

HIGH HOLY DAYS SERVICES ON ZOOM

Every year I look forward to ushering High Holy Day services (the actual services and praying is nice too). I love watching you all come into Ohr Shalom dressed up with your tallis bags and creative kippot. I knew this year would obviously feel different. I really missed my yearly dose of hugs, but I got something else in return... NACHAS! Clicking the button to usher you all into the Zoom services was not the same as a real hug, but I felt wonderful every time someone new logged on. Each time a new name flashed on the screen, it was an affirmation that what we had created was working and our Ohr Shalom community was still together even though physically distant. It was lovely to see young and not-so-young members putting forth the effort to be one on the High Holy Days. Thank you for being with us. Wishing you all a year of health and sweetness.

– Gillian
Argoff-Treseder



OHR SHALOM VIRTUAL PROGRAMMING

Until further notice, all Ohr Shalom programming – including Shabbat Services, Daily Minyan, adult and youth group programming – will continue to take place via Zoom. For the most up-to-date scheduling information, please watch your email or check the online schedule on the Ohr Shalom website (www.ohrshalom.org).

To join us online for services and most adult programs, click the link: <https://SDSU.zoom.us/j/825725847>

It will automatically add you to the ZOOM conference with your video off. If you would like to be seen by the other participants, click “Start Video.”

If you would prefer to join the group by telephone, dial: (669) 900-6833, Meeting ID: 825 725 847. You will participate without video.

If you need help using Zoom, please let us know. At this time of physical distancing, this is one way we can continue to connect with each other.



DAVAR MEGILLAH

OCTOBER 2020 • MONTHLY NEWSLETTER • TISHREI 5781/CHESHVAN 5781

ושמחת בחגך ... והיית אך שמח

AND YOU SHALL REJOICE ON YOUR FESTIVAL ... AND YOU SHALL BE COMPLETELY HAPPY

DEUTERONOMY 16:14-15

By Rabbi Scott Meltzer

The forty days are now completed. The month of Elul and the ten days, beginning with Rosh HaShanah and ending with Yom Kippur, were hopefully meaningful, challenging, exhausting and made each of us feel uncomfortable – pushed, pulled or stretched towards our best selves.

Now it is time to rejoice. To rest. To breathe. Sukkot helps us to celebrate and be refreshed by slowing down, taking us outside, eating in the shade of the Sukkah and sleeping under the stars.

The tradition teaches that Shabbat is a hint of what is to be in the NEXT world, the world-to-come, but it is Sukkot that is filled with what THIS world will be like when it is fixed in the days of the Messiah. Sukkot is when we long for the re-establishment of the kingdom of Israel. The Sukkah reminds us of the peaceful days ahead when we can all sit outside.

How beautiful. How necessary. How inspiring.

Sukkot commands us to go outside, to see stars through the non-ceiling of the Sukkah. It can't have four walls. We must get wet if it rains.

Six months of being afraid of feeling unsafe whenever we enter into somebody else's home or store, the Sukkah is filled with fresh air, a breeze – no door or window to leave open for circulation.

This year, when we are more starved to be present with each other, the mitzvah of welcoming guests, hachnasat orchim, into our Sukkah is even more tantalizing than usual. Alas, we are still not permitted to have guests, or to be guests, at somebody else's house – not even in their backyard. Sukkot commands us to be

together, and we will fulfill the mitzvah, as we did at Pesach, through ZOOM. Shaking the lulav together, at the synagogue and at each other's homes, will have to wait for another year.

This year, as part of our individual and collective repentance, we are engaging with the historic and systemic racism that some of us have always faced, and some of us have been privileged to mostly not see, or pretend not to see. For centuries, our society has treated black lives as something less than white lives. Black lives matter and we must all struggle to create a society freed from the bonds of racism.

This has also been a year of increased antisemitism. That too must end. And a year of increased poverty, and

After this past year, and the hard work of these past days, Sukkot is a breath of fresh air – literally and figuratively. This year it is a breath we really need.

Go outside. With a mask. If you build a Sukkah then dwell in it – you, those who live with you, nobody else. Feel safe, in the face of all that threatens us. Breathe the air, see the stars, imagine how wonderful it will be next year. Feel what it will feel like when peace and justice will reign for all peoples. “When each person can sit beneath their vine and fig tree and none shall make them afraid” (Micah 4:4). When all will have plenty to eat.

חג סוכות שמח

Chag Sukkot sameach. Have a joyful Sukkot.





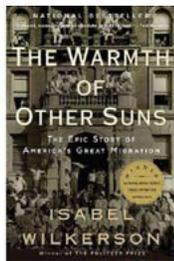
WORDS FROM THE PRESIDENT

Lynn Mendelsohn
President

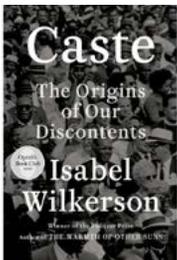
READING ONE'S WAY TO UNDERSTANDING

In the July Davar, I wrote about the necessity of our taking a more active role in combating racism, prejudice, poverty and hunger in our community and nation. Becoming "part of the solution" is an ongoing challenge, so, at least for a start, I have geared my reading in that direction. Perhaps an outline of the books I have completed over the past months might assist others at Ohr Shalom as they also strive to understand, and respond to, our current national crisis over human rights. I highly recommend:

The Warmth of Other Suns by Isabel Wilkerson. Winner of the 2011 National Book Critics Circle Award for Nonfiction, the book follows three individuals, African Americans born in the South, as they awaken to, and then pursue, a possibly better life in the North. Intended as exemplars of the "Great Migration" (1915 to 1970), Ida Mae Gladney from Mississippi, George Starling from Florida, and Dr. Robert J.P. Foster from Louisiana quit the towns of their youth, only to encounter new obstacles as they strive for employment and respect in Chicago, New York and Los Angeles. Wilkerson's portraits are so empathic and detailed that the reader comes to regard the trio as friends.

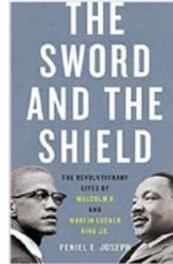


In August 2020, Wilkerson published a new volume on prejudice: *Caste, The Origins of Our Discontents*. Here, she examines how insidious ideologies aimed at maintaining social stratification play out as race hatred and anti-Semitism. Although I have not read this one, I can report that it is an Oprah book club selection.



The Sword and the Shield, The Revolutionary Lives of Malcolm X and Martin Luther King, Jr. by Peniel E. Joseph, a professor of history at the University of Texas at Austin. In this recently published dual biography, Dr.

Joseph attempts to debunk the prevailing stereotypes that portray Dr. King as a meek pacifist and Malcolm X as an enraged militant. He argues that both were revolutionaries, and that Dr. King, whose assassination followed the murder of Malcolm X by three years, was leaning, at the time of his death, toward more extreme positions on black rights vis-à-vis poverty and the Vietnam War.



Justifiably, Dr. Joseph admires the extraordinary courage of both men. In June 1966, on the second anniversary of the murders of Michael Schwerner, James Chaney and Andrew Goodman, Martin Luther King Jr., accompanied by Stokely Carmichael and members of SNCC (Student Non-Violent Coordinating Committee), appeared at the courthouse in Philadelphia, Mississippi, to confront Cecil Price, a Deputy Sheriff and Klan member who was, by then, among the defendants charged with the murders. The Deputy Sheriff and hundreds of jeering white supremacists attacked King's group, and forced them away by hurling rocks, bottles, eggs and lighted firecrackers.



The Yellow House by Sarah M. Broom. Published last year, this is the memoir of a woman who is only 39 years old. But Sarah's story is engrossing, vividly invoking the dual villains of white racism and Hurricane Katrina. The youngest of 12 children within a black blended family in a yellow house in New Orleans East (a bedroom community for the "help" who staff that city's fancy hotels and restaurants), she chronicles her mother's heroic efforts, not always successful, to bring up responsible adults. Sarah's brother Joseph, for example, is a brilliant student at Jefferson Davis (that's its name) Elementary School. But he has constant run-ins with whites, and

Lynn's Message continued on Page 7



OCTOBER 2020
ISSUE NO. 377

DAVAR

OHR SHALOM SYNAGOGUE
2512 Third Ave., San Diego, CA 92103
office@ohrshalom.org
www.ohrshalom.org
(619) 231-1456

DAVAR PUBLISHED MONTHLY
Editor: JANE ZEER
Consultants: JOY HEITZMANN, MARK SIPRUT,
GILLIAN ARGOFF-TRESEDER
Layout/Art: ANDREA LUCK

Scott Meltzer, Rabbi

Gillian Argoff -Treseder - Executive Director
Cheryl Katz - Director of Education & Youth Programs

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.



We here at Ohr Shalom want to be extra certain that everybody is okay at home. Do you need something? Groceries? Some "virtual" company?

Do you know somebody who isn't online but would appreciate a daily phone call? We are here! Please reach out by email or phone and let us make sure that you, and everybody, are taken care of.

OHR SHALOM SERVICE SCHEDULE

KABBALAT SHABBAT ONLINE SERVICE SCHEDULE

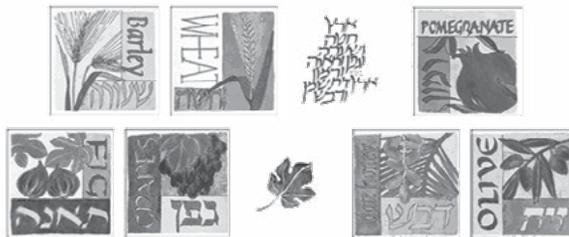
<https://sdsu.zoom.us/j/825725847>

- Friday, October 2 - 6:15pm (Erev Sukkot Service)
- Friday, October 9 - 6:15pm (Kabbalat Shabbat Service)
- Friday, October 16 - 6:15pm (Kabbalat Shabbat Service "Ask the Rabbi")
- Friday, October 23 - 6:15pm (Kabbalat Shabbat Service)
- Friday, October 30 - 6:15pm (Kabbalat Shabbat Service)

SUKKOT 5781 סוכות

Services & Events

- Erev Sukkot Services** Friday, October 2, 6:15pm
- Sukkot** Saturday, October 3, 9:30am
 Sunday, October 4, 9:30am
Sukkot Morning Service
- Hoshana Rabah** Friday, October 9, 6:15pm
Kabbalat Shabbat Service
- Shemini Atzeret** Saturday, October 10, 9:30am
Shemini Atzeret Morning Service with Yizkor
- Simchat Torah** Saturday, October 10, 6:00pm
Simchat Torah Service & Celebration
- Simchat Torah** Sunday, October 11, 9:30am
Simchat Torah Morning Service



PARSHIYOT & CANDLELIGHTING October 2020

SUKKOT I
 Fri: October 2 | 14 Tishrei 6:12pm
 Sat: October 3 | 15 Tishrei
 Torah: Lev. 22:26 - 23:44
 Haft: Zekh. 14:1-21

SHEMINI ATZERET
 Fri: October 9 | 21 Tishrei 6:03pm
 Sat: October 10 | 22 Tishrei
 Torah: Deuteronomy 14:22 - 16:17
 Haft: I Kings 8:54-66

PARSHAT BERESHIT
 Fri: October 16 | 29 Tishrei 5:55pm
 Sat: October 17 | 29 Tishrei
 Torah: Genesis 1:1-6:8
 Haft: I Samuel 20:18 - 20:42
 Shabbat Machar Chodesh

PARSHAT NOACH
 Fri: October 23 | 5 Cheshvan 5:47pm
 Sat: October 24 | 6 Cheshvan
 Torah: Genesis 6:9-11:32
 Haft: Isaiah 54:1 - 55:5

PARSHAT LECH-LECHA
 Fri: October 30 | 12 Cheshvan 5:40pm
 Sat: October 31 | 13 Cheshvan
 Torah: Genesis 12:1-17:27
 Haft: Isaiah 40:27 - 41:16

OHR SHALOM'S CHOIR!

Come join us on Mondays at 6:30pm on Zoom. You'll be happy you did!

October Dates
 October 12
 October 19
 October 26



Virtual Lunch & Learn

in the Rabbi's Sukkah
 Saturday, October 3 following services
 (12:30pm)

REFLECT
on the Past

CONSIDER
the Present

PLAN
for the Future

WE ARE

OHR SHALOM SYNAGOGUE

High Holy Days Food Drive 5781

THE DEMAND FOR FOOD IN SAN DIEGO HAS EXPLODED!

Jewish Family Service is now one of 35 “Super Pantries” of the San Diego Food Bank and needs our donations of food more than ever. The most needed food items include:

- canned meats
- canned fish
- canned vegetables
- canned fruits
- canned soups & stews
- peanut butter
- cereal
- oatmeal
- canned beans
- pasta
- rice

This year, please bring non-perishable food to Ohr Shalom. However, if you are unable to bring your donations to Ohr Shalom, you can bring them to a neighborhood drop-off site in the following areas: Tierra Santa, College Area, El Cajon, Del Cerro, La Jolla, University City, South Bay (Chula Vista, Imperial Beach, San Ysidro). Please contact the Ohr Shalom office to let us know you'll be bringing your food donations there, or if you need to arrange to use one of the neighborhood drop-off areas (available through October 12).

THANKSGIVING TURKEYS FOR CHRISTIE'S PLACE

Please donate to the Social Action Fund to help us purchase 25 turkeys for this organization that serves women and children affected by HIV/AIDS.



Coordinator: Brad Eisenberg



TAY UPDATE

COVID-19 has changed many things. For TAY it has heightened the needs of the youth that TAY serves. Before the pandemic, members of Ohr Shalom supplied weekly hot meals, blankets in winter, travel-size toiletries, new socks and underwear, and money to help supply those things to the 14-24 year old youth TAY serves. TAY staff, within the confines of safety and health, is still able to provide counselling and other services, including some “grab and go” food. Even though we haven't been able to donate meals during this period, TAY still needs our help. Thanks to cash donations from members, Ohr Shalom has been able to make donations totaling close to \$400.00 to TAY.

If you are able to help TAY at this time, please contact Marilyn Shelden (marilyn.shelden@gmail.com) or the Ohr Shalom office.

JEWISH FAMILY SERVICE

EMBRACE-THE-FAMILY

Holiday Gift Giving Program

Love Zubiller will be coordinating the purchasing of gifts for anonymous families flagged by JFS as families who would not otherwise enjoy a holiday celebration during December. Ohr Shalom Religious School families and ALL members of the congregation are welcome to participate. Watch for more information.

Care Bags for the Homeless



Please remember our homeless neighbors again this year. Make and keep care bags in your car, with items such as bottled water, hygiene products, granola bars, etc.



LOOKING FOR WAYS TO REPURPOSE YOUR ETROG?

Here are some fun ideas:

Use it for Havdalah

Push whole cloves into the etrog's peel. When the etrog dries out and shrivels up, the cloves will be held in place in the shape of the fruit and retain their fragrant scent.



Make it into jelly, candy or even a liqueur

Note: These recipes require multiple etrogim – perfect for a group project! Boil them and turn them into a jam (<https://www.kosher.com/recipe/gittas-etrog-jam-recipe-3734>); slice and candy them for a tangy dessert (<https://www.kosher.com/recipe/delightful-candied-esrog-slices-recipe-3732>); or steep it in vodka for a citron liqueur (<https://readthespirit.com/feed-the-spirit/tag/citron-infused-liqueur/>).

Mr. Etrog Head?!

An original and creative way to repurpose your etrog is as a “Mr. Etrog Head,” a fun take on the childhood favorite “Mr. Potato Head.”

Explore the web for more ideas on repurposing your lulav, as well.



ISRAEL DESK

Susie Meltzer
Israel Desk

UAE AND BAHRAIN'S PATH TO PEACE WITH ISRAEL, WITH A LOOK AT THEIR OWN JEWISH COMMUNITIES

We began our Jewish New Year amidst a life-threatening pandemic, raging wildfires in the West, a broken US economy and riots in our streets that together have brought suffering and loss to millions. We prayed together on Zoom for peace in 5781. Now there are new reasons for hope coming from Israel. On September 15th an historic event happened in Washington, DC when the Abraham Accords Peace Agreement was signed between Israel and her Arab neighbors, United Arab Emirates and Bahrain. Prime Minister Netanyahu was there and reminded everyone that Jews have prayed for peace for thousands of years and now there's hope.

This inauguration of formal relations was not unexpected, as Israel has had informal connections with these countries for a long time. With the UAE, after cool relations for decades, their joint opposition to Iran's nuclear program led to Israel establishing a diplomatic office in Abu Dhabi in 2015. Then an Israeli won gold at an international sports event in the UAE in 2018 and, a milestone, Israel's national anthem was played. Today Israel has been working in secret with the UAE to fight COVID-19.

Bahrain however welcomed their first official Israeli delegation back in 1994. More recently they worked together with Mossad in 2005, and Bahraini citizens have been allowed to visit Israel since 2017. Lastly, in 2018 Bahrain recognized Israel's right to exist followed in 2019 with Jerusalem's chief rabbi's visit to Bahrain for an interfaith event.

What about the Jews who have been living in these Arab countries? When the UAE was first established in 1971 there was no Jewish presence. Since then, despite UAE's

anti-Israel policies, a small Jewish community began to grow there, staying mostly in the shadows. As interactions improved with Israel, Jews started praying openly while others moved there for business. Today about 3,000 Jews are living there. Last year UAE launched the "Year of Tolerance" when the government officially recognized the existence of Jews in their country. Currently there are two synagogues in Dubai, a kosher caterer, a JCC led by Chabad and a new Talmud Torah with 45 pupils studying where once they had to hide their identity.

In contrast, Jews began living peacefully in Bahrain starting in the 1880's, increasing in size up to 1500 residents. In 1948, when Israel was established, there was conflict within Bahrain with their Arab neighbors and most Jews left. Today fewer than 40 remain. Yet the Jewish presence felt in Bahrain currently is prominent. There have been Jewish members of Bahrain's parliament and even an ambassador to the US, the first Jewish ambassador ever appointed by an Arab country. This nomination was considered a message to Israel that Bahrain was a progressive country.

Both Jewish communities of UAE and Bahrain enthusiastically welcome this agreement. They look forward to a prosperous relationship that benefits all. It will allow Israelis to visit these countries freely and will promote tolerance and pluralism.

As we watch these changes evolve in 5781, may we continue our prayers of hope and for peace for all the people living in the Middle East. May the year ahead find us in a new and better world.

Shana Tova.

OHR SHALOM IS ON AMAZONSMILE!

Support Ohr Shalom Synagogue every time you shop on Amazon.

Start your shopping at smile.amazon.com and select **Ohr Shalom Synagogue** as your charity.



DAILY MINYAN Sunday - Thursday at 6:15pm

Attending Daily Minyan is a huge mitzvah! The minyan operates a smartphone sign-up program using *WhatsApp*. To join the "Ohr Shalom Minyan 6:15 pm" sign-up list, contact Ivan Mendelsohn (mendbi44@gmail.com). Then, let us know when you will be joining the minyan so that we know that there will be 10 for a minyan that evening. Simply enter a number in *WhatsApp* for that day (eg, Morris might be "1," Bill "2," etc.).



Daily Poetry Minute Sign-ups Wanted

Prior to the start of our Sunday-Thursday afternoon minyan services on Zoom, an added feature that has become very popular is the Daily Poetry Reading, given by one of our members from 6:05-6:10pm. It can be a reading, poem, music, joke, or a piece of Torah insight. If you would like to deliver one of these readings, please contact **Marvin Yudkovitz** to schedule a date. You can reach him at mayudkovitz@gmail.com or send him a text to **(240) 506-3042**.



CLASSES WITH *Rabbi Meltzer*

DAF YOMI

Wednesdays at 10:00am

Rabbi Meltzer offers a weekly class to discuss the pages of Talmud most recently covered.

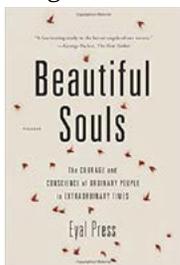
SLOW READ BOOK CLUB WITH THE RABBI

Fridays at 1:00pm

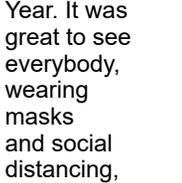
Beginning Friday, October 16
In-depth chapter discussions each week:

Beautiful Souls: The Courage and Conscience of Ordinary People in Extraordinary Times, by Eyal Press

What impels ordinary people to defy the sway of authority and convention? Through these dramatic stories of unlikely resisters, *Beautiful Souls* shows that the boldest acts of dissent are often carried out not only by radicals seeking to overthrow the system but also by true believers who cling with unusual fierceness to their convictions. Drawing on groundbreaking research by moral psychologists and neuroscientists, this deeply reported work of narrative journalism examines the choices and dilemmas we all face when our principles collide with the loyalties we harbor and the duties we are expected to fulfill.



Scenes from our **Shofar-Shofun** event. Congregants came to hear the blowing of the Shofar, borrow a Machzor, pick up a gift and have a sweet ice cream treat for the New Year. It was great to see everybody, wearing masks and social distancing, of course.



OHR SHALOM WELLNESS CLASSES

Meditation *with Alex van Frank*

Tuesdays at 7:00-7:30pm



Life in the pandemic is rough and unpredictable. Let's meditate together and become more relaxed, positive, confident and perhaps even gain a new perspective.

Alex van Frank, C-IAYT will lead a post-minyan meditation group.

Meditation will help you develop your intuitive wisdom, deep emotional resilience, genuine empathy, surprising creativity, and inner calm. The compassionate action of training your mind through meditation allows you to take care of yourself and has the added benefits of:

- Lowering blood pressure • Less anxiety • Lower stress levels
- More feelings of well-being • Deeper relaxation

Join Zoom Meeting: <https://us02web.zoom.us/j/82805583843>

Meeting ID: 828 0558 3843

Balance *with Don Wright*

Thursdays at 10:30am



Falls are serious and costly. Each year, millions of people 65 and older fall. Falling once doubles your chances of falling again. **Don Wright**, an experienced fitness instructor, will teach about preventing falls and mitigating their repercussions by working on "**ABCSM**":

- Agility • Balance • Coordination • Strength • Mindfulness

The only equipment needed is a straight-back chair.

The course will also cover how to walk mindfully, how to get moving-keep moving. This course will be fun, allowing each of us to become stronger, more flexible and more confident in our ability to navigate our lives. Don refers to this course as *The Membership Retention Plan!*

Join Zoom Meeting: <https://SDSU.zoom.us/j/825725847>

30-Minute Mat Pilates Class

with Katie White

Mondays at 5:15-5:45pm



Katie White is a Certified Pilates Instructor born and raised in San Diego. Her passion for dance and music led her to perform with Lyric Opera San Diego before moving to Seattle and subsequently graduating from the University of Washington with a Bachelor of Arts in Dance, with an emphasis in pedagogy. In 2013, Katie moved to Israel to work with Kibbutz Contemporary Dance Company.

Her goal is to use her knowledge of anatomy and kinesiology to promote sound technique and body awareness within her students in order to reduce the occurrence of injuries and gain greater strength, flexibility, and range of motion.

These classes are designed to be done in your home with items that should be readily available. You will need a mat, one (1-lb) can of food, and one firm pillow for the first class; other future props could be 2 cans, 2 pillows, a dish/hand towel, and/or a kitchen chair.

You must complete Katie's waiver in order to participate and receive the Zoom link. Please email the office for the waiver.

RABBI MELTZER'S VIRTUAL BAGEL BRUNCH PROJECT

Over the summer months, Rabbi Meltzer, assisted by a dedicated team of Ohr Shalom delivery drivers, launched and completed a Virtual Bagel Brunch project. If you are a member of one of the 270 families he was able to reach to propose a bagel nosh, over Zoom, then you know about it.



In early June, Rabbi Meltzer decided to call everyone in the congregation, starting with A and going all the way through Z. "I didn't call the Board or people who I see a lot in classes," he says. "I wanted to use this lonesome summer to speak with everyone else." Ray Sachs suggested that Rabbi Meltzer, in addition to speaking to congregants on the phone, use that opportunity to invite them to share with him a pre-scheduled virtual bagel brunch while schmoozing over Zoom. The Rabbi loved the idea, so Ray, and several Ohr Shalom members he recruited, delivered to each Zoom participant a package of fresh bagels and cream cheese just prior to their appointment. The delivery drivers were Evette and Nathan Weiss, Tricia Pummill, Fanny Rosental, Marcia Sachs and Al Shelden.

Rabbi Meltzer kept the Virtual Bagel Brunch project a bit of a secret. That way, unsuspecting Ohr Shalom congregants would receive a surprise phone call from their rabbi. And Rabbi Meltzer would invite them to have bagels and share a conversation with him via Zoom!

The Rabbi greatly enjoyed his talks with Ohr Shalom members over the phone and online, and he feels that he learned a lot. The conversations ranged over many topics, from Ohr Shalom's plans for its eventual reopening to personal requests from individuals. Rabbi comments: "This was a wonderful opportunity for me to move even closer to the community, to catch up on what was happening with members and their kids and grandkids, and to appreciate even more what a great congregation I serve."

Kudos to everyone who participated in Rabbi Meltzer's summer Bagel Brunch project. Thanks especially to the bagel delivery people, all of whom received excellent reviews for their punctuality, respectful distancing, politeness and performance.

And Todah Rabah to Rabbi Meltzer for being such a mensch.

P.S. Rabbi Meltzer did try to reach everyone. If you did not get a call or voicemail, perhaps he missed you due to database inconsistencies and/or timing issues. Please contact the office if you didn't hear from him to make sure your information is up to date, or let us know if he missed you by mistake.

FOLLOW US ON FACEBOOK

for the weekly e-Kol, details of upcoming events and pictures of past events.

Go to: www.facebook.com/ohrshalomsynagogue



Ohr Shalom is now on Instagram!

Follow us @ohrshalom



RELIGIOUS SCHOOL AND MADRICHIM REGISTRATION IS NOW OPEN!

<https://register.ossrs.org>

USY: See the **School and Youth at Ohr Shalom** Facebook page for current programming schedule.

Shabbat San Diego (Virtual)



November 5-8, 2020
shabbatsandiego.org

Thursday, November 5 Mega Challah Bakes

Tune in throughout the day for virtual demonstrations on how to make Challah Dough (check website for ingredients you will need)

Friday and Saturday, November 6 and 7 Shabbat Meals and Services

See website for resources to use during your Shabbat.

Saturday Evening, November 7 Virtual Unity Havdalah Celebration

See website for details.

Sunday, November 8 Community Day Of Learning

Diverse lectures on Jewish thought & practice.

Register and find more information at:
shabbatsandiego.org

WORDS FROM THE PRESIDENT CONT.

finally is expelled for impulsively pencil-stabbing a white girl who calls him "n--r" one time too many. Following a rocky start, Joseph works his way up to sous chef at the famed K-Paul's Louisiana Kitchen, but Katrina forces him to flee to San Antonio and begin his career anew.

Also very intelligent, Broom herself is determined to attend college, and receives admission at age 17 to the University of North Texas, Denton, having applied because she knows someone there. She accumulates loans based on out-of-state tuition, unaware that Louisiana also has a state university system where costs would have been much lower. Well worth reading, Broom's story follows her own trail of self-discovery through such places as Harlem and Burundi, while her mother and siblings confront successive crises and try to settle in far-flung places post-Katrina.

Hannah Arendt, the philosopher and chronicler of the Holocaust, wrote that "The death of human empathy is one of the earliest and most telling signs of a culture about to fall into barbarism." I suggest that we can help ourselves, and thereby our country, by reading our way toward a more profound understanding of the plight of others.

TODAH RABAH AND LIFE CYCLE EVENTS

Thank you for your generous donations in September:

SYNAGOGUE FUND

Alison Black and Trevor Watson
Naomi and Al Eisman
Sidney Miraz
Lia Spivakova
Elena and Silvia Waisbord

In loving memory of Paul Schultz

Fanny and Ruben Rosental
Marilyn and Al Shelden
Elaine and Mark Smith
Shoshanah and Geoffrey Sternlieb

In honor of Rosalie Urlich's 95th Birthday

Carol and Mark Breier

In loving memory of Tonia Avigdor

Barrett and Alain Avigdor

In loving memory of Morritz Finkel

In loving memory of Kitty Capelluto
Stella and Eriberto Salzmann

In loving memory of Irving Rosenfeld

Jerry Horn

In loving memory of Tonia Avigdor

Barrett and Alain Avigdor

YIZKOR

Sarah Reservitz

SOCIAL ACTION

Naomi R. and Al Eisman
Joy Heitzmann
Lynn and Ivan Mendelsohn
Sharon and Raulf Polichar
Richard Scholten
Bonnie and Mel Tabak
Esther Tishman
Sonia and Jose Zyman

RABBI'S DISCRETIONARY FUND

Harriett and Sheldon Wolpoff

We apologize for any omissions

Mazal Tov

Fanny and Ruben Rosental on the Bar Mitzvah of their grandson, **Benjamin Rosenbaum**.

The Golembesky family on the Bat Mitzvah of **Rachael Golembesky**.

The Brogan family on the Bar Mitzvah of **Jonathan Brogan**.

The Gross family on the Bar Mitzvah of **Jack Gross**.

Special Thanks To

Aviva Rosenberg for her help on the Ohr Shalom Calendar/Tributue Journal. Aviva was inadvertently omitted from the special thanks on the calendar. Thank you, Aviva, for your continued help and dedication to Ohr Shalom.

We appreciate all you do!

Thank you to the wonderful volunteers that helped us make High Holy Days a bit more special by delivering gift bags and Machzorim to Ohr Shalom Members who are homebound at this time: **Aviva Rosenberg, Marci Prag, Matthew Razinsky, Love Zubiller, Joy Heitzmann, Andrea Luck, Allyson Darroch, Jeanne and David Argoff, Jessica Lemoine, Morris Lazard, Elizabeth Green, Koba, Rita Cohen**.

Todah Rabah to our September Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot, Daily Poetry Minute and Minyan Leaders:

LeAnne Adams
Aviva Angel
Hillel Angel
Jeanne Argoff
Ilan Awerbuch
Sue Brown
Rabbi Yonina Creditor
Allyson Darroch
Jonathan Geiger
Elizabeth Green
Judi Gottschalk
Beto Hamui
Joe Hartman
Rebecca Iden
Koba
Morris Lazard
Ruth Levy
Susanne Lisker
Eli Meltzer
Jennifer Meltzer
Nadiv Meltzer
Shayna Meltzer
Ivan Mendelsohn
Lynn Mendelsohn
Rachel Millstone
Amy Morris
Bill Morris
Ya'ara Oren
Rocky Reid
Ruben Rosental
Brian Stannard
Jonah Weinberg
Rabbi-Cantor Cheri Weiss
Dan Weiss
Eileen Wingard
Margalit Wollner
Marvin Yudkovitz
Andres Zagursky
Jane Zeer

Condolences to:

Marcia Sachs on the passing of her beloved brother, **Paul Schultz**.

Judith Silberg and **Renee Schor** on the passing **Sylvan Silberg**, beloved husband, father and grandfather.

Vique Chavez on the passing of her beloved father, **John Chavez**.

Daniel Rubin on the passing of his beloved wife, **BJ Rubin**.

Steve Fox on the passing of his beloved sister, **Laurie Beth Lovell**.

May their memory be for a blessing to all those who knew them and loved them.



In honor of our
mother
Jackie Ander

with all our love
Mark Ander and
Dale Ander

This was inadvertently omitted from the Tribute Journal. We apologize to the Ander family.

YAHARZEITS

Sara Feferman	Elena Waisbord's Mother.....	2-Oct/14 Tishrei
*Jaime Zands	Samy Zands' Brother.....	2-Oct/14 Tishrei
*Moises Bielaz	Remembered by the Bielaz, Bielaz and Cohen Families.....	4-Oct/16 Tishrei
Adela Hanono	Ezra Hanono's Mother.....	6-Oct/18 Tishrei
Celia Sonia Rossen	Janice Boner's Mother.....	6-Oct/18 Tishrei
Sadie Zir	Jane Zeer's Grandmother.....	6-Oct/18 Tishrei
Rashke Goldberg	Esther Tishman's Sister.....	7-Oct/19 Tishrei
Phillip Selikowitz	Remembered by Ralph Golden.....	7-Oct/19 Tishrei
William Willis	Valerie Razinsky's Father, Matthew Razinsky's Grandfather.....	7-Oct/19 Tishrei
*Ana Kalinka	Brenda Bielaz' Mother.....	8-Oct/20 Tishrei
Elia Burakoff	David Burakoff's Mother.....	10-Oct/22 Tishrei
David Mendelsohn	Ivan Mendelsohn's Father.....	10-Oct/22 Tishrei
*Solomon Salzman	Gail Kalker's Father.....	10-Oct/22 Tishrei
Dorcas Escoffery	Yvonne Scarlett's Grandmother.....	11-Oct/23 Tishrei
Ida Rosenzweig	Sherry Berlin's Grandmother.....	11-Oct/23 Tishrei
Olga Meyers	Sara Zands' Sister.....	12-Oct/24 Tishrei
Rita Fordham	Jeanne Argoff's Mother, Gillian Argoff-Treseder's Grandmother.....	13-Oct/25 Tishrei
Miriam Shlesinger	Jonathan Geiger's Sister.....	13-Oct/25 Tishrei
*Sylvia Solof Cohen	Susan Kaplan's Mother.....	13-Oct/25 Tishrei
*Sheldon M. Golden	Remembered by George and Susan Kaplan.....	14-Oct/26 Tishrei
*Emilia Groswirt	Gloria Talerman's Mother.....	14-Oct/26 Tishrei
Sol Harold Levitt	Risa Levitt Kohn and Rayna Levitt's Father.....	15-Oct/27 Tishrei
Sophie Salzman	Gail Kalker's Mother.....	15-Oct/27 Tishrei
Fortunee Sportes	Rene Sportes' Mother.....	15-Oct/27 Tishrei
*Hildee Estelle Weber	Roberta Greene's Mother.....	16-Oct/28 Tishrei
Harriet Weiss	Dan Weiss's Mother.....	16-Oct/28 Tishrei
Howard Weiss	Dan Weiss's Father.....	16-Oct/28 Tishrei
Charlotte Mostel	Linda Kucinski's Grandmother.....	17-Oct/29 Tishrei
Susana Pro	Sara Artenstein's Sister.....	17-Oct/29 Tishrei
Jeannette Rubinstein	Aaron Rubinstein's Wife.....	18-Oct/30 Tishrei
Ana Chazan	Remembered by Celia Chazan.....	19-Oct/1 Cheshvan
*Arthur Schor	Renee Schor's Father.....	19-Oct/1 Cheshvan
Abraham Broudy	Alice Broudy Cupples' Grandfather.....	21-Oct/3 Cheshvan
Laura B. Friedman	Evette Weiss' Mother.....	21-Oct/3 Cheshvan
*Ruth Sclar	Luis Maizel's Sister.....	21-Oct/3 Cheshvan
Roberto Fux Fischer	Ivan Fux's Father.....	22-Oct/4 Cheshvan
*Bernard Greenberg	Laurie Slade's Uncle.....	22-Oct/4 Cheshvan
*Martha Hartman	Joe Hartman's Mother.....	22-Oct/4 Cheshvan
Robert Loevinger	Nancy Loevinger's Father.....	22-Oct/4 Cheshvan
*Albert Cohen	Eddy Cohen's Father, Remembered by Gertrude Cohen.....	23-Oct/5 Cheshvan
Benjamin Emert	Richard Emert's Father.....	23-Oct/5 Cheshvan
Abraham Yehoshua Rubinstein	Susanne Lisker's Grandfather.....	23-Oct/5 Cheshvan
Barney Shapiro	Melinda Shapiro's Father.....	23-Oct/5 Cheshvan
Dyna Soberon	Sara Zands' Aunt.....	23-Oct/5 Cheshvan
Rebeca Rubinstein	Aaron Rubinstein's Sister.....	24-Oct/6 Cheshvan
Adlyn Pick	Daniel Pick's Grandmother.....	26-Oct/8 Cheshvan
David Reitsky	Marilyn Shelden's Uncle, Dorothy Canter's Brother.....	26-Oct/8 Cheshvan
Milton Dickman	Jennifer Tuteur's Grandfather.....	27-Oct/9 Cheshvan
Albert Limenes	Sara Limenes' Husband.....	27-Oct/9 Cheshvan
Beverly Schmier	Remembered by Ohr Shalom.....	27-Oct/9 Cheshvan
Joseph Argoff	David Argoff's Father.....	28-Oct/10 Cheshvan
Menachem Cohen	Tricia Pummill's Grandfather.....	28-Oct/10 Cheshvan
Edward Israel Goldstein	Frankie Sorrentino's Father.....	28-Oct/10 Cheshvan
Ruth Rothenberg	Anita Nemoy's Aunt.....	28-Oct/10 Cheshvan
Fortunee Levy	Lillian Keller's Mother.....	29-Oct/11 Cheshvan
Bella Braun	Sara Fainstein's Aunt.....	30-Oct/12 Cheshvan
Abraham Horstein	Harriet Wolpoff and Alma Geiger's Father.....	30-Oct/12 Cheshvan
Zelig Louis Mandel	David Mandel's Father.....	30-Oct/12 Cheshvan
*Lonnie Nesseler	Remembered by Allyson Darroch.....	30-Oct/12 Cheshvan
Alegre Altalef	Remembered by Aaron Rubinstein.....	31-Oct/13 Cheshvan
Aaron Moses Cohen	David Cohen's Father.....	31-Oct/13 Cheshvan
Zena Mendelsohn	Ivan Mendelsohn's Mother.....	31-Oct/13 Cheshvan
*Roger Zouari	Remembered by the Bunton Family.....	31-Oct/13 Cheshvan

** denotes a memorial plaque was purchased in memory of a loved one*



CALENDAR OF EVENTS

October 2020

Tishrei 5781/Cheshvan 5781

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Services and most classes found at: https://sdsu.zoom.us/j/825725847</p> <p>Schedule subject to change. Please check ohrshalom.org for the most updated information.</p>				1 13 Tishrei Wellness: Balance with Don Wright 10:30am Religious School 4:30pm Minyan 6:15pm	2 14 Tishrei Erev Sukkot Office Closes 2:00pm Erev Sukkot Service 6:15pm 6:12pm	3 15 Tishrei Sukkot I Shabbat Sukkot Morning Service 9:30am Lunch & Learn 12:30pm 7:11pm
4 16 Tishrei Sukkot II Sukkot Morning Service 9:30am Minyan 6:15pm	5 17 Tishrei Sukkot III Harry Potter Reading Hour (All-Ages) 5:00pm Wellness: Pilates with Katie White 5:15pm Minyan 6:15pm Kadima Game Night 7:00pm	6 18 Tishrei Sukkot IV Minyan 6:15pm Wellness: Meditation with Alex van Frank 7:00pm	7 19 Tishrei Sukkot V Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm	8 20 Tishrei Sukkot VI Wellness: Balance with Don Wright 10:30am Religious School 4:30pm Minyan 6:15pm	9 21 Tishrei Sukkot VII Hoshana Rabah Office Closes 2:00pm PreKabbalat Shabbat Singing 5:30pm Kabbalat Shabbat Service 6:15pm 6:03pm	10 22 Tishrei Shemini Atzeret Shemini Atzeret Morning Service with Yizkor 9:30am Simchat Torah Service and Celebration 6:00pm 7:02pm
11 23 Tishrei Simchat Torah No Religious School Simchat Torah Morning Service 9:30am 7:01pm	12 24 Tishrei Harry Potter Reading Hour (All-Ages) 5:00pm Wellness: Pilates with Katie White 5:15pm Minyan 6:15pm Choir Practice 6:30pm Kadima Game Night 7:00pm	13 25 Tishrei Minyan 6:15pm Wellness: Meditation with Alex van Frank 7:00pm	14 26 Tishrei Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Board Meeting 6:30pm Teen Lounge/Game Night 7:30pm	15 27 Tishrei Wellness: Balance with Don Wright 10:30am Religious School 4:30pm Minyan 6:15pm	16 28 Tishrei Slow Read Book Club with the Rabbi 1:00pm Office Closes 2:00pm PreKabbalat Shabbat Singing 5:30pm Kabbalat Shabbat Service 6:15pm 5:55pm	17 29 Tishrei Parshat Bereshit Bar Mitzvah: Rami Solomon Shabbat Service - 9:30am Tot Shabbat - 3:00pm 6:53pm
18 30 Tishrei Rosh Chodesh Cheshvan Religious School 9:30am Minyan 6:15pm	19 1 Cheshvan Rosh Chodesh Cheshvan Harry Potter Reading Hour (All-Ages) 5:00pm Wellness: Pilates with Katie White 5:15pm Minyan 6:15pm Choir Practice 6:30pm Kadima Game Night 7:00pm	20 2 Cheshvan Minyan 6:15pm Wellness: Meditation with Alex van Frank 7:00pm	21 3 Cheshvan Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Teen Lounge/Game Night 7:30pm	22 4 Cheshvan Wellness: Balance with Don Wright 10:30am Religious School 4:30pm Minyan 6:15pm	23 5 Cheshvan Slow Read Book Club with the Rabbi 1:00pm Office Closes 2:00pm PreKabbalat Shabbat Singing 5:30pm Kabbalat Shabbat Service 6:15pm 5:47pm	24 6 Cheshvan Parshat Noach Bar Mitzvah: Gideon Mandel Shabbat Service 9:30am Tot Shabbat 3:00pm 6:46pm
25 7 Cheshvan Religious School 9:30am Minyan 6:15pm	26 8 Cheshvan Harry Potter Reading Hour (All-Ages) 5:00pm Wellness: Pilates with Katie White 5:15pm Minyan 6:15pm Choir Practice 6:30pm Kadima Game Night 7:00pm	27 9 Cheshvan Minyan 6:15pm Wellness: Meditation with Alex van Frank 7:00pm	28 10 Cheshvan Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Teen Lounge 7:30pm	29 11 Cheshvan Wellness: Balance with Don Wright 10:30am Religious School 4:30pm Minyan 6:15pm	30 12 Cheshvan Office Closes 2:00pm PreKabbalat Shabbat Singing 5:30pm Kabbalat Shabbat Service 6:15pm 5:40pm	31 13 Cheshvan Parshat Lech-Lecha Bar Mitzvah: Andres Zagursky Shabbat Morning Service 9:30am Tot Shabbat 3:00pm 6:39pm
1 14 Cheshvan <i>Turn Clocks Back 1 Hour</i>  Religious School 9:30am Minyan 6:15pm	2 15 Cheshvan Harry Potter Reading Hour (All-Ages) 5:00pm Wellness: Pilates with Katie White 5:15pm Minyan 6:15pm Choir Practice 6:30pm Kadima Game Night 7:00pm	3 16 Cheshvan Minyan 6:15pm Wellness: Meditation with Alex van Frank 7:00pm	4 17 Cheshvan Adult Ed: Daf Yomi 10:00am Harry Potter Reading Hour (All-Ages) 5:00pm Minyan 6:15pm Teen Lounge 7:30pm	5 18 Cheshvan Wellness: Balance with Don Wright 10:30am Religious School 4:30pm Minyan 6:15pm SHABBAT SAN DIEGO	6 19 Cheshvan Office Closes 2:00pm PreKabbalat Shabbat Singing 5:30pm Kabbalat Shabbat Service 6:15pm SHABBAT SAN DIEGO 4:34pm	7 20 Cheshvan Parshat Vayeira Shabbat Sukkot Morning Service 9:30am Tot Shabbat 3:00pm SHABBAT SAN DIEGO 5:33pm