



# DAVAR MEGILLAH

MAY 2021 • MONTHLY NEWSLETTER • IYAR 5781/SIVAN 5781



**Services On the  
Ohr Shalom Patio**  
(and on Zoom)  
**May 14 RSVP**  
**May 22 RSVP**  
Details and links on page 3

## TO OPEN OR NOT TO OPEN, THAT IS NOT THE QUESTION

By Rabbi Scott Meltzer

A few weeks ago in the middle of April, we read *Parshat Shmini* from *Sefer Vayikra*, the Book of Leviticus. In the Torah portion, Aaron offers the first sacrifices on the newly dedicated altar of the *Mishkan*, which God accepts by consuming the sacrifice with a fire from the heavens. Immediately after, Nadav and Avihu, two of Aaron's sons, offered a sacrifice that God had not commanded, and this time the fire that comes down from the heavens consumes them. In one of the midrashic understandings of their deaths, Nadav and Avihu die because they become so excited by what happened when their father offered the sacrifice, they throw caution to the wind and leap to do more. They serve as a cautionary tale for those with good intentions, whose excitement gets the best of their reason, and there are serious consequences.

In a few weeks we will celebrate the festival of Shavuot. It is on Shavuot, the tradition teaches, that all of us stood at the foot of the mountain and heard God's voice reveal to each of us the verses that we refer to as "The Ten Commandments" (Exodus 20). It is the only mass revelation in the entire *TaNakh* (Bible), and the midrash teaches that all Jews who would ever live were present at the foot of the mountain at that great, mystical moment. The keen reader of that chapter will notice that beginning with verse 7, there is a shift in speaker, or voice. Before verse 7, it is clear that God is speaking (i.e., "I am the LORD your God..." Ex. 20:2), but beginning in verse 7 God is referred to in the third person (i.e., "You shall not swear falsely by the name of the LORD your God..." Ex. 20:7). There is a midrashic tradition that explains that the shift in voice happened because all of the Jews, us, at the foot of the mountain were so frightened by the incredible

experience of God's revelation as recounted in verses 2 through 6 that we didn't think we could handle any more, so we went to Moses and said: "this is too much. We will stay at a distance and you bring us the word of God."

Here we have two incredible experiences, the first sacrifices at the *Mishkan* and God's speaking to all of us, and two very different reactions, Aaron's sons rushing in carelessly in their excitement, and the Jews at the mountain too afraid to stand close to hear God's voice.

I love the dialectic created by telling these two stories. Certainly, as much as we want to draw near God, we do not want to rush in when it would be wrong to do so and pay the ultimate price – such martyrdom is not a meaningful part of our tradition. At the same time, we do not want to be paralyzed by fear so that we miss out on opportunities for holiness – what would the rest of the revelation had been had we not run away and asked Moses to be our intermediary?

So, the question is not "to open or not to open," because we never closed. The question is how to make it possible to be in person together, safely (we don't want to rush and endanger anybody) but getting back to the holy work that we have always done in person (I really miss being together in the building to pray, sing, study and celebrate).

Like when we stood at the *Mishkan* and when we stood at the foot of the mountain, we don't know for certain the consequences of our actions and inactions. Knowing that the situation is in constant flux, there are things that are as true today as they were over a year ago when the pandemic started:

1) Safety is paramount. We will not do  
*Rabbi's Message continued on Page 7*

**Shavuot Schedule**  
May 16-18:



**Shavuot**  
Details on page 4

**Save the Date**

**ANNUAL  
CONGREGATIONAL  
MEETING**

**Tuesday, June 29 at  
7:00pm  
following Minyan**

**OHR SHALOM VIRTUAL  
PROGRAMMING**

All Ohr Shalom programming takes place via Zoom unless otherwise stated.

The Zoom link for services and most adult programs is <https://us02web.zoom.us/j/83107501072>  
(Passcode: myshul)

To join by phone:  
Phone number: 1 669 900 9128  
Meeting ID: 831 0750 1072  
Passcode: 632432

**If you need help using Zoom, please let us know.**



## WORDS FROM THE PRESIDENT

**Lynn Mendelsohn**  
President

### THE FATHER OF MRNA

For the May *Davar*, I wanted to write about the COVID vaccines, urging everyone to get immunized, and to tell their friends to do so. But, without knowledge of medicine or epidemiology, I have no particular expertise to share. My only basis for such recommendations would be my deep desire that we should escape the pandemic soon. Jane Zeer, our esteemed *Davar* Editor, suggested that I might pursue my penchant for biography and write about a Jewish person whose work impacted the development of the vaccines. Immediately I had my topic – for it so happens that, in the late 1990s, through the Law Offices of Ivan Mendelsohn, I had the pleasure of getting to know **Sydney Brenner**, arguably the “Father of mRNA,” messenger RNA, the basis of the Moderna and Pfizer COVID vaccines.

In 1997, Ivan assisted Sydney in obtaining a U.S. green card (i.e., permanent residence) to enable him to serve as Director of the Molecular Sciences Institute (MSI), an R&D center he founded at UC Berkeley. At the same time, Sydney held research positions in San Diego at the Salk Institute and Scripps Research Institute.

Sydney was born in 1927 in Germiston, South Africa, to Morris (a cobbler) and Leah Brenner, Jewish immigrants from Lithuania and Latvia, respectively. He so impressed his teachers at Germiston High School that they convinced the Town Council to help finance his college education. Enrolled at the University of Witwatersrand, Johannesburg, Sydney completed Bachelors and Masters degrees in Physiology, and a Bachelors of Medicine and Surgery (MBBCh) degree – all by age 24. “I wanted to work in advanced medical research,” he told us, “so my advisor said to go to England.” Thus, in 1952, Sydney enrolled as a Doctoral (DPhil) student in Physical Chemistry at Exeter College, Oxford.

Having made the acquaintance of Francis Crick, a British researcher at Cambridge, Sydney was one of the first to view, in April 1953, the



Sydney Brenner

Watson-Crick double-helix model of the DNA molecule. That experience, he later wrote, impressed him as “the key to understanding all of the problems of biology we had found intractable,” and it launched him into a career in genetics. In 1956, Sydney was recruited to Cambridge by Crick, with whom he subsequently shared an office for 20 years. Together they worked out the basic principles of molecular genetics, describing the method by which DNA sequences are “read” and translated into “triplet codons” for the building of proteins. Later, with two other British researchers, Sydney demonstrated the existence of messenger RNA and described its function.

In 1963, at the Laboratory of Molecular Biology, Cambridge, Sydney initiated developmental studies on the 1-mm nematode worm, *C. elegans*. That simple worm, easy to grow and maintain, has become, over more than 60 years, the organism of choice for research in neuroscience and genetics. In 1998, it was the first multicellular organism to have its whole genome sequenced. Several Nobel Prizes have gone to *C. elegans* researchers, and in 2002, the Nobel Prize in Physiology or Medicine finally came to Sydney, who shared it with H. Robert Horvitz and John Sulston, for work on the genetics of organ development and programmed cell death in *C. elegans*.

Ivan attended Sydney’s Nobel Prize celebration at the MSI offices in Berkeley, bringing home as a party favor a bag of gummy worms.

From 1979 to 1991, Sydney had been Director of the Medical Research



MAY 2021  
ISSUE NO. 384

**DAVAR**

OHR SHALOM SYNAGOGUE  
2512 Third Ave., San Diego, CA 92103  
office@ohrshalom.org  
www.ohrshalom.org  
(619) 231-1456

DAVAR PUBLISHED MONTHLY

Editor: JANE ZEER  
Consultants: JOY HEITZMANN, MARK SIPRUT,  
GILLIAN ARGOFF-TRESEDER  
Layout/Art: ANDREA LUCK

#### Scott Meltzer, Rabbi

Gillian Argoff -Treseder - Executive Director  
Cheryl Katz - Director of Education & Youth Programs

#### OHR SHALOM BOARD OF DIRECTORS

President - LYNN MENDELSON  
VP Administration - AL SHELLEN  
VP Finance/Imm. Past President - RAY SACHS  
VP Long Range Planning - RUBEN ROSENAL  
Secretary - ELIZABETH GREEN  
Treasurer - JOY HEITZMANN

#### COMMITTEE CHAIRS

Adult Education - ALLYSON DARROCH  
Building & Grounds/Security - RAULF POLICAR  
Chesed/Community Caring - MARVIN YUDKOVITZ  
Jewish Life - REBECCA WOLLNER  
Legacy Society - EVETTE WEISS  
Programs & Events - AVIVA ANGEL  
Religious School - LOVE ZUBILLER  
Ritual - SHOSHANAH FEHER STERNLIEB  
Youth Programs - JESSICA LEMOINE  
Member-at-Large - LEANNE ADAMS  
Member-at-Large - JONATHAN GEIGER  
Member-at-Large - TRICIA PUMMILL  
Men’s Club - JOE HARTMAN  
Sisterhood - POSITION AVAILABLE

*This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.*

Council, Britain’s equivalent of our National Institutes of Health (NIH). From that position, he launched research into DNA sequencing and mapping technologies that laid the foundation for the Human Genome Project and predated the recent revolution in genome analysis.

Sydney died in April 2019 at the age of 92 in Singapore, while attending to another genetics research center that he had established.

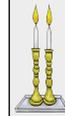
*Lynn’s Message continued on Page 7*

# OHR SHALOM SERVICE SCHEDULE

## SHABBAT ONLINE SERVICE SCHEDULE

<https://us02web.zoom.us/j/83107501072> (Passcode: myshul)

Friday	May 1	6:15pm	Kabbalat Shabbat Service
Saturday	May 2	9:30am	Shabbat Service
		2:00pm	<b>Bat Mitzvah: Hannah Dean McLeod</b>
Friday	May 7	6:15pm	Kabbalat Shabbat Service "Ask the Rabbi"
Saturday	May 8	9:30am	Shabbat Service
		2:00pm	<b>Bar Mitzvah: Joshua Treseder</b>
Friday	May 14	6:15pm	Kabbalat Shabbat Service (Zoom & on the patio)
Saturday	May 15	9:30am	Shabbat Service
Friday	May 21	6:15pm	Kabbalat Shabbat Service
Saturday	May 22	9:30am	Shabbat Service (Zoom & on the patio)
Friday	May 28	6:15pm	Kabbalat Shabbat Service
Saturday	May 29	9:30am	Shabbat Service



## PARSHIYOT & CANDLELIGHTING May 2021



### PARSHAT EMOR

Fri: April 30 | 18 Iyar  
Sat: May 1 | 19 Iyar  
Torah: Leviticus 21:1-24:23  
Haft: Ezekiel 44:15 - 44:31



7:12pm

### PARSHAT BEHAR-BECHUKOTAI

Fri: May 7 | 25 Iyar  
Sat: May 8 | 26 Iyar  
Torah: Leviticus 25:1-27:34  
Haft: Jeremiah 16:19 - 17:14



7:17pm

### PARSHAT BAMIDBAR

Fri: May 14 | 3 Sivan  
Sat: May 15 | 4 Sivan  
Torah: Numbers 1:1-4:20  
Haft: Hosea 2:1 - 2:22



7:22pm

### PARSHAT NASSO

Fri: May 21 | 10 Sivan  
Sat: May 22 | 11 Sivan  
Torah: Numbers 4:21-7:89  
Haft: Judges 13:2 - 13:25



7:27pm

### PARSHAT BEHA'ALOTCHA

Fri: May 28 | 17 Sivan  
Sat: May 29 | 18 Sivan  
Torah: Numbers 8:1-12:16  
Haft: Zechariah 2:14 - 4:7



7:31pm



## KABBALAT SHABBAT SERVICE "ASK THE RABBI"

Friday, May 7 at 6:15pm

Your opportunity to ask the questions you have always wanted to.



## TOT SHABBAT

Saturdays at 3:00pm

Tots, parents and grandparents celebrating Shabbat together. (Newborns to 5-year-olds)

Welcome back to Ohr Shalom

## Services on the Ohr Shalom Patio

We will have our first in-person (and on Zoom) service on

**May 14th - 6:15pm Kabbalat Shabbat Service**

<https://www.signupgenius.com/go/5080d4ba8a62fa2fa7-kabbalat>

**May 22nd - 9:30am Shabbat Morning Service**

<https://www.signupgenius.com/go/5080d4ba8a62fa2fa7-shabbat>

Masks are required, social distancing is expected and seating will be in pods. All attendees must sign a waiver to attend.

**RSVP REQUIRED** for all people attending.

We will allow 30 people total onto the patio.

## OHR SHALOM'S CHOIR!

Come join us on Mondays at  
6:45pm on Zoom.

You'll be happy you did!

### MAY DATES

May 3

May 10

May 24



## Daily Minyan Minute

Sundays through  
Thursdays at 6:05pm

Before each evening minyan, join us for a short reading by a congregant - a poem, quotation, song, insight into a Torah portion, etc. (does not need to be an original piece). To volunteer to do a

reading, contact

**Marvin Yudkovitz** at

[mayudkovitz@gmail.com](mailto:mayudkovitz@gmail.com)

or text 240-506-3042.

**THE V'AHAVTA – PART 1**

By Bill Morris



*“And you shall love the Lord your God with all your heart, and all your soul, and all your might. And these words which I command you this day you shall take to heart. And you shall teach them diligently to your children and recite them when you sit in your*

*homes and when you go on your way and when you lie down and when you rise up. Bind them as a sign upon your hand and as badges between your eyes. And write them on your doorposts and on your gates.”*

I am drawn to the *V'Ahavta* for quite a few reasons. Two of them stand out. The first one has to do with the last word of the first sentence in the prayer. מְאֹדָּה / *meodekha*/. This word is almost universally translated as “your might.” And I think it is a pretty good translation. But the literal translation is “your very.” So, “with all your heart, and all your soul, and all your very.” Grammatically, this makes no sense. This is what is called “poetic license,” though here it is not license to violate grammar or pronunciation to get a poem to rhyme; here, I believe, it is used to try to get you to wake up and get some part of your brain to say “that’s weird wording, but, yeah, I get it.” If it takes a grammatical violation to get a wake-up call, then we’ll happily violate some grammar.

Of course the problem is that we never hear this as a grammatical violation. Hebrew is not our native language, at least not for most of us. And, to my knowledge this grammatical violation is never translated. So we all say it in Hebrew without noticing the jarring wording, or we say it in English where the translation is pretty accurate, but entirely grammatical. And that has likely been the case for our ancestors wherever they were, no matter what their home language was.

But, I suspect, even most Native Hebrew speakers have heard the *V'Ahavta* so many times in their childhood, even before they knew how to read, that their brains probably just glide right over the issue.

I would like people to be aware of the oddness of the word מְאֹדָּה / *meodekha*/. But I don’t want people to puzzle over the meaning. It means “with all the effort you can muster,” that is, “with all your might.” Which is why I don’t mind the standard translation. But if it crosses your mind—that is an excitingly odd word in that prayer.

**Shavuot Schedule**

**Erev Shavuot:**

**Sunday, May 16**

7:00-7:30pm Service

7:30-8:00pm Bake Chocolate Cheesecake with Rabbi Meltzer  
*(see recipe below)*

8:00-8:30pm Torah Quiz Night

8:30-10:00pm Study with Rabbi Meltzer

**Shavuot I:**

**Monday, May 17**

9:30am Morning Service

**Shavuot II:**

**Tuesday, May 18**

9:30am Morning Service and Yizkor



**Chocolate Cheesecake Cupcakes**

**(adapted from Raddish Recipe)**

*(makes 12 individual servings)*

**FILLING**

- 1 8-oz block of cream cheese (softened)
- ¼ cup sugar
- ½ cup semisweet chocolate chips
- 1 Tbsp milk
- ¼ cup sour cream
- 1 tsp vanilla
- ¼ tsp salt
- 1 egg
- whipped cream and raspberries to top

**CRUST**

- 6 graham crackers
- 3 Tbsp butter
- 2 Tbsp sugar
- 2 Tbsp cocoa powder

1. Preheat the oven to 350°F. Line muffin tin with paper liners (silicone baking liners are best if you have them).
2. Prepare crust. Add graham crackers to a plastic bag and crush into fine crumbs with a rolling pin. Or pulse in a food processor.
3. Melt butter in the microwave.
4. Add graham cracker crumbs, sugar, and cocoa powder to melted butter and mix thoroughly.
5. Spoon 1 Tbsp crumb mixture into muffin tin cups. Press with your hands to make a firm crust.
6. Prepare filling: add cream cheese and sugar to mixer and cream on low speed, stopping occasionally to scrape sides. Mix until very smooth (about 3-5 minutes).
7. Add chocolate chips and milk to a microwave-safe bowl. Heat in 30 second intervals until smooth.
8. Add melted chocolate, sour cream, vanilla, and salt to the mixer. Mix on low speed until combined.
9. Crack egg in a small bowl. Add to mixer. Cream on low speed until combined.
10. Pour filling evenly over crusts.
11. Bake until set, 20-22 minutes.
12. Chill at least 2 hours before serving. Top with whipped cream and raspberries.



# RELIGIOUS SCHOOL AND YOUTH PROGRAMMING

**Cheryl Katz**  
Director of Education & Youth Programs



It's May! In this month, we'll celebrate Shavuot – officially celebrating receiving the Torah, the barley harvest and offerings of first fruits in the ancient days of the Holy Temple. While in our modern days we try to recreate the idea of *bikkurim* by bringing fruit and flower decorations into our homes and synagogues, I like the idea of turning this into a more reflective practice.

Renewal and change always bring a small sense of loss. They are two sides of one coin. While what is new may be good and promising, losing what has passed can be sad, nostalgic and poignant.

This year brings not just metaphoric change but a very concrete one as well. I have been offered an opportunity to grow and change, taking a significant next step in my life's work of educating Jewish children. On July 1, I will become the Director of Jewish Learning at Congregation Beth El in La Jolla.

Though to me it goes without saying, it is important for me to put in words what my time at Ohr Shalom has meant to me. I brought my own child here so that she could become bat mitzvah in this warm and caring community, and it's been my privilege to build relationships with all of the students and their families, lead a team of exceptional educators, and bring Ohr Shalom's mission all the way down to our youngest learners. I have learned an incredible amount about open and compassionate leadership from the Religious School staff, from Gillian and from Rabbi Meltzer. I have learned a great deal of what I know about belonging to and serving a community wholeheartedly and immersively, through doing these things with you all at Ohr Shalom.

I will savor the next two months as we conclude the school year and wrap up the USY year. I will be present and very

available through June as your Director of School and Youth Services, and after I will continue to attend services at Ohr Shalom as my own spiritual home. I welcome anyone who wishes to reach out – and please know that it is okay to discuss with your students. We will have discussed it at school as of the time this *Davar* goes to print.

Even through this bittersweet transition, Spring stops for no one. Our coats go back in the closet, shorts and sandals get their time in the sun, and we all get outside more to do what makes us happy, healthy and fulfilled.

As things are opening up, take a minute to think about what YOUR first fruits are. Have you started a new habit, a new skill, a new mindset or a new way of taking care of yourself? Whatever is new and opening up for you, take a deep breath of gratitude and offer it up. Think about what you are going to create because of these first fruits of your new pursuit – really give yourself time to plant the seeds of possibility that you could create.

This Shavuot, may we all receive Torah openly and joyfully, and imagine the impact we will effect in the world through Torah and our own first new offerings of Spring.

### USY

**Harry Potter Reading Hour:** Sundays & Wednesdays 5:00-6:00pm

**Family/Kadima Game Nights:** alternating Wednesdays 7:00-8:00pm (May 5, May 19)

**Teen Lounge Nights:** alternating Wednesdays 7:30-9:00pm (May 12, May 26)

**AD&D:** Sundays 1:00-3:00pm

**REGISTRATION IS AVAILABLE FOR 5782 (2021-22 SCHOOL YEAR) <https://register.ossrs.org>**

## Conservative/Masorti Tikkun Leil Shavuot

May 16 at 9:00pm – May 17 at 9:00pm PDT

The Rabbinical Assembly will present the **Conservative/Masorti Tikkun Leil Shavuot** for 24 hours of learning, in partnership with United Synagogue of Conservative Judaism (USCJ), the Cantors Assembly (CA), the Federation of Jewish Men's Clubs (FJMC), Seminario Rabínico Latinoamericano, and the Women's League for Conservative Judaism.

Access to the experience is FREE for all, regardless of synagogue affiliation or organizational participation. The link to the live event is: <https://tinyurl.com/CMTikkun>.

For a complete schedule of learning, see: <https://www.rabbinicalassembly.org/story/schedule-tikkun-leil-shavuot-5781>

## LAUREL STREET BEAT

from Love Zubiller,  
Religious School Committee Chair

Who is someone from Jewish history that you admire and why?

### **Maverick H, Kita Dalet/Hey:**

I admire Ruth Bader Ginsburg – RBG was a U.S. Supreme Court Justice and voice for gender equality and rights of workers. She is someone to admire. She was strong and caring, and she broke barriers for women.



**Sam R, Kita Gan/Aleph:** I admire the 16 Jewish astronauts that have flown into space. There have been 2 Cosmonauts, 13 U.S. Astronauts (4 were women), and 1 Israeli Astronaut. I want to be an astronaut one day, and I am happy that these Jewish men and women have made it possible for other Jews to become astronauts!



**CLASSES** *with Rabbi Meltzer*

<https://us02web.zoom.us/j/83107501072> (Passcode: myshul)

**DAF YOMI**

**Wednesdays at 10:00am**

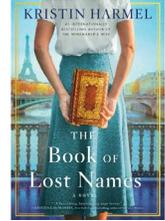
Rabbi Meltzer offers a weekly class to discuss the pages of Talmud most recently covered.

**READINGS WITH THE RABBI**

**Sunday, May 16, 10:30am**

***The Book of Lost Names.*** by Kristin Harmel

Throughout the 1940s, forgers helped thousands of children escape Nazi France. In this instant *New York Times* bestseller, Kristin Harmel reimagines their story... In 1942, Eva is forced to flee Paris after the arrest of her father, a Polish Jew. Finding refuge in a small mountain town, she begins forging identity documents for Jewish children escaping to neutral Switzerland. Eva realizes she must find a way to preserve the real names of the children who are too young to remember their own identities. When the resistance cell she works for is betrayed, the records they keep in *The Book of Lost Names* become crucial to remembering the truth... A present-day discovery of the book leaves researchers fascinated by its origins and desperate to decipher its codes. Only Eva holds the answer but will she have the strength to face old memories and help reunite those lost during the war?



Author **Kristin Harmel** is also the *New York Times* bestselling and #1 international bestselling author of *The Winemaker's Wife* and a dozen other novels.

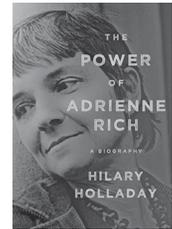
**SLOW READ BOOK CLUB**

**Fridays at 1:00pm**

*In-depth chapter discussions each week:*

***The Power of Adrienne Rich: A Biography,*** by Hilary Holladay

**Adrienne Rich** was the female face of American poetry for decades. Her writing is forceful and uncompromising, and the life of the woman behind the words is equally impressive. Rich transformed herself from a traditional, Radcliffe-educated lyric poet and married mother of three sons into a path-breaking lesbian-feminist author of prose as well as poetry. In doing so, she emerged as both architect and exemplar of the modern feminist movement, breaking ranks to denounce the male-dominated literary establishment. Drawing on a wealth of unpublished materials, including Rich's correspondence and in-depth interviews with numerous people who knew her, Hilary Holladay portrays Rich in full dimension and vivid, human detail.



Author **Hilary Holladay** is a biographer, novelist, poet, and scholar of modern and contemporary American literature. She is the author of five books and co-editor of two others.

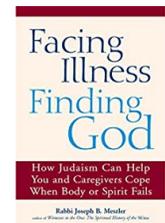
**ILLNESS AND HEALING BOOK GROUP**

**Tuesdays at 11:00am**

This group is for anyone who is a caregiver, has a family member with or has a serious long-term illness. Each week will focus on a chapter discussion and healing.

***Judaism Can Help You and Caregivers Cope When Body or Spirit Fails***

by Rabbi Joseph B. Meszler



**Thursdays, May 6 & 20, June 3 & 17 at 7:30pm**

<https://us02web.zoom.us/j/83107501072> (Passcode: myshul)

**Jerusalem in Prayer and Song** *with Elisheva Edelson*

*"If I forget thee, O Jerusalem...."* wrote the Poet.

Jerusalem... a name, a place, a symbol, anything else? Let's connect to Jerusalem through prayers, poems and songs.

*Elisheva is the conductor of the Ohr Shalom Choir.*



**KNITZVAH GROUP** *with Jodie Graber*

**Monday, May 10 and 24, 7:00pm**

***Come knit scarves for those in need!***

All levels and all ages of knitters welcome! Jodie will guide those who need help and we can all be together to knit and kibbitz!



**Email Gillian with any questions.**

<https://zoom.us/j/99664033489>

Meeting ID: 996 6403 3489 PW: knit

## ADULT EDUCATION

### OHR SHALOM WELLNESS CLASSES

#### **Meditation** *with Alex van Frank* Tuesday Evenings at 7:00-7:30pm

Life in the pandemic is rough and unpredictable. Let's meditate together and become more relaxed, positive, confident and perhaps even gain a new perspective.



**Alex van Frank**, C-IAYT leads a post-minyan meditation group on **Tuesdays at 7:00pm** for half an hour.

Meditation will help you develop your intuitive wisdom, deep emotional resilience, genuine empathy, surprising creativity, and inner calm. The compassionate action of training your mind through meditation allows you to take care of yourself and has the added benefits of:

- Lowering blood pressure • Less anxiety
- Lower stress levels • More feelings of well-being
- Deeper relaxation

**Zoom:** <https://us02web.zoom.us/j/82805583843>

#### **Balance** *with Don Wright* Wednesdays at 10:30am



Falls are serious and costly. Each year, millions of people 65 and older fall. Falling once doubles your chances of falling again. **Don Wright**, an experienced fitness instructor, will teach about preventing falls and mitigating their repercussions by working on

#### "ABCSM":

- Agility • Balance • Coordination • Strength • Mindfulness
- The only equipment needed is a straight-back chair.

**Zoom:** <https://zoom.us/j/92742164877> **PW:** Balance

Contact office for links to videos of previous sessions.

## Marphe Movement Meditation

*We strive to create a safe and comfortable space for all people, regardless of ability, limitations and yoga experience.*

**No Classes in May.  
Hopefully, returning  
IN PERSON this  
summer**

Funds generously  
granted through



## CHESED/COMMUNITY CARING



**Marvin Yudkovitz**  
Chesed/Community Caring Chair

### CHESED/COMMUNITY CARING WANTS TO HEAR FROM YOU

Are you interested in becoming more involved with Ohr Shalom by reaching out to some of our more vulnerable or isolated Synagogue members? If so, please contact me and I can link you up with a member whom you can contact by telephone. I can assure you that the benefits you will receive from this will be both very fulfilling and spiritually meaningful.

Are you feeling lonely, isolated, or would just like to have a little more contact? Would you like to receive a phone call once in a while from a shul member?

Are you are having a significant life event – wedding, new birth in the family, or major medical issue? We want to know.

Please contact me (240-506-3042, [chesed@ohrshalom.org](mailto:chesed@ohrshalom.org)) or **Gillian Argoff-Treseder** and let us know.

### RABBI'S MESSAGE (CONT.)

anything to endanger the health or lives of the members of Ohr Shalom or any who attend our events.

- 2) Because something is permitted, does not mean it is advisable. The law may allow us to do something, but that does not mean it is smart to do something.
- 3) We are incredibly fortunate to have outstanding leadership from our Reopening Taskforce and Board of Directors to help us wander through this current wilderness as best we can.

I am very excited that having talked about returning to in-person, and planning for in-person, now we will actually have some in-person. I am excited that I will be among those who will participate in the Kabbalat Shabbat service on our patio on Friday, May 14, and our Shabbat morning service on Saturday, May 22. If you would like to be there, please check to see if there is space available – since it will be limited to 30 people and reservations are required.

And if not that evening, then I hope the day will come soon when you will return to Third and Laurel for the service, class, program, event that matters to you, and I hope that I will see you there. In the meantime, I look forward to seeing you on Zoom, and I am counting the days to Shavuot!

### WORDS FROM THE PRESIDENT (CONT.)

Sydney had a penetrating gaze and wildly untrimmed eyebrows. He was short, impatient, irascible, impetuous and funny, and he could speak with some authority about almost anything. In an interview at the time of his death, his wife May commented that, despite his expressions of atheism, Sydney's personality was thoroughly Jewish, springing "from the laughter and the dancing and the singing and the pain and the fear... I haven't met anyone," she said, "like Sydney."

# “Lights is a CABARET” a Big Hit at Ohr Shalom



Memories. For everyone who attended our 16th Annual Lights of Ohr Shalom, Sunday, April 25th, the evening delivered a host of images, sounds and tastes to remember forever. To overcome the limitations of

Zoom, Lights promoted a CABARET ambiance. Festive wine, scotch, candles, and sweets were pre-delivered to the homes of attendees, and everyone was encouraged to darken rooms and light candles. Then Lights/CABARET filled more than 90 minutes with first-class entertainment.

Performers included violinist **Eileen Wingard**, who, with pianist **Monique Kunewalder**, set alight Brahms' Hungarian Dances Numbers 1 and 5. Accompanying herself on the guitar, **Elisheva Edelson** serenaded the audience with two cabaret numbers in French (“Domino”) and Spanish, and **Zeji Ozeri**, also with guitar, crooned Hebrew songs. Everyone felt as if they were stage-side for three cabaret pieces from **Yale Strom** and **Elizabeth Schwartz**, whose “Bei Mir Bistu Sheyn” was perfect for the evening.

Fun interludes focused on lip-synced videos by adults and students from the Religious School and by Ohr Shalom’s

administrators, Board members and Past Presidents. Who knew that so many of the folks we see at Ohr Shalom all the time could easily have been on Broadway instead?

The paddle-raiser fundraiser at “Lights” focused on financing a security fence atop the wall to the patio that faces Third Avenue. The happy celebrants were generous, and enough was contributed to build that project, and also complete some other necessary security upgrades in the synagogue building. The enormous success of the paddle-raiser is attributable to the generosity of **Marcia** and **Ray Sachs**, who graciously contributed an amount that matched what was raised during the evening.

*Today rabah* Today rabah to Ray and Marcia, and to the host of people who made Lights of Ohr Shalom possible this year. Thanks, of course, to our performers; to the Lights Committee and leaders **Aviva Angel** and **Tricia Pummill**, to our food bag delivery volunteers, Aviva Rosenberg, **Jane Zeer**, **Jeanne** and **David Argoff**, **Joy Heitzmann**, **Love Zubiller**, **Kelly Mack**, **Marci Prag** and **Matthew Razinsky**, **Sarita** and **Samy Zands** and **Tricia Pummill**; the adults and Religious School kids who participated in the lip-sync videos, the anonymous donors of the delicious truffles and Scotch, our caterer Charles Rubin, and everyone who attended. Special thanks to **Andrea Luck**, whose gorgeous graphics captured the mood of CABARET so well; to **Gillian Argoff-Treseder**, our Executive Director, who made the entire thing happen, and **Rabbi Scott Meltzer** – especially for his video production skills!

The Lights/CABARET event was billed as a “Once in a Lifetime Experience.” That’s because it was delivered remotely over Zoom. Hopefully, at the 17th Annual Lights of Ohr Shalom, we will be together, in touching distance, in the same room!

For those who still want to contribute to the paddle-raiser, please donate through our website at: <https://lightsofohrshalom.com/product/matching-funds-paddle-raiser/>.





## FROM OUR EXECUTIVE DIRECTOR



**Gillian Argoff-Treseder**  
Executive Director

The number **three** has many symbolic meanings throughout Judaism. The Torah tells us not to eat the fruit of the tree for three years. Some believe that this rule was to help the tree become established and rooted in its orchard. Time is also divided into three sections – past, present, and future. And as Jews we must practice *tefilah*, *teshuvah* and *tzedakah* in order to earn atonement.

So, why am I telling you about the number three? This month marks my third year at Ohr Shalom!

The past three years have been a time of personal and professional growth, learning and awe. To say I learn something new every day would be a huge understatement. Every conversation, service and program presents an opportunity to get to know all of you better and brings me a greater understanding of Judaism and the true meaning of community. Watching the incredible generosity, kindness and love that is genuinely shown throughout our congregation continue to teach me the values of *kavanah* and gratitude. I do not see Ohr Shalom as just my workplace, it is my home. Thank you for allowing me the last three years to become established and rooted in this incredible grove of learning, strength and *kavod*. I look forward to a long future here with all of you.

## FROM OUR KITCHEN MAVEN

*Marci Prag*



I have been missing cooking for you all! In this season of life I have been enjoying shopping my local farmers market and buying seasonal produce. I also have been reading two new cookbooks and using my in-laws as my taste testers. **Thanks Valerie and Eli Razinsky!**

Two of my favorite cookbooks are *No Crumbs Left* by Terri Turner, and *Sababa* by Adeena Sussman. Turner has two very good roast chicken recipes and a marinated onion recipe that is a family favorite. One of my Sussman favorites is her melted cabbage. She also has a wonderful cole slaw recipe that Matthew just adores.

I am excited for spring produce and new recipes that inspire me to create delicious food. I hope I can inspire you to try a new recipe and enjoy our beautiful spring.

Hope to see you “soon-ish.”

## OHR SHALOM IS ON AMAZONSMILE!

Support Ohr Shalom by starting your shopping at [smile.amazon.com](https://smile.amazon.com) and selecting **Ohr Shalom Synagogue** as your charity.





**Susie Meltzer**  
Israel Desk

## HOW ISRAEL BECAME A WORLD LEADER IN COVID RESPONSE

We are approaching the summer of 2021 and the COVID-19 pandemic is still here. Every country has adopted different strategies for protecting their citizens – how to best save lives, to open schools, to strengthen the economy and to vaccinate everyone. The United States, like many others, has underperformed. We are all fighting the same enemy, COVID-19, and we could learn from others’ successes. As Americans, we could definitely learn from Israel, who has been able to thrive despite wars, terrorist attacks and, yes, COVID-19.

Israel was recently ranked fifth by the Bloomberg COVID Resilience Ranking that assesses how well global economies are handling the pandemic. Countries received a resilience score based on fatality rates, infection rates, deaths per million people and inoculation percentages. Israel’s high rating is not only about how they have fought the virus’s spread with technology but is also related to the way Israelis go about facing adversity and coming out stronger.

For Israelis, this pandemic is another war. Since 1948, Israel has had to prepare for endless conflicts both from without and within, and the founders astutely established a strong partnership between the Israel Defense Forces and the public sector. That has been an integral part of their success for fighting COVID-19.

Take a look within the various sectors of Israel’s society. First of all, the delivery of health care. Israel enjoys cooperation between the government, health plans, hospitals, and emergency care providers, and that collaboration provided the structure to react rapidly when COVID-19 attacked. All citizens, by law, must register with one of the country’s four H.M.O.s. In addition, they have the infrastructure ready for a prompt response to any large-scale national emergencies. They were prepared.

Secondly, implementation of public health measures was also effective. Israel’s survival demands emergency preparedness and the ability to make rapid adjustments. Though unpopular, Israel moved quickly and enacted stringent measures that many in Israel and abroad thought unwarranted. These included not allowing travelers from certain countries to enter Israel and quarantining Israelis arriving from those countries as the virus was spreading globally. Currently (as of April 2021 when this article was written), entry into Israel is still limited to citizens only. Along with successful measures to contain the virus, Israel also used technology to track the cellphones of those who might have the disease. For a 30-day period, Israel used cellphone data sourced by its security services in order to initiate and enforce quarantines.

The next step was vaccinating the population. As of the end of 2020, the State of Israel, with a population of 9.3 million, had administered more COVID-19 vaccine doses than all countries except China, the US, and the UK. Israel developed and orchestrated a national inoculation campaign. With most citizens fully vaccinated, Israel could possibly be the first country in the world to reach

the milestone of herd immunity. Their strategy? They did so by integrating advanced technology with a centralized government and a heavily digitized, community-based health system.

Israel also has relied on a series of incentives to encourage people to get a vaccine. They established a “green pass” for the fully vaccinated whose holders can attend concerts, dine out, go to a gym or travel to popular vacation spots in places like Egypt, Cyprus and Greece. Those who do not have the pass are restricted.

Yes Israel also faced obstacles to immunize certain groups who were more hesitant than others to get the vaccine, including Arab citizens, who comprise a fifth of the population. Using well-tailored outreach efforts to encourage registration, inoculations were achieved. Israel’s ultra-Orthodox Jewish community, which was hit very hard by the pandemic, was also projected to be a population that might resist vaccinations. Surprisingly, however, for the most part this did not occur.

Furthermore, do not forget Israel is the “Start-Up Nation.” There are many ways Israel is responding with predictable ingenuity, innovating solutions needed to fight COVID-19. These include a 20-second rapid test for use with travelers at airports, developing new drugs to treat COVID patients and, on the horizon, a potential new vaccine.

In our interconnected world, other countries can learn from the strategies and practices implemented in Israel. Leaders everywhere are struggling to contain this deadly virus. Israelis understand hardships happen, but believe that ultimately, they will prevail. That is a lesson many in the United States are learning now.

**DONATIONS FOR UNACCOMPANIED MIGRANT CHILDREN**

**(AGES 5-13, GIRLS AND BOYS) AT THE SAN DIEGO CONVENTION CENTER**

Ohr Shalom is an official drop-off center for donations. Most of the people are between the ages of 5 and 13, both boys and girls. They need supplies to keep them entertained while they await reunification with sponsors. *Please make sure to call the office before coming by to drop off items.*

All monetary donations should be made through SBSCS <http://www.SBCSSanDiego.org/>

Here is the list of specific items ORR (Office of Refugee Resettlement) is looking for:

- Duffle Bags
- Toys - Preferably plastic and easy to wipe down to minimize germs
- Clothes for 5-13-year-olds, boys and girls (mainly girls)
- Board Games



**KITCHENWARE DONATION DRIVE FOR KITCHENS FOR GOOD**

Declutter your kitchen and live sustainably while supporting **Kitchens for Good**. They are seeking donations of your preloved kitchenware and dinnerware – pots and pans, utensils, plates, appliances, that pizza stone you never use! These items will be sold at *Kitchens for Good Preloved Pop-Up* shop on **May 26th-30th**, which will feature specialty food items prepared by apprentices and a curated collection of must-have preloved items. For more information about the drive, what to donate, and where Kitchens for Good is located, go to: <https://kitchensforgood.org/kitchenware-donation-drive/>.



Sales from the Kitchens for Good Pop-Up will support their healthy hunger relief and apprenticeship training programs.

**TAY ACADEMY**



COVID-19 has changed many things for TAY. Before the pandemic, members of Ohr Shalom supplied weekly hot meals, blankets in winter, travel-size toiletries, new socks and underwear, and money to help supply those things to the 14-24-year-old youth TAY serves.

TAY staff, within the confines of safety and health, is still able to provide counseling and other services, including some “grab and go” food. Even though we haven’t been able to donate meals during this period, TAY still needs our help. If you are able to help, please contact Marilyn Shelden at [marilyn.shelden@gmail.com](mailto:marilyn.shelden@gmail.com) or the Ohr Shalom office.

**ONGOING FOOD DRIVE FOR JFS**

The current pandemic has forced thousands of families and older adults into food insecurity. Every week, 1,700 people rely on Jewish Family Service nutrition services – this is a 309% increase in the number of San Diegans served before COVID-19. Drive-thru distribution and home-delivered meals program are counting on your support to meet the urgent needs of our community. If you are financially able, please continue to help by giving online at <https://www.jfssd.org>.

*These are some of the items that are needed most:*

**Canned Goods:** Tuna, Chicken, Meat, Fruits, Vegetables, Broth

**Boxed Items:** Baking Mixes, Whole Grain Crackers, Cereal, Rice, Pasta, Other Grains

**General Items:** Peanut Butter, Mac ‘n Cheese, Ramen, Dried Fruit/Nuts, Granola, Protein Bars

**OHR SHALOM TREE OF LIFE**

Celebrate a special moment in your life!  
Leaves are available for purchase.  
Call the office for more information.  
(619) 231-1456



**Sponsor Kabbalat Shabbat or Shabbat Morning Services**

Shabbat sponsorships are available. Honor birthdays, anniversaries, yahrzeits and other occasions with Ohr Shalom. Your sponsorship will be recognized in the E-Kol and by Rabbi Meltzer on Shabbat.

*Call or email the office to sponsor.*

*Click here to donate by PayPal or Credit Card*



## TODAH RABAH AND LIFE CYCLE EVENTS (CONT.)

### Thank you for your generous donations in April:

#### SYNAGOGUE FUND

Kathy Futral

**In loving memory of Betty Feldmar**

Toni and Don Goldstein

**In loving memory of Gertrude Weinstein**

**In loving memory of Gussie Gordon**

**In loving memory of Leah Glickman Goldman**

Harriet and Sheldon Wolpoff

**In loving memory of Elsie Hirsch**

Susie and Eli Meltzer

Ray and Marcia Sachs

**In loving memory of Abraham Horn**

Jerry Horn

**In loving memory of Moshe Green**

**In loving memory of Khuna Green**

**In loving memory of Efrim Green**

Raisa Green

**In loving memory of Abraham Zemach**

**In loving memory of Leon Greene**

Marilyn and Richard Greene

**In loving memory of Rosie Arntstein**

**In loving memory of Jaime Najmias**

**In loving memory of Cecilia Katz**

Sara Arntstein

**In loving memory of Jimmie Semel**

Bernie Semel

**In loving memory of Alex Capelluto**

Stella and Tito Salzmänn

**In loving memory of Rochelle Wolf**

Allan Wolf

**In loving memory of**

**Rivkah-Yehudit Sheehan**

Anita Nemoy and Justina Nemoy

**In loving memory of Ron Meltzer**

**In loving memory of Gerald Meltzer**

**In loving memory of Michael Jacobs**

Marilyn Adler Lindberg

**In honor of Elisheva Edelson**

Susanne and Ruben Lisker

**Thank you to Rabbi Meltzer**

**for Baby Naming**

Rachel and Adam Stone

**In celebration of the life of**

**Tchotchke Meltzer**

Love and Matthew Zubiller

**Thank to Rabbi Meltzer**

**for Bar Mitzvah**

Jacobo and Karla Jajati

**RABBI'S DISCRETIONARY FUND**

Harriet and Sheldon Wolpoff

**In honor of the bris of Teddy Cramer**

Stuart Rubenstein

**Thank You**

Jose and Sonia Zyman

**RELIGIOUS SCHOOL SCHOLARSHIP**

**In honor of Michael David's**

**birthday and Yom Ha'Atzmaut**

Michael and Leah Golembesky

**CHESED/COMMUNITY CARING**

Marvin Yudkovitz & Judy Gaines

**TODAH RABAH TO OUR**

**SHABBAT SPONSORS:**

Seanha and Ben Adelstein

Alice Broudy and Ric Cupples

Judy Gaines & Marvin Yudkovitz

*We apologize for any omissions.*

*Todah Rabah* to our April Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Minyan Minute and Minyan Leaders:

LeAnne Adams

Aviva Angel

Hillel Angel

Jeanne Argoff

Ilan Awerbuch

Jonathan Geiger

Elizabeth Green

Beto Hamui

Joe Hartman

Jerry Horn

Rebecca Iden

Koba

Cheryl Katz

Morris Lazard

Susanne Lisker

Eli Meltzer

Jennifer Meltzer

Susie Meltzer

Ivan Mendelsohn

Lynn Mendelsohn

Rachel Millstone

Amy Morris

Bill Morris

Ya'ara Oren

Rocky Reid

Ruben Rosental

Brian Stannard

Rabbi Cantor Cheri Weiss

Dan Weiss

Jonah Weinberg

Margalit Wollner

Marvin Yudkovitz

Jane Zeer

## Yahrzeits

Cecilia Arntstein de Katz	Becky Margolis' Mother and Remembered by Sara Arntstein .....	1-May/19 Iyar
*Emma Bielaz	Efrain Bielaz' Wife and Simon Bielaz, Wolf Bielas and Mina Cohen's Mother .....	1-May/19 Iyar
*Estelle Dunst	Remembered by Ohr Shalom .....	1-May/19 Iyar
Arthur Mostel	Linda Kucinski's Father .....	1-May/19 Iyar
Sidney Siegel	Edward Siegel's Father .....	1-May/19 Iyar
Yankel Stavchansky	Danny Kucinski's Grandfather .....	1-May/19 Iyar
David Altalef	Remembered by Aaron Rubinstein .....	2-May/20 Iyar
*Cydelle Blum	Stephen Blum's Mother .....	2-May/20 Iyar
*Alexander Capelluto	Stella Salzmänn's Nephew .....	2-May/20 Iyar
Arthur Karns	Remembered by Marda Rose .....	2-May/20 Iyar
Elene Solomon	Naima Solomon's Grandmother .....	2-May/20 Iyar
Jose Feferman	Elena Waisbord's Father .....	3-May/21 Iyar
Nehemias Heyman	Stan Heyman's Father .....	3-May/21 Iyar
*Raquel Levy	Vicky Cohen's Sister .....	3-May/21 Iyar
Robert Samuel Chall	Jayson Chall's Father .....	4-May/22 Iyar
Alan Vann	Lewis Vann's Father .....	4-May/22 Iyar
Jennie Goldberg	Karen Rund and Susie Meltzer's Grandmother .....	5-May/23 Iyar
Manuel Waisbord	Silvia Waisbord's Husband and Daniel Waisbord's Father .....	5-May/23 Iyar
Glenn Weinberg	Judy Gaines' Father .....	5-May/23 Iyar
Elizabeth Wisinski	Esther Siegel's Mother .....	5-May/23 Iyar
Jerry Hirsch	Remembered by Evelyn Schwimmer .....	6-May/24 Iyar
Edye Mayers	Sherry Berlin's Sister .....	6-May/24 Iyar
Joseph Razinsky	Elias Razinsky's Father and Matthew Razinsky's Grandfather .....	6-May/24 Iyar
Herbert Shaw	Peter Shaw's Father .....	6-May/24 Iyar
Fay Siegel	Edward Siegel's Mother .....	6-May/24 Iyar
Isidor Spellman	Roberta Greene's Grandfather .....	6-May/24 Iyar

# YAHREZEITS

Marcia Vann	Lewis Vann's Mother .....	6-May/24 Iyar
Esther Berman Levy	Alberto Levy's Mother .....	7-May/25 Iyar
Claire Cohen	Tricia Pummill's Grandmother .....	8-May/26 Iyar
Dorothy Yudkovitz	Marvin Yudkovitz's Mother .....	8-May/26 Iyar
Jalla Zyman	Pepe Zyman's Mother .....	8-May/26 Iyar
Albert Goodman	Alice Broudy Cupples' Uncle .....	9-May/27 Iyar
*Morris Rossen	Janice Boner's Father .....	9-May/27 Iyar
Joseph Zouari	Remembered by the Bunton Family .....	9-May/27 Iyar
Jose Chayet	Zack Chayet's Brother .....	10-May/28 Iyar
*Sam Ressler	Jeffrey Ressler's Father .....	10-May/28 Iyar
Zelda Berman	Remembered by Roz Berman .....	11-May/29 Iyar
*Helen Rosenfeld Horn	Jerry Horn's Mother .....	12-May/1 Sivan
Julio Slovatzki	Miguel Slovatzki and Rafael Slovatzki's Father .....	12-May/1 Sivan
Roger Van Vloten	Alex Van Frank's Father .....	12-May/1 Sivan
Rita Kublin	Remembered by Roz Berman .....	13-May/2 Sivan
*Helmut May	Miriam Burakoff's Father .....	13-May/2 Sivan
Richard Schriger	Geoffrey Sternlieb's Father .....	13-May/2 Sivan
*Hal Wingard	Eileen Wingard's Husband .....	13-May/2 Sivan
Dawn Escoffery	Yvonne Scarlett's Aunt .....	14-May/3 Sivan
Jennie Kohen	Marda Rose's Grandmother .....	14-May/3 Sivan
Zel Camiel	Judi Gottschalk's Uncle .....	15-May/4 Sivan
Ofelia Palmer	Sara Zands' Mother .....	15-May/4 Sivan
Rabbi Dr Nathaniel Pollack	Remembered by Lynn and Ivan Mendelsohn .....	15-May/4 Sivan
Boleslaw Ratniewski	Alfredo Ratniewski's Father .....	15-May/4 Sivan
*Corinne Bunton	Remembered by the Bunton Family .....	16-May/5 Sivan
Rose Bookbinder	Sue Brown's Grandmother .....	17-May/6 Sivan
Szymon Brzezinski	Eva Brzezinski's Father .....	17-May/6 Sivan
Carole Eisenberg	Brad Eisenberg's Mother .....	17-May/6 Sivan
Sophie Harrari Bookspan	Galiah Bukszpan's Mother .....	17-May/6 Sivan
Gary Himelfarb	Steve Fox's Uncle .....	18-May/7 Sivan
Pablo Brener	Sara Fainstein's Cousin .....	19-May/8 Sivan
Hermosa Farka	Fortune Milstein's Sister .....	19-May/8 Sivan
Gloria Giraldi	Bethann Giraldi's Mother .....	19-May/8 Sivan
Lois Roberts	Bill Morris' Sister .....	19-May/8 Sivan
Tonia Avidgor	Alain Avidgor's Mother .....	20-May/9 Sivan
Jakov Broudy	Alice Broudy Cupples' Great Grandfather .....	20-May/9 Sivan
Efim Green	Raisa Green's Son .....	20-May/9 Sivan
Lilian Shemtov	Michal Hamui's Mother .....	20-May/9 Sivan
Steve Conway	Remembered by Roberta Shoman .....	21-May/10 Sivan
Adela Sack Rener	Fay Rozen's Mother .....	21-May/10 Sivan
*Grace Sunny Polichar	Raulf Polichar's Sister .....	22-May/11 Sivan
Salomon Gurvich	Remembered by the Veinbergs Family .....	24-May/13 Sivan
*Joseph Wright	Donald Wright's Father .....	24-May/13 Sivan
Joseph Bernstein	Steven Bernstein's Father .....	25-May/14 Sivan
Newton Broudy	Alice Broudy Cupples' Great Uncle .....	25-May/14 Sivan
Morris Kuritsky	Lloyd Kuritsky's Father .....	25-May/14 Sivan
Irene Turner	Remembered by Roz Berman .....	25-May/14 Sivan
Lillian Zeidler	Elaine Smith and Janice Zipp Cannizzaro's Aunt .....	25-May/14 Sivan
Fancine Lanar	Remembered by Marvin Yudkovitz .....	26-May/15 Sivan
Bess Maxwell	Alice Broudy Cupples' Grandmother .....	26-May/15 Sivan
Joan Sourasky Salomón	Eva Brzezinski's Mother .....	26-May/15 Sivan
*Louis Greenberg	Laurie Slade's Grandfather .....	27-May/16 Sivan
Paul Pascal	Jeanne Argoff's Grandfather and Gillian Argoff-Treseder's Great-Grandfather .....	27-May/16 Sivan
Louis Bernstein	Ilene Galler's Father .....	28-May/17 Sivan
Stephen Jay Horrow	Remembered by Nathan Weiss .....	28-May/17 Sivan
*Menachem Conorte Maya	Simon Bielaz, Wolf Bielaz and Mina Cohen's Grandfather .....	28-May/17 Sivan
Howard Mostel	Linda Kucinski's Uncle .....	28-May/17 Sivan
*Jeanette Goldberg	Susie Meltzer and Karen Rund's Mother, Rabbi Meltzer and Brett Meltzer's Grandmother .....	29-May/18 Sivan
*Aaron Kahn	Tania Kahn's Father .....	29-May/18 Sivan
*Justin Keith Ressler	Jeffrey Ressler's Nephew .....	29-May/18 Sivan
Fernando Schottland	Debbie Pienknagura's Father .....	29-May/18 Sivan
Rita Zemach	Marilyn Greene's Mother .....	30-May/19 Sivan
Eva Zipp	Elaine Smith and Janice Zipp Cannizzaro's Aunt .....	30-May/19 Sivan
Bluma Chayet	Zack Chayet's Mother .....	31-May/20 Sivan
*Hyman Cohen	Gail Kalker's Grandfather .....	31-May/20 Sivan
Moises Katz	Becky Margolis' Father .....	31-May/20 Sivan
Hersch Beer Lisker	Ruben Lisker's Father .....	31-May/20 Sivan
Lisa Spar	Lori Carnot's Mother .....	31-May/20 Sivan
Nathaniel Wollman	Remembered by Alice Broudy Cupples .....	31-May/20 Sivan

\* denotes a memorial plaque was purchased in memory of a loved one



**CALENDAR OF EVENTS**

**May 2021**

Iyar 5781/Sivan 5781

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

**Shavuot Schedule**

**Erev Shavuot:**  
**Sunday, May 16**

7:00-7:30pm Service  
 7:30-8:00pm Baking with Rabbi

**Shavuot I:**  
**Monday, May 17**

9:30am Morning Service

**Shavuot II:**  
**Tuesday, May 18**

9:30am Morning Service  
 and Yizkor



1 19 Iyar  
**Parshat Emor**  
 Omer Day 34  
 Shabbat Service 9:30am  
**Bat Mitzvah:**  
**Hannah Dean McLeod**  
 2:00pm  
 8:13pm

2 20 Iyar  
 Omer Day 35  
 Religious School 9:30am  
 Harry Potter Reading  
 Hour (All-Ages) 5:00pm  
 Minyan 6:15pm

3 21 Iyar  
 Omer Day 36  
 Storytime with  
 Jennifer Meltzer 3:00pm  
 Minyan 6:15pm  
 Choir Practice 6:45pm  
 Kadima Game Night  
 7:00pm

4 22 Iyar  
 Omer Day 37  
 Minyan 6:15pm  
 Meditation with  
 Alex van Frank 7:00pm

5 23 Iyar  
 Omer Day 38  
 Ad Ed: Daf Yomi 10:00am  
 Balance 10:30am  
 Storytime with  
 Jennifer Meltzer 3:00pm  
 Harry Potter Reading  
 Hour (All-Ages) 5:00pm  
 Minyan 6:15pm  
 Game Night 7:00pm

6 24 Iyar  
 Omer Day 39  
 Religious School 4:30pm  
 Minyan 6:15pm  
 Jerusalem in Prayer and  
 Song with  
 Elisheva Edelson  
 7:30pm

7 25 Iyar  
 Omer Day 40  
 Slow Read Book Club  
 1:00pm  
 Office Closes 2:00pm  
 Kabbalat Shabbat  
 Service "Ask the Rabbi"  
 6:15pm  
 7:17pm

8 26 Iyar  
**Parshat Behar-  
 Bechukotai**  
 Omer Day 41  
 Shabbat Service 9:30am  
**Bar Mitzvah:**  
**Joshua Treseder**  
 2:00pm  
 8:18pm

9 27 Iyar  
**Mother's Day**  
 Omer Day 42  
 No Religious School  
 Harry Potter Reading  
 Hour (All-Ages) 5:00pm  
 Minyan 6:15pm

10 28 Iyar  
**Yom Yerushalayim**  
 Omer Day 43  
 Storytime with  
 Jennifer Meltzer 3:00pm  
 Minyan 6:15pm  
 Choir Practice 6:45pm  
 Kadima Game Night 7:00pm  
 Knitzvah Group 7:00pm

11 29 Iyar  
 Omer Day 44  
 Illness and Healing  
 Book Group 10:00am  
 Minyan 6:15pm  
 Meditation with  
 Alex van Frank 7:00pm

12 1 Sivan  
**Rosh Chodesh Sivan**  
 Omer Day 45  
 Adult Ed: Daf Yomi 10:00am  
 Balance 10:30am  
 Storytime with  
 Jennifer Meltzer 3:00pm  
 Harry Potter Reading  
 Hour (All-Ages) 5:00pm  
 Minyan 6:15pm  
 Teen Lounge 7:30pm

13 2 Sivan  
 Omer Day 46  
 Religious School 4:30pm  
 Minyan 6:15pm

14 3 Sivan  
 Omer Day 47  
 Slow Read Book Club  
 1:00pm  
 Office Closes 2:00pm  
 Kabbalat Shabbat Service  
 6:15pm  
 7:22pm

15 4 Sivan  
**Parshat  
 Bamidbar**  
 Omer Day 48  
 Shabbat Service 9:30am  
 Tot Shabbat 3:00pm  
 8:23pm

16 5 Sivan  
 Omer Day 49  
**Erev Shavuot**  
 Religious School 9:30am  
 Harry Potter Reading  
 Hour (All-Ages) 5:00pm  
 Tikkun Leyl  
 Shavuot 7:00pm  
 7:23pm

17 6 Sivan  
**Shavuot I**  
 Shavuot Morning  
 Service 9:30am  
 8:24pm

18 7 Sivan  
**Shavuot II**  
 Shavuot Morning  
 Service with Yizkor  
 9:30am  
 8:25pm

19 8 Sivan  
 Adult Ed: Daf Yomi  
 10:00am  
 Balance 10:30am  
 Storytime with  
 Jennifer Meltzer 3:00pm  
 Harry Potter Reading  
 Hour (All-Ages) 5:00pm  
 Minyan 6:15pm  
 Game Night 7:00pm

20 9 Sivan  
 Religious School 4:30pm  
 Minyan 6:15pm  
 Jerusalem in Prayer and  
 Song with  
 Elisheva Edelson  
 7:30pm

21 10 Sivan  
 Slow Read Book Club  
 1:00pm  
 Office Closes 2:00pm  
 Kabbalat Shabbat  
 Service 6:15pm  
 7:27pm

22 11 Sivan  
**Parshat Nasso**  
 Shabbat Service 9:30am  
 Tot Shabbat 3:00pm  
 8:28pm

23 12 Sivan  
 Religious School 9:30am  
 Readings with the Rabbi  
 10:30am  
 Harry Potter Reading  
 Hour (All-Ages) 5:00pm  
 Minyan 6:15pm

24 13 Sivan  
 Storytime with  
 Jennifer Meltzer 3:00pm  
 Minyan 6:15pm  
 Choir Practice 6:45pm  
 Kadima Game Night  
 7:00pm  
 Knitzvah Group 7:00pm

25 14 Sivan  
 Illness and Healing  
 Book Group 10:00am  
 Minyan 6:15pm  
 Meditation with  
 Alex van Frank 7:00pm

26 15 Sivan  
 Adult Ed: Daf Yomi 10:00am  
 Storytime with  
 Balance 10:30am  
 Jennifer Meltzer 3:00pm  
 Harry Potter Reading  
 Hour (All-Ages) 5:00pm  
 Minyan 6:15pm  
 Teen Lounge 7:30pm

27 16 Sivan  
 Religious School 4:30pm  
 Minyan 6:15pm

28 17 Sivan  
 Slow Read Book Club  
 1:00pm  
 Office Closes 2:00pm  
 Kabbalat Shabbat  
 Service 6:15pm  
 7:31pm

29 18 Sivan  
**Parshat  
 Beha'alotcha**  
 Shabbat Service 9:30am  
 Tot Shabbat 3:00pm  
 8:32pm

30 19 Sivan  
 No Religious School  
 Harry Potter Reading  
 Hour (All-Ages) 5:00pm  
 Minyan 6:15pm

31 20 Sivan  
**Memorial Day**  
 Office Closed

1 21 Sivan  
 Illness and Healing  
 Book Group 10:00am  
 Minyan 6:15pm  
 Meditation with  
 Alex van Frank 7:00pm

2 22 Sivan  
 Adult Ed: Daf Yomi  
 10:00am  
 Balance 10:30am  
 Storytime with  
 Jennifer Meltzer 3:00pm  
 Harry Potter Reading  
 Hour (All-Ages) 5:00pm  
 Minyan 6:15pm

3 23 Sivan  
 Religious School 4:30pm  
 Minyan 6:15pm  
 Jerusalem in Prayer  
 and Song with Elisheva  
 Edelson 7:30pm

4 24 Sivan  
 Slow Read Book Club  
 1:00pm  
 Office Closes 2:00pm  
 Kabbalat Shabbat  
 Service "Ask the Rabbi"  
 6:15pm  
 7:35pm

5 25 Sivan  
**Parshat Shelach**  
 Shabbat Service 9:30am  
 Tot Shabbat 3:00pm  
 8:36pm