

Shabbat at the Bay

Friday, July 16, 6:45pm

PRIDE SHABBAT

Kabbalat Shabbat Service

See page 3 for location and directions.



Lunch & Learn with Shayna Meltzer

PRIDE SHABBAT

Saturday, July 17, 12:45pm



We proudly welcome back our **Lunch & Learn** program. Shayna Meltzer will teach about the Baleboostehs and their Freedom Seder – a lesbian collective in Eugene, Oregon

התיבה סיאבה סיכורב Welcome Home!

Please join us as we return to Shabbat services with Oneg and Kiddush at Ohr Shalom.

Unless otherwise noted, all Shabbat services will be **in-person, in our sanctuary.** (Those who are not able to attend in person will continue to be able to attend on Zoom.)

We remain cautious and ask that everyone continue to wear masks inside to protect those who are not able to be vaccinated at this time. Minyan and many classes will remain on Zoom for the summer.

We hope to see you soon!

OHR SHALOM ON ZOOM

Shabbat services take place in person in the Ohr Shalom Sanctuary and on Zoom. All other programming is on Zoom unless otherwise noted.

Ohr Shalom Zoom Link is:
<https://us02web.zoom.us/j/83107501072>
(Passcode: myshul)



DAVAR MEGILLAH

JULY 2021 • MONTHLY NEWSLETTER • TAMUZ 5781/AV 5781

I CAN SEE YOUR FACE – IT IS LIKE SEEING THE DIVINE’S FACE

By Rabbi Scott Meltzer

I still have my mask on. Please don't be confused – I am fully vaccinated. You should be also, if you are eligible. If not, please correct that as soon as possible. I am the person you see in the grocery story wearing a mask. I am the runner who runs past you outside who puts on his mask as he approaches. And now that we are back in person on Shabbat for services, I am wearing my mask, unless I am leading the service – just like you.

Please understand, I am not “making a mistake” by doing so. I make certain that I stay up-to-date on the latest regulations. I consider myself pretty well versed in what is understood about this virus, its transmission, the efficacy of vaccines and related topics. My background in science is pretty good – I even have a degree in Chemistry hanging on my office wall. I embrace science, and believe that learning about science, and through science, learning about this world, is an obligation for all Jews. Science teaches us verifiable truths about the world we live in – that has to be a holy endeavor!

When you see me in my mask, know that it is a statement of care – I care about the people in the grocery store, or who I run past. My mask screams louder than my voice – you matter to me, and I am willing to be bothered by this mask (sidenote: I really don't like wearing it) to express my care and concern for you, and to make sure that I am not a vehicle for anybody to become infected.

In nearly a year-and-a-half of seeing you in a mask it is has become readily apparent to me: I love seeing your face. It brings me joy to read your expression, see your thoughts, engage with you face-to-face. The covering of the face should be, for each of us,

a reminder of how much we should treasure face-to-face and love the beauty in each and every face.

When Jacob's name is changed to Israel, that very same day he greets his brother for the first time in twenty years. To say that they have had a complicated relationship would certainly be an understatement. At this climactic meeting between these two brothers, Jacob sees Esau and says:

כִּי עַל־כֵּן רָאִיתִי פָּנֶיךָ כְּרֵאת פְּנֵי אֱלֹהִים

“For to see your face is like seeing the face of God.” (GENESIS 33:10)

Genesis 1:26-27 teaches us that humans are created in the image of God, but Genesis 33:10 teaches us that it is possible to see that divinity when looking at each other.

For more than a year, we have honored the divinity inherent in each human being – struggling to make vaccines and health care, enhanced unemployment benefits and renters assistance. We need to reflect how we have succeeded and how often we have failed.

Now, as we are in the process of moving forward, of leaving our homes more, of not always being masked, this is a sacred moment to affirm every time we see another face – “to see your face is like seeing the face of God.”

It is a beautiful, wondrous, sacred world that has been entrusted to us, now is the moment to acknowledge, celebrate, learn from, be grateful for and share with the great diversity of beautiful humans around us.

I look forward to seeing your face this summer.



WORDS FROM THE PRESIDENT

Lynn Mendelsohn
President

JEWISH CHINA

With China and Hong Kong so much in the news, let us take a look at Jews who impacted Chinese history. According to Jonathan Kaufman, author of *The Last Kings of Shanghai* (2020), the cities of Shanghai and Hong Kong owe their wealth and cosmopolitanism to two Sephardic Jewish families, the **Sassoons** and the **Kadoories**, immigrants from Iraq who wed their futures to the development of China in the 19th and 20th centuries.

Scion of a line of wealthy Baghdadi traders, David Sassoon fled Ottoman persecution in 1829, finding refuge in Bombay, India. From there, he launched a global trade empire, sending his eight sons to ports throughout the Far East. In 1850, 30-year-old Elias Sassoon landed in Shanghai to deal in opium, fabrics and tea. Finding China to be “a land flowing with silk and money,” the Sassoons, not unlike the Sacklers today, built a fortune selling addictive drugs. They helped establish the Hongkong and Shanghai Bank (now HSBC) to speed up trade. By the end of the Second Opium War in 1857, they were operating an international end-to-end monopoly in the opium trade. By 1909, when treaties finally banned opium, the Sassoons in China had diversified into real estate and manufacturing, building a fortune equivalent to approximately \$5.6 billion in current dollars.

Elly Kadoorie was born in Baghdad in 1861. Fifteen years later, his mother Rima, a cousin of David Sassoon, found herself a widow with six children to support. Rima withdrew her older sons from their private schools in Baghdad and sent them to the Sassoons in Bombay. In 1879, the Sassoons appointed Elly to an apprentice clerkship in Hong Kong. Rebellious and independent, Elly soon was on his own, borrowing \$500 to establish a stock brokerage company that invested in innovative enterprises: electric utilities, luxury hotels and an aerial tramway. In 1894, Elly married Laura Mocatta, the brilliant and adventurous daughter of a wealthy British Jewish family.

After the turn of the 20th century, the



Lawrence, Elly and Horace Kadoorie

Kadoories worked hard to maintain Shanghai and Hong Kong as islands of British-governed law and order, while Greater China wallowed in backwardness, corruption and revolution. In 1907, Elly and Laura moved to Shanghai, where they and their sons Lawrence and Horace invested in rubber, gas utilities and real estate. In 1918, Laura died in a fire at that Kadoorie mansion while attempting to rescue her Chinese maid.

Between the World Wars, stimulated in large part by enterprises of the Kadoories and of Victor Sassoon, Elias’ playboy grandson, Shanghai became a bustling tourist mecca. The Kadoories put up office buildings and residential towers. They opened the Majestic Hotel in Shanghai in 1923 and the Peninsula Hotel in Hong Kong in 1928. In direct but friendly competition, Victor Sassoon also built in Shanghai, and opened its splendid Cathay Hotel in 1929. These investments brought the jazz age, and American celebrities, to coastal China.

The Kadoories and Sassoons constantly encountered antisemitism in business, social life and politics, but they remained loyal to their Jewish origins. In 1881, Elias Sassoon’s son Jacob built the Ohel Leah Synagogue in Hong Kong in memory of his mother. The Kadoories financed Jewish schools and community centers both there and in Shanghai. Elly Kadoorie persuaded Sun Yat-sen, the first President of the Republic of China, to endorse the 1917 Balfour Declaration.

The Kadoories displayed their mettle during the Sino-Japanese War and World War II. Beginning in the mid-

Lynn’s Message continued on Page 8



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DAVAR

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.

Bulletin Deadlines

Committee Chairs and readers are welcome to submit articles, photos, event notices to the Davar. Please e-mail all submissions to: davar@ohrshalom.org

Deadline:

- July 5 for August issue
- August 5 for September issue

OHR SHALOM SERVICE SCHEDULE

SHABBAT SERVICE SCHEDULE

in person and online <https://us02web.zoom.us/j/83107501072> (Passcode: myshul)

Friday	July 2	6:15pm	Kabbalat Shabbat Service "Ask the Rabbi"
Saturday	July 3	9:30am	Shabbat Service
Friday	July 9	6:15pm	Kabbalat Shabbat Service
Saturday	July 10	9:30am	Shabbat Service
Friday	July 16	6:15pm	Pride Kabbalat Shabbat Service at the Bay
Saturday	July 17	9:30am	Pride Shabbat Service
Friday	July 23	6:15pm	Kabbalat Shabbat Service
Saturday	July 24	9:30am	Shabbat Service
Friday	July 30	6:15pm	Kabbalat Shabbat Service
Saturday	July 31	9:30am	Shabbat Service

PARSHIYOT & CANDLELIGHTING July 2021

PARSHAT PINCHAS

Fri: July 2 | 22 Tamuz  7:42pm
Sat: July 3 | 23 Tamuz
Torah: Numbers 25:10-30:1
Haft: Jeremiah 1:1 - 2:3

PARSHAT MATOT-MASSEI

Fri: July 9 | 29 Tamuz  7:41pm
Sat: July 10 | 1 Av
Torah: Numbers 30:2-36:13
Haft: Isaiah 66:1 - 66:24

PARSHAT DEVARIM

Fri: July 16 | 7 Av  7:38pm
Sat: July 17 | 8 Av
Torah: Deuteronomy 1:1-3:22
Haft: Isaiah 1:1 - 1:27

PARSHAT VAETCHANAN

Fri: July 23 | 14 Av  7:34pm
Sat: July 24 | 15 Av
Torah: Deuteronomy 3:23-7:11
Haft: Isaiah 40:1 - 40:26 - Shabbat Nachamu

PARSHAT EIKEV

Fri: July 30 | 21 Av  7:29pm
Sat: July 31 | 22 Av
Torah: Deuteronomy 7:12-11:25
Haft: Isaiah 49:14 - 51:3



KABBALAT SHABBAT SERVICE "ASK THE RABBI"

Friday, July 2 at 6:15pm

Your opportunity to ask the questions you have always wanted to.




TOT SHABBAT

with Jennifer Meltzer

Saturdays at 3:00pm on ZOOM

Tots, parents and grandparents celebrating Shabbat morning together. (Newborns to 5-year-olds)



Shabbat at the Bay

Friday, July 16 PRIDE SHABBAT
6:45pm – Kabbalat Shabbat Service

Come early and bring your own dairy/pareve dinner

PLAYA PACIFICA - MISSION BAY PARK

Playa Pacifica Park in Mission Bay Park: 1-5 to Exit 22: Clairemont Drive/ Mission Bay Drive. Drive west towards the bay. Turn left (south) on East Mission Bay Drive. Drive 0.2 miles and turn right into parking lot. We will be near the blue-roofed gazebo. (The Hilton Hotel is south of our gathering.)

Don't forget your folding chairs & blankets!



PRIDE SHABBAT

Saturday, 12:45pm – Lunch & Learn
with Shayna Meltzer

We proudly welcome back our Lunch & Learn program. Shayna Meltzer will teach about the Baleboostehs and their Freedom Seder – a lesbian collective in Eugene, Oregon



Do You Have Books to Return?

If you are no longer using a book that you borrowed during the pandemic – *siddur, machzor, chumash, haggadah* – please return it whenever you come to the Ohr Shalom building in the coming months.



BACK IN THE BUILDING!

OHR SHALOM'S CHOIR!

Our Ohr Shalom Choir is fun and refreshing, and we hope you join us! Everyone is invited – Ohr Shalom members, friends and relatives!

Come join us on Mondays at 6:45pm at Ohr Shalom
You'll be happy you did!

JULY DATES

July 12
July 19
July 26



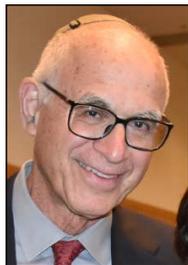
SHABBAT MORNING BABYSITTING

NO Shabbat Morning Babysitting until further notice.

RITUAL COMMITTEE

THE MOURNER'S KADDISH

By Ivan Mendelsohn



The Mourner's Kaddish is one of six different versions of the same prayer that you can find in your *Siddur*. Soulful, it is familiar to almost every Jewish person regardless of your level of Jewish education, knowledge of Hebrew (although it actually is in Aramaic) or familiarity with Jewish practices. You cannot recite the prayer alone. It demands the presence of

a community of at least 10 Jews. *We need you for the minyan* – This familiar greeting is hard to resist. At some point you yourself will need that community. You cannot easily refuse to participate.

The Mourner's Kaddish is made universally available to non-Hebrew readers through transliteration into their own alphabet. Every brochure handed out at a religious service has the transliteration, as does every prayer book. The Orthodox *Art Scroll Siddur* contains, in its more than 1,000 pages, only one prayer in transliteration – Kaddish. For the blind, the prayer is available in Braille. To the hearing impaired it can be signed appropriately. Every accommodation is made to ensure the prayer's ready availability.

The mourner stands to recite Kaddish. Since virtually every recited line requires a congregational response, all minyan members must pay attention as the mourner reads. At one point the congregation responds with an Amen, followed by *Y'hai sh'meyh raba m'vorach l'alam ul'ol'may ol'ma-ya*. (May God's great name be blessed forever and ever). Otherwise the minyan says *Amen* (certainly, so it be), and *B'rich hu* (Blessed be God). Truly a communal effort.

The ending phase of all Kaddish prayers is a leave-taking from the Royal Court. Whoever says that stanza aloud must take three steps backward; then bow left and say "May the one who makes peace on high"; then bow right and say "Bring peace to us." Finally, the person bows forward and says "and upon all Israel" before declaring a final "Amen." One never shows one's back to the Sovereign. One prepares to leave by moving backward while facing forward.

And why bow first left and then right and then finally forward? Would not first bowing right be more appropriate, as the right hand usually symbolizes strength and purpose? To be followed secondarily by bowing left to complete the action? It is, however, the ultimate show of fealty and the recognition of the power of the Sovereign first to bow to the monarch's right, to place God's will above your own. It is only after such recognition that one bows right, then forward, and finally takes three steps forward to rejoin the everyday world.

But this is not all. Before stepping forward, one who has concluded the Kaddish prayer is asked to remain in place for a few moments, to reflect on the journey taken with the congregation and the words that have been shared. Then, and only then, does the mourner take three steps forward to take leave of the audience before the Royal Court.

OHR SHALOM BOARD ADDS ENVIRONMENTAL PROJECTS CHAIR

Our Board of Directors has added a position dedicated to education, project management and policy-drafting in the area of environmental sustainability. **Allyson Darroch**, former Chair of Adult Education, has moved over to that job. Allyson is forming a "Green Team" committee to implement earth-sustaining programs at Ohr Shalom. She and her Team will partner with **Hazon**, the Jewish non-profit dedicated to effecting responsible change to improve the earth. Ohr Shalom has joined Hazon as a *Seal of Sustainability Community*.



Allyson has been a Board Member since 2018. She is employed by the U.S. Navy at North Island and is Managing Editor of *Rotor Review*, the quarterly magazine of the Naval Helicopter Association. Allyson lives in Chula Vista with her daughters, parrots and cats. She sings with the Ohr Shalom Choir.

Mazal Tov to Ohr Shalom for the launch of this new environmental endeavor. Mazal Tov to Allyson, who will lead us through it!



Ohr Shalom's WOMEN OF VALOR Watch Party

Thursday, July 15 at 7:30pm

Honoring

Elizabeth Schwartz and Jodie Graber

for their recognition as

Women of Valor by the **San Diego Jewish Arts Festival** (see the June 2021 *Davar*, page 8).

The watch party was rescheduled from its original date of June 22. Please join us on Zoom as we watch their pre-recorded tributes together and have a chance to honor them.



Save the Date

Selichot Service

with the **Ohr Shalom Choir**

Saturday, August 28!



RELIGIOUS SCHOOL AND YOUTH PROGRAMMING

Marcia Tatz Wollner
Religious School Principal



“STANDING ON THE SHOULDERS”

The first line of one of my favorite songs by Jewish musician Doug Cotler is: “I’m standing on the shoulders of the ones who came before me.” This seems very fitting as I begin my year as interim principal of Ohr Shalom Religious School. I have known many of the former principals of Ohr Shalom – **LeAnne Adams**, **Harriet Wolpoff**, **Ellen Statman** and **Cheryl Katz**. They have all left their legacy and strong foundations for our school. I am humbled by the opportunity to serve in this position.

As I write this article, I am just beginning the planning process for the 5782 school year and am excited to partner with **Rabbi Meltzer**, **Gillian Argoff-Treseder** and **Love Zubiller**. I have many curricular and programmatic ideas and hope that some will truly come to fruition. We plan to incorporate *The Moving Traditions Family Education B’nai Mitzvah Program* into our 6th grade class curriculum. This program inspires connection to Jewish community by centering on human development and parent-child relationship. As a connection to the Board’s environmental vision, the school will use materials from Hazon’s *Min Haaretz* (from the land) curriculum. Hazon’s goal is to strengthen Jewish life and contribute to a more environmentally sustainable world for all. Additional innovations will be shared in future issues of the *Davar*.

Having worked in San Diego’s Jewish community for over 30 years, I do know many of Ohr Shalom’s members and I look forward to getting to know the students and families of the Religious School. For those of you who don’t know me – working in the Jewish Community has been both an avocation and a vocation. Recently I served as the Interim Religious School Director at Congregation Beth Israel. I am also the Western Region Director of the *March of the Living* – a program which takes high school junior and seniors to Poland and Israel.

Educationally, I received undergraduate degrees in Elementary Education and Secondary Education Hebrew from The University of Wisconsin-Madison and fulfilled a masters degree in Social Work from the University of Maryland and a masters in Jewish History from Baltimore Hebrew College.

My family consists of my husband David, who grew up in the “old” Beth Israel on this site, and my children: Adina, **Margalit** and her wife **Rebecca**, and Bentzion.

As we navigate how to safely return to in-person learning we are excited to know that our classrooms and synagogue will again be filled with the sounds of students, teachers and *madrichim*. This re-opening is definitely a learning curve for us all and I am grateful for the assistance and expertise of **Dr. Jennifer Tuteur** and the **Reopening Taskforce** who will help guide us through this process.

I want to wish a *mazal tov* to the 7th graders who recently graduated (and to their parents). I hope to see many of you as *madrichim* in the coming school year. Good luck to the 12th graders as they embark on the next stage of their educational journey.

Have a safe and wonderful summer.

LAUREL STREET BEAT

*from Love Zubiller,
Religious School Committee Chair*

What was your favorite thing about Religious School this year?

Aviva W., Kita Dalet/Hey: My favorite thing about Religious School this year was my wonderful teachers and discussing the ethical problems in *Mah La’Asot*. I also like the fun games we played during breaks.

CJ G., Kita Bet/Gimel: What I loved most about Hebrew School this year was playing Israel-Jeopardy. I liked learning new facts. My teams were always good.



CALLING ALL 8TH -12TH GRADERS

Participate in Community Jewish High

Classes meet on Tuesday evenings at Temple Emanu-El (*classes start in October*)

Join a community of Jewish teens who take a deeper dive into Judaism through hands-on learning and discussions

Parent and teens are invited to a zoom info session on **Wednesday, July 14 at 7:00pm**

Catch the early bird discount

For zoom info: rsvp to Marcia Tatz Wollner, principal@ohrshalom.org

For more about CJH, go to cjhsd.org



CONGRATULATIONS TO OUR JUNE 2021 GRADUATES



Mazal Tov on your well-deserved success following a unique educational year. We couldn’t be prouder of you. Hats off to:

Devynn Glanz, granddaughter of **Evelyn Sevel**, graduated from Arizona State University, Summa Cum Laude, with a Bachelor of Science in Urban Planning and minor in Design Studies, and has completed the first semester of her Masters.

Avery Zands, grandson of **Sami and Sarita Zands**, graduated from the Geffen Academy at UCLA and is going to the University of Oregon.

Ethan Retin, son of **Bill and Steffi Retin**, is going to UCLA.

These are the names of graduates we currently know about. If you have a graduate you would like us to recognize, please send us their name, school and other information and we will include it in the next issue of the *Davar*.

EXPLORE ART WITH AN EXPERT THIS JULY!

These are real-time, interactive presentations, not pre-recorded, with opportunities for questions and discussion.

Thursdays, July 15, 22 & 29, 4:00-5:00pm on Zoom

Ohr Shalom is thrilled to announce a new series of virtual art tours focusing on the collections at **the San Diego Museum of Art (SDMA)**. The tours will happen on three successive Thursdays, July 15, 22, and 29, from 4:00 to 5:00pm.



Our own **Marvin Yudkovitz** – graduate of SDMA’s two-year docent training program and life-long art lover – will Zoom us through explorations on three topics: works by women artists, art on spiritual themes, and gems from SDMA’s world-class collection of Persian miniature paintings.

All three tours will be conducted via Zoom:
<https://us02web.zoom.us/j/5672345400?pwd=bTg0U1QxWDFQekRQR2p1SkJmd3hKQT09>
 Meeting ID: 567 234 5400 Passcode: 926050

Women in the Lead – July 15, 4:00-5:00pm

Women in the art world have always faced misogynistic attitudes and outright gender barriers. But many of them have persisted and overcome these obstacles. Today’s tour features works of art in SDMA’s collections that were made by women from the eighteenth through twenty-first centuries. As we consider the art, we will also learn about the breakthroughs and historically important contributions made by these particular artists



Susan Valadon, *Young Girl in Front of a Window*, 1930

Spiritual Art Around the World – July 22, 4:00-5:00pm

Humans have thought about spiritual issues since prehistoric times: *Why am I here? How should I conduct my life? What happens after death? How can I connect with a higher power?* In today’s tour we will travel the globe, across millennia, exploring artistic representations of how people have tried to answer these age-old questions.



Moses the Lawgiver, 17th century

Indian Watercolor Paintings – July 29, 4:00-5:00pm

Thanks to the generous bequest of Edwin Binney III, the San Diego Museum of Art owns more than 1400 Indian miniature watercolor paintings. It is one of the finest and most comprehensive collections outside of India. Today we’ll encounter several of these gems, spanning a variety of narratives, centuries, artistic styles, and geographic regions.



Bhagwan, *Brahma Extols the Lord*, 1794

The San Diego Museum of Art (SDMA) A treasure in our own backyard

Opened in 1929, SDMA was the culmination of a dream conceived during the 1915 Panama-Pacific Exhibition to create a cultural heart in Balboa Park for the growing city. Nearly 100 years later, the museum’s permanent collection includes more than 20,000 objects created around the world, from ancient work to the most contemporary.

SDMA’s mission is “to inspire, educate, and cultivate curiosity through great works of art” according to their website. (Read more at <https://www.sdmart.org/executive-directors-welcome/>) The museum brings people, art, and ideas together through docent tours, lectures, concerts, films, special exhibitions, and, not least, public access for wandering and discovery in its twenty galleries plus sculpture garden.



ADULT EDUCATION

CLASSES *with Rabbi Meltzer*

<https://us02web.zoom.us/j/83107501072>
(Passcode: myshul)

DAF YOMI Wednesdays at 10:00am

This weekly class discusses the pages of Talmud most recently covered.

READINGS WITH THE RABBI SLOW READ BOOK CLUB

*Will return in a few months.
Enjoy your summertime reading!*

OHR SHALOM WELLNESS CLASSES

Meditation *with Alex van Frank*

Tuesday Evenings at 7:00-7:30pm
No class on July 6

Life in the pandemic is rough and unpredictable. Let's meditate together and become more relaxed, positive, confident and perhaps even gain a new perspective. **Alex van Frank**, C-IAYT leads a post-minyan meditation group on **Tuesdays at 7:00pm** for half an hour.



Meditation will help you develop your intuitive wisdom, deep emotional resilience, genuine empathy, surprising creativity, and inner calm. The compassionate action of training your mind through meditation allows you to take care of yourself and has the added benefits of:

- Lowering blood pressure
- Less anxiety
- Lower stress levels
- More feelings of well-being
- Deeper relaxation

Zoom: <https://us02web.zoom.us/j/82805583843>

Balance *with Don Wright* *will not meet during the summer.*

You can view videos of past classes on YouTube at:

<https://www.youtube.com/playlist?list=PLtseUORTqliaUiLfJKGrcIT18vMBesEw>



Ohr Shalom is on AmazonSmile!

Support Ohr Shalom by starting your shopping at smile.amazon.com and selecting **Ohr Shalom Synagogue** as your charity.



FROM OUR EXECUTIVE DIRECTOR

Gillian Argoff-Treseder
Executive Director

TURTLE OR BUTTERFLY

Do I want to be a turtle or a butterfly?

Turtles are safe.

Turtles never have to leave home.

Turtles can emerge from hiding...then quickly hide again.

Turtles can be wrinkly and dirty and it's OK.

Turtles are not social creatures.

Turtles don't have to be vulnerable to the outside world.

Turtles are a symbol of longevity.

Butterflies are delicate.

Butterflies emerge from a chrysalis, vulnerable.

Butterflies emerge looking nothing like they did before.

Butterflies are beautiful with transparent wings.

Butterflies have the perseverance to migrate thousands of miles.

Butterflies are a symbol of fragility and freedom.

Emerging from my COVID chrysalis...I am both.

Vulnerable to the world.

Wrinkly, fragile, and looking nothing like I did before.

Perseverance has led to freedom and will eventually lead to longevity.



Daily Minyan Minute

Sundays through Thursdays at 6:05pm

Before each evening minyan, join us for a short reading by a congregant – a poem, quotation, song, insight into a Torah portion, etc. (does not need to be an original piece).

To volunteer to do a reading, contact **Marvin Yudkovitz** at mayudkovitz@gmail.com or text 240-506-3042.

WORDS FROM THE PRESIDENT (CONT.)



Victor Sassoon with Vivien Leigh and Robert Taylor

1930's, ships full of Jewish refugees began to arrive at the Port of Shanghai. Sympathetic consular officers in Europe, such as Ho Feng-Shan at the Chinese Embassy in Vienna, were issuing exit visas to Jews. Elly Kadoorie persuaded Victor Sassoon to help him finance accommodations, and provide employment and training, for the refugees. In 1940, the Kadoorie School opened in Hongkew, Shanghai's new Jewish neighborhood. When the Japanese took Shanghai in 1937, they permitted the Jews to remain in Hongkew. In 1941, Victor Sassoon, having devoted years to keeping the Japanese from seizing foreign holdings, escaped to India, never to return. That same year, the Japanese placed Elly Kadoorie under house arrest in the barn on his estate, where he died. Elly's son Lawrence, with his wife and two small children, spent three years in a prison camp.

In all, 18,000 Jews survived World War II in Shanghai, supported mainly by the Kadoories and Victor Sassoon. The Kadoories, who lost nearly everything, moved to Hong Kong to begin rebuilding. Today, they are the richest Western family in China. Their assets, estimated at \$18 billion, include the global chain of Peninsula Hotels and China Power and Light, which provides electricity to 80% of Hong Kong.

Tish'a B'Av Service

Saturday Evening, July 17



CHESED/COMMUNITY CARING

Marvin Yudkovitz
Chesed/Community Caring Chair

CHESED/COMMUNITY CARING WANTS TO HEAR FROM YOU

Are you an Ohr Shalom member that the Chesed/Community Caring program can help? Please let us know and we will try to make that happen.

Are you having a significant life event – wedding, new birth in the family, or major medical issue? We want to know.

Please contact me (240-506-3042; chesed@ohrshalom.org) or **Gillian Argoff-Treseder** and let us know.

The **Chesed/Community Caring** program will be holding a meeting this summer to help determine our future roles and activities. We would love to have you join us. Please contact me if you're interested.

Ohr Shalom Movie Night



There will not be a movie in July, but watch the August *Davar* for an announcement of the August movie, which will again be **in-person** at Ohr Shalom!

VOLUNTEERS NEEDED



As the House of Israel in Balboa Park prepares to **re-open on the weekend of July 3-4** after more than a year of COVID

closure, we are truly in need of people to step up and help us keep the doors open.

The House of Israel has stood in Balboa Park since 1948, bringing Israel's story to thousands of visitors from around the world. No other Israel advocacy organization gets out into the community the way we do. We believe there is a huge value in what we do.

The City of San Diego requires us to be open every Saturday and Sunday, and if we aren't, we could face fines and penalties, and even lose our House. This would be a terrible loss at a time when Israel is under attack and antisemitism is rising around the world. We MUST not let it happen!

We need people to volunteer, to put together our annual events, to serve on the Board and to keep the House of Israel alive and thriving. Whether you want to greet visitors, answer questions, serve our delicious bourekas, help with major events such as Yom ha-Atzmaut and December Nights, or serve behind the scenes on our Board of Directors or various committees, we need YOU!

Call Ruth Mastron at 760-644-0335 or email her at ruth.mastron@gmail.com with any questions or suggestions.

Ohr Shalom's 18th Annual Calendar 5782 2021/2022

Sponsorship and advertising opportunities:

Celebrate

- Rosh Hashanah • Birthdays • Anniversaries
- B'nai Mitzvot • Weddings • Advertise your business

Help us fill the months of this calendar with your stories, greetings and ads.

Whatever size ad you choose, you will be supporting Ohr Shalom in this project. Complete the form below and return it to the office with payment or contact us at (619) 231-1456 or by email at office@ohrshalom.org.

Please submit your entry by
Wednesday, July 14



**Month Sponsor
\$200**

Happy Birthday,
(Name Here)!
May 14

**Line Greetings or Box
on Calendar Grid
(New this year)
\$25**

#	Item	Price
___	Line Greetings/Box (1)	\$25
___	2.25" x 2.25"	\$40
___	4.5" x 2.25"	\$60
___	Month Sponsor (10" x 0.75")	\$200
___	Calendar Sponsor	Call Office

COMMUNITY EVENTS

RUTH: Remember Us The Holocaust has re-opened for in-person viewing through December 2021 at the Chula Vista Heritage Museum inside the Chula Vista Public Library. The exhibit features Holocaust survivors of the South Bay in San Diego. Photos, documents, and items from South Bay survivors are on display along with the Jewish communities of Chula Vista.

Ruth was **Ruth Sax**, Holocaust survivor and former member of Ohr Shalom. This exhibit was created and curated by **Sandy Scheller**, daughter of **Ruth Sax z"l and Kurt Sax z"l**. You can read more about this exhibit at <https://rememberustheholocaust.org/>.

The library and museum are located at:
365 F St., Chula Vista CA, 91910; tel:(619) 691-5069

RUTH SAX is standing next to the dress she wore during the Holocaust in Auschwitz. Ruth passed in December 2018 but her legacy lives on through her family.



EXPLORE JEWISH HERITAGE AND LADINO MUSIC IN

SPAIN



featuring musical performances by
Prof. Yale Strom and Elizabeth Schwartz

March 27 - April 7, 2022

with optional Portugal extension April 7-10, 2022

Jewish history in Spain is filled with contradictions. There is tragedy here, but there are also traces of former glories during the 1,000 years before the inquisition - these were large-scale Jewish communities that prospered for long periods. We will delve into the past, enjoy unforgettable musical presentations created by **Prof. Yale Strom and Elizabeth Schwartz**, as well as reach out to the nascent Jewish communities of today to hear their struggles, and their successes.

ON OUR 10-NIGHT JOURNEY WE WILL...

- Enrich our knowledge of Jewish history in cities throughout Spain and engage with key leaders from the local Jewish communities
- Enjoy presentations and musical performances by Prof. Strom and Elizabeth Schwartz
- Immerse yourself in the sources of Ladino music throughout Spain
- Stroll through former Jewish neighborhoods, marvel at stunning synagogues and wander centuries-old streets, as we bring the past to life
- Discover the beauty of Madrid, Barcelona and Seville, tour their museums and explore their palaces and castles with expert local guides
- Visit the Imperial City of Toledo, the former royal capital of Spain
- Savor the delicious flavors of Spain's delicious cuisine

Save \$100
Per Person
when registering before
August 31, 2021!

And so much more!!! Learn more about this amazing trip at:
secure.ayelet.com/StromSpain2022.aspx

Contact Ayelet Tours at 800-237-1517 or email ayelet@ayelet.com



Susie Meltzer
Israel Desk

A LOOK AT BREATHTAKING NATURAL WONDERS OF ISRAEL

Summer is here and many Americans are headed to our popular national parks. Israelis also are off to their own spaces of natural beauty. Despite being a tiny country, it boasts many stunning natural wonders among its diverse landscapes and climatic zones. Amazingly, Israel has over 400 nature reserves and national parks covering almost one-fourth of the country. Despite its limited area, Israel boasts 2800 different species of wild plants, over 20 varieties of freshwater fish, and 380 arrays of birds, which include each year's 150 million migratory birds. In addition, there are about 70 species of mammals, large and small, from bats and gazelles, to wolves, and jackals.

These protected spaces are managed by the Israel Nature and Parks Authority. Their history dates to the 1920s with ordinances establishing forest reserves. National parks were first created in 1955 when the Knesset passed the Wildlife and Protection Law covering sites in Israel, the Golan Heights, and parts of the West Bank. Since then, thanks to the rapid economic and population growth in Israel, nature conservation and environmental protection are included in any Israeli planning process, legislation, and practice, always taking into account the well-being of future generations.

Today Israelis and visitors can experience magical waterfalls, the lush green of the north and the spectacular rock formations in the dry southern desert. Here are some lesser known of their breath-taking natural wonders to plan for your bucket list.

Makhtesh Ramon is a vast crater and one of the most spectacular sights in the country. Located on Mount Negev south of Beersheba, the landform is not from a meteor or a volcano, but from erosion, caused by rivers changing their courses millions of years ago that carved out the inside of Makhtesh Ramon. Camping there under the stars is a truly magical experience.

Gan HaShlosha is arguably Israel's most beautiful national park. Located in the Lower Galilee region, it is a piece of heaven, offering natural springs of cool water, shading trees and lush greenery. Named in memory of three pioneers who came to survey the land for the Jewish National Fund in 1938 and were all killed by a land mine, some believe that Gan HaShlosha is the real-world location of the Garden of Eden.

Rosh HaNikra grottoes is an incredible geological creation. It is the result of thousands of years of the power of the sea and located in the Western Galilee region close to the border with Lebanon on Israel's Mediterranean coastline. With its glistening turquoise water surrounded by stunning geological formations, these grottoes are one of the country's most beautiful natural wonders.



Baniyas Nature Reserve in the northern Golan region

The Hula Valley is considered one of the most incredible natural phenomenon in the world. Located in the Upper Galilee in Israel's north, it has been a migration route for millions of birds from Europe to Africa and Asia for many centuries. This reserve was created when authorities decided to leave the heavily flooded area undeveloped, and the site became the second home for enormous numbers of migrating birds that pass over the area in the autumn and spring, as well as the home for many native birds.

Baniyas Falls is not quite Niagara Falls, but this impressive waterfall, the largest and most powerful in Israel, is nevertheless a stunning sight located amidst the wonderful scenery of the Baniyas Nature Reserve in the northern Golan region. The Baniyas spring rises from the base of Mount Hermon, Israel's tallest mountain and noisily cascades 10 meters down a steep basalt gorge into the gushing rapids below.

Travel guides list more exceptional places of natural wonder to visit in Israel that educate and inspire beyond its history and people. Go Israel!

WATCH YOUR MAILBOX FOR:

- Membership Renewal Form
- Religious School Registration
- High Holy Day Ticket Information
- Memorial Book order form



SOCIAL ACTION

Take-Home Activity Kits for Children and Youth

Help Ohr Shalom provide Take-Home Activity Kits this summer to children and youth served by Jewish Family Service. Children served include those in the Safe Parking Program and more. If you are interested in supporting this effort, please collect the items below and drop them off at Ohr Shalom when you come to the synagogue building this summer. They will be assembled into kits later.

Requested Take-Home Activity Kit items:

- Colored pencils
- Pencil
- Pencil Sharpener
- Coloring book
- Puzzle book or printed out puzzle pages (eg, Sudoku, word search, crossword, word scramble)
- Squishy stress ball
- Bubbles



If you prefer, you can drop off these items assembled in a kit or bag directly to JFS at its main campus at 8804 Balboa Ave., Monday through Friday, from 2:00-4:00pm.

ONGOING FOOD DRIVE FOR JFS

The current pandemic has forced thousands of families and older adults into food insecurity. Every week, 1,700 people rely on Jewish Family Service nutrition services – this is a 309% increase in the number of San Diegans served before COVID-19. Drive-thru distribution and home-delivered meals program are counting on your support to meet the urgent needs of our community. If you are financially able, please continue to help by giving online at <https://www.jfssd.org>.

These are some of the items that are needed most:

Canned Goods: Tuna, Chicken, Meat, Fruits, Vegetables, Broth

Boxed Items: Baking Mixes, Whole Grain Crackers, Cereal, Rice, Pasta, Other Grains

General Items: Peanut Butter, Mac 'n Cheese, Ramen, Dried Fruit/Nuts, Granola, Protein Bars

TAY ACADEMY



COVID-19 has changed many things for TAY. Before the pandemic, members of Ohr Shalom supplied weekly hot meals, blankets in winter, travel-size toiletries, new socks and underwear, and money to help supply those things to the 14-24-year-old youth TAY serves.

TAY staff, within the confines of safety and health, is still able to provide counseling and other services, including some “grab and go” food. Even though we haven’t been able to donate meals during this period, TAY still needs our help. If you are able to help, please contact Marilyn Shelden at marilyn.shelden@gmail.com or the Ohr Shalom office.

ENVIRONMENTAL PROJECTS



Allyson Darroch
Environmental Projects Chair

BA’AL TASHCHIT (DEUTERONOMY 20:19-20) SAYS, “DO NOT WASTE/DESTROY.”

Yes, of course, climate change, habitat destruction, butterflies, bees, coral reefs and white rhinos, our use or misuse of the planet. Plastic everywhere, even in the Antarctic – which is melting away.



I care, I really do, I absolutely do. I can hardly bear to read my Instagram anymore. I support Greenpeace, I adopt a turkey from Farm Sanctuary at Thanksgiving (I know, it’s eat one and free one, but the kids want turkey). I buy from the *World Wildlife Fund* and the *Nature Conservancy* catalogs.

But honestly. How can whatever I do help when the issue confronting us is so overwhelming and so complex?

I’d love to recycle, and I believe in being more environmentally responsible, but it is just too hard. They make it so complicated: What goes where AND what can even go where? *This* container, *not that* container. Does it all just end up in the landfill anyway?

The compostables are so expensive, money is tight right now and my budget can’t stretch that far.

I tried the vegan alternatives, despite the expense, and my kids all said it tasted yucky.

And, finally, my personal favorite: My schedule is crazy and I just don’t have time for this now.

It’s not impossible, but it is very different than what we are used to doing and change is hard.

You have to start somewhere though. Here are some easy recommendations from the web.

You may already do some of these now. <https://www.roadrunnerwm.com/blog/the-5-rs-of-waste-recycling>

We are not alone in this. Ohr Shalom has joined **Hazon**, the largest faith-based environmental organization in the U.S. Hazon is building a movement that strengthens Jewish life and contributes to a more environmentally sustainable world for all. Ohr Shalom is working on earning the *Hazon Seal of Sustainability*, a 12-month program designed to support organizations and communities working to create a healthier, more equitable, and more sustainable world. We do this by linking Jewish values to substantive action toward sustainability and climate-centered goals.

It’s doable, it’s not impossible and it’s a start. If not now. When?

Does all this sound familiar? Do you want to help? Do you have an idea for the greening of Ohr Shalom? Please contact me at greenparrotgraphics@cox.net or text me at (619) 823-9098 and we can get started.

Thank you for your generous donations in June:

SYNAGOGUE FUND

Sidney Miraz

In loving memory of David Strom

Jim Lewis
Susie and Eli Meltzer
Jeffrey and Vivien Ressler
Al and Marilyn Shelden

In loving memory of Al Eisman

Ivan and Lynn Mendelsohn
Al and Marilyn Shelden

In loving memory of Fiszal Sommer

Robert and Elena Kucinski

In loving memory of Nathan Arntenstein

In loving memory of Rifka Arntenstein

In loving memory of Cecilia Katz

In loving memory of Rebecca Helfand

Sara Arntenstein

In loving memory of Zel Camiel

In loving memory of Shimon Camiel

Judith Gottschalk

In loving memory of Dorothy Levin Broudy

Alice Broudy Cupples

In loving memory of Bernie Miliband

Jared Solomon

In loving memory of Joan Rubenstein

Melissa Collins

In loving memory of

Chaya Sarah bat Moshe

Aaron Rubinstein

In honor of the 61th Anniversary of

Raulf and Sharon Polichar

Eileen Wingard

In honor of the 50th Anniversary of

Rocky and Debbie Reid

Ivan and Lynn Mendelsohn

In honor of the 45th Anniversary of

Susie and Eli Meltzer

Eileen Wingard

In honor of the birth of Liam Nelson

Ivan and Lynn Mendelsohn

In honor of Elizabeth Schwartz

In honor of Jodie Graber

for being named Women of Valor

Susie and Eli Meltzer

In honor of the wedding of Eitan Frysh

and Stephanie Zhubrak

Susie and Eli Meltzer

Eileen Wingard

In honor of the wedding of Daniel

Arntenstein to Debbie Sandler and Daniel

receiving his residency as a Urology

Doctor at Kaiser Permanente.

Sara Arntenstein

RABBI'S DISCRETIONARY FUND

In loving memory of Michael Hazel

Karen Rund

In honor of the Bar Mitzvah

of Joshua Treseder

Sara Arntenstein

In honor of Rabbi Meltzer

receiving his Doctorate Degree

Sara Arntenstein

MINYAN FUND

Rocky and Debbie Reid

CHESED/COMMUNITY CARING

Marvin Yudkovitz & Judy Gaines

TODAH RABAH TO OUR

SHABBAT SPONSORS:

Raulf and Sharon Polichar

Richard and Kim Schwab

Anna and Carlos Sena

Harlene and David Rottenberg

Stephanie and Jared Wells

We apologize for any omissions.

Todah Rabah to

Amy Morris for her editing help for this month's Davar.

Rachel Treseder for helping with Religious School organizing.

Rebecca Wollner for organizing the library.

Condolences to

Yale Strom and **Elizabeth Schwartz** on the passing of Yale's beloved father, **David Strom**, grandfather to **Talulah Strom**.

May his memory be for a blessing to all those who knew him and loved him.



Mazal Tov to

Sena Family in honor of the Bat Mitzvah of **Isabella Sena**.

Schwab Family in honor of the Bat Mitzvah of **Maddie Schwab**.

Todah Rabah to our June Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Minyan Minute and Minyan Leaders:

LeAnne Adams

David Argoff

Jeanne Argoff

Ilan Awerbuch

Allyson Darroch

Jonathan Geiger

Elizabeth Green

Beto Hamui

Joe Hartman

Koba

Cheryl Katz

Morris Lazard

Jessica Lemoine

Susanne Lisker

Eli Meltzer

Jennifer Meltzer

Susie Meltzer

Ivan Mendelsohn

Lynn Mendelsohn

Rachel Millstone

Amy Morris

Bill Morris

Ya'ara Oren

Rocky Reid

Ruben Rosental

Brian Stannard

Rabbi Cantor Cheri Weiss

Dan Weiss

Jonah Weinberg

Margalit Wollner

Rebecca Wollner

Marvin Yudkovitz

Jane Zeer

Yahrzeits

*Alter Moises Klein Rubinstein	Iliana Bielaz's Father	1-Jul/21 Tamuz
*Wolf Bielaz	Efrain Bielaz's Father and Wolf Bielas, Simon Bielaz and Mina Cohen's Grandmother ...	2-Jul/22 Tamuz
*Leticia Singer	Ricardo Singer's Mother	2-Jul/22 Tamuz
Jose Zagursky	Enrique Zagursky's Father	3-Jul/23 Tamuz
*Leibi Lipowsky	Salomon Lipowsky's Father.....	4-Jul/24 Tamuz
Carlos Wellman	Gerry Wellman's Father.....	5-Jul/25 Tamuz
Karen Astrachan	Anita Nemoy's Sister and Justina Nemoy's Aunt.....	6-Jul/26 Tamuz
Margot Fischer	Fanny Rosental's Aunt.....	6-Jul/26 Tamuz
*Samuel Slade	Laurie Slade's Father	6-Jul/26 Tamuz
Jaya Sara Broder	Aaron Rubinstein's Grandmother	7-Jul/27 Tamuz
Gussie Stein	Jane Zeer's Aunt	7-Jul/27 Tamuz
Susana Waisbord	Remembered by Esther Tishman	7-Jul/27 Tamuz
*Lia Goldberg Schneeweiss	Lina Gorinstein's Mother.....	8-Jul/28 Tamuz
David Goldberg	Karen Rund and Susie Meltzer's Grandfather.....	9-Jul/29 Tamuz
Jane Fine	Remembered by Gail Kalker	10-Jul/1 Av
*Esther Krantz	Remembered by Richard Scholten.....	10-Jul/1 Av
*Rebecca Cohen	Gail Kalker's Grandmother	11-Jul/2 Av
Jane Himelfarb	Steve Fox's Aunt.....	11-Jul/2 Av
Becky Azuz	Vida Sportes, Miryam Slovatzki and Reyna Forman's Cousin	12-Jul/3 Av
Mollie Ehrenwerth	Elaine Smith and Janice Zipp Cannizzaro's Grandmother	12-Jul/3 Av
Isabel Kuriansky De Cybula	Rebeca Sod's Mother	12-Jul/3 Av
Josef Greiner	Remembered by Barbara Haislip	13-Jul/4 Av
Clara Magrisso	Sara Arstein's Mother	14-Jul/5 Av
Saul Gold	Silvia Gold's Husband	15-Jul/6 Av
Laskar Schwartz	Elizabeth Schwartz's Father	15-Jul/6 Av
*William Abrams	Evie Sevel's Uncle.....	16-Jul/7 Av
Emma Esther Lellouche	Remembered by the Bunton Family.....	16-Jul/7 Av
Augusto Muniesa	Angeles Muniesa's Husband and Eva Goldstein's Father.....	16-Jul/7 Av
Gilbert S. Berman	Remembered by Roz Berman	17-Jul/8 Av
*Jane D. Young	Allyson Darroch's Mother	17-Jul/8 Av
Charles Kohen	Marda Rose's Grandfather	17-Jul/8 Av
Joshua Morris	Bill Morris' Father.....	17-Jul/8 Av
Irma Shaw	Peter Shaw's Mother	18-Jul/9 Av
Rachel Deicas	Mauricio Deicas' Mother	19-Jul/10 Av
Eulin Earl Francis	Yvonne Scarlett's Father	19-Jul/10 Av
Gracia Molina de Pick	Daniel Pick's Mother.....	19-Jul/10 Av
Elizabeth Rubin	Joe Rubin's Mother.....	19-Jul/10 Av
Raquel Rostenberg	Ari Rostenberg's Mother.....	20-Jul/11 Av
*Ruth Salzmann	Tito Salzmann's Mother.....	20-Jul/11 Av
Eugene Agostino II	Christine Eisenberg's Brother.....	21-Jul/12 Av
Agustin Cuenca	Cristy Veinbergs' Father	21-Jul/12 Av
Paul Bergman	Miriam Jane Bergman's Father	22-Jul/13 Av
*Teodoro Constantiner	Remembered by the Goldstein Family	22-Jul/13 Av
*Frida Kucinski	Robert Kucinski's Mother and Danny Kucinski's Grandmother	22-Jul/13 Av
*Monica Veinbergs	Remembered by the Galicot and Veinbergs Families	23-Jul/14 Av
*Ezekiel Burger	Susie and Eli Meltzer's Grandson	24-Jul/15 Av
Ruth Weiss	Barrett Avigdor's Grandmother	24-Jul/15 Av
Abraham Hanono	David Hanono's Father.....	25-Jul/16 Av
Jacques Kucinski	Robert Kucinski's Brother and Danny Kucinski's Father	25-Jul/16 Av
Haim Hersh Rozen	Remembered by Fay Rozen.....	25-Jul/16 Av
Sidney Stein	Jane Zeer's Uncle	25-Jul/16 Av
Eliezer Suissa	Deborah Suissa's Father	26-Jul/17 Av
Judy Geiger	Remembered by Jonathan Geiger	27-Jul/18 Av
Steffi Lauer	Remembered by Ohr Shalom.....	27-Jul/18 Av
Sam Ehrenwerth	Elaine Smith and Janice Zipp Cannizzaro's Grandfather	28-Jul/19 Av
Zelik Chaim Grinberg	Ruben Rosental's Grandfather	28-Jul/19 Av
Pearl Grossman	Sherry Berlin's Mother	29-Jul/20 Av
Gisa Schiffman	Judie Dresser's Mother	29-Jul/20 Av
*Louise Buchwald	Leah Singer's Mother	30-Jul/21 Av
Charles Darrow	Allyson Darroch's Father	30-Jul/21 Av
*Harvey Goldberg	Karen Rund and Susie Meltzer's Father. Rabbi Meltzer and Brett Meltzer's Grandfather ..	30-Jul/21 Av
Sara Portnoy Bergenfeld	Aaron Bergenfeld's Mother.....	30-Jul/21 Av
Joyce Zeff	Dana Zeff's Mother.....	30-Jul/21 Av
Sidney Heller	Remembered by Allan Wolf.....	31-Jul/22 Av
Betty Shteremberg	David Shteremberg and Sonia Zyman's Mother.....	31-Jul/22 Av

* denotes a memorial plaque was purchased in memory of a loved one



OHR SHALOM SYNAGOGUE
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CALENDAR OF EVENTS

July 2021

Tamuz 5781/Av 5781

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 21 Tamuz Minyan 6:15pm	2 22 Tamuz Office Closes 2:00pm Kabbalat Shabbat Service "Ask the Rabbi" 6:15pm 7:42pm	3 23 Tamuz Parshat Pinchas Shabbat Service 9:30am Tot Shabbat 3:00pm 8:42pm
4 24 Tamuz Independence Day No Minyan	5 25 Tamuz Minyan 6:15pm	6 26 Tamuz Minyan 6:15pm	7 27 Tamuz Ad Ed: Daf Yomi 10:00am Minyan 6:15pm	8 28 Tamuz Minyan 6:15pm	9 29 Tamuz Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 7:41pm	10 1 Av Parshat Matot-Massei Rosh Chodesh Av Shabbat Service 9:30am Tot Shabbat 3:00pm 8:40pm
11 2 Av Minyan 6:15pm	12 3 Av Minyan 6:15pm Choir Practice 6:45pm	13 4 Av Minyan 6:15pm Meditation with Alex van Frank 7:00pm	14 5 Av Adult Ed: Daf Yomi 10:00am Minyan 6:15pm	15 6 Av Minyan 6:15pm Explore Art with an Expert 4:00pm Women of Valor Watch Party 7:30pm	16 7 Av Office Closes 2:00pm Pride Kabbalat Shabbat Service at the Bay 6:45pm 7:38pm	17 8 Av Parshat Devarim Erev Tish'a B'Av Shabbat Chazon Shabbat Service 9:30am Lunch & Learn 12:45pm Tot Shabbat 3:00pm Erev Tish'a B'Av Service TBA 8:38pm
18 9 Av Tish'a B'Av Minyan 6:15pm	19 10 Av Minyan 6:15pm Choir Practice 6:45pm	20 11 Av Minyan 6:15pm Meditation with Alex van Frank 7:00pm	21 12 Av Adult Ed: Daf Yomi 10:00am Minyan 6:15pm	22 13 Av Explore Art with an Expert 4:00pm Minyan 6:15pm	23 14 Av Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 7:34pm	24 15 Av Parshat Vaetchanan Shabbat Nachamu Tu B'Av Shabbat Service 9:30am Tot Shabbat 3:00pm 8:34pm
25 16 Av Minyan 6:15pm	26 17 Av Minyan 6:15pm Choir Practice 6:45pm	27 18 Av Minyan 6:15pm Meditation with Alex van Frank 7:00pm	28 19 Av Adult Ed: Daf Yomi 10:00am Minyan 6:15pm	29 20 Av Explore Art with an Expert 4:00pm Minyan 6:15pm	30 21 Av Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 7:29pm	31 22 Av Parshat Eikev Shabbat Service 9:30am Tot Shabbat 3:00pm 8:29pm
1 23 Av Minyan 6:15pm	2 24 Av Minyan 6:15pm Choir Practice 6:45pm	3 25 Av Minyan 6:15pm	4 26 Av Adult Ed: Daf Yomi 10:00am Minyan 6:15pm	5 27 Av Minyan 6:15pm	6 28 Av Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 7:23pm	7 29 Av Re'eh Shabbat Service 9:30am Tot Shabbat 3:00pm 8:22pm