

PARKING LOT: St. Paul's Community Care Center parking lot may **ONLY** be used **during services on Fridays and Saturdays and at no other time.** The entrance is on Third Ave. between Maple and Nutmeg Streets.



DAVAR MEGILLAH

OCTOBER 2015 • MONTHLY NEWSLETTER • TISHREI / CHESHVAN 5776

UPCOMING EVENTS

Sunday, October 18, 9:30am
 **SISTERHOOD: GIRLS LOVE MAIL**
 See page 7 for details

Wednesday, October 21, 7:00pm
 **MEN'S CLUB POKER GAME**
 See page 7 for details

Thursday, October 22, 6:30pm
 **MEGA CHALLAH BAKE**
 See page 2 for details

Friday, October 23, 5:30pm
 **SERVICE AT LAKE MURRAY COMMUNITY PARK (NO SERVICE AT OHR SHALOM)**
 See page 2 for details

Saturday, October 24, 10:00am
 **SHULI SHABBAT**
 See page 2 for details

Saturday, October 24, 12:00pm
 **LUNCH & LEARN**
 See page 2 for details

Saturday, October 24, 7:30pm
 **COMMUNITY HAVDALAH**
 See page 2 for details

Sunday, October 25, 10:00am
 **READINGS WITH THE RABBI**
 See page 5 for details

Sunday, October 25, 7:00pm
 **MOVIE NIGHT "DELI MAN"**
 See page 3 for details

Friday, October 30, 6:15pm
 **KABBALAT SHABBAT WITH RELIGIOUS SCHOOL**
 See page 3 for details

Sunday, November 1, 11:30am
 **MOVE CLOCKS BACK 1 HOUR**

Sunday, November 1, 11:30am
 **SISTERHOOD: WOMEN'S OPTION EVENT**
 See page 7 for details

High Holy Days Refrain – Words from the President, Ray Sachs

I had a wonderful High Holy Days. I just love the opportunity to be in Shul with all of you and witness the warmth that you bring with you. It's really inspiring. In addition, we had a very good Kol Nidre pledge and I can't thank you enough for all of your support. I hope you feel well assured that your money is put to good use as we fulfill our mission of Tikun Olam.

I also just want to reiterate what I said at Kol Nidre about our three major projects for this fall:

After Sukkot, we will be rebuilding the ark. When we are done, all of our torahs will face forward, the doors will open widely, and you will be able to see all of our beautiful torah covers at one time. The ark is old and needed to be redone anyway, but this was a great opportunity to create something which will have a stunning visual impact.

A few months before his death, our beloved Lou Dunst commissioned art work for the walls of our sanctuary, on either side of the bimah. A Chicago artist won our

competition with an entry we loved. She is very enthusiastic about the commission and has already flown out to visit the sanctuary and scale the art pieces. We have a deadline of three months for completion and installation of the artwork, so it should occur prior to Chanukah.

We have just received approval of all the financials regarding our solar project. Soon we will apply for permits from SDG&E. That usually takes about two weeks. Then comes the installation, followed by a final approval from SDG&E prior to throwing the switch. It has been a huge, nearly year-long effort, but when it's done we will be the first and only green synagogue in Southern California. It's worth noting that we did not put out a single dollar to get this accomplished. Once installed, we have guaranteed savings for the next 15 years.

Other things are in the planning stage as well, but I'll save that for next time!

Shanah Tovah.

PLUG INTO SHABBAT
OCT 22-24
 See page 2 for details.

Rabbi Meltzer's Message will return in November.

Thanksgiving Day Run/Walk for the Hungry
Thursday, November 26, 2015

Proceeds benefit the Jacobs & Cushman San Diego Food Bank, and Foodmobile, a program of Jewish Family Service. Annually, the Jacobs & Cushman San Diego Food Bank distributes food for more than 10 million meals. Foodmobile delivers more than 28,000 hot meals to the elderly and homebound.

Ohr Shalom Synagogue has formed a team for the 5K Adult Walk/Run and we need 20 people to sign up by November 1 to get our very own team shirts printed. **REGISTRATION IS NOW OPEN** and you can sign up online at <http://sdrunforthehungry.org/>. (Dogs Welcome!) Please contact our Team Captain Naima Solomon at naima@solomonlawsd.com for more information.



PROGRAMS AND EVENTS

Lynn Mendelsohn
Programs/Events Chair

Shabbat San Diego, October 22-24, 2015



Shabbat San Diego, our city-wide observance, is nearly upon us. The program is part of "International Unity Shabbat" weekend. How will you participate?

Mega Challah Bake Thursday, October 22 at 6:30pm

Join in an unforgettable, spiritually uplifting evening where you will not only learn the art of making challah, but the religious significance and beauty of the experience. Sign up for the "Mega Challah Bake" at Tifereth Israel Synagogue (East County) or at the San Diego Jewish Academy (Coastal North County).

Everyone is invited – women, men, teens and children, but sign up now as space is limited and reservations are required. Participants will create two challah loaves ready to bake at home. (Please consider a voluntary donation of \$8 per challah.) **You MUST sign up for the Mega Challah Bake in advance at shabbatsandiego.org.**

Shabbat at Lake Murray Community Park Friday, October 23 at 5:30pm



Join us for Kabbalat Shabbat at Lake Murray Community Park, to be held jointly with Tifereth Israel and Temple Emanu-El.

If you'd like to stay for dinner after the service, please bring a dairy/pareve Shabbat picnic dinner. And don't forget your lawn chairs, blankets, and jackets!

Directions: Lake Murray Community Park is on Murray Park Drive in San Carlos. From I-8, take College Ave N to Navajo Dr. Make a right on Park Ridge and a left on Murray Park Drive. The park is on the right, just past the entrance to Lake Murray.

NOTE: There will not be a service at Ohr Shalom that evening.

Shuli Shabbat Saturday, October 24 at 10:00am

A special child-oriented parent-participation Shabbat morning service. Arts and crafts, story, and lunch.

Shabbat Lunch & Learn Saturday, October 24 at noon following the service



Come for the service at Ohr Shalom at 9:30am, or join us at noon for the Lunch & Learn. Your RSVP to the Ohr Shalom office will be appreciated.

Unity Havdalah Celebration Saturday, October 24 at 7:30pm at Town & Country in Mission Valley



As a community, we'll enjoy a multi-sensory Havdalah celebration, separating the sacred Shabbat and the new week. This will be followed by a fun community concert by David D'Or, Israeli singer, composer and songwriter. Join the "Unity Havdalah Celebration" at the Town & Country Conference Center in Mission Valley. Last year the event SOLD OUT with 1900 attendees. **You MUST sign up for the Havdalah Celebration in advance at shabbatsandiego.org.**

Friday Night at Home



Do you prefer Friday nights at home, at the dinner table with family and friends? If so, please note the date: Friday, October 23. Mark that special Shabbat on your calendar and make a guest list right now. If you love spending Friday night at the Shabbat table, but you are not a cook, then go ahead – invite yourself to the home of someone whose food (and company) you especially enjoy! You have permission: It's all part of Shabbat San Diego!

Find more ideas for celebrating Shabbat San Diego weekend at shabbatsandiego.org.

If you have questions about participating in Shabbat San Diego events, please contact Lynn Mendelsohn at mendasst@n2.net.



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DAVAR

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.

Bulletin Deadlines

Readers are welcome to submit articles, photos, event notices to the Davar. Please e-mail all submissions to: davar@ohrshalom.org

Deadline:

- October 16 for November issue
- November 5 for December issue

Ohr Shalom's Publicity Liaison: Jane Zeer

Attention Committee Chairs and Program Coordinators: Please contact Jane at janezeer@cox.net to coordinate publicity of upcoming events.

OHR SHALOM SERVICE SCHEDULE

Kabbalat Shabbat Service Schedule

Friday, October 2nd - 6:15pm (Sukkot Kehillatit)
 Friday, October 9th - 6:15pm
 Friday, October 16th - 6:15pm
 Friday, October 23rd - 5:30pm Service at Lake Murray Community Park – see page 2
 Friday, October 30th - 6:15pm (Kabbalat Shabbat with Religious School)

ZAMRU “Sing Out” Shabbat

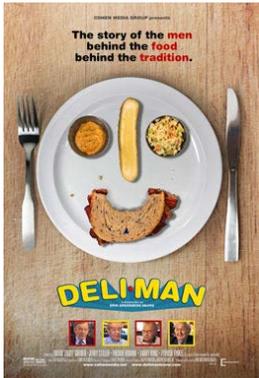
Friday, November 20, 6:15pm
 6:15pm ~ Kabbalat Shabbat Services
 Join Yale Strom and Elizabeth Schwartz and celebrate Shabbat through vibrant, musical prayer.



MOVIE NIGHT

Al Shelden
 Imm. Past President/Administration

A Very Special Movie Night Sunday, October 25, at 7:00 pm



Ready for a day of intellectual stimulation and gastronomical delight, coupled with belly laughs and insights into a subject dear to our hearts, but which we pay no attention to? Then, start your day on Sunday morning, October 25, at 10:00 a.m.

by joining the Readings with the Rabbi Group (whether or not you read the book) as we discuss the October book: *Save the Deli: In Search of Perfect Pastrami, Crusty Rye, and the Heart of Jewish Delicatessen.* Then at 7:00 p.m. join us for some real live deli sandwiches and other deli treats, along with a showing of:

“Deli Man”

Kenneth Turan’s LA Times review quotes Damon Runyon, who pointed out “there are two types of people in the world, those who love delis and those you shouldn’t associate with.” Fortunately, director Erik Greenberg Anjou loves delis and in his informative, humorous and, sometimes, serious documentary, he gives us a better

understanding of the deli and the role it played in American Jewish life from the 1840s through today.

The movie’s main “character” is David “Ziggy” Gruber, owner of “Kenny & Ziggy’s New York Delicatessen Restaurant” in Houston, Texas. Gruber is the third generation of his family to be involved in the deli business. Some “authorities” claim his deli to be the finest deli in the U.S. His grandfather started Broadway’s Rialto Deli in New York City in the 1920s.

Jane Ziegelman, a writer and food historian, starts the story in the 1840s and 1850s, when Lower East Side German immigrants started the first New York delis and found a receptive clientele in Eastern European immigrants.

At their height in the early 1930s there were over 1500 kosher delis in the five boroughs of New York. There are probably less than 200 of them in all of America today. The film tells the stories of many delis, such as Katz’s, 2nd Avenue Deli, Carnegie Deli, the Stage Deli and, from Los Angeles, Canter’s and Nate ‘n Al. Jerry Stiller, Larry King, Fyvush Finkel, Freddie Roman and Alan Dershowitz, as well as others, appear in the movie.

Join us for a delicious day and night.

PARSHIYOT & CANDLELIGHTING October 2015



SUKKOT VI

Fri: October 2 6:15PM – 20 Tishrei
 Sat: October 3



PARSHAT BERESHIT

Fri: October 9 6:06PM – 27 Tishrei
 Sat: October 10



Torah: Genesis 1:1 - 6:8
 Haft: Isaiah 42:5 - 43:10

PARSHAT NOACH

Fri: October 16 5:57PM – 4 Cheshvan
 Sat: October 17



Torah: Genesis 6:9 - 11:32
 Haft: Isaiah 54:1 - 55:5

PARSHAT LECH-LECHA

Fri: October 23 5:49PM – 11 Cheshvan
 Sat: October 24



Torah: Genesis 12:1 - 17:27
 Haft: Isaiah 40:27 - 41:16

PARSHAT VAYERA

Fri: October 30 5:42PM – 18 Cheshvan
 Sat: October 31



Torah: Genesis 18:1 - 22:24
 Haft: II Kings 4:1 - 4:37

Ohr Shalom’s Choir!

Studies show that choral singers rate their satisfaction with life higher than the public does, and also, that singing decreases anxiety and depression.

Our Ohr Shalom Choir is fun and refreshing, and we hope you join us! Everyone is invited – Ohr Shalom members, friends and relatives!

Come join us on Mondays at 6:30pm. You’ll be happy you did!

October Dates:
 October 12
 October 19
 October 26





RELIGIOUS SCHOOL

Ellen Statman
Religious School Principal

The Religious School is off and running.

On August 30, the entire faculty gathered together at the JCC to participate in a back-to-school workshop for educators. Kol Ha Kavod to Sue, Vanina, Sherry, Steffi, and Shiri, who were presented with Pedagogic Awards for Continuing Education.



On September 10, our mighty faculty and *madrachim* gathered to greet this year's group of new and returning students. The highlight of the afternoon was provided by parent Josh Goldman, who gave us an informative talk on his personal history with the Shofar and then treated us to a demonstration of what we were going to hear during the upcoming *Yom Tovim*.



On Sunday morning, *Erev Sukkot*, we gathered together as a group to make decorations for the Synagogue's sukkah. We then proceeded to the sukkah to hang these cute adornments. Even though we were rained out of the Meltzer's sukkah on Sunday morning, October 4, we gathered inside their beautiful new home for morning prayers, a sing-along with our beloved Zeji, traditional Shrinky-Dink making, and to bake delicious cookies. The rain could not prevent us from enjoying the morning's activities. Todah rabah to Rabbi Meltzer and family for opening their home to us.

So many new faces for me, making it difficult to greet you all by name. Therefore, I am personally looking forward to reintroducing myself and taking the opportunity to know you better at our back-to school gathering, which will take place on Sunday, October 18 at 12PM in the *Beit Midrash*.

Our first all-school *Kabbalat Shabbat* will take place Friday evening, October 30. Each class will participate in the service. This is another bonding activity for our students, parents, and teachers. I am hoping to see you all there.



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ADULT EDUCATION

LOIS GELB
Adult Education Chair

ADULT EDUCATION

“SUNDAY MORNING TALK SHOWS”
at 10:00 am in the Social Hall

We will start our time together with a little “nosh and schmooze” – a delightful tradition of the Sunday Morning Talk Shows. Then we’ll take our seats for informative, stimulating and enjoyable programs. We’re happy to be resuming the Talk Shows and look forward to seeing old friends and new faces!

October 11, 2015. *Chagall: How Jewish Music in His Childhood Shaped His Career.*

Yale Strom will give examples from Chagall’s autobiography adding more historical information on the Chasidim who lived in and near Vitebsk. In sampling what Jewish musical life was like from the late 19th century through the Soviet Revolution, Yale will play a couple of Jewish tunes that were Chagall’s favorites.



November 15, 2015. *What’s Really Happening on College Campuses Today.* News media warn that BDS (Boycott, Divestment and Sanctions) efforts, anti-Semitic activities

and anti-Israel sentiments continue. Are our students prepared for what they might face? **Jackie Tolley**, Director of Hillel of San Diego, SDSU, will lead a panel discussion to reflect professional perspectives and student experiences.

January 10, 2016. *Water – a very important issue.* What do we know, where can we learn more, and how can we help? We’ll tap our community experts for guidance.

February 7, 2016. *Football Through A Referee’s Eyes.* Our professional referee Nathan Weiss reminds us that the third team on the field is the one that wears the zebra shirts. He’ll give us the inside story on their responsibilities and what they look for, plus some tips on how to watch a game at home on TV.

March 13, 2016. *Latkes vs. Hamentashen – which represents Judaism better?* This deliberately humorous academic debate started in Chicago in 1946 and continues on many campuses and synagogues. What insights (and fun) will we provide?

READINGS WITH THE RABBI

Whether or not you’ve read this month’s selection, you are welcome to join the group and its discussion. When was the last time you ate in a New York Deli?

October 25

Save the Deli: In Search of Perfect Pastrami, Crusty Rye, and the Heart of Jewish Delicatessen by David Sax

ONGOING STUDY SESSIONS

Are you an “empty nester” or retiree? Why not take some time for classes during the week? You’ll enjoy learning and the good company of classmates. And – your kids will be so proud of you!

Led by Rabbi Meltzer, classes are conducted in English and open to all. No registration is required, so just join us!

TALMUD: Tuesdays, 5:00 – 6:00pm

PIRKEI AVOT: Chapter 6. Wednesdays, 11:00am – 12:30pm

BIBLE: Post-Exilic Prophets. Wednesdays, 2:00 – 3:00pm



Adult Education Suggestions Box

Know of a book to add to the monthly readings? Have a topic you want to hear more about or a hands-on project for Sunday Morning Talk Shows? Please let us know your ideas, comments and complaints!

Suggestion: _____

Readings with the Rabbi
Sunday, October 25, 10:00am
Save the Deli: In Search of Perfect Pastrami, Crusty Rye, and the Heart of Jewish Delicatessen

by David Sax



David Sax was alarmed by the state of Jewish delicatessen. As a journalist and lifelong deli lover, he watched in dismay as one beloved deli after another closed its doors, only to

be reopened as some bland chain restaurant laying claim to the cuisine it just paved over. Was it still possible to save the deli? He writes about the food itself—how it’s made, who makes it best, and where to go for particular dishes—and, ultimately, what he finds is hope: deli newly and lovingly made in places like Boulder, Colorado, longstanding deli traditions thriving in Montreal, and the resurrection of iconic institutions like New York’s 2nd Avenue Deli. No cultural history of food has ever tasted so good. of memory, loss, and improbable survival—a monument to a lost world.

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Susanne Lisker
Past President

Strengths of a Leader: Shoshana Shoubin Cardin

On October 10, **Shoshana Shoubin Cardin**, a truly amazing Jewish woman, will celebrate her birthday. I wanted to tell you about her because I believe we have all benefited from her inspiring work.

Shoshana was born in Tel Aviv, Israel in 1926 but her parents moved and settled in East Baltimore about one year later. They lived by the principle that all Jews are responsible for one another and she, an 11-year-old child, raised money for the JNF, gave political speeches and was elected president of *Habonim*, her Zionist youth organization. She instilled this principle in her own children.

After 3 years at Johns Hopkins she earned her BA degree in English at UCLA. She met Jerome Cardin and married him at the age of 22. He was studying to become a lawyer and she taught in Baltimore's Public School system. However, at that time pregnant women were not allowed to teach so, when she was expecting the first of her four children (Steven, Ilene, Nina and Sanford) she quit. She then resumed her career of volunteer work and was soon invited to sit on the board of directors of local nonprofit organizations. She became the president of Maryland's *Federation of Jewish Women's Organizations*, where she fostered awareness of racial inequality at the time when the Jewish community was just getting involved with the civil rights movement.

In 1967 she was the delegate to *Maryland's Constitutional Convention*, and in 1968 she was at the *Commission for Women*, which she chaired from 1974 to 1979.

In 1976 she became a strong activist to change Federal and State laws on women's ability to obtain credit in their own name. As a result, she was offered a job to tour the country and teach women about their rights and was nominated to serve on the Federal Reserve Board. She turned down both offers as she felt she needed to stay home with her family because they came first. Instead she became strongly involved with *Baltimore's JCC* and instituted a permanent cadre of volunteers to support its work.

Between 1979 and 1982 she was commissioner of Maryland's *Commission*



on Human Relations and Chair of Maryland's *State Employment and Training Council*, where she remained until 1983.

Between 1984 and 1987 she was the first woman elected president of the *Council of Jewish Federations* and she chaired the organization's *Who is a Jew* Committee, playing a seminal role in unifying the Jewish Community leadership in opposition to proposed changes in Israel's Law of Return and meeting many times with Prime Minister *Itzhak Shamir* and President *Shimon Peres* to discuss the issue.

Between 1988 and 1992 she chaired the *National Conference on Soviet Jewry*, and in 1989 she led a small delegation to meet, for the first time, with Soviet leaders – including Rudolph Kusnetzov, who had prevented over 11,000 refuseniks from emigrating. After several meetings, restrictions on emigration began to ease.

In December 1990, she was elected head of the *Conference of Presidents of Major American Jewish organizations*, the only woman to have held this role.

In September 1991 Shoshana interceded with President George Bush, who had implied having been victimized by Jewish lobbyists working to get the American Government to guarantee a 10 billion dollar loan that the

Israeli Government was seeking to fund the resettlement of hundreds of thousands of Jews from the Soviet Union pouring into the Jewish state.

In 1994 she became chairperson of the *United Israel Appeal*; she worked as national chair of the *Jerusalem 3000 Committee*; she was vice-chair of the *United Jewish Appeal*, vice-president of the *Jewish National Fund*; she served on the board of governors and executive of the *Jewish Agency for Israel* and on the board of directors of the *American Jewish Joint Distribution Committee*; she also served as president of the *Jewish Telegraphic Agency* and sits on the executive committee of the *United Jewish Committee* and the *National Jewish Center for Learning and Leadership*, devoted to promoting religious pluralism. She also chairs the *Shoshana S. Cardin Jewish Community High School* in Baltimore, Maryland.

In 1990 she was awarded the *Justice Louis D. Brandeis Award* by the *National Zionist Organization of America* and in 1994 she received the *Henrietta Szold Humanitarian Award from Hadassah*.

To quote this remarkable woman: "The most important message I have wanted to give people has been the importance, the price and the responsibility of being Jewish".

I hope we all get this message.



SISTERHOOD PRESIDENT'S CORNER

Linda Kucinski
Past President

Sisterhood Happenings

So happy the year is back in swing and Sisterhood is off to a great start. We welcome all ladies of Ohr Shalom who wish to be a part of Sisterhood to fill out our membership form online at ohrshalom.org/programs/sisterhood-2, send in your check to Sisterhood, and come join the fun activities all year long.

We are looking for volunteers to sign up for regular shifts in the Gift Shop so the gift shop can be open at those times. Email giftshop@ohrshalom.org if you are interested.

Many hands make light work. Think about being more active in Sisterhood this year. It's a great time to spend with other women, doing fun events and spiritual programs. Any questions, contact sisterhood@ohrshalom.org

Sisterhood Membership Renewal

See our section on the website link to complete your annual membership form. We have three levels of membership to choose from. Funds go to helping us provide amazing events at lower costs. You can also send in your paper check for membership to the office.

Options 2015

Sunday, November 1
11:30am – 2pm
Manchester Grand Hyatt

Join table captain Naima Solomon at Ohr Shalom Sisterhood's table for an afternoon of connection, delicious food, and inspiration from a dynamic panel of Jewish women. Cost is \$36. Register online at jewishinsandiego.org/options.

MEN'S CLUB POKER GAME

Wednesday, October 21 at 7:00pm in the Social Hall.
Contact Joe Hartman:
(619) 851-2303.



Upcoming Events

Tuesday, November 10, 6:45pm
Rosh Chodesh Program in Social Hall

Sunday, November 15, 4:00-6:00pm
Sisterhood Club Event - Jewelry Making

Wednesday, December 16, 7:00pm
Sisterhood Round Table (open to all)



In October we are celebrating...

Ruth Levy	October 4
Susie Meltzer	October 23
Steffi Retin	October 23

Women's League Website

Sisterhood Members can access Women's League Website for wonderful articles, seminars, conferences, and more. Enter your email and sign on whenever you want.

Visit www.wlcj.org for more information

A New Year

Sisterhood had a great year and we have set our calendar for 2015-16. There is something every month; come to as many activities as you want. Now is the time to be a part of our group. Jewish women being together is very empowering.

Gift Shop News

The new Gift Shop upstairs is almost ready! When it's done, you'll be able to walk in and view the many items available. When you purchase your items from Sisterhood, you help yourself and us support our events and our shul. We are also improving our virtual gift shop so you can see and purchase items to pick up.

If you are interested in something particular let us know at giftshop@ohrshalom.org



KITCHEN BITES

Barbara Haislip
Kitchen Volunteer

I'd like to share one of my favorite tools, the Alligator dicer. I use it to dice onions and vegetables. It creates a nice even dice in seconds. I got mine at Sur la Table. They are sold at better kitchen stores. In the recipe below I used it for the potatoes, onions, and celery.



This month's recipe is my kosher adaptation of a fish and shrimp stew made with clam juice. I use two types of fish, but you can use what you prefer. I make mine spicy, but you can adjust that too. The recipe is flexible and forgiving. I make mine in a cast iron stock pot, but any soup pot will work. The good news is that this is a one pot meal.

Spicy Fish Stew

- 2 T olive oil
- 2 russet potatoes, peeled and diced
- 1 large yellow onion, diced
- 4 cloves garlic, minced
- 1 tsp dried thyme
- 1 tsp paprika
- 1/2 tsp red pepper flakes
- 1/2 tsp fennel seeds
- 2 stalks celery, diced
- 15-ounce can diced tomatoes
- 2 tsp Osem consommé dissolved in 1 C water
- 2 C water
- 2 lbs fish cut in chunks, like cod and tilapia, a pound of each
- 1 T chopped fresh dill
- 1 T fresh lemon juice - I use a whole lemon
- Salt and pepper to taste
- Tabasco to taste, optional

In a stockpot, heat the olive oil over medium high heat. Add potatoes, onions, garlic, thyme, paprika, red pepper flakes, and fennel seeds. Cook, stirring often, for 5 minutes.

Add the celery, tomatoes, Osem, and water. Bring to simmer, reduce heat to low and cook 30 minutes or til potatoes are done.

Add fish and increase heat to maintain a simmer. Cook 5 minutes or until fish flakes. Stir in parsley, dill, and lemon juice. Salt and pepper to taste.



SOCIAL ACTION CORNER

Brad Eisenberg
Social Action Chair

High Holy Days Food Drive



Thanks to your generosity, we had an extremely successful High Holy Days food drive! We handed out paper shopping bags at Rosh Hashanah services, and you returned the bags on Yom Kippur filled with non-perishable food that will help fill the shelves of the Jewish Family Service *Hand Up Youth Food Pantry*. Our lobby was overflowing with your donations! Thank you to Jane Zeer and her work party for preparing the bags, the volunteers who distributed the bags, and all of you who brought in food to help feed hungry people in the community.

Caring Bags

Once again the Shuli project for young children during Yom Kippur was assembly of "Caring Bags." The idea is that instead of helping someone out with a dollar or loose change you can give them a Ziploc bag filled with a few goodies. The children compiled these bags on Yom Kippur and took them home to their families – from there they will be donated to the needy in the community as each family chooses. This is a great project that the youngest congregants can easily participate in.

Stay connected to Ohr Shalom Social Action Committee by joining our **Friends of Social Action** email list. Please contact me at brad.eisenberg@att.net or contact the office if you would like to join.

What's Thanksgiving without a Turkey?

As we have done in years past, we are requesting donations to purchase turkeys to provide to needy families affiliated with Christie's Place. With your help, Christie's place is able to provide all of the fixings for a Thanksgiving feast to about 150 families in need who have been affected by HIV/AIDS. The turkeys donated by Ohr Shalom are an important part of these feasts. Please send your monetary donation for this cause to the Ohr Shalom office. We are suggesting donations of \$40 (\$16-20 buys one turkey), but any amount is helpful!



We Need You

We have lots of great projects big and small that need volunteers, leaders, coordinators, etc. The following are some examples:

- Turkeys for Christie's Place - shoppers and deliverers
- JFS Embrace-a-Family - embracers, shoppers/deliverers
- Warm blankets and sleeping bags collection for Veterans Village of San Diego – coordinator
- Habitat for Humanity – leader and assistant

Save The Date! We need you!

Current list of upcoming projects/events:

November 26th, Thursday:
JFS Walk/Run for the Hungry
Register to join the team: Ohr Shalom Synagogue

More info at: sdrunforthehungry.org
Contact: Naima Solomon,
naima@solomonlawsd.com

Keep Those Donations Coming!

Current donation drives - donation bins are set up in the synagogue lobby:

JFS Hand Up Youth Food Pantry
Non-perishable food – cans, grains, etc.
....or if you prefer to make a monetary donation to "Social Action Fund", we will purpose the funds for the above. Please indicate which campaign your donation is for.



Questions? Ideas?
Please contact: **Brad Eisenberg**
Social Action Chair at
brad.eisenberg@att.net

- Hunger Project at St. Vincent de Paul – coordinator and volunteers
- I Love a Clean San Diego Beach Cleanup – assistant leader

Do you have a social action project you'd like our help accomplishing?

Please contact me if you have an interest in participating in any of the above.

Embrace-a-Family Project

Through the JFS Embrace-a-Family Program, the Ohr Shalom community helps ensure families in need have a joyous holiday celebration. Many Embrace-a-Family recipients would not have Chanukah or Christmas celebrations without this program. You, your family, or your group can be matched up with a family and given their ages and holiday wish list. Or, you can support the project financially. Please contact Ohr Shalom coordinator Rebecca Zipp at rebecca.zipp@gmail.com for more information about how you can participate, and watch for more details in the November Davar.

Thank you for your generous donations in September:

SYNAGOGUE FUND

In memory of Zachary Lachow
Lillian Lachow

In memory of Margot Katz de Kahn
Ruben and Tania Fux

**In honor of Ivan Mendelsohn's
Haftarah Reading**
Ralph and Sandy Golden

For Yizkor
Raisa Green

In memory of Irving Rosenfeld
Jerry Horn

In memory of Herb Sevel
In memory of David Sevel
In memory of Sergio Rosental
In memory of Jeff Schwimmer
Evelyn Sevel and family

**In appreciation of all the kindnesses
expressed on the passing of my Sister-
in-Law Carole Witz**
Evelyn Sevel

**In honor of Shira Reid's engagement to
Joshua Cohen**
Evie Sevel and family

In memory of D'vora Rubinstein
Ruben and Susanne Lisker

In memory of Michael Tzvi ben Yehuda
Aaron and Anya Rubin

In memory of Rose Weinstein
In memory of Moises Cielak
Jose and Ruth Cielak

In honor of Lucy Boner's 90th Birthday
Eli and Susie Meltzer

**In honor of their new Granddaughter,
Ella Maayan Chorny**
Alan and Stacey Blank

In memory of Yafa bat Naftali
**In memory of Chanah bat Avraham
Ha'Cohen**
Aaron Rubinstein

In memory of Steven Lawrence Green
Mark and Elaine Smith
Louise Chandler
Rachel Millstone

**In honor of Al and Marilyn Shelden's
new Granddaughter, Ellie Miriam Katz**
Mark and Elaine Smith
Eli and Susie Meltzer
Rachel Millstone

**In honor of Dorothy Canter's new
Great Granddaughter, Ellie Miriam
Katz**
Rosalie Ulrich

In memory of Adela Hanono
Al and Marilyn Shelden

**In honor of the birth and naming of Hannah
Eaven Rubtchinsky**
Ira and Diane Rubtchinsky

Celia Fine
In honor of her birthday

For Yizkor
In memory of George Reservtiz
In memory of Bert Fabrizio
In memory of Samuel Wasserman
In memory of Edith Wasserman
In memory of Pearl Strauss

LOU DUNST EDUCATION SCHOLARSHIP
FUND

In memory of Lou Dunst
Ray and Marcia Sachs
Al and Marilyn Shelden
Ruben and Susanne Lisker
Mark and Elaine Smith
Samy and Sara Zands
Zita and Morris Liebermensch
Sallie Palash
Rachel Millstone
Inge Feinswog
Chris and Mark Madero

RABBI'S DISCRETIONARY FUND

**In honor of Rabbi Scott and Jennifer
Meltzer's new niece, Mirah Bette Cleffi**
Eli and Susie Meltzer

In honor of the Bris for Jacob Maya
Stuart Rubenstein

**In honor of Hadarya Levy's participation
during Yom Kippur Services**
Mel and Bonnie Tabak

SOCIAL ACTION FUND

In honor of Rachel Millstone
In honor of Jane Zeer
Ilan and Lynn Awerbuch

In memory of Byron Broudy
Alice Broudy Cupples

TODAH RABAH TO OUR ONEG SPONSORS

Tito and Stella Salzmann
Zalman and Nina Vitenson

TODAH RABAH TO
OUR SHABBAT KIDDUSH SPONSOR

Jeff and Julie Rubtchinsky
Simon and Linda Rosenthal
Ivan and Lynn Mendelsohn
David and Harlene Rottenberg
Zalman and Nina Vitenson
Marc and Janet Bernstein

*With sincere appreciation for all the loving
support, messages of condolences and
kindness that the community has shown
on the passing of my beloved Husband,
Lou Dunst.*

-Estelle Dunst



Condolences to:

Estelle Dunst and family on the
passing of her beloved Husband,
Lou Dunst.

Elizabeth Green and family on the passing
of her beloved Brother, Steven Lawrence
Green.

Fay Rozen and family on the passing of her
beloved Husband, Isaac Rozen.

Abraham Hanono and family on the
passing of his beloved Wife, Adela Hanono,
Mother of Ezra and David Hanono.

May their memory be for a blessing to all
those who knew them and loved them.

Mazal Tov to:

Alan and Stacey Blank and family on the
birth of their Granddaughter, Ella Maayan
Chorny, daughter of Rabbis Daniel and
Hillary Chorny.

Al and Marilyn Shelden and family on the
birth of their Granddaughter, Ellie Miriam
Katz, daughter of Andrew and Eileen Katz.

Todah Rabah

to our September Shabbat Service Leaders, Torah and Haftarah Readers,
D'rashot and Minyan Leaders:

Ilan Awerbuch
Joe Hartman
Linda Kucinski

Morris Lazard
Eli Meltzer
Jennifer Meltzer

Shayna Meltzer
Ivan Mendelsohn
Bill Morris
Ruben Rosental

Todah Rabah to: Rocky Reid for his weekly maise in the Kol.

Todah Rabah to our office volunteers for September: Gail Kalker, Koba, Sharon Polichar,
Louise Chandler

Todah Rabah to the October Shabbat Kehillatit dinner volunteers: Matt Razinsky, Marci Prag
and Ronnie Morales.

YAHARZEITS

Celia Sonia Rossen	Janice Boner's Mother	1-Oct/Tishrei 18
Arthur Present	Lewis Present's Father.....	1-Oct/Tishrei 18
Rashke Goldberg	Esther Tishman's Sister	2-Oct/Tishrei 19
Linda Moscona	Enrique Moscona's Sister	2-Oct/Tishrei 19
Phillip Selikowitz	Sandra Golden's Grandfather	2-Oct/Tishrei 19
William Willis	Valerie Razinsky's Father, Matthew Razinsky's grandfather.....	2-Oct/Tishrei 19
David Mendelsohn	Ivan Mendelsohn's Father.....	5-Oct/Tishrei 22
*Solomon Salzman	Gail Kalker's Father	5-Oct/Tishrei 22
Beatrice Stolow	Jorge Stolow's Mother.....	5-Oct/Tishrei 22
Ida Rosenzweig	Sherry Berlin's Grandmother.....	6-Oct/Tishrei 23
Moises Cielak	Jose Cielak's Brother	8-Oct/Tishrei 25
Miriam Shlesinger	Jonathan Geiger's Sister.....	8-Oct/Tishrei 25
*Sylvia Solof Cohen	Susan Kaplan's Mother	8-Oct/Tishrei 25
Tybie Capin	Lois Gelb's Mother	9-Oct/Tishrei 26
*Sheldon M. Golden	Remembered by George Susan Kaplan	9-Oct/Tishrei 26
*Emilia Groswirt	Gloria Gold Talerman's Mother	9-Oct/Tishrei 26
Sol Harold Levitt	Risa Levitt Kohn and Rayna Levitt's Father.....	10-Oct/Tishrei 27
Sophie Salzman	Gail Kalker's Mother.....	10-Oct/Tishrei 27
Fortunee Sportes	Rene Sportes' Mother	10-Oct/Tishrei 27
Joseph Center	Stephen Center's Father	10-Oct/Tishrei 27
*Hildeen Estelle Weber	Roberta Greene's Mother.....	11-Oct/Tishrei 28
Jeannette Rubinstein	Aaron Rubinstein's Wife.....	13-Oct/Tishrei 30
Ana Chazan	Jorge Chazan's Mother	14-Oct/Cheshvan 1
David Levy	Elias Levy's Father.....	14-Oct/Cheshvan 1
*Arthur Schor	Renee Schor's Father	14-Oct/Cheshvan 1
Abraham Masri	Adela Hanono's Brother	15-Oct/Cheshvan 2
Abraham Broudy	Alice Broudy Cupples' Grandfather.....	16-Oct/Cheshvan 3
Laura B. Friedman	Evette Weiss' Mother	16-Oct/Cheshvan 3
*Ruth Sclar	Luis Maizel's Sister	16-Oct/Cheshvan 3
Roberto Fux Fischer	Ivan Fux's Father	17-Oct/Cheshvan 4
*Bernard Greenberg	Laurie Slade's Uncle	17-Oct/Cheshvan 4
*Martha Hartman	Joe Hartman's Mother.....	17-Oct/Cheshvan 4
Robert Loevinger	Nancy Loevinger's Father.....	17-Oct/Cheshvan 4
Emert Benjamin	Richard Emert's Father	18-Oct/Cheshvan 5
*Albert Cohen	Eddy Cohen's Father	18-Oct/Cheshvan 5
Abraham Yehoshua Rubinstein	Susanne Lisker's Grandfather	18-Oct/Cheshvan 5
Dyna Soberon	Sara Zands Aunt	18-Oct/Cheshvan 5
Rebeca Rubinstein	Aaron Rubinstein's Sister.....	19-Oct/Cheshvan 6
Sam Sherman	Ethel Friedman's Father.....	20-Oct/Cheshvan 7
Adlyn Pick	Daniel Pick's grandmother	21-Oct/Cheshvan 8
Albert Limenes	Sara Limenes' Husband.....	22-Oct/Cheshvan 9
*Sarah Wright	Donald Wright's Mother.....	22-Oct/Cheshvan 9
Menachem Cohen	Tricia Pummill's Grandfather.....	23-Oct/Cheshvan 10
Edward Israel Goldstein	Frankie Sorrentino's Father.....	23-Oct/Cheshvan 10
Ruth Rothenberg	Anita Nemoy's Uncle.....	23-Oct/Cheshvan 10
Fanny Tomaroff	Remembered by Ethel Friedman	23-Oct/Cheshvan 10
Bella Braun	Sara Fainstein's Aunt	25-Oct/Cheshvan 12
Malka Gelb	Harvey Gelb's Mother	25-Oct/Cheshvan 12
*Lonnie Nessler	Remembered by Allyson Darroch	25-Oct/Cheshvan 12
Alegre Altaief	Remembered by Aaron Rubinstein	26-Oct/Cheshvan 13
Zena Mendelsohn	Ivan Mendelsohn's Mother.....	26-Oct/Cheshvan 13
Bernice Cohen	Anita Nemoy's Mother, Justina Nemoy's Grandmother	27-Oct/Cheshvan 14
*Arnold Okin	Michael Okin's Father	27-Oct/Cheshvan 14
Yetta Kogan	Ruth Cielak's Sister.....	28-Oct/Cheshvan 15
Bashe Mirl Rozen	Remembered by Fay Rozen	28-Oct/Cheshvan 15
Jana Soffer	Fortune Milstein's Sister.....	28-Oct/Cheshvan 15
Jaya Cotic	Ana Levin's Mother	29-Oct/Cheshvan 16
*Igal Gordon	Sore Gordon's Husband.....	29-Oct/Cheshvan 16
*George Greenberg	Laurie Slade's Uncle	29-Oct/Cheshvan 16
*Frances Spieler	Ruth Cielak's Aunt.....	29-Oct/Cheshvan 16
*David Birnbaum	Remembered by Ohr Shalom	30-Oct/Cheshvan 17
Elliot Epstein	Honey Mark's Brother	30-Oct/Cheshvan 17
Mindel Green	Remembered by Raisa Green	30-Oct/Cheshvan 17
Felipe Melnik	Remembered by Silvia Gold	30-Oct/Cheshvan 17
Esther Penner	Barbara Hartman's Mother.....	30-Oct/Cheshvan 17
*Manuel Shteremberg	David Shteremberg, Nathan Shteremberg and Sonia Zyman's Father	30-Oct/Cheshvan 17
*Benjamin A. Weisman	Remembered by Joe Rubin	30-Oct/Cheshvan 17
Joshuah Gelman	Elana Gelman's Brother.....	31-Oct/Cheshvan 18

* denotes a memorial plaque was purchased in memory of a loved one



OHR SHALOM SYNAGOGUE
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 (619) 231-1456

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CALENDAR OF EVENTS **October 2015**

Tishrei /Cheshvan 5776

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Shabbat San Diego October 22 - 24 <i>See page 2 for more details.</i>				1 18 Tishrei Sukkot IV Religious School 4:30pm Minyan 6:15pm	2 19 Tishrei Sukkot V Office Closes 2:00pm Shabbat Kehillatit 6:15pm Community Dinner 7:15pm 6:15pm	3 20 Tishrei Sukkot VI Shabbat Service 9:30am 12:00pm Lunch & Learn
4 21 Tishrei Hoshana Rabbah Erev Shmini Atzeret Religious School at Rabbi's Sukkah 9:30am Rabbi's Sukkah Open House 3:00pm Minyan 6:15pm 6:12pm	5 22 Tishrei Shemini Atzeret Office Closed Service and Yizkor 9:30am Simchat Torah Service and Celebration 7:00pm	6 23 Tishrei Shemini Torah Office Closed Service 9:30am Minyan 6:15pm	7 24 Tishrei Adult Ed: Pirkei Avot 11:00am Adult Ed: Post-Exilic Prophets 2:00pm Minyan 6:15pm	8 25 Tishrei Religious School 4:30pm Minyan 6:15pm	9 26 Tishrei Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 6:06pm	10 27 Tishrei Parshat Bereshit Shabbat Service 9:30am Shuli Shabbat 10:00am
11 28 Tishrei Religious School 9:30am Sunday Morning Talk Shows 10:00am Minyan 6:15pm	12 29 Tishrei Minyan 6:15pm Choir Meeting 6:30pm	13 30 Tishrei Rosh Chodesh Cheshvan Adult Ed: Talmud Minyan 6:15pm	14 1 Cheshvan Rosh Chodesh Cheshvan Adult Ed: Pirkei Avot 11:00am Adult Ed: Post-Exilic Prophets 2:00pm Minyan 6:15pm	15 2 Cheshvan Religious School 4:30pm Minyan 6:15pm	16 3 Cheshvan Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 5:57pm	17 4 Cheshvan Parshat Noach Bar Mitzvah: Szymon Brzezinski Shabbat Service 9:30am
18 5 Cheshvan Religious School 9:30am Girl's Love Mail 9:30am Minyan 6:15pm	19 6 Cheshvan Minyan 6:15pm Choir Meeting 6:30pm	20 7 Cheshvan Adult Ed: Talmud Minyan 6:15pm	21 8 Cheshvan Adult Ed: Pirkei Avot 11:00am Adult Ed: Post-Exilic Prophets 2:00pm Minyan 6:15pm Men's Club Poker Game 7:00pm	22 9 Cheshvan Religious School 4:30pm Minyan 6:15pm	23 10 Cheshvan Office Closes 2:00pm Lake Murray Community Park 5:30pm (No Service at Ohr Shalom) 5:49pm	24 11 Cheshvan Parshat Lech-Lecha Shabbat Service 9:30am
25 12 Cheshvan Religious School 9:30am Readings with the Rabbi 10:00am Minyan 6:15pm Movie Night 7:00pm	26 13 Cheshvan Minyan 6:15pm Choir Meeting 6:30pm	27 14 Cheshvan Adult Ed: Talmud Minyan 6:15pm	28 15 Cheshvan Adult Ed: Pirkei Avot 11:00am Adult Ed: Post-Exilic Prophets 2:00pm Minyan 6:15pm	29 16 Cheshvan Religious School 4:30pm Minyan 6:15pm	30 17 Cheshvan Office Closes 2:00pm Kabbalat Shabbat Service with Religious School 6:15pm 5:42pm	31 18 Cheshvan Parshat Vayera Shabbat Service 9:30am Lunch & Learn 12:00pm
1 19 Cheshvan Move Clocks Back an Hour Religious School 9:30am Sisterhood Women's Options Event 11:45am Minyan 6:15pm	2 20 Cheshvan Minyan 6:15pm Choir Meeting 6:30pm	3 21 Cheshvan Ad Ed: Talmud 5:00pm Minyan 6:15pm	4 22 Cheshvan Adult Ed: Pirkei Avot 11:00am Adult Ed: Post-Exilic Prophets 2:00pm Minyan 6:15pm	5 23 Cheshvan Religious School 4:30pm Minyan 6:15pm	6 24 Cheshvan Office Closes 2:00pm Kabbalat Shabbat Service Guest Speaker 7:30pm 4:36pm	7 25 E Cheshvan Parshat Chayei Sara Bar Mitzvah: Stephan Keller (Mincha Service) Shabbat Service 9:30am