

**PARKING LOT:** St. Paul's Community Care Center parking lot may **ONLY** be used **during services on Fridays and Saturdays and at no other time.** The entrance is on Third Ave. between Maple and Nutmeg Streets.



# DAVAR MEGILLAH

MARCH 2016 • MONTHLY NEWSLETTER • ADAR I / ADAR II 5776

## UPCOMING EVENTS



Friday, March 4, 7:30pm  
**RABBI'S SERMON SERIES**  
See page 3 for details



Saturday, March 5 and 19, 12:00pm  
**LUNCH & LEARN**  
See page 7 for details



Thursday, March 10, 6:45pm  
**SISTERHOOD ROSH CHODESH EVENT**  
See page 8 for details



Friday, March 11, 6:15pm  
**ZAMRU**  
See page 3 for details



Saturday, March 12 and 26, 10:00am  
**SHULI SHABBAT**  
See page 3 for details



Sunday, March 13, 10:00am  
**SUNDAY MORNING TALK SHOWS**  
See page 7 for details



Friday, March 18, 6:15pm  
**SHABBAT KEHILLATIT & COMMUNITY DINNER**  
See page 3 for details



Sunday, March 20, 11:00am  
**PURIM CARNIVAL**  
See page 9 for details



Wednesday, March 23, 7:00pm  
**PURIM CELEBRATION AND MEGILLAH READING**



Sunday, March 27, 10:00am  
**READINGS WITH THE RABBI**  
See page 7 for details



Sunday, March 27, 7:00pm  
**MOVIE NIGHT**  
See page 4 for details



Friday, April 1 - Sunday, April 3  
**SCHOLAR-IN-RESIDENCE WEEKEND JUDAISM AND REFUGEES**  
See page 7 for details

## *A Pillar of Cloud by Day to Lead them and a Pillar of Fire by Night to Light Their Way*

– A Message from Rabbi Scott Meltzer

Our sanctuary has been transformed. The sacred space in which we pray has been elevated through the blessings and gifts of a number of people:

- **Lou (לוי) and Estelle Dunst**, for their generous beneficence and their generosity of spirit;

- **The Shteremberg and Hamui families** for their loving lives that helped motivate the gift in order to honor them;

- The artist, **Amy Reichart**, whose brilliant insight into our traditions and gift to be filled spirit to create;

- **Karyn Rovner Sklar**, whose talented eye and keen sense of people, have helped guide our community in enhancing our aesthetic, function and holiness;

- Our President, **Dr. Ray Sachs**, under whose leadership all of this came to meaningful and beautiful fruition.

If you have not yet seen the magnificent pillars flanking our bimah, may I suggest that this Shabbat is the perfect time to pray in our sanctuary with the Pillar of Cloud leading us and the Pillar of Fire lighting our way.

The artwork symbolizes many things: the connections between this world and the world beyond; the understanding that the Torah between the pillars is the way in which we as Jews are led in this world,

and the light that shines on our path; our shared commitment that our sanctuary should be a place in which we strive for, pray towards, and hopefully find the most beautiful, holy and spiritual reality that is possible in our world.

When you look at the Pillar of Cloud and the Pillar of Fire, the eyes latch on to the bottom, and then are pulled upwards, towards the sky – towards the clouds and the sun above. Our eyes are lifted to the world beyond to help us stretch towards something greater than ourselves. We yearn upwards to be closer to the greatest of possibilities. Our eyes ascend, and our souls accompany, and we feel lifted to our highest selves. We are exalted, raised up to greater action and elevated to greater feelings of the spiritual possibilities in this world.

The generosity of the donors, the connections to those for whom the work is dedicated, the talent of the artist, the vision of our guide for this project and the wisdom of our President have all coalesced into the glorious Pillars that now adorn our sanctuary walls.

And a very special thank you to **Lynn Mendelsohn** for creating an incredible dedication evening!

May the Clouds and the Fire guide us and light the path before for us, please God, for many years to come. Amen.



**Save the Date!**  
**April 1-3, 2016**  
**Scholar-in-Residence Weekend**  
**Judaism and Refugees**

with Rabbi Jennie Rosenn, Vice-President, Community Engagement of HIAS (Hebrew Immigrant Aid Society)  
See page 7 for more details.



## WORDS FROM THE PRESIDENT

**Ray Sachs**  
President

Ray and Marcia are on vacation. "Words from the President" will return in the April Davar.



## MEMBERSHIP CARE - NEW GROUP FORMING

**Rachel Millstone**  
VP Membership

## Seeking Volunteers for Ohr Shalom Caring Community

Join our list of volunteers who are willing to receive "mealtrain" emails that let you know when a congregant/family needs our help with meals – *in times of need* (eg, during illness or after surgery), as well as *in times of celebration* (eg, after a birth). Each email will include information about how to sign up online for a specified date to prepare or buy meals and/or deliver them to that congregant. Requirements, such as dietary likes/dislikes or restrictions, will be listed online. *Note:* Having a kosher kitchen is not necessarily a requirement when you participate.

**There are NO meetings to attend!**

Signing up to receive emails does NOT commit you to participate when

contacted! When you receive an email, you decide if you are available to provide a meal on any of the dates listed.

Although some of our congregants will require/request kosher meals, you do NOT need to have a kosher kitchen to volunteer. We will suggest ways you can still provide kosher food.

To sign up to receive Caring Community "mealtrain" emails, please contact Rachel Millstone at [rdmillstone@gmail.com](mailto:rdmillstone@gmail.com) or Marilyn Shelden at [marilyn.shelden@gmail.com](mailto:marilyn.shelden@gmail.com).



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**DAVAR**

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*This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.*

### Bulletin Deadlines

Readers are welcome to submit articles, photos, event notices to the Davar. Please e-mail all submissions to: [davar@ohrshalom.org](mailto:davar@ohrshalom.org)

#### Deadline:

- March 5 for April issue
- April 5 for May issue

### Ohr Shalom's Publicity Liaison:

**Jane Zeer**

Attention Committee Chairs and Program Coordinators: Please contact Jane at [janezeer@cox.net](mailto:janezeer@cox.net) to coordinate publicity of upcoming events.

Ohr Shalom at  
CAMP MOUNTAIN CHAI  
Weekend of May 20-22.  
Register now.



2016 Community Holocaust Commemoration



**Save the Date!**  
**Sunday, May 1, 2016**  
1:30 - 3:00pm

Community Holocaust  
Commemoration  
at the  
Lawrence Family JCC

## OHR SHALOM SERVICE SCHEDULE

### Kabbalat Shabbat Service Schedule

Friday, March 4th - 7:30pm (Rabbi's Sermon Series)  
Friday, March 11th - 6:15pm (Zamru - Hadassah Shabbat)  
Friday, March 18th - 6:15pm (Shabbat Kehillatit)  
Friday, March 25th - 6:15pm (Kabbalat Shabbat)



**Rabbi Meltzer's Friday Night Sermon Series**  
Friday, March 4, 7:30pm



### Shuli Shabbat

Mark your calendar for **Saturday, March 12th and 26th at 10:00am.**  
Shuli Shabbat for ages 0-8. Arts and Crafts, story and lunch.

### ZAMRU "Sing Out" Shabbat

Friday, March 11, 6:15pm (Note new date)

6:15pm ~ Kabbalat Shabbat Services

Join Yale Strom and Elizabeth Schwartz and celebrate Shabbat through vibrant, musical prayer.



### Shabbat Kehillatit

Friday, March 18

Family-friendly early service - 6:15pm.

Community Dinner - 7:15pm. Reservations required.

Contact the office at (619) 231-1456

#### Members

Adults: \$12

Children (5-12 yrs.): \$5

#### Non-members

Adults: \$15

Children (5-12 yrs.): \$8



### Shabbat Morning Babysitting



Babysitting available. Reservations are strongly recommended.  
E-mail your reservation to: [office@ohrshalom.org](mailto:office@ohrshalom.org).

### Ohr Shalom Choir to Perform at Congregation Beth Am

Sunday, April 3 at 3:30pm

"España Mi Kerida"

Our Ohr Shalom Choir will be performing with Beth Am's Choir and Kol Sephardic Choir of Los Angeles.

Tickets and information:

[www.betham.com](http://www.betham.com) or 858-481-8454



#### MARK YOUR CALENDAR

Kabbalat Shabbat with Ohr Shalom Choir

Friday April 15, 6:15pm

## PARSHIYOT & CANDLELIGHTING

### March 2016



#### PARSHAT VAYAKEL

Fri: March 4

5:31PM – 24 Adar I

Sat: March 5

Torah: Exodus 35:1 - 38:20

Haft: I Kings 7:40 - 7:50

#### PARSHAT PEKUDEI

Fri: March 11

5:36PM – 2 Adar II

Sat: March 12

Torah: Exodus 38:21 - 40:38

Haft: I Kings 7:51 - 8:21

#### PARSHAT VAYIKRA

Fri: March 18

6:41PM – 9 Adar II

Sat: March 19

Torah: Leviticus 1:1 - 5:26

Haft: Isaiah 43:21 - 44:23

#### PARSHAT TZAV

Fri: March 25

6:46PM – 16 Adar II

Sat: March 26

Torah: Leviticus 6:1 - 8:36

Haft: Jeremiah 7:21 - 8:3; 9:22 - 9:23

## Ohr Shalom's Choir!

Studies show that choral singers rate their satisfaction with life higher than the public does, and also, that singing decreases anxiety and depression.

Our Ohr Shalom Choir is fun and refreshing, and we hope you join us! Everyone is invited – Ohr Shalom members, friends and relatives!

**Come join us on Mondays at 6:30pm. You'll be happy you did!**



#### March Dates:

March 7

March 14

March 21

March 28

Follow us on Facebook for the weekly e-Kol, details of upcoming events and pictures of past events.

Go to: [www.facebook.com/ohrshalomsynagogue](http://www.facebook.com/ohrshalomsynagogue)





## ISRAEL DESK

**Susie Meltzer**  
Israel Desk

### Are You Weary With Israel?

Since growing up as an American Jew in the 1950's and 60's, I have always been hard-wired to Israel. Currently, as Ohr Shalom's Israel Desk Chair, I am frequently reminded that speaking to various congregants who come to this subject from different points of view can be a sensitive topic. There have been some happenings in San Diego recently that have underscored for me the contrasting emotions that are experienced concerning Israel.

An exciting new program through The Hartman Institute in Israel was launched in San Diego and is being taught at Ohr Shalom by Rabbi Meltzer. iEngage Jewish Values and the Israeli-Palestinian Conflict addresses the growing matter of the increasing and diverse opinions in our Jewish community relating to the topic of Israel. The agenda is to help first set aside politics and then deal with these disparate views related to Israel. The curriculum covers underlying principles such as peace, justice and exceptionalism that the state of Israel brings to the Jewish people and how Jewish values, aspirations and ideas can be used as a jumping-off point for more productive discourse about Israel. This is an opportunity to look at Israel with a fresh lens.

Also, last month at The San Diego Jewish Film Festival I saw a captivating Israeli film, The Prime Ministers: Soldiers and Peacemakers. The film documents former giants, Yitzhak Rabin, Menachem Begin

and Shimon Peres, during legendary Israeli incidents that played on the world's stage, including footage from the raid in Entebbe, Anwar Sadat's historic visit to Jerusalem, and the US role in the illusive peace process, from Camp David to Oslo. The film also follows Rabin's steps towards peace during his second time as PM and we re-live his assassination in 1995. It is an important historical view of Israel.

I also watched an interview by Ambassador Yehuda Avner, the film's narrator, who served as advisor to these prime ministers during their difficult years. When asked, "Do you ever get weary about Israel?" he answered, "There is a distinction between weariness and love. One can be weary without losing love. Israel has many flaws. So does my family. And so does yours. But we love them nonetheless." And he added, "Who among us can imagine a world without Israel? So where is all this going to lead to? What's the future? I honestly don't know. The essence of all of Judaism is the capacity of a people to live with the unknown. When you think about it, the entire venture of Israel has been achieved only by jumping into the unknown."

I believe as Jews, we are connected to Israel, past, present and future. These are just a few examples of how we can and must stay united. We can love Israel and be weary too. Maybe like Yehuda Avner, we have to be able to live with the unknown and the complicated.

**11<sup>TH</sup> ANNUAL LIGHTS OF OHR SHALOM**  
A SPECIAL TRIBUTE TO

**JOSÉ GALICOT**



Please join us  
**Sunday, April 10 at 5:00pm**  
McMillin Event Center at Liberty Station  
2875 Dewey Road, San Diego, CA 92106  
\$150 per Person  
Invitations to come - RSVP by Friday, March 25th.



## MOVIE NIGHT

**Al Shelden**  
Imm. Past President/  
Administration

SUNDAY NIGHT MARCH 27 at 7:00pm  
Stay tuned!



Look for the March movie title coming soon to your email in-box.

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## SOCIAL ACTION

**Brad Eisenberg**  
Social Action Chair

### Social Action Corner

“How wonderful it is that no one need wait a single moment to start to improve the world.”

*Anne Frank*

I'd like to welcome the new faces at the January 2016 Social Action Committee meeting: Laura Farmer Sherman, Reina Shteremberg, David Shteremberg, and Richard Walters. I am very grateful to have their participation. Laura has volunteered for several projects, including helping with the Pesach Gift Basket assembly and Beach Cleanup. Richard Walters is heading up the Habitat for Humanity home-building event. Reina is taking the lead on food donations for Special Delivery San Diego. And David has offered his support as well. The old saying “many hands make light work” is so true. We are very appreciative of these volunteers and all of the others who make our social action work possible. Very soon we hope to have Social Action tee-shirts to give to volunteers!

### Pesach Gift Baskets are Back

After a hiatus, Pesach Gift Basket Assembly Night returns! Please join us April 7 at 6:30 PM in the Social Hall to assemble Pesach gift baskets for delivery to Jewish clients of Jewish Family Service. The gift baskets will be assembled with the kosher-for-Pesach food items that congregants have donated as well as items purchased from Social Action funds. Please contact Laura Farmer Sherman at [laura.farmer.sherman@gmail.com](mailto:laura.farmer.sherman@gmail.com) for information. If you would like to donate money specifically for this event, please send your check to the office and indicate the purpose on the check memo.

### Seeking Coordinators and Volunteers

•Hunger Project at St. Vincent de Paul – coordinator needed!

Do you have a social action project you'd like our help accomplishing? Please contact Brad Eisenberg if you have an interest in participating in any of the above.

### Keep Those Donations Coming!

Current donation drives – donation bins are set up in lobby area of synagogue:

- Warm blankets and jackets for Veteran's Village of San Diego
- Non-perishable food donations for Special Delivery San Diego
- Kosher-for-Pesach food for Jewish Family Service Hands Up Youth Food Pantry

...or if you prefer to make a general monetary donation to “Social Action Fund,” we will purpose the funds for the above. Please indicate which campaign your donation is for.



Stay connected to Ohr Shalom Social Action Committee by joining our Friends of Social Action email list. Please contact me at [brad.eisenberg@att.net](mailto:brad.eisenberg@att.net) or contact the office if you would like to join.

### Monarch School Dinner a Success

On Monday, February 22, thanks to the efforts and generosity of our volunteers and donors, 19 of our volunteers served dinner to approximately 200 students and some of their family members at the Monarch School in downtown San Diego.

We couldn't have done it without the help of these volunteers at the school, who also supplied some of the food and supplies for the dinner: Stacey Baron-Blank, Janice Boner, Vanina Buntin, Morris Casuto, Rivka Israel and Diane Wood, Bonnie Mantel, Jody and Haim Mizrahi, Anita Nemoj and Justina Nemoj, Evie Sevel, Marilyn and Al Shelden (and their cousins Ed and Cindy), Anita and Isaac Szmilowicz, and Jane Zeer.

Many thanks also to these friends of the Monarch School project who provided additional food and supplies: Melissa Cogan, Mina Cohen, Alice Cupples, Sharon and Raulf Polichar, Tricia Pummill, Marilyn Singer, Eileen Wingard, Sarita and Samy Zands.

Because of the generosity of everyone who donated food and supplies, we had lots of leftovers to send home with the families! This one case where “less is NOT more”!

Here's an example of the impact of homelessness on these families: We offered a larger portion of leftover food to one mother who helped out the entire evening in the kitchen, but she wasn't able to take it with her. Why? She and her children sleep in their car and have no way to store food!





## RELIGIOUS SCHOOL

**Ellen Statman**  
Religious School Principal

### Purim is Coming!

Purim is coming!! It seems like Chanukah was just here, and then we celebrated TuB'Shivat last month and now we are starting to plan for a special Purim celebration. We are so fortunate that as Jews we have so many wonderful holidays and festivals to enjoy together. The religious school will be participating in the Purim Carnival on Sunday, March 20, and in the Purim Service on Wednesday evening, March 23. We hope you will all come out to join in the festivities.



Much learning is taking place in the classrooms. I just visited Kitah Bet where the class was reading and discussing the story of Rebecca and how she became chosen by Abraham to be Isaac's wife. The children talked about Rebecca's passing Abraham's test of a good woman, one that would be not only kind to people but kind to animals as well.

#### Religious School celebrates Purim!

Please join us for all the festivities.

#### Sunday, March 20

- 9:30am - Special Purim Religious School Morning
- 11:00am - Purim Carnival with Religious School Musical Performance



#### Wednesday, March 23

Purim Celebration and Megillah Reading with Religious School Musical Performance



## KITCHEN BITES

**Barbara Haislip**  
Kitchen Volunteer

### Creamy, Mushroom Lentil Soup

This month I'm sharing a soup recipe that I plan to make in March or May as we do have vegans, vegetarians, and members who eat gluten free foods who like to join the Kehillatit dinners. This soup with salad and dessert makes a complete meal. I love this recipe just as it is; however, when I shared it with one of my sisters, she said she added stewed lamb and chicken broth and said it was also a complete, delicious meal.

The recipe is Creamy, Mushroom Lentil Soup. How can creamy be dairy free? Purée cannellini beans and add to the soup. It makes it taste creamy as well as adding fiber. So, here is the recipe

#### Creamy, Mushroom Lentil Soup

- 1 T Olive oil
- 1/2 medium sweet onion, diced
- 1 tsp salt
- 1 tsp madras curry powder, or any Italian seasoning
- 1 tsp white pepper
- 1 C green lentils, rinsed
- 2 cloves garlic, minced
- 8 oz baby Bella mushrooms, rinsed and sliced (crimini will also work)
- 32 oz vegetable broth  
(I get mine at Trader Joes)
- 1 can cannellini beans, purée with liquid

Heat oil over medium high heat in Dutch oven or soup pot.

Add garlic and onion and sauté 2-3 minutes. Add mushrooms and continue sautéing for 7 more minutes. Season with salt and pepper and curry powder and sauté 1 minute.

Add the broth, beans, and lentils and bring to a boil. Cover and simmer 30 minutes or til lentils are soft.

Serve and enjoy. A dollop of sour cream is a perfect garnish. Enjoy!



**Correction:** I need to make a correction to my stuffed mushrooms recipe of two months back, in case you saved it. Near the beginning it says to sauté mushroom caps with the garlic and green onion. It should say chopped mushroom stems as they become part of the filling that goes into the caps. Sorry for the mistake.



## YOUTH PROGRAMS

**Jessica Lemoine**  
Youth Programs

#### Kadima for children in grades 4th-6th:

Sunday March 6, World Beat Center, Purim masks and drums

#### Ohr Shalom Youth Group for kids in grades 7 through 12:

Saturday, March 5, 8:00pm

Saturday, April 2, 8:00pm

*\*\*Please note: March, April & May Activities will be chosen by the teens, closer to the date.\*\**

#### Senior USY for teens in grades 9 through 12

March 11-13, USY Kinnus at Beth El, La Jolla

For more information contact Jessica Lemoine at

[jessicasontag.lemoine@gmail.com](mailto:jessicasontag.lemoine@gmail.com).



## ADULT EDUCATION

**LOIS GELB**  
Adult Education Chair

Ohr Shalom members enjoyed a very special warm-up for the Super Bowl when referee Nathan Weiss brought three of his colleagues to Sunday Morning Talk Shows on February 7. Nathan and friends explained what the referees see, how many pairs of eyes carefully watch which players on what parts of the field, what they're looking for and how they keep track of what's going on. It was a very informative and enjoyable Talk Show! Thanks, Nathan.

### READINGS WITH THE RABBI

Whether or not you've read this month's selection, you are welcome to join the group and its discussion.

Sunday, March 27, 10:00am - *After Abel and Other Stories*, Michael Lemberger

Sunday, April 17, 10:00am - *Marriage of Opposites*, Alice Hoffman

### LUNCH & LEARN

Saturdays, March 5 and 19, at noon (following the service)

A wonderful way to enjoy Shabbat – good food in the company of fellow congregants, followed by stimulating study with Rabbi Meltzer. Join your Ohr Shalom community for a fulfilling and meaningful Shabbat.

### ONGOING STUDY SESSIONS

**iEngage: Jewish Values and the Israeli-Palestinian Conflict.** Starting January 20. Twelve Wednesdays, 11:00am-1:00pm

We're pleased to join this highly regarded iEngage program of the Shalom Hartman Institute (SHI). Our studies focus on various Jewish perspectives about Israel and the complex meanings of peace in our traditions.

**BIBLE: Ezekiel.** Wednesdays, 2:00-3:00pm. Rabbi Meltzer is offering a seminar about Ezekiel, his times and prophecies.

According to the Stone Edition, Ezekiel is the prophet who was shown the vision of the "dry bones" rising and coming back to life. In his prophecy, despair disappears, death turns to life, the "corpse" of Israel becomes a vibrant new nation.

## Sunday Morning Talk Shows

**March 13 at 10am**

### *Latkes vs. Hamantaschen – which represents Judaism better?*

Our final Sunday Morning Talk Show of the season will be March 13. (Please note – it's the first day of Daylight Saving Time!) We promise an animated debate about the age-old issue: Latkes vs. Hamantaschen. Which represents Judaism better?



We don't believe the proof is in the eating, but we will offer the classic delicacies starting no later than 10:00 am. The debate is scheduled for 10:20 to allow both sides to establish a case (10 minutes each), offer a rebuttal (10 minutes each), and give one very brief closing statement (5 minutes each). Adult Education committee member Mark Smith, a highly respected precise pharmacist, will preside.



Debaters for the Latkes are Ivan Mendelsohn and Al Shelden. Becky Zipp and Linda Kucinski will advocate for the Hamantaschen. Watch for more information in eKols and emails on these talented, experienced and highly educated Ohr Shalom members.

## Judaism and Refugees

### A Scholar-in-Residence Weekend with Rabbi Jennie Rosenn, Vice-President Community Engagement, Hebrew Immigrant Aid Society (HIAS)



**Friday, April 1 - Sunday, April 3**

Rabbi Jennie Rosenn has served as a campus rabbi at Columbia University and Barnard College Hillel. She has been a teacher for dozens of communities and organizations, including as the scholar-in-residence for American Jewish World Service's 2013 Rabbinic Delegation to El Salvador. She also serves on the faculty of the Wexner Graduate Fellowship. A founding board member of AVODAH: The Jewish Service Corps and Repair the World, Jennie also served on the boards of the Jewish Funders Network and New York Jobs with Justice. She has twice been named one of the Forward's 50 Jews in America.

From 2004 through 2012, as Director of the Nathan Cummings Foundation's Jewish Life and Values Program, she catalyzed the creation of several major new initiatives, including the Jewish Social Justice Roundtable, an unprecedented consortium of 29 organizations - including HIAS - working collaboratively to strengthen and elevate social justice in the American Jewish community.

**Program:** Please note that RSVP's are required for all sessions. RSVP by Friday, March 25 to [assistant@ohrshalom.org](mailto:assistant@ohrshalom.org). Unless otherwise indicated, there is no charge to attend.

#### Friday, April 1

**6:00pm** - Shabbat Dinner with Rabbi Jennie Rosenn Kosher- \$20.00 per person.  
**7:30pm** - Kabbalat Shabbat Service with Rabbi Jennie Rosenn

#### Saturday, April 2

**9:30am** - Shabbat Morning Service with guest Rabbi Jennie Rosenn  
**12:00pm** - Shabbat Lunch N' Learn with Rabbi Jennie Rosenn  
**6:00pm** - Seudah Sh'lishit with Freedom Songs Sing-A-Long.

Refreshments will be served.

#### 7:30pm - Havdalah

**8:15pm** - Oscar nominated film- "Which Way Home" follows unaccompanied child migrants, on their journey through Mexico, as they try to reach the United States. These are stories of hope and courage, disappointment and sorrow. They are the children you never hear about; the invisible ones. Followed by panel discussion with Rabbi Scott Meltzer and Attorney Carmen Chaves, Casa Cornelia Law Center

#### Sunday, April 3

**10:00am** - Brunch  
**10:30am** - Panel Discussion: Survivor Stories



## SISTERHOOD PRESIDENT'S CORNER

**Linda Kucinski**  
Past President

What fun we had in February. We went to the San Diego Jewish film Festival to see Peggy Guggenheim: Art Addict. It was so much fun, we think we should take a trip to Italy to see her museum one day! Then we enjoyed a morning of Yoga led by congregant Alex Van Frank. Most of us want to do this activity again!

### Coming Up this month:

**Thursday, March 10, 6:45pm**  
**Rosh Chodesh Adar II**

"New Beginnings: transformative lessons from mikvah" with Jennifer Meltzer  
Light snacks and refreshments will be served.

RSVP to [sisterhood@ohrshalom.org](mailto:sisterhood@ohrshalom.org) if you'll be coming.

**Wednesday, March 30, 7:00pm**  
**Sisterhood Club Event Surprise dinner out.**

RSVP to [sisterhood@ohrshalom.org](mailto:sisterhood@ohrshalom.org) if you will join us.



### Future Events:

**May: Thursday 12th Rosh Chodesh and Israeli Dancing 4:30-6:15 pm**

**May: Sunday 15th House of Israel 12-4 pm**

Please submit your ideas for fun, meaningful activities to do next year to [sisterhood@ohrshalom.org](mailto:sisterhood@ohrshalom.org)

### Gift Shop News:

We will be open every Sunday 9:30-12:00. Future hours will be announced when available.

Looking for something special? Check us out. If we don't have it, we will look to get items requested.

Contact [giftshop@ohrshalom.org](mailto:giftshop@ohrshalom.org) for more details

**Save the Date for Sunday, April 17th for our all day trip to Los Angeles.** Contact Tracey Raz at [traceyraz1@gmail.com](mailto:traceyraz1@gmail.com) for more details.



### In March we are celebrating...

Beverly Schmier

March 1

Jessica Lemoine

March 8

Toni Goldstein

March 27



## MEN'S CLUB POKER GAME

Wednesday, March 30 at 7:00pm.

Contact Joe Hartman:

(619) 851-2303.



## SISTERHOOD

**Susanne Lisker**  
Past President

## Rosalie Silberman Abella



Over the last few years I have been inspired by the many Jewish women who have been truly remarkable members of their societies and communities. To all of them I say, "Kudos – you are my heroes."

And so, this month I wish to tell you about yet another fantastic woman. Having been born in Stuttgart, in a Displaced Persons camp on July 1, 1946, **Rosalie Silberman Abella** will celebrate her 70th Birthday this year. But she should be congratulated for having become one of the most outstanding judges in Canada.

Rosalie Silberman Abella was the daughter of Jacob and Fanny Silberman, Holocaust survivors who ended up in a

Displaced Persons Camp in Stuttgart after World War II. Jacob had a Law degree from the famous Jagiellonian University in Cracow so he was appointed by the Americans head of the legal services for the DP camp residents.

In 1950, the family was finally admitted into Canada. However, Jacob could not practice the law in that country as he was not a citizen. He was determined to provide for his family so he became a very successful insurance agent.

Rosie was a very accomplished student and talented young girl. At the age of 10 she was considered a piano prodigy and one of the youngest graduates of the Royal Conservatory of Music while managing to graduate from High School at the same time.

She continued her studies at the University of Toronto and graduated from the Law School in 1970. When she was 29 years old she was appointed to Ontario Family Court – the first Jewish woman judge and the youngest ever in Canada. And incidentally, she was also the first pregnant judge. She had married Irving Abella in 1968. The couple had two boys who, not surprisingly, are both lawyers.

Rosalie is one of the most admired and honored women in Canada. She has been appointed a member of the Human Rights

Commission of Ontario, of the Premier's Advisory Committee on Confederation, of the Ontario Public Service Labor Relations Tribunal, and many other important positions. She also wrote a major study on Access to Legal Services by people with disabilities.

She was also the first woman on the British Commonwealth Relations Board heading the Law Reform Commission. Canadians owe her the term "Employment Equity," a unique strategy for reducing barriers in employment faced by women, aboriginals, non whites, and disabled persons. Her report was implemented by the Governments of Canada, New Zealand, Northern Ireland, and South Africa.

She was also the Boulton Visiting Professor of Law at McGill University and Distinguished Visiting Professor at the Law School of the University of Toronto while chairing the Constitutional Conferences dealing with the crisis over the role of Quebec. In March 1992, she was elevated to the Ontario Court of Appeal and in August 2004, she was appointed to the Supreme Court of Canada, also the first Jewish woman to sit on that Bench.

In my book, Rosalie is yet another remarkable Jewish woman to emulate.

# Purim Carnival

Sunday, March 20, starting at 11:00am

Join us for great fun and lots to do! Purim Parade and a prize drawing for everyone who comes in costume.

- Jumpies
- T-Shirt Spin Art
- Arts & Crafts
- Face-Painting
- Hair Braiding
- Hamantaschen Baking
- Religious School Musical Performance

Be sure to wear your Purim costume to receive a raffle ticket for a special drawing.

**More surprises in the works!**

Free admission.

Minimal charge for food and hamantaschen baking.



# Purim Celebration and Megillah Reading

Wednesday, March 23

7:00pm Purim Celebration and Megillah Reading with Religious School Musical Performance

8:30pm Traditional Megillah Reading

*Come in costume!*



## PROGRAMS & EVENTS

Lynn Mendelsohn  
Programs/Events Chair

## Springtime Celebrations

How great it is that we at Ohr Shalom have so many opportunities to celebrate together? The 200+ people who attended the Kosher deli buffet dinner and the Sanctuary Art Dedication on February 20th shared an evening of warm community feeling, with the added bonus of learning about the creation of our own particular new works of Judaic art. It was just the sort of evening that Lou Dunst, of blessed memory, would have enjoyed! And possibly he did, in his way, since a feeling of Lou seemed to be everywhere. Thanks to Estelle Dunst, who generously sponsored the event, and to all of the participants: Rabbi Meltzer, Susie Meltzer, Howard Wayne, Karyn Sklar and Amy Reichert, the artist who created Ohr Shalom's pillars of cloud and fire. And special thanks to the Ohr Shalom Choir, which received a standing ovation! We congratulate the Hamui and Shteremberg families, whom Lou and Estelle chose to honor with the installation of the art pieces.

Moving on into March, get ready for the annual **Ohr Shalom Purim Carnival**, Sunday, March 20, at 11:00am. As usual, activities for kids will abound! We will hold a free drawing for adults and children – but you only can enter if you come in costume! Who or what will you be? Star Wars characters will be welcome, but I'm thinking more along the lines of a Pillar of Cloud!



## TODAH RABAH AND LIFE CYCLE EVENTS

Thank you for your generous donations in February:

### SYNAGOGUE FUND

In memory of Bernice Green  
In memory of Szali Grun  
In memory of Ernest Green  
In memory of Juliet Green  
Elizabeth Green

In memory of Ada Podolsky  
Sara Limenes

In memory of Millard Sindler  
Rita Cohen

In memory of Aaron ben Naftali  
Aaron Rubinstein

In memory of Rubin Recht  
Lucy Goldman

In memory of Ben Kahan  
Badonna Retin

In memory of Maria Lachow  
Lillian Lachow

In honor of Ohr Shalom  
Steven and Ruth Shapiro

In honor of Avi Levy  
Mel and Bonnie Tabak

In memory of Marie Lyons  
In memory of Robert Lyons  
In memory of Helen Mendelsohn  
Ivan and Lynn Mendelsohn

In memory of Esther Sipur  
Mark Sipur

In memory of Anna Salzmänn  
In memory of Jonas Salzmänn  
In memory of Adi Salzmänn  
Tito and Stella Salzmänn

In memory of Marcell Evan Floyd  
Scarlett  
In memory of Phyllis Hirsch  
Mel and Bonnie Tabak

In memory of Leib Ben Aaron  
Aaron Rubinstein

In memory of Doris Glickman  
Sheldon and Harriet Wolpoff

In memory of David Goldstein  
Don and Toni Goldstein

In memory of Aida Heller  
In memory of Tillie Wolf  
Allan Wolf

### RABBI'S DISCRETIONARY FUND

In honor of the Bris for Brandon  
Gordon  
Stuart Rubenstein

In memory of Helen Willis  
Elias and Valerie Razinsky

### SOCIAL ACTION FUND

For Monarch School:  
In memory of Macey Capin  
Harvey and Lois Gelb

In memory of Lidia Glowinski  
Al and Marilyn Shelden

### TODAH RABAH TO OUR ONEG SPONSORS

Jose and Monique Lombrozo

### TODAH RABAH TO OUR SHABBAT KIDDUSH SPONSORS

Jose and Monique Lombrozo  
Rabbi Sheldon Switkin  
Mario Bialostozky and Kara Shacket  
Alice Broudy Cupples

### TODAH RABAH TO OUR LUNCH AND LEARN SPONSORS:

Raulf and Sharon Polichar

### Mazal Tov to:

Ari Lombrozo and family on his  
Bar Mitzvah.

### Condolences to:

The family of Walter Stern,  
Ohr Shalom member, on  
his passing.



May his memory be for a  
blessing to all those who  
knew him and loved him.

Share a simcha or commemorate  
a loved one's yearzeit with your  
Ohr Shalom family by  
sponsoring an Oneg or  
Kiddush.



Friday Oneg or Shabbat  
Morning Kiddush  
Sponsorship: \$72

## OHR SHALOM TREE OF LIFE



Celebrate a special moment in your life!  
Leaves are available for purchase.  
Call the office for more information.  
(619) 231 - 1456

### Minyan Schedule

Sunday-Thursday at 6:15pm

Please consider attending a minyan  
service to help ensure that we can  
continue providing this important  
service for our congregation.

**Todah Rabah** to our February Shabbat Service Leaders, Torah and  
Haftarah Readers, D'rashot and Minyan Leaders:

LeAnne Adams  
Alberto Hamui  
Joe Hartman  
Morris Lazard

Jessica Lemoine  
Jennifer Tabak-Levy  
Ari Lombrozo  
Jennifer Meltzer

Shayna Meltzer  
Ivan Mendelsohn  
Ruben Rosental  
Rabbi Sheldon Switkin

*Todah Rabah to:* Rocky Reid for his weekly maise in the Kol.

*Todah Rabah to our office volunteers for February:* Alan Berlin, Steve Bernstein.

*Todah Rabah to our February Shabbat Kehillatit Dinner Volunteers:*  
Barbara Haislip, Marci Prag and Matt Razinsky.

# YAHRZEITS

Brennen Faith	Bruce Zaer's Grandson.....	1-Mar/Adar-I 21
Samuel Goldberg	Esther Tishman's Brother.....	1-Mar/Adar-I 21
Juliet Green	Remembered by Elizabeth Green.....	1-Mar/Adar-I 21
*Hyman Joseph Kaplan	George Kaplan's Father.....	2-Mar/Adar-I 22
Sidney Schwimmer	Remembered by Evelyn Schwimmer.....	2-Mar/Adar-I 22
Doris Idelson	Ileanna Digiacinto's Grandmother.....	3-Mar/Adar-I 23
Leonardo Kobisher	Aida Kobisher's Father.....	3-Mar/Adar-I 23
Bernie Moss	Jonathan Moss' Father.....	3-Mar/Adar-I 23
Blanche Sherman	Larry Sherman's Mother.....	3-Mar/Adar-I 23
Doris Broudy Goodman	Alice Broudy Cupples' Aunt.....	4-Mar/Adar-I 24
Iris Moss	Jonathan Moss' Mother.....	4-Mar/Adar-I 24
David Palmer	Sara Zands' Step-Father.....	4-Mar/Adar-I 24
Aida Heller	Remembered by Allan Wolf.....	5-Mar/Adar-I 25
Lea Lazard	Morris Lazards' Mother.....	5-Mar/Adar-I 25
*Julia Winsberg	Susan Kaplan's Grandmother.....	5-Mar/Adar-I 25
Lisa Chernove	Elka Kucinski's Sister.....	6-Mar/Adar-I 26
Leib Ben Aaron Finkler	Aaron Rubinsein's Uncle.....	6-Mar/Adar-I 26
David Goldstein	Don Goldstein's Father, Jennifer Meltzer's Grandfather.....	6-Mar/Adar-I 26
Gladys Marco	Love Zubiller's Grandmother.....	6-Mar/Adar-I 26
Blanche Goldstein	Ellen Statman's Mother.....	7-Mar/Adar-I 27
Sari Rose	Elaine Smith and Janice Zipp Cannizzaro's Aunt.....	7-Mar/Adar-I 27
Tillie Wolf	Allan Wolf's Mother.....	7-Mar/Adar-I 27
Michael Frank	Jeremy Van Frank's Father.....	8-Mar/Adar-I 28
Bertha Maness	Remembered by Ethel Friedman.....	8-Mar/Adar-I 28
*Nissim Capelluto	Stella Salzmann's Father.....	9-Mar/Adar-I 29
Max Burgman	Karen Rund and Susie Meltzer's Grandfather.....	10-Mar/Adar-I 30
Fay Kalker	Gail Kalker's Mother-in-Law.....	11-Mar/Adar-II 1
Leon Stavchansky	Daniel Kucinski's Uncle.....	11-Mar/Adar-II 1
*Kathleen Winsor	Remembered by Ohr Shalom.....	11-Mar/Adar-II 1
Phyllis Friedman	Remembered by Ethel Friedman.....	14-Mar/Adar-II 4
John Cannizzaro	Janice Zipp Cannizzaro's Father-in-Law.....	15-Mar/Adar-II 5
*Linda Gabbai	Remembered by Albert Algazi.....	15-Mar/Adar-II 5
Chaya Lisker	Ruben Lisker's Mother.....	15-Mar/Adar-II 5
George Wolf	Allan Wolf's Father.....	18-Mar/Adar-II 8
*Sandford Ratner	Laurayne Ratner's Husband.....	19-Mar/Adar-II 9
*Robert Shoman	Marty Shoman's Father.....	19-Mar/Adar-II 9
Albert Sportes	Rene Sportes' Brother.....	22-Mar/Adar-II 12
Mary Pollock	Lynn Awerbuch's Mother.....	23-Mar/Adar-II 13
Isidore Golden	Ralph Golden's Father.....	24-Mar/Adar-II 14
Frank Marco	Love Zubiller's Grandfather.....	24-Mar/Adar-II 14
Eliezer Awerbuch	Ilan Awerbuch's Father.....	26-Mar/Adar-II 16
Benjamin Goldberg	Lina Gorinstein's Father.....	26-Mar/Adar-II 16
Eleanor Straling	Elizabeth Green's Grandmother.....	26-Mar/Adar-II 16
Toni Bernstein	Marc Bernstein's Mother.....	29-Mar/Adar-II 19
*Lillian Jacobs	David Jacobs' Mother.....	31-Mar/Adar-II 21

\* denotes a memorial plaque was purchased in memory of a loved one

## Ohr Shalom Lawn Home of Peace Cemetery

Members of Ohr Shalom Synagogue may purchase graves, either pre-need or at the time of need, if they wish to be interred in the Ohr Shalom Lawn.

If you wish information regarding cost, terms of purchase, specific location, or any other matter, please contact the Synagogue office.



**Please re-register your Ralphs Membership Rewards and you will be donating to Ohr Shalom each time you use your Ralphs card.**

Even if you have already registered in the past, you will need to re-register for the new term online or by using the scanbar letter at the register. Please, register online by going to the website: [www.ralphs.com](http://www.ralphs.com). You will need our NPO# 80745.

For more information, call the Synagogue office at (619) 231-1456.



**OHR SHALOM SYNAGOGUE**  
 2512 Third Avenue at Laurel  
 San Diego, CA 92103  
 (619) 231-1456

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**CALENDAR OF EVENTS**

**March 2016**

**Adar I / Adar II 5776**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Save the Date</b> <b>Second Night Seder</b> <b>on April 23</b> 		<b>1</b> 21 Adar I Ad Ed.: Talmud 5:00pm Minyan 6:15pm	<b>2</b> 22 Adar I Ad Ed: Jewish Values 11:00am Ad Ed: Ezekiel 2:00pm Minyan 6:15pm	<b>3</b> 23 Adar I Religious School 4:30pm Minyan 6:15pm	<b>4</b> 24 Adar I Office Closes 2:00pm Kabbalat Shabbat Service Rabbi's Sermon Series 7:30pm 5:31pm	<b>5</b> 25 Adar I <b>Parshat Vayakel</b> <i>Shabbat Shekalim</i> Shabbat Service 9:30am Lunch & Learn 12:00pm
	<b>6</b> 26 Adar I Religious School 9:30am Minyan 6:15pm	<b>7</b> 27 Adar I Minyan 6:15pm Choir Meeting 6:30pm	<b>8</b> 28 Adar I Ad Ed.: Talmud 5:00pm Minyan 6:15pm	<b>9</b> 29 Adar I Ad Ed: Jewish Values 11:00am Ad Ed: Ezekiel 2:00pm Minyan 6:15pm	<b>10</b> 30 Adar I <i>Rosh Chodesh Adar II</i> Religious School 4:30pm Minyan 6:15pm Sisterhood Rosh Chodesh Event 6:45pm	<b>11</b> 1 Adar II <i>Rosh Chodesh Adar II</i> Office Closes 2:00pm ZAMRU Kabbalat Shabbat Service 6:15pm 5:36pm
<b>13</b> 3 Adar II  <i>Move Clocks Forward</i> Religious School 9:30am Sunday Morning Talk Shows 10:00am Minyan 6:15pm	<b>14</b> 4 Adar II Minyan 6:15pm Choir Meeting 6:30pm	<b>15</b> 5 Adar II Ad Ed: Talmud 5:00pm Minyan 6:15pm	<b>16</b> 6 Adar II Ad Ed: Jewish Values 11:00am Ad Ed: Ezekiel 2:00pm Minyan 6:15pm	<b>17</b> 7 Adar II Religious School 4:30pm Minyan 6:15pm	<b>18</b> 8 Adar II Office Closes 2:00pm Shabbat Kehillatit 6:15pm Community Dinner 7:15pm 6:41pm	<b>19</b> 9 Adar II <b>Parshat Vayikra</b> <i>Shabbat Zachor</i> Shabbat Service 9:30am Lunch & Learn 12:00pm
<b>20</b> 10 Adar II Religious School with special Purim Programming 9:30am Purim Carnival 11:00am Minyan 6:15pm	<b>21</b> 11 Adar II Minyan 6:15pm Choir Meeting 6:30pm	<b>22</b> 12 Adar II Ad Ed: Talmud 5:00pm Minyan 6:15pm	<b>23</b> 13 Adar II <b>Fast of Esther</b> Minyan 6:15pm Purim Megillah Reading 7:00pm Traditional Megillah Reading 8:30pm	<b>24</b> 14 Adar II <b>Purim</b> No Religious School Minyan 6:15pm	<b>25</b> 15 Adar II <b>Shushan Purim</b> Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 6:46pm	<b>26</b> 16 Adar II <b>Parshat Tzav</b> Shabbat Service 9:30am Shuli Shabbat 10:00am
<b>27</b> 17 Adar II Religious School 9:30am Readings with the Rabbi 10:00am Minyan 6:15pm Movie Night 7:00pm	<b>28</b> 18 Adar II Minyan 6:15pm Choir Meeting 6:30pm	<b>29</b> 19 Adar II Ad Ed: Talmud 5:00pm Minyan 6:15pm	<b>30</b> 20 Adar II Ad Ed: Jewish Values 11:00am Ad Ed: Ezekiel 2:00pm Minyan 6:15pm Sisterhood Club Event 7:00pm Men's Club Poker Game 7:00pm	<b>31</b> 21 Adar II Religious School 4:30pm Minyan 6:15pm	<b>1</b> 22 Adar II <b>2</b> 23 Adar II <b>Scholar-in-Residence Weekend</b> Office Closes 2:00pm Shabbat Dinner 6:00pm Kabbalat Shabbat Service 7:30pm 6:51pm <b>Parshat Shmini</b> <i>Shabbat Parah</i> Shabbat Service 9:30am Lunch & Learn 12:00pm Seudah Sh'lishit 6:00pm Havdalah 7:30pm Film 8:15pm	
<b>3</b> 24 Adar II <b>S.I.R Weekend</b> Religious School 9:30am Brunch 10:00am Panel Discussion 10:30am Minyan 6:15pm	<b>4</b> 25 Adar II Minyan 6:15pm	<b>5</b> 26 Adar II Ad Ed: Talmud 5:00pm Minyan 6:15pm	<b>6</b> 27 AAdar II Ad Ed: Jewish Values 11:00am Ad Ed: Ezekiel 2:00pm Minyan 6:15pm	<b>7</b> 28 Adar II Religious School 4:30pm Minyan 6:15pm	<b>8</b> 29 Adar II Office Closes 2:00pm Kabbalat Shabbat Service with Religious School 6:15pm 6:56pm	<b>9</b> 1 Nisan <b>Parshat Tazria</b> <i>Shabbat HaChodesh</i> <i>Rosh Chodesh Nisan</i> Shabbat Service 9:30am Shuli Shabbat 10:00am Lunch & Learn 12:00pm