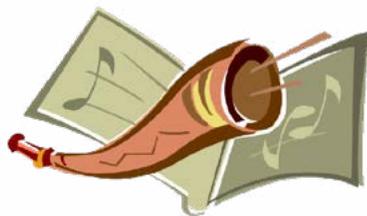


## Selichot Service

Saturday,  
September 12, 7:30pm

Join Rabbi Meltzer and Members of Ohr Shalom in singing traditional prayers of forgiveness in preparation for the coming High Holy Days, with a special musical presentation from **Eileen Wingard**, and the sounding of the shofar.



## OHR SHALOM VIRTUAL PROGRAMMING

Until further notice, all Ohr Shalom programming – including Shabbat Services, Daily Minyan, adult and youth group programming – will continue to take place via Zoom. For the most up-to-date scheduling information, please watch your email or check the online schedule on the Ohr Shalom website ([www.ohrshalom.org](http://www.ohrshalom.org)).

To join us online for services and most adult programs, click the link: <https://SDSU.zoom.us/j/825725847>

It will automatically add you to the ZOOM conference with your video off. If you would like to be seen by the other participants, click “Start Video.”

If you would prefer to join the group by telephone, dial: (669) 900-6833, Meeting ID: 825 725 847. You will participate without video.

**If you need help using Zoom, please let us know. At this time of physical distancing, this is one way we can continue to connect with each other.**



# DAVAR MEGILLAH

SEPTEMBER 2020 • MONTHLY NEWSLETTER • ELUL 5780/TISHREI 5781

## אָבִינוּ מַלְכֵנוּ – AVINU MALKEINU

By Rabbi Scott Meltzer

As we approach the New Year we are each called upon to reflect on our own life, our choices in the year past. Each year as we remember, as we soul-search, as we plumb the depth of our own story, we marvel at how much has changed, and how much has stayed the same.

In this respect, this year is no different than any other. As the Ten Days of Repentance approach, as we prepare to hear the *shofar* blast in the New Year, and pray that we should be written in the Book of Life for a good new year of health and blessings, and as we prepare to fast on Yom Kippur, and pray that those blessings should be sealed in that book, we renew our effort to do teshuvah.

These are the days, when we open ourselves up to the deepest of reflection, we pray in the metaphor of *Avinu Malkeinu* – the metaphor of “Our Father, our King,” “Our Ultimate Parent and Ruler,” “The One Who Guides and Commands.” However we understand this poetic image, we know that so much of our life is beyond our control, and we beseech you, Avinu Malkeinu, for blessing.

Be Gracious and Answer Us –  
*Choneinu Va'aneinu* –  
חֲנֹנֵנוּ וְעֲנֵנוּ

Please, please, we stand in ever greater awareness of our smallness. We open our mouths to pray – to articulate our fears, needs and hopes. We express from our soulfulness, longing to find the Universe will absorb our prayers, hear them, and will respond in the coming year from a place of caring and nurturing.

Because Our Deeds are Not all Good –  
*Ki Ayn Banu Ma'asim* –  
כִּי אֵין בָּנוּ מַעֲשִׂים

With a contrite spirit, frank disclosure, sincere insights from loved-ones and guides, I acknowledge my misdeeds. I am working to recall, recant, repair and redirect all of the errors, sins, failings, negativities, closed-minded acts and comments, and so much more.

I approach these days not with the pride of what I have accomplished, but with a growing awareness, an awakening, of where I have come up short, when I acted poorly, how much more I should have done.

I look at those closest to me, and I know that my love for them inspires me to be better, to let that love be more readily apparent at all times, expressed in giving of self, in patience,

*Rabbi's Message continued on Page 9*

## Shanah Tovah 5781

Wishing our Ohr Shalom family a healthy, sweet, good year!



See pages 3 for our High Holy Days schedule of services and events.



## WORDS FROM THE PRESIDENT

**Lynn Mendelsohn**  
President

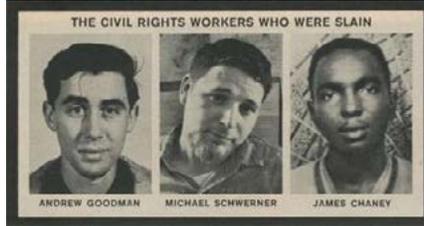
# JEWES HAVE BEEN STRONG PARTNERS IN THE BLACK QUEST FOR EQUAL RIGHTS, PART 2

Today's crisis over the treatment of African Americans brings to mind the early 1960's. In those days, many initiatives – the 1956 Montgomery bus boycott led by Rev. Martin Luther King, Jr., the lunch counter sit-ins of 1960, the interstate bus "Freedom Rider" summer of 1961 – were undertaken by black rights organizations, including the NAACP, CORE, SNCC and the SCLC. Whites also were engaged, and a large percentage of those whites were Jewish.

Allard Lowenstein was born in Newark, New Jersey, in January 1929 to Lithuanian Jewish immigrant parents. Although he graduated from Yale Law School, he was more interested in social justice than in a legal career. In 1963, Lowenstein visited Mississippi. Appalled that fewer than 7% of eligible blacks in the state were registered to vote, Lowenstein went to Jackson to work on election reform. There, with Robert Moses, a black SNCC organizer with a philosophy degree from Harvard, he created the 1964 Mississippi Summer Project, aimed at recruiting 1,000 college students, training them, and sending them to Mississippi to staff "freedom schools" to teach blacks about their constitutional rights. The project was funded by the Council of Federated Organizations (COFO), a coalition of civil rights organizations.

In April 1964, Lowenstein gave a recruiting lecture for the Summer Project at Queens College, New York.

The speech greatly affected 20-year-old



Andrew Goodman, a sophomore, and he signed on. Goodman came from an Upper West Side Jewish family. Despite owning a profitable construction company, the Goodmans were political leftists. Charming, outgoing, and intelligent but unformed, Andrew was searching for a cause toward which to direct his considerable pro-social skills.

The Summer Project's first 100 recruits attended training from June 14 to 19, 1964, at Western College for Women, Oxford, Ohio. As a member of this group, Andrew Goodman heard pep talks, learned about nonviolence, and roll-played to develop self-defense skills to cope with living in a state where the Ku Klux Klan was on the ascendancy. Instructors were activists already in the field, such as Robert Moses, Eric and Elaine Weinberger, long-time CORE workers stationed in Canton, Mississippi, and Michael and Rita Schwerner, a New York Jewish couple representing CORE in the City of Meridian.

Aged 23, Michael Schwerner came from Westchester County, New York. His family operated a wig manufacturing

*Lynn's Message continued on Page 8*



SEPTEMBER 2020 **DAVAR**  
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*This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.*

## High Holy Day Gifts

In lieu of High Holy Day Flowers this year, Ohr Shalom is putting together small **High Holy Day gifts** for each member (or member family).

If you would like to become one of the underwriters for these gifts please call the office. Underwriting opportunities start at \$180. *Gifts will be ready for pick up September 6, see page 5.*

**Volunteers needed:** We humbly request your help delivering borrowed *Machzorim* and **High Holy Day gifts** to those members unable to come to Ohr Shalom to pick theirs up.

Please let Gillian know if you are able to help and which areas you are willing to deliver to.



### Bulletin Deadlines

Committee Chairs and readers are welcome to submit articles, photos, event notices to the Davar. Please e-mail all submissions to: [davar@ohrshalom.org](mailto:davar@ohrshalom.org)

### Deadline:

- September 5 for October issue
- October 5 for November issue



# HIGH HOLY DAYS

## OHR SHALOM SYNAGOGUE

2020 HIGH HOLY DAYS SERVICES 5780-5781

### SELICHOT

Selichot Service ..... **Saturday, September 12, 7:30pm**

### ROSH HASHANAH

**Erev Rosh HaShanah ..... Friday, September 18**

Tots Welcome the New Year with Jennifer ..... **3:00pm**

Maariv ..... **6:15pm**

Rosh HaShanah Kiddush & Motzi and Zoom Dinner with Friends .. **7:15pm**

**Shabbat & Rosh HaShanah Day I - Morning Service ..... Saturday, September 19**

Pisukei Dezimra ..... **8:30am**

Shacharit ..... **8:45am**

Sermon & Torah Discussion with Rabbi Meltzer ..... **9:30am**

Torah Service ..... **10:30am**

Musaf ..... **11:30pm**

Rosh HaShanah Family Service with Jennifer ..... **11:30pm**

Concluding Prayers ..... **12:00pm**

Discussion, Study & Singing Options ..... **2:00pm**

Tot Rosh HaShanah Storytime with Jennifer ..... **3:00pm**

**Rosh HaShanah Day II - Morning Service ..... Sunday, September 20**

Pisukei Dezimra ..... **8:30am**

Shacharit ..... **8:45am**

Sermon & Torah Discussion with Rabbi Meltzer ..... **9:30am**

Torah Service with First Shofar Blasts ..... **10:30am**

Musaf with Second Shofar Blasts ..... **11:30am**

Rosh HaShanah Family Service and Shofar with Jennifer ..... **11:30am**

Concluding Prayers with Third Shofar Blasts ..... **12:15pm**

Discussion, Study & Singing Options ..... **2:00pm**

Tot Rosh HaShanah Storytime with Jennifer ..... **3:00pm**

**Tashlich - Recorded** See description on page 5

### YOM KIPPUR

**Kol Nidre - Erev Yom Kippur ..... Sunday, September 27**

Family Kol Nidre ..... **4:00pm**

Kol Nidre ..... **6:00pm**

**Yom Kippur - Morning Service ..... Monday, September 28**

Pisukei Dezimra ..... **8:30am**

Shacharit ..... **8:45am**

Sermon & Torah Discussion with Rabbi Meltzer ..... **9:30am**

Torah Service ..... **10:30am**

Yizkor ..... **11:15am**

Musaf ..... **11:30pm**

Yom Kippur Family Service with Jennifer ..... **11:30pm**

Eleh Azkarah & Concluding Prayers ..... **12:00pm**

Discussion, Study & Singing Options ..... **2:00pm**

Tot Yom Kippur Storytime with Jennifer ..... **3:00pm**

**Yom Kippur Minchah ..... 4:00pm**

**Yom Kippur Neilah ..... 6:00pm**

**Concluding Maariv, Havdalah and Shofar Blast ..... 7:00pm**

**Break Fast ..... 7:17pm**

### SUKKOT

**Erev Sukkot ..... Friday, October 2**

**Sukkot ..... Saturday, October 3**

**ALL SERVICES WILL BE HELD ONLINE.  
LINKS WILL BE EMAILED.**



## PARSHIYOT & CANDLELIGHTING September 2020



### PARSHAT KI TAVO

Fri: September 4 | 15 Elul 6:49pm

Sat: September 5 | 16 Elul

Torah: Deuteronomy 26:1 - 29:8

Haft: Isaiah 60:1 - 60:22

### PARSHAT NITZAVIM-VAYELECH

Fri: September 11 | 22 Elul 6:40pm

Sat: September 12 | 23 Elul

Torah: Deuteronomy 29:9 - 31:30

Haft: Isaiah 61:10 - 63:9

### ROSH HASHANAH I

Fri: September 18 | 29 Elul 6:31pm

Sat: September 19 | 1 Tishrei

Torah: Genesis 21:1-34

Haft: 1 Sam. 1:1-2:10

### PARSHAT HA'AZINU SHABBAT SHUVAH

Fri: September 21 | 7 Tishrei 6:21pm

Sat: September 22 | 8 Tishrei

Torah: Deuteronomy 32:1 - 32:52

Haft: Hosea 14:2-10;

Micah 7:18-20; Joel 2:15-27

## OHR SHALOM'S CHOIR!

Our Ohr Shalom Choir is fun and refreshing, and we hope you join us! Everyone is invited – Ohr Shalom members, friends and relatives!

**Come join us on Mondays at 7:00pm on Zoom. You'll be happy you did!**

**September Dates**  
**September 14**  
**September 21**



Follow us on Facebook for the weekly e-Kol, details of upcoming events and pictures of past events.

Go to: [www.facebook.com/ohrshalomsynagogue](https://www.facebook.com/ohrshalomsynagogue)





## RITUAL COMMITTEE

Shoshanah Feher Sternlieb  
Ritual Chair

### COMING TOGETHER AT THE HIGH HOLY DAYS THIS YEAR

Every summer, the Ritual Committee works towards making the High Holy Days meaningful and to ensure services go smoothly. In the past few years, we have also focused on increasing our security measures as a result of the unfortunate uptick in anti-Semitic acts of violence. This year, we have added health safety to our list of concerns. Working in tandem with the Re-Opening Task Force, the Ritual Committee has grappled with how to maximize everyone's health safety during our High Holy Days. At the beginning of the summer, it was unclear whether we'd have the opportunity to hold services in the sanctuary. As of this writing, sadly, it is clear that we won't.

Most synagogues have turned to a live streaming platform in which you can watch the services without the distraction of seeing other congregants on the screen. Here at Ohr Shalom, however, we have decided to continue with the Shabbat service format and Zoom our High Holiday Days services. Why? Precisely because you get to see the other congregants! As a result, we can sing together and pray together. We feel it better reflects Ohr Shalom's spirit of community, even if it means we can hear congregants sing off tune (just like in regular services). From our devices, we will see Rabbi Meltzer in the sanctuary and Cantor Furmansky in New York. Torah readers and service leaders will be given the option to Zoom from the *bimah* if they are comfortable, while others will lead or chant from their homes.

Please be assured that we are following strict health protocol and CDC guidelines for participating in the sanctuary.

Please contact the Ohr Shalom office if you need help getting connected to our services.

- ✧ If you need help using Zoom, let us know.
- ✧ If you are unable to join us via computer, you can join by telephone.
- ✧ If you would like to join us via computer but lack the technology to do so, let us know and we will find a way to outfit you.

Here's to a new High Holy Days experience and to innovative ways to create community and ensure a meaningful holiday. Thank you to the Ritual Committee and the Re-Opening Task Force for helping us come together in song and celebration at this challenging time.

L'Shana Tova!

## HIGH HOLY DAYS CONT.

### THE HIGH HOLY DAYS "AT HOME" *with Ohr Shalom*

by Lynn Mendelsohn

Ohr Shalom is putting the final touches on its plans for religious services and programs for Rosh Hashanah and Yom Kippur. Those events this year will be different from any we have experienced before. On page 3 this *Davar* you will find a complete schedule for the Holidays during Zoom Times. Watch your email for instructions and for downloading a pre-recorded do-it-yourself Tashlich service.

One thing is certain about the upcoming High Holy Days: We will be spend a lot more time at home than in previous years.

Despite the COVID-19 pandemic, we still want to greet 5781 appropriately, in a mood of optimism and joy. Thus we need to combat the blandness of remaining in the too-familiar space where we have "sheltered-in-place" for six months. Ohr Shalom has some suggestions for how we can create for ourselves a special New Years' space, get into a proper mood, promote contemplation and gratitude, and make the Holidays truly memorable. So here are our....

Steps Toward Celebrating a Fulfilling High Holy Days at Home

1. Pick up your *Mahzorim* and complementary High Holy Days gift from Ohr Shalom. If you are not able to come to the synagogue [see page 5 in the *Davar*], please call the office to make sure that one of our wonderful volunteers can bring them to you. Learn the schedule of services and try the recipes. Enjoy the food goodies!
2. Make sure that each person in your house gets something new: Perhaps an article of clothing that will be visible on Zoom, or something else altogether that will make them happy. By all means, dress up for services to remind yourself of the sacred nature of those days!
3. Tidy up your space, especially the room where you will receive services. Almost certainly, a pile of *something* has been lurking in a corner of the room, on top of a dresser, or behind your desk. Put it, or throw it, away. A clean place makes for an uncluttered mind.
4. Equip your kitchen for the Holidays. Purchase fruits and/or vegetables that you don't ordinarily eat. Splurge on a food item that you tend to pass up because it is a bit expensive. Plan sumptuous meals, even if you have to order out.
5. Select something inspirational to read. You will have a bit more free time on each Festival Day this year than is usual. Use the time wisely by picking a book you ordinarily wouldn't read. Perhaps a biography of someone you admire, or a book of poetry, or a "self-help" book that contains an even longer list of suggestions for improving your life and health.
6. Think up a spiritual "homework" assignment for yourself. Perhaps a stubborn pile of *something* has become entrenched in a corner of your soul. This cleaning job will be much harder to accomplish than tidying your home space, but you can get started.
7. Plan to tune in, on Zoom or using your phone, to as many Ohr Shalom offerings as you can. Everything there has been designed to keep you in touch with your community, help you achieve the mood of prayerfulness and gratitude that mark the season, and guide you Jewishly into a promising newborn year.

From the Board, Rabbi Meltzer, and the staff members of the Religious School and Administrative Office of Ohr Shalom, best wishes for a healthy, successful, happy and out-and-about-in-the-world-once-again New Year.

L'Shanah Tova

## SHOFAR - SHOFUN!

**PICK UP MACHZOR AND HIGH HOLY DAY GIFT, HEAR THE SHOFAR, AND ENJOY "SOCIALLY DISTANCED" ICE CREAM!**

**Sunday, September 6, 11:00am-1:00pm**  
**Monday, September 7, 2:00-4:00pm**  
**Sunday, September 13, 5:30-7:30pm**

On these days, stop-by Ohr Shalom and visit three stations:

- **Station 1:** Our Shofar blowers will blast a call on the hour and half hour from the front steps by the sanctuary at Third and Laurel.
- **Station 2:** Machzorim to borrow and gifts will be available at the Ohr Shalom patio gate. *(You may also drop your JFS Food Drive items off at this station.)*
- **Station 3:** Ohr Shalom is hosting an ice cream truck at 3rd and Maple for a sweet New Year! *\*Please do not stay and schmooze after you eat your ice cream. Please return to your car to clear the parking space, and make room by the ice cream truck for those still arriving.*

We ask that you maintain 6 feet of physical distance during this event and abide by the markings on the sidewalk we have made. Masks fully covering nose and mouth must be worn at all times except while eating!

**Sign Up to Participate:** Here is the link to sign-up for a time. Please note, that the first 30 minutes of each date have been reserved for those over 60 or in an at-risk medical group. <https://www.signupgenius.com/go/5080D4BA8A62FA2FA7-shofarshofun>

**Social distancing and mask-wearing protocols must be adhered to during your time at this event. We ask that you not congregate and mingle.**

If you have questions, prefer to pick up your borrowed Machzorim and gifts from the Ohr Shalom office during the week, or need to have these items delivered (*sorry, no ice cream deliveries*), please email the office at [office@ohrshalom.org](mailto:office@ohrshalom.org).

## EREV ROSH HASHANAH ZOOM DINNER WITH FRIENDS

**Friday night, September 18, 7:00pm**

Join us in the Ohr Shalom Zoom Room after services to share the blessings and begin Rosh HaShanah Dinner together. We will make kiddush and motzi, dip some apples in honey, and wish each other a good, sweet New Year. We will also leave the Zoom Room open for those who would like to stay online and enjoy the holiday meal in your home, with others from their homes, all online.

## KEVER AVOT V'IMAHOT COMMUNITY MEMORIAL SERVICES

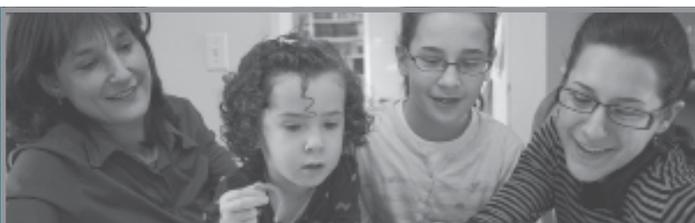
**Sunday, September 27  
at 10:00am**

Services will take place online this year.  
Watch for more information to come.



**Tashlich Service** The symbolic casting away of our sins, with bread at the bay, is a personal, private, reflective experience. This year, rather than gathering together as a Congregational group, we are encouraging and empowering everybody to find their own time and space for *Tashlich*. In the days before Rosh HaShanah, you will receive an email with information regarding the ritual, texts to sing and upon which to reflect while observing the ritual, and a link to a brief Tashlich service including Rabbi Meltzer and other members of Ohr Shalom to watch at home before, or to watch on your phone as you perform *Tashlich*. The information will include suggestions on how to perform *Tashlich* at the beach or bay, out a window or off the balcony.

**Guide to Zoom for the High Holy Days** In the coming days, you should receive the "Ohr Shalom Guide to ZOOMing on the High Holy Days." This guide will include the ten things we think everybody should know how to do to fully enjoy the High Holy Days with Ohr Shalom through Zoom, including: how to log on, change your screen name, enter through the "waiting room," mute/unmute, turn your video camera on and off, send a chat to the whole group, send a chat to an individual, and more.



Donate today, and give millions of Americans a sweet New Year - where they are not forgotten, not ignored, and certainly not hungry.

**MAZON** | A Jewish Response To Hunger

(800) 813-0557 | [mazon.org](http://mazon.org)

## SOCIAL ACTION

# HIGH HOLY DAYS FOOD DRIVE 5781

**THE DEMAND FOR  
FOOD IN SAN DIEGO  
HAS EXPLODED!**



Jewish Family Service is now one of 35 “Super Pantries” of the San Diego Food Bank and needs our donations of food more than ever. The most needed food items include:

- canned meats
- canned fish
- canned vegetables
- canned fruits
- canned soups & stews
- peanut butter
- cereal
- oatmeal
- canned beans
- pasta
- rice

This year, please bring non-perishable food to Ohr Shalom. However, if you are unable to bring your donations to Ohr Shalom, you can bring them to a neighborhood drop-off site in the following areas: Tierra Santa, College Area, El Cajon, Del Cerro, La Jolla, University City, South Bay (Chula Vista, Imperial Beach, San Ysidro). Please contact the Ohr Shalom office to let us know you'll be bringing your food donations there, or if you need to arrange to use one of the neighborhood drop-off areas (available through October 12).



## TAY UPDATE

COVID-19 has changed many things. For TAY it has heightened the needs of the youth that TAY serves. Before the pandemic, members of Ohr Shalom supplied weekly hot meals, blankets in winter, travel-size toiletries, new socks and underwear, and money to help supply those things to the 14-24 year old youth TAY serves. TAY staff, within the confines of safety and health, is still able to provide counselling and other services, including some “grab and go” food. Even though we haven't been able to donate meals during this period, TAY still needs our help. Thanks to cash donations from members, Ohr Shalom has been able to make donations totaling close to \$400.00 to TAY.

If you are able to help TAY at this time, please contact Marilyn Shelden ([marilyn.shelden@gmail.com](mailto:marilyn.shelden@gmail.com)) or the Ohr Shalom office.

## WORDS FROM THE PRESIDENT CONT.

company, Schwerner-Oppenheim, which had been founded by his great-grandfather. Michael graduated from Cornell in 1961 and studied social work at Columbia. However, having taken part with CORE in a number of sit-ins, he concluded that the civil rights struggle was his calling. At the end of 1963, Schwerner dropped out of graduate school, married his like-thinking girlfriend Rita Levant, and moved to Meridian.

In only 6 months, the Schwerners made their small “freedom school” successful, teaching math, reading, sewing, crafts and prenatal care. They recruited carpenters to repair houses, and they talked about civil rights with their black neighbors. The Schwerner home became a nightly gathering place for kids and teens. They organized a successful boycott of a local variety store that had refused to hire black clerks.

None of this escaped the notice of the local “klavern” of the White Knights, the Mississippi branch of the Klan, which dubbed Michael “Goatee” because he sported a small beard. Getting Goatee – a Jew and maybe a Communist – became their obsession.

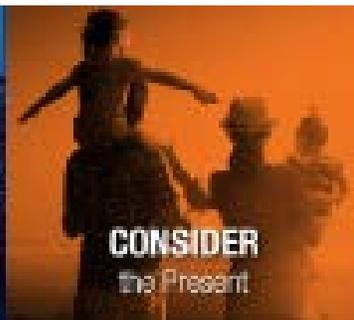
During training in Ohio, Michael Schwerner recruited Andrew Goodman to work with him in Meridian, and on Friday June 19th, Andrew drove to Mississippi with Schwerner and James Chaney, a black Catholic who, at 21, already was a veteran CORE organizer.

Schwerner, Chaney and Goodman reached Meridian safely, but, famously, on Sunday June 21st, they were apprehended near Philadelphia, Mississippi, by two Highway Safety Patrolmen, both White Knights, who recognized “Goatee.” Charged with speeding, the three were sent to jail in Philadelphia, and the Deputy Sheriff arranged to turn them over to the Knights. A contingent of Knights, most of them intoxicated, shot the three in cold blood and deposited their bodies at a dam construction site.

The Mississippi murders of the three civil rights workers – two of them Jews – caused a national outrage. Thirteen White Knights ultimately were charged in Federal Court with violating their civil rights, and seven, including the Deputy Sheriff, were convicted, though none served more than four years in prison.

In 1964, Simon and Garfunkel released their first album, *Wednesday Morning, 3 AM*. Paul Simon, who had been a classmate and casual friend of Andrew Goodman's at Queens College, included the song *He Was My Brother* to honor the three rights workers. It ends:

*He was my brother  
Tears can't bring him back to me  
He was my brother  
And he died so his brothers could be free.*





## ISRAEL DESK

Susie Meltzer  
Israel Desk

### OUR ADVENTURE TO ISRAEL: A VIRTUAL REALITY SUCCESS

I just got back from Israel, virtually. I joined other adventurous Ohr Shalom travelers on this remarkable trip sponsored by Jewish National Fund (JNF) that supports the tour guides in Israel. We spent a week with our leader Rabbi Meltzer; Monica Edelman, JNF Director San Diego and Karmit Arbel, our delightful Israeli guide. This Zoom bus excursion felt quite real and intimate thanks to Karmit's narratives as we watched impressive videos enroute. And no jetlag. We drove from the Negev to the Galilee and visited many exceptional sights along the way that rate a separate article to tell their story.

Day 1 we headed south to the Dead Sea where, besides kayakers, we witnessed sinkholes and receding shorelines caused by water levels decreasing annually that threaten this unique place. Next a stop at Masada, an important historical site on everyone's list. Then down to Paran near the Jordanian border, that has the "chutzpah" to successfully produce fruits and vegetables in the middle of a desert. Helped by JNF, the Arava International Center for Agricultural Training (AICAT) shares their secrets with scientists from around the world. We spent the night in the Zukim Artist Colony that hosts a popular film festival.

Day 2 sent us by jeep into the Negev to Mt. Karkam, with a possible sighting of Mt. Sinai and a chance to see ancient hieroglyphics. For lunch we were guests of the Culinary Queens of Yerucham, a social project in this once neglected Moroccan community that offers home hospitality, ethnic delicacies, and a cookbook. Once a second-class region, they now flourish with the arrival of Ben Gurion University. From there to the SodaStream Factory, an Israeli company that moved their manufacturing from the West Bank to Rahat and fought to transfer their Palestinian employees too. Read their story online. Then on to Sderot, living under

threat of attack on the Gaza Border. JNF transformed their bomb shelter into a secure indoor playground and community center, Israel's largest such facility. My favorite stop! We slept that night in Bedouin tents.

Day 3 took us north to see the natural beauty, art, and culture of the Galilee. It began "outdoors" with hiking at Tel Dan Archeological Site and Nature Reserve and views of Lake Kinneret. We went next to mystical Tzfat to feel the aura of spirituality, kabbalah and art. We finished with dinner in a Druze village, hearing their stories. And overnight at a spa overlooking the Golan Heights.

Day 4 we drove further northwest to the ancient Western Galilee city of Akko. We saw a Tunisian Synagogue and visited Kishor Winery, a place established to provide employment for adults with special needs. Our next stop was interesting, Moshav Shtula, home to Kurdish Jews from Iraq and Iran now living on the Lebanese border. We enjoyed a Kurdish dinner and felt the optimism created by their outdoor walls painted with bright murals for hope. There we watched a 2018 video Karmit helped create that brought together women from surrounding countries singing at Israel's border. It was inspiring.

Day 5, our last day, was in Jerusalem and we enjoyed spending it with Rabbi Meltzer. He led us on a favorite path he traveled often while living there, passing major places such as the Israeli Museum, the Knesset, the Supreme Court, and our final stop, the Kotel and hearing the importance of these extraordinary sites.

The trip was enjoyed by everyone, whether a first-time or a return visitor. There are infinite ways to experience Israel. This virtual tour is a new and a richly rewarding addition to the list. Thank you JNF.

#### Care Bags for the Homeless

Please remember our homeless neighbors again this year. Make and keep care bags in your car, with items such as bottled water, hygiene products, granola bars, etc.



#### DAILY MINYAN Sunday - Thursday at 6:15pm

Attending Daily Minyan is a huge mitzvah! The minyan operates a smartphone sign-up program using *WhatsApp*. To join the "Ohr Shalom Minyan 6:15 pm" sign-up list, contact Ivan Mendelsohn ([mendbi44@gmail.com](mailto:mendbi44@gmail.com)). Then, let us know when you will be joining the minyan so that we know that there will be 10 for a minyan that evening. Simply enter a number in *WhatsApp* for that day (eg, Morris might be "1," Bill "2," etc.).



#### Daily Poetry Minute Sign-ups Wanted

Prior to the start of our Sunday-Thursday afternoon minyan services on Zoom, an added feature that has become very popular is the Daily Poetry Reading, given by one of our members from 6:05-6:10pm. It can be a reading, poem, music, joke, or a piece of Torah insight. If you would like to deliver one of these readings, please contact **Marvin Yudkovitz** to schedule a date. You can reach him at [mayudkovitz@gmail.com](mailto:mayudkovitz@gmail.com) or send him a text to (240) 506-3042.



**CLASSES WITH**  
*Rabbi Meltzer*

**DAF YOMI**

**Wednesdays at 10:00am**

Rabbi Meltzer offers a weekly class to discuss the pages of Talmud most recently covered.

**SLOW READ BOOK CLUB WITH THE RABBI**

**Fridays at 1:00pm**

In-depth chapter discussions each week: *Judaism, Race, and Ethics: Conversations and Questions*, Edited by Jonathan K. Crane

**BLESSING FOR WEARING A FACE MASK**

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל  
שְׁמֵרַת הַנְּפֶשׁ

*Baruch ata, Adonai Eloheinu, Melech ha-olam, asher kidshanu b'mitzvotav v'tzivanu al shmirat hanefesh.*

Blessed are You, Eternal our God, Sovereign of the world, who has sanctified us with commandments, and commanded us to protect life.

This blessing was written by Rabbi Michael Knopf, rabbi of Temple Beth-El in Richmond, Virginia and a member of *Truah: The Rabbinic Call for Human Rights*. Rabbi Knopf writes: "Since protective acts like hygienic hand-washing, wearing face masks, and sheltering in place should be considered *mitzvot*, at least during this pandemic, it seems to me that they should be preceded by an appropriate blessing, just like other *mitzvot*. ... These behaviors are more than wise acts of self-preservation and kind contributions to public health; they are holy deeds, religious requirements, with the force of divine injunction." [Read more from Rabbi Knopf about this blessing at: <https://forward.com/opinion/443804/wearing-a-face-mask-youre-doing-a-mitzvah-make-a-brachah/>]



**NEW OHR SHALOM WELLNESS CLASSES**

**Meditation** with Alex van Frank

**7 Tuesdays, starting September 8, 7:00-7:30pm**

Life in the pandemic is rough and unpredictable. Let's meditate together and become more relaxed, positive, confident and perhaps even gain a new perspective.

**Alex van Frank**, C-IAYT will begin a post-minyan meditation group on **Wednesdays at 7:00pm** for half an hour.

Meditation will help you develop your intuitive wisdom, deep emotional resilience, genuine empathy, surprising creativity, and inner calm. The compassionate action of training your mind through meditation allows you to take care of yourself and has the added benefits of:

- Lowering blood pressure • Less anxiety • Lower stress levels
- More feelings of well-being • Deeper relaxation

**Join Zoom Meeting:** <https://us02web.zoom.us/j/82805583843>  
**Meeting ID:** 828 0558 3843



**Balance** with Don Wright

**Thursdays, starting September 10, 10:30am**

Falls are serious and costly. Each year, millions of people 65 and older fall. Falling once doubles your chances of falling again. **Don Wright**, an experienced fitness instructor, will teach about preventing falls and mitigating their repercussions by working on "ABCSM":

- Agility • Balance • Coordination • Strength • Mindfulness

*The only equipment needed is a straight-back chair.*

The course will also cover how to walk mindfully, how to get moving-keep moving. This course will be fun, allowing each of us to become stronger, more flexible and more confident in our ability to navigate our lives. Don refers to this course as *The Membership Retention Plan!*

**Join Zoom Meeting:** <https://SDSU.zoom.us/j/825725847>

**30-Minute Mat Pilates Class**

with Katie White

**6 Mondays, beginning September 14,**

**5:15-5:45pm**

**(no class on September 28)**



**Katie White** is a Certified Pilates Instructor born and raised in San Diego. Her passion for dance and music led her to perform with Lyric Opera San Diego before moving to Seattle and subsequently graduating from the University of Washington with a Bachelor of Arts in Dance, with an emphasis in pedagogy. In 2013, Katie moved to Israel to work with Kibbutz Contemporary Dance Company.

Her goal is to use her knowledge of anatomy and kinesiology to promote sound technique and body awareness within her students in order to reduce the occurrence of injuries and gain greater strength, flexibility, and range of motion.

These classes are designed to be done in your home with items that should be readily available. You will need a mat, one (1-lb) can of food, and one firm pillow for the first class; other future props could be 2 cans, 2 pillows, a dish/hand towel, and/or a kitchen chair.

*You must complete Katie's waiver in order to participate and receive the Zoom link. Please email the office for the waiver.*



## RELIGIOUS SCHOOL AND YOUTH PROGRAMMING

**Cheryl Katz**  
Director of Education & Youth Programs

I hope everyone has been keeping well through this most unusual summer of our lifetime. I've had the joy of seeing some of our kids at our virtual USY events through the summer, and really look forward to seeing everyone when school restarts in just a few weeks, on **Sunday, September 13!**



**Registration is still open!** You can find the registration form as well as a calendar of school dates and basic schedule information at <https://register.ossrs.org>. (You'll only need to fill out one form per family, and nothing to print!)

Families have probably been watching with great interest as public health guidelines have continued to change, and as public and private schools have announced their approach to reopening for the new school year, and to find out if San Diego would make it off the California COVID-19 watch list in time for schools to have hope of reopening for in-person instruction. (We've done it! It remains to be seen if the county can maintain these criteria, but we are all hopeful.)

However, guidelines for houses of worship, of which our synagogue and religious school are one, do not allow for us to gather in enclosed spaces, especially to conduct any

### RELIGIOUS SCHOOL AND MADRICHIM REGISTRATION IS NOW OPEN!

<https://register.ossrs.org>

**USY:** See the **School and Youth at Ohr Shalom** Facebook page for current programming schedule.

physical exertion or to sing communally. Further, our students attend a wide variety of schools. Bringing our Religious School students together for in-person meetings makes religious school a dangerous opportunity for potential exposure to move from one school community to another.

With current guidelines, and with the space and staffing constraints unique to our little school, we cannot guarantee that in-person activities would be in the best interests of our community.

On September 13, Religious School will open as a virtual learning experience, conducted via Zoom. Our aim is to preserve above all a sense of community among the students and a continued sense of belonging to Ohr Shalom and the Jewish community, while keeping the students' learning moving forward. Our teachers have been working hard to create learning experiences for our students. We are brainstorming and planning for when small in-person events will be possible. We can't wait to welcome the students back.

Register now - and see you soon!

### RABBI'S MESSAGE CONT.

in attentive listening, in prioritizing their well-being.

As I look at the great challenges that are laid bare for all to see in our society - hatred, discrimination, inequality, poverty, lack of access to health care, housing, food, education ... - I know that carry a guilt, a responsibility, for those times when I should have said more, done more given, stood up more.

Act Towards Us with Tzedakah and Love, and Save Us  
*Aseh Imanu Tzedakah Vachessed V'hoshieinu -*

עשה עמנו צדקה וחסד והושיענו

As I challenge myself with the work of teshuvah and honestly and intensely evaluate and repair my deeds and relationships from this past year, I turn to You, the Power that is beyond my control, the Force that drives this world, and I pray, please, in spite of my shortcomings, may You find for me love and compassion, may You invest in me and those I love most the blessings of life in the coming year, may Your tzedakah, your righteousness and giving-spirit to those in need, and Your infinite love for this world, bring health, strength, justice, liberation, equality, and even joy, to all those who are blessed to draw breath in this world.

May we all commit ourselves to the path of growth and caring, and may this New Year be filled with good for all.

May it be Your will, God and God of our ancestors, to renew for all of us a good and sweet year.

## CHALLAH

for Shabbat & High Holy Days



**Ohr Shalom will take all orders by Wednesday\* each week and Challah will be available for pick up on Friday at Ohr Shalom.**

Challah orders must be paid by credit card or check at the time of ordering. Your order will be ready for pick up on Fridays between 11 - 3. You can email your order to [office@ohrshalom.org](mailto:office@ohrshalom.org) or mail the order form back in time for Rosh Hashanah and Yom Kippur.

\*Ohr Shalom must submit all orders to Lang's by the Thursday before in order to ensure Friday delivery.

Challah for Shabbat		Loaves
Challah (1 1/2lbs) plain, poppy	\$7.00	
Challah (1 1/2lbs) sesame or everything	\$7.00	
Challah (1 1/2lbs) chocolate chip	\$7.00	
Challah (1 1/2lbs) Pretzel	\$7.00	
Challah Loaf - sliced/unsliced	\$7.00	
<b>Order for High Holy Days</b>		
Challah Round Plain - Holiday (2lbs)	\$10.00	
Challah Round Raisin - Holiday (1lb)	\$6.50	
Challah Round Raisin - Holiday (2lbs)	\$10.00	
Challah Round Raisin Rolls 6pk - Holiday	\$8.00	
Challah Plain roll - 7 pk rolls	\$8.00	
Honey Loaf Cake	\$8.00	
Total Amount Due		

## TODAH RABAH AND LIFE CYCLE EVENTS

### Thank you for your generous donations in August:

#### SYNAGOGUE FUND

Shira and Joshua Cohen  
Naomi and Al Eisman  
Meg and Allan Goldstein  
Leah and Michael Golembesky  
Judy Gottschalk  
Eva and Zachary Levin  
Sidney Miraz  
Marilyn Singer  
Cynthia Tatalovich  
Allan Wolf

**In loving memory of Clara Magrisso**  
Sara Arstenstein

**In loving memory of Pablo Fastag**  
Ruth Fastag

**In loving memory of Dr. Daniel Karsch**  
Edith and Harold Greenberg  
Susie and Eli Meltzer

**In loving memory of Bart Feldmar**  
Tony and Don Goldstein

**In loving memory of August Muniesa**  
Esther Tishman  
Linda and Danny Kucinski

**In loving memory of Bessie Emert**  
Flor and Richard Emert

**In loving memory of Yafa Bat Naftali**  
Aaron Rubinstein

**In loving memory of Ruth Salzmans**  
**In loving memory of Moshe Femke**  
Stella and Eriberto Salzmans

**Refuah Shleimah to Rubin Lisker**  
Karen Rund

**Refuah Shleimah to Sharon Polichar**  
Susie and Eli Meltzer

**In honor of Rabbi**  
**Shelly Switkin's Birthday**  
**In loving memory of Sheldon Berman**  
Roslyn and Alan Davis

#### SOCIAL ACTION

Lynn and Ilan Awerbuch

#### TODAH RABAH TO OUR SHABBAT ONEG AND KIDDUSH SPONSORS

Jeanne & David Argoff  
Gillian Argoff-Treseder  
Laura Bloom  
Harold and Edie Greenberg  
Denise and David Hanono  
Rebecca and Margalit Wollner

*We apologize for any omissions*

*Todah Rabah* to our August Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Poetry Minute and Minyan Leaders:

LeAnne Adams  
Aviva Angel  
Hillel Angel  
Jeanne Argoff  
Ilan Awerbuch  
Laura Bloom  
Sue Brown  
Louise Chandler  
Jonathan Geiger  
Judi Gottschalk  
Joe Hartman  
Rebecca Iden  
Koba  
Morris Lazard  
Ruth Levy  
Susanne Lisker  
Eli Meltzer  
Jennifer Meltzer  
Nadiv Meltzer  
Shayna Meltzer  
Ivan Mendelsohn  
Lynn Mendelsohn  
Rachel Millstone  
Amy Morris  
Bill Morris  
Jeanne Peters  
Tricia Pummill  
Rocky Reid  
Ruben Rosental  
Brian Stannard  
Jonah Weinberg  
Rabbi-Cantor Cheri Weiss  
Dan Weiss  
Eileen Wingard  
Margalit Wollner  
Marvin Yudkovitz  
Jane Zeer

## 5781-2020 Memorial Book

Honor your loved ones by placing an entry in our Memorial Book.  
Look for order form in your mail or contact the office.

___ Full Page @ \$200	\$ _____
___ Half Page @ \$100	\$ _____
___ Quarter Page @ \$65 (Max. 8 names)	\$ _____
___ Collective Page in memory of a loved one @ \$20 per name	\$ _____

Repeat my Memorial Book entry from last year.  
Please add these names: \_\_\_\_\_

Honored by: \_\_\_\_\_  
Email [office@ohrshalom.org](mailto:office@ohrshalom.org) or call (619) 231-1456.

**Deadline: Tuesday, September 22**



## YAHREZITS

*Ketty Capelluto	Stella Salzmans's Mother .....	1-Sep/12 Elul
Simon Felman	Ricardo Ilko's Grandfather .....	1-Sep/12 Elul
Hertha Sherwood	Doreen Casuto's Mother .....	1-Sep/12 Elul
*Zachary Lachow	Lillian Lachow's Father .....	3-Sep/14 Elul
Lena Toby Spellman	Roberta Greene's Grandmother .....	3-Sep/14 Elul
Jessie Tabak	Mel Tabak's Mother, Jennifer Tabak-Levy's Grandmother .....	3-Sep/14 Elul
Juan Finkelberg	Jorge Finkelberg's Father .....	4-Sep/15 Elul
*Israel Louis Lacher	Roberta Shoman's Father .....	5-Sep/16 Elul
Paul T. Linsk	Amy Morris' Uncle .....	5-Sep/16 Elul
Israel Tiger	Stan Tiger's Father .....	6-Sep/17 Elul
Idel Zaslav	Elsa Margolis' Father .....	6-Sep/17 Elul
Levy Tocatli	Silvia Gold's Father .....	7-Sep/18 Elul
Max Zands	Samy Zands' Father .....	7-Sep/18 Elul

Bahram Bina	Remembered by Ralph Golden .....	8-Sep/19 Elul
Reyna Koppe	Aaron Rubinstein's Sister .....	9-Sep/20 Elul
Joel Nemoj	Anita Nemoj's Husband, Justina Nemoj's Father .....	9-Sep/20 Elul
Beatrice Zeer	Jane Zeer's Mother .....	9-Sep/20 Elul
Feliciano Artenstein	Remembered by Sara Artenstein .....	10-Sep/21 Elul
Bessie Eichenbaum	Remembered by Joe Rubin .....	10-Sep/21 Elul
Esther Grappel	Randi Rose's Grandmother and Sharron Resnick's Mother.....	10-Sep/21 Elul
Phyllis Kanter	Miriam Plotkin's Mother .....	10-Sep/21 Elul
Miguel Chazan	Remembered by Celia Chazan .....	11-Sep/22 Elul
Violet Dascal	Diane Talerman's Mother.....	11-Sep/22 Elul
*Margo Hamui	Alberto Hamui's Mother .....	11-Sep/22 Elul
Bill Schwarz	Bill Tall's Grandfather.....	11-Sep/22 Elul
Anita Ruth Stuppler	Remembered by Anita Nemoj and Justina Nemoj.....	11-Sep/22 Elul
*Fannie Loeserman	Debbie Reid's Grandmother .....	12-Sep/23 Elul
Lou Dunst	Remembered by Ohr Shalom.....	13-Sep/24 Elul
Irving Rosenfeld	Jerry Horn's Grandfather .....	13-Sep/24 Elul
*Harry Sevel	Remembered by Evie Sevel.....	13-Sep/24 Elul
Alfred Tobias Brauer	Sandra Finkelberg's Father .....	14-Sep/25 Elul
Vera Kwilecki	Remembered by Ohr Shalom.....	14-Sep/25 Elul
Ruthy Braun	Izzy Braun's Wife.....	15-Sep/26 Elul
Alice Starobin	Barrett Avigdor's Grandmother .....	15-Sep/26 Elul
Sam Zipp	Janice Zipp Cannizzaro and Elaine Smith's Uncle .....	15-Sep/26 Elul
*Bettie R. Greene	Norman Greene's Mother .....	16-Sep/27 Elul
*Linda Rose	Susan Kaplan's Sister .....	16-Sep/27 Elul
Nathan Tall	Bill Tall's Father .....	16-Sep/27 Elul
*Byron Broudy	Alice Broudy Cupples' Father .....	18-Sep/29 Elul
*Louis J. Greene	Norman Greene's Father.....	18-Sep/29 Elul
Annette F. Kronich	Louise Chandler's Mother .....	18-Sep/29 Elul
Moises Mizrahi	Remembered by Aaron Rubinstein.....	18-Sep/29 Elul
Edith Wellman	Gerry Wellman's Mother, Vanessa Bergenfeld's Grandmother .....	18-Sep/29 Elul
*Shura Gurvich	Miguel & Rosie Veinbergs', Jacobo & Cristy Veinbergs' and Julio & Sylvia Galicot's Aunt .....	19-Sep/1 Tishrei
Benjamin Rosental	Ruben Rosental's Father.....	19-Sep/1 Tishrei
*Hilde Sachs	Ray Sachs' Mother .....	19-Sep/1 Tishrei
*Aaron Louis Solof	Susan Kaplan's Father .....	19-Sep/1 Tishrei
Max Wachterman	Susan Hagler's Father.....	19-Sep/1 Tishrei
Buzz Converse	Linda Kucinski's Uncle.....	20-Sep/2 Tishrei
Albert Goldberg	Karen Rund and Susie Meltzer's Uncle.....	20-Sep/2 Tishrei
Lois Green	Elizabeth Green's Mother .....	20-Sep/2 Tishrei
*Rebeca Lan	Rashel Galicot's Mother .....	20-Sep/2 Tishrei
Jerilyn Mantel	Barry Mantel's Mother .....	20-Sep/2 Tishrei
Shirley Boardman	Laura Castillo's Grandmother.....	22-Sep/4 Tishrei
Steven Lawrence Green	Elizabeth Green's Brother .....	22-Sep/4 Tishrei
Jane Ruth Rykerd	Remembered by Ohr Shalom.....	22-Sep/4 Tishrei
Michael Koppe	Aaron Rubinstein's Brother-in-Law.....	23-Sep/5 Tishrei
*Cecilia Sommer	Elena Kucinski's Mother .....	23-Sep/5 Tishrei
Henry Sportes	Rene Sportes' Brother .....	23-Sep/5 Tishrei
Sara Zipp	Janice Zipp Cannizzaro and Elaine Smith's Grandmother .....	23-Sep/5 Tishrei
*Carmen Vitenson	Zalman Vitenson's Mother.....	24-Sep/6 Tishrei
*Margot Katz de Kahn	Tania Kahn's Mother.....	25-Sep/7 Tishrei
*Marcos B. Modiano	Mario Modiano's Father.....	25-Sep/7 Tishrei
Dvora Rubinstein	Susanne Lisker's Grandmother .....	25-Sep/7 Tishrei
*Solomon Zisk	Remembered by Stan Heyman .....	25-Sep/7 Tishrei
William Mostel	Linda Kucinski's Grandfather.....	26-Sep/8 Tishrei
Israel Veinbergs	Remembered by the Veinbergs and Galicot Family .....	28-Sep/10 Tishrei
Emma Kucinski	Danny Kucinski and Monique Lombrozo's Mother .....	29-Sep/11 Tishrei
Ronald Retin	Bill Retin's Father .....	29-Sep/11 Tishrei
Rose Spolansky	Jane Zeer's Grandmother .....	29-Sep/11 Tishrei
Tillie Reitsky	Dorothy Canter's Mother, Marilyn Shelden's Grandmother .....	30-Sep/12 Tishrei
Isaac Rozen	Fay Rozen's Husband .....	30-Sep/12 Tishrei
*Daniel Vitenson	Zalman Vitenson's Father.....	30-Sep/12 Tishrei

*\* denotes a memorial plaque was purchased in memory of a loved one*



**OHR SHALOM SYNAGOGUE**  
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**CALENDAR OF EVENTS**

**September 2020**

**Elul 5780/Tishrei 5781**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Services and most classes found at:</b> <a href="https://sdsu.zoom.us/j/825725847">https://sdsu.zoom.us/j/825725847</a> Schedule subject to change. Please check <a href="http://ohrshalom.org">ohrshalom.org</a> for the most updated information.		1 12 Elul Minyan 6:15pm	2 13 Elul Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Teen Lounge/Game Night 7:30pm	3 14 Elul Minyan 6:15pm	4 15 Elul Slow Read Book Club with the Rabbi 1:00pm Office Closes 2:00pm PreKabbalat Shabbat Singing 5:30pm Kabbalat Shabbat Service 6:15pm "Ask the Rabbi" 7:15pm 6:49pm	5 16 Elul <b>Parshat Ki Tavo</b> Shabbat Service 9:30am Tot Shabbat 10:30am Havdalah 8:00pm <b>Afternoon Bar Mitzvah: Jonathan Brogan</b> 7:48pm
6 17 Elul Minyan 6:15pm 9:00pm	7 18 Elul <b>Labor Day</b> Office Closed No Minyan	8 19 Elul Minyan 6:15pm	9 20 Elul Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Teen Lounge/Game Night 7:30pm	10 21 Elul Minyan 6:15pm	11 22 Elul Slow Read Book Club with the Rabbi 1:00pm Office Closes 2:00pm PreKabbalat Shabbat Singing 5:30pm Kabbalat Shabbat Service 6:15pm 6:40pm	12 23 Elul <b>Parshat Nitzavim-Vayelech</b> Learners Shacharit 9:30am Shabbat Torah Service & Musaf 10:15am Tot Shabbat 3:00pm Havdalah and Selichot Service 7:30pm 7:39pm
13 24 Elul First Day of Religious School 9:30am Minyan 6:15pm	14 25 Elul Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Choir Practice 6:30pm Kadima Game Night 7:00pm	15 26 Elul Minyan 6:15pm	16 27 Elul Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Board Meeting 6:30pm Teen Lounge/Game Night 7:30pm	17 28 Elul Religious School 4:30pm Minyan 6:15pm	18 29 Elul <b>Erev Rosh HaShanah</b> Office Closes 2:00pm Erev Rosh HaShanah Service 6:15pm Zoom Dinner with Friends 7:30pm 6:31pm	19 1 Tishrei <b>Rosh HaShanah I</b> Rosh HaShanah Morning Service 8:30am Panel Discussion TBD 11:15am 7:38pm
20 2 Tishrei <b>Rosh HaShanah II</b> No Religious School Rosh HaShanah Morning Service 8:30am 7:36pm	21 3 Tishrei <b>Fast of Gedaliah</b> Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Choir Practice 6:30pm Kadima Game Night 7:00pm	22 4 Tishrei Minyan 6:15pm	23 5 Tishrei Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Teen Lounge/Game Night 7:30pm	24 6 Tishrei Religious School 4:30pm Minyan 6:15pm	25 7 Tishrei Slow Read Book Club with the Rabbi 1:00pm Office Closes 2:00pm PreKabbalat Shabbat Singing 5:30pm Kabbalat Shabbat Service 6:15pm 6:21pm	26 8 Tishrei <b>Parshat Ha'azinu</b> <b>Shabbat Shuvah</b> Shabbat Service 9:30am Tot Shabbat 3:00pm Havdalah 7:30pm 7:20pm
27 9 Tishrei <b>Erev Yom Kippur</b> No Religious School Kol Nidre Service 6:00pm 6:18pm	28 10 Tishrei <b>Yom Kippur</b> Office Closed Yom Kippur Morning Service with Yizkor 8:30am 1 Break Fast 7:17pm 7:17pm	29 11 Tishrei Minyan 6:15pm	30 12 Tishrei Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Teen Lounge 7:30pm	1 13 Tishrei Religious School 4:30pm Minyan 6:15pm	2 14 Tishrei <b>Erev Sukkot</b> Office Closes 2:00pm PreKabbalat Shabbat Singing 5:30pm Kabbalat Shabbat Service 6:15pm 6:12pm	3 15 Tishrei <b>Sukkot I</b> Shabbat Sukkot Morning Service 9:30am Havdalah 7:30pm 7:11pm
4 16 Tishrei <b>Sukkot II</b> Minyan 6:15pm	5 17 Tishrei <b>Sukkot III</b> Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Kadima Game Night 7:00pm	6 18 Tishrei <b>Sukkot IV</b> Minyan 6:15pm	7 19 Tishrei <b>Sukkot V</b> Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm	8 20 Tishrei <b>Sukkot VI</b> Religious School 4:30pm Minyan 6:15pm	9 21 Tishrei <b>Sukkot VII</b> <b>Hoshana Rabah</b> Office Closes 2:00pm PreKabbalat Shabbat Singing 5:30pm Kabbalat Shabbat Service 6:15pm 6:03pm	10 22 Tishrei <b>Shemini Atzeret</b> Shemini Atzeret Morning Service with Yizkor 9:30am Simchat Torah Service and Celebration 6:00pm 7:02pm