

Shanah Tovah 5782

Wishing our Ohr Shalom family a healthy, sweet, good year!



See pages 2 & 3
for our High Holy Days
schedule of services and events.
REGISTER TODAY!



DAVAR MEGILLAH

SEPTEMBER 2021 • MONTHLY NEWSLETTER • ELUL 5781/TISHREI 5782

עורו יְשָׁנִים מְשַׁנְתְּכֶם וְנִרְדְּמִים הִקִּיצוּ מִתְרַדְּמֵיכֶם וְחַפְּשׂוּ
בְּמַעֲשֵׂיכֶם וְחִזְרוּ בְּתִשְׁבָּה וְזָכְרוּ בּוֹרְאֵיכֶם

By Rabbi Scott Meltzer

WAKE UP, sleepers, from your sleep, slumberers end your slumbering. Search your deeds and return in teshuvah and remember your Creator! MAIMONIDES, LAWS OF REPENTANCE 3:4

Must wake up now ... the day is short ... there is so much to do ... the New Year is upon us and in this crazy world I am but one small piece ... please may I stand ready at Rosh HaShanah to face the New Year – committed to continuing this ever-evolving quest for forgiveness and improvement, learning, growth and community. Let this be the year in which all of the prep and sweat of Elul, will catapult me, my prayers, my spiritual life, my actual, physical life from Rosh HaShanah repentant and serious looking ahead to Yom Kippur, beyond to Sukkot, and through the openings of the Sukkah walls to 5782. May it be a year filled with blessing.

As we enter the year 5782 (תשפ"ב, – numerical equivalent=782), may we be blessed (if you would permit me some Jewish fun with math (i.e. gematria):

נפש (782) – “Restoring the soul.” Cognizant of all the challenges, pains, anxieties and losses of this past year, may it be pleasing in Your sight, that the New Year will be restorative to all of our lives and souls.

עקדת יצחק (782) – “The Binding of Isaac.” As we read in the Torah on the first morning of Rosh HaShanah, You desire a world in which parents are called upon to protect, cherish and raise their children. A world in which we are all called to do the same for the all the vulnerable – to protect them so that not even a single wound

should be inflicted on any of them. May this New Year be a year in which our children, all children, all of those who represent the future will be loved and protected, nourished, housed and educated, and raised to see that they inhabit a world of goodness and love, that cares for them.

בצלם (782) – “Beloved is each human since they were each created in God’s image.” May we, individually and collectively, grow in the coming year to recognize Your image in each and every human on this planet. May we act to spread the blessings of life in this world to all – from the youngest to the oldest, poorest to the richest, those closest to us to those stretching to the four corners of this world. May we be blessed to move our world civilization forward to bring peace and comfort, health and learning, life’s blessings and opportunities to all people.

וישם לך שלום (782) – “And may God grant you peace.” May this be the year, 5782, when war and bloodshed cease. The year in which we strive to end violence against women, Jews, blacks and all peoples of all nationalities, and sexual and gender identities – all peoples. May this be the year in which all the hungry are fed, the unhoused find lodgings, the vulnerable protected, the mentally ill cared for. Please may we all merit, and work with our greatest of energies, to create a world in which we can look at every person and strive to assure them that, with all of our help, God will grant you peace.

And let us say, amen.

שנה טובה – Shanah Tovah

HIGH HOLY DAYS FOOD DRIVE 5782

**THE DEMAND
FOR FOOD
IN SAN
DIEGO HAS
INCREASED!**



Every year during the High Holy Days, our community supports San Diegans facing hunger. On top of the critical need for food, new challenges arise every day as people struggle with unemployment, reduced income, and housing expenses. Together, we can ensure our neighbors will not go hungry during these challenging times.

Please bring non-perishable food items for Jewish Family Service when you come to the synagogue for the High Holy Days and throughout September. **Look for the large paper grocery bags in the synagogue lobby.**

These are some of the items that are needed most:

Canned Goods: Tuna, Chicken, Meat, Fruits, Vegetables, Broth

Boxed Items: Baking Mixes, Whole Grain Crackers, Cereal, Rice, Pasta, Other Grains

General Items: Peanut Butter, Mac and Cheese, Ramen, Dried Fruit/Nuts, Granola, Protein Bars

HIGH HOLY DAYS

OHR SHALOM SYNAGOGUE 2021 ✨ HIGH HOLY DAYS SERVICES ✨ 5782

----- Reservations Required -----

ROSH HASHANAH

Erev Rosh HaShanah **Monday, September 6**
Erev Rosh HaShanah Service.....7:00pm
(One Service time – ZOOM and In-Person)

Rosh HaShanah Day 1 **Tuesday, September 7**
Morning Service 8:30am or 11:00am
Tot Service 10:00am
Family Service..... 11:00am
Sermon followed by Musaf (ZOOM Only) 1:30pm
Tashlich at Mission Bay (Playa Pacifica)..... 5:00pm

Rosh HaShanah Day 2 **Wednesday, September 8**
Morning Service 8:30am or 11:00am
Tot Service 10:00am
Family Service..... 11:00am
Sermon followed by Musaf (ZOOM Only) 1:30pm

YOM KIPPUR

Erev Yom Kippur **Wednesday, September 15**
Family Kol Nidre Service.....3:30pm
Kol Nidre Service..... 6:00pm or 8:30pm

Yom Kippur Morning Service **Thursday, September 16**
Morning Service with Yizkor 8:30am or 11:00am
Tot Service 10:00am
Family Service..... 11:00am
Sermon followed by Musaf (ZOOM Only) 1:30pm
Mincha and Ne'ilah (ZOOM Only).....4:30pm
Break the Fast (BTayavon at home).....7:35pm

SUKKOT 5782

Erev Sukkot **Monday, September 20, 6:15pm**
Erev Sukkot Service.....6:15pm

Sukkot **Tuesday & Wednesday, September 21 & 22**
Sukkot Morning Service (Both days) 9:30am

Shemini Atzeret **Tuesday, September 28**
Shemini Atzeret Morning Service with Yizkor.....9:30am
Erev Simchat Torah Service & Celebration6:00pm

Simchat Torah **Wednesday, September 29**
Simchat Torah Morning Service9:30am

EXTRA PARKING DURING HIGH HOLY DAYS

at St. Paul's parking lot on the corner of
Third Avenue and Maple Street after 5:00pm only on:

Erev Rosh HaShanah – **Monday, September 6**
Erev Yom Kippur/Kol Nidre – **Wednesday, September 15**



Parking at Merrill Gardens for Sustaining Members, with a few spots available at \$180

OHR SHALOM ON ZOOM

Shabbat services take place in person in the Ohr Shalom Sanctuary and on Zoom. All other programming is on Zoom unless otherwise noted.

Ohr Shalom Zoom Link is:

<https://us02web.zoom.us/j/83107501072> (Passcode: myshul)

Here is the information to join by phone:
1 (669) 900-9128 Meeting ID: 831 0750 1072 Passcode: 632432



RITUAL COMMITTEE

Shoshanah Feher Sternlieb
Ritual Chair

High Holy Days 2021/5782

This year, we will have yet another High Holy Days experience different from past years. Working in tandem with the Re-Opening Task Force, Ritual Committee has grappled with how to maximize everyone's health safety during our High Holy Days. At the beginning of the summer, we planned on holding our traditional services in the sanctuary. Unfortunately, we have had to pivot once again, just as we have so many times during this pandemic. Given the current surge, we will be holding two shortened services for each of the High Holy Days services. In this way, we can meet in person, pray, and bring in 5782 together while at the same time lowering the number of congregants at any given service.

By now you should have received all the information with the new service times and have hopefully registered for a time slot. If not, please call the office and do so right away, as pre-registration is required for all congregants attending in person. All services will be available on Zoom so you have the option to zoom for all, to come in person, or to take the hybrid approach and do a little of both. The rabbi's sermon, Musaf, Mincha and Ne'ilah will not be held in person but will be available only on Zoom.

To keep everybody safe, we are requiring ID and proof of vaccination or negative PCR test within 72 hours of attendance. Masks will be required at all times. It goes without saying but if you're experiencing COVID-19 symptoms, please Zoom in!

Here's to a new High Holy Days experience and to creative and flexible ways to ensure a meaningful holiday. Thank you to the Ritual Committee and the Re-Opening Task Force for helping us come together at this challenging time.

L'Shana Tova!

If you don't feel well - PLEASE STAY HOME & ZOOM IN!

All in-person attendees MUST show ID, proof of vaccination or negative PCR test within 72 hours of attendance (Sept. 5 for Rosh HaShanah and Sept. 13 for Yom Kippur).

**MASKS ARE REQUIRED
AT ALL TIMES.**

HIGH HOLY DAYS

TASHLICH SERVICE

Tuesday, September 7, 5:00pm At Playa Pacifica, Mission Bay

Join us for our annual visit to Mission Bay to cast our sins in the sea (or bay!)

Located between the Information Center and the Hilton Hotel. I-5 to Exit 22: Clairemont Drive / Mission Bay Drive. Drive west towards the bay. Turn left (south) on East Mission Bay Drive. Drive 0.2 miles and turn right into parking lot. We will be near the blue-roofed gazebo.



(The Hilton Hotel is south of our gathering.)

Do You Have a Machzor to Return?



If you are no longer using a book that you borrowed during the pandemic – *siddur*, *machzor*, *chumash*, *haggadah* – please return it when you come to the Ohr Shalom building for High Holy Days.

Kever Avot v' Imahot Community Memorial Service

Sunday, September 12 at 10:00am

Community Memorial Service on Zoom.

Register at: (<https://us02web.zoom.us/meeting/register/tZYpdOuhqDMoHdRNqP-SIVuWzcHDTVPMjgU1>)

Download the service booklet: https://mcusercontent.com/c77b604aa0e4e2aa6254dc9c2/files/00ceb300-82c4-0aed-d6fd-4d9840664533/Kever_Avot_Service_5782_for_web.pdf

Sunday, September 12 at 11:00am

Rabbi Meltzer will be at Home of Peace Cemetery
3668 Imperial Ave San Diego CA 92113



PARSHIYOT & CANDLELIGHTING September 2021

PARSHAT NITZAVIM

Fri: September 3 | 26 Elul  6:49pm
Sat: September 4 | 27 Elul
Torah: Deuteronomy 29:9-30:20
Haft: Isaiah 61:10 - 63:9

PARSHAT VAYEILECH SHABBAT SHUVAH

Fri: September 10 | 4 Tishrei  6:40pm
Sat: September 11 | 6 Tishrei
Torah: Deuteronomy 31:1-31:30
Haft: Hosea 14:2-10; Micah 7:18-20;
Joel 2:15-27

PARSHAT HA'AZINU

Fri: September 17 | 11 Tishrei  6:31pm
Sat: September 18 | 12 Tishrei
Torah: Deuteronomy 32:1-32:52
Haft: II Samuel 22:1 - 22:51

SHABBAT SUKKOT

Fri: September 24 | 18 Tishrei  6:21pm
Sat: September 25 | 19 Tishrei
Torah: Exodus 33:12-34:26
Haft: Ezekiel 38:18-39:16

OHR SHALOM SERVICE SCHEDULE

SHABBAT SERVICE SCHEDULE

in person and online <https://us02web.zoom.us/j/83107501072> (Passcode: myshul)

Friday	September 3	6:15pm	Kabbalat Shabbat Service "Ask the Rabbi"
Saturday	September 4	9:30am	Shabbat Service
Friday	September 10	6:15pm	Kabbalat Shabbat Service
Saturday	September 11	9:30am	Shabbat Service
Friday	September 17	6:15pm	Kabbalat Shabbat Service
Saturday	September 18	9:00am	Bar Mitzvah: Eric Shteremberg Shabbat Service
Friday	September 24	6:15pm	Shabbat Sukkot Service
Saturday	September 25	9:30am	Shabbat Sukkot Service

NO Shabbat Morning Babysitting until further notice.

KABBALAT SHABBAT SERVICE "ASK THE RABBI"

Friday, September 3 at 6:15pm

Your opportunity to ask the questions you have always wanted to.



TOT SHABBAT

with Jennifer Meltzer

Saturday, September 25, 10:30 am

at Ohr Shalom in the Courtyard & ZOOM

Tots, parents and grandparents celebrating Shabbat morning together. (Newborns to 5-year-olds)

Bulletin Deadlines

Please e-mail all submissions to:
davar@ohrshalom.org

Deadline:

- September 5 for October issue
- October 5 for November issue



WORDS FROM THE PRESIDENT

Lynn Mendelsohn
President

THE WOLFSBERG MACHZOR

During World War II, the U.S. and England carried out incessant “strategic bombing” of industrial areas inside Germany. Manufacturers critical to the German war effort, such as Thyssen, Daimler-Benz and Siemens, asked their government to help with moving their factories away from the cities. In response, the Nazi administration laid out, and began to construct, a network of underground manufacturing facilities. They selected the Gross-Rosen concentration camp in eastern Germany as the hub of a network of labor camps whose inmates would dig and equip caves for industrial use. One of Gross-Rosen’s many satellites was the Wolfsberg Camp, near the Czech border, situated on the side of heavily wooded Mt. Wolfsberg.

The Nazis designated male Jewish death camp inmates as slave labor for construction of the underground factories. In April 1944, Hitler authorized the removal of Jewish prisoners from Auschwitz to Gross-Rosen. Among the first of these transferees was **Naftali Stern**, age 34, who had been chief cantor within the Hasidic Orthodox community of Szatmár, Hungary (now Satu Mare, Romania). A devout man, he had married Blume Weiss, daughter of an esteemed teacher at the Szatmár Talmud Torah. By the time German forces occupied Szatmár in March 1944, he and Blume had produced four children: Zvi Hirsch (age 10), Moshe (9), Azriel David (6) and Gittel (14 months). Following internment in the Szatmár Ghetto, the family was taken to Auschwitz, where Blume and the children were exterminated. In a later memoir, Cantor Stern recalled that Mengele whistled *The Blue Danube* while making his selections.

Cantor Stern almost immediately was sent to the Wolfsberg Camp, which was laid out in rows of small round huts, each housing about 20 men. There was no place to bathe, and no changes of clothing were provided. The crowded huts nurtured lice and disease. Mt. Wolfberg received abundant rain, sleet and snow, which soaked the huts, and



Drawing of a morning inmate assembly at Dornhau, a sister camp of Wolfsberg, by an inmate, Dr. Hollo, a Hungarian dentist.

froze in winter. SS guards awakened prisoners before dawn by hitting them with sticks. Meals consisted of bread rations and watered-down coffee.

Work at Wolfsberg, which was done in 12-hour shifts, required the inmates to bore into rock with hand tools, set and detonate explosives, clear and haul away rubble, and lay cement. The work was so strenuous, and the rations so meager, that most of Wolfsberg’s inmates were *Muselmänner*, shrunken men. Those who no longer could work were returned to Auschwitz for liquidation.

Cantor Stern recounted later that he used his wits to survive. He told jokes to the staff of the infirmary to earn admittance; he sang so beautifully for a *kapo* (prisoner trustee) that he won an appointment to the camp’s burial society. Despite privations, Cantor Stern and his fellow inmates clung to every available remnant of their Judaism, preserving whatever religious practices they could. They followed the moon to maintain a Jewish calendar. They recited everything they remembered from the Torah, the Talmud and the Siddur.

In late summer 1944, Cantor Stern decided that he would lead a Rosh Hashanah service for the New Year of 5705. For days, he traded portions of his bread ration for pencil stubs and paper sheets torn from cement bags. With these, he wrote out, in secret, a Machzor for Rosh HaShanah. He later recalled:

I wrote it down so I would not make any mistakes... because as a cantor



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DAVAR

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.

who had conducted services for many years I knew it by heart... We prayed on Rosh Hashanah and the service was lovely, the service was good... but on Yom Kippur we were unable to pray. The Germans evidently were ready for it.

Leading prayers for Rosh HaShanah was a courageous act. No one seems to know for certain how Cantor Stern was able to arrange it. One Wolfsberg inmate later expressed his appreciation of the Cantor’s

Lynn’s Message continued on Page 9



FROM OUR EXECUTIVE DIRECTOR

Gillian Argoff-Treseder
Executive Director

PIKUACH NEFESH AND OUR MENTAL HEALTH

When Ohr Shalom moved programs and services online, I began attending Daily Minyan much more frequently. In part, I attended to help out as a Zoom monitor, but I also attended to pray and, importantly, to say Mi Shebeirach, our prayer for healing. Each day, we move from screen to screen saying the names of those we know are sick. I would guess that most of the people on our Mi Shebeirach lists have physical ailments, but throughout this time of pandemic and isolation, I would always say “and all those who are suffering.” While that blanket statement could refer to anyone with COVID, cancer, or other terrible disease, I also say it for all those people and those suffering with depression, anxiety, loneliness and fear – and I’m sure that others among us include people with these conditions in their lists as well.

Mental health has been in the news a lot lately, thanks to brave athletes like Simone Biles and Naomi Osaka who put their mental safety and well-being above winning and money. There have been many articles since then about *Pikuach Nefesh*, the Jewish value of putting other laws and rules aside to save a life and how it’s okay to apply this concept to ourselves.

It is also important to recognize signs in others who may not be able to ask for help. September is Suicide Awareness Month, with **Suicide Prevention Week (September 5-11)** and **World Suicide Prevention Day (September 10)** falling during our High Holy Days. This year the official suicide prevention publications focus on “**Supportive Transitions: Reconnect, Reenter, and Rebuild.**” These concepts relate to all of us as we spend the days between Rosh HaShanah and Yom Kippur reflecting on our past year and our continued battle with COVID and the many challenges it brings to all of our lives.

Remember that there are many resources throughout San Diego and the Jewish Community – if you, a friend or family member need to speak with someone, call 211 for County resources or (858) 637-3210 for JFS Behavioral Health Services. Here are some additional resources:

www.suicideispreventable.org

<https://namisandiego.org/>

<https://www.jfssd.org/our-services/counseling-support-group>

Thank you to Marcia Tatz Wollner for sharing The Blue Dove Foundation’s website (thebluedovefoundation.org) with me and this **Mi Sheberach for Mental Health**:

We believe Jewish prayers and rituals can help to strengthen our mental well-being, resilience and recovery in the same way middot, or Jewish values, can promote them. Faith is an important part of healing for many, and Jewish thinkers and leaders historically have brought the two together.

*When someone is ill or recovering from illness or an accident, we often recite a Mi Sheberach to wish them a *refuah sheleimah*, or a “full recovery.” We have expanded this prayer for those who are struggling with mental health in different variations of Mi Sheberachs.*

Mi Sheberach for Mental Health

May the One who blessed our ancestors -
Who named us Israel (Yisrael), those who “struggle,
“Bless and heal those among us who struggle with
mental well-being.

May they acknowledge their own strength and resilience
in persevering,
May they treat themselves with forgiveness and
patience,
May they find others who share their experiences, so
they know they are not alone,
May they find help, compassion and resources when
they are able to reach out for them,
May they find others willing to reach out first when they
cannot,
And may they find inclusive and welcoming
communities that will uplift and celebrate them.

May the Holy One grant us the strength and resilience
to support our loved ones,
May we find the patience and forgiveness we need for
ourselves and others,
May we find solidarity and support from other
caregivers,
May we find the capacity to listen without judgment and
with the intention to help when asked, May we find the
ability to notice when others are struggling and reach
out to them first,
And may we create communities that accept, uplift and
celebrate those among us who are struggling.



**IN A LAND OF PLENTY, THERE
SHOULD BE PLENTY FOR EVERYONE.**

MAZON | A Jewish Response
To Hunger
(800) 813-0557 | mazon.org



RELIGIOUS SCHOOL

Marcia Tatz Wollner
Religious School Principal



THE WORLD STANDS UPON THREE THINGS

You may have heard the line from Pirke Avot 1:2 regarding Simeon the Righteous: “The world stands upon three things: Torah, *avodah* (the service of God), and *g’milut chasadim* (the practice of acts of loving kindness).”

In taking some creative license, Ohr Shalom Religious School is also based upon those three pillars:

Torah. Education. That is why our students are here – to be educated Jewishly. Please welcome **Evyatar Lustinger** – one of our educators – to our Ohr Shalom community. Evyatar will be our *shinshin*, an Israeli, post-high-school ambassador, who is doing a year of service prior to entering the Israeli Defense Forces. Shinshinim is a partnership program between the Jewish Agency of Israel and our local Jewish Federation. Evyatar is a young Israeli who will connect with our students by making learning about Israel accessible and fun and by teaching our students conversational Hebrew, modeling that Hebrew is an exciting modern language. He is from Herzliya and is 18 years old. He has been a counselor for the *Tzofim* (Israeli scouts). He has volunteered in a local dog shelter and in his free time likes to birdwatch, explore nature, do art and play his guitar. Here is a short video which Evyatar made about himself:

<https://www.youtube.com/watch?v=IAv4CoVpZPE>

Evyatar will be on campus on Thursday afternoons and is being generously hosted by the Oren and Lemoine families.

Avodah. An important part of our curriculum is for our students to become comfortable with and learn how to navigate their way through the *siddur*. This begins in the younger grades by learning brachot (blessings), learning to read and decode Hebrew and then learning to read and recite prayers. This year our older students will also have the opportunity to take a “deep dive” into the meaning of the prayers.

G’milut Chasadim. Acts of loving kindness. The easiest definition is to think of this as the giving of *tzedakah*, but it is truly a lot more. It is not just the collection of *tzedakah* but our deeds, having our students learn to visit the sick (even if this is done by a virtual zoom call), going



Supplies for Champs for Change backpacks to JFS.

to sing for the residents of St. Paul’s, etc. When it comes to *tzedakah*, while our school had made a seamless pivot from on-site classes to the Zoom room, I found that the *tzedakah* collected had not been distributed. With consultation with Gillian Argoff-Treseder, we decided to participate in the “Champs for Change” program of Jewish Family Service, purchasing supplies for a total of 15 backpacks for children in need. Our children helping other children. This year **Tallulah Strom** will have her students present a “mitzvah fair” so the students will learn about different charitable opportunities.

The world and our school do stand upon these three pillars....and much more.

Wishing you a happy, healthy and sweet new year.



Ohr Shalom Youth Department welcomes
Emily Curtis,
USY Youth Director
usy@ohrshalom.org

LAUREL STREET BEAT

from **Love Zubiller**,
Religious School Committee Chair

What tradition are you looking forward to most during the High Holy Days, and why?

Xavier G., Kita Vav: My favorite part about Rosh HaShanah is eating apples and honey because it reminds us of happy and sweet times.



Mirabelle V., Kita Dalet/Hey: The 10 days of reflection is a good tradition because there are a lot of things we probably did wrong in the past year and this makes us reflect on how we can do things better in the coming year. I think it is really hard to apologize to people during this time, because you still might be mad about something or just not ready to have the conversation. However, it is still good to have to practice doing this or else you may never practice it in your daily life. So, even if it’s a difficult tradition, it is an important one.



Are You A Military Veteran?

The Religious School wants to acknowledge your service on Veterans Day. Please contact
Marcia Tatz Wollner,
principal@ohrshalom.org.



WE WANT YOU!

RELIGIOUS SCHOOL REGISTRATION IS OPEN!

email principal@ohrshalom.org

or click link in the weekly *ekol*

School Starts September 12, 2021



Vanina Bunton Religious School Scholarship

The **Vanina Bunton Scholarship**, an Initiative of the **Lou Dunst Foundation**, will offer three full scholarships for students with particular financial need, and 24 partial scholarships. Please contact Gillian Argoff-Treseder if you need assistance with Religious School fees for 2021-22.



ISRAEL DESK

Susie Meltzer
Israel Desk



CHESED/COMMUNITY CARING

Marvin Yudkovitz
Chesed/Community Caring Chair

YAD VASHEM – THE WORLD HOLOCAUST REMEMBRANCE CENTER

We are approaching the High Holy Days, a time of remembrance. In Israel, Yad Vashem stands as the official memorial to the victims of the Holocaust. Literally, Yad Vashem means “a memorial and a name.” The name comes from Isaiah (56:5): “To them will I erect in my house and within my walls a memorial and I will give them an eternal name (a ‘yad vashem’) that will never be erased.” It is dedicated to preserving the memory of the dead, honoring Jews who fought against their Nazi oppressors, and Gentiles who selflessly aided Jews in need. Established in 1953, Yad Vashem is located on the western slope of Mount Herzl in Jerusalem, known also as the Mount of Remembrance. Opened to the public in 1957, the exhibits first focused on Jewish resistance in the Warsaw ghetto, the uprisings in Sobibor and Treblinka death camps, and the struggle of survivors to reach Israel.



In 1993, plans were launched for a larger, more technologically advanced museum with exhibits that focus on the personal stories of Jews killed in the Holocaust. Visitors were asked to look into the eyes of the individuals, not just see six million victims. The new museum was dedicated in 2005 in the presence of leaders from around the world. Israel’s President Moshe Katsav said, “Yad Vashem serves as an important signpost to all of humankind, a signpost that warns how short the distance is between hatred and murder, between racism and genocide.” This message continues to be true today.

The aims of Yad Vashem are still education, research and documentation, and commemoration, with the aim of preventing such events in the future. The International School for Holocaust Studies, dedicated to education, is the only school of its kind in the world. The International Institute for Holocaust Research encourages, supports, and advances scholarly research on the Holocaust.

For the public at large, there are astounding memorials and museums there. Examples would have to include the Holocaust History Museum that combines the best of Yad Vashem’s expertise, resources, and state-of-the-art exhibits to take Holocaust remembrance well into the 21st century. Housed mainly underground, it presents the story of the Shoah from a unique Jewish perspective, emphasizing the experiences of the individual victims through original artifacts, survivor testimonies and personal possessions.

A core goal of Yad Vashem’s founders was to also recognize non-Jews who chose to save Jews during the Holocaust at personal risk and without a financial motive. Those recognized by Israel as “Righteous Among the Nations” are honored in a section of Yad Vashem known as the Garden of the Righteous Among the Nations.



CHESED/COMMUNITY CARING – FIRST COMMITTEE MEETING

Sunday, September 19, 7:00pm,
after minyan

In the Ohr Shalom Zoom Room

<https://us02web.zoom.us/j/83107501072>

It’s time for our first *Chesed/Community Caring* committee meeting. The Ohr Shalom Chesed/Community Caring program began in December 2020, with the goal of fostering an even more caring, compassionate, and supportive Ohr Shalom Community for every Synagogue member.

All synagogue members are invited to participate in the meeting to discuss what we want the program to be for our congregants. If you would prefer to provide suggestions to me before the meeting, please contact me at 240-506-3042 or chesed@ohrshalom.org.

We hope to see you there!

Are you are having a significant life event, wedding, new birth in the family, or major medical issue? We want to know. Please contact me or Gillian Argoff-Treseder to let us know.

Another special site is The Children’s Memorial. Hollowed out from an underground cavern, it was erected in 1987 as a tribute to the approximately 1.5 million



Jewish children murdered during the Holocaust. Memorial candles are reflected infinitely in a dark and somber space, creating the impression of millions of stars shining in the firmament while the children’s names, ages and countries of origin can be heard in the background.

Yad Vashem is an extraordinary place. With approximately one million visitors each year, it is the second-most-frequented Israeli tourist site after the Kotel (the Wall). The visitor list has included world figures including presidents, prime ministers, and members of royalty, as well as religious leaders such as the Dalai Lama and several Popes.

The message that resonates from Yad Vashem has not dissipated since it began. All people living in the 21st century need to hear it now.

COMMUNITY EVENTS



Run, Roll, Walk, Stretch, Pedal on **October 10** to fight hate across the country! It's not just a walk – it's an opportunity to move as an individual, family or community toward a future without antisemitism, racism and all forms of bigotry.
Watch for details on how you can participate.



Enjoy a weekend away to connect with yourself and other Jewish women in the majestic San Bernardino Mountains near Big Bear, CA. Worship, sing, dance, hike, and create art while breathing the crisp autumn air. Experience the serenity of sunrise morning yoga while marveling at the ancient pines. Deepen friendships old and make new ones around the campfire before falling asleep in your cozy cabin. Return home refreshed in body, mind and spirit.
More information and registration:

<https://campmountainchai.com/event/womens-weekend-2/>



Shabbat San Diego

October
21-24 2021



The Shabbat Project

SHABBAT SAN DIEGO TOGETHER AGAIN on OCTOBER 21-24

shabbatsandiego.org

Thursday, October 21 – Challah Bake
(see website for ingredients)

Saturday evening, October 23 – Unity Havdalah Celebration

Sunday, October 24 – Tapestry, Community Day of Learning *(separate registration)*

ENVIRONMENTAL PROJECTS



Allyson Darroch
Environmental Projects Chair

RIDING THE GREENCYCLE

Is this a test? “Recycle”: right, that blue bin they come and empty every other week. “Compost”: if you are in a house with a yard, that’s the small green bin they also come for every other week, but it’s a different week and it’s only for grass clippings, tree trimmings, dead leaves. Nothing icky like coffee grounds and orange peels. The big black trash bin is for everything else. *Wrong!* Well at least after January 1, 2022 it will be wrong. Now it’s just somewhat wrong. (See this column in the August 2021 Davar for more information about the coming “food waste bins.”)

Think about what you are throwing away. By the way, there isn’t really an “away.” Unless you have a household disintegrator beam, it goes somewhere else, and if you don’t live near a landfill you don’t see it, or if you live upwind, smell it. What are you throwing away? Is it reusable by someone else? That stylishly ugly shirt sure, but who wants old t-shirts, frayed worn towels, shredded socks? *Thrift stores do!* Contrary to popular belief, almost all textile donations are welcomed by larger thrift stores, even single shoes and socks. This includes items that are stained, ripped, missing buttons or have broken zippers. Please do not donate any items that are wet or moldy or items contaminated with automotive chemicals, paint, pesticides, bodily fluids or hazardous substances. Clothing and other textiles for recycling should be placed in a clear plastic bag with “For Recycling Only” written on the bag.

What happens to donated textiles? 95% of all used clothing is recyclable with the remaining 5% being unusable due to mildew or other contamination. Some donated textiles are “down-cycled” into cleaning rags. Some are broken down into their basic fiber components before being re-manufactured into new products like home insulation, stuffing for furniture, pet bedding and much more.

To find a thrift store near you, visit WasteFreeSD.org, San Diego’s online recycling, reuse and repair database.

Ohr Shalom’s green journey starts with us. A green future is in your hands and trash bins.

SOCIAL ACTION

TAY ACADEMY

COVID-19 has changed many things for TAY. Before the pandemic, members of Ohr Shalom supplied weekly hot meals, blankets in winter, travel-size toiletries, new socks and underwear, and money to help supply those things to the 14-24-year-old youth TAY serves.



TAY staff, within the confines of safety and health, is still able to provide counseling and other services, including some “grab and go” food. Even though we haven’t been able to donate meals during this period, TAY still needs our help. If you are able to help, please contact Marilyn Shelden at marilyn.shelden@gmail.com or the Ohr Shalom office.

ADULT EDUCATION

Jewish Art, Part II

with Elisheva Edelson on ZOOM (link to come)

Thursdays, Oct. 7 & 21
Nov. 4 & 18, 7:30pm

From A Prohibition to Engrave and A Commandment to Adorn in Biblical Times to An Amazing Jewish Artistic Expression in Modern Times

Elisheva is the conductor of the Ohr Shalom Choir.

★ Funded in part thanks to a grant from USCJS Pacific Southwest Region



CLASSES with Rabbi Meltzer

<https://us02web.zoom.us/j/83107501072> (Passcode: myshul)

DAF YOMI

Sept. 1 and Sept 15, Wednesdays, 10:00am

This weekly class discusses the pages of Talmud most recently covered.

READINGS WITH THE RABBI

Sunday, October 24, 10:30am

We Are the Weather: Saving the Planet Begins at Breakfast

by Jonathan Safran Foer



COMMUNITY EVENTS

SUKKOT HARVEST FESTIVAL

NATURE • HOSPITALITY • COMMUNITY • DIVERSITY

SUNDAY
SEPTEMBER 19, 2021
11AM - 3PM

COASTAL ROOTS FARM

Details at:
<https://coastalrootsfarm.org/event/sukkot-harvest-festival-2021/>

Melton Core Curriculum: Ethics of Jewish Living & Crossroads of Jewish History

26 Week Program Beginning

Thursday, September 23, 2021 | 9:30-11:50 am

With classes led by instructors Rabbi Ralph Dalin and Dr. Joellyn Zollman, Melton students will embark on a 26-week educational journey that will strengthen their relationship to Judaism. Classes will take place virtually over Zoom.



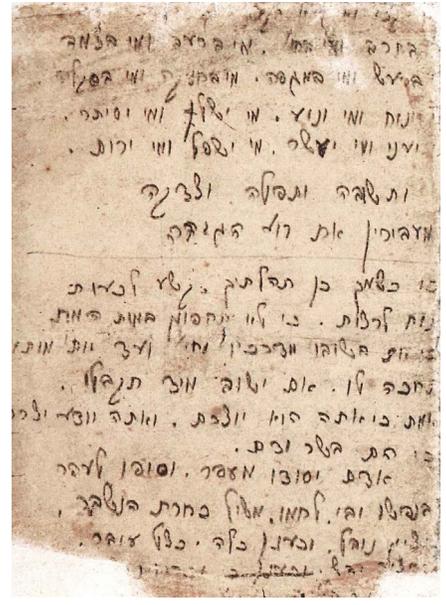
WORDS FROM THE PRESIDENT CONT.

strong, unwavering voice. Another, who attended as a 16-year-old, wrote the following:

The service was held in an overcrowded hall... I could not push my way in and remained outside. But what went on inside left a deep impression.

The Russian Army liberated the Wolfsberg Camp in May 1945. Cantor Stern returned to Sztarmár, where he married and started a new family. In 1950, he immigrated to Israel, and he remained there, in Bene Beraq (Bnei Brak), for the rest of his life. Cantor Stern prayed from his Wolfsberg Machzor every year for 43 years, until 1987. Then, in tears, he donated its worn, crumbling and faded pages to Yad Vashem. He died in August 1989.

As we open our own Machzors this year, let us try to imagine the *kavanah*, the mindful devotion, of Cantor Naftali Stern and his fellow inmates as they savored that most unique Rosh HaShanah service 77 years ago.



Page from the Wolfsberg Machzor. "And repentance, prayer and tzedakah remove the severity of the decree."

Digital COVID-19 Vaccine Record

The State of California has a Digital COVID-19 Vaccine Record portal. You just need to enter a few details to get a link to a QR code and digital copy of your COVID-19 vaccination record.

If you want to share your proof of vaccination, you can use either the electronic version you'll get from the portal or the card you were given at time of vaccination. **(Please remember that you will not be able to show a digital copy for entrance to Ohr Shalom for Shabbat or High Holy Days service.)**

Go to: <https://myvaccinerecord.cdph.ca.gov>

[Thanks to Jonathan Geiger for providing this information.]



TODAH RABAH AND LIFE CYCLE EVENTS

Thank you for your generous donations in August:

SYNAGOGUE FUND

In loving memory of Ruben Lisker

Jackie Ander
Steven Bernstein
Toni and Don Goldstein
Marcia and Mauricio Lisker
Lynn and Ivan Mendelsohn
Eriberto and Stella Salzmann
Shoshanah Feher Sternlieb

In loving memory of Bart Feldmar

Toni and Don Goldstein

In loving memory of Isaac Stepensky

Al and Marilyn Shelden

In loving memory of Jonathan Moss

In loving memory of Harold Simon

Gillian Moss

In loving memory of Yaffa bat Naftali

In loving memory of Michael ben Yehuda

Aaron Rubinstein

In loving memory of Sylvia Wollner

Marcia and David Wollner

In loving memory of Maury Schiff

Rosalie Urlich

In loving memory of Ruth Salzmann

Eriberto and Stella Salzmann

In loving memory of Irving Rosenfeld

Eriberto and Jerry Horn

In honor of the anniversary of

Vanina Bunton's Birthday

Laura Bloom

In honor of Noa Kaplan

Mark and Elaine Smith

In honor of Yvonne Scarlett's Grandson

Shoshanah Feher Sternlieb

Thank You to Ohr Shalom

Sylvia Rosenthal

RABBI'S DISCRETIONARY FUND

In honor of the Bris for Brayden Bral

Stuart Rubenstein

In loving memory of Ruben Lisker

Susanne Lisker

VANINA BUNTON SCHOLARSHIP FUND

In loving memory of Ruben Lisker

Lisker-Figot Family

Susanne Lisker

Eduardo Sverdlin

CHESED/COMMUNITY CARING

Marvin Yudkovitz & Judy Gaines

TODAH RABAH TO OUR

SHABBAT SPONSORS:

Heyman and Giuliani Families

Kaufer Family

We apologize for any omissions.

Mazal Tov to

Yvonne Scarlett on the birth of her grandson
Allistaire Ameen Devin Scarlett.



The Kaufer family on the Bat Mitzvah of
Karina Kaufer.



Heyman and Giuliani families on the Bar Mitzvah of Stan's grandson,
Jonah Giuliani.

Condolences to

Teshy Wellman on the passing of her beloved father, **Isaac Stepensky z"l**, grandfather to **Giselle Wellman** and **Vanessa Bergenfeld.**

To the family of **Dr. José Lichtszajn z"l** on his passing.

May their memory be for a blessing to all those who knew them and loved them.



Todah Rabah to

our High Holy Day office volunteers, **David Argoff, Jeanne Argoff, Miriam Bergman, Aviva Rosenberg** and **Elaine Smith.**

Todah Rabah to our August Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Minyan Minute and Minyan Leaders:

LeAnne Adams

Jeanne Argoff

Ilan Awerbuch

Allyson Darroch

Jonathan Geiger

Beto Hamui

Joe Hartman

Koba

Morris Lazard

Ruth Levy

Susanne Lisker

Eli Meltzer

Ivan Mendelsohn

Lynn Mendelsohn

Rachel Millstone

Amy Morris

Bill Morris

Rocky Reid

Ruben Rosental

Brian Stannard

Rabbi Cantor Cheri Weiss

Dan Weiss

Jonah Weinberg

Margalit Wollner

Rebecca Wollner

Marvin Yudkovitz

Jane Zeer

תודה רבה

Thank You

Our reopening and in-person High Holy Day Services are made possible in part from the generosity of the [Jewish Community COVID-19 Emergency Fund](#) by the **Jewish Federation of San Diego County, Leichtag Foundation**, and the **Jewish Community Foundation.**

Through their support we are able to provide the safest environment possible at this difficult time.

Todah Rabah!

Yahrzeits

Lou Dunst	Remembered by Ohr Shalom.....	1-Sep/24 Elul
*Irving Rosenfeld	Jerry Horn's Grandfather.....	1-Sep/24 Elul
*Harry Sevel	Remembered by Evie Sevel	1-Sep/24 Elul
Alfred Tobias Brauer	Sandra Finkelberg's Father	2-Sep/25 Elul
Vera Kwilecki	Remembered by Ohr Shalom.....	2-Sep/25 Elul
*Sylvan Silberg	Judith Silberg's Husband	2-Sep/25 Elul
Ruthy Braun	Izzy Braun's Wife and Sara Fainstein's Cousin.....	3-Sep/26 Elul
Norman Lipner	Aaron Lipner's Father	3-Sep/26 Elul
Alice Starobin	Barrett Avigdor's Grandmother	3-Sep/26 Elul
Sam Zipp	Elaine Smith and Janice Zipp Cannizzaro's Uncle.....	3-Sep/26 Elul
*Bettie R. Greene	Norman Greene's Mother.....	4-Sep/27 Elul
*Linda Rose	Susan Kaplan's Sister.....	4-Sep/27 Elul
*Byron Broudy	Alice Broudy Cupples' Father.....	6-Sep/29 Elul
*Louis J. Greene	Norman Greene's Father	6-Sep/29 Elul
Annette F. Kronich	Louise Chandler's Mother.....	6-Sep/29 Elul
Moises Mizrahi	Remembered by Aaron Rubinstein	6-Sep/29 Elul
Edith Wellman	Gerry Wellman's Mother and Vanessa Bergenfeld's Grandmother	6-Sep/29 Elul
Cynthia Fox	Steve Fox's Mother.....	7-Sep/1 Tishrei
*Shura Gurvich	Remembered by the Veinbergs and Galicot Families	7-Sep/1 Tishrei
Benjamin Rosental	Ruben Rosental's Father	7-Sep/1 Tishrei
*Hilde Sachs	Ray Sachs' Mother.....	7-Sep/1 Tishrei
*Aaron Louis Solof	Susan Kaplan's Father	7-Sep/1 Tishrei
Max Wachterman	Susan Hagler's Father.....	7-Sep/1 Tishrei
Buzz Converse	Linda Kucinski's Uncle	8-Sep/2 Tishrei
Albert Goldberg	Karen Rund and Susie Meltzer's Uncle.....	8-Sep/2 Tishrei
Lois Green	Elizabeth Green's Mother.....	8-Sep/2 Tishrei
*Rebeca Lan	Rashel Galicot's Mother.....	8-Sep/2 Tishrei
Jerilyn Mantel	Barry Mantel's Mother.....	8-Sep/2 Tishrei
Shirley Boardman	Laura Castillo's Grandmother	10-Sep/4 Tishrei
Steven Lawrence Green	Elizabeth Green's Brother.....	10-Sep/4 Tishrei
Jane Ruth Rykerd	Remembered by Ohr Shalom.....	10-Sep/4 Tishrei
Michael Koppe	Remembered by Aaron Rubinstein	11-Sep/5 Tishrei
*Cecilia Sommer	Elena Kucinski's Mother	11-Sep/5 Tishrei
Henry Sportes	Rene Sportes' Brother	11-Sep/5 Tishrei
Sara Zipp	Elaine Smith and Janice Zipp Cannizzaro's Grandmother.....	11-Sep/5 Tishrei
Laurie Beth Lovell	Steve Fox's Sister.....	13-Sep/7 Tishrei
*Marcos B. Modiano	Mario Modiano's Father	13-Sep/7 Tishrei
Dvora Rubinstein	Susanne Lisker's Grandmother	13-Sep/7 Tishrei
*Solomon Zisk	Remembered by Stan Heyman	13-Sep/7 Tishrei
William Mostel	Linda Kucinski's Grandfather.....	14-Sep/8 Tishrei
Israel Veinbergs	Remembered by the Veinbergs and Galicot Family	16-Sep/10 Tishrei
Emma Kucinski	Danny Kucinski and Monique Lombrozo's Mother	17-Sep/11 Tishrei
Rose Spolansky	Jane Zeer's Grandmother.....	17-Sep/11 Tishrei
Flora Kuritsky	Lloyd Kuritsky's Mother	18-Sep/12 Tishrei
Tillie Reitsky	Marilyn Shelden's Grandmother	18-Sep/12 Tishrei
Isaac Rozen	Fay Rozen's Husband.....	18-Sep/12 Tishrei
Silvia Seligman	Elaine Shaw's Mother	18-Sep/12 Tishrei
Sara Feferman	Elena Waisbord's Mother	20-Sep/14 Tishrei
*Jaime Zands	Samy Zands' Brother	20-Sep/14 Tishrei
Berek Ehrenfried	Judi Gottschalk's Father.....	21-Sep/15 Tishrei
*Moises Bielas	Remembered by the Bielas, Bielas and Cohen Families.....	22-Sep/16 Tishrei
Adela Hanono	Ezra Hanono's Mother.....	24-Sep/18 Tishrei
Celia Sonia Rossen	Janice Boner's Mother	24-Sep/18 Tishrei
Sadie Zir	Jane Zeer's Grandmother.....	24-Sep/18 Tishrei
Rashke Goldberg	Esther Tishman's Sister	25-Sep/19 Tishrei
William Willis	Valerie Razinsky's Father and Matthew Razinsky's Grandfather.....	25-Sep/19 Tishrei
Ana Kalinka	Brenda Bielas' Mother	26-Sep/20 Tishrei
Elia Burakoff	David Burakoff's Mother	28-Sep/22 Tishrei
David Mendelsohn	Ivan Mendelsohn's Father.....	28-Sep/22 Tishrei
Solomon Salzman	Gail Kalker's Father	28-Sep/22 Tishrei
Dorcas Escoffery	Yvonne Scarlett's Grandmother	29-Sep/23 Tishrei
Raquel Levitan	Marilyn Levitan's Sister.....	29-Sep/23 Tishrei
Ida Rosenzweig	Sherry Berlin's Grandmother	29-Sep/23 Tishrei
Olga Meyers	Sara Zands' Sister.....	30-Sep/24 Tishrei

* denotes a memorial plaque was purchased in memory of a loved one



CALENDAR OF EVENTS

September 2021

Elul 5781/Tishrei 5782

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Shanah Tovah 2021/5782</p> <p>Wishing our Ohr Shalom family a healthy, sweet, peaceful year!</p> 			<p>1 24 Elul</p> <p>10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>2 25 Elul</p> <p>6:15pm - Minyan</p>	<p>3 26 Elul</p> <p>2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi"  6:49pm</p>	<p>4 27 Elul</p> <p>Parshat Nitzavim </p> <p>9:30am - Shabbat Service 7:48pm - Havdalah</p>
<p>5 28 Elul</p> <p>6:15pm - Minyan</p>	<p>6 29 Elul</p> <p>Erev Rosh HaShanah Labor Day Office Closed 7:00pm - Erev Rosh HaShanah Service  6:46pm</p>	<p>7 1 Tishrei</p> <p>Rosh HaShanah I Office Closed 8:30am or 11:00am Rosh HaShanah Service 5:00pm - Tashlich at Mission Bay</p>	<p>8 2 Tishrei</p> <p>Rosh HaShanah II Office Closed 8:30am or 11:00am Rosh HaShanah Service 7:46pm - Havdalah</p>	<p>9 3 Tishrei</p> <p>Fast of Gedaliah 6:15pm - Minyan</p>	<p>10 4 Tishrei</p> <p>2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  6:40pm</p>	<p>11 5 Tishrei</p> <p>Parshat Vayeilech Shabbat Shuvah </p> <p>9:30am - Shabbat Service 7:39pm - Havdalah</p>
<p>12 6 Tishrei</p> <p>9:30am - First Day of Religious School 6:15pm - Minyan</p>	<p>13 7 Tishrei</p> <p>6:15pm - Minyan 6:45pm - Choir Practice</p>	<p>14 8 Tishrei</p> <p>6:15pm - Minyan</p>	<p>15 9 Tishrei</p> <p>Erev Yom Kippur 10:00am - Daf Yomi 3:30pm - Family Kol Nidre Service 6:00pm or 8:30pm Kol Nidre Service  6:36pm</p>	<p>16 10 Tishrei</p> <p>Yom Kippur Office Closed 8:30am or 11:00am Yom Kippur Service 7:33pm - Havdalah</p>	<p>17 11 Tishrei</p> <p>2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  6:31pm</p>	<p>18 12 Tishrei</p> <p>Parshat Ha'Azinu </p> <p>Bar Mitzvah: Eric Shteremberg 9:00am - Shabbat Service 7:30pm - Havdalah</p>
<p>19 13 Tishrei</p> <p>9:30am - Religious School 6:15pm - Minyan</p>	<p>20 14 Tishrei</p> <p>Erev Sukkot 6:15pm - Erev Sukkot Service  6:33pm</p>	<p>21 15 Tishrei</p> <p>Sukkot I Office Closed 9:30am - Sukkot Morning Service</p>	<p>22 16 Tishrei</p> <p>Sukkot II Office Closed 9:30am - Sukkot Morning Service 7:28pm - Havdalah</p>	<p>23 17 Tishrei</p> <p>Sukkot III 4:30pm - Religious School 6:15pm - Minyan</p>	<p>24 18 Tishrei</p> <p>Sukkot IV 2:00pm - Office Closes 6:15pm - Shabbat Sukkot Service  6:21pm</p>	<p>25 19 Tishrei</p> <p>Sukkot V </p> <p>9:30am - Shabbat Sukkot Service 10:30am - Tot Shabbat 7:20pm - Havdalah</p>
<p>26 20 Tishrei</p> <p>Sukkot VI 9:30am - Religious School 6:15pm - Minyan</p>	<p>27 21 Tishrei</p> <p>Hoshanah Rabbah 6:15pm - Minyan  6:18pm</p>	<p>28 22 Tishrei</p> <p>Shemini Atzeret Office Closed 9:30am - Morning Service with Yizkor 6:00pm - Erev Simchat Torah Service/Celebration</p>	<p>29 23 Tishrei</p> <p>Simchat Torah Office Closed 9:30am - Simchat Torah Morning Service 7:18pm - Havdalah</p>	<p>30 24 Tishrei</p> <p>4:30pm - Religious School 6:15pm - Minyan</p>	<p>1 25 Tishrei</p> <p>2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service "Ask the Rabbi"  6:14pm</p>	<p>2 26 Tishrei</p> <p>Parshat Bereshit </p> <p>9:30am - Shabbat Service 7:14pm - Havdalah</p>
<p>3 27 Tishrei</p> <p>9:30am - Religious School 6:15pm - Minyan</p>	<p>4 28 Tishrei</p> <p>6:15pm - Minyan</p>	<p>5 29 Tishrei</p> <p>6:15pm - Minyan</p>	<p>6 30 Tishrei</p> <p>Rosh Chodesh Cheshvan 10:00am - Adult Ed: Daf Yomi 6:15pm - Minyan</p>	<p>7 1 Cheshvan</p> <p>Rosh Chodesh Cheshvan 4:30pm - Religious School 6:15pm - Minyan 7:30pm - Jewish Art, Part II with Elisheva</p>	<p>8 2 Cheshvan</p> <p>2:00pm - Office Closes 6:15pm - Kabbalat Shabbat Service  6:05pm</p>	<p>9 3 Cheshvan</p> <p>Parshat Noach </p> <p>9:30am - Shabbat Service 7:04pm - Havdalah</p>