

Jewish Art, Part II

with Elishava Edelson on ZOOM

Thursdays, Oct. 7 & 21

Nov. 4 & 18, 7:30pm

Funded in part thanks to a grant from
USCJ's Pacific Southwest Region



DAVAR MEGILLAH

OCTOBER 2021 • MONTHLY NEWSLETTER • TISHREI 5782/CHESHVAN 5782

Meditation

with Alex van Frank

Tuesdays at 7:00-7:30pm

Alex van Frank, C-IAYT will
once-again hold a post-minyan
meditation group.

See page 6 for more information

10/16
7:30-
9:30



SAN DIEGO
SR.USY
HAVDALAH &
SCHMOOZE-FEST

ICE
CREAM

SATO &
SLOWACH

See page 7 for more information

SLOW READ BOOK CLUB

*People Love Dead Jews: Reports
from a Haunted Present*
by Dara Horn

READINGS WITH THE RABBI
*We Are the Weather: Saving the
Planet Begins at Breakfast*
by Jonathan Safran Foer

See page 7 for class dates, times
and book reviews.

Gift Bags for a Cozy Chanukah

Help your friends and family have
a cozy Chanukah!
Send some light,
love and fun. These
gifts will include
fun gifts and tasty
treats and will be
delivered (San Diego area only)
throughout the week of Chanukah.



Watch your email, eKol and
November Davar for more
information.

By Rabbi Scott Meltzer

I hope you had a wonderful Sukkot. I hope that you built a Sukkah, had guests in it, and got to be guests in somebody else's. Each night, as we sat down to dine in the Sukkah, with these words we invited the Jewish holy ghosts – the spirits of the most “exalted” of our ancestors – to join us as we fulfilled the mitzvah and celebrated the Festival. Traditionally, there are seven exalted men who we invoke and invite. I encourage everybody to expand the seating to include seven of the most exalted women from our celebrated past as well. It is a beautiful moment each night, as we dine under the stars, to connect ourselves to our sacred past and to the righteousness represented by each of our exalted, heroic ancestors.

This tradition is explained in the Holy Zohar (Parshat Emor 103b-104a). There it is understood that the sacred presence of these ancestors visit us, but do not require sustenance. That is to say, they come to our Sukkah but we do not feed them. Instead, the Holy Zohar says, you “must also gladden the poor, because the portion of those guests whom one invites must go to the poor.” We invite these ancestors, but we use it as an opportunity to do “real” good in this world, by giving away seven meals of “real” food, to living people – EVERY NIGHT OF SUKKOT!

Lest you think this is optional, feed the poor in place of the seven exalted guests who do not eat, the Holy Zohar warns that the host who “invites these guests and does not give them their portion, they all hold aloof from this host, saying ‘Eat not the bread of the one that has an evil eye’” (Proverbs 23:6). That is to say, if you fail to feed the poor, these exalted ones will avoid visiting you.

Far be it from me to try to offer proof that these exalted guests make it to every single Sukkah that invites

them and feeds the poor, every single night of the Festival, but I do offer this as further proof that all parts of our tradition, including the mystical, accentuate our responsibility to make sure that everybody gets fed. Especially when we are celebrating, and feasting, and giving thanks, we need to be more than mindful, we need to actively work to feed others.

Religious or secular, mystically oriented or more rational, in the eyes of the tradition, all Jews must zealously ensure that all the hungry have enough to eat – so they are not hungry anymore. It is very complicated to end poverty – IT IS NOT COMPLICATED TO END HUNGER. It just takes food.

So, to be worthy of our holy visitors, we must sponsor, give away, or donate forty-nine meals during Sukkot. Plan ahead, we are starting a “49 Meal Sukkot Club” next year for everybody who is willing to commit to giving away 49 meals to the hungry during Sukkot. It's not too early to start planning now!

Of course, there are the other fifty-one weeks this year. Will you do your part? The synagogue tries to help. We have a never-ending food drive. Every time you visit the synagogue, bring a non-perishable food item. Think of it as a ticket for admission.

And Jewish Family Service makes it even easier. You can visit their website anytime (<http://www.jfssd.org>) and donate to provide meals for those in need.

Let this be the year that we end hunger in San Diego. It's doable if everybody does their part. At least, you and I will do ours, and, I pray, may we all be visited by the exalted guests Sarah, Miriam, Deborah, Hannah, Abigail, Huldah and Esther, Abraham, Isaac, Jacob, Joseph, Moses, Aaron and David.

May God spread over us God's great Sukkah of peace.



WORDS FROM THE PRESIDENT

Lynn Mendelsohn
President

THE EVIL OF TWO LOESSERS

On Sunday, November 7th, the San Diego Symphony, at its new outdoor Rady Shell, will honor the short but prolific career (he died at age 59) of Broadway composer **Frank Loesser**. An irascible, chain-smoking, workaholic perfectionist, Loesser was a full participant in the Golden Age of American Musical Comedy – the 1950s and 60s.

Frank Loesser was born June 29, 1910, on New York's Upper West Side. His parents, Julia Ehrlich and Henry Loesser, were assimilated and aristocratic Jewish immigrants from Germany. Scion of a banking family, Henry was an eminent classical pianist and accompanist to the renowned Wagnerian soprano Lilli Lehmann. Henry previously had been married to Julia's older sister Bertha, with whom he had one son, Arthur, in 1894. Bertha died in 1907 and, that same year, Henry married Julia. They soon had a daughter, Grace, and then Frank.

Frank's older half-brother Arthur, who attended Juilliard, was regarded as one of the greatest American piano soloists of the 1920s and 30s. A revered musicologist, Arthur spent 16 years as head of the piano department at the Cleveland Institute of Music. His recording of Bach's *Well-Tempered Clavier* still is available on CD.

Arthur was the apple of his father's eye, such that Frank, who was not, referred to himself as "the evil of two Loessers." Young Frank rebelled against the upper-crust refinement of his family, preferring to learn the harmonica and only taking up the piano in his teens. Having attended two high schools (he was expelled from the first), Frank dropped out of The City College of New York during his first year. After his father's death in 1926, Frank worked wherever he could, rambling from job to job as an office boy, classified ad salesman and process server.

A lover of word games, Frank early on had written poems, song lyrics, and skits. While still in his teens, he played piano in nightclubs. Before World War II, Frank wrote song lyrics for pay,

with increasing success. In 1936, he moved to Hollywood to write for musical movies at Universal and Paramount. With Hoagy Carmichael, Frank wrote the lyrics for "Heart and Soul" and "Two Sleepy People" (both 1938). He also produced the lyrics for "Dolores," sung by newcomer Frank Sinatra in the film *Las Vegas Nights* (1941). He wrote "Spring Will Be a Little Late This Year" (1944) for Dianna Durbin. His song, "Jingle Jangle Jingle" (1942) still is considered one of the Top 100 Western songs of all time.



Frank Loesser

During the war, Frank served in the U.S. Army's Special Services division, churning out plots and songs for camp shows that toured just behind the front lines to provide the GIs with R&R. One of those songs, "Praise the Lord and Pass the Ammunition," gave Frank his first hit as both composer and lyricist.

Frank wrote both the music and lyrics for the 1948 Broadway show *Where's Charley?*, which starred Ray Bolger and featured the song "Once in Love with Amy." That same year, he sold to MGM the rights to "Baby, It's Cold Outside," sung in the 1949 movie *Neptune's Daughter*. It won the Academy Award for Best Original Song.

Over the 11 years between 1950 and 1961, Frank Loesser wrote music and lyrics for three of Broadway's most successful musicals:

Guys and Dolls, based on the Prohibition-era stories of Damon Runyon, won the 1950 Tony Award for Best Musical. It included such songs as "A Bushel and a Peck," "Luck Be a Lady," "If I Were a Bell" and "A Woman in Love."

The Most Happy Fella was a 1956 musical for which Frank wrote the book, music and lyrics. Actually an

Lynn's Message continued on Page 9



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DAVAR

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.

Bulletin Deadlines

Please e-mail all submissions to:
davar@ohrshalom.org

Deadline:

- October 5 for November issue
- November 5 for December issue

All in-person attendees MUST show ID, proof of vaccination or negative PCR test within 72 hours of attendance.

**MASKS ARE REQUIRED
AT ALL TIMES.**



OHR SHALOM SERVICE SCHEDULE

SHABBAT SERVICE SCHEDULE

in person and online <https://us02web.zoom.us/j/83107501072> (Passcode: myshul)

Friday	October 1	6:15pm	Kabbalat Shabbat Service
Saturday	October 2	9:30am	Shabbat Service
Friday	October 8	6:15pm	Kabbalat Shabbat Service
Saturday	October 9	9:30am	Shabbat Service
Friday	October 15	6:15pm	Kabbalat Shabbat Service
Saturday	October 16	9:00am	Bat Mitzvah: Sarah Golembesky Shabbat Service
			Afternoon Bat Mitzvah: Lila Glick
Friday	October 22	6:15pm	Kabbalat Shabbat Service
Saturday	October 23	9:30am	Shabbat Service
Friday	October 29	6:15pm	Kabbalat Shabbat Service
Saturday	October 30	9:30am	Shabbat Service

NO Shabbat Morning Babysitting until further notice.



PARSHIYOT & CANDLELIGHTING October 2021

PARSHAT BERESHIT

Fri: October 1 | 25 Tishrei  6:14pm
Sat: October 2 | 26 Tishrei
Torah: Genesis 1:1-6:8
Haft: Isaiah 42:5 - 43:10

PARSHAT NOACH

Fri: October 8 | 2 Cheshvan  6:05pm
Sat: October 9 | 3 Cheshvan
Torah: Genesis 6:9-11:32
Haft: Isaiah 54:1 - 55:5

PARSHAT LECH-LECHA

Fri: October 15 | 9 Cheshvan  5:57pm
Sat: October 16 | 10 Cheshvan
Torah: Genesis 12:1-17:27
Haft: Isaiah 40:27 - 41:16

PARSHAT VAYERA

Fri: October 22 | 16 Cheshvan  5:49pm
Sat: October 23 | 17 Cheshvan
Torah: Genesis 18:1-22:24
Haft: II Kings 4:1 - 4:37

PARSHAT CHAYEI SARA

Fri: October 29 | 23 Cheshvan  5:42pm
Sat: October 30 | 24 Cheshvan
Torah: Genesis 23:1-25:18
Haft: I Kings 1:1 - 1:31



TOT SHABBAT

with Jennifer Meltzer

Saturday, October 9, 10:30 am

at Ohr Shalom in the Courtyard & ZOOM

Tots, parents and grandparents celebrating Shabbat morning together. (Newborns to 5-year-olds)



OHR SHALOM'S CHOIR!

Come join us on **TUESDAYS** at 6:45pm on Zoom.

OCTOBER DATES

October 5 • October 12 • October 19 • October 26

Todah Rabah and Yasher Koach to Jennifer Meltzer

The Old World notion of a synagogue's *rebbitzin* envisages a woman in a black dress, bedecked and be-jeweled, her sheitel well-brushed, tottering down the aisle of the sanctuary to take her place in the front pew. Jennifer Meltzer, Ohr Shalom's own *rebbitzin*, is so very not that!

Over the 18+ years that Jennifer has lived at the center of our congregation, she has created her own version of the *rebbitzin* role – much to our benefit. We as a community owe her a million thanks.

For a long time before COVID, Jennifer, in concert with **Zeji Ozeri**, lent her joyful and professional-quality voice to leading monthly Friday night Kabbalat Shabbat services. Jennifer also was a founder and staff member of Ohr Shalom's Saturday morning Tot Shabbat program, which convened several times a month. And, of course, Rabbi Meltzer commandeered her vocal services whenever a sermon, or a lesson of Torah, needed support from a song. We look forward to the return of our song-filled Friday nights, and to Jennifer's other appearances at adult events, once it is safer to sing indoors.

Throughout the COVID epidemic, Jennifer generously has devoted time and concern to the well-being of our youngest congregants. Parents at Ohr Shalom who, for endless months, found themselves at home with preschoolers, quickly latched onto Jennifer's 7-day-a-week afternoon *Storytime* on Zoom. For more than a year, that lady with the happy voice read a new picture book, in color, on the screen, every day. More recently, and as schools have opened, *Storytime* has gone to twice a week, with Jennifer still reading.

During COVID, Jennifer moved *Tot Shabbat* to Zoom, where she hosted it approximately twice a month, until June, when it became possible for her to present the service in-person at Ohr Shalom. Now Jennifer and the kids meet outside, under tents in the courtyard.

As if this weren't enough, Jennifer deserves a huge *todah rabah* for taking on, designing and leading this year's beautiful hour-long child-oriented services on Rosh Hashanah and Yom Kippur. To make possible an outdoor service for families with unvaccinated children, Ohr Shalom rented parking lot space at the St. Paul's Conference Center across Third Avenue. There, under tents on each of the three holidays, Jennifer led an early Tot Service and a later Family Service, both filled with optimistic song. Just lovely!

Indeed we are most fortunate to have the *rebbitzin* we have and cannot possibly thank her often enough.





FROM OUR EXECUTIVE DIRECTOR

Gillian Argoff-Treseder
Executive Director

GIVING BACK TO THE COMMUNITY...

There are so many ways to say thank you and to contribute to our community. Often, the first thing people think of is money, but that's not always a possibility for everyone. Next, there is food donations or volunteering your time. All of these opportunities are beautiful ways to do *mitzvot* and *gimilut chasadim*.



One very special way to give back is to donate blood. Not everyone can or should donate blood, but as a recipient of a blood transfusion (way back in my twenties) and a blood donor, I can tell you it is one of the most important donations you will ever make if you are able.

Throughout this pandemic, I have been too afraid to give blood. I didn't want to go into a hospital or a blood mobile before I was vaccinated. Then, I didn't have time because I was planning a Bar Mitzvah. Then, I didn't have time because I was taking a vacation. Then, I caught a cold. Then I was planning High Holy Days and I didn't want to feel run-down.

NOW I HAVE NO EXCUSES! I promised myself that after *Yuntif* I would donate blood. I would like to share this opportunity with all of you. I've invited the San Diego Blood Bank to bring their Blood Mobile to Ohr Shalom on **Sunday, November 7th from 9:00am-2:30am**. Please sign-up to participate in the mitzvah of giving life through donating blood. If this is something you can do, call the office to register.



CHESED/COMMUNITY CARING

Marvin Yudkovitz
Chesed/Community Caring Chair

The first *Chesed/Community Caring Program* committee meeting was held on September 19th. My thanks to the following members who attended and volunteered to take on additional roles – Alma and Jonathan Geiger and Rocky Reid (outreach to those who are ill and others), Aviva Rosenberg (meal train coordination), Lynn Mendelsohn, and Gillian Argoff-Treseder.

Various ideas were discussed for continuing and improving the current services provided, as well as developing new ones. The principal areas identified are greater outreach to members experiencing a range of health and personal challenges and milestones, increasing our number of volunteers, and identifying those Synagogue members who can benefit from our program.

Some of the areas for which we can benefit from more assistance are phone calls to ill, bereaved, and housebound members, preparing and delivering bags of food/gifts, and the meal trains.

Please let me know if you would like to participate in this program of *Gemilut Chasadim* – active loving kindness towards others. Contact me at 240-506-3042 or chesed@ohrshalom.org.

And, definitely, please let me or Gillian know if we can assist you.

SOCIAL ACTION

HIGH HOLY DAYS FOOD DRIVE THANK-YOUS!

Todah Rabah to everyone who generously filled donation bags for the JFS Food Pantry and brought them to Ohr Shalom during



the holidays. Because not as many attended our in-person services this year, we didn't quite fill the lobby with food as we have in previous years. But the donations were impressive. The holidays are over, but hunger didn't disappear from San Diego when we broke our Yom Kippur fasts. You can continue to bring donations of non-perishable food to Ohr Shalom whenever you visit. Or, if you prefer, you can make a monetary donation directly to Jewish Family Service at www.jfssd.org.

And, in case you missed this in Gillian's recent Shabbat message:

"On Yom Kippur, we had the opportunity to help people directly with the food you provided. As many of you know, Ohr Shalom hosts a JFS food distribution on the third Thursday of every month, which this month happened to be on Yom Kippur. Many of the recipients did not receive the message that JFS would not be available on Yom Kippur and arrived at Ohr Shalom just as the late service ended. Three people approached our security guards asking when the truck would arrive. When we realized the miscommunication, we thought it would be helpful to allow these three people to take what they needed from the food you had donated. Little did we know, there was a line of 20 or more people around the corner! With the help of our High Holy Days Police, security guards and volunteers, we were able to make sure these families got the food they needed and expected. You all made this possible, KOL HAKAVOD!!"

TAY ACADEMY

COVID-19 has changed many things for TAY. Before the pandemic, members of Ohr Shalom supplied weekly hot meals, blankets in winter, travel-size toiletries, new socks and underwear, and money to help supply those things to the 14-24-year-old youth TAY serves.



TAY staff, within the confines of safety and health, is still able to provide counseling and other services, including some "grab and go" food. Even though we haven't been able to donate meals during this period, TAY still needs our help. If you are able to help, please contact Marilyn Shelden at marilyn.shelden@gmail.com or the Ohr Shalom office.

Kol Nidre Appeal 5782

Todah Rabah to our generous congregants. You have come through with your Kol Nidre pledges despite another highly unusual holiday! With deep gratitude, Ohr Shalom has listed below the names of individuals and couples who submitted Kol Nidre pledges on – or almost on – Yom Kippur, or who, as *Guarantors*, are continuing their pledges.

If you do not see your name on the list below, it is not too late to submit your pledge – through the mail, in person, or via an email – to the Ohr Shalom office.

Also, it is not too late to become a *Guarantor* or a *Sustaining Member*. *Guarantors* are families or individual members who commit to a donation that will increase gift by \$216 to the amount they pledged last year. The *Guarantor* agrees to remain at that pledge level for three years. *Guarantors* receive benefits: Their names are placed on leaves in the *Guarantor* Section of the Tree of Life in the synagogue lobby, and each is entitled to two tickets to an *Ohr Shalom on the Town* event (once those resume), complements of Ohr Shalom.

Sustaining Members pledge a more substantial sum, also over three years. They receive all sorts of excellent perks. If you aspire to either category, please call Gillian Argoff-Treseder in the Ohr Shalom office.

Helen and David Adams
 LeAnne Adams
 Nurith Amitai
 Sara Arstein
 Barrett and Alain Avigdor
 Lynn and Ilan Awerbuch
 Carla and Geoffrey Berg
 Sherry and Allen Berlin
 Benjamin Bernstein
 Steven Bernstein
 Efrain Bielaz
 Izzy Braun
 Gail and Alfred Brymar
 Miriam and David Burakoff
 Laura and Jose Castillo
 Robyn and Lauren Casuto
 Eti and Jayson Chall
 Louise Chandler
 Amanda Cohen
 Springsong Cooper and Daniel Weiner
 Alice Broudy Cupples
 Karen DePodesta
 Judie Dresser
 Naomi Eisman
 Hudi Eshel
 Ruth Fastag
 Sandra and Jorge Finkelberg
 Karen and Eduardo Frischwasser
 Ilene Galler
 Barry Green
 Joshua Goldman
 Toni and Don Goldstein
 Eva and Strul Goldstein
 Shoshana Good
 Gianna Hamilton
 Barbara and Joseph Hartman
 Lilly Hecht
 Suzanne Jacobs

Jesse Krislov
 Elena and Robert Kucinski
 Linda Kucinski
 Dean Laurens and Maria Gomez
 Anna Mai
 Philip Miller
 Anita Nemoj
 Eleanore Ogle
 Valerie Polichar
 Tricia Pummill
 Debbie and Rocky Reid
 Alex and Andrew Reiter
 Devorah Roberts
 Melanie Rubin
 Aaron Rubinstein
 Yvonne Scarlett
 Doreen and Myron Schonbrun
 Rafi Schraer
 Jean Paul Schwarz
 Judy and Seth Schwartz
 Merav and Darren Segall
 Bernie Semel
 Evelyn Sevel
 Steven and Ruth Shapiro
 Jared Solomon
 Lia Spivakova
 Ellen Statman
 David Suls and Jemma Weymouth
 Anita and Isaac Szmuiłowicz
 Janice Weinstein
 Stephanie and Jared Wells
 Gerald and Teshy Wellman
 Rebecca and Margalit Wollner
 Allison and Aaron Wolpoff
 Cory Zack
 Eva and Enrique Zagursky
 Sarita and Samy Zands
 Rebecca and Dan Zipp
 Jane Zeer

Todah Rabah to our Sustaining Members for their continued support:

Karla and Rafael Galicot
 Morris Lazard and Elizabeth Green
 Joy Heitzmann and Jack Cohen
 Jessica and Richard Lemoine
 Susie and Eli Meltzer
 Lynn and Ivan Mendelsohn
 Rachel Millstone
 Marcia and Ray Sachs
 Marilyn and Al Shelden
 Jennifer Tuteur
 Marvin Yudkovitz and Judy Gaines
 Jose and Sonia* Zyman
 Anonymous (4)

Todah Rabah to our Guarantors Members for their continued support:

Jeanne and David Argoff
 Stephen Blum
 Rita Cohen
 Mina and Enrique Cohen
 Allyson Darroch
 Ana and José Galicot
 Jodie and Matt Graber
 Lillian Keller
 Lloyd Kuritsky
 Amy and Bill Morris
 Valerie and Elias Razinsky
 Anya and Aaron Rubin
 Barry Schatz
 Elaine and Peter Shaw
 Elaine and Mark Smith
 Cynthia Tatalovich
 Harriet and Sheldon Wolpoff
 Donald Wright and Julie Phillips
 Ariella and Mark Zyman
 Stella and Alex Zyman

** Of Blessed Memory*

We apologize for any omissions.

Todah Rabah to all our volunteers who helped make this year's High Holy Days Special:

Torah/Service Leaders

LeAnne Adams
 Ilan Awerbuch
 Joseph Hartman
 Morris Lazard
 Eli Meltzer
 Jennifer Meltzer
 Rachel Millstone
 Brian Stannard
 Marvin Yudkovitz

Torah/Haftarah Readers

LeAnne Adams
 Sue Brown
 Loren Casuto
 Rabbi Yonina Creditor
 Eli Dujovich
 Rebecca Iden
 Koba
 Morris Lazard
 Yiftach Levy
 Susie Meltzer
 Ivan Mendelsohn
 Rachel Millstone
 Amy Morris
 Bill Morris
 Valerie Polichar
 Naima Solomon
 Brian Stannard
 Sylvie Sternlieb
 Jane Zeer

Shofar Blowers

Joshua Goldman
 Eli Meltzer
 Raulf Polichar

Ozrim (Helpers)

Jeanne Argoff
 Jessica Lemoine
 Hadarya Levy
 Rachel Millstone
 Marci Prag
 Aviva Rosenberg

Shoshana Feher Sternlieb
 Sylvie Sternlieb
 Jennifer Tabak-Levy
 Marvin Yudkovitz

Special Thanks to

Shoshana Feher Sternlieb,
Ritual Chair

We apologize for any omissions.



RELIGIOUS SCHOOL

Marcia Tatz Wollner
Religious School Principal



ALL THE WORLD IS A VERY NARROW BRIDGE, AND THE MOST IMPORTANT THING IS NOT TO BE OVERWHELMED BY FEAR

One of my favorite quotes is by Reb Nachman of Breslov:

כל העולם כולו גשר צר מאוד, והעיקר – לא לפחד כלל

Kol ha'olam kulo gesher tzar me'od, vеха'ikar lo le'fached klal.

All the world is a very narrow bridge, and the most important thing is not to be overwhelmed by fear.

On Sunday October 10, the students of Ohr Shalom Religious School will take this quotation to heart and action – literally and figuratively – as we participate in the **ADL Walk Against Hate**.

Unfortunately, again due to COVID 19, San Diego's ADL Walk will not be held at Liberty Station, but individuals will have the opportunity to walk virtually or do small community programs. The Walk is an opportunity to discuss with our students how we can create a better world, foster *tikkun olam*, and help make a future without antisemitism, racism and bigotry. Prior to October 10th our students will discuss in an age appropriate manner about bullying, being an ally, being a bystander, cyberbullying, etc. ADL has many resources and materials available to us.

On October 10th, the students will walk across the Laurel Street bridge, singing songs of peace and the Nachman of Breslov song. These songs will be learned during our Sunday music sessions with Tallulah Strom.

Our program makes me reflect upon a quotation by Rev. Dr. Martin Luther King: "When I marched in Selma, I felt my legs were praying." Rabbi Abraham Joshua Heschel is attributed as responding to a question about whether or not he had time to pray in Selma by saying: "I prayed with my feet."

As we walk across the bridge, I hope that through our students' lessons and our participation in the Walk Against Hate, we will protest racism and antisemitism and learn to teach and experience tolerance, justice and universal freedom.



Religious School Parents and the Ohr Shalom Community are invited to join our students on the Walk Against Hate on **Sunday, October 10**. Please meet us at the front steps of the synagogue at **9:45am**. Masks are required.



RELIGIOUS SCHOOL REGISTRATION IS OPEN!
email principal@ohrshalom.org or click link
in the weekly ekol • School is in session!

From the Ohr Shalom Religious School

A gigantic **Thank You to The Lou Dunst Foundation**
whose initiative

The Vanina Bunton Scholarship
is funding the Jewish education of several
children enrolled in the Religious School this fall.

*"Whoever teaches his child teaches not only his child
but also his child's child – and so on to the end of generations."*

– THE TALMUD



The Ohr Shalom Religious School welcomes **Evyatar Lustinger**, our new *shinshin*, who is one of our educators this school year. For more information about Evyatar and the *shinshin* program, see the Religious School article on page 6 of the September 2021 Davar.

LAUREL STREET BEAT

from **Love Zubiller**,
Religious School Committee Chair

In the book of Genesis, God enlists Noah to build an ark to save the Earth's animals from a massive flood. What are some things we can do today to save the world's most endangered animal species from going extinct?

Shayna C., Kita Gan/Aleph: We can give them water and food and also give them a better place to stay. We can make their habitat more social. If we see a hurt mammal we can help them.



Yonatan L., Kita Zayin: I would protect more animals by stopping poachers from killing them. There needs to be more strict laws against this type of hunting.



Are you a Veteran?

The Religious School would like to honor our Veterans at a pre-Veterans day commemoration in November. If you are a Veteran, please contact Marcia Tatz Wollner, principal@ohrshalom.org by October 28, so we can include you in our T'fillah.
Thank you for your service



ADULT ED/WELLNESS CLASS

Meditation with Alex van Frank

Tuesday Evenings at 7:00-7:30pm

Alex van Frank, C-IAYT will once-again hold a post-minyan meditation group.



Meditation will help you develop your intuitive wisdom, deep emotional resilience, genuine empathy, surprising creativity, and inner calm. The compassionate action of training your mind through meditation allows you to take care of yourself and has the added benefits of:

- Lowering blood pressure • Less anxiety
- Lower stress levels • More feelings of well-being
- Deeper relaxation

Zoom: <https://us02web.zoom.us/j/82805583843>
Meeting ID: 828 0558 3843

ADULT EDUCATION



Jewish Art, Part II

with Elisheva Edelson on ZOOM (link to come)

Thursdays, Oct. 7 & 21

Nov. 4 & 18, 7:30pm

From A Prohibition to Engrave and A Commandment to Adorn in Biblical Times to An Amazing Jewish Artistic Expression in Modern Times.

Elisheva is the conductor of the Ohr Shalom Choir.

★ Funded in part thanks to a grant from USCJ'S Pacific Southwest Region

CLASSES with Rabbi Meltzer

<https://us02web.zoom.us/j/83107501072> (Passcode: myshul)

DAF YOMI

Wednesdays, 10:00am

This weekly class discusses the pages of Talmud most recently covered.

SLOW READ BOOK CLUB

Fridays, October 8 thru December 17 at 1:00pm (no class 10/29 or 11/26)

In-depth chapter discussions each week:

People Love Dead Jews: Reports from a Haunted Present by Dara Horn

A startling exploration of how Jewish history is exploited to flatter the living

From the author's website: "Reflecting on subjects as far-flung as the international veneration of Anne Frank, the blockbuster traveling exhibition called 'Auschwitz,' the Jewish history of the Chinese city of Harbin, and the little known 'righteous Gentile' Varian Fry, Dara Horn challenges us to confront the reasons why there might be so much fascination with Jewish deaths, as emblematic of the worst of evils the world has to offer, and so little respect for Jewish lives, as they continue to unfold in the present."

According to *Tablet*: This is "a deeply entertaining book... Horn is a masterful essayist... She has the instincts of a stand-up comic with something deadly serious on her mind."



READINGS WITH THE RABBI

Sunday, October 24, 10:30am

We Are the Weather: Saving the Planet Begins at Breakfast

by Jonathan Safran Foer

From the book's website: "The author explores the central global dilemma of our time in a deeply personal and urgent new way. Saving the planet will involve a great reckoning with reluctance to sacrifice immediate comfort for the sake of the future. We have, he reveals, turned our planet into a farm for growing animal products, and the consequences are catastrophic. Only collective action will save our home. And it all starts with what we eat—and don't eat—for breakfast."



YOUTH GROUP



Emily Curtis
USY Youth Director



Hi! I'm excited to be the new Youth Director at Ohr Shalom. I'm originally from London, England and moved to the US in middle school. I grew up going to USY events at Beth Am, serving as Chapter President and in other roles, both at the chapter and regional level. After high school I went on *Nativ*, a gap-year program in Israel where I studied, volunteered and traveled. I majored in Human Development and Family Studies and minored in Rehabilitation and Human Services at The Pennsylvania State University. Post-graduation I staffed *Nativ* and loved my full-circle journey and the opportunity to be back in Israel. Since then, during COVID-19, I have primarily worked at Beth El, learned to like reading for enjoyment again and attempted to take up the art of paper-making.

10/16
7:30-9:30PM

JOINT CHAPTER EVENT FOR ALL SAN DIEGO USY 9TH-12TH GRADERS

SAN DIEGO SR. USY
HAVDALAH & SCHMOOZE-FEST

ICE CREAM | SATO & SLOACH

8660 GILMAN DRIVE, 92037
\$10, RSVP TO YOUR YOUTH DIRECTOR

COMMUNITY EVENTS

Shabbat
San Diego

October
21-24 2021



SHABBAT SAN DIEGO TOGETHER AGAIN on OCTOBER 21-24

shabbatsandiego.org

Thursday, October 21 – Challah Bake
(see website for ingredients)

Saturday evening, October 23 – Unity Havdalah Celebration

Sunday, October 24 – Tapestry, Community Day of Learning (separate registration)

6th Annual

TAPESTRY

A Community Celebration of Jewish Learning

OCTOBER 23-24, 2021

PRESENTED VIRTUALLY and IN PERSON

Saturday, October 23 (on-site)
Sunday, October 24 (virtual)

Tapestry brings together hundreds of people from diverse ages and backgrounds, learning styles, and interests for a weekend of learning, and inspiration. This year Tapestry will have both an on-site and virtual program, welcoming a wonderful selection of speakers from our own San Diego community and beyond.

Registration for the on-site or virtual programs (or both), fees and class descriptions for each session are available at www.lfjcc.org/tapestry.

SATURDAY, OCTOBER 23

On-site Program (masks required)

6:30pm – Check-in & Dessert Reception

7:25pm – Havdalah

Select one class from each session

7:50—8:40pm – Session 1

Russia's Jewish Folk Music Society

A historical overview of the society and the influence of its composers on Jewish music in Russia, Israel, and the United States. Both live and recorded musical examples and audience participation.

8:50—9:40pm – Session 2

SUNDAY, OCTOBER 24 *Virtual program*

9:30am – Community welcome

Select one class from each session:

10:10—11:00am – Session 1

Eileen Wingard presents one of the classes for this session:

11:10am—12:00pm – Session 2

12:10pm – Keynote Speaker: David Kaufman

Jewish History and Jewish Memory: a Modern Midrash on Yerushalmi's Zakhor

ENVIRONMENTAL PROJECTS



Allyson Darroch
Environmental Projects Chair

DON'T TELL ME WHAT TO DO!

Everyone in the City of San Diego is required to recycle. But what and how we recycle will change as of January 1, 2022, when City-serviced multi-family residences, privately serviced businesses, commercial/institutional facilities, apartments, condominiums and permitted special events all have a new list of items that must be recycled. See how the new rules impact you: <https://www.sandiego.gov/environmental-services/recycling>. [This article is mostly about recycling in the City of San Diego. Please check regulations for your city or area of the county.]

Oh great!... Another government agency telling me what to do and where to do it. What about my personal freedom? What about the Bill of Rights? What about Life, Liberty and the Pursuit of Happiness? Excuse me, but this isn't really about you. Truthfully now, would throwing a plastic milk bottle or an empty cat food can in a blue bin instead of a black bin really interfere all that much with your pursuit of happiness? Think about it. This isn't about any one person. It's about us... All of us. We share this planet. We share the air, the water, the city we live in. Does this whole recycling business seem like a meaningless gesture? It isn't, not if everyone helps.

We get a black bin, a green bin and a blue bin. (This should be a song, no?)

The requirement to recycle applies to all of us – condo owners, apartment dwellers, homeowners, businesses and, yes, Ohr Shalom.



La Mesa is way ahead of San Diego in their commitment. Commingled organics recycling for single-family homes launched in La Mesa on April 1, 2021 to be included with trimmings in their existing curbside green EDCO bin. Apartment buildings and commercial businesses were scheduled to start this service this summer. San Diego won't be starting until January, but you can start now. You don't have to jump right in, but we need to begin.

Humankind has done a lot of damage to our Garden earth. But we are clever and resourceful and can find a way. People are working on this every day all over the world. There is room here for cautious optimism. <https://www.euronews.com/green/2020/08/01/the-great-green-wall-of-africa-is-this-the-next-wonder-of-the-world>

We have been given a gift, let's not break it.

Ohr Shalom is on AmazonSmile!

Support Ohr Shalom by starting your shopping at smile.amazon.com and selecting **Ohr Shalom Synagogue** as your charity.

amazonsmile
You shop. Amazon gives.



Susie Meltzer
Israel Desk

ISRAEL'S PARALYMPIANS AND THE HISTORY BEHIND THE GAMES

Israeli athletes, including a special group – the Paralympians, are home from Tokyo wearing their medals. It is said that athletes who return with a medal hanging around their neck do so as heroes, but the Paralympians achieved hero status even before they went to the Games. For a paraplegic, becoming an elite athlete demands exceptional support. Israel has contributed in numerous ways to transform paraplegics into international competitors. For example, Israeli inventions have enabled paraplegics worldwide to walk. Not surprisingly, Israel also has hundreds of organizations that provide medical services, therapy, and advocacy for the disabled.



This Israeli team was not handicapped at the recent international event. Their delegation of 33 athletes won nine medals at the Tokyo Paralympics: six golds, two silvers and a bronze. That is many more than in any Games since Seoul in 1988. The medalists included eight in men's swimming events, two that set new world records. There was only one female medalist this time. She captured the silver in a kayak event.

Their stories are all inspirational. And history was made as well. Individual medals were won for the first time by an Arab-Israeli. Iyad Shalabi, a Muslim from the Arab Israeli town Shfaram, won two gold medals in swimming. He was born a deaf-mute and became a paraplegic at age 13 after suffering a fall. Like all the athletes, Shalabi's journey was heroic, and he was celebrated not only in his own community, but he was recognized as a hero throughout all of Israel.

There is an important historical hero in this story about the Paralympic Games. Unlike the Olympic Games, the Paralympics were originated thanks to its Jewish founder, Ludwig Guttmann, born in Germany in 1899. As a teen he volunteered at a hospital, and an encounter there with a paraplegic had a deep impact on him. He subsequently attended medical school and became a prominent neurosurgeon. After Kristallnacht he escaped with his family to the UK. There Guttmann pioneered treatment and rehabilitation for tetraplegic and paraplegic patients.

His introduction of sports in treating paraplegics led to the establishment in 1948 of the first Stoke Mandeville Games that paralleled the Summer Olympics. These games grew and, in 1960 in Rome, they were held simultaneously with the Olympic Games. This initiated the "Paralympics," the name exhibiting they are parallel to the Olympics. Today Paralympics are officially recognized by the International Olympic Committee.

Guttmann founded the International Spinal Cord Society and the English Federation of Disability Sport. Due to his many accomplishments in the field of neurology and for the disabled community, he was appointed Commander of the Order of the British Empire and knighted by



Members of the Israeli Paralympic swimming team.

Queen Elizabeth II in 1966. Guttmann died in 1980, but his legacy lives on. His work dwarfed the Nazi eugenics programs that sought to eradicate him along with the Jewish and disabled communities.

Today Israel and the UK are the two countries that share the longest tradition of wheelchair sports. Since 1960, Israel's paraplegic teams have won a total of 375 medals. *Kol Hakavod.*

WORDS FROM THE PRESIDENT CONT.

operetta with sung dialogue, the story follows a romance between a Napa Valley wine grower and a waitress. Two of its notable songs are "Standing on the Corner" and "Big D."

How to Succeed in Business Without Really Trying took Broadway by storm in 1961, and also won the Pulitzer Prize for drama. A satire of the brash office politics and inter-sexual culture of the time, the show made a star of Robert Morse, its leading man, who sang "I Believe in You" to himself in the men's washroom mirror.

Some of Frank Loesser's work brings to mind the boys-will-be-boys attitudes of the *Mad Men* 1960s – discomfiting in our #me-too times. Nonetheless, his songs are eternal.

An astute businessman, Frank held tight to the publication rights for his songs and became wealthy. Generous with his time, he mentored a next generation of Broadway composers and invested in such shows as *The Music Man* (1957) and *Fiddler on the Roof* (1964).

TODAH RABAH AND LIFE CYCLE EVENTS

Thank you for your generous donations in September:

SYNAGOGUE FUND

Lisa and David Mandel

In loving memory of Irving Rosenfeld

Jerry Horn

SOCIAL ACTION FUND

JFS Food Drive

Donald Wright and Julie Phillips

TODAH RABAH TO OUR

SHABBAT SPONSORS:

Alice Broudy Cupples

Golembesky Family

We apologize for any omissions.

Sponsor Kabbalat Shabbat or Shabbat Morning Services

Shabbat sponsorships are available. Honor birthdays, anniversaries, yahrzeits and other occasions with Ohr Shalom. Your sponsorship will be recognized in the E-Kol and by Rabbi Meltzer on Shabbat.

Call or email the office to sponsor or Go online to ohrshalom.org/donate to donate by PayPal or Credit Card







Mazal Tov to

Rebecca Iden-Schneider and Family on the birth of her baby daughter **Quincy**.



Condolences to

Pepe Zyman and the Zyman, Shteremberg and Schwarzblat Families on the passing of **Sonia Zyman** z"l, beloved wife, mother, grandmother and sister.

Naomi Eisman on the passing of her beloved son, **Joel David Bakst** z"l.

May their memory be for a blessing to all those who knew them and loved them.



Today Rabah to our September Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Minyan Minute and Minyan Leaders:

- LeAnne Adams
- Ilan Awerbuch
- Allyson Darroch
- Hudi Eshel
- Jonathan Geiger
- Sarah Golembesky
- Judi Gottschalk
- Beto Hamui
- Joe Hartman
- Koba
- Morris Lazard
- Susanne Lisker
- Eli Meltzer
- Ivan Mendelsohn
- Lynn Mendelsohn
- Rachel Millstone
- Amy Morris
- Bill Morris
- Rocky Reid
- Ruben Rosental
- Brian Stannard
- Rabbi Cantor Cheri Weiss
- Dan Weiss
- Jonah Weinberg
- Margalit Wollner
- Rebecca Wollner
- Marvin Yudkovitz
- Jane Zeer

YAHARZEITS

Rita Fordham	Jeanne Argoff's Mother and Gillian Argoff-Treseder's Grandmother	1-Oct/25 Tishrei
*Sylvia Solof Cohen	Susan Kaplan's Mother	1-Oct/25 Tishrei
*Sheldon M. Golden	Remembered by George and Susan Kaplan	2-Oct/26 Tishrei
*Emilia Groswirt	Gloria Talerman's Mother	2-Oct/26 Tishrei
Paul Schultz	Marcia Sach's Brother	2-Oct/26 Tishrei
Sol Harold Levitt	Rayna Levitt's Father	3-Oct/27 Tishrei
Sophie Salzman	Gail Kalker's Mother	3-Oct/27 Tishrei
Fortunee Sportes	Rene Sportes' Mother	3-Oct/27 Tishrei
*Hildee Estelle Weber	Roberta Greene's Mother	4-Oct/28 Tishrei
Harriet Weiss	Dan Weiss's Mother	4-Oct/28 Tishrei
Howard Weiss	Dan Weiss's Father	4-Oct/28 Tishrei
Charlotte Dantowitz Mostel	Linda Kucinski's Grandmother	5-Oct/29 Tishrei
Susana Pro	Sara Artenstein's Sister	5-Oct/29 Tishrei
Jeannette Rubinstein	Aaron Rubinstein's Wife	6-Oct/30 Tishrei
Ana Chazan	Remembered by Celia Chazan	7-Oct/1 Cheshvan
*Arthur Schor	Renee Schor's Father	7-Oct/1 Cheshvan

Abraham Broudy	Alice Broudy Cupples' Grandfather	9-Oct/3 Cheshvan
Laura B. Friedman	Evette Weiss' Mother	9-Oct/3 Cheshvan
Roberto Fux Fischer	Remembered by Jaya Rubinstein.....	10-Oct/4 Cheshvan
*Bernard Greenberg	Laurie Slade's Uncle.....	10-Oct/4 Cheshvan
*Martha Hartman	Joe Hartman's Mother	10-Oct/4 Cheshvan
Robert Loevinger	Nancy Loevinger's Father.....	10-Oct/4 Cheshvan
*Albert Cohen	Eddy Cohen's Father and Remembered by Gertrude Cohen.....	11-Oct/5 Cheshvan
Benjamin Emert	Richard Emert's Father	11-Oct/5 Cheshvan
Abraham Yehoshua Rubinstein	Susanne Lisker's Grandfather	11-Oct/5 Cheshvan
Barney Shapiro	Melinda Shapiro's Father	11-Oct/5 Cheshvan
Dyna Soberon	Sara Zands' Aunt	11-Oct/5 Cheshvan
Rebeca Rubinstein	Aaron Rubinstein's Sister	12-Oct/6 Cheshvan
James Swartz	Remembered by Ohr Shalom.....	13-Oct/7 Cheshvan
Adlyn Pick	Daniel Pick's Grandmother	14-Oct/8 Cheshvan
David Reitsky	Marilyn Shelden's Uncle.....	14-Oct/8 Cheshvan
Milton Dickman	Jennifer Tuteur's Grandfather	15-Oct/9 Cheshvan
Beverly Schmier	Remembered by Ohr Shalom.....	15-Oct/9 Cheshvan
Joseph Argoff	David Argoff's Father	16-Oct/10 Cheshvan
Edward Israel Goldstein	Frankie Sorrentino's Father	16-Oct/10 Cheshvan
Ruth Rothenberg	Anita Nemoy's Aunt	16-Oct/10 Cheshvan
Fortunee Levy	Lillian Keller's Mother	17-Oct/11 Cheshvan
Bella Braun	Sara Fainstein's Aunt	18-Oct/12 Cheshvan
Abraham Horstein	Harriet Wolpoff and Alma Geiger's Father.....	18-Oct/12 Cheshvan
Zelig Louis Mandel	David Mandel's Great-Grandfather	18-Oct/12 Cheshvan
*Lonnie Nesseler	Remembered by Allyson Darroch.....	18-Oct/12 Cheshvan
Alegre Altalef	Remembered by Aaron Rubinstein	19-Oct/13 Cheshvan
Aaron Moses Cohen	David Cohen's Father.....	19-Oct/13 Cheshvan
Zena Mendelsohn	Ivan Mendelsohn's Mother	19-Oct/13 Cheshvan
Aaron Starobin	Barrett Avigdor's Father	19-Oct/13 Cheshvan
*Roger Zouari	Remembered by the Bunton Family.....	19-Oct/13 Cheshvan
Bernice Cohen	Anita Nemoy's Mother and Justina Nemoy's Grandmother	20-Oct/14 Cheshvan
*Arnold Okin	Michael Okin's Father	20-Oct/14 Cheshvan
*Lena Rosenfeld	Jerry Horn's Grandmother	20-Oct/14 Cheshvan
*Sarah Wright	Donald Wright's Mother	20-Oct/14 Cheshvan
Bashe Mirl Rozen	Remembered by Fay Rozen.....	21-Oct/15 Cheshvan
Flo Semelmaker	Remembered by Ohr Shalom.....	21-Oct/15 Cheshvan
*Igal Gordon	Sore Gordon's Husband.....	22-Oct/16 Cheshvan
*George Greenberg	Laurie Slade's Uncle.....	22-Oct/16 Cheshvan
Rose Pascal	Jeanne Argoff's Grandmother	22-Oct/16 Cheshvan
*David Birnbaum	Remembered by Ohr Shalom.....	23-Oct/17 Cheshvan
Mindel Green	Remembered by Raisa Green	23-Oct/17 Cheshvan
Felipe Melnik	Remembered by Silvia Gold	23-Oct/17 Cheshvan
Esther Penner	Barbara Hartman's Mother.....	23-Oct/17 Cheshvan
*Manuel Shteremberg	David Shteremberg's Father	23-Oct/17 Cheshvan
Richard Gottfried	Remembered by Ivan and Lynn Mendelsohn	24-Oct/18 Cheshvan
Jaya Finkler	Aaron Rubinstein's Grandmother	25-Oct/19 Cheshvan
Rafael Galicot	Jose Galicot and Julio Galicot's Father	25-Oct/19 Cheshvan
Irene Shapiro	Jodie Graber's Grandmother	25-Oct/19 Cheshvan
Libe Szmuilowicz	Remembered by Bertha Szmuilowicz.....	25-Oct/19 Cheshvan
*Alex Goldstein	Ellen Statman's Father.....	26-Oct/20 Cheshvan
Meer Lipowsky	Diana Lipowsky's Husband and Salomon Lipowsky's Brother	27-Oct/21 Cheshvan
Michael Jacobs	Rabbi Meltzer's Uncle	28-Oct/22 Cheshvan
Linda Helen Levitt	Rayna Levitt's Mother	28-Oct/22 Cheshvan
Benyamin Yochanan	Avigayil and Solomon Yochanan's Son.....	28-Oct/22 Cheshvan
Charlotte Broudy Wilenken	Remembered by Alice Broudy Cupples.....	30-Oct/24 Cheshvan
Florencio Martinez	Irma Martinez Brother	30-Oct/24 Cheshvan
Levi Yochanan	Avigayil and Solomon Yochanan's Son.....	30-Oct/24 Cheshvan
Albert Boner	Steve Boner's Father.....	31-Oct/25 Cheshvan
Malka Rubinstein Broder	Aaron Rubinstein's Mother	31-Oct/25 Cheshvan
Miriam Shlesinger	Jonathan Geiger's Sister	31-Oct/25 Cheshvan
Esther Stavchansky	Daniel Kucinski's Grandmother.....	31-Oct/25 Cheshvan

** denotes a memorial plaque was purchased in memory of a loved one*



CALENDAR OF EVENTS

October 2021

Tishrei 5782/Cheshvan 5782

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Religious School Parents and the Ohr Shalom Community are invited to join our students on the Walk Against Hate on Sunday, October 10. Please meet us at the front steps of the synagogue at 9:45am. Masks are required.</p>					<p>1 25 Tishrei 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  6:14pm</p>	<p>2 26 Tishrei Parshat Bereshit  9:30am - Shabbat Service</p>
<p>3 27 Tishrei 9:30am - Religious School 9:45am - Walk Against Hate 6:15pm - Minyan</p>	<p>4 28 Tishrei 6:15pm - Minyan</p>	<p>5 29 Tishrei 6:15pm - Minyan 6:45pm - Choir Practice 7:30pm - Meditaion with Alex van Frank</p>	<p>6 30 Tishrei Rosh Chodesh Cheshvan 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>7 1 Cheshvan Rosh Chodesh Cheshvan 4:30pm - Religious School 6:15pm - Minyan 7:30pm - Jewish Art, Part II with Elisheva</p>	<p>8 2 Cheshvan 1:00pm - Slow-Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  6:05pm</p>	<p>9 3 Cheshvan Parshat Noach  9:30am - Shabbat Service  7:05pm</p>
<p>10 4 Cheshvan 9:30am - Religious School 6:15pm - Minyan</p>	<p>11 5 Cheshvan 6:15pm - Minyan</p>	<p>12 6 Cheshvan 6:15pm - Minyan 6:45pm - Choir Practice 7:30pm - Meditaion with Alex van Frank</p>	<p>13 7 Cheshvan 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>14 8 Cheshvan 4:30pm - Religious School 6:15pm - Minyan</p>	<p>15 9 Cheshvan 1:00pm - Slow-Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  5:57pm</p>	<p>16 10 Cheshvani Parshat Lech-Lecha  Bat Mitzvah: Sarah Golembesky 9:00am - Shabbat Service Afternoon Bat Mitzvah: Lila Glick  6:56pm</p>
<p>17 11 Cheshvan 9:30am - Religious School 6:15pm - Minyan</p>	<p>18 12 Cheshvan 6:15pm - Minyan</p>	<p>19 13 Cheshvan 6:15pm - Minyan 6:45pm - Choir Practice 7:30pm - Meditaion with Alex van Frank</p>	<p>20 14 Cheshvan 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>21 15 Cheshvan 4:30pm - Religious School 6:15pm - Minyan 7:30pm - Jewish Art, Part II with Elisheva</p>	<p>22 16 Cheshvan 1:00pm - Slow-Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  5:49pm</p>	<p>23 17 Cheshvan Parshat Vayera  9:30am - Shabbat Service  6:47pm</p>
<p>24 18 Cheshvan 9:30am - Religious School 10:30am - Readings with the Rabbi 6:15pm - Minyan</p>	<p>25 19 Cheshvan 6:15pm - Minyan</p>	<p>26 20 Cheshvan 6:15pm - Minyan 6:45pm - Choir Practice 7:30pm - Meditaion with Alex van Frank</p>	<p>27 21 Cheshvan 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>28 22 Cheshvan 4:30pm - Religious School 6:15pm - Minyan</p>	<p>29 23 Cheshvan 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  5:42pm</p>	<p>30 24 Cheshvan Parshat Chayei Sara  9:30am - Shabbat Service  6:41pm</p>
<p>31 25 Cheshvan 9:30am - Religious School 6:15pm - Minyan</p>	<p>1 26 Cheshvan 6:15pm - Minyan</p>	<p>2 27 Cheshvan 6:15pm - Minyan 6:45pm - Choir Practice 7:30pm - Meditaion with Alex van Frank</p>	<p>3 28 Cheshvan 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>4 29 Cheshvan 4:30pm - Religious School 6:15pm - Minyan 7:30pm - Jewish Art, Part II with Elisheva</p>	<p>5 1 Kislev Rosh Chodesh Kislev 1:00pm - Slow-Read Book Club 2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi"  5:35pm</p>	<p>6 2 Kislev Parshat Toldot  9:30am - Shabbat Service  6:35pm</p>