

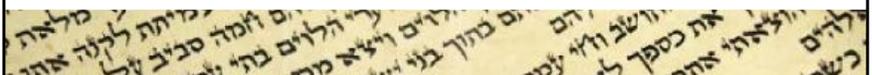
is called to the Torah as a Bat Mitzvah.

Parshat Vayigash

December 11, 9:00am

Please RSVP to rabbi@ohrshalom.org

Service will be on ZOOM Only





WORDS FROM THE PRESIDENT

Lynn Mendelsohn
President

SARAH, SYDNEY AND JUNE

Last summer, my 9-year-old granddaughter Miriam and I read *All-of-a-Kind Family* by **Sydney Taylor**. The first in a series of five similarly-named children's chapter books, it follows the adventures of a family living in New York City in the early 1900s. Taylor's books, published between 1951 and 1978, were a sensation in their day, selling millions. The author based the series on her own family, with its junk-dealer father and wise, fastidious mother. Sydney Taylor had been born Sarah Brenner, in 1904 on the Lower East Side, and she placed herself in the book as the character Sarah, the middle daughter of five.



Miriam instantly engaged with the novel, which begins with a crisis over Sarah's having lost a library book. It introduces a friendly librarian, and finally mentions, on page 53, that the man at their

local bakery is wearing a kippah and speaking Yiddish. "They're Jewish?" Miriam asked, surprised.

The *All-of-a-Kind Family* books charmingly invite readers into the everyday lives of five spunky Jewish sisters. As they grow older, the girls face challenges large and small, including a scarlet fever epidemic and one sister's campaign to become her school's first female class officer. Although the family is recognizably American, they observe the Friday night and Saturday Sabbath, and prepare for it, every week. The family keeps kosher and celebrates both major and minor holy days, including Sukkot and Purim. For many non-Jewish readers, the series was a first glimpse at Judaism lived every day. For Jewish children like Miriam it was a rare opportunity to read about people like themselves.

Now the life story of Sydney Taylor, creator of *All-of-a-Kind-Family*, has been told in an engaging biography by **June Cummins**: *From Sarah to*

Sydney (2021). Sarah Brenner always wanted to be a writer. At age 14, in 1918, she took the name "Sydney," unusual for a woman, to announce her "New Woman" feminism. Small in stature (under 5 feet), Sydney was large in interests. A New Yorker all her life, she left high school after 10th grade, took a secretarial job and entered the leftist Rand School of Social Science. In 1923, Sydney met her future husband, Ralph Schneider (changed to "Taylor" in 1930), a pharmacist and pianist, at a Young Peoples Socialist League event.



Sydney Taylor

Because she wanted to work, and a married woman could be fired, Sydney and Ralph married secretly in 1925 and put off their Jewish ceremony until 1927. In her early 20s, Sydney acted with the Lenox Hill Players, an experimental theater troupe under the direction of 26-year-old Louis Lazowitz, who later, as Lee Strasberg, developed "method acting." In 1929, Sydney joined the Martha Graham Dance Company, appearing in Graham's first major works (*Primitive Mysteries*, 1931; *Heretic*, 1933).

In January 1935, Sydney gave birth to her only child, a daughter, Joanne. During Joanne's childhood, Sydney supported experimental schools, notably the Little Red School House in Manhattan's West Village. When Joanne was seven, Sydney began writing down the bedtime stories she had been telling about her own childhood – thus *All-of-a-Kind-Family* was born.

After her *Family* books became popular, Sydney spent considerable time writing and lecturing, but her career as an author was not her principal occupation. From the early 1930s, Sydney and her four sisters were the professional staff at Camp

Lynn's Message continued on Page 8



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DAVAR

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.

Bulletin Deadlines

Please e-mail all submissions to:
davar@ohrshalom.org

Deadline:

- December 5 for January issue
- January 5 for February issue

All in-person attendees MUST show ID, proof of vaccination or negative PCR test within 72 hours of attendance.

**MASKS ARE REQUIRED
AT ALL TIMES.**

OHR SHALOM SERVICE SCHEDULE

SHABBAT SERVICE SCHEDULE

in person and on ZOOM [Ohr Shalom Zoom Room](#)

Friday	December 3	6:15pm	Kabbalat Shabbat Service "Ask the Rabbi"
Saturday	December 4	9:30am	Shabbat Service
Friday	December 10	7:00pm	Kabbalat Shabbat Service
Saturday	December 11	9:00am	Shabbat Service (ZOOM only) Bat Mitzvah: Yael Meltzer (ZOOM only)
Friday	December 17	6:15pm	Kabbalat Shabbat Service
Saturday	December 18	9:00am	Shabbat Service Bar Mitzvah: Yonatan Levy
Friday	December 24	6:15pm	Kabbalat Shabbat Service
Saturday	December 25	9:30am	Shabbat Service
Friday	December 31	6:15pm	Kabbalat Shabbat Service
Saturday	January 1	9:30am	Shabbat Service

NO Shabbat Morning Babysitting until further notice.



PARSHIYOT & CANDLELIGHTING December 2021

PARSHAT MIKEITZ

Fri: December 3 | 29 Kislev 4:24pm
Sat: December 4 | 30 Kislev
Torah: Genesis 41:1-44:17
Haft: Zechariah 2:14 - 4:7

PARSHAT VAYIGASH

Fri: December 10 | 6 Tevet 4:25pm
Sat: December 11 | 7 Tevet
Torah: Genesis 44:18-47:27
Haft: Ezekiel 37:15 - 37:28

PARSHAT VAYECHI

Fri: December 17 | 13 Tevet 4:27pm
Sat: December 18 | 14 Tevet
Torah: Genesis 47:28-50:26
Haft: I Kings 2:1 - 2:12

PARSHAT SHEMOT

Fri: December 24 | 20 Tevet 4:30pm
Sat: December 25 | 21 Tevet
Torah: Exodus 1:1-6:1
Haft: Isaiah 27:6 - 28:13; 29:22 - 29:23

PARSHAT VAERA

Fri: December 31 | 27 Tevet 4:40pm
Sat: January 1 | 28 Tevet
Torah: Exodus 6:2-9:35
Haft: Ezekiel 28:25 - 29:21



KABBALAT SHABBAT SERVICE "ASK THE RABBI"

Friday, December 3 at 6:15pm

Your opportunity to ask the questions you have always wanted to. In our sanctuary and the Ohr Shalom ZOOM room.

OHR SHALOM'S CHOIR

Come join us on ZOOM at 7:00pm

DECEMBER DATES

• TUESDAY, December 7 • THURSDAY, December 16

Travel Talk

with
Yale Strom & Elizabeth Schwartz



The Sites They Will Visit on Their Spain and (Optional) Portugal Tour this Spring

Tuesday, December 14, 7:30pm
in the Ohr Shalom Zoom Room

The New Normal doesn't mean the Old World is gone. It's there and it's waiting for us! The world is reopening with protocols in place to make travel safe and healthy and we are thrilled to announce that our Spain with the optional Portugal extension tour is on. There is no better time than now to leave the isolation behind us and re-enter the world in the most exciting, rich and cultural way possible.

Please join us in exploring the big, beautiful healthy world!

Spain: March 27-April 7, 2022, with optional Portugal extension: April 7-10, 2022.

<https://secure.ayelet.com/StromSpain2022.aspx>

SAVE THE DATE

16th Annual Lights of Ohr Shalom

Sunday evening,
March 20, 2022

at the San Diego Zoo

Honoring:
Jessica Lemoine

Ohr Shalom Virtual Programming

[Ohr Shalom Zoom Room](#)

Zoom link for Shabbat services and most adult programs is <https://us02web.zoom.us/j/83107501072>
(Passcode: myshul)

Here is the information to join by phone: Phone number:
1 669 900 9128 | Meeting ID: 831 0750 1072 | Passcode: 632432



FROM OUR EXECUTIVE DIRECTOR

Gillian Argoff-Treseder
Executive Director

GROWING PAINS AND JOYS

It has been a joy to be here at Ohr Shalom as my children are coming of age. To be part of a community that accepts people for who they are and who they want to become. To feel the love of a community that truly wants the best for its children and all who enter the building. I have seen how this love and acceptance has brought out the best in my own children through their interactions with Rabbi Meltzer, their teachers and the opportunities they have to participate in the synagogue.

For those who don't know, when I started at Ohr Shalom my son would barely venture out from beneath my desk on Religious School days. The teachers were loving and patient with him. Rabbi Meltzer would joke with him and of course offer him candy daily. Slowly, he made it to class and he made friends. He showed up for tutoring and had a Bar Mitzvah. Going through these growing pains at Ohr Shalom made them bearable. He got through that painful part of adolescence and is a much more confident, responsible and respectful person. (He even made dinner tonight and put his laundry away!)

My daughter is having the same loving experience. While secular school and COVID have been a challenge the past year, helping me with Ohr Shalom projects has been a bright spot. She has probably folded and stuffed half the letters you have received in the past 18 months, created the candy, tea, honey goodie bags that we've handed out, as well as helped at all of our drive-by ice cream events. Even though her Bat Mitzvah is still a few years away, she feels accepted by our community as a whole person who is valued.

These moments of joy that come from feeling accepted and appreciated help the growing pains of life feel less painful.



CHESED/COMMUNITY CARING

Marvin Yudkovitz
Chesed/Community Caring Chair

TELL US YOUR IDEAS

How can we all help to make our wonderful, caring Ohr Shalom community even better? I'd like to hear some of your ideas for how we can reach out to one another in times of stress and struggle, and also ways to bring some of us closer together.

And perhaps you'd like to become more involved in reaching out to some of our more vulnerable or isolated Synagogue members? If so, please contact me and I can link you up with a member whom you can contact by telephone. I can assure you that the benefits you will receive from this will be both very fulfilling and spiritually meaningful.

If you would like to have a member call you, just to say hello and find out how you are, contact me at 240-506-3042 or chesed@ohrshalom.org or Gillian Argoff-Treseder, and we will make that happen.

For those of you having a significant life event such as wedding, new birth in the family, or major medical issue – we want to know. Please contact me or Gillian and let us know.

RABBI'S MESSAGE CONT.

major events. We each remember our childhood, perhaps our Bnai Mitzvah. From there – our teen years. College. Graduate school. A whole new chapter when Jennifer and I met and started our life and our family together.

Now, eighteen-and-a-half years into our Ohr Shalom journey, we will arrive at the fourth Bnai Mitzvah in this sacred community. I am overcome with gratitude for the good in this world – that Jennifer and I were blessed to meet (have you heard the story of how she picked me out of a catalog, before dating apps?). Thankful beyond measure for the four priceless souls entrusted to us to raise. Appreciative beyond words that our children, three of them for their whole lives, have grown up in the context of this loving, nurturing, challenging, celebrating, comforting, learning, feeding and eating family of Ohr Shalom. We are thankful for the innumerable bites of chocolate that they have eaten and have distributed in our sanctuary. For all of the sweets, we are deeply grateful.

Now, our youngest, still our baby but no longer a baby, will read from the Torah. We are excited beyond measure to be sharing that sacred moment with you – even though it needs to be on Zoom. In fact, these past two years have only reinforced for us how much we value the people around us.

For all of the moments in our children's childhoods we have shared with each of you, thank you. For all of the moments in our children's young adult lives we have and, please God, will continue to share with each of you, thank you. We are really excited for what today and tomorrow will bring.

As Jennifer and I close this chapter, "Parents of Young Children," and continue inscribing in the blessed Book of Life that lies open before us, we share our love, our gratitude, our hopes and our prayers for all of the good from before, and all of the good yet to be.

May we all merit the blessing to share together in our lives, in our community, in health and in goodness.

We hope to see you on Zoom on December 11.

SAVE THE DATE

New Members Brunch
with Rabbi Meltzer

Sunday, January 30

Details to come. If you are new to Ohr Shalom please watch your email for your invitation.



NEW CLASS

An Invitation to Discover the Beginning Again with Ruth Levy



Thursdays, January 20 & 27, February 3-24 at 7:00pm
in the [Ohr Shalom Zoom Room](#)

Most of us know *B'reshit*, right? No matter how familiar we are with *TaNakh*, we always find something new. Join me as we take another look at the stories and non-stories in **the first 11 chapters of B'reshit** to uncover hidden treasures.

We will read and listen to biblical texts as they converse with and echo each other. Roaming the *TaNakh* and checking later Jewish writings will help us figure out some answers to fundamental questions posed by the texts of the early chapters of *B'reshit*.

If you are planning to participate in this class, please contact Ruti at ruth77@gmail.com so she can send source materials to you for the first class. *No previous Torah study or facility in Hebrew is necessary.*

Ruth Levy is a veteran Jewish educator who retired from Israel to San Diego when her children, who both live in Southern California, made her a *Savta*. Ruth had spent over four decades teaching and training teachers in formal and informal settings in Israel and the US, with audiences from preschool to adult learners. Specializing in *TaNakh* and other Jewish texts, she has shared her love with generations of students, and continues to inspire her community to enjoy and explore the tradition in innovative and meaningful ways.

CLASSES with Rabbi Meltzer

[Ohr Shalom Zoom Room](#)

❖ **DAF YOMI • Wednesdays, 10:00am**

This weekly class discusses the pages of Talmud most recently covered.

❖ **SLOW READ BOOK CLUB • Friday, December 3 at 1:00pm • NEXT MEETING: January 7**

• *In-depth chapter discussions*

People Love Dead Jews: Reports from a Haunted Present by Dara Horn

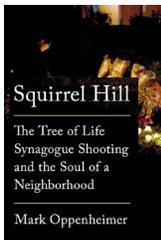
❖ **READINGS WITH THE RABBI**

• **Sunday, January 23, 10:30am**

Squirrel Hill: The Tree of Life Synagogue Shooting and the Soul of a Neighborhood

by Mark Oppenheimer

A piercing portrait of the struggles and triumphs of one of America's renowned Jewish neighborhoods in the wake of an unspeakable tragedy that highlights the hopes, fears, and tensions all Americans must confront on the road to healing.



Ohr Shalom has obtained copies of this book which are available for anybody who wants one (you do NOT need to be in book club to receive a copy of this book). **Please contact the office for FREE copy.**

ART IN OUR HOMES

with Marvin Yudkovitz and Lynn Mendelsohn

**4 Thursdays
December 2 & 9
January 6 & 13 at 7:00pm**

in the [Ohr Shalom Zoom Room](#)



During some of our online art talks, several synagogue members have mentioned works of art that they own. So, we set aside four evenings to do a virtual sharing of art after Minyan. Slideshows will be compiled from photos the owners send us or we find online. The owners of the art (or Marvin or Lynn) will talk about each – where and when they got it, maybe a special visit or something that occurred when purchasing or framing it.

- Israeli artists** – December 2
- Mexican and other South American artists** – December 9
- Eastern European and American artists** – January 6
- Synagogue member artists** – January 13

If you would like to contribute art for this program from any of the four categories, please contact either Marvin Yudkovitz (mayudkovitz@gmail.com) (240) 506-3042) or Lynn Mendelsohn (mendelynn0511@gmail.com) (619) 980-1801)

(When requested, names of owners will be kept private.)



David Sharir, *Jonah*, 1971



Meditation with Alex van Frank
Tuesday Evenings at 7:00-7:30pm

Alex van Frank, C-IAYT is holding a post-minyan meditation group.

- Lowering blood pressure • Less anxiety
- Lower stress levels • More feelings of well-being
- Deeper relaxation

Zoom: <https://us02web.zoom.us/j/82805583843>
Meeting ID: 828 0558 3843





RELIGIOUS SCHOOL

Marcia Tatz Wollner
Religious School Principal



NOT BY MIGHT AND NOT BY POWER, BUT BY SPIRIT ...

Every Chanukah, when the Miketz haftarah is read, the "not by might, not by power" verse (Zechariah 4:6) makes me want to sing out in Debbie Friedman's tune.

Over the past few weeks in Religious School, I've seen our students put a lot of spirit into what they are learning as well as through their programs and projects.

During the **Family Education** program of the gan/alef/bet class, the families made a challah cover for their family and an extra one to go toward the Chesed committee's Shabbat packages.

The gimel/dalet students made Chanukah cards to be added to the synagogue's Chanukah comfort bags. Our students have been rehearsing for when we go to St. Paul's Manor to sing Chanukah songs. The vav and zayin classes have been introduced to the concept of their mitzvah projects and will begin working on them during winter break.

Crayon Initiative: The school is taking part in this project

(<https://thecrayoninitiative.org>).

If you have any extra or broken crayons that you would like to donate, please put them in the box outside the front office. The crayons will be melted down and made into new crayons for children in hospitals. If you can take the wrappers off, that would be lovely. The project will continue through December 12.



Ohr Shalom Veterans: On November 7, the Religious School learned about the might of Ohr Shalom's veterans. **Dr. Eli Meltzer, Dr. Joe Hartman and Jack Cohen** all spoke about their experiences serving our country. The students listened attentively and asked some great questions.

A lot is happening in the Religious School and the Jewish values which they are learning are being put into action.

TA'AM TORAH WITH JENNIFER MELTZER A TASTE OF TORAH

With winter break soon upon us, we are starting to get ready for next semester. One new initiative that will be introduced in the Religious School is **Ta'Am Torah – A Taste of Torah**. Once a month during the second semester, we will offer a program for 4-year-old children. This program, facilitated by Jennifer Meltzer, will provide

Cost:
\$50: 5 session package
\$15: Individual session

Sundays
10:30-11:30am:
January 9
February 13
March 13
April 3
May 15

our community's 4-year-olds with a taste of introduction to what Religious School will be like in the 5783 school year. Through music, movement, holiday celebrations, art, stories and more, their love of learning and being a part of the synagogue community will be nourished.

For more information contact
Marcia Tatz Wollner at principal@ohrshalom.org.

LAUREL STREET BEAT

from Love Zubiller,
Religious School Committee Chair

During Chanukah we celebrate the great miracle of the ancient victory over a tyrant king and the rededication of the Temple in Jerusalem. What great miracles have you seen in your lifetime?

Golda W, Kita Hey: I think the Tesla car is a miracle. My mom does not need to get gas and can charge her car in our garage. It has games I can play, including a drawing game.



Aaron V, Kita Zayin: A great miracle that I have seen or experienced in my lifetime is when my mom gave birth to me even though she almost died. My heart stopped beating and the doctors had to do a C-Section to get me out of her womb. This is a miracle because without her effort, I wouldn't exist today. Thank you mom!



Thank you card signed by students in the Religious School: "The Ohr Shalom Religious School sends a gigantic THANK YOU to the Lou Dunst Foundation whose initiative The Vanina Bunton Scholarship has generously funded the Jewish education of several children enrolled in our Religious School."



YOUTH GROUP

Emily Curtis
USY Youth Director



DECEMBER YOUTH ACTIVITIES

TIKKUN OLAM EVENT

Sunday, December 12. 12:15-1:45pm
(Kadima/Chaverim: 3rd-5th grades)



LOUNGE NIGHT

Wednesday, December 15, 5:30-7:00pm
(Jr. USY/Gesher & Sr. USY: 6th-12th grades)

For information and reservations for these and future USY events, please contact USY Youth Director, Emily Curtis at usy@ohrshalom.org

SOCIAL ACTION



Deadline for Donations is December 16

Ohr Shalom is collecting new, unwrapped toys to donate to the Toys for Tots program. Please remember to bring your gifts to Ohr Shalom when you come to celebrate Chanukah on Sunday, December 5.

Toy donations accepted at Ohr Shalom until December 16.

According to Toys for Tots, a national charitable program run by the U.S. Marine Corps Reserve, the program "provides happiness and hope to children in need during each holiday season. The toys, books and other gifts collected and distributed offer these children recognition, confidence and a positive memory."



The Jewish FamilyService **Embrace-A-Family** program provides holiday cheer and support for more than 500 households across San Diego. From single-parent families and military veterans struggling to make ends meet, to older adults living on a tight fixed income, Embrace-A-Family makes the holidays possible for those who might not otherwise be able to celebrate. Your support provides individuals and families with holiday meals, care packages, and direct financial assistance—making this holiday season a whole lot brighter. Embrace someone today at www.jfssd.org/Embrace-A-Family.

Ongoing Food Drive for JFS

Drive-thru distribution and home-delivered meals programs are counting on your support to meet the urgent needs of our community. Please remember to bring non-perishable foods to donate whenever you come to Ohr Shalom. Big blue bins are in the lobby.

If you are financially able, please continue to help by giving online at <https://www.jfssd.org>.

These are some of the items that are needed most:

Canned Goods: Tuna, Chicken, Meat, Fruits, Vegetables, Broth

Boxed Items: Baking Mixes, Whole Grain Crackers, Cereal, Rice, Pasta, Other Grains

General Items: Peanut Butter, Mac 'n Cheese, Ramen, Dried Fruit/Nuts, Granola, Protein Bars



SAVE THE DATE 14th Annual Martin Luther King Jr. Day of Interfaith Service



**Monday, January 17, 2022
9:00am to approx. noon**

Join the San Diego interfaith community for a morning of work in Balboa Park, followed by a bring-your-own lunch.

Registration is same day on-site only.

Participants under 18 must sign a waiver (available on-site).

Youth under 16 must be accompanied by an adult.

See the January 2022 Davar for more details.



TAY ACADEMY

TAY staff, within the confines of safety and health, is still able to provide counseling and other services, including some "grab and go" food. Even though we haven't been able to donate meals during this period, TAY still needs our help. If you are able to help, please contact the Ohr Shalom office.

JEWISH DISABILITY AWARENESS, ACCEPTANCE AND INCLUSION MONTH

JDAAIM 2022 Is Coming in February

Art and Culture is the theme for next year's **Jewish Disability Awareness, Acceptance and Inclusion Month (JDAAIM)**, and we have an exciting line-up:

Kenny Fries, an award-winning poet and memoirist who identifies as Jewish, Gay and disabled, will speak on **February 27** about the intersection of the three main aspects of his identity and about his recent research into the fate of people with disabilities during the Holocaust.

Ellen Gould, an Emmy-winning playwright, actress, and singer will perform segments from her musical, *Seeing Stars*, depicting the perspectives of a series of characters who share Ellen's visual disability, Stargardt syndrome, followed by a Q&A with the audience.

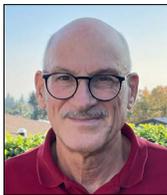
We will hold a virtual screening of *Becoming Helen Keller*, a new PBS documentary that highlights little-known aspects of Keller's social justice activism. The screening will be followed by Q&A with local and national disability experts.

In addition, on **February 12** we are honored that **Susanne Lisker** will provide our Dvar Torah and we will continue last year's disability-themed minyan minutes twice a week during the month.



MARVIN YUDKOVITZ JOINS EXECUTIVE BOARD

Marvin Yudkovitz, Chairperson of Ohr Shalom's Chesed/Community Caring Committee, has been appointed to our Executive Board.



Marvin and his wife **Judy Gaines** have been Ohr Shalom members only since 2018, but what a difference their presence has made! As the originator and leader of Chesed, Marvin has created programs that send gifts to those who are ill, newly married, newly born, or in need. He oversees the *MealTrain* program, which provides food to people sitting shiva, or who are otherwise incapacitated. Throughout the time of COVID, Marvin has managed a phone-caller program to keep the elderly in touch with the community. A docent at the San Diego Museum of Art, Marvin has given a number of art talks for Ohr Shalom members on Zoom. He has maintained the schedule of weekday minyan leaders for the past three years, and he also has arranged the Minyan Minute presentations in our Zoom room every evening before minyan.

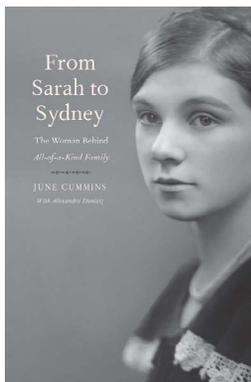
Marvin grew up in an Orthodox community in Wilkes-Barre, Pennsylvania. He has a Bachelors degree from Temple University and a Master of Social Work degree from SDSU. After holding social work positions in Southern California and with the U.S. Army in Germany, Marvin settled – for 27 years – in Bethesda, Maryland, where he was a social worker at military hospitals. At Bethesda's Beth El Synagogue, Marvin was President of the Men's Club and Vice President of the Board. He also served as Gabbai at Shabbat services and as manager of High Holy Day ushering.

Marvin has one daughter, Gabrielle Balaban, a son-in-law Scott, and a granddaughter Finley, born in April 2020. Judy has two children, Richard and Mallory Gaines. Marvin and Judy travel often to Michigan to vacation at Judy's family house in the southeast corner of Lake Michigan.

WORDS FROM THE PRESIDENT CONT.

Cejwin, Port Jarvis, New York, a pioneer in the Jewish "cultural camp" movement. Founded by progressive educators, camps such as Cejwin strove to deliver city kids to fresh, open nature while safeguarding them from diseases such as polio. For more than 40 years, Sydney was Cejwin's Drama and Dance Coordinator for Girls. Generations of campers came to revere Sydney for the multitude of original plays she wrote for them, and for her irrepressible penchant for improvisation. Sydney died of cancer in February 1978 at age 74.

June Cummins (z"l), Sydney Taylor's biographer, grew up in the San Diego Jewish community. Having attended Soille San Diego Hebrew Day School, to which her mother Eilene (z"l) was devoted, she earned a Bachelors degree at UC Berkeley in 1985 and a PhD at Columbia in 1998, both in English. From 1998 to 2018, June was a professor in the Department of English and Comparative Literature at San Diego State, where she helped to build a top-ranked program in Children's Literature. From *Sarah to Sydney* was June's major life's work, occupying her from 2002 until her own untimely death from ALS, at age 54, in February 2018. Her wonderful portrait of Sydney Taylor was finished, from a draft completed by June before her death, by her colleague and friend Alexandra Dunietz.



COMMUNITY EVENTS

Mandelbaum Family Lecture Series

Ronit Weiss-Berkowitz, Visiting Professor with the MSGSD-II

Wednesday, December 8 at 10:30am

In-person at the Coronado Public Library, 640 Orange Ave. and on Zoom

Free. More information at lfjcc.org/learning.

ADL Concert Against Hate

Sunday, December 12 at 5:00pm

Virtual Event

ADL In Concert Against Hate invites you to a night of music, community and celebration packed with spectacular, can't-miss performances from acclaimed stars. Through storytelling and song, they'll introduce you to real-life heroes and celebrate their extraordinary acts of courage and compassion in the face of bigotry and hate. *Reservations required.*

<https://concertagainsthate.org>.

Winter Schminter: A Hanukkah/Solstice Concert Featuring Yale Strom & Hot Pstromi

Tuesday, December 21, 2021 7:30PM

Lyceum Stage at 79 Horton Plaza – In Person

Klezmer star Yale Strom and his band Hot Pstromi hit The Lyceum Stage in San Diego for a festive holiday concert, featuring tunes from his latest release *Broken Consort: Shimmering Lights*. Winter Schminter celebrates both Hanukkah and the Winter Solstice with Hot Pstromi's signature sound, a fusion of traditional klezmer, Sephardic, Romani, Christian and pagan music from various East European lands with an added dose of improvisational breaks.

Tickets at: The Lyceum Theatre Box office at 619-544-1000 or <https://tinyurl.com/36hv8nmw>.

Lou Dunst Memorial Lecture UCSD Holocaust Living History Workshop

A Child in Auschwitz-Birkenau – with George Heimler

Wednesday, January 19, 2022 at 5:00pm

Twins George and Paul Hadl, their older sister, and their mother were deported to Auschwitz-Birkenau in the summer of 1944. Despite the horrible conditions in the camp and frequent medical experiments, the Hadl children and their mother miraculously survived the war. Upon liberation, the Hadls returned to their home in Budapest. In 1956 during the Hungarian Revolution, George and Paul escaped Hungary. At this event, he will share his memories and insights in conversation with his granddaughter Stephanie Heimler. Free.

<https://library.ucsd.edu/visit/library-workshops/holocaust-living-history-workshop/events/2021-2022.html#Jan.-19:-A-Child-in-Auschwitz-B>.



ISRAEL DESK

Susie Meltzer
Israel Desk

THE AMAZING CUISINE OF ISRAEL TODAY

In the 1950s, a very young Israel experienced severe food shortages. But in the decades that followed, with innovations like drip irrigation, Israel's food production was transformed. Today their fresh produce is prized by Western markets, their dairy cows are ranked first in the world in milk output and the ancient Israeli wine industry is thriving throughout Israel to international praise. In addition, the country's World-class chefs are winning awards for original healthful Israeli cuisine. Furthermore, they meld homegrown ingredients with classic Mideast fare and add dishes that immigrants have brought from the Diaspora.

The creation of this expanded Israeli cuisine exemplifies the true melting pot that is Israel. The fusion cuisine starts with the food of the ancient Israelites, which is based on several ingredients that still play important roles in modern Israeli cooking. The "seven species" named in Deuteronomy are olives, figs, dates, pomegranates, wheat, barley, and grapes.

So how does one describe today's Israeli cuisine? Contemporary Israeli food is difficult to define, given its vibrant multi-cultural sources, mixed with thousands of years of olive-oriented history. Current Israeli cuisine has adopted and adapted the influences from the Mizrahi, Sephardic, and Ashkenazi cultures and from the cuisine of their neighbors in the Middle East and the Mediterranean.

The list starts first with the foods widely popular in Israel. No, not only falafel and hummus, but also shawarma, knafeh, msabbha, shakshouka and couscous are diet mainstays in Israel today. These more recent Israeli dishes share many of the same ingredients including olive oil, labneh (a yogurt cheese), tahini, large Israeli-style couscous, lamb, and lots of dates, and fire-roasted eggplant.

More is required to uncover today's essence of Israeli cooking, especially spices. They are a vital part of cooking and eating in Israel. Given its geographical location, Israel is popular for its unique offerings of spices, some grown within the country, and others imported. The list includes an abundance of fresh herbs, especially cumin, mint, basil, coriander and parsley. On closer look, you discover one of their secrets is the important role that blended spices play to make Israeli cuisine unique. Among the most well-known spice blends is Za'atar, a combination of dried oregano, thyme, marjoram, with sumac and toasted sesame seeds to name some. Za'atar makes a great rub for meats or roasted vegetables like cauliflower, potatoes, and eggplant.

Israel has also kept pace with the demands from locals and visitors for restaurants that offer exciting and creative menus. For example, Tel Aviv has the third most sushi restaurants per capita in the world, just behind Tokyo and NYC. Tel Aviv also claims over 400 vegan and vegetarian restaurants. Not surprisingly Israel has one of the healthiest cuisines in the world. Israelis are the world's biggest consumers of fruits, vegetables, and chicken per capita.

Even if you are not planning a trip to Israel soon, you can start experiencing the dishes Israelis are enjoying. Google some of the recipes and spices mentioned here. Try something new and delicious.



ENVIRONMENTAL PROJECTS

Allyson Darroch
Environmental Projects Chair

SUSTAINABLE KIDDUSH?

You remember the Friday night Oneg and Saturday Kiddush after services. It is a chance to chat, nosh, be with folks you haven't seen all week, even talk to a perfect stranger who by happy chance came to services.

A welcome part of Shabbat. But what about all those dishes? What about those big black trash bags filled with all that plastic, Styrofoam and the remnants of yet another great meal? Can we recycle some of it? None? The answer depends on a few factors.

You can recycle clean Styrofoam and certain plastics but not cutlery or used plates and cups. Into the big black trash bag and out to the rapidly filling up Miramar Landfill, San Diego's largest landfill. There are three landfills still operating in the county. Miramar will likely be filled to capacity by 2025, which is why the city is changing regulations to allow for a compost bin as part of your regular trash pickup starting January.

This is why there has been a big push towards something called "compostable dinnerware and serveware." There are a great many choices in a range of prices. Could we do this without breaking the bank or without a roster of volunteer dishwashers? But, do compostable products break down in landfills?

Compostable items are designed to be composted in a compost heap only. Composting is a very specific process which does not occur in landfills.

Microorganisms, carbon, water, oxygen and nitrogen are all essential parts of the compost process, and these factors need to be present in the right circumstances (such as in a compost pile) for composting to occur. The city's regulations for a compost bin will send the compostables to a commercial compost facility where they can be broken down, turned into compost and then returned to the soil. Home composting typically does not create the consistent composting conditions needed for these products, but commercial facilities can manage just fine. So, the short answer is yes, we could do this, but we need some basic information. What products can we use, how much will it cost and how easy are they to buy in the quantities we need?

If anyone has some firsthand experience with these products, please let the Green Team know. You can email me at greenparrotgraphics@cox.net with your comments.

I can attest to the viability of compostable plates for my fourteen cats. They are fed two times a day, so it amounts to a lot of plates that don't have to end up in a landfill or be washed (ceramics are great but there is still a drought remember?). It all adds up. Be an early adopter of the sustainable. It will make the three trash bin changeover that much easier.

Here are some resources (and there is always Amazon – remember to use Amazon Smile when you're shopping and designate Ohr Shalom as your charity):

<https://www.ecoproducts.com/faqs-composting-and-recycling.html>

<https://www.ourendangeredworld.com/eco/compostable-plates/>

<https://greengrove.com/blogs/greengroves-ecofriendly-kitchen/the-5-best-compostable-tableware-solutions-of-2019>



TODAH RABAH AND LIFE CYCLE EVENTS

Thank you for your generous donations in November:

SYNAGOGUE FUND

Gail Kalker

In honor of Yael Meltzer's Bat Mitzvah

Alain and Barrett Avigdor
Eileen Wingard

In loving memory of Harrison Robbins

Eileen Wingard

In loving memory of Allen Blum

Stephen Blum

In loving memory of Mindel Green

In loving memory of Sosya Berman

Raisa Green

In loving memory of Harriette Hope Kay

Mark and Elaine Smith

In loving memory of Menachem Cohen

Tricia Pummill

In loving memory of Matilde Galicot

Ana and José Galicot

In loving memory of Klara Finkel

Eriberto and Stella Salzmman

In honor of the Golembesky Baby Boy

Sternlieb Family

**Chanukah blessings in honor of
Debbie and Rocky Reid**

Rabbi Michael and Shayna Shefrin

RABBI'S DISCRETIONARY FUND

In loving memory of Harriette Hope Kay

Shoshanah Sternlieb

SOCIAL ACTION FUND

Turkeys for Christie's Place

Joe Castiglione
Springsong Cooper & Daniel Weiner
Tricia Pummill
Bernie Semel
Steve and Ruth Shapiro
Marvin Yudkovitz & Judy Gaines
Eriberto and Stella Salzmman
Eileen Wingard
Anonymous

JDAAIM FUND

In loving memory of Lev Angel

The Sternlieb Family

**TODAH RABAH TO OUR
SHABBAT SPONSORS:**

Carnot Family
Andrew and Denise Gordon
Daniel Pick

We apologize for any omissions.

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or Credit Card*





Todah Rabah

to our November Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Minyan Minute and Minyan Leaders:

- | | |
|--------------------|--------------------------|
| LeAnne Adams | Eli Meltzer |
| Jeanne Argoff | Susie Meltzer |
| Ilan Awerbuch | Yael Meltzer |
| Allyson Darroch | Ivan Mendelsohn |
| Eden Carnot | Lynn Mendelsohn |
| Joe Castiglione | Amy Morris |
| Mindi Frankel | Bill Morris |
| Jonathan Geiger | Rocky Reid |
| Rachael Golembesky | Ruben Rosental |
| Judi Gottschalk | Brian Stannard |
| Joe Hartman | Rabbi Cantor Cheri Weiss |
| Alberto Hamui | Dan Weiss |
| Koba | Jonah Weinberg |
| Morris Lazard | Margalit Wollner |
| Yonatan Levy | Marvin Yudkovitz |
| Susanne Lisker | Jane Zeer |

YAHREZITS

Rebeca Levy	Alberto Levy and Beatriz-Levy Israel's Mother	1-Dec/27 Kislev
Haya Abramovic	Faye Levy's Mother	2-Dec/28 Kislev
Klara Finkel	Tito Salzmman's Grandmother	2-Dec/28 Kislev
Jack Hartman	Joe Hartman's Father	2-Dec/28 Kislev
Chris Cannizzaro	Janice Zipp Cannizzaro's Husband	3-Dec/29 Kislev
*Alberto Levy	Vicky Cohen's Father and Beto Cohen's Grandfather.....	3-Dec/29 Kislev
Elaine Green	Marda Rose's Aunt	4-Dec/30 Kislev
Betty Stopnik	Roz Berman's Mother	4-Dec/30 Kislev

Sidney Feldmar	Toni Goldstein's Father and Jennifer Meltzer's Grandfather	5-Dec/1 Tevet
Pola Gitler	Sara Fainstein's Aunt	5-Dec/1 Tevet
Gil Liberberg	Liza Tacher's Father	5-Dec/1 Tevet
*Rabbi Yacob Goldberg	Esther Tishman's Father, Rosa Ratniewski and Lilian Deicas' Grandfather	6-Dec/2 Tevet
Ruth Himelfarb	Steve Fox's Grandmother	6-Dec/2 Tevet
Anna Paget Lacher	Roberta Shoman's Grandmother.....	7-Dec/3 Tevet
Rose E. Rose	Marda Rose's Grandmother	7-Dec/3 Tevet
*Helen Zipp	Elaine Smith and Janice Zipp Cannizzaro's Mother.....	8-Dec/4 Tevet
Abraham Cohen	Remembered by Aaron Rubinstein	9-Dec/5 Tevet
Clifford Francis	Yvonne Scarlett's Grandfather	9-Dec/5 Tevet
Lena Forman	Laurie Slade's Grandmother.....	10-Dec/6 Tevet
George Millstone	Rachel Millstone's Father	10-Dec/6 Tevet
Rae Tenen	Remembered by Joe Rubin.....	10-Dec/6 Tevet
Sosya Berman	Raisa Green's Mother	11-Dec/7 Tevet
Ethel Boner	Steve Boner's Mother	11-Dec/7 Tevet
Frances Goldstein	Don Goldstein's Mother	11-Dec/7 Tevet
Lenora Levin Wollman	Alice Broudy Cupples' Aunt.....	11-Dec/7 Tevet
Steve Shoman	Marty Shoman's Brother	11-Dec/7 Tevet
Frances Sutker Goldstein	Jennifer Meltzer's Grandmother	11-Dec/7 Tevet
Hyman Wolpoff	Sheldon Wolpoff's Father.....	11-Dec/7 Tevet
Miriam Miliband	Jared Solomon's Grandmother	12-Dec/8 Tevet
*Thomas Weston	Allison Wolpoff's Father	13-Dec/9 Tevet
Luis Goldberg	Lina Gorinstein's Brother	15-Dec/11 Tevet
Roslyn Kanevsky	Alberto Levy's Aunt	15-Dec/11 Tevet
*Frieda Lacher	Roberta Shoman's Mother.....	15-Dec/11 Tevet
*Harry Cohen	Eddy Cohen's Brother.....	16-Dec/12 Tevet
*Alberto Hecht	Lilly Hecht's Husband	16-Dec/12 Tevet
Sheila Schwartz	Elizabeth Schwartz's Mother.....	16-Dec/12 Tevet
*Ilan Cohen	Trudy Cohen's Husband and Eddy Cohen's Brother	17-Dec/13 Tevet
Marie Lyons	Lynn Mendelsohn's Mother	17-Dec/13 Tevet
Jack Mandel	David Mandel's Father.....	17-Dec/13 Tevet
Honey Mark	Remembered by Ohr Shalom.....	17-Dec/13 Tevet
Matilde Galicot	Jose Galicot and Julio Galicot's Mother.....	18-Dec/14 Tevet
Thomas Levin	Alice Broudy Cupples' Great Grandfather.....	18-Dec/14 Tevet
Anna Burgman Kuttner	Karen Rund and Susie Meltzer's Grandmother.....	19-Dec/15 Tevet
Shlomo Broder	Aaron Rubinstein's Grandfather	20-Dec/16 Tevet
Hugh Douglas	Avigayil Levy-Yochanan's Grandfather	20-Dec/16 Tevet
Jacqueline Horstein	Alma Geiger and Harriet Wolpoff's Mother	20-Dec/16 Tevet
*Olga May	Miriam Burakoff's Mother.....	20-Dec/16 Tevet
Isaac Penhas	Esther Modiano's Father	20-Dec/16 Tevet
*Evelyn Shelden	Al Shelden's Mother.....	20-Dec/16 Tevet
Leah Solomon	Jared Solomon's Grandmother	20-Dec/16 Tevet
*Ema Halio	Vida Sportes, Miryam Slovatzki and Reyna Forman's Mother.....	21-Dec/17 Tevet
Gary Krout	Bill Morris' Brother.....	22-Dec/18 Tevet
Arthur Weiss	Nathan Weiss' Father.....	22-Dec/18 Tevet
Kalman Tishman	Rosa Ratniewski and Lilian Deicas' Grandfather, Remembered by Esther Tishman.....	23-Dec/19 Tevet
Benjamin Brenner	Jaime Brenner's Father	24-Dec/20 Tevet
Sadie Heyman Bergman	Stan Heyman's Mother.....	24-Dec/20 Tevet
Thomas Levin	Alice Broudy Cupples' Grandfather	25-Dec/21 Tevet
Richard Pick	Daniel Pick's Father.....	25-Dec/21 Tevet
Fernando Waisbord	Elena Waisbord's Husband, Daniel Waisbord and Samuel Waisbord's Grandfather.....	25-Dec/21 Tevet
*Miriam Feshali	Mark Smith's Sister	26-Dec/22 Tevet
Julianna Silbermann	Elizabeth Green's Great Grandmother.....	26-Dec/22 Tevet
Jorge Chazan	Celia Chazan's Husband and Linda Rosenthal's Father	27-Dec/23 Tevet
Amy Hagler	Remembered by Susan Hagler'	27-Dec/23 Tevet
Minnie Linsk	Amy Morris' Mother.....	27-Dec/23 Tevet
Henry Bookspan	Galiah Bookspan's Father	28-Dec/24 Tevet
*Abraham Gorinstein	Alan Gorinstein's Father.....	28-Dec/24 Tevet
Sidney Levitan	Marilyn Levitan's Grandfather.....	29-Dec/25 Tevet
Enrique Shteremberg	David Shteremberg's Brother.....	29-Dec/25 Tevet
*Irving Greenberg	Laurie Slade's Uncle.....	30-Dec/26 Tevet
Diane Rubin	Joe Rubin's Wife.....	30-Dec/26 Tevet
Raquel Bakcht	Remembered by Sara and Jaime Fainstein.....	31-Dec/27 Tevet
Neftali Rubinstein	Aaron Rubinstein's Father.....	31-Dec/27 Tevet

** denotes a memorial plaque was purchased in memory of a loved one*



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CALENDAR OF EVENTS

December 2021

Kislev/Tevet 5782

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>CHANUKAH EXTRAVAGANZA Sunday, December 5th - 2 Events:  Ice Cream Truck at Ohr Shalom noon-2:00pm ZOOM Chanukiah Lighting, Singing & Surprises – 5:00pm</p>			<p>1 27 Kislev Chanukah Day 3 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>2 28 Kislev Chanukah Day 4 4:30pm - Religious School 6:15pm - Minyan 7:00pm - Art in Our Homes</p>	<p>3 29 Kislev Chanukah Day 5 1:00pm - Slow-Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi"  4:24pm</p>	<p>4 30 Kislev Parshat Mikeitz Rosh Chodesh Tevet Chanukah Day 6 9:30am - Shabbat Service  5:24pm</p>
<p>5 1 Tevet Chanukah Day 7 Rosh Chodesh Tevet 9:30am - Religious School Chanukah Extravaganza 12-2:00pm Ice Cream Truck 5:00pm - Zoom Chanukiah lighting, singing and surprises 6:15pm - Minyan</p>	<p>6 2 Tevet Chanukah Day 8 6:15pm - Minyan</p>	<p>7 3 Tevet 6:15pm - Minyan 7:00pm - Choir Practice 7:00pm - Meditation with Alex van Frank</p>	<p>8 4 Tevet 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>9 5 Tevet 4:30pm - Religious School 6:15pm - Minyan 7:00pm - Art in Our Homes</p>	<p>10 6 Tevet 2:00pm - Office Closes 7:00pm - Kabbalat Shabbat Service  4:25pm</p>	<p>11 7 Tevet Parshat Vayigash Bat Mitzvah: Yael Meltzer 9:00am - Shabbat Service ZOOM ONLY  5:25pm</p>
<p>12 8 Tevet 9:30am - Religious School 12:15pm - USY Tikkun Olam Event 3-5th Grade 6:15pm - Minyan</p>	<p>13 9 Tevet 6:15pm - Minyan</p>	<p>14 10 Tevet Fast of Tevet 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank 7:30pm - Spain with Yale Strom</p>	<p>15 11 Tevet 10:00am - Adult Ed: Daf Yomi 5:30pm - USY Lounge Night 6-12th Grade 6:15pm - Minyan</p>	<p>16 12 Tevet 4:30pm - Religious School 6:15pm - Minyan 7:00pm - Choir Practice</p>	<p>17 13 Tevet 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  4:27pm</p>	<p>18 14 Tevet Parshat Vayechi Bar Mitzvah: Yonatan Levy 9:00am - Shabbat Service  5:27pm</p>
<p>19 15 Tevet No Religious School 6:15pm - Minyan</p>	<p>20 16 Tevet 6:15pm - Minyan</p>	<p>21 17 Tevet 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank</p>	<p>22 18 Tevet 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>23 19 Tevet No Religious School 6:15pm - Minyan</p>	<p>24 20 Tevet 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  4:30pm</p>	<p>25 21 Tevet Parshat Shemot 9:30am - Shabbat Service  5:31pm</p>
<p>26 22 Tevet No Religious School 6:15pm - Minyan</p>	<p>27 23 Tevet 6:15pm - Minyan</p>	<p>28 24 Tevet 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank</p>	<p>29 25 Tevet 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>30 26 Tevet No Religious School 6:15pm - Minyan</p>	<p>31 27 Tevet 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  4:35pm</p>	<p>1 28 Tevet Parshat Vaera New Year's Day 9:30am - Shabbat Service  5:36pm</p>
<p>2 29 Tevet No Religious School 6:15pm - Minyan</p>	<p>3 1 Shevat Rosh Chodesh Shevat 6:15pm - Minyan</p>	<p>4 2 Shevat 6:15pm - Minyan 7:00pm - Meditation with Alex van Frank</p>	<p>5 3 Shevat 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>6 4 Shevat 4:30pm - Religious School 6:15pm - Minyan 7:00pm - Art in Our Homes</p>	<p>7 5 Shevat 1:00pm - Slow-Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi"  4:40pm</p>	<p>8 6 Shevat Parshat Bo Bar Mitzvah: Ian Brogan 9:00am - Shabbat Service  5:41pm</p>