

PARKING LOT: St. Paul's Community Care Center parking lot may **ONLY** be used **during services on Fridays and Saturdays and at no other time**. The entrance is on Third Ave. between Maple and Nutmeg Streets.



DAVAR MEGILLAH

JUNE 2018 • MONTHLY NEWSLETTER • SIVAN 5778/TAMUZ 5778

UPCOMING EVENTS



ADULT EDUCATION SCHEDULE
See page 5 for details



Friday, June 1, 6:00pm
TOTS IN PJS
See page 3 for details



Friday, June 1, 7:15pm
KABBALAT SHABBAT SERVICE
"ASK THE RABBI"



Saturday, June 2, 11:00am
JR. CONGREGATION
See page 3 for details



Saturday, June 2, 30 12:45pm
LUNCH & LEARN



Monday, June 4, 7:00pm
ANNUAL MEETING



Friday, June 8, 6:15pm
SHABBAT KEHILLATIT
See page 3 for details



Friday, June 15, 6:15pm
MUSICAL KABBALAT SHABBAT
SERVICE LED BY
CANTOR CHERI WEISS
See page 3 for details



Friday, June 22, 6:45pm
SHABBAT AT THE BAY
See page 3 for details



Wednesday, June 27, 7:00pm
MEN'S CLUB POKER

The Cycle of Seasons

By Rabbi Scott Meltzer

"For now the winter is past, the rains are over and gone. The blossoms have appeared on earth, the time of the singing bird has come, and the voice of the turtledove is heard in our land." –
SONG OF SONGS 2:11

The seasons follow one after the other: Winter has become Spring, Spring is becoming Summer. At the same time we dance through the cycle of the seasons, we also march forward into a never-been-before future.

As we approach summer, we face the seasonal changes we have come to expect. The days are longer but overcast, warm but not too hot. For those connected to the academic calendar – teachers, students, parents of students – we are preparing for the end of the school year and the beginning of summer break.

At the synagogue, it means we have received Torah at Shavuot, and are busy planning the coming year. I am

personally preparing for an extended summer break, and our intern, Rabbi Sydni Adler is preparing to be in residence most of the Shabbatot this summer.

As we mark the cycles of the seasons, we are also aware of the passage of time. As we move forward we are aware of how different things are around the office – we are excited with each passing day over the insights, talents and warmth of our new Executive Director, Gillian. We are preparing for our first summer since Debbie's retirement – as we prepare to close the Fiscal Year and begin the season of Membership Renewal. Of course, the High Holy Days loom just over the horizon.

With the passage of time each year, we are also very reflective of the changes in our personal lives. As we enter this summer we give thanks for all of the new marriages, new babies, new graduates and all the reasons we celebrated since last summer.

Rabbi's Message continued on Page 8

BOARD MEMBERS, COMMITTEE CHAIRS, ACTIVITY PLANNERS...

Please make sure to check in with our new Executive Director, **Gillian Argoff-Treseder**, when planning programs or events. It's important to make sure that the date and time is still available before you begin planning and advertising it. You can reach her in the office at (619) 231-1456 or email office@ohrshalom.org.

Thank you.



**YOUR PRESENCE
IS IMPORTANT!**

Annual Congregational Meeting

Monday, June 4, 7:00pm

Join us for:

- The Year in Review
- Plans for the future
- An opportunity to ask questions
- Light Refreshments

Come meet our new Executive Director, **Gillian Argoff-Treseder**

B'Sha'ah Tovah Congratulations to:



**Rabbi Sydni Adler and
Feivel Rubinstein** on
their engagement!



WORDS FROM THE PRESIDENT

Ray Sachs
President

WONDERFUL ENDINGS AND EXCITING BEGINNINGS

Dear Congregants,

I am writing this just a few days after the *Lights of Ohr Shalom* event during which I was so thoroughly and lovingly honored. I'm still thinking about it every day and I often contemplate the incredible good fortune that brought me to that particular evening.

I can't thank all of you enough for your never-failing support of myself and the Board of Directors over the past six years. It is so energizing to know that our work is appreciated. It makes us want to work even harder. We've accomplished a great deal over the past six years but we remain mindful that there is never an end of things to do.

It's always been my goal that Ohr Shalom should end each year in better shape than the year past. History has taught us that institutions that fail to embrace the concept of continuous improvement eventually fail. I don't intend to ever let that happen to Ohr Shalom. We must always strive to get better.

This is my last Davar article as President. Soon I will be turning over this office to wonderful Lynn Mendelsohn. Lynn is always bursting with great ideas, and I can't wait to see what her presidency will bring. I will remain on the board as Immediate Past President during her "reign" and serve in whatever way I can be helpful.

My last official duty as President will be to preside over the **Annual Congregational Meeting on Monday evening, June 4 at 7pm**, after minyan. Fortunately, there is little other than good news to share about the past year. But in addition to going over the budget and the accomplishments of the past year at the meeting, I will be laying out my vision for the future which, I think, you will find of interest.

Hope to see you all there!

All my love and best wishes to a wonderful congregation,
Ray



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ISSUE NO. 349

DAVAR

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.

Bulletin Deadlines

Readers are welcome to submit articles, photos, event notices to the Davar. Please e-mail all submissions to: davar@ohrshalom.org

Deadline:

- June 5 for July issue
- July 5 for June issue

Ohr Shalom's Publicity Liaison:

Jane Zeer

Attention Committee Chairs and Program Coordinators: Please contact Jane at janezeer@cox.net to coordinate publicity of upcoming events.



MOVIE NIGHT

Al Shelden

Imm. Past President/Administration



Next Movie Night is July 29

Look for details of this exciting summer movie in the July Davar.



YOUTH PROGRAMS

Jessica Lemoine
Youth Programs



Ohr Shalom and United Synagogue Youth

For monthly announcements and to sign up for activities, contact Jessica Lemoine: by text: 860-416-2473; by email: jessicasontag.lemoine@gmail.com

OSYG/KADIMA Combined Event:

Sunday, June 10, 1:00pm

OSYG/Kadima Combined End-of-Year Event (all-day event)

OHR SHALOM SERVICE SCHEDULE

Kabbalat Shabbat Service Schedule

Friday, June 1 - 7:15pm ("Ask the Rabbi")
 Friday, June 8 - 6:15pm (Shabbat Kehillatit)
 Friday, June 15 - 6:15pm (Kabbalat Shabbat Service)
 Friday, June 22 - 6:45pm (Shabbat at the Bay)
 Friday, June 29 - 6:15pm (Kabbalat Shabbat Service)

PARSHIYOT AND CANDLELIGHTING June 2018

PARSHAT BEHA'ALOTCHA

Fri. June 1 | 18 Sivan 7:34pm
 Sat. June 2 | 19 Sivan
 Torah: Numbers 8:1 - 12:16
 Haft: Zechariah 2:14 - 4:7

PARSHAT SH'LACH

Fri. June 8 | 25 Sivan 7:38pm
 Sat. June 9 | 26 Sivan
 Torah: Numbers 13:1 - 15:41
 Haft: Joshua 2:1 - 2:24

PARSHAT KORACH

Fri. June 15 | 2 Tamuz 7:40pm
 Sat. June 16 | 3 Tamuz
 Torah: Numbers 16:1 - 18:32
 Haft: I Samuel 11:14 - 12:22

PARSHAT CHUKAT

Fri. June 22 | 9 Tamuz 7:42pm
 Sat. June 23 | 10 Tamuz
 Torah: Numbers 19:1 - 22:1
 Haft: Judges 11:1 - 11:33

PARSHAT BALAK

Fri. June 29 | 16 Tamuz 7:42pm
 Sat. June 30 | 17 Tamuz
 Torah: Numbers 22:2 - 25:9
 Haft: Micah 5:6 - 6:8

TOTS IN PJ's KABBALAT SHABBAT



Friday, June 1, 6:00pm

Bring your infants and toddlers in their PAJAMAS to welcome Shabbat in song.



Jr. Congregation

Saturday, June 2, 11:00am to 12:00pm

An interactive, hands-on service for pre-B'nai Mitzvah kids. We'll sing, discuss, laugh, and find ways to make the Shabbat morning service accessible and enjoyable for each one of us.

For ages 7-12



LUNCH & LEARN

Saturdays, June 2, June 30, July 14, July 28, August 18, 12:45pm

Come for Shabbat services and stay for lunch and discussion.

Shabbat Kehillatit



Friday, June 8

Family-friendly service: 6:15pm
 Community Dinner: 7:15pm
 RSVP for dinner by June 4

Members

Adults: \$12
 Children (5-12yrs): \$5

Non-members

Adults: \$15
 Children (5-12yrs): \$8

Join us for a Kabbalat Shabbat Service with Newly Ordained Cantor, Cheri Weiss

A Celebration of American Jewish Composers

Friday, June 15, 6:15pm

Join us for a special Kabbalat Shabbat Service celebrating the music of Debbie Friedman, Meir Finkelstein, Craig Taubman and others!

Shabbat Dinner hosted by Dan and Cheri Weiss. **Reservations required** by June 8. Call the office (619) 231-1456 or graphics2@orshalom.org

Featuring Cantor Cheri Weiss, the Shirenu Chorus and Guest Musicians Diane Benaroya & Dan Weiss



Shabbat at the Bay

Fridays: June 22 | July 13 | August 17

Come early and bring your own dairy/pareve dinner

6:45pm - Kabbalat Shabbat Services

PLAYA PACIFICA - MISSION BAY PARK

Playa Pacifica Park in Mission Bay Park: I-5 to Exit 22: Clairemont Drive / Mission Bay Drive. Drive west towards the bay. Turn left (south) on East Mission Bay Drive. Drive 0.2 miles and turn right into parking lot. We will be near the blue-roofed gazebo. (The Hilton Hotel is south of our gathering.)

Don't forget your folding chairs & blankets!

Ohr Shalom's Choir!

Come join us on Mondays at 6:30pm

June 11
 June 18
 June 25



Shabbat Morning Babysitting



Reservations are strongly recommended. E-mail your reservation to: office@orshalom.org.



RABBINIC INTERN

Sydni Adler
Rabbinic Intern

The Blessing of This, Our Natural World

I'm currently writing at the end of a long day of exploring Big Sur. Tomorrow, I'll drive further north to see some Redwoods, and then I'll experience Crater Lake and Yosemite in the days to come. Today, I could not think of words to say to describe the sights, sounds, and smells, until I remembered the blessings provided by our tradition.



Our tradition has an impressive array of blessings for times in which words may fail. We have specific blessings for smelling fragrant trees, bushes and flowers. We bless when we witness thunder, lightning or even hurricanes. Blessings exist for witnessing rainbows, seeing the ocean for the first time in a month, and seeing an animal that looks particularly bizarre. The text of each blessing ranges from obvious (*Blessed are you, Adonai our God, ruler of the universe, who creates fragrant trees*) to Biblical. The blessing over rainbows, for example, is based on the rainbow as a sign of God's covenant between God and Moses. Today, over and over, I repeated the blessing for beauty in nature: *Blessed are you, Adonai our God, Ruler of the universe, who has such...this...in God's world.* The blessing itself is infused with a sort of loss of words. Whoever wrote this piece of liturgy was unable to describe the significance or spiritual meaning of what she was seeing; however, she knew it was important enough to write about. I like to channel the liturgist in these moments, to be okay with the idea that the nature in front of my eyes defies description or logic; it is simply Creation, a testament to how complex, beautiful and terrifying life in this world can be.

This summer may bring exploration and adventure to you and your family, either far away or in your own backyard. For such exploration through the outside world, it may be helpful to bring a list of blessings from the Jewish tradition to recite in times of speechlessness. The blessings are found either in the back of any *siddur* in our synagogue or with a simple Google search for "Jewish blessings for nature." Or, perhaps, it may be helpful to practice a moment of silence at breathtaking sights or to bring along some poetry to accompany your journey. By internalizing nature's splendor, we can cultivate both the humility to know that we are nothing compared to this, and at the same time, the uplift in knowing that we are fortunate enough to live in this incredible world.

ZIMMUN AND ZEMIROT ("SINGING")

Saturdays, July 7, July 21, August 11, August 25 at 12:45pm

After Shabbat lunch, we'll sing *Birkat HaMazon* to begin an afternoon of song and celebration.

We'll sing *zemirot* (songs) from the traditional bentcher and learn some new ones from Rabbi Adler and fellow community members.

If you have any Jewish songs or *niggunim* (melodies) to share, please be sure to bring them along!

SUMMER SCHEDULE OF SERVICES WITH RABBINIC INTERN SYDNI ADLER

Friday, June 29 at 6:15pm
Kabbalat Shabbat service

Saturday, June 30 at 9:30am
Shabbat morning service
Lunch & Learn at 12:45pm

Friday, July 6 at 7:15pm
Kabbalat Shabbat service
"Ask the Rabbinic Intern"

Saturday, July 7 at 9:30am
Shabbat morning service
Zimmun and Zemirot at 12:45pm

Friday, July 13 at 6:45pm
Kabbalat Shabbat service
"Shabbat at the Bay"

Saturday, July 14 at 9:30am
Shabbat morning service
Lunch & Learn at 12:45pm

Friday, July 20 at 6:15pm
Kabbalat Shabbat Service

Saturday, July 21 at 9:30am
Shabbat morning service
Zimmun and Zemirot at 12:45pm

Friday, July 27 at 6:15pm
Kabbalat Shabbat service

Saturday, July 28 at 9:30am
Shabbat morning service
Lunch & Learn at 12:45pm

Friday, August 10 at 6:15pm
Kabbalat Shabbat Service

Saturday, August 11 at 9:30am
Shabbat morning service
Zimmun and Zemirot at 12:45pm

OHR SHALOM IS ON AMAZONSMILE!

Support Ohr Shalom by starting your shopping at smile.amazon.com and selecting **Ohr Shalom Synagogue** as your charity.





ADULT EDUCATION

Lita Kleger
Adult Education Chair

CLASSES WITH RABBI MELTZER

Classes will resume in the fall.

CLASSES WITH RABBI ADLER

See the July Davar for summer classes.

LUNCH & LEARN

Saturday, June 2, June 30, at 12:45pm

Come for Shabbat services and stay for lunch and

COMMUNITY EVENTS

25TH ANNUAL LIPINSKY FAMILY SAN DIEGO JEWISH ARTS FESTIVAL

MAY 27-JUNE 27, 2018



The performances will take place at several San Diego and North County venues celebrating San Diego's varied and diverse performing arts community. See sdrep.org/jewish_festival.php and sdjc.org for performance dates and ticket information.

The 17th Annual Klezmer Summit with headliners Yale Strom & Hot Pstromi bringing together stars of the past 17 years: including singer Elizabeth Schwartz, soulful fiddler Myla Wingard Rosen, and others.

Ancient Law (Das alte Gesetz) with Live Score. Digitally restored 1923 German film classic. The moving depiction of a cantor's son who breaks tradition to become an actor was an inspiration for the film class *The Jazz Singer*.

The 9th Annual Women of Valor with music, stories and images of six women who have made a significant impact in San Diego. Ruth Sax, member of Ohr Shalom Synagogue, is one of the honorees.

An Evening of Comedy with Elon Gold: Pro-Semite, which premiered at the Montreal Comedy Festival.

The Mudanza, a bi-lingual staged reading performed by Teatro Punto y Coma, theatre company of the Mexican Jewish community. Zeji Ozeri, Jaya Rubenstein and others perform.

In Every Generation— an Italian-Jewish family joins together for Passover seders year after year.

From Rags to Riches! A Musical Journey with Jacquelyne Silver, pianist and storyteller. Music from Beethoven to Broadway to Ragtime and Jazz. Free.

Perla Batalla in The House of Cohen, with her signature cross-cultural style, reveals the timelessness of Leonard Cohen's music.

Losing the Nobel Prize, a world premiere staged reading written and directed by Todd Salovey. Join UCSD astrophysicist Brian Keating to discuss his new book, a story of cosmology, ambition, and the perils of science's highest honor.

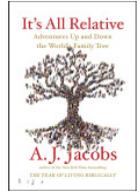
Andy Statman, Grammy nominee, performs traditional Jewish music, bluegrass and Americana on both mandolin and clarinet.

READINGS WITH THE RABBI

Sunday, June 10 at 10:00am

It's All Relative: Adventures Up and Down the World's Family Tree

A. J. Jacobs



New York Times bestselling author of *The Know-It-All* and *The Year of Living Biblically*, A. J. Jacobs undergoes a hilarious, heartfelt quest to understand what constitutes family—where it begins and how far it goes—and attempts to untangle the true meaning of the “Family of Humankind.”



PROGRAMS AND EVENTS

Lynn Mendelsohn
Programs/Events Chair



Get ready for a Summer 2018 festival of musicals, show music and fireworks!

On the Town is offering three outings:

Spamalot

Sunday evening, July 8 at 7pm

The Cygnet Theater in Old Town will present *Spamalot*, Monty Python's zany musical parody of King Arthur and the Knights of the Round Table. Tickets for the Ohr Shalom group will cost \$35 each.



A Funny Thing Happened on the Way to the Forum

Sunday afternoon, July 29 at 2pm

A Funny Thing Happened on the Way to the Forum, the classic musical satire of Rome under the Empire, by Stephen Sondheim, Burt Shevelove and Larry Gelbart. At the North Coast Repertory Theater, Solana Beach. Group rate tickets will be \$37.



Hooray for Hollywood

Saturday evening, August 11 at 8pm

The San Diego Symphony in a Bayside concert entitled *Hooray for Hollywood*, featuring the greatest of film themes and songs, many accompanied by clips from the films themselves. All of this followed by fireworks! A discounted seat at a 4-person table in “Cabaret Section 2” will cost \$49.



Interested in taking in one, two, or all of the above? Please tell Lynn Mendelsohn (mendasst@n2.net; phone/text 619-980-1801) as soon as you can.

Have a stupendous, healthy and memorable summer!



SISTERHOOD

Susanne Lisker
Past President

I would like to tell you about a woman who wrote about other women and made people aware of their personal feelings on their “perfect lives” thus bringing about the fact that women were more than mere prized possessions of their male relatives.

Betty Naomi Goldstein (Betty Friedan) was born into a Jewish family in Peoria, Illinois on February 4, 1921. She soon experienced the unfairness of discrimination, especially antisemitism. As a Jew she was barred from the high school sororities and the country club. This did not diminish her education. She graduated from Smith College summa cum laude with a degree in psychology and then enrolled in University of California, Berkeley to get a Masters degree in psychology. In 1947 she married Carl Friedan. They had three children but were divorced in 1969.



Betty Friedan

Although Betty’s background education was based on psychology, she worked as a reporter writing articles about the glorified American housewife saying, “I had begun to feel so guilty and I really wasn’t getting anywhere in that job. I was more than ready to embrace the feminine mystique.” These observations led to her writing her book “*The Feminine Mystique*” in 1963.

The book had a major impact on society, launching the modern women’s liberation movement in America. Betty worked towards the *Equal Rights Amendment* to ensure women’s equality (although the proposed amendment was passed by Congress it was not ratified as an amendment to the Constitution). In 1966 she co-founded NOW, the National Organization for Women, together with other feminists such as Gloria Steinem, to encourage women to fight discriminatory laws and practices.

Her many efforts to have women be more active in politics were short-circuited. Frustrated and disillusioned, she decided to quit, and in the late 1970s she abandoned political activism in favor of writing and lecturing.

Her second book, published in 1981, *The Second Stage* outlined the issues that should be addressed in the coming decade — flexible work schedules, parental leave, child care, and new housing arrangements. In this book, Betty did find a few good things to say about the notion of family.

In 1988, she served as distinguished visiting professor at the journalism school of the University of Southern California.

In 1993, she wrote *The Fountains of Age*, which became a best seller. This time she was advocating for the people growing old and their plight in a world of so-called “youth.”

In 1997, she underwent heart valve replacement surgery in Washington, D. C. Betty had the same valve replaced four years earlier. In November, her *Beyond Gender: The New Politics of Work and Family* was published. Betty contended that the time had come for women and

men to move forward from identity politics and gender-based, single-issue political activism, challenging her readers to rethink the context in which they viewed both the relationships of sexes and the relations of the marketplace.

Betty Friedan died on her birthday, February 4, 2006 in Washington, D. C. She was indeed a courageous woman who led the way for women towards a less unfair world.

SISTERHOOD CORNER

SISTERHOOD GIFT SHOP NEWS

Looking for Sisterhood Member Volunteers to help with opening the gift shop. If you are interested please contact giftshop@ohrshalom.org.

Gift Shop Hours – By appointment at giftshop@ohrshalom.org.

Jewelry, Candlesticks, Kiddush Cups, Mezuzot, Scrolls, and More!

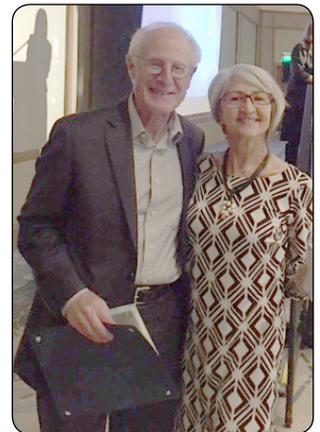
Visit our virtual shop at ohrshalom.org/sisterhood.
Special Requests? Email us.



COMMUNITY EVENT

WIZO AND MIZO HONOR DEBBIE SUISSA AND RAY SACHS

WIZO San Diego-Tijuana and MIZO presented gifts and award certificates to Debbie and Ray at their annual *Shalom Activity* on May 16th at the Westin San Diego Hotel. The awards cited Debbie and Ray’s extraordinary service to Ohr Shalom. Our synagogue is the home of WIZO and MIZO in San Diego, hosting their weekly Monday meetings as well as special events year-round.



Men's Club Poker Game

Wednesday, June 27 at 7:00pm
Contact Joe Hartman:





Susie Meltzer
Israel Desk

The Israeli-American Council in San Diego

Have you heard about a new fast-growing Jewish organization in San Diego called The Israeli-American Council (IAC)? Launched in Los Angeles in 2007 by a group of Israeli-American community leaders, its mission is three-fold: to strengthen future generations of Israeli-Americans, the American Jewish community and The State of Israel. The IAC has been effectively connecting, organizing and engaging the Israeli-American community across the country, which now numbers over a half a million individuals. The IAC has experienced a tremendous response using innovative programs and promoting events that are attractive to all age groups. Their growth has been phenomenal, with upwards of 150,000 participants nationally and 16 regional offices across the United States.



How have they produced this extraordinary success? Their leaders have established ambitious goals that empower individuals to action. They inspire and encourage their members towards activism, by being involved in their community, connecting the next generation to their Jewish identity and the State of Israel and, also, building bridges between the Israeli-American and American Jewish communities in the United States.

Here in the San Diego chapter, the IAC has rapidly developed to serve our dynamic Israeli-American community by mobilizing their members to implement their wonderful mission. In addition to a commitment to festivals like our recent **Israel Fest**, that brings together community in celebration of the Jewish state and fosters the bond between

Americans and Israel, here are just a few other programs IAC offers in San Diego:

IAC Keshet is an enrichment program to build a welcoming community of Israeli and American Jews that share pride in their Jewish heritage and love of Israel, for families with children ages 0-12. Keshet helps children and adults acquire Hebrew language skills and gain lasting friendships through both cultural and educational activities, including music, dance and arts crafts. For example, Keshet provides Hebrew books for children ages 2-8 that can both teach them Hebrew as well as cultivate a connection to Judaism.

IAC Eitanim brings together American Jewish and Israeli-American middle and high school students for an immersive and innovative project-based learning experience. The program expands students' creativity, self-learning abilities, team-work skills, and a connection to Israel through real world challenges, while working with experts on creative ideas and innovative solutions and technologies.

IAC Gvanim is a leadership program based on the understanding that Israelis living in the United States share a complex and unique identity that is important to nurture and develop. By exploring both Israeli-American and Jewish identities, the goal is to develop a local and national network to help create community leaders through training in value-based and community-based programs among Israeli-Americans.

IAC San Diego looks forward to engaging Israeli-Americans with our local Jewish community in San Diego to build community for tomorrow. For more information go to www.israeliamerican.org/san-diego.

ISRAEL FEST 2018

Ohr Shalom had a booth at this year's Israel Fest in Liberty Station this year. Thanks to these volunteers for representing us to the community:

- Eli and Susie Meltzer**
- Louise Chandler**
- Allyson Darroch**
- Gail Kalker**
- Jessica Lemoine**
- Michael Okin**





RELIGIOUS SCHOOL

Ellen Statman
Religious School
Principal

We celebrated the last day of Religious School on May 17 with a delicious ice cream party that was enjoyed by all. The next evening, at Kabbalat Shabbat services, we got to congratulate this year's Religious School graduates: **Jacob Mandel, Hillel Angel, Daniel Hoskins, Ari Van Frank, and Asia Goudeau**. We also celebrated our teachers – **Sue Brown, Vanina Bunton, Bracha Crayk, Steffi Retin, and Ronyt Sprung** – by letting them know how much we appreciate their dedication and hard work. A delicious Shabbat dinner followed.

I would like to take this opportunity to thank these teachers, parents, madrichim, **Rabbi Meltzer**, and **Debbie Suissa** who made my three-year stay as Religious School Principal a wonderful and inspiring experience. Ohr Shalom holds a very special place in my heart and, although I will no longer be the Principal, I am going to make every effort to be a more active participant in Synagogue life.



Religious School classroom, Hebrew Name Plate Project and Israeli Flags decorated by students.



KITCHEN BITES

Evette Weiss
Guest Chef

Meatballs and Cabbage

(Recipe from my mother Laura B. Friedman)

Our family loved stuffed cabbage, just not the work involved in making the rolls. This recipe, served in large bowls over noodles or with a good crusty bread on the side, filled the cravings for Nana's cabbage rolls. Don't snicker at the ingredients; just try it! The recipe is easily halved for smaller groups. Enjoy!

Meatballs and Cabbage

Serves 8

28 ounces ketchup
2 liter bottle of good ginger ale
(less 6 ounces)
2 pounds ground beef
2-3 heads of cabbage (heavy ones!)
8-10 cloves garlic, sliced
Salt/pepper to taste



1. In a large pot, mix ketchup and ginger ale and bring to a simmer.
2. Make walnut-size meatballs from ground beef (16-20 per pound). Drop into simmering liquid.
3. Wash, quarter and slice cabbage into 1/4-inch slices.
4. Add sliced garlic cloves into pot. Add cabbage to the pot by handfuls. As it cooks down, continue until all the cabbage is incorporated. Season with salt and pepper to taste.
5. Simmer 1 1/2 hours, covered. Uncover and simmer 30 minutes more.
6. Serve over noodles or with crusty bread.

RABBI'S MESSAGE CONT.

Along those lines I would like to acknowledge that our Rabbinic Intern, Rabbi Sydni Adler, has become engaged to Feivel Rubenstein. As is traditional, we wish them *"B'sha'ah tovah"* – that their chuppah should be at a beautiful, loving propitious moment for them!

As we share all of the joy of the past year, and the joy for which we hope in the coming year, we are also aware of those we have lost in the past year. Within our community, we share together the sadness of the past year as well. This month, my family will observe the first yahrtzeit of my father, Ron Meltzer. All of us acknowledge the sadness and loss that we experience through time.

For all of the smiles and tears, the honey and the thorns, the sweet and the bitter, the longer days of summer remind us of the gift of being alive, and sharing this life in this world with each other, joyfully. The gifts that we are given are the gifts of life, the gifts of the people with whom we share this life, and the gifts with which we are able to add to the lives of others.

May your final exams go well, summer weddings and all other simchas be filled with joy and love. May you rejoice at barbecues and at the beach. May you be reflective as times pass, in cycles and moving forward.

May your summer be filled with life and blessings.



SOCIAL ACTION

Brad Eisenberg
Social Action Chair



Thank You!

Thank you to all the volunteers and donors who helped to make the dinner for Dreams for Change families possible. On Tuesday, May 8, these volunteers brought food to the Dreams for Change site at the Jewish Family Service campus and helped serve a complete dinner of lasagna, salad, carrots, rolls with butter, brownies, cookies, and lemonade and bottled water:



- | | |
|------------------------|-----------------------|
| Janice Boner | Andrea Luck |
| Rita Cohen | Ivan Luck |
| Alice Cupples | Ronnie Morales |
| Gail Kalker | Tricia Pummill |
| Koba | Marilyn Singer |
| Lita Kleger | Dan Weiss |
| Jessica Lemoine | Jane Zeer |
| Mikel Lemoine | |

Thanks also to **Sallie Palash** for her support.

If you're interested in helping with a future dinner, please contact Jane Zeer at janezeer@cox.net.

TAY Academy Lunch Project

The at-risk, homeless youth who spend up to several hours a day at the TAY (Transition Age Youth) Academy experience food insecurity daily. The TAY is very appreciative of the help our Congregants and local restaurants give them by providing lunch for their clients on an ongoing basis. If you can help by providing a meal for 18 (home-made or store bought), please contact Marilyn Shelden at 619-368-2047.



Todah Rabah for their ongoing support to:



The Embargo Grill and Souplantation
Located at 3960 West Point Loma Blvd. in the Midway Towne Center



FROM THE MAILBOX

Thank you very much for your generous contribution to the Passover food bag program at JFS. Thanks to your help, we were able to donate Passover food to 208 local families and 25 military bases overseas.

We hope to continue working together in the years to come.

All the best,
The Hand Up Food Pantry Team
Jewish Family Service



Please remember to bring non-perishable food for the Jewish Family Service *Hand Up* Youth Food Pantry whenever you come to Ohr Shalom. Look for the blue barrel in the Lobby.



Please contact Brad Eisenberg at brad.eisenberg@att.net if you have a social action project you'd like our help accomplishing or to be put on the Friends of Social Action email list.



Monetary donations to "Social Action Fund" to be used for special projects are always appreciated.

TODAH RABAH AND LIFE CYCLE EVENTS

Thank you for your generous donations in May

SYNAGOGUE FUND

In memory of Kurt Sax

Ruth Sax and Family

In honor of Ray Sachs

Sallie Palash
Cynthia Newman

Refuah Shleimah to Ruben Rosental

Rocky and Debbie Reid

In memory of Rochelle Wolf

Allan Wolf

In memory of Olga Winikor

Mark and Elaine Smith

In honor of Lynn and Ivan Mendelsohn

Rocky and Debbie Reid
Alice Broudy Cupples

In honor of Julian Oh

Samy and Sarita Zands

In memory of Emma Bielaz

Eli and Susie Meltzer
Ivan and Lynn Mendelsohn

In memory of Claire Cohen

Bernie Semel and Tricia Pummill

In honor of Jeff and Lita Kleger

George and Adrienne Krause

In honor of their Grandson's conversion

Benjamin and Judith Sofer

In memory of Diane Rubin

In memory of Al Weisman

Frankie Sorrentino

In honor of Debbie Suissa

Samuel and Maggy Dujowich
Danny and Linda Kucinski
Ivan and Lynn Mendelsohn
Marda Rose

In memory of Alexander Capelluto

Tito and Stella Salzmann

TODAH RABAH AND LIFE CYCLE EVENTS (CONT.)

RABBI'S DISCRETIONARY FUND

**In honor of Karen Rund's
Special Birthday**
Marcia and Leonard Fram

**In honor of Rachel Gold and
Troy Robinson**
Claire Sigal

In honor of Debbie Suissa
Ilan and Lynn Awerbuch
Yvonne Scarlett

SOCIAL ACTION FUND

In honor of Julian Oh
Ray and Marcia Sachs

In honor of Debbie Suissa
Steven Bernstein

**Refuah Shleimah to
Ruben Rosental**
Al and Marilyn Shelden

In memory of Estelle Dunst
Al and Marilyn Shelden
Rachel Millstone

In memory of Emma Bielaz
Al and Marilyn Shelden
Rachel Millstone

**In honor of Ray Sachs
In memory of Avraham Lev Angel**
Ilan and Lynn Awerbuch

RELIGIOUS SCHOOL FUND

**In honor of the Religious School
Teachers**
Danny and Linda Kucinski

TODAH RABAH TO OUR TOT SHABBAT SPONSORS:

Jess Glaser and James Fulks

TODAH RABAH TO OUR ONEG and SHABBAT KEHILLATIT SPONSORS:

Stephen Blum
Richard and Jessica Lemoine
Rachel Millstone
Rabbi Scott and Jennifer Meltzer
Raulf and Sharon Polichar

TODAH RABAH TO OUR SHABBAT KIDDUSH SPONSORS:

Vanina Bunton
Ilan and Lynn Awerbuch
Celia Fine
Aviva Angel

TODAH RABAH TO OUR SHAVUOT SPONSOR:

Aviva Angel

Mazal Tov to:

Steve and Pam Auerbach on
the birth of their Grandson, **Avi
Auerbach.**

Mark and Elaine Smith and family
on the birth of their Grandson,
Julian Oh.

Condolences to:

Sara Zands and family on the
passing of her beloved cousin,
Olga Winikor.



Efrain Bielaz and family on the
passing of **Emma Bielaz**, beloved
Mother of **Wolf Bielas, Mina Cohen**
and **Simon Bielaz**, Grandmother
of **Ilan, Michelle** and **Marc Bielas**,
Jackie and **Sharon Cohen** and
Jonathan, Galia and **Eitan Bielaz.**

We note with sadness the passing
of **Estelle Dunst**, wife of longtime
member **Lou Dunst z"l.**

Jeremy Van Frank and family on the
passing of his beloved Grandmother,
Ruth Shedlofsky.

May their memory be for a blessing
to all those who knew them and loved
them.

Todah Rabah to our May Shabbat Service Leaders, Torah and
Haftarah Readers, D'rashot and Minyan Leaders:

LeAnne Adams	Koba	Shayna Meltzer
Hillel Angel	Morris Lazard	Ivan Mendelsohn
Ilan Awerbuch	Jessica Lemoine	Rocky Reid
Hudi Eshel	Yiftach Levy	Ruben Rosental
Asia Goudeau	Jennifer Tabak-Levy	Naima Solomon Bercovitch
Joe Hartman	Susanne Lisker	Cheri Weiss
Cheryl Katz	Eli Meltzer	Jane Zeer

Todah Rabah to Rocky Reid for his weekly *Maise* in the Kol.

Todah Rabah to our Shabbat Kehillatit Dinner volunteers:
Barbara Haislip, Marci Prag, Matt Razinsky and Aviva Angel; And
Miriam Bergman for setting the tables.

YAHARZEITS

*Jeanette Goldberg	Karen Rund and Susie Meltzer's Mother, Rabbi Scott Meltzer and Brett Meltzer's Grandmother	1-Jun/Sivan 18
*Aaron Kahn	Tania Kahn's Father.....	1-Jun/Sivan 18
*Justin Keith Ressler	Jeffrey Ressler's Nephew.....	1-Jun/Sivan 18
Eva Zipp	Janice Zipp Cannizzaro and Elaine Smith's Aunt.....	2-Jun/Sivan 19
Bluma Chayet	Zack Chayet's Mother.....	3-Jun/Sivan 20
*Hyman Cohen	Gail Kalker's Grandfather.....	3-Jun/Sivan 20
Moises Katz	Becky Margolis' Father.....	3-Jun/Sivan 20
Hersch Beer Lisker	Ruben Lisker's Father.....	3-Jun/Sivan 20
Lisa Spar	Lori Carnot's Mother.....	3-Jun/Sivan 20
Nathaniel Wollman	Remembered by Alice Broudy Cupples.....	3-Jun/Sivan 20
Melvin Ander	Jacquelin Ander's Husband.....	4-Jun/Sivan 21
Samuel Eichenbaum	Remembered by Joe Rubin.....	4-Jun/Sivan 21
Bernard Schwimmer	Remembered by Evelyn Schwimmer.....	4-Jun/Sivan 21
*Ethel Sevaard	Remembered by Ohr Shalom.....	4-Jun/Sivan 21

YAHREZITS

Philip Sherman	Larry Sherman's Father	4-Jun/Sivan 21
Daniel Cielak	Jose Cielak's Father	5-Jun/Sivan 22
Arturo Popowski	Esther Zaidman's Father	5-Jun/Sivan 22
Israel Broder	Aaron Rubinstein's Uncle	6-Jun/Sivan 23
Eudith Douglas	Avigayil Levy-Yochanan's Grandmother.....	6-Jun/Sivan 23
David Handelman	Sara Fainstein's Father	6-Jun/Sivan 23
Ronald Meltzer	Rabbi Scott Meltzer and Brett Meltzer's Father.....	8-Jun/Sivan 25
Batya Salomonson	Yiftach Levy's Grandmother	9-Jun/Sivan 26
*Fizsel Sommer	Elena Kucinski's Father	9-Jun/Sivan 26
Maurice Algazi	Albert Algazi's Son.....	10-Jun/Sivan 27
Roman Broid	Libe Marek's Grandfather	10-Jun/Sivan 27
Elena Finkelberg	Jorge Finkelberg's Mother	10-Jun/Sivan 27
Bernardo Galek	Samuel Galek's Father	10-Jun/Sivan 27
David Goldberg	Zack Chayet's Nephew.....	10-Jun/Sivan 27
David Kronich	Mark and Sharon Chandler's Grandfather.....	10-Jun/Sivan 27
Albert Cohen	Anita Nemoy's Father, Justina Nemoy's Grandfather.....	11-Jun/Sivan 28
Eli Greenberg	Karla Silver's Father	11-Jun/Sivan 28
Harvey Salzman	Gail Kalker's Brother.....	11-Jun/Sivan 28
Mollie Wachman	Janice Zipp Cannizzaro and Elaine Smith's Aunt.....	11-Jun/Sivan 28
Kalman Zeff	Dana Zeff's Father	11-Jun/Sivan 28
Nomi Levy	Alberto Levy's Wife	12-Jun/Sivan 29
Louis Rubin	Joe Rubin's Father	12-Jun/Sivan 29
Edyth Geiger	Jonathan Geiger's Mother	13-Jun/Sivan 30
*Elliot Howard Feldman	Roberta Greene's Cousin	14-Jun/Tammuz 1
Bernie Miliband	Jared Solomon's Grandfather.....	14-Jun/Tammuz 1
Maria Soffer	Fortune Milstein's Mother	14-Jun/Tammuz 1
*Nathan Artenstein	Sarah Artenstein's Husband	15-Jun/Tammuz 2
David Leo Iden	Rebecca Iden's Grandfather.....	15-Jun/Tammuz 2
Lena Reichler Grossman	Sherry Berlin's Grandmother.....	15-Jun/Tammuz 2
Java Govezensky	Bertha Szmuiowicz's Mother	16-Jun/Tammuz 4
*Bud Phillips	Julie Wright's Father	16-Jun/Tammuz 3
Jerome Zulanch	Debra and Jamie's Father	16-Jun/Tammuz 3
Martin Kalker	Gail Kalker's Husband	17-Jun/Tammuz 4
*Diana Polichar	Raulf Polichar's Mother	17-Jun/Tammuz 4
*Reuben Shelden	Al Shelden's Father	17-Jun/Tammuz 4
Max Stone	Kenneth Stone's Father.....	17-Jun/Tammuz 4
Sylvia Sternlieb	Geoffrey Sternlieb's Mother.....	18-Jun/Tammuz 5
*Pearl Strauss	Jackie Ander's Sister	18-Jun/Tammuz 5
Clyde Escoffery	Yvonne Scarlett's Grandfather.....	19-Jun/Tammuz 6
Loretta Ehrenwerth	Janice Zipp Cannizzaro and Elaine Smith's Aunt.....	20-Jun/Tammuz 7
*Leo Safir	Doreen Casuto's Father	20-Jun/Tammuz 7
Marina Cuenca	Cristy Veinbergs' Mother	22-Jun/Tammuz 9
Tauba Dresser	Samantha Hardy's Grandmother.....	22-Jun/Tammuz 9
Jessica Nudelstejer	Julie Miller's Daughter	22-Jun/Tammuz 9
Frank Robinson	Norman Greene's Uncle.....	22-Jun/Tammuz 9
Gerald Lazard	Morris Lazard's Father.....	23-Jun/Tammuz 10
*Dorothy Levin Broudy	Alice Cupples' Mother.....	23-Jun/Tammuz 10
Helen Mintzer	Bonnie Tabak's Mother, Jennifer Tabak-Levy's Grandmother	23-Jun/Tammuz 10
Anna Razinsky	Elias Razinsky's Mother, Matthew Razinsky's Grandmother.....	24-Jun/Tammuz 11
Gyorgy Weisz	Elizabeth Green's Cousin	24-Jun/Tammuz 11
Rifka Artenstein	Remembered by Sarah Artenstein	25-Jun/Tammuz 12
Hanna Tuteur	Jennifer Tuteur's Grandmother.....	25-Jun/Tammuz 12
Liliane Algazi	Albert Algazi's Wife.....	26-Jun/Tammuz 13
Sam Slipock	Love Zubiller's Grandfather	26-Jun/Tammuz 13
*Sid Wapner	Frida Wapner's Husband, Paul Wapner's Father	26-Jun/Tammuz 13
Jeff Schwimmer	Evelyn Schwimmer's Husband	27-Jun/Tammuz 14
*Arthur Weber	Roberta Greene's Father.....	27-Jun/Tammuz 14
Francis Rottenberg	David Rottenberg's Father.....	28-Jun/Tammuz 15
Laia Bernstein	Steven Bernstein's Mother	29-Jun/Tammuz 16
Irving Canter	Dorothy Canter's Husband, Marilyn Shelden's Father.....	29-Jun/Tammuz 16
Edith Fox	Steve Fox's Grandmother.....	29-Jun/Tammuz 16
Frances Levine	Lita Kleger's Mother.....	29-Jun/Tammuz 16
Bettie Morris	Bill Morris' Mother.....	29-Jun/Tammuz 16
*Moises Halio	Miryam Slovatzki, Vida Sportes and Reyna Forman's Father	30-Jun/Tammuz 17
*Teofilo Hamui	Alberto Hamui's Father.....	30-Jun/Tammuz 17
Beatriz Slovatzki	Rafael Slovatzki's Wife	30-Jun/Tammuz 17

* denotes a memorial plaque was purchased in memory of a loved one



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CALENDAR OF EVENTS

June 2018

Sivan/Tamuz 5778

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Annual Congregational Meeting Monday, June 4 7:00pm</p>	<p>Kabbalat Shabbat Service with Newly Ordained Cantor, Cheri Weiss</p>  <p>Friday, June 15, 6:15pm</p>	<p>Shabbat at the Bay <i>Fridays: June 22 July 13 Aug 17</i> Come early and bring your own dairy/pareve dinner 6:45pm - Kabbalat Shabbat Services</p>			<p>18 Sivan Learning to Leyn 1:00pm Office Closes 2:00pm Tots in PJs Shabbat 6:00pm Kabbalat Shabbat Service "Ask the Rabbi" 7:15pm 7:34pm</p>	<p>19 Sivan Parshat Beha'alotcha Shabbat Service 9:30am Jr. Congregation 11:00am Lunch & Learn 12:45pm 8:34pm</p>
<p>3 20 Sivan Minyan 6:15pm</p>	<p>4 21 Sivan Minyan 6:15pm Annual Congregational Meeting 7:00pm</p>	<p>5 22 Sivan Minyan 6:15pm</p>	<p>6 23 Sivan Minyan 6:15pm</p>	<p>7 24 Sivan Minyan 6:15pm</p>	<p>8 25 Sivan Office Closes 2:00pm Shabbat Kehillatit 6:15pm Community Dinner 7:15pm 7:38pm</p>	<p>9 26 Sivan Parshat Sh'lach Shabbat Service 9:30am 8:38pm</p>
<p>10 27 Sivan Readings with the Rabbi 10:00am OSYG/Kadima Event 1:00pm Minyan 6:15pm</p>	<p>11 28 Sivan Minyan 6:15pm Choir Practice 6:30pm</p>	<p>12 29 Sivan Minyan 6:15pm</p>	<p>13 30 Sivan Rosh Chodesh Tamuz Minyan 6:15pm Board Meeting 7:00pm</p>	<p>14 1 Tamuz Rosh Chodesh Tamuz Minyan 6:15pm</p>	<p>15 2 Tamuz Office Closes 2:00pm Musical Kabbalat Shabbat Service led by Cantor Cheri Weiss 6:15pm 7:40pm</p>	<p>16 3 Tamuz Parshat Korach Shabbat Service 9:30am 8:40pm</p>
<p>17 4 Tamuz Father's Day Minyan 6:15pm</p>	<p>18 5 Tamuz Minyan 6:15pm Choir Practice 6:30pm</p>	<p>19 6 Tamuz Minyan 6:15pm</p>	<p>20 7 Tamuz Minyan 6:15pm</p>	<p>21 8 Tamuz Minyan 6:15pm</p>	<p>22 9 Tamuz Office Closes 2:00pm Shabbat at the Bay 6:45pm 7:42pm</p>	<p>23 10 Tamuz Parshat Chukat Shabbat Service 9:30am 8:42pm</p>
<p>24 11 Tamuz Minyan 6:15pm</p>	<p>25 12 Tamuz Minyan 6:15pm Choir Practice 6:30pm</p>	<p>26 13 Tamuz Minyan 6:15pm</p>	<p>27 14 Tamuz Minyan 6:15pm Men's Club Poker 7:00pm</p>	<p>28 15 Tamuz Minyan 6:15pm</p>	<p>29 16 Tamuz Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 7:42pm</p>	<p>30 17 Tamuz Parshat Balak Shabbat Service 9:30am Lunch & Learn 12:45pm 8:42pm</p>
<p>1 18 Tamuz Fast of Tamuz Minyan 6:15pm</p>	<p>2 19 Tamuz Minyan 6:15pm Choir Practice 6:30pm</p>	<p>3 20 Tamuz Minyan 6:15pm</p>	<p>4 21 Tamuz Independence Day Office Closed Minyan 6:15pm</p>	<p>5 22 Tamuz Minyan 6:15pm</p>	<p>6 23 Tamuz Office Closes 2:00pm Kabbalat Shabbat Service 7:41pm</p>	<p>7 24 Tamuz Parshat Pinchas Shabbat Service 9:30am 8:41pm</p>