

PARKING LOT: St. Paul's Community Care Center parking lot may **ONLY** be used **during services on Fridays and Saturdays and at no other time.** The entrance is on Third Ave. between Maple and Nutmeg Streets.



DAVAR MEGILLAH

JULY 2015 • MONTHLY NEWSLETTER • TAMMUZ / AV 5775

**NOTE: Kabbalat Shabbat Service
Friday, July 3rd: 6:15pm**

UPCOMING EVENTS



Thursday, July 2, 6:15pm
**SUMMER EVENING TALK SHOW:
JERUSALEM AFTER THE 6 DAY WAR**
See page 5 for details



Friday, July 10, 7:00pm
SHABBAT AT THE BAY
See page 3 for details



Sunday, July 12
**FIRST ANNUAL OHR SHALOM
ARTS & CRAFTS FESTIVAL**
See page 6 for details



Friday, July 17, 6:15pm
**SHABBAT KEHILLATIT
NO COMMUNITY DINNER**
See page 3 for details



Friday-Sunday, July 17-19
**VETERANS VILLAGE OF SAN DIEGO
(VVSD) STAND DOWN**
See page 8 for details



Thursday, July 23, 7:00pm
MEN'S CLUB POKER NIGHT
See page 7 for details



Friday, July 24, 6:15pm
ZAMRU
See page 3 for details



Saturday, July 25, 9:00pm
TISHA B'AV SERVICES
See page 3 for details



Thursday, July 30, 6:15pm
**SUMMER EVENING TALK SHOW: THE
HOLOCAUST EXPERIENCE IN ITALY**
See page 5 for details



Monday, August 10, 3:00pm
MONARCH SCHOOL DINNER
See page 8 for details

Renewing Each Day

– A Message from Rabbi Scott Meltzer

THE SUN arose this morning. In the liturgy, the day starts with giving thanks to God for allowing us to wake up. Even for those of us who recite those words as our first cogent thought each, they are not our very first impression of the new day. There is that moment, that first sense of regaining consciousness, that we encounter each morning. It is usually a little blurry, often a bit discombobulated. It is a difficult moment to capture because by the time our eyes focus and the neurons start firing, the moment has passed.

I love that moment. Though my

first complete thought is the prayer of thanks mentioned above, the sense of remembering the feeling of emerging into consciousness fills my earliest, waking thoughts. I have the sensation of passing through a membrane, a border, separating the world beyond from this world. I am enraptured by the possibility that my soul has just returned from its night sojourn in the other world. I almost immediately begin to poke and prod the deepest recesses of my consciousness to see if there are any residual images from my *neshamah's* trek from the previous night.

I believe it is similar to the feeling
Rabbi's Message continued on Page 4.



Ohr Shalom Synagogue presents its First
(or first in a long time)

Arts and Crafts Festival

Celebrating the enormous talents of
Ohr Shalom congregants

**SUNDAY JULY 12, 2015
11:00am to 3:00pm
in the Social Hall.**

**Come on by, eat, look, touch and enjoy!
Prize drawing. Admission is free.**

Food/lunch!

ENTERTAINMENT!

Jewelry!

Sisterhood Judaica table!

Paintings!

Quilts and fabric art!

Glassworks!

Kids' arts & crafts table!

Photography!

Metal crafts!



WORDS FROM THE PRESIDENT

Ray Sachs
President

Summer Preview

We had a truly productive congregational meeting on June 14. It is always my hope that everyone is happy with what is happening at our Shul and I trust we are making progress in that direction.

Two very important physical plant projects will be taking place at the synagogue over the summer. After months of homework, the Board has accepted a proposal from Star Power, and has entered into a 20 year PPA (power purchasing agreement) that will bring us electricity at about half of the rate we currently pay to SDG&E. Star Solar will install a solar display on the roof of the school building, but its panels will be connected to the meter for the Shul. Our roof is too curved to hold the many needed panels. That is why we are using the flat roof of the school building to install the 100 or more panels necessary to power the Shul. The installation will be done at no cost to Ohr Shalom and will be

maintained by the contractor. It is expected to save us about \$10,000.00 per year.

Secondly, through the generosity of one of our donors, we will be commissioning, and eventually installing, two art features in the front of the sanctuary, one on either side of the bimah. We are reviewing proposals now and we are hoping to have an installation prior to the High Holy Days. This is something that many people on the Board and in the congregation have been hoping for and now this will finally come true. It should be fabulous!

I hope everyone is paying attention to the fact that we are trying out Thursday evening educational lectures each month over the summer. It's something new and we hope that this program during the normally quiet summer months will be well received.

Have a wonderful summer.



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ISSUE NO. 314

DAVAR

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This newsletter is a publication distributed free of charge to members of Ohr Shalom Synagogue. We regret any omissions and would appreciate being notified in order to amend any involuntary error.

Bulletin Deadlines

Readers are welcome to submit articles, photos, event notices to the Davar. Please e-mail all submissions to: davar@ohrshalom.org

Deadline:

- July 5 for August issue
- August 5 for September issue



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OHR SHALOM SERVICE SCHEDULE

Kabbalat Shabbat Service Schedule

Friday, July 3rd - 6:15pm
Friday, July 10th - 7:00pm (Shabbat at the Bay)
Friday, July 17th - 6:15pm (Shabbat Kehillatit - *No Community Dinner*)
Friday, July 24th - 6:15pm (ZAMRU)
Friday, July 31st - 6:15pm
Friday, August 7th - 7:30pm (Rabbi's Sermon Series)

Shabbat at the Bay

Friday, July 10

6:00 pm - Bring your dairy/pareve dinner

7:00 pm - Kabbalat Shabbat Services

PLAYA PACIFICA - MISSION BAY PARK

Located between the Information Center and the Hilton Hotel.
Take I-5 to Clairemont Dr. exit.

Don't forget your folding chairs & blankets!

Last Shabbat at the Bay of this Summer will be August 21.



Shabbat Kehillatit

Friday, July 17

Family-friendly early service - 6:15pm.

No Community Dinner.

ZAMRU "Sing Out" Shabbat

Friday, July 24, 6:15pm

6:15pm ~ Kabbalat Shabbat Services

Join Yale Strom and Elizabeth Schwartz and celebrate Shabbat through vibrant, musical prayer.

זמרו



Tisha B'Av

Saturday, July 25, 9:00pm

Members of Tifereth Israel Synagogue will be joining us at Ohr Shalom this year.



The book of *Eicha* (Lamentations) will be chanted by candlelight to commemorate the destruction of the First and Second Temples.

RICARDO ILKO

For a Free Home Value Report...

www.HomeValuesInSanDiego.net

619-806-1211



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PARSHIYOT & CANDLELIGHTING July 2015

PARSHAT BALAK

Fri: July 3

7:43PM - 17 Tammuz

Sat: July 4



Torah: Numbers 22:2 - 25:9

Haft: Micah 5:6 - 6:8

PARSHAT PINCHAS

Fri: July 10

7:41PM - 24 Tammuz

Sat: July 11



Torah: Numbers 25:10 - 30:1

Haft: I Kings 18:46 - 19:21

PARSHAT MATOT-MASEI

Fri: July 17

7:38PM - 1 Av

Sat: July 18



Torah: Numbers 30:2 - 36:13

Haft: Jeremiah 2:4 - 28; 3:4

PARSHAT DEVARIM

Fri: July 24

7:35PM - 9 Av

Sat: July 25



Torah: Deuteronomy 1:1 - 3:22

Haft: Isaiah 1:1 - 1:27

PARSHAT VAETCHANAN

Fri: July 31

7:30PM - 16 Av

Sat: August 1



Torah: Deuteronomy 3:23 - 7:11

Haft: Isaiah 40:1 - 40:26



Shabbat Morning Babysitting

Babysitting available.
Reservations are strongly recommended. E-mail your reservation to: office@ohrshalom.org.

Ohr Shalom's New Publicity Liaison

We are pleased to welcome Jane Zeer as our new Publicity Liaison.

Attention Committee Chairs and Program Coordinators:

Please contact Jane at janezeer@cox.net to coordinate publicity of upcoming events.



Susie Meltzer
Israel Desk

A Trip to Israel Impacts a Lifetime



How many times have you been to Israel? More than a dozen? Once? Never? Gert Thaler, of blessed memory, boasted she had traveled there 83 times. My own answer would be “not enough.” I have had the good fortune to experience Israel multiple times. I saw something new, yet, each time it was like being at home. Ask a Jewish person who has been there what it felt like. The response will be visceral.

When living in the U.S., considering traveling to and in Israel has always seemed like a dangerous idea. We often hear about threats coming from its northern border, the West Bank or Gaza. Nevertheless, in actuality when I am there, daily life seems quite normal. The energy of the country vibrates with an extraordinary blend of ancient sites and holy Jerusalem, and modern technical centers and secular Tel Aviv.

However, we each have to experience all of this for ourselves. As Jews, we cannot fully appreciate Israel without going there and being part of it. Many “never-been” Jews may have limited insights about Israel. I believe a person who has traveled to Israel will be connected permanently and that visiting Israel is a life game-

changer.

In fact, that is how the program “Birthright Israel” was conceived. It still continues to offer this opportunity to young Jewish adults. It is a life-changing first-time trip to Israel and in doing so, transform them and the future of Judaism. Through this generous program, more than 500,000 Jewish youth worldwide, ages 18-26 years, have gone on a free, 10-day journey to Israel. Each has returned home indelibly changed by the experience. In a study by Brandeis University, participants confirm that the trip helped shape their attitudes about their Jewish identity, as well as create a connection to Israel and a commitment to living a life and building a family in the Jewish tradition.

Birthright Israel is a social experiment that has created a social movement. The hundreds of thousands of alumni of the program will hopefully form the core of those who sustain Jewish communities in the Diaspora for the generations to come.

Support Birthright Israel. Support Israel. Be a lifetime Jewish advocate.

of being born – only far gentler. Each day becomes my birth day, my day of being birthed. Not what we call “birthday,” it is instead the anniversary of our soul’s first entry into this world. In my mind, each morning becomes a moment of birth for me, and as such, is filled with possibilities. Each day starts with an anticipation of what could yet be.

Imagine if in the moments immediately following birth, you became not only conscious, but had all the faculties you now possess. When you opened your eyes, you recognized your parents and your mom’s doctor. Imagine if you had a sense of what this new life, this new world, held in store for you. Envision if you knew that the life that lay before you, beginning that very day, was at least partially the life you had planned.

That is what happens every morning, and it fills me with great joy. When I say “Thank You” the depth of my gratitude is immeasurable. When I open my eyes and I instantly recognize Jennifer, often with a child or two, I want to weep, overcome with emotion. Even seeing Tchochke, our dog, asleep on the floor, imbues me with a powerful sense that I am blessed to live in a world in which I have become its co-creator.

Each morning: I am born; I open my eyes; I say “Thank You.” A short while later, twice during morning davening, I acknowledge our Creator as: –

הַמְחַדֵּשׁ בְּטוֹבוֹ בְּכֹל יוֹם תְּמִיד מַעֲשֵׂה בְּרָאשִׁית

the One who in goodness renews each and every day the act of creation.

At the moment I become aware, I have a sense that my soul has just returned from visiting a great factory. Each night, this factory creates this world anew, and my soul has participated in this magnificent achievement. Now, my soul rejoined with my body, is now ready to embrace the new day.

May each and every day be experienced as a miracle of creation and renewal.



LOIS GELB
Adult Education Chair

NEW! SUMMER EVENING TALK SHOWS

On three Thursday evenings this summer, we'll start at 6:15pm with Minyan in the Beit Midrash. Then, just 20 minutes later, we'll gather for wine and cheese and a Summer Evening Talk in the Social Hall.

July 2: Jerusalem after the Six-Day War

Yariv Kohn continues his discussion of the City of Jerusalem that informed and entertained our Sunday Morning Talk Shows on Yom Yerushalayim. Yariv was born in Israel, grew up in Canada, and is involved in many organizations that work on behalf of Israel.

July 30: The Holocaust Experience in Italy

Marsha Fink, M.D. MSW, will relate the Italian Jewish story that she learned from her family ties and lived as a member of the next generation.

August 20: The Tijuana Jewish Community

Jose Galicot knows the story of Tijuana's past, its recent experiences and what to expect for its future. An expert and leader in our community, he offers in-depth knowledge.

DON'T KNOW MUCH ABOUT MINYAN?

Ohr Shalom holds evening minyan at 6:15pm Sunday through Thursday. Many of our congregants have yet to experience these services. Many find them only when they need them, sadly upon the loss of a family member. Although minyan does provide an opportunity to say Kaddish, that opportunity depends on community support.

So, if you're hesitant to go to Ohr Shalom's Minyan, take the little quiz that follows and check the answers.

To participate in minyan services, you must be able to read:

- a. Chinese
- b. French
- c. Hebrew
- d. None of the above

The standard length of the service is

- a. 2 and ½ hours
- b. One hour
- c. 20 minutes

To count for the minyan, you must be

- a. Ashkenazi
- b. Sephardi
- c. Jewish

The numbers needed for a complete minyan are

- a. 10 males
- b. 10 females
- c. 9 people and a Torah

Men at a minyan are obligated to wear

- a. Tefillin
- b. Tallit
- c. Kippah

The predominant attire is

- a. Formal
- b. Business/professional
- c. California casual

Services begin

- a. 5 minutes early
- b. 10 minutes late
- c. Promptly at 6:15 pm

In every case, the last choice is the correct one. Now you're ready. Try it; you'll like it. And, it's a great mitzvah!

PIRKEI AVOT CLASS CELEBRATION

Congratulations! Mazel Tov! And YasherKoach to the Pirkei Avot class upon completing the five chapters of Mishnah Avot. Classmates celebrated the occasion by writing about the experience (started in 2011), reciting the Kaddish de Rabbanam and enjoying delicious treats at their class *Siyyum*.

In the spirit of checking items on the

Internet, here are excerpts from class reviews:

"All in all, the best part of being a member of this study group has been the opportunity to learn from Rabbi Meltzer and from my fellow students, each of whom brings a unique perspective and understanding to our class. We are able to learn from one another and develop deeper friendships within our congregation."

"I like the class, the people, the study, and most of all I like studying with Rabbi Meltzer. I enjoy the ease with which he conducts the class, bringing in new materials, allowing each person to have their say, and keeping the class on topic."

"Perhaps Pirke Avot should start with 1:6, get yourself a teacher and a friend. We have an excellent teacher who has guided us through these years of study. A teacher can also be a classmate and there have been multiple instances where learning is given by one or more of our classmates."

"Most of all, I enjoyed our discussions and the exchange of ideas."

"The Pirkei Avot class was a perfect fit for me because it has given me a chance to explore in greater detail the writings I have been relying on in a broad sense for my personal Jewish identification. Clearly I still know very little but the broad strokes have been comforting."

"The last thing I'd like to say is that the Rabbis demonstrated great wisdom when they directed us to shun studying alone in favor of group learning. It is clear that our class exchanges have helped me to see perspectives other than mine and allowed me to think in different directions."

We, the members of the class, have convinced Rabbi Meltzer to come up with something else we can study. Please join us in the fall.



PROGRAMS & EVENTS

Lynn Mendelsohn
Programs/Events Chair

First Annual Ohr Shalom Arts & Crafts Festival



Sunday, July 12, 11am-3pm

On Sunday morning, July 12th, our synagogue will host an extravaganza of its own artists and artisans, displaying their wares. We are pleased to announce that we have commitments from both professionals and hobbyists. And many of the pieces will be for sale!

The Festival will open in the social hall at 11 am and continue until about 3 pm. There will be a delicious lunch at noon, an ongoing art projects table for kids and entertainment and a prize drawing.

Some of the crafts persons have agreed to demonstrate their techniques or to make custom pieces on the spot!

Exhibitors will include Gillian Moss (quilts and other fabric pieces), Alan Blank (tallitot), Karen Sklar and Lisa Slovis Mandel (works in metal), and jewelry makers Stephanie Wells and Christine Eisenberg. There will be ceramics by Sue Brown, fabric art pieces by Louise Chandler and glass works by Anita Szmuiłowicz. And we have painters and photographers, including Ralph Golden and Joe Hartman, and Pamela Auerbach will show her Chinese brush work and calligraphy. That's not everyone, but you get the idea!

The Ohr Shalom Sisterhood will be present with Judaica gifts for sale.

Admission is free. Come for a while, or stay the whole time!



RELIGIOUS SCHOOL

Corinna Goold
Committee Chair

Changes Ahead

It has been a year of change for our Religious School and there are even more changes ahead. Although challenging, change is necessary for growth. Embracing new programs, new ideas, and even new staff will be an adjustment, but a good one.

With the retirement of our dedicated principal, Harriet Wolpoff, the need to find a new principal has been our top priority. I'm happy to share that we are in the process of interviewing candidates and, hopefully, we will soon have great news to share about who our new principal will be when school starts up again this fall.

Harriet began a wonderful Madrichim program, which allows graduated students to come back to our school and work as assistants to our teachers. They do all kinds of helpful tasks in our classrooms and, simultaneously, they gain experience working. We are thrilled to have these madrichim serving with and for our community! We are excited to spend the next several months focusing on this program and bringing a new aspect of training and leadership education to these young adults. We are in the beginning stages of restructuring this program, including offering an annual honorarium for

the program rather than paying them minimum wage, as we've done in the past.

Another aspect of change that we are incorporating into the Religious School this year pertains to the calendar. In the past our Religious School has had significantly more school days per year than any other local Religious School. We are bringing our calendar more in line with other Religious Schools in our area.

Tuition increases are necessary but never fun. Thankfully, due to some very generous members of our congregation and the successful Lights of Ohr Shalom event where the Lou Dunst Scholarship fund was established, we are fortunate enough to keep our tuition raise fairly low.

Lastly, I'd like to thank everyone who has been involved in our Religious School, whether through your donations, by sending your children each week, our teachers and madrichim, our wonderful Rabbi and especially our Board of Directors, who have tirelessly championed the importance of supporting the Jewish Education of our children. With the support of this terrific Ohr Shalom community, the Religious School is looking forward to a great year ahead!



Kol Hakavod to Kita Zayin on their Graduation: (l-r) Jayden, Vanina (teacher), Lauren, Jonathan (madrich), Paris, Stephan



SISTERHOOD

Susanne Lisker
Past President

Revolutionary War: Fanny Hart Sheftall

July is the month when we celebrate our becoming an independent nation and I thought I would share with you the story of a remarkable Jewish woman who was both involved in and affected by the Revolutionary War.

Frances “Fanny” Hart was born in The Hague, Holland in July 1740. The daughter of Moses and Esther Hart, she was raised in the Ashkenazi tradition. Very little is known about her younger years until she and her brother Joshua came to America and settled in the city of Charleston, where he soon became a prosperous merchant.

In October 1761, at the age of 21, Frances married Mordecai Sheftall and arrived as a new bride in Savannah. Mordecai was the son of Benjamin and Perla Sheftall, two of the original Jews who arrived in Savannah in July 1733.

Mordecai and Fanny were very actively involved in the Jewish Community. They soon became the center of the local congregation and held religious services in their home. The family had very strong patriotic feelings and when the Revolutionary War broke, both Mordecai and his eldest son joined the Congressional Army to fight the British.

In 1778, when Savannah fell to the British, both Sheftalls were captured and Fanny had to flee Savannah to nearby Charleston, where she had to find the means to support herself and her younger children aged 7, 9, 11, and 15. As all the family assets were under British control in Savannah she had to borrow money, do laundry, “use the needle”—probably mending and sewing, and ironing, while taking care of her younger children and keeping a Kosher home.

She also found the time to write letters to the Congressional Army officers, including General Benjamin Lincoln, to petition them and ask

them to intercede to have her husband and son released. She also wrote many letters to her husband and son while they were imprisoned to cheer them. In one of those letters, she tells her husband she “received 2,000 pounds from Mr. Cape and would manage to do her business.” It’s not very clear what that business was since she was so poor that she had to wash and iron for others in order to make a living. In another letter she writes about how she “is using the needle.” She was determined to do whatever work necessary to support her family.

In 1781, she finally got word to go to Philadelphia, where she could be reunited with Mordecai and their son. During the 18 months when they were imprisoned, Fanny underwent epidemics of smallpox, yellow fever, the 4-month cannon siege of Charleston waged by the British Navy, and the humiliation of having her clothes impounded to pay for the passage to Philadelphia as the family was so poor they could not afford it.

After the war ended, the family returned to Savannah and resumed their previous activities. In 1792, Mordecai died and Fanny resumed her public role. This time she petitioned Congress for a redress of her family’s losses during the War due to her husband’s and son’s sacrifices for the patriot cause.

Fanny died in 1820 in Beaufort, on retreat from an epidemic of “pestilential fever” in Savannah.

What a remarkable Jewish woman and mother!

MEN'S CLUB POKER GAME

Thursday, July 23 at 7:00pm
in the Social Hall. Contact Joe
Hartman: (619) 851-2303.



In July we are celebrating:

<i>Justina Nemoy</i>	<i>July 1</i>
<i>Sharon Polichar</i>	<i>July 4</i>
<i>Jane Zeer</i>	<i>July 5</i>
<i>Naima Salomon</i>	<i>July 15</i>
<i>Jennifer Meltzer</i>	<i>July 23</i>



HAPPY BIRTHDAY AND
MANY, MANY HAPPY
RETURNS!!!!

LOOKING FOR A LOGO!

Sisterhood is looking for our own logo. Submit your artistic design to sisterhood@ohrshalom.org. Winner gets a free year membership.

Women’s League Website

Sisterhood Members can access Women’s League Website for wonderful articles, seminars, conferences, and more. Enter your email and sign on as you wish.

Visit www.wlcj.org for more information

Gift Shop News

Ladies Beaded Kippot are on their way. We will review inventory this summer. If you are interested in something particular let us know at giftshop@ohrshalom.org because our aim is to provide this service for our shul.



**Please re-register
your Ralphs
Membership**

**Rewards and you will be donating
to Ohr Shalom each time you use
your Ralphs card.**

Even if you have already registered in the past, you will need to re-register for the new term online or by using the scanbar letter at the register. Please, register online by going to the website: www.ralphs.com. You will need our NPO# 80745.

For more information, call the Synagogue office at (619) 231-1456.



SOCIAL ACTION CORNER

Brad Eisenberg
Social Action Chair

United Synagogue of Conservative Judaism on Immigration

For a significant portion of Jewish history, we have been strangers and non-citizens in the countries in which we resided. Biblically, Abraham left his home to find a better life in Canaan, and Moses recognized this fact as he named his son Gershom: “for I was a stranger in a strange land” (Exodus 2:22). For centuries and in dozens of countries, we have sought the hospitality of a multitude of peoples, sometimes finding acceptance but more frequently oppression and rejection.

Even within the past century, Jews have suffered at the hands of the Nazis, Soviet Russia, and the Ethiopians, just to name a few. Today, we are fortunate to feel at home in North America and are truly part of the nation’s character. The Torah knew that after people achieve success and become full citizens of a country, their natural impulse is to forget that they were strangers. That is why we are reminded that, “The strangers who sojourn with you shall be to you as the natives among you, and you shall love them as yourself; for you were strangers in the land of Egypt” (Leviticus 19:33-34). We are commanded to treat the resident alien with dignity and we must, therefore, assure that all people in this country seeking a better life can find it here, just as we have.

Save The Dates!

We need you!

Monday, July 13:

Deadline to apply to be a teen leader volunteer for JFS *Hand Up*.

Friday-Sunday, July 17, 18 & 19:

Veterans Village of San Diego (VVSD) Stand Down.

Monday, August 10:

Monarch School Dinner, 3:00-5:30pm

Keep Those Donations Coming!

Current donation drives - donation bins are set up in the synagogue lobby:

JFS Hand Up Food Pantry

Non-perishable food – cans, grains, etc.

VVSD Stand Down

Ohr Shalom is sponsoring a tent at Stand Down. If you would like to show your support, please send a check to the office marking it “for Tent Sponsorship at Stand Down.”

Christie’s Place Backpacks

Backpacks and school supplies.

...Or, if you prefer, make a monetary donation to “Social Action Fund”, please indicate it is for “Backpack.”



Questions? Ideas?

**Please contact: Brad Eisenberg
Social Action Chair at
brad.eisenberg@att.net**

passionate about health and nutrition? JFS wants you to volunteer to work the food pantry while people in need “shop” for food. This provides a more dignified way for food to be acquired by those in need. Go to <http://www.jfssd.org> for more information. The Pantry store opens July 1.



Monarch School Dinner

Please join us on Monday afternoon, August 10 from 3:00-5:30pm to provide dinner to the students of the Monarch School in downtown San Diego.

We need volunteers to provide homemade or purchased macaroni and cheese, salad, rolls, dessert, juice, milk and supplies for ~200 homeless children at the Monarch School in downtown San Diego. We also need preparers and servers for the afternoon of the dinner (must be 18 years or older to serve).

In addition to providing a K-12 education for students impacted by homelessness, the Monarch School provides healthcare, clothing and food, along with enrichment and support programs including an after school program, tutoring, counseling, expressive arts therapy and family assistance. For more about this unique school, see www.monarchschoools.org.

Please contact Jane Zeer at janezeer@cox.net if you are interested in providing food and/or serving dinner at the Monarch School.

Backpacks for Christie’s Place

For many years now Ohr Shalom has supported programs at Christie’s Place, just across Laurel Street on Third Avenue. Christie’s Place offers many services to families affected by HIV/AIDS. Each year before school starts, Christie’s Place distributes backpacks with school supplies to children of families affected by HIV/AIDS. You can help by donating backpacks and/or school supplies or make a monetary donation.

JFS Hand Up Food Pantry

The Jewish Family Service Hand Up Food Pantry is a program run by teens. High School students on the Hand Up Teen Leadership Board develop leadership skills and tackle the issue of hunger in our community. Applications for teens to participate can be found on the JFS website. **Applications are due July 13.**

Something new at JFS Food Pantry

Are you committed to alleviating hunger in San Diego? Are you



KITCHEN BITES

Barbara Haislip
Kitchen Volunteer

Fresh Strawberry Pie

Here's another one of my favorite Michigan desserts. It is the end of strawberry season now and peach season is almost here. So here's a fresh fruit pie recipe that can be made with strawberries or peaches. It's an easy no-bake dessert (except for the crust). I usually use a graham cracker crust or the organic whole wheat (kosher) crust that is sold at Ralph's La Jolla in the regular frozen crust section, not in the kosher freezer.

I'm giving directions for a strawberry pie. Just substitute peaches and peach jello for a fresh peach pie. Kids can help with making this by placing the fruit in the crust. Enjoy!

FRESH STRAWBERRY PIE

- 1 9" baked pie crust
- 1 quart berries, washed and hulled
- 1 1/2 C. water
- 2 T. cornstarch
- 1/3 C. sugar
- Strawberry jello, small

Bake pastry shell and cool. Fill with neat rows of strawberries, stem sides down. Form a second layer in the middle. Don't fill berries over the rim as the liquid filling you are about to make will spill over.

In a small saucepan bring the water, cornstarch, and sugar to a boil, stirring constantly. Add the package of jello and stir into mixture. Spoon mixture over berries and chill 2 hours. Serve with whipped cream.

Is that easy or what?



MEMBER SPOTLIGHT

Rachel Millstone
VP Membership

Ohr Shalom Welcomes New Member, Jerry Horn!



An eclectic art lover, a synthetic chemist with 10 patents in orthodontic products, world traveler, father of two, grandfather of three, Jerry Horn is one of our newest members at Ohr Shalom.

Jerry welcomed me into his home in North Mission Hills overlooking a spacious view of the city. Surrounded by art (MC Escher, S Rosen and P Ratner) and a family wall of photos, Jerry shared his family history. Like many of us, his family came from Europe through New York in the 1880s and 1920s. As we chatted, Jerry checked on the challah he was preparing for Shabbat, and added "I come from a family who were bakers back to my Great Great Grandfather, but I have trouble getting it to rise." A chuckle.

Born in California in 1944, Jerry was raised in the Bronx until age 17, but finished high school in Los Angeles. After his undergraduate education at UC Berkeley, Jerry earned a PhD in chemistry from the University of Colorado at Boulder, and enjoyed a long 37-year career in R & D and Quality & Regulatory in the orthodontic materials industry, creating adhesives and orthodontic products. He also teaches a course in Practical Orthodontic Materials

at the University of Illinois, Chicago, and was awarded a 3M Lifetime Quality Achievement Award in 2012 for his contributions to the quality of orthodontic products. His personal motto is from Pirkei Avot: "If I am not for myself, who will be? And when I am only for myself, what am I? And if not now, when?" Hillel, 1st Century BCE.

The proud father of two: Shoshana, a clinical psychologist, and Ari, a general contractor (pictured with Jerry), Jerry enjoys instilling a love of travel in his three beautiful grandchildren: Dio, 3, Jake, 8, and Trevor, 9. Jerry proudly showed me a map, sprawling with marks of the places the grandchildren have traveled as well as marks where he has been. He has traveled to every continent, completing this feat last year in Antarctica, and this past month, returning from several safaris in Africa (Botswana, Zimbabwe, Namibia, and South Africa). He showed me astounding photos of the animals.

How did he come to Ohr Shalom? "By chance. It was the closest one nearby. I find it haimish. I enjoy it. I was raised in an Orthodox shul, but have always considered myself a Conservative Jew."

Thank you for your generous donations in June:

SYNAGOGUE FUND

For Yizkor

In memory of Ronald Retin
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MAZAL TOV TO

Paris Melden and family on his Bar Mitzvah.

Lauren Mantel and family on her Bat Mitzvah.

Rocky and Debbie Reid and family on the engagement of their daughter, **Shira Reid** to **Joshua Cohen**.

Eduardo and Karen Frischwasser and family on the birth of their Son, Grandson of **Enrique and Eva Zagursky**.

Mark and Elaine Smith and family on the birth of their Granddaughter, **Lyla Brook Oh**, born to **Mollee and Dan Oh**.

Condolences to:

Evie Sevel and family on the passing of her beloved Sister-in-Law, **Carol Witz**.

Ruben Rosental and family on the passing of his beloved Brother, **Sergio Rosental**.

Henry Michan and family on the passing of his beloved Father, **David Michan Sr.**

Albert Algazi and family on the passing of his beloved Son, **Maurice Paul Algazi**.

Evelyn Schwimmer and family on the passing of her beloved Husband, **Jeff Schwimmer**.



May their memory be for a blessing to all those who knew them and loved them.

Minyan Schedule

Sunday-Thursday at 6:15pm

Please consider attending a minyan service to help ensure that we can continue providing this important service for our congregation.

Todah Rabah

to our June Shabbat Service Leaders, Torah and Haftarah Readers, D'rashot and Minyan Leaders:

Eyal Duarte
Joe Hartman

Morris Lazard
Koba

Paris Melden
Jennifer Meltzer
Ruben Rosental

Todah Rabah to: Rocky Reid - for his weekly *maise* in the Kol.

Todah Rabah to our office volunteers for June: Gail Kalker, Jim Lewis, Koba, Al and Marilyn Shelden.

Todah Rabah to our June Kehillatit Dinner volunteers: Barbara Haislip, Marci Prag, Jim Lewis and Ronnie Morales.

YAHREZITS

Jacobo Levy Cohen	Remembered by Luisa Levy	1-Jul/Tammuz 14
*Florence Slade	Laurie Slade's Mother	1-Jul/Tammuz 14
*Arthur Weber	Roberta Greene's Father	1-Jul/Tammuz 14
Francis Rottenberg	David Rottenberg's Father	2-Jul/Tammuz 15
Laia Bernstein	Steven Bernstein's Mother	3-Jul/Tammuz 16
Irving Canter	Dorothy Canter's Husband and Marilyn Shelden's Father	3-Jul/Tammuz 16
Edith Fox	Steven Fox's Grandmother	3-Jul/Tammuz 16
Bettie Morris	Bill Morris' Mother	3-Jul/Tammuz 16
*Moises Halio	Miryam Slovatzki, Vida Sportes and Reyna Forman's Father	4-Jul/Tammuz 17
*Teofilo Hamui	Alberto Hamui's Father	4-Jul/Tammuz 17
Abraham Porteny	Monica Porteny's Father	4-Jul/Tammuz 17
Rebecca Helfand	Sarah Arstein's Sister	5-Jul/Tammuz 18
Ida Limenes	Remembered by Ida Limenes	5-Jul/Tammuz 18
Henry Goldsmith	Ruth Fuld's Father	8-Jul/Tammuz 21
Alter Moises Klein Rubinstein	Iliana Bielaz's Father	8-Jul/Tammuz 21
Wolf Bielas	Wolf Bielas, Simon Bielaz and Mina Cohen's Grandfather	9-Jul/Tammuz 22
Mildred Mark	Remembered by Honey Mark	9-Jul/Tammuz 22
Jose Zagursky	Enrique Zagursky's Father	10-Jul/Tammuz 23
*Leibi Lipowsky	Aida Veinbergs and Salomon Lipowsky's Father	11-Jul/Tammuz 24
Jorge Taratuta	Nora Taratuta's Husband	11-Jul/Tammuz 24
Carlos Wellman	Gerry Wellman's Father	12-Jul/Tammuz 25
Margot Fischer	Fanny Rosental's Aunt	13-Jul/Tammuz 26
Eva Marek	Andres Marek's Mother	13-Jul/Tammuz 26
*Samuel Slade	Laurie Slade's Father	13-Jul/Tammuz 26
Jaya Sara Broder	Aaron Rubinstein's Grandmother	14-Jul/Tammuz 27
Gussie Stein	Jane Zeer's Aunt	14-Jul/Tammuz 27
Susana Waisbord	Remembered by Esther Tishman	14-Jul/Tammuz 27
David Goldberg	Karen Rund and Susie Meltzer's Grandfather	16-Jul/Tammuz 29
Sam Maness	Remembered by Ethel Friedman	16-Jul/Tammuz 29
Albert Nudelman	Joshua Nudelman's Grandfather	16-Jul/Tammuz 29
Jane Fine	Remembered by Gail Kalker	17-Jul/Av 1
*Esther Krantz	Remembered by Richard Scholten	17-Jul/Av 1
*Rebecca Cohen	Gail Kalker's Grandmother	18-Jul/Av 2
Jane Himelfarb	Steven Fox's Aunt	18-Jul/Av 2
Mollie Ehrenwerth	Janice Zipp Cannizzaro and Elaine Smith's Grandmother	19-Jul/Av 3
Josef Greiner	Remembered by Barbara Haislip	20-Jul/Av 4
Clara Magrisso	Sarah Arstein's Mother	21-Jul/Av 5
Edith Schiff	David Jacob's Sister	21-Jul/Av 5
Saul Gold	Silvia Gold's Husband, Jose Gold's Father	22-Jul/Av 6
Laskar Schwartz	Elizabeth Schwartz's Father	22-Jul/Av 6
*William Abrams	Evelyn Sevel's Uncle	23-Jul/Av 7
Emma Esther Lellouche	Vanina Bunton Grandmother	23-Jul/Av 7
Gilbert S. Berman	Shelley Berman's Brother	24-Jul/Av 8
*Jane D. Young	Allyson Darroch's Mother	24-Jul/Av 8
Joshua Morris	Bill Morris' Father	24-Jul/Av 8
Milton Edelman	Elaine Edelman's Father	25-Jul/Av 9
Rachel Deicas	Mauricio Deicas' Mother	26-Jul/Av 10
Greti Peferfreund	Andres Marek's Aunt	26-Jul/Av 10
Elizabeth Rubin	Joe Rubin's Mother	26-Jul/Av 10
*Ruth Salzmans	Tito Salzmans' mother	27-Jul/Av 11
Eugene Agostino II	Christine Eisenberg's Brother	28-Jul/Av 12
Agustin Cuenca	Cristy Veinbergs Father	28-Jul/Av 12
Paul Bergman	Miriam Jane Bergman's Father	29-Jul/Av 13
*Teodoro Constantiner	Remembered by the Goldstein Family	29-Jul/Av 13
*Freda Kucinski	Robert Kucinski and Jacques Kucinski's Mother	29-Jul/Av 13
Joan Feiner	Ron Lyon's Aunt	30-Jul/Av 14
Robert Lieber	Jerry Lieber's Father	30-Jul/Av 14
Monica Veinbergs	Julio Galicot's Niece	30-Jul/Av 14
*Ezekiel Burger	Eli and Susie Meltzer's Grandson	31-Jul/Av 15

* denotes a memorial plaque was purchased in memory of a loved one



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CALENDAR OF EVENTS

July 2015

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>First Annual Ohr Shalom Arts & Crafts Festival Sunday, July 12 11am-3pm</p>			<p>1 14 Tammuz Minyan 6:15pm</p>	<p>2 15 Tammuz Minyan & Summer Evening Talk Show 6:15pm</p>	<p>3 16 Tammuz Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 7:43pm</p>	<p>4 17 Tammuz Parshat Balak Shabbat Service 9:30am</p>
<p>5 18 Tammuz Fast of Tammuz No Minyan</p>	<p>6 19 Tammuz Minyan 6:15pm No Choir</p>	<p>7 20 Tammuz Minyan 6:15pm</p>	<p>8 21 Tammuz Minyan 6:15pm</p>	<p>9 22 Tammuz Minyan 6:15pm</p>	<p>10 23 Tammuz Office Closes 2:00pm Shabbat at the Bay 7:00pm 7:41pm</p>	<p>11 24 Tammuz Parshat Pinchas Shabbat Service 9:30am</p>
<p>12 25 Tammuz Arts and Crafts Festival 11:00am Minyan 6:15pm</p>	<p>13 26 Tammuz Minyan 6:15pm Choir Meeting 6:30pm</p>	<p>14 27 Tammuz Minyan 6:15pm</p>	<p>15 28 Tammuz Minyan 6:15pm</p>	<p>16 29 Tammuz Minyan 6:15pm</p>	<p>17 1 Av Office Closes 2:00pm Shabbat Kehillatit 6:15pm No Community Dinner 7:38pm</p>	<p>18 2 Av Parshat Matot-Masei Shabbat Service 9:30am</p>
<p>19 3 Av Minyan 6:15pm</p>	<p>20 4 Av Minyan 6:15pm Choir Meeting 6:30pm</p>	<p>21 5 Av Minyan 6:15pm</p>	<p>22 6 Av Minyan 6:15pm</p>	<p>23 7 Av Minyan 6:15pm Men's Club Poker 7:00pm</p>	<p>24 8 Av Office Closes 2:00pm ZAMRU Kabbalat Shabbat Service 6:15pm 7:35pm</p>	<p>25 9 Av Parshat Devarim Shabbat Service 9:30am Tisha B'Av Service 9:00pm</p>
<p>26 10 Av Fast of Tisha B'Av Minyan 6:15pm</p>	<p>27 11 Av Minyan 6:15pm Choir Meeting 6:30pm</p>	<p>28 12 Av Minyan 6:15pm</p>	<p>29 13 Av Minyan 6:15pm</p>	<p>30 14 Av Minyan & Summer Evening Talk Show 6:15pm</p>	<p>31 15 Av Office Closes 2:00pm Kabbalat Shabbat Service 6:15pm 7:30pm</p>	<p>1 16 Av Parshat Vaetchanan Shabbat Nachamu Shabbat Service 9:30am</p>
<p>2 17 Av Minyan 6:15pm</p>	<p>3 18 Av Minyan 6:15pm Choir Meeting 6:30pm</p>	<p>4 19 Av Minyan 6:15pm</p>	<p>5 20 Av Minyan 6:15pm</p>	<p>6 21 Av Minyan 6:15pm</p>	<p>7 22 Av Office Closes 2:00pm Kabbalat Shabbat Service 7:30pm 7:24pm</p>	<p>8 23 Av Parshat Eikev Shabbat Service 9:30am</p>