

PARKING LOT: St. Paul's Community Care Center parking lot may **ONLY** be used **during services on Fridays and Saturdays and at no other time.** The entrance is on Third Ave. between Maple and Nutmeg Streets.



DAVAR MEGILLAH

AUGUST 2018 • MONTHLY NEWSLETTER • AV 5778/ELUL 5778

UPCOMING EVENTS



ADULT EDUCATION SCHEDULE

See page 6 for details



Saturday, August 11, 12:45pm ZIMMUN AND ZEMIROT ("SINGING")

See page 3 for details



Sunday August 12 10:00am ADULT ED: YOGA YOM RISHON

See page 6 for details



Sunday, August 12, 11:30am ADULT ED: LEARNING TO LEYN HAFTARAH

See page 6 for details



Sunday, August 12, 5:00pm Thursday, August 16, 7:00pm SHOFAR ACADEMY

See page 6 for details



Sunday, August 12, 12:40pm JEWISH COMMUNITY DAY AT PETCO

See page 11 for details



Friday, August 17, 6:45pm SHABBAT AT THE BAY

See page 3 for details



Wednesday, August 29, 7:00pm MEN'S CLUB POKER

As the Word Turns . . . and It (and I) Get Another Year Older

By Rabbi Scott Meltzer

Rosh Chodesh Elul is just around the corner – Saturday and Sunday, August 11th and 12th. That means that Rosh HaShanah is just around the corner. In just over a month we will celebrate the world getting one year older. As we count in our tradition, we will celebrate the world's 5779th birthday. While the number is certainly off scientifically, the concept is brilliantly accurate. As the world ages, it changes. So much is dynamic, not static.

As goes the world, so goes each of us. Very few of us have our birthday on Rosh HaShanah, but whether or it was in the past six months, in the coming six months, again marking the anniversary of our birth, and our aging, is never too far off. Like the world, change is the one constant. Thirteen was not thirty-three, which was not fifty-three, and seventy-three was something quite different.

At the end of the Torah, we read about Moshe that "he was 120 years old when he died, and his eyes were not dim and his strength had not diminished" (Dt 34:7). This is stated about Moshe because it is different than other people's

experience. Many of us do not have the eyesight we had in our youth, nor the strength and endurance – that isn't to mention the aches, soreness, limps, and all the things that I probably don't want to list in the Davar.

This is a classic paradigm of aging – aging equals loss. It is why the Moshe example is so exceptional. It is too easy to think that this paradigm is reality. The reality is, if we are fortunate and blessed, we age, and as we age, life changes. How we understand those changes – how we understand aging – is a choice. The paradigm we choose, the lens through which we understand aging, conceptually and personally, matters a great deal and will greatly influence our own aging process.

Not surprisingly, our tradition has many examples of people growing older, and a whole lot to say, teach and question about the process.

We live in a culture that often

Rabbi's Message continued on Page 7

IT'S MEMBERSHIP RENEWAL TIME!

Your Membership Renewal forms have been mailed.

We thank you for your continued membership and encourage you to return your Membership Renewal Forms promptly.

Please do not hesitate to contact the office with any questions.

Thank you!



Selichot Service

with the Ohr Shalom Choir

Saturday, September 1, 8:00pm

✧ Changing of our daily Torah Covers to the white festival Torah Covers in preparation for the High Holy Days.

✧ Dedication of Memorial Plaques installed during the past year.

Dessert Reception to follow.





WORDS FROM THE PRESIDENT

Lynn Mendelsohn
President

Mr. Rogers' Kehillah

In mid-July, Ivan and I saw *Won't You Be My Neighbor?*, a film tribute to Fred Rogers, the host of *Mr. Rogers' Neighborhood*, much beloved by millions of preschoolers when it aired on PBS-TV between 1968 and 2001. Mr. Rogers grew up in Pittsburgh, as did I, and he lived there nearly his whole life – in Squirrel Hill, which has been the city's primarily Jewish area since the 1920's. For many years my father drove the Squirrel Hill bus, Route 61C, and Mr. Rogers often was his passenger.

Won't You Be My Neighbor explains that Fred Rogers was more than just a television personality. An ordained Presbyterian minister, he was on a humanitarian mission: He sought to use TV to reach and comfort children, thereby enabling them to grow into emotionally sound and loving adults. Often he organized programs around themes addressing childhood fears: war, parental conflict, divorce, illness, starting school, having a new sibling, physical deformity, loneliness, death. He would speak of these topics directly, looking into the camera, telling his audience that their feelings were OK to have, and reassuring them that their parents, or other adults, would not let them down.

In the fall of 1968, a racially tense year that saw the assassination of Dr. Martin Luther King, Jr., Mr. Rogers aired an episode in which he invited the Neighborhood's African American singing policeman, Officer Clemmons, to join him as he cooled off on a hot day. They soaked their feet in an inflatable backyard pool and shared a towel. Fred Rogers always could find a non-threatening way of modeling kind behavior and confronting prejudice.

In both private and public, he lived out his conviction that each human being is valuable, having "something that no one else has – or ever will have." "We have a responsibility," he wrote, to "encourage each other to discover that uniqueness."

In declining health, Fred Rogers stopped production of *Mr. Rogers' Neighborhood* in 2001. (He died in 2003.) Following the World Trade Center attacks of September 11th Mr. Rogers came out of retirement for one last television appearance.



Officer Clemmons with Mr. Rogers

Won't You Be My Neighbor? presents his post-9/11 message to America's adults, members of his former audience who now were parents. Seated at his piano, as he often was, and looking distressed, Mr. Rogers exclaims:

"I know how tough it is some days to look with hope and confidence on the months and years ahead... I'm so grateful to you for helping the children in your life to know that you'll do everything you can to keep them safe, and help them express their feelings in ways that bring healing to many different neighborhoods... We are all called to *Tikkun Olam*, to be repairers of creation."

Although Mr. Rogers had an apartment in New York and a summer house on Nantucket Island, he spent most of his adulthood in Squirrel Hill. Thus Mr. Rogers' Neighborhood, in real life, was a Jewish one! No doubt due to this, he came to understand that his personal mission as a Christian mirrored a major aspiration of the Jewish people – and the Jews had a term for it.

How affirming it was to catch a glimpse of the life of this wonderfully good man, and to observe how *Tikkun Olam* manifests itself when a person – of any religion – chooses to live it every day. I'm still a big fan.



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DAVAR

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.

Bulletin Deadlines

Readers are welcome to submit articles, photos, event notices to the Davar. Please e-mail all submissions to: davar@ohrshalom.org

Deadline:

- August 5 for September issue
- September 5 for October issue

Ohr Shalom's Publicity Liaison:

Jane Zeer

Attention Committee Chairs and Program Coordinators: Please contact Jane at janezeer@cox.net to coordinate publicity of upcoming events.

OHR SHALOM SERVICE SCHEDULE

KABBALAT SHABBAT SERVICE SCHEDULE

Friday, August 3 - 6:15pm (Kabbalat Shabbat Service)
Friday, August 10 - 6:15pm (Kabbalat Shabbat Service)
Friday, August 17 - 6:45pm (Shabbat at the Bay)
Friday, August 24 - 6:15pm (Kabbalat Shabbat Service)
Friday, August 31 - 6:15pm (Kabbalat Shabbat Service)

ZIMMUN AND ZEMIROT ("SINGING")



Saturday, August 11 at 12:45pm

After Shabbat lunch, we'll sing *Birkat HaMazon* to begin an afternoon of song and celebration.

We'll sing *zemirot* (songs) from the traditional bentcher and learn some new ones from Rabbi Adler and fellow community members.

If you have any Jewish songs or *niggunim* (melodies) to share, please be sure to bring them along!

Shabbat at the Bay

Friday: **August 17**

Come early and bring your own dairy/pareve dinner

6:45pm - Kabbalat Shabbat Services

PLAYA PACIFICA - MISSION BAY PARK

Playa Pacifica Park in Mission Bay Park: I-5 to Exit 22: Clairemont Drive / Mission Bay Drive. Drive west towards the bay. Turn left (south) on East Mission Bay Drive. Drive 0.2 miles and turn right into parking lot. We will be near the blue-roofed gazebo. (The Hilton Hotel is south of our gathering.) *Don't forget your folding chairs & blankets!*



Donate today, and give millions of Americans a sweet New Year - where they are not forgotten, not ignored, and certainly not hungry.

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PARSHIYOT AND CANDLELIGHTING August 2018



PARSHAT EIKEV

Fri. August 3 | 22 Av  7:25pm
Sat. August 4 | 23 Av
Torah: Deuteronomy 7:12 - 11:25
Haft: Isaiah 49:14 - 51:3

PARSHAT RE'EH

Fri. August 10 | 29 Av  7:18pm
Sat. August 11 | 30 Av
Torah: Deuteronomy 11:26 - 16:17
Haft: Isaiah 66:1 - 66:24

PARSHAT SHOFTIM

Fri. August 17 | 6 Elul  7:12pm
Sat. August 18 | 7 Elul
Torah: Deuteronomy 16:18 - 21:9
Haft: Isaiah 51:12 - 52:12

PARSHAT KI TEITZEI

Fri. August 24 | 13 Elul  7:04pm
Sat. August 25 | 14 Elul
Torah: Deuteronomy 21:10 - 25:19
Haft: Isaiah 54:1 - 54:10

PARSHAT KI TAVO

Fri. August 31 | 20 Elul  6:55pm
Sat. September 1 | 21 Elul
Torah: Deuteronomy 26:1 - 29:8
Haft: Isaiah 60:1 - 60:22

Ohr Shalom's Choir!

Come join us on Mondays at
6:30pm

August 6
August 13
August 20
August 27



Shabbat Morning Babysitting



Reservations are strongly recommended.
E-mail your reservation to:
office@ohrshalom.org.

Shanah Tovah!



OHR SHALOM SYNAGOGUE

2018 ✨ HIGH HOLY DAYS SERVICES ✨ 5778-5779

SELICHOT

- Selichot Service with ChoirSaturday, September 1, 8:00pm

ROSH HASHANAH

- Erev Rosh Hashanah Sunday, September 9, 7:00pm
- Rosh Hashanah 1st Day.....Monday, September 10, 8:30am
Tashlich..... TBA
(at Playa Pacifica, Mission Bay)
- Rosh Hashanah 2nd DayTuesday, September 11, 8:30am

YOM KIPPUR

- Erev Yom Kippur Tuesday, September 18
- Family Kol Nidre Service 3:00pm
Kol Nidre.....6:00pm
- Yom Kippur.....Wednesday, September 19
Service with Yizkor 8:30am
Mincha & Ne'ilah..... 4:15pm
Break the Fast 7:30pm

VOLUNTEER OPPORTUNITY TO SERVE AS USHERS DURING THE HIGH HOLY DAYS

If you would like to volunteer, please contact the office. Below are some basic guidelines of ushering during the High Holy Days.

- ✨ Greeting congregants and making them feel welcome and comfortable.
- ✨ Checking that all males are wearing a Kippah and Jewish males over 13 years of age are wearing a Tallit during Shacharit (morning services) and Kol Nidre.
- ✨ Delaying entrance to the Sanctuary during the Rabbi's Sermon.
- ✨ Keeping noise levels down outside the Sanctuary.
- ✨ Making sure no electronics are in use in the synagogue building.

YOM TOV FLOWER SPONSORS

SUGGESTED DONATION: **\$180**



We invite you to be a Yom Tov Flower Sponsor.

Your contribution will help brighten and adorn the sanctuary with beautifully decorated fresh flowers throughout the High Holy Days.

Call or email the office for details.

LULAV AND ETROG: THE FOUR SPECIES



The Torah commands us to gather four species during Sukkot: We are asked to take the *etrog* (a citron), the *lulav* (branches of palm trees), *hadas* (myrtle) and *aravah* (willow) and rejoice with them for seven days. Except for the Sabbath, these four symbols are held together during portions of the morning worship service throughout the seven days of Sukkot. They are waved in all directions in acknowledgment of God's

sovereignty over all of nature. The four plants are to be held in the way they grow – upward, not downward. This has been understood as a hint that the Torah does not wish to thwart human growth, but to encourage us to reach our full potential.

To order your own Lulav and Etrog Set at \$40/set, call the office (619) 231-1456. ORDER DEADLINE: Friday, August 24.

HIGH HOLY DAYS

High Holy Days Youth Programming

Registration is strictly required

Please check your High Holy Days mailing

SHULI – Babysitting:

For children in preschool and younger. Includes playtime, stories, songs and food.

Rosh Hashanah Day 1: 8:30am-1:30pm

Rosh Hashanah Day 2: 8:30am-1:00pm

Yom Kippur Morning: 8:30am-2:00pm

Yom Kippur Afternoon: 4:00pm-7:00pm

FAMILY SERVICE:

Family service is geared toward elementary aged children but all are welcome. Parents are encouraged to participate. However, CHILDREN IN GRADES 2-6 can attend without an accompanying adult. All younger children must be accompanied by at least one adult.

Rosh Hashanah Day 1: 9:30am-11:00am

Rosh Hashanah Day 2: 9:30am-11:00am

Yom Kippur Morning: 9:30am-11:00am

KID'S KAHAL:

For children in school grades TK-6th. Includes arts, crafts, food and games

Rosh Hashanah Day 1: 11:00am-1:30pm.

Rosh Hashanah Day 2: 11:00am-1:00pm

Yom Kippur Morning: 11:00am-2:00pm

Yom Kippur Afternoon: 4:00pm-7:00pm

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(619) 231-1456

NEW GIVING OPPORTUNITIES at Ohr Shalom



You may have noticed a poster in Ohr Shalom's lobby that outlines a new donor program called **Sustaining Membership**. Throughout the summer, our Past President Ray Sachs has

been meeting personally with member couples and individuals to request that they pledge a substantial amount above and beyond the total of their 2017-18 dues and contributions, to be paid annually for the next three years. The goal of the Sustaining Members program is to ensure Ohr Shalom's financial health for the immediate future.

To those who have chosen to become Sustaining Members, a heartfelt THANK YOU!

Sustaining Members will enjoy many benefits throughout the three years of their exceptional support, including

- Tickets each year to the *Lights of Ohr Shalom* dinner
- A listing on an inscribed Sustaining Members *Tree of Life* branch in the synagogue lobby
- A full-page Gold Ad in our annual *Tribute Journal*
- Tickets to all Ohr Shalom *On the Town* concerts and plays
- High Holy Days garage parking
- A table for 8 at each *Shabbat Kehillatit* dinner
- Two tickets to Ohr Shalom's annual Passover Second Seder
- OSYG and Religious School benefits as they might apply

Sustaining members will be exempted from increases in membership dues over the coming three years.

Also open to Ohr Shalom members this fall will be **Guarantor Membership** status. A couple or individual member will be able to become a "Guarantor" at the Kol Nidre pledge on Yom Kippur by "moving up one tab" on their pledge card. Thus, a person or couple who pledged to pay \$36 per month for 2017-18 might become a Guarantor by committing to \$54 per month for the next three years. Guarantors will receive a leaf, to be inscribed as they wish, on the *Tree of Life*, and will be invited to be Ohr Shalom's guest at one *On the Town* play or concert of their choosing.

More detailed information about Sustaining Membership and Guarantor Membership will appear in the September *Davar*.

In the meantime, think about how you might participate in one of these programs to support our beloved Ohr Shalom!



ADULT EDUCATION

Lita Kleger
Adult Education Chair

Classes this summer are taught by Rabbinic Intern Sydni Adler (rabbiadler@ohrshalom.org) on Sunday mornings.

YOGA YOM RISHON

August 12 at 10:00am

Celebrate a new month (*Rosh Chodesh Elul*) with a morning of yoga practice! We'll rest, recharge and also challenge ourselves a bit in preparation for a month that is traditionally set aside for passionate learning and preparation for the High Holy Day season.



LEARNING TO LEYN HAFTARAH

August 12 at 11:30am

Learn the melodies necessary to chant Haftarah in front of our community. Unlike when chanting Torah, when you chant Haftarah on Shabbat or holy days, you will see all of the punctuation, vowels, and trope markings, in a font that is very easy to read! No Torah leyning experience is necessary, but please come with a strong ability to read vocalized Hebrew. [This class began in July. Please contact Rabbi Adler (rabbiadler@ohrshalom.org) to see if you can still join the class.]



Sunday Morning TALK SHOWS Are Back!

We have been planning exciting Sunday Morning Talk Shows that will be thought-provoking, energizing and entertaining. The year ahead will include several programs to broaden our understanding of environmental issues and expand our awareness of ways we can participate in this essential *tikkun olam* effort.



Sunday, September 16 at 10:00am

To begin 5779, we will host **Eddie Mendelsohn**, who for over four decades has provided equipment used in the recycling industry both nationally and internationally. He is an expert in the mechanics and economic realities of recycling and how public policies affect local outcomes. He will be accompanied by **Mario Cadena** who also has extensive experience in the trash and recycling industry, and Kip Sturdivan, former recycling manager for the City of San Diego. In addition to expanding awareness of the social, economic and ethical issues surrounding recycling; they will provide tips and tools for starting the new year with simple and effective ways we can make a difference in our environment.

Sunday, October 14 at 10:00am

Mark your calendars for an enlightening, balanced, non-partisan examination of the November ballot measures delivered by Ohr Shalom political pundit **Jason Bercovitch**.



For both programs come a bit early for continental breakfast starting at 9:45am.

NEW! Marpeh



THE OHR SHALOM WELLNESS PROGRAM Yoga! Meditation! Nutrition! No fee!

Beginning on Sunday, September 23 from 3:00-5:00pm

Ohr Shalom will present, **free of charge**, a holistic wellness program called *Marpeh* (Hebrew for "healing" or "remedy") for women! Thanks to generous financing by the Jewish Women's Foundation of San Diego, classes will generally meet two Sunday afternoons each month, over a period of 10 months.

To qualify for *Marpeh*, you must be:

- An adult woman of any age interested in exploring yoga, meditation, and nutrition through a Jewish lens, *and*
- A person for whom high-quality classes on those topics have been unavailable due to financial considerations.

Classes will be two hours long, the first hour devoted to yoga instruction and meditation and the second addressing nutrition.

- Yoga, meditation and nutrition classes will be under the direction of Ohr Shalom member **Alex Van Frank**, a Certified International Yoga Therapist with more than a decade of yoga experience at all levels.

- *Marpeh's* nutrition instructor will be **Romina Waisbaum**, who holds an MS degree in Nutrition, Health and Nutrition Science from Georgia State University and has taught nutrition classes at WiC and Sea Mar CHC in both Georgia and Washington

A healthy Kosher snack will be served at the end of each session.

On-site child care and yoga supplies will be provided free of charge!

Marpeh is open to women throughout the entire San Diego Jewish community. Please tell your friends about the program. The Fall 2018 schedule is as follows (Sundays from 3:00 to 5:00pm):

September 23, October 14 and 28, November 11 and 25, December 9 and 23. Dates of Spring 2019 classes will be announced soon.

A million thanks to Ohr Shalom Board Member **Becky Zipp**, who wrote and submitted the funding proposal for *Marpeh*.

Please contact the synagogue office (619-231-1456, office@ohrshalom.org) or Alex Van Frank (vanfrank@mac.com) to register for *Marpeh!* (*limited to 15 participants*)

LEARN TO BLOW SHOFAR

Shofar ACADEMY at Ohr Shalom



**Sunday, August 12 at 5:00pm and
Thursday, August 16 at 7:00pm**

Learn to Blow Shofar for the High Holy Days!

Joshua Goldman, Shofar Master, is donating his time and talent for two one-hour classes for intending Shofar Blowers ages 12 and up, males and females. No prior experience needed.

Classes are free-of-charge. Come for one or both sessions. (Joshua feels confident that the basics of shofar-blowing can be mastered in one session.)

To register for the Shofar Academy, please contact the Ohr Shalom office (office@ohrshalom.org, (619) 231-1456). RSVP required.

If you are comfortable with your shofar and if Rabbi Meltzer agrees, you will be invited to the *bimah* at Ohr Shalom during the High Holy Days to blow the shofar. This year, 2018/5779, none of the holidays will fall on Shabbat, so you will have a maximum number of opportunities to blow your shofar!

Joshua will bring with him a few shofars, but he strongly advises that students obtain their own so that they become accustomed to their instruments. Make sure that you buy a shofar that has been certified as Kosher.

If you would like to purchase a Kosher shofar from the Ohr Shalom Sisterhood gift shop, please call the office at (619) 231-1456.

ADULT EDUCATION (CONT.)



Ohr Shalom Tour

ISRAEL – 70 Years of Craft & Design

**at the Mingei Museum in Balboa Park
Sunday, August 5 at 10:00am**

Please join us for this opportunity. We will meet at 9:45am outside the museum located at Plaza de Panama in Balboa Park. The special discounted admission rate is **\$5.00 per person**. After the tour, please join us for lunch at the vegan fast food restaurant Evolution, 2965 Fifth Avenue.

For more information and to RSVP, contact Lita at lita.kleger@gmail.com, (703) 627-2847.

RABBI'S MESSAGE CONT.

presents aging as something that should be resisted, fought against and denied. This is shameful, and counter productive for anybody striving to live well.

Without aging we would never know the experience of returning to the same Torah portions, each year a little older, and seeing new depths in the words, as we have developed new depths in ourselves.

Without aging we would never know the blessings of developing the depth of a fifty-year relationship to another person, to a favorite book or a song.

We would never achieve wisdom.

As we prepare for Rosh HaShanah and the Ten Days of Repentance, we do Teshuvah to repent from our past misdeeds, and to renew ourselves. Not to start over by undoing the past, but to move forward on a better path by repairing the misdeeds of our past – a perfect time to continue our reflection on growing older.

Wednesday mornings this Fall, beginning on October 3, we will have a great opportunity to continue that reflection through study, reflection and sharing. (Please see the description of our **Series on Aging** below.) I hope to see you then.

SERIES ON AGING WITH RABBI MELTZER

Wednesday mornings beginning October 3, 10:30am

Would you like to explore what our tradition teaches us about aging? What are the stories that teach us, inspire us, perhaps lead us closer to wisdom? Who are the teachers in our past whose perspectives on aging could most shine light on our own?

Please join us on 7 Wednesday mornings this Fall to explore the texts of the tradition, as well as our own insights and experiences as we try to understand aging by asking questions like:

- What is significant in this stage of my life?
- What are the opportunities and responsibilities that I have now that are different than before?
- What have I learned so far, and what do I want to continue to learn?
- When I was little, what did I think my life would be like at this stage? How was I right and wrong?
- What are the good/bad parts of aging so far?
- What scares/excites me about aging going forward from this day?





SISTERHOOD

Susanne Lisker
Past President

My article this month is about a very courageous Jewish woman who fought to be free. She was known as the Guardian Angel of Soviet Jews.



Ida Nudel

Ida Nudel was born in Crimea in 1931. Her parents were “idealistic Communists” who had no time for her as they were “building a new world.” They sent her to her grandparents to live in the first Jewish *kolkhoz* (a Soviet collective farm). She spoke fluent Yiddish. As a young girl she returned to her parents in Moscow where she went to school and then University to study economics.

After graduating, she worked for three years in the Ural Mountains region. She returned to Moscow and worked in an office dealing with finances related to the building industry.

Her father, a colonel in the Russian army, was killed in the battle for Leningrad but it was from her mother that she learned that being Jewish in the USSR could be problematic.

In 1970, she applied for an exit visa but was refused. The authorities claimed she “possessed state secrets, having learned them at the Moscow Institute of Planning and Production” where she worked checking hygiene at food stores.

Soon, her “punishment” began. She was fired and in 1978 was sentenced to 5 years of internal exile on charges of “malicious hooliganism” for placing a banner in her apartment window demanding she be permitted to go to Israel. Her “crime”: keeping contact with and looking after “Prisoners of Zion,” many of whom called her “mama.”

In 1982 she was released but warned not to socialize with “refuseniks” or foreigners. She was given a job in Moldavia.

In April 1984 Jane Fonda, the actress, visited her, starting a close friendship. Fonda campaigned aggressively for Ida's release, but in 1985 she was barred entirely from entering Moscow.

During her imprisonment, she was forced to live with male ex-convicts, surrounded by rats, and poisoned, sleeping with a knife under her pillow to take her own life, if necessary.

Her struggle ended on October 15, 1987 when she reached Israel. She was greeted first by her younger sister Elana Friedman, who had left the USSR back in 1972. She was in tears and said: “It is the moment of my life. I am home at the soul of my Jewish people. I am a free person among my own people.” She was also greeted by Prime Minister Itzhak Shamir and her friend Jane Fonda who summarized the event as follows: “She was most hated by the KGB. She was a woman fighting not just for herself but for all Jews in the Soviet Union who want to leave. She would not stop despite ill health and terrible difficulties. Ida is little, but she is beautiful.”

After settling in Israel, she engaged in helping single Russian mothers through education and moral support, and became busy trying to push the Israeli government to do more for Russian immigrants. Her concern was that, unless more was done to help them integrate, Israel would lose the chance to take in the two million Russian Jews wanting to emigrate. What an incredible role model!



SISTERHOOD CORNER

Marda Rose
Sisterhood President

We hope you are enjoying the summer. We're already gearing up for our fall events and look forward to seeing you at them:

- **Sisterhood Welcome Back Breakfast** – Sunday, August 19 at 10:30am
- **Sisterhood Shabbat** – Friday, September 28 during Sukkot

SISTERHOOD WELCOME BACK BREAKFAST

**Sunday, August 19 at 10:30am
in the Social Hall**

Sisterhood members and those considering membership are welcome to join us. You'll be able to meet and greet other Sisterhood members, talk with the incoming board, learn about committee opportunities, and offer input for upcoming events.



If you are planning to attend the breakfast, please RSVP to Marda (sisterhood@ohrshalom.org)

SISTERHOOD MEMBERSHIP RENEWAL

Please remember to renew your membership if you haven't already.

You can find information on our website at ohrshalom.org/programs/sisterhood-2/. Send payment to the synagogue office. Make your check payable to “Ohr Shalom Sisterhood.”

Thank you to everyone who has renewed. We appreciate your support.

SISTERHOOD GIFT SHOP

Looking for Sisterhood Member Volunteers to help with opening the gift shop. If you are interested please contact giftshop@ohrshalom.org.

Gift Shop Hours – By appointment at giftshop@ohrshalom.org.

Jewelry, Candlesticks, Kiddush Cups, Mezuzot, Scrolls, and More!



Visit our virtual shop at ohrshalom.org/sisterhood. Special Requests? Email us.





RABBINIC INTERN

Sydni Adler
Rabbinic Intern

Devarim - Deep Diving Into Words

In the month of August, we'll be continuing our journey through the book of *Devarim*, the last book of the Torah, Deuteronomy. The Hebrew word *Devarim* literally means "words," but it can more deeply mean things, matters, or stuff. Judaism is a tradition filled with words, both culturally and religiously. While the words of communal conversation, study, and questioning can be intriguing, the massive amount of Hebrew words in the prayer book and Torah readings can sometimes be mind numbing, especially if Hebrew is not our first language.



I'd like to give some suggestions for how to follow and find meaning in the vast sea of Hebrew words we encounter in Shabbat services and minyan. The next time you're at services, when you're running through a prayer or following along with the Torah portion, notice how many Hebrew words you know the meaning of. You might ask yourself, what does it mean that I know these words specifically? What is the significance of these words to me personally, and to Judaism as a whole? After that, each time you come

to services, try learning a new word. What are the words that repeat themselves a lot throughout prayer, and why do these words matter so much to the authors of these prayers? You might even take a moment to choose one word to meditate on, using *shalom* (peace), *modim* (thanks), or any other word you might find as a sort of mantra or intention for the day ahead of you.

By diving into the Hebrew of our ancient texts, we can more fully join our ancestors' millennia of traditions, beliefs, and personal quests for meaning.

AUGUST SCHEDULE OF SERVICES WITH RABBINIC INTERN SYDNI ADLER

Friday, August 10 at 6:15pm
Kabbalat Shabbat Service

Saturday, August 11 at 9:30am
Shabbat morning service,
Zimmun and Zemiroth at 12:45pm



ISRAEL DESK

Susie Meltzer
Israel Desk

Yad Sarah: A Lifeline to Vulnerable Israelis in Need

I learned about Yad Sarah while visiting their booth at the Israel Fest 2018 this past spring in Liberty Station. Yad Sarah's defining mission in Israel is to provide support for people of all ages who are recovering at home from illness, injury, or trauma, as well helping the frail and homebound, people with disabilities, and victims of terror.



Founded in 1976, Yad Sarah is Israel's largest volunteer-staffed organization. With the dedicated help of over 6,000 volunteers and operating through over 100 branches located in every corner of Israel, Yad Sarah provides annually a vital array of compassionate home-based healthcare support services and medical equipment, all for free or at nominal cost to hundreds of thousands of people in Israel.

The range of services and programs they deliver is astonishing. Yad Sarah is best known for its extensive Lending Service for medical and rehab equipment. They loaned out 320,000 items at no cost to borrowers in just the past year. Their dedicated volunteers do much more, including driving wheelchair-accessible vans, reaching out to the homebound, being advocates for at-risk populations, and helping staff at a play center for children with special needs. More than 420,000 people receive assistance from Yad Sarah annually, with the aid reaching one out of every two families in Israel.

Yad Sarah provides a lifeline not only for Israel's permanent residents, but also for visitors with acute needs. Through Yad Sarah, tourists can borrow medical equipment, outfit their hotel rooms with adaptive devices and receive transportation assistance to ensure that they remain active and independent during their visit.



Yad Sarah also has a long history of innovation, responding to some of Israel's most pressing social needs with new solutions. Examples are its mobile dental clinic that treats people across the country, including those in peripheral areas; its elder-law services that have revolutionized Israel's guardianship laws; and its home-hospital services that enable people to get a timely hospital discharge, thereby relieving pressure on Israel's overburdened health care institutions and permitting people to recuperate at home.

A full fifth of the Israeli government's total budget is devoted to social welfare expenditures, according to the Taub Center for Social Policy Studies. Expanding access to social services helps ensure that no vulnerable Israeli is left behind—and arguably no organization advances this cause more powerfully than Yad Sarah. This is yet another wonderful example of Israelis practicing *Tikkun Olam*.

Learn more at: www.friendsofyadsarah.org



SOCIAL ACTION

Rachel Millstone
Social Action Chair



TAY Academy Lunch Project

The at-risk, homeless youth who spend up to several hours a day at the TAY (Transition Age Youth) Academy experience food insecurity daily. The TAY is very appreciative of the help our Congregants and local restaurants give them by providing lunch for their clients on an ongoing basis. If you can help by providing a meal for 18 (home-made or store bought), please contact Marilyn Shelden at 619-368-2047.



Todah Rabah for their ongoing support



The Embargo Grill and Souplantation
Located at 3960 West Point Loma Blvd. in the Midway Towne Center

The Embargo Grill features the distinctive and delicious tastes of the Caribbean. For a 10% discount, mention that you're from Ohr Shalom Synagogue!

Souplantation features salads, soups and more.

These restaurants have each been generously donating meals one day a month to the TAY. Please take the opportunity to go in to thank and support our partners in this very important mission. Let them know you're from Ohr Shalom.



Please remember to bring non-perishable food for the Jewish Family Service *Hand Up* Youth Food Pantry whenever you come to Ohr Shalom. Look for the blue barrel in the Lobby.



Please contact Rachel Millstone at rdmillstone@gmail.com if you have a social action project you'd like our help accomplishing or to be put on the Friends of Social Action email list.



Monetary donations to "Social Action Fund" to be used for special projects are always appreciated.

OHR SHALOM IS ON AMAZONSMILE!

Support Ohr Shalom by starting your shopping at smile.amazon.com and selecting **Ohr Shalom Synagogue** as your charity.



Ohr Shalom ON THE TOWN Final Summer Event

SAN DIEGO SYMPHONY BAYSIDE SUMMER NIGHTS CONCERT

1812 Tchaikovsky Spectacular
with fireworks and cannons



Sunday, September 2, 2018, 7:30pm

Embarcadero Marina Park South
(On the Bay, behind the downtown Convention Center)

We have reserved tables-for-4 in "Cabaret Section 2." You may bring your own food (but not drinks) or order from vendors on-site.

Group discounted tickets will cost **\$40 each.**

As soon as you can, please tell Lynn Mendelsohn that you are interested (text: (619) 980-1801 or email mendasst@n2.net)

Parking for Bayside Summer Nights is difficult. To avoid problems, we hope to carpool from Ohr Shalom. However, joining a carpool will require that you contact Lynn by August 22nd. Otherwise, you might consider taking the Trolley Green Line to the Convention Center, using Uber or Lyft, or pre-purchasing "Pops Preferred Parking" at the San Diego Symphony web site (www.sandiegosymphony.org).

Ohr Shalom ON THE TOWN Fall 2018

A new season of *Ohr Shalom on the Town* is on its way! As you know, this program arranges group-discounted tickets for Ohr Shalom members and their friends to diverse performances of plays, musicals and concerts at venues throughout San Diego County. Most of these have a Jewish connection of some sort – perhaps via their theme or author. Tickets to the events are available separately, so that you can select which ones you want to attend.

For Fall 2018, our selections and dates are:



San Diego Repertory Theater: **ACTUALLY**, a play that attempts to sort out love from sexual attraction, written by Anna Ziegler, playwright of *The Wanderers* (which many of us enjoyed at the Old Globe this past spring). Thursday, October 18, at 8:00pm.



Broadway San Diego: **WICKED**, the 2003 Broadway musical that is a prequel to *The Wizard of Oz*. With music and lyrics by Stephen Schwartz, the original production of *Wicked* had a 15-year run on Broadway. Sunday, November 4, at 1:00pm, Civic Theater, Downtown.



San Diego Symphony, **Bernstein and His World**, part of this year's international Bernstein@100 celebration. Featuring American-Israeli pianist Orli Shaham in a performance of Bernstein's *2nd Symphony*, the concert also includes Aaron Copeland's *Appalachian Spring*. Saturday, November 17, 8:00pm.



San Diego Symphony, **Vivaldi and Bach with Avi Avital**. Renowned Israeli mandolin artist Avital plays Bach concertos as you never have heard them before. The program also includes works by Vivaldi and Stravinsky. Saturday, December 8, 8:00pm.

Lynn Mendelsohn will continue this fall to handle ticket purchases for *Ohr Shalom on the Town*. Her email address is mendasst@n2.net.



RELIGIOUS SCHOOL

Cheryl Katz
Religious School Principal

Shalom, Chaverim!

Can you smell the freshly cracked-open textbooks? Are you breaking in your new school shoes? It's time, it's time, and soon all the leaves that are going to change will begin their transitions! It's almost time for school!

As you may be able to tell, I really love school, and all the stuff that goes with it. The best part, though, is meeting teachers, students, parents, and everyone who will be part of school. We make new friends, and use those connections to learn together.

"I believe that the school is primarily a social institution. Education being a social process, the school is simply that form of community life in which all those agencies are concentrated that will be most effective in bringing the child to share in the inherited resources of the race, and to use his own powers for social ends.

"I believe that education, therefore, is a process of living and not a preparation for future living.

"I believe that the school must represent present life - life as real and vital to the child as that which he carries on in the home, in the neighborhood, or on the playground."

– John Dewey, *My Pedagogic Creed*, 1897

John Dewey wrote foundational texts in the field of education, and yet I think hit the nail on the head 120 years ago. Education is essentially social. Education is life. It's not just best if education engages a student's life - it **MUST**.

To this end, I welcome our Religious School community and anyone considering joining our school, join us on Sunday, September 23 for our Open House. Students will have an opportunity to join our classes in age-appropriate activities for the day, and I will be there with Rabbi Meltzer and Religious School Board Liaison Becky Zipp to welcome everyone and answer any questions you may have!

I look forward to meeting, learning, living, laughing, praying and celebrating along with all of you!

IMPORTANT RELIGIOUS SCHOOL DATES

- **Thursday, Sept. 13, 4:30pm** – Religious School begins
- **Sunday morning, Sept. 23, 10:00am** – Parent Orientation

More information to follow.

If you have a child of pre-School age to grade 7 who has never attended our school, I hope you will consider joining us this year.



OHR SHALOM SYNAGOGUE RELIGIOUS SCHOOL

Ages: 3-13 years

HEBREW • TRADITION • HISTORY • PRAYER

Registration is now open!

Our Religious School prides itself on a multi-grade, cooperative environment where all children feel welcome.



RELIGIOUS SCHOOL CHAIR

Rebecca Zipp
Religious School Chair

Shalom! Summer is in full swing, which means the 5779 school year is just around the corner! We warmly welcome our new principal, Morah Cheryl Katz, to our religious school community. Morah Cheryl brings a wealth of experience and energy to our school, and will be here to greet and meet you at our **Open House on Sunday, September 23**, immediately following morning minyan (and during the breather between the High Holy Days and Sukkot).

Ohr Shalom will host a true Open House, where Ohr Shalom members and community members alike can attend parent orientation to meet the rabbi and Morah Cheryl while their child(ren) visit a religious school class. The Rabbi, Morah Cheryl and I will be available to answer any and all questions religious school-related. So please, whether your family is returning to the school, new to the school, considering the school, or exploring membership at Ohr Shalom, this orientation will be a wonderful opportunity to learn more.

As always, you can reach me at (619) 881-7477 or rebecca.zipp@gmail.com.



MOVIE NIGHT

Al Shelden
Imm. Past President/Administration

Movie Nights will return in October after the High Holy Days.



Men's Club Poker Game

Wednesday, August 29 at 7:00pm
Contact Joe Hartman: (619) 851-2303.



JEWISH COMMUNITY DAY AT PETCO PARK



SUNDAY, AUGUST 12 VS PHILLIES | 12:40PM

To purchase tickets, visit: padres.com/jewish

TODAH RABAH AND LIFE CYCLE EVENTS

Thank you for your generous donations in June and July

SYNAGOGUE FUND

In honor of Sharon Polichar's Birthday

In honor of Ruben and Fanny Rosental's Anniversary

Ray and Marcia Sachs

In honor of Sharon Polichar's Aliyah

Refuah Shleimah to Ruben Rosental

Ruben and Susanne Lisker

In memory of Wendy Bloom's mother

Don and Toni Goldstein

In memory of Giza Schiffman

Judie Dresser

RABBI'S DISCRETIONARY FUND

In honor of Eddy and Vicky Cohen's

New Great-Grandson

Eli and Susie Meltzer

Refuah Shleimah to Arlene Schloss

Karen Rund

SOCIAL ACTION FUND

In memory of Irving Canter

In honor of Sharon Polichar's Birthday

Al and Marilyn Shelden

TODAH RABAH TO OUR SHABBAT KIDDUSH SPONSORS:

Laura Bloom

Vanina Bunton

Eva Brzezinski and Frank M. Darbe

Yvonne Scarlett

George and Sue Kaplan

Steven and Ruth Shapiro

Oneg and Kiddush Sponsorship Opportunities

Share a simcha or commemorate a loved one's yahrzeit with your Ohr Shalom family by sponsoring an Oneg or Kiddush.

Friday Oneg or Shabbat Morning Kiddush Sponsorship: \$72



Mazal Tov to:

Joshua and Grace Neuman on the birth and bris of their son, **Eitan Neuman**. Congratulations to the new grandparents, **Ruben and Judy Neuman, Lina Glante** and great-grandparents, **Eddy and Vicky Cohen**.

Condolences to:



Wendy Bloom on the passing of her mother.

Anita Nemoy and Justina Nemoy on the passing of Anita's sister and Justina's Aunt, **Karen Ashtachan**.

May their memory be for a blessing to all those who knew him and loved them.

Todah Rabah to our June/July Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot and Minyan Leaders:

LeAnne Adams

Ilan Awerbuch

Sue Brown

Nechama Bunton

Vanina Bunton

Hudi Eshel

Joe Hartman

Rebecca Iden

George Kaplan

Cheryl Katz

Koba!

Morris Lazard

Jessica Lemoine

Natan Lemoine

Susanne Lisker

Eli Meltzer

Ivan Mendelsohn

Rachel Millstone

Amy Morris

Bill Morris

Rocky Reid

Ruben Rosental

Brian Ross

Ruth Shapiro

Naima Solomon Bercovitch

Brian Stennard

Cheri Weiss

Jane Zeer

Todah Rabah to Rocky Reid for his weekly *Maise* in the Kol.



Dedicate A New Lev Shalem Prayer Book

In Honor Of...
In Memory Of...

Your gift will honor a loved one and support the synagogue. A bookplate with your dedication will be placed inside a *Siddur*. Cost Per Bookplate: \$90.

Yahrzeits

Pearl Grossman	Sherry Berlin's Mother	1-Aug/Av 20
Ignac Mandel	Andres Marek's Uncle	1-Aug/Av 20
Gisa Schiffman	Judie Dresser's Mother	1-Aug/Av 20
Charles Darrow	Allyson Darroch's Father	2-Aug/Av 21
*Harvey Goldberg	Karen Rund and Susie Meltzer's Father, Rabbi Scott Meltzer and Brett Meltzer's Grandfather	2-Aug/Av 21
Sara Portnoy Bergenfeld	Aaron Bergenfeld's Mother	2-Aug/Av 21
Joyce Zeff	Dana Zeff's Mother	2-Aug/Av 21
Sidney Heller	Remembered by Allan Wolf	3-Aug/Av 22
Betty Shteremberg	David Shteremberg and Sonia Zyman's Mother	3-Aug/Av 22
Alberto Alvo	Rosie Veinbergs' Father	5-Aug/Av 24
Eva Gojman	Esther Tishman's Sister	5-Aug/Av 24
Jenny Penhas	Sally Maizel and Esther Modiano's Mother	5-Aug/Av 24
*Abe Smith	Mark Smith's Father	5-Aug/Av 24
*Hilda Veinbergs	Jacobo Veinbergs and Sylvia Galicot's Mother	5-Aug/Av 24
Chris Cannizzaro	Janice Zipp Cannizzaro's Husband	6-Aug/Av 25
Barbara Margolius	Michael Margolius' Mother	6-Aug/Av 25
*Jacob Rubin	Fanny Hanono's Father	7-Aug/Av 26
*Rubin Zeer	Jane Zeer's Father	7-Aug/Av 26
Oskar Goldschmied	Ruth Sax's Father	8-Aug/Av 27

YAHREZEITS

*Irving Horowitz	Debby Hyatt's Grandfather	8-Aug/Av 27
*Herb Sevel	Evie Sevel's Husband	8-Aug/Av 27
Horace Escoffery	Yvonne Scarlett's Uncle	9-Aug/Av 27
Bea Slipock	Love Zubiller's Grandmother	9-Aug/Av 28
Liby Chazan	Silvia Gold's Daughter	10-Aug/Av 29
*Sam Cohen	Susan Kaplan's Stepfather	10-Aug/Av 29
Ana Dryjansky	Celia Chazan's Mother	10-Aug/Av 29
Gertrude Jagorda	Aaron Hoskins' Grandmother	10-Aug/Av 29
Harold Rose	Marda Rose's Grandfather	10-Aug/Av 29
Ellen Bergman	Miriam Jane Bergman's Mother	11-Aug/Av 30
Benito Govezensky	Bertha Szmuiowicz' Brother	11-Aug/Av 30
Sarah Selikowitz	Remembered by Ralph Golden	11-Aug/Av 30
Pablo Fastag	Ruth Fastag's Husband	12-Aug/Elul 1
Ruth Fuld	Remembered by Ohr Shalom	12-Aug/Elul 1
Nancy Lynn Schwartz	Elizabeth Schwartz's Sister	12-Aug/Elul 1
Myer Epstein	Honey Mark's Father	13-Aug/Elul 2
*Judy Masri	Remembered by Abraham Hanono	13-Aug/Elul 2
Sophia Zimlich Diehl	Allyson Darroch's Grandmother	13-Aug/Elul 2
Estefania Barrenechea	Lucia Domville's Mother	14-Aug/Elul 3
Moshe Lisker	Ruben Lisker's Brother	14-Aug/Elul 3
Bill Mintzer	Bonnie Tabak's Father, Jennifer Tabak-Levy's Grandfather	14-Aug/Elul 3
*Joanne Scholten	Richard Scholten's Wife	15-Aug/Elul 4
Mildred Sindler	Rita Cohen's Mother	15-Aug/Elul 4
Miriam Dantus	Celia Chazan's Sister	16-Aug/Elul 5
David Fainstein	Jaime Fainstein's Father	16-Aug/Elul 5
Eugenia Handelman	Sara Fainstein's mother	16-Aug/Elul 5
Philip M. Phillips	Andres Marek's Uncle	16-Aug/Elul 5
Shica Slutskaya	Golda Slutskaya's Grandfather	16-Aug/Elul 5
Jack Zipp	Janice Zipp Cannizzaro and Elaine Smith's Uncle	16-Aug/Elul 5
Boaz Talerman	Diane Talerman's Husband, Myer Taleman's Brother, Sharon Talerman, Abraham Talerman and Masha Lipner's Father	17-Aug/Elul 6
*Tillie Weisman	Remembered by Joe Rubin	17-Aug/Elul 6
Ninette Karsenty	Rene Sportes' Aunt	18-Aug/Elul 7
Tsvi Oratowski	Jesica Oratowski Coleman's Father	18-Aug/Elul 7
Bessie Emert	Richard Emert's Mother	19-Aug/Elul 8
Anna Hollender	Jonathan Geiger's Grandmother	19-Aug/Elul 8
Adolf Braun	Gary Brown's Grandfather	20-Aug/Elul 9
Maureen Burke	Beth Vann's Mother	20-Aug/Elul 9
Raquel Milstein	Remembered by Enrique Milstein	20-Aug/Elul 9
*Ida Abrams	Evie Sevel's Aunt	21-Aug/Elul 10
William Parker	Pamela Auerbach's Father	21-Aug/Elul 10
Harold Simon	Gillian Moss' Father	21-Aug/Elul 10
Sadi Sportes	Rene Sportes' Father	21-Aug/Elul 10
*Ruben Veinbergs	Aida Veinbergs' Husband, Miguel Veinbergs' Brother	21-Aug/Elul 10
*Moise Algazi	Albert Algazi's Father	22-Aug/Elul 11
Kalman Grun	Elizabeth Green's Great Grandfather	22-Aug/Elul 11
*Paul Weil	Remembered by Ohr Shalom	22-Aug/Elul 11
Janet Bartel	Laurayne Ratner's Mother	23-Aug/Elul 12
*Ketty Capelluto	Stella Salzman's Mother	23-Aug/Elul 12
Simon Felman	Ricardo Ilko's Grandfather	23-Aug/Elul 12
Hertha Sherwood	Doreen Casuto's Mother	23-Aug/Elul 12
*Zachary Lachow	Lillian Lachow's Father	25-Aug/Elul 14
Lena Toby Spellman	Roberta Greene's Grandmother	25-Aug/Elul 14
Jessie Tabak	Mel Tabak's Mother, Jennifer Tabak-Levy's Grandmother	25-Aug/Elul 14
Juan Finkelberg	Jorge Finkelberg's Father	27-Aug/Elul 16
*Israel Louis Lacher	Roberta Shoman's Father	27-Aug/Elul 16
Paul T. Linsk	Amy Morris' Uncle	27-Aug/Elul 16
Israel Tiger	Stan Tiger's Father	28-Aug/Elul 17
Idel Zaslav	Elsa Margolis' Father	28-Aug/Elul 17
Levy Tocatli	Silvia Gold's Father	29-Aug/Elul 18
Max Zands	Samy Zands' Father	29-Aug/Elul 18
Bahram Bina	Remembered by Ralph Golden	30-Aug/Elul 19
Reyna Koppe	Aaron Rubinstein's Sister	31-Aug/Elul 20
Joel Nemoy	Anita Nemoy's Husband, Justina Nemoy's Father	31-Aug/Elul 20
Beatrice Zeer	Jane Zeer's Mother	31-Aug/Elul 20

* denotes a memorial plaque was purchased in memory of a loved one



OHR SHALOM SYNAGOGUE
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CALENDAR OF EVENTS

AUGUST 2018

Av/Elul 5778

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>CLASSES WITH RABBI SYDNI ADLER Sunday, August 12  YOGA YOM RISHON 10:00am  LEARNING TO LEYN HAFTARAH 11:30am</p>		<p>Shabbat at the Bay Friday, August 17 at 6:45pm <i>See page 3 for details</i></p>	<p>1 20 Av Minyan 6:15pm</p>	<p>2 21 Av Minyan 6:15pm</p>	<p>3 22 Av Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 7:25pm</p>	<p>4 23 Av Parshat Eikev Shabbat Service 9:30am 8:25pm</p>
<p>5 24 Av Minyan 6:15pm</p>	<p>6 25 Av Minyan 6:15pm Choir Practice 6:30pm</p>	<p>7 26 Av Minyan 6:15pm</p>	<p>8 27 Av Minyan 6:15pm</p>	<p>9 28 Av Minyan 6:15pm</p>	<p>10 29 Av Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 7:18pm</p>	<p>11 30 Av Parshat Re'eh Rosh Chodesh Elul Shabbat Service 9:30am Zimmun & Zemirot 12:45pm 8:19pm</p>
<p>12 1 Elul Rosh Chodesh Elul Adult Ed: Yoga Yom Rishon 10:00am Adult Ed: Learning to Leyn Haftarah 11:30am Community Day at Petco Park</p>	<p>13 2 Elul Minyan 6:15pm Choir Practice 6:30pm</p>	<p>14 3 Elul Minyan 6:15pm</p>	<p>15 4 Elul Minyan 6:15pm Board Meeting 6:45pm</p>	<p>16 5 Elul Minyan 6:15pm</p>	<p>17 6 Elul Office Closes 2:00pm Shabbat at the Bay 6:45pm 7:12pm</p>	<p>18 7 Elul Parshat Shoftim Bar Mitzvah: Jacob Mandel Shabbat Service 9:30am 8:11pm</p>
<p>19 8 Elul Sisterhood Welcome Back Brunch 10:30am Minyan 6:15pm</p>	<p>20 9 Elul Minyan 6:15pm Choir Practice 6:30pm</p>	<p>21 10 Elul Minyan 6:15pm</p>	<p>22 11 Elul Minyan 6:15pm</p>	<p>23 12 Elul Minyan 6:15pm</p>	<p>24 13 Elul Office Closes 2:00pm Kabbalat Shabbat Service 7:15pm 7:04pm</p>	<p>25 14 Elul Parshat Ki Teizei Bat Mitzvah: Naomi Giuliani Shabbat Service 9:30am 8:11pm</p>
<p>26 15 Elul Minyan 6:15pm</p>	<p>27 16 Elul Minyan 6:15pm Choir Practice 6:30pm</p>	<p>28 17 Elul Minyan 6:15pm</p>	<p>29 18 Elul Minyan 6:15pm Mens Club Poker 7:00pm</p>	<p>30 19 Elul Minyan 6:15pm</p>	<p>31 20 Elul Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 6:55pm</p>	<p>1 21 Elul Parshat Ki Tavo Shabbat Service 9:30am Selichot Service 8:00pm 8:25pm</p>
<p>2 22 Elul Minyan 6:15pm</p>	<p>3 23 Elul Labor Day Office Closed No Minyan</p>	<p>4 24 Elul Minyan 6:15pm</p>	<p>5 25 Elul Minyan 6:15pm</p>	<p>6 26 Elul Minyan 6:15pm</p>	<p>7 27 Elul Office Closes 2:00pm Kabbalat Shabbat Service "Ask the Rabbi" 7:15pm 6:46pm</p>	<p>8 28 Elul Parshat Nitzavim Learners Shacharit 9:30am Shabbat Torah Service 10:15am Lunch & Learn 12:45pm</p>